

Welcome to

*Atria* GREENRIDGE PLACE





## Club-style senior living in a private neighborhood setting.

Think of all the interesting things you've been meaning to learn, do or try – when you finally had the time. Consider this your opportunity to get started!

Free from home maintenance, yard work and routine chores, you'll have the space to do as you please at Atria Greenridge Place. We provide the services, amenities and support that make it possible, in a welcoming, comfortable environment.

Rediscover your eye for photography. Write a short story. Or simply explore the abundance of possibilities just outside your door – from wine tastings to volunteering, poetry readings, lectures and discussions on diverse topics such as politics, economics and opera.

Our experienced staff caters to active older adults who want to enjoy life on their own terms, with just the right amount of discreet care they need.

Atria Greenridge Place provides a lifestyle of choice, with industry-leading quality standards and care options that can be customized to your needs as they change.

### Independent Living

An active lifestyle without the burdens of maintaining a home.

### Assisted Living

Discreet support available 24 hours a day from our professional staff. We offer a broad range of services, including:

- Personal care – assistance with activities of daily living, including bathing, grooming, getting dressed and safety checks; escorting to and from daily events
- Medication reminders – includes consultation with primary physicians and pharmacies, plus ordering and scheduled reviews by a licensed nurse
- Incontinence management – daytime and overnight assistance

### Life Guidance® Memory Care

Innovative, specialized care in a separate, secure neighborhood for individuals living with Alzheimer's or other forms of dementia.



# Living Options

## Your Beautiful Apartment

- Studio, one- and two-bedroom options with kitchenette
- Selection of floor plans
- Individual thermostat control
- Housekeeping and linen services
- Maintenance of apartment, community and grounds

## Your Vibrant Community

- Residential location on more than six secluded acres
- Third-floor solarium and three fireplaces throughout community
- Active Men's Club, tai chi, wellness classes and weekly art classes
- Popular annual events include our Dog Show, '50s Dance Party, Fall Art Show and Holiday Cabaret
- Physical therapy available on-site
- Full-time concierge
- Scheduled transportation for local appointments, errands and outings
- A pet-friendly environment
- Regularly scheduled outings to destinations including nearby orchards and nature centers, the Bushnell Theatre, Wadsworth Atheneum Museum, New Britain Museum of American Art and the Goodspeed Opera House



# Abundant Opportunities



ENGAGE LIFE®

- 🍌 Lifelong Learning
- 🍇 Health & Fitness
- 🍌 Entertainment & Fun
- 🍌 Connection
- 🍌 Civic Engagement
- 🍌 Creative Expression
- 🍌 Personal Achievement
- 🍌 Inspiration & Spirituality

## Engage Life®

Through our signature Engage Life program, we take time to learn what you already like to do and what you'd like to try next. Then, we create a robust calendar of more than 200 engaging opportunities for learning, creativity, exercise and spirituality every month. From guest lectures to live musical performances and art shows, you can remain as active and involved as you like.

## Culinary Excellence

Our talented culinary staff caters to you every day with menus full of flavor, variety and flair. Enjoy delicious cuisine with table service in our dining room, or reserve our private dining room for special occasions. We're happy to accommodate no-concentrated-sweets and no-salt-added diets, and your suggestions are always welcome.



You can have it all.



**The freedom to live as you choose – in the area you know and love.**

A lively community with endless opportunities to socialize, learn, experience and simply enjoy life.

The company of welcoming neighbors, and the service and support of a caring, professional staff.

Join us at Atria Greenridge Place.

To arrange a personal appointment, contact us at 860.257.0000.



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