

*Atria* SUMMIT RIDGE





## A vibrant senior living community with all the comforts of home.

Welcome to Atria Summit Ridge, an inviting residence designed for active older adults in Washoe County.

With a hilltop location on the outskirts of Reno, our community offers panoramic views of both the city and the Sierra Nevada, with Lake Tahoe, the Nevada Museum of Art and Fleischmann Planetarium nearby.

With 24-hour support from a caring staff, you are free to spend each day as you like. Share lunch in the courtyard with friends. Try a new fitness class. Or simply enjoy the breathtaking views from your private apartment.

At Atria, the choice is always yours.



Atria Summit Ridge provides a lifestyle of choice, with industry-leading quality standards and care options that can be customized to your needs as they change.

### **Independent Living**

An active lifestyle without the burdens of maintaining a home.

### **Assisted Living**

Discreet support available 24 hours a day from our professional staff. We offer a broad range of services, including:

- Personal care – assistance with activities of daily living, including bathing, grooming, getting dressed and safety checks; escorting to and from daily events
- Medication assistance – includes consultation with primary physicians and pharmacies, plus ordering and scheduled reviews by a licensed nurse
- Incontinence management – daytime and overnight assistance

### **Short-Term Stays**

For those recovering from surgery or an illness, or for those who simply want to test the waters of community living.



# Living Options

## Your Beautiful Apartment

- Spacious studio and one-bedroom options, each with a kitchenette
- Selection of floor plans
- Individual thermostat control
- Emergency alert system and 24-hour security
- Housekeeping and linen services
- Maintenance of apartment, community and grounds

## Your Vibrant Community

- Panoramic views of the city and the Sierra Nevada
- Central courtyard with rose gardens and fountain
- Library and billiards room
- Walking club, book club and Red Hat Society® chapter
- Computer classes, crochet group and watercolor workshops
- Weekly Sunday brunch and master pianist concerts
- Scheduled transportation for local appointments, errands and events
- A pet-friendly environment
- Planned outings to Lake Tahoe, Pyramid Lake and Washoe Valley
- Located just five minutes from downtown Reno on a hill overlooking the city













# Abundant Opportunities



ENGAGE LIFE®

-  Lifelong Learning
-  Health & Fitness
-  Entertainment & Fun
-  Connection
-  Civic Engagement
-  Creative Expression
-  Personal Achievement
-  Inspiration & Spirituality

## Engage Life®

Through our signature Engage Life program, we take time to learn what you already like to do and what you'd like to try next. Then, we create a robust calendar of more than 200 engaging opportunities for learning, creativity, exercise and spirituality every month. From guest lectures to fitness programs and art workshops, you can remain as active and involved as you like.

## Culinary Excellence

Our talented culinary staff caters to you every day with menus full of flavor, variety and flair. Enjoy delicious cuisine with table service in our dining room, or reserve our private dining room for special occasions. We're happy to accommodate no-salt-added and no-concentrated-sweets diets, and your requests are always welcome.





You can have it all.



**The freedom to live as you choose – in the area you know and love.**

An active community with endless opportunities to socialize, learn, experience and simply enjoy life.

The company of friendly neighbors, and the service and support of a caring, professional staff.

Join us at Atria Summit Ridge.

To arrange a personal appointment, contact us at 775.787.3000.



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4880 Summit Ridge Drive | Reno, Nevada  
775.787.3000 | [AtriaSummitRidge.com](http://AtriaSummitRidge.com)