

*Atria Park* OF LAFAYETTE





## Vibrant senior living with all the comforts of home.

What defines a community? At Atria Park of Lafayette, we believe it's defined by the connections shared by its neighbors. That's why we work to foster a common sense of purpose, belonging and respect to create a warm and welcoming environment for those who call us home.

With always-there – yet always-discreet – support from a caring, well-trained staff, our residents are able to enjoy the physical and emotional benefits of community living, free from the concerns of cooking, housekeeping and maintenance.

Each day brings new opportunities for fun, fitness and personal growth, from garden club meetings and exercise classes to live music performances and happy hours. And since we're conveniently located in the Walnut Creek area, it's easier for our residents to remain close to the people and places they know and love.

# Living Options



Atria Park of Lafayette provides a lifestyle of choice, with industry-leading quality standards and care options that can be customized to your needs as they change.

## **Assisted Living**

Discreet support available around the clock from our professional staff, including a licensed nurse on-site 24/7. We offer a broad range of services, such as:

- Personal care – assistance with activities of daily living, including bathing, grooming, getting dressed and safety checks; escorting to and from daily events
- Medication administration – includes consultation with primary physicians and pharmacies, plus ordering and scheduled reviews by a licensed nurse
- Incontinence management – daytime and overnight assistance

Along with the services mentioned above, we offer enhanced supportive services.

## **Life Guidance® Memory Care**

Forward-thinking care in a separate, secure neighborhood for individuals living with Alzheimer's or other forms of dementia.

## Your Beautiful Apartment

- Studio, one- and two-bedroom options
- Kitchenette with granite countertops, bar seating, solid cherry cabinets and fine fixtures in assisted living apartments
- Easy-access shower with integral seating
- Walk-in closet; additional on-site storage available
- Decorative crown molding
- Emergency alert system and 24-hour security
- Housekeeping and linen services
- Maintenance of apartment, community and grounds

## Your Vibrant Community









- Fountain courtyard, beautifully landscaped gardens and extensive walking paths
- Gathering spaces with large picture windows and 12 fireplaces throughout
- Day spa, beauty salon and fitness center
- State-of-the-art theater with stadium seating and surround sound
- Library with Internet access
- Scheduled transportation to local appointments, errands and events
- Weekly trips to churches and shopping venues in nearby Moraga and Orinda
- A pet-friendly environment



# Abundant Opportunities



ENGAGE LIFE®

-  Lifelong Learning
-  Health & Fitness
-  Entertainment & Fun
-  Connection
-  Civic Engagement
-  Creative Expression
-  Personal Achievement
-  Inspiration & Spirituality

## Engage Life®

Through our signature Engage Life program, we take time to learn what you already like to do and what you'd like to try next. Then, we create a robust calendar of more than 200 engaging opportunities for learning, creativity, exercise and spirituality every month. From morning exercises to social outings and dances featuring local musicians, you can remain as active and involved as you like.

## Culinary Excellence

Our talented culinary staff caters to you every day with menus full of flavor, variety and flair. Enjoy delicious cuisine with table service in our panoramic-view dining room, or reserve our private dining room for special occasions. We're happy to accommodate no-concentrated-sweets and no-salt-added diets, and your requests are always welcome.



You can have it all.



**The freedom to live as you choose – in the area you know and love.**

The warmth of a welcoming community, and endless opportunities to learn, experience and simply enjoy life.

The company of wise, well-suited neighbors, and the support of a caring, professional staff.

Join us at  
Atria Park of Lafayette.

To arrange a personal appointment, contact us at 925.932.9910.



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1545 Pleasant Hill Road | Lafayette, California  
925.932.9910 | [AtriaLafayette.com](http://AtriaLafayette.com)

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