

Atria GRAND OAKS





Elegant senior living in Thousand Oaks

At Atria Grand Oaks, you'll enjoy the freedom of life without chores and the stresses of maintaining a home – along with always-there support from a friendly staff that takes care of life's details, so you have more time to focus on your friends, your family and yourself.

Our Tuscan-style village setting features lush, tranquil gardens and exquisitely manicured grounds, and our convenient location means you'll have easy access to restaurants, shops, parks, places of worship and local attractions.

Here, you are free to spend your time doing what you love. Attend an aqua fitness class and then join your neighbors in the game room for trivia night. Unwind on the patio for happy hour after a shopping excursion to The Lakes at Thousand Oaks. Or simply relax in your well-appointed apartment.

At Atria, the choice is always yours.

Atria Grand Oaks provides a lifestyle of choice, with industry-leading quality standards and care options that can be customized to your needs as they change.

Independent Living

An active lifestyle without the burdens of maintaining a home.

Assisted Living

Discreet support available 24 hours a day from our professional staff. We offer a broad range of services, including:

- Personal care – assistance with activities of daily living, including bathing, grooming, getting dressed and safety checks; escorting to and from daily events
- Medication assistance – includes consultation with primary physicians and pharmacies, plus ordering and scheduled reviews by a licensed nurse
- Incontinence management – daytime and overnight assistance

Life Guidance®Memory Care

Forward-thinking care in a separate, secure neighborhood for individuals living with Alzheimer's or other forms of dementia.



Living Options

Your Beautiful Apartment

- Well-appointed studio, one- and two-bedroom options
- Spacious kitchen or kitchenette
- Walk-in shower
- Plush wall-to-wall carpeting
- Patio or balcony and washer/dryer hookups in select floor plans
- Emergency alert system and 24-hour security
- Housekeeping and linen services
- Maintenance of apartment, community and grounds

Your Vibrant Community

- Full-service salon and spa offering styling, manicure and pedicure services
- Movie theater with surround sound, billiards room and café
- Fitness center, heated swimming pool, putting green and resident garden space
- Library with cozy fireplace and computer stations
- Comfortable outdoor gathering spaces
- Wellness center offering checkups and health monitoring
- Scheduled transportation for local appointments and errands
- A pet-friendly environment
- Regular outings to Westlake Village
- Located across the street from The Lakes at Thousand Oaks and near the Gardens of the World, Civic Arts Plaza and Los Robles Hospital



Abundant Opportunities



ENGAGE LIFE®

- Lifelong Learning
- Health & Fitness
- Entertainment & Fun
- Connection
- Civic Engagement
- Creative Expression
- Personal Achievement
- Inspiration & Spirituality

Engage Life®

Through our signature Engage Life program, we take time to learn what you already like to do and what you'd like to try next. Then, we create a robust calendar of more than 200 engaging opportunities for learning, creativity, exercise and spirituality every month. From guest lectures to physical fitness classes and social hours, you can remain as active and involved as you like.

Culinary Excellence

Our talented culinary staff caters to you every day with menus full of flavor, variety and flair. Enjoy full-service dining in our restaurant, or reserve our private dining room for special occasions. We're happy to accommodate no-concentrated-sweets and no-salt-added diets, and your requests are always welcome.



You can have it all.



The freedom to live as you choose – in the area you know and love.

A truly elegant lifestyle with endless opportunities to learn, experience and simply enjoy life.

A warm, close-knit community, and the support of a caring, professional staff.



Join us at Atria Grand Oaks.

To arrange a personal appointment, contact us at 805.370.5400.



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