

Welcome to

*Atria* PLAINVIEW





## A vibrant, supportive community for those who value connection.

Set in suburban Long Island – with the Mid-Island Y Jewish Community Center close by – Atria Plainview makes it easier to remain connected to the people and places you love.

That connection goes beyond just our location; it's at the heart of the lifestyle we offer. On any given day, you may find yourself at a guest lecture on the Amazon rainforest, enjoying intelligent conversation over cocktails or joining neighbors in the front row for a play at the public library theater.

It's a warm, engaging atmosphere where participation is encouraged – and each day brings with it new opportunities for meaningful contribution and involvement.

Atria Plainview provides a lifestyle of choice, with industry-leading quality standards and care options that can be customized to your needs as they change.

### **Independent Living**

An active lifestyle without the burdens of maintaining a home.

### **Supportive Living**

Discreet assistance available 24 hours a day from our professional staff. We offer a broad range of services, including:

- Personal care – assistance with activities of daily living, including bathing, grooming, getting dressed and safety checks; escorting to and from daily events
- Medication assistance – includes consultation with primary physicians and pharmacies, plus ordering and scheduled reviews by a licensed nurse
- Incontinence management – daytime and overnight assistance



# Living Options

## Your Beautiful Apartment

- Spacious studio, one- and two-bedroom options
- Convenient kitchenette
- Individual thermostat control
- Emergency alert system and 24-hour security
- Housekeeping, linen and personal laundry services
- Maintenance of apartment, community and grounds

## Your Vibrant Community









- Residential location convenient to shopping and places of worship
- Beautifully landscaped garden with walking paths
- Salon and barber shop
- Fitness center and on-site physical therapy provider
- Resident computers with Internet and Skype™ access
- Scheduled transportation for local appointments, errands and events
- Delicious cuisine available anytime
- A pet-friendly environment
- Planned outings to Dix Hills Performing Arts Center, Cultural Arts Playhouse and the Cradle of Aviation Museum



# Abundant Opportunities



ENGAGE LIFE®

-  Lifelong Learning
-  Health & Fitness
-  Entertainment & Fun
-  Connection
-  Civic Engagement
-  Creative Expression
-  Personal Achievement
-  Inspiration & Spirituality

## Engage Life®

Through our signature Engage Life program, we take time to learn what you already like to do and what you'd like to try next. Then, we create a robust calendar of more than 200 engaging opportunities for learning, creativity, exercise and spirituality every month. Find your voice in our resident-led choral group, or attend a cultural lecture or art workshop. You can remain as active and involved as you like.

## Culinary Excellence

Our talented culinary staff caters to you every day with menus full of flavor, variety and flair. Enjoy delicious cuisine with table service in our dining room, or reserve our private dining room for special occasions. We're happy to accommodate no-concentrated-sweets and no-salt-added diets, and your suggestions are always welcome.





You can have it all.

**The freedom to live as you choose – in the area you know and love.**

An active community with endless opportunities to socialize, learn and experience new things.

The warm company of neighbors and the discreet support of a caring, professional staff.

Join us at Atria Plainview.

To arrange a personal appointment, contact us at 516.933.0002.



*Atria* PLAINVIEW

12 Washington Avenue | Plainview, New York | 516.933.0002 | [www.atriaplainview.com](http://www.atriaplainview.com)

License 400-F-329