

Atria DEL SOL





Serving Mission Viejo families for more than 30 years.

Atria Del Sol offers older adults the benefits of a simplified lifestyle, with discreet support from a 24-hour staff. And our community has been recently expanded and renovated using sustainable building practices, earning LEED® certification.

Residents enjoy picturesque views of the Saddleback Mountains and Casta del Sol Golf Course. And without the worries of cooking, cleaning or home maintenance, they have more time to pursue their passions – and discover new ones.

Join friends for conversation over a chef-prepared breakfast. Meet neighbors for an excursion to Dana Point Harbor. Or simply relax in the comfort of your apartment.

At Atria, the choice is always yours.

LEED® – an acronym for Leadership in Energy and Environmental Design™ – is a registered trademark of the U.S. Green Building Council® and is the preeminent program for the design, construction, maintenance and operations of high-performance green buildings.

Atria Del Sol provides a lifestyle of choice, with industry-leading quality standards and care options that can be customized to your needs as they change.

Independent Living

An active lifestyle without the burdens of maintaining a home.

Assisted Living

Discreet support available 24 hours a day from our professional staff. We offer a broad range of services, including:

- Personal care – assistance with activities of daily living, including bathing, grooming, getting dressed and safety checks; escorting to and from daily events
- Medication assistance – includes consultation with primary physicians and pharmacies, plus ordering and scheduled reviews by a licensed nurse
- Incontinence management – daytime and overnight assistance

Life Guidance® Memory Care

Forward-thinking care in a separate, secure neighborhood for individuals living with Alzheimer's or other forms of dementia.



Living
Options

Your Beautiful Apartment

- A selection of studio floor plans with private patio or balcony, kitchenette and walk-in closet options
- Individual thermostat control
- Emergency alert system and 24-hour security
- Housekeeping and laundry services
- Maintenance of apartment, community and grounds

Your Vibrant Community

- Outdoor terrace overlooking landscaped backyard, sitting areas and flower gardens
- Redesigned common areas with new furnishings, fixtures and décor
- Fitness center offering low-impact aerobics and tai chi classes
- Full-service salon and spa offering manicure, pedicure and hair care services
- Scheduled transportation for local appointments, errands and events
- A pet-friendly environment
- Planned outings to luncheons, museums and casinos
- Quiet residential area location near the Bowers Museum and Segerstrom Center for the Arts



Abundant Opportunities



ENGAGE LIFE®

- Lifelong Learning
- Health & Fitness
- Entertainment & Fun
- Connection
- Civic Engagement
- Creative Expression
- Personal Achievement
- Inspiration & Spirituality

Engage Life®

Through our signature Engage Life program, we take time to learn what you already like to do and what you'd like to try next. Then, we create a robust calendar of more than 200 engaging opportunities for learning, creativity, exercise and spirituality every month. From fitness classes to happy hours and guest lectures by UC-Irvine researchers, you can remain as active and involved as you like.

Culinary Excellence

Our talented culinary staff caters to you every day with menus full of flavor, variety and flair. Full-service dining is available for breakfast, lunch and dinner in our restaurant, while our bistro offers lighter fare with outdoor patio seating. We're happy to accommodate no-salt-added and no-concentrated-sweets diets, and your requests are always welcome.



You can have it all.



The freedom to live as you choose – in the area you know and love.

A lively, welcoming community with endless opportunities to socialize, learn, experience and simply enjoy life.

The company of friendly neighbors, and the service and support of a caring, professional staff.

Join us at Atria Del Sol.

To arrange a personal appointment, contact us at 949.458.1176.



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