

*Atria* SOUTH HILLS





## A vibrant community with a lifestyle to match.

Surrounded by mature trees in the South Hills suburb of Baldwin Borough, Atria South Hills offers older people the benefits of an active life with discreet, 24-hour support from a friendly and caring staff.

Here, each day welcomes new opportunities for fitness, fun, creativity and connection. The cooking, cleaning and home maintenance are all taken care of, so you'll have more time to do the things you like – and discover new interests.

Enjoy good conversation with neighbors over a chef-prepared breakfast. Join the book club. Attend an outing to the Carnegie Science Center. Simply relax in the comfort of your private apartment. How you spend each day is entirely up to you.

At Atria, the choice is always yours.



## Living Options

Atria South Hills offers a lifestyle of choice, with industry-leading quality standards and care options that can be customized to your needs as they change.

### Independent Living

An active lifestyle without the burdens of maintaining a home.

### Supportive Living

Discreet assistance available around the clock from our tenured, professional staff, including a licensed nurse 24/7.

We offer a broad range of services, including:

- Personal care – assistance with activities of daily living, including bathing, grooming, getting dressed and safety checks; escorting to and from daily events
- Medication administration – includes consultation with primary physicians and pharmacies, plus ordering and scheduled reviews by a licensed nurse
- Incontinence management – daytime and overnight assistance

### Short-Term Stays

For those recovering from surgery or an illness, or for those who simply want to see what senior living is like.



# Living Options

## Your Beautiful Apartment

- Selection of spacious studio or one-bedroom options, each with a kitchenette
- Individual thermostat control
- Housekeeping and linen services
- Cable TV
- Emergency alert system and 24-hour security
- Maintenance of apartment, community and grounds

## Your Vibrant Community

- Relaxing outdoor spaces including a courtyard, beautiful gardens, covered patio and walking paths
- Inviting common areas including a living room with fireplace and library
- Management team with more than 105 years combined experience
- Salon and barber shop
- Worship space
- Concierge service
- Scheduled transportation to local appointments, errands and events
- A pet-friendly environment
- Regular outings to the Benedum Center, Carnegie Science Center, Heinz History Center and sporting events
- Location convenient to shopping, dining and entertainment













# Abundant Opportunities



ENGAGE LIFE®

-  Lifelong Learning
-  Health & Fitness
-  Entertainment & Fun
-  Connection
-  Civic Engagement
-  Creative Expression
-  Personal Achievement
-  Inspiration & Spirituality

## Engage Life®

Through our signature Engage Life program, we take time to learn what you already like to do and what you'd like to try next. Then, we create a robust calendar filled with engaging opportunities for learning, creativity, exercise and spirituality every month. From the walking club and guest lectures to social hours and live entertainment, you can remain as active and involved as you like.

## Culinary Excellence

We cater to you every day with menus full of flavor, variety and flair. Enjoy chef-prepared meals with table service in the dining room or casual fare in the café. No-concentrated-sweets and no-salt-added diets are easily accommodated, and your requests are always welcome.





You can have it all.



## The choice to live well is yours.

Where you live can determine how well you live.

Atria South Hills offers a vibrant community where opportunities to stay active, eat well, connect with neighbors and achieve personal goals are right outside your apartment door, every day – and just the right amount of support is close at hand.

We believe people belong together. To join the wise people who call Atria home, reach out to us at 412.884.1200.



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