

*Atria* NORWOOD





## A vibrant community with a lifestyle to match.

Located in a quaint borough in northern Bergen County, Atria Norwood is a modern community offering older people the benefits of an active life with discreet, 24-hour support from a friendly and caring staff.

Here, each day welcomes new opportunities for fitness, fun, creativity and connection. The cooking, cleaning and home maintenance are all taken care of, so you'll have more time to do the things you like – and discover new interests.

Enjoy good conversation with neighbors over a chef-prepared breakfast. Join the book club. Attend an outing to the Tenafly Nature Center and explore the great outdoors. Simply relax in the comfort of your private apartment. How you spend each day is entirely up to you.

Atria Norwood offers a lifestyle of choice, with industry-leading quality standards and care options that can be customized to your needs as they change.

### **Assisted Living**

Discreet support available 24 hours a day from our professional staff. We offer a broad range of services, including:

- Personal care – assistance with activities of daily living, including bathing, grooming, getting dressed and safety checks; escorting to and from daily events
- Medication administration – includes consultation with primary physicians and pharmacies, plus ordering and scheduled reviews by a licensed nurse
- Incontinence management – daytime and overnight assistance

### **Memory Care**

Forward-thinking care in a separate, secure neighborhood for individuals living with Alzheimer's or other forms of dementia.

### **Short-Term Stays**

For those recovering from surgery or an illness, or for those who simply want to see what senior living is like.



# Living Options

## Your Beautiful Apartment

- Spacious studio, one- and two-bedroom options with kitchenette featuring stainless steel refrigerators and granite countertops
- Individual thermostat control
- Housekeeping and linen services
- Emergency alert system and 24-hour security
- Maintenance of apartment, community and grounds

## Your Vibrant Community









- Outdoor spaces including a courtyard and covered patio
- Inviting common areas including a club room with fireplace, sports lounge and library
- Fitness center
- Movie theater
- Salon and spa with hair, nail and facial grooming services
- Arts and crafts studio
- Concierge service
- Scheduled transportation to local appointments, errands and events
- A pet-friendly environment
- Outings to nearby attractions like the Van Saun County Park, the Aviation Hall of Fame and Tallman Mountain State Park
- Residential location convenient to parks and nature centers, places of worship and shopping malls



# Abundant Opportunities



ENGAGE LIFE®

-  Lifelong Learning
-  Health & Fitness
-  Entertainment & Fun
-  Connection
-  Civic Engagement
-  Creative Expression
-  Personal Achievement
-  Inspiration & Spirituality

## Engage Life®

Through our signature Engage Life program, we take time to learn what you already like to do and what you'd like to try next. Then, we create a robust calendar filled with engaging opportunities for learning, creativity, exercise and spirituality every month. From yoga and guest lectures to happy hours and live entertainment, you can remain as active and involved as you like.

## Culinary Excellence

We cater to you every day with menus full of flavor, variety and flair. Enjoy chef-prepared meals with table service in the restaurant or casual fare in the café. The private dining room can also be reserved for special occasions. No-concentrated-sweets and no-salt-added diets are easily accommodated, and your requests are always welcome.





The choice to  
live well is yours.

Where you live can determine  
how well you live.

Atria Norwood offers a vibrant  
community where opportunities to  
stay active, eat well, connect with  
neighbors and achieve personal goals  
are right outside your apartment door,  
every day – and just the right amount  
of support is close at hand.

We believe people belong  
together. To join the wise  
people who call Atria  
home, reach out to us  
at 201.768.0208.



*Atria* NORWOOD

545 Tappan Road | Norwood, New Jersey  
201.768.0208 | [AtriaNorwood.com](http://AtriaNorwood.com)