

Atria FOREST HILLS





An active lifestyle with the support that makes it possible.

Welcome to Atria Forest Hills, a boutique senior living residence serving older adults in Queens.

Located just off the Grand Central Parkway with views of Willow Lake, Meadow Lake and Citi Field, this inviting community provides airy, light-filled gathering spaces that welcome you to dine, socialize or simply relax.

Spend your days as you like, enjoying the company of new friends, exploring personal interests or unwinding in the privacy of your well-appointed apartment. At Atria, the choice is always yours.

Atria Forest Hills provides a lifestyle of choice, with industry-leading quality standards and care options that can be customized to your needs as they change.

Independent Living

An active lifestyle without the burdens of maintaining a home.

Supportive Living

Discreet assistance available 24 hours a day from our professional staff. We offer a broad range of services, including:

- Personal care – assistance with activities of daily living, including bathing, grooming, getting dressed and safety checks; escorting to and from daily events
- Medication assistance – includes consultation with primary physicians and pharmacies, plus ordering and scheduled reviews by a licensed nurse
- Incontinence management – daytime and overnight assistance



Living
Options

Your Comfortable Apartment

- Large studio and one-bedroom options with views of the city, the lake or Citi Field
- Individual thermostat control
- Emergency alert system and 24-hour security
- Housekeeping, linen and personal laundry services
- Maintenance of apartment, community and grounds

Your Vibrant Community

- Large, private outdoor patio
- Secure underground parking garage
- Salon and barber shop, media room and 20-seat movie theater
- Fitness center with on-site physical therapy provider
- Concierge services
- Scheduled, local transportation for appointments, errands and events
- A pet-friendly environment
- Regular outings to Mets games, concerts, galleries, the city and the beach
- Located just south of Flushing Bay, near LaGuardia Airport, the USTA Billie Jean King National Tennis Center and the West Side Tennis Club



Abundant opportunities



ENGAGE LIFE®

- 🍌 Lifelong Learning
- 🍇 Health & Fitness
- 🍌 Entertainment & Fun
- 🍌 Connection
- 🍌 Civic Engagement
- 🍌 Creative Expression
- 🍌 Personal Achievement
- 🍌 Inspiration & Spirituality

Engage Life®

Through our signature Engage Life program, we take time to learn what you already like to do and what you'd like to try next. Then, we create a robust calendar of more than 200 engaging opportunities for learning, creativity, exercise and spirituality every month. From guest lectures to physical fitness classes to social hours, you can remain as active and involved as you like.

Culinary Excellence

Our talented culinary staff caters to you every day with menus full of flavor, variety and flair. Enjoy full-service dining in our restaurant, or dine al fresco on our spacious patio. Our café also offers lighter refreshments throughout the day. We're happy to accommodate no-concentrated-sweets and no-salt-added diets, and your suggestions are always welcome.



You can have it all.



The freedom to live as you choose – in the area you know and love.

A vibrant community with endless opportunities to socialize, learn, experience and simply enjoy life.

The company of friendly, fascinating neighbors, and the service and support of a caring, professional staff.

Join us at Atria Forest Hills.

To arrange a personal appointment, contact us at 718.261.5300.



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112-50 72nd Avenue | Forest Hills, New York | 718.261.5300 | AtriaForestHills.com