

*Atria* AT CRANBERRY WOODS





## A vibrant community with a lifestyle to match.

Just minutes away from Cranberry Commons, Atria at Cranberry Woods offers older people the benefits of an active life with discreet, 24-hour support from a dedicated staff.

Here, each day welcomes new opportunities for fitness, fun, creativity and connection. The cooking, cleaning and home maintenance are all taken care of, so you'll have more time to do the things you like – and discover new interests.

Dip into the indoor heated pool for an aqua fitness class. Take some practice swings on the putting green or enjoy your book in the courtyard. Opt for an invigorating walk through the nearby Seven Fields Nature Preserve. Simply relax in the comfort of your private apartment. How you spend each day is entirely up to you.

Atria at Cranberry Woods offers a lifestyle of choice, with industry-leading quality standards and care options that can be customized to your needs as they change.

### **Independent Living**

An active lifestyle without the burdens of maintaining a home.

### **Supportive Living**

Discreet assistance available 24 hours a day from our professional staff. We offer a broad range of services, including:

- Personal care – assistance with activities of daily living, including bathing, grooming, getting dressed and safety checks; escorting to and from daily events
- Medication administration – includes consultation with primary physicians and pharmacies, plus ordering and scheduled reviews by a licensed nurse
- Incontinence management – daytime and overnight assistance

### **Memory Care**

Forward-thinking care in a separate, secure neighborhood for individuals living with Alzheimer's or other forms of dementia.

### **Short-Term Stays**

For those recovering from surgery or an illness, or for those who simply want to see what senior living is like.

# Living Options



## Your Beautiful Apartment

- Selection of spacious studio, one- and two-bedroom apartments
- Most with a fully equipped kitchen or kitchenette
- Rich wood cabinetry
- Quartz countertops
- Balcony or patio, bonus room, washer and dryer, additional half bath and walk-in closet options available
- Housekeeping and linen services
- Emergency alert system and 24-hour security
- Maintenance of apartment, community and grounds

## Your Vibrant Community









- Multiple dining venues including a restaurant, bistro, café and wine bar
- Indoor heated pool
- Courtyard with putting green and fire pit
- Inviting common areas including a living room with fireplace
- Garage parking
- Two movie theaters
- Salon and spa
- Club room with billiards table and shuffleboard
- Fitness center
- Physical therapy
- Art studio
- Card room
- Scheduled transportation to local appointments, errands and events
- Conveniently located near Cranberry Commons
- A pet-friendly environment



# Abundant Opportunities



ENGAGE LIFE®

-  Lifelong Learning
-  Health & Fitness
-  Entertainment & Fun
-  Connection
-  Civic Engagement
-  Creative Expression
-  Personal Achievement
-  Inspiration & Spirituality

## Engage Life®

Through our signature Engage Life program, we take time to learn what you already like to do and what you'd like to try next. Then, we create a robust calendar filled with engaging opportunities for learning, creativity, exercise and spirituality every month. From yoga and interactive art workshops to social hours and live entertainment, you can remain as active and involved as you like.

## Culinary Excellence

We cater to you every day with menus full of flavor, variety and flair. Enjoy chef-prepared meals with table service in the restaurant or casual fare in the bistro. Grab something to-go from the café or meet for cocktails and small bites in the lounge. The private dining room can also be reserved for special occasions. No-concentrated-sweets, no-salt-added, gluten-free and vegetarian diets are easily accommodated, and your requests are always welcome.





The choice to  
live well is yours.

Where you live can determine how well you live.

Atria at Cranberry Woods offers a vibrant community where opportunities to stay active, eat well, connect with neighbors and achieve personal goals are right outside your apartment door, every day – and just the right amount of support is close at hand.

We believe people belong together. To join the wise people who call Atria home, reach out to us at 724.241.8750.



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3020 Fairport Lane | Cranberry Township, Pennsylvania 16066  
724.241.8750 | [AtriaCranberryWoods.com](http://AtriaCranberryWoods.com)