

*Atria* TAMALPAIS CREEK





# Thoughtfully designed and certifiably green

Welcome to Atria Tamalpais Creek, a luxury senior living residence for active older people in Marin County.

This award-winning community is fresh off of an extensive renovation and features a modern, eco-friendly design that has earned LEED Silver® certification from the U.S. Green Building Council®. And it offers a charming residential location, minutes from popular shops and restaurants in downtown Novato.



Join your neighbors for a trip to the theater. Relax by the outdoor fireplace. Indulge in the day spa. Or simply unwind in your comfortable apartment.

At Atria, the choice is always yours.

The LEED® certification trademark is owned by the U.S. Green Building Council® and is used with permission.

LEED® – an acronym for Leadership in Energy and Environmental Design™ – is a registered trademark of the U.S. Green Building Council and is the preeminent program for the design, construction, maintenance and operations of high-performance green buildings.

Atria Tamalpais Creek offers a lifestyle of choice, with industry-leading quality standards and care options that can be customized to your needs as they change.

## **Independent Living**

An active lifestyle without the burdens of maintaining a home.

## **Assisted Living**

Discreet support available 24 hours a day from our professional staff. We offer a broad range of services, including:

- Personal care – assistance with activities of daily living, including bathing, grooming, getting dressed and safety checks; escorting to and from daily events
- Medication assistance – includes consultation with primary physicians and pharmacies, plus ordering and scheduled reviews by a licensed nurse
- Incontinence management – daytime and overnight assistance

## **Life Guidance® Memory Care**

Forward-thinking care in a separate, secure neighborhood for individuals living with Alzheimer's or other forms of dementia.



Living  
Options



# Your Beautiful Apartment

- Spacious studio and one-bedroom options
- Selection of floor plans with wet bar, walk-in closet and patio or balcony options
- Individual thermostat control
- Emergency alert system and 24-hour security
- Housekeeping and laundry services
- Maintenance of apartment, community and grounds

# Your Vibrant Community








- Winner of “Award of Excellence” in design from the Assisted Living Federation of America
- Private courtyards with outdoor barbecue and relaxing front deck with fireplace
- Fitness center with senior-friendly equipment
- Salon, barber shop and day spa offering a range of services, including massage therapy
- Movie lounge
- Complimentary Wi-Fi
- Scheduled transportation for local appointments, errands and events
- A pet-friendly environment
- Regular outings to popular attractions, including concerts, plays and the de Young Museum in San Francisco
- Located near Stafford Lake and Indian Tree Preserve, and just 30 minutes from Point Reyes National Seashore, Sonoma and Napa Valley



# Abundant Opportunities



ENGAGE LIFE®

-  Lifelong Learning
-  Health & Fitness
-  Entertainment & Fun
-  Connection
-  Civic Engagement
-  Creative Expression
-  Personal Achievement
-  Inspiration & Spirituality



## Engage Life®

Through our signature Engage Life program, we take time to learn what you already like to do and what you'd like to try next. Then, we create a robust calendar filled with engaging opportunities for learning, creativity, exercise and spirituality every month. From guest speakers to fitness programs and art workshops, you can remain as active and involved as you like.


## Culinary Excellence

Our talented culinary staff caters to you every day with menus full of flavor, variety and flair. Enjoy delicious cuisine with table service in our restaurant, or reserve our private dining room for special occasions. We're happy to accommodate no-concentrated-sweets and no-salt-added diets, and your requests are always welcome.



You can have it all.





**The freedom to live as  
you choose – in the area  
you know and love.**

A lively, welcoming community with  
endless opportunities to socialize, learn,  
experience and simply enjoy life.

The company of friendly, fascinating  
neighbors, and the service and support  
of a caring, professional staff.

Join us at Atria Tamalpais Creek.

To arrange a personal  
appointment, contact us  
at 415.892.0944.



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