

Welcome to

Atria CROSSGATE





A vibrant independent lifestyle in a picturesque setting.

Remember all those plans you made for *someday* – when you had more time? Consider this your invitation to launch them now at Atria Crossgate.

Free from home maintenance and routine chores, you'll have ample space to learn, see and do. Paint your masterpiece, pick up tai chi or perfect the fine art of doing nothing. The choice is always yours. With a wide range of events offered every week, you're sure to be inspired by intriguing new pursuits.

Here, you can immerse yourself in nature without leaving home. Bordering the lush Pine Bush Preserve, our wooded grounds feature walking paths and a duck pond. When you do venture out, we're just minutes from shopping, dining, entertainment and places of worship.

It's a lifestyle of opportunity, made possible with just the right amount of discreet support you need to live independently, longer.

Atria Crossgate provides a lifestyle of choice, with industry-leading quality standards and care options that can be customized to your needs as they change.

Independent Living

An active lifestyle without the burdens of maintaining a home.

Supportive Living

Discreet assistance available 24 hours a day from our professional staff. We offer a broad range of services, including:

- Personal care – assistance with activities of daily living, including bathing, grooming, getting dressed and safety checks; escorting to and from daily events
- Medication assistance – includes consultation with primary physicians and pharmacies, plus ordering and scheduled reviews by a licensed nurse
- Incontinence management – daytime and overnight assistance



Living Options

Your Beautiful Apartment

- Spacious studio, one- and two-bedroom options, each with a kitchenette
- Selection of floor plans
- Individual thermostat control
- Emergency alert system and 24-hour security
- Housekeeping and linen services
- Maintenance of apartment, community and grounds

Your Vibrant Community









- Waterfront deck overlooking a private pond
- Wide range of guest speakers, including meteorologists, healthcare practitioners, college professors, historians, animal experts and more
- Concierge service
- On-site physical therapy
- Scheduled transportation for local appointments, errands and events
- A pet-friendly environment
- Regular outings to Saratoga, Lake George, Proctor's Theatre, and concerts and presentations at the Guilderland Public Library
- Convenient location, minutes from historic Washington Park and downtown Albany



Abundant Opportunities



ENGAGE LIFE®

-  Lifelong Learning
-  Health & Fitness
-  Entertainment & Fun
-  Connection
-  Civic Engagement
-  Creative Expression
-  Personal Achievement
-  Inspiration & Spirituality

Engage Life®

Through our signature Engage Life program, we take time to learn what you already like to do and what you'd like to try next. Then, we create a robust calendar of more than 200 engaging opportunities for learning, creativity, exercise and spirituality every month. From Monday Manicures, Tuesday Travelogues, trivia games and live musical performances to our annual Grandparents Day and Veterans Day celebrations, you can remain as active and involved as you like.

Culinary Excellence

Our talented culinary staff caters to you every day with menus full of flavor, variety and flair. Enjoy delicious cuisine with table service in our dining room and lighter fare in our café, or reserve our private dining room for special occasions. We're happy to accommodate no-concentrated-sweets and no-salt-added diets, and your suggestions are always welcome.



You can have it all.



The freedom to live as you choose – in the area you know and love.

A lively community with endless opportunities to socialize, learn, experience and simply enjoy life.

The company of welcoming neighbors, and the service and support of a caring, professional staff.

Join us at Atria Crossgate.

To arrange a personal appointment, contact us at 518.869.0211.



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