

*Atria* BETHLEHEM







## An inviting residence with all the comforts of home.

In the center of the Lehigh Valley lies a beautiful opportunity to live life on your own terms – whatever those may be – by saying sayonara to home maintenance and daily tasks.

At Atria Bethlehem, you'll enjoy an active lifestyle with the services and amenities that make it possible. Take a stroll with our walking club. Write a short story. Or simply explore the abundance of possibilities right outside your door – from our woodworking shop to fitness classes, volunteering, poetry readings, classical piano concerts and cocktail hours.

Our experienced staff caters to active older people who want to live independently longer, with just the right amount of discreet support they need.

Atria Bethlehem provides a lifestyle of choice, with industry-leading quality standards and care options that can be customized to your needs as they change.

### **Independent Living**

An active lifestyle without the burdens of maintaining a home.

### **Supportive Living**

Discreet assistance available around the clock from our professional staff, including a licensed nurse on-site 24/7. We offer a broad range of services, such as:

- Personal care – assistance with activities of daily living, including bathing, grooming, getting dressed and safety checks; escorting to and from daily events
- Medication administration – includes consultation with primary physicians and pharmacies, plus ordering and scheduled reviews by a licensed nurse
- Incontinence management – daytime and overnight assistance

Along with the services mentioned above, we offer enhanced supportive services.

# Living Options





## Your Beautiful Apartment

- Studio, one- and two-bedroom options, each with a kitchenette
- Selection of floor plans
- Individual thermostat control
- Housekeeping and linen services
- Maintenance of apartment, community and grounds

## Your Vibrant Community









- Suburban setting surrounded by trees on a large tract of open green space
- Highly trained staff led by tenured management with 70 years' combined experience serving seniors
- Game room and beauty parlor/barber shop
- Physical therapy available on-site
- Scheduled transportation for local appointments, errands and events
- A pet-friendly environment
- Regular outings to the Sands Casino, Lehigh Valley IronPigs baseball games, concerts, ballets and museums
- Location just north of downtown Bethlehem, minutes from shopping, entertainment and medical facilities



# Abundant Opportunities



ENGAGE LIFE®

-  Lifelong Learning
-  Health & Fitness
-  Entertainment & Fun
-  Connection
-  Civic Engagement
-  Creative Expression
-  Personal Achievement
-  Inspiration & Spirituality

## Engage Life®

Through our signature Engage Life program, we take time to learn what you already like to do and what you'd like to try next. Then, we create a robust calendar filled with engaging opportunities for learning, creativity, exercise and spirituality every month. From cooking classes and sing-alongs around the piano to happy hours and current events discussions, you can remain as active and involved as you like.

## Culinary Excellence

Our talented culinary staff caters to you every day with menus full of flavor, variety and flair. Enjoy delicious cuisine with table service in our restaurant, or reserve our private dining room for special occasions. We're happy to accommodate no-concentrated-sweets and no-salt-added diets, and your requests are always welcome.







You can have it all.

**The freedom to live as you choose – in the area you know and love.**

A lively community with endless opportunities to socialize, learn, experience and simply enjoy life.

The company of welcoming neighbors, and the service and support of a caring, professional staff.

Join us at Atria Bethlehem.

To arrange a personal appointment, contact us at 610.317.0700.



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