

*Atria* AT RIVER TRAIL





## A stylish, comfortable place to explore life's possibilities.

Older adults have a new choice for senior living – Atria at River Trail. Located just 12 minutes from downtown Naperville, our vibrant community offers fine amenities and convenient services, so you can relax and enjoy life without the responsibilities of cooking, cleaning or maintaining a home.

Here, you'll discover delicious dining options every day, housekeeping and transportation to events, errands and appointments. And with more than 200 events each month, you'll also find opportunities for fun, fitness and connection – along with discreet support from a friendly, 24-hour staff.

Enjoy a fireside chat with friends over morning coffee. Join a stroll along DuPage River Park or an outing to Naperville's beautiful Riverwalk. Or gather with neighbors for happy hour on the terrace.

At Atria, the choice is always yours.



Atria at River Trail provides a lifestyle of choice, with industry-leading quality standards and care options that can be customized to your needs as they change.

### **Independent Living**

An active lifestyle without the burdens of maintaining a home.

### **Assisted Living**

Discreet support available 24 hours a day from our professional staff. We offer a broad range of services, including:

- Personal care – assistance with activities of daily living, including bathing, grooming, getting dressed and safety checks; escorting to and from daily events
- Medication administration – includes consultation with primary physicians and pharmacies, plus ordering and scheduled reviews by a licensed nurse
- Incontinence management – daytime and overnight assistance

### **Life Guidance® Memory Care**

Forward-thinking care in a separate, secure neighborhood for individuals living with Alzheimer's or other forms of dementia.

### **Short-Term Stays**

For those recovering from surgery or an illness, or for those who simply want to test the waters of community living.

# Living Options



## Your Beautiful Apartment

- Studio, one- and two-bedroom options
- Floor plans ranging from 355 sq. ft. to 1,190 sq. ft.
- Full kitchen or kitchenette in independent and assisted living apartments
- Individual thermostat control
- Emergency alert system and 24-hour security
- Housekeeping, linen and personal laundry services
- Maintenance of apartment, community and grounds

## Your Vibrant Community

- Bright, spacious common areas
- Fitness center and full-service salon and spa
- Movie theater and library
- Grand parlor and bistro
- Sunrooms and second-floor terrace
- Scheduled transportation to local appointments, errands and events
- A pet-friendly environment
- Convenient location less than an hour's drive from downtown Chicago and 12 minutes from downtown Naperville













# Abundant Opportunities



ENGAGE LIFE®

-  Lifelong Learning
-  Health & Fitness
-  Entertainment & Fun
-  Connection
-  Civic Engagement
-  Creative Expression
-  Personal Achievement
-  Inspiration & Spirituality

## Engage Life®

Through our signature Engage Life program, we take time to learn what you already like to do and what you'd like to try next. Then, we create a robust calendar of more than 200 engaging opportunities for learning, creativity, exercise and spirituality every month. From painting classes and tai chi lessons to happy hours with live entertainment, you can remain as active and involved as you like.

## Culinary Excellence

Our talented culinary staff caters to you every day with menus full of flavor, variety and flair. Enjoy delicious cuisine with table service in our dining room, or reserve our private dining room for special occasions. Our café also offers lighter fare throughout the day. No-concentrated-sweets and no-salt-added diets are easily accommodated, and your requests are always welcome.





You can have it all.

**The freedom to live as you choose – in the area you know and love.**

An active community with endless opportunities to socialize, learn, explore and simply enjoy life.

The company of warm and friendly neighbors, and the service and support of a caring, professional staff.

Join us at Atria at River Trail.

To arrange a personal appointment, contact us at 331.253.6511.



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