

Atria LA JOLLA





An active, independent lifestyle with all the comforts of home.

Situated in the University City neighborhood with a private entrance to Doyle Park, Atria La Jolla offers older people the benefits of an active lifestyle with daily opportunities for connection, creativity and fun – as well as an attentive, 24-hour staff.

Free from the burdens of home maintenance, you can spend your time in the company of new friends, exploring your favorite pastimes, taking advantage of comfortable amenities or unwinding in the privacy of your well-appointed apartment.

At Atria, the choice is always yours.

Life is better with friends.

Research shows that seniors who lead active, connected lives alongside their peers tend to be happiest. We've seen the proof.

At Atria La Jolla, we help older people maintain their independence longer by eliminating the concerns of home ownership. And because we uphold industry-leading quality standards, we offer peace of mind so you can relax and enjoy life fully.

Read *The San Diego Union-Tribune* on your private balcony while having a cup of coffee. Attend a group outing to the Museum of Contemporary Art. Take a water aerobics class in the swimming pool. Enjoy a round of golf at nearby Torrey Pines. Join friends for a performance at La Jolla Playhouse.

It's all about continuing the life you love – with more freedom to do as you please.



Your Beautiful Apartment

- One- and two-bedroom options, most with a private patio or balcony
- Full kitchen with stainless steel appliances
- Individual thermostat control
- Emergency alert system and 24-hour security
- Housekeeping service
- Maintenance of apartment, community and grounds

Your Vibrant Community









- Relaxing outdoor spaces including a pool, courtyard and patio with barbecue area
- All-day dining
- Inviting common areas including a living room and library
- Fitness center
- Salon and barber shop
- On-site parking garage
- Scheduled transportation to local appointments, errands and events
- A pet-friendly environment
- Located just north of downtown San Diego with easy access to I-5, convenient to shopping, dining and medical centers



Abundant Opportunities



ENGAGE LIFE®

-  Lifelong Learning
-  Health & Fitness
-  Entertainment & Fun
-  Connection
-  Civic Engagement
-  Creative Expression
-  Personal Achievement
-  Inspiration & Spirituality

Engage Life®

Through our signature Engage Life program, we take time to learn what you already like to do and what you'd like to try next. Then, we create a robust calendar filled with engaging opportunities for learning, creativity, exercise and spirituality every month. From exercise classes and sing-alongs to happy hours and painting workshops, you can remain as active and involved as you like.

Culinary Excellence

Our talented culinary staff caters to you every day with menus full of flavor, variety and flair. Enjoy delicious cuisine with table service in the restaurant. No-concentrated sweets and no-salt-added diets are easily accommodated, and your requests are always welcome.





The choice
to live well
is yours.

Where you live can determine how well you live.

Atria La Jolla offers a vibrant community where opportunities to stay active, eat well, connect with neighbors and achieve personal goals are right outside your apartment door, every day.

We believe people belong together. To join the wise people who call Atria home, reach out to us at [858.455.9188](tel:858.455.9188).



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