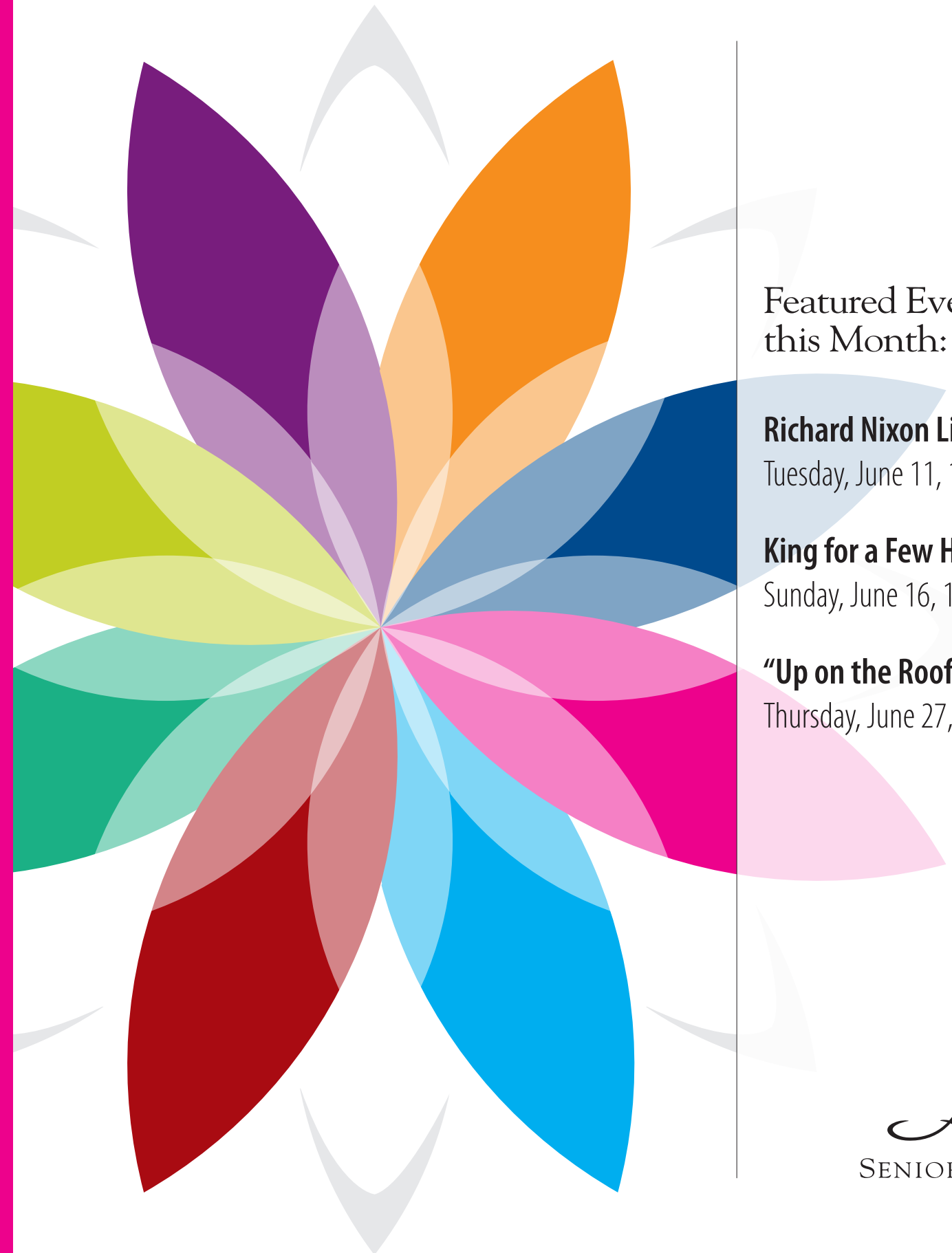


ENGAGE LIFE[®]

Monthly Calendar of Events and Programming



Featured Events this Month:

Richard Nixon Library & Museum

Tuesday, June 11, 10:00 AM

King for a Few Hours Brunch

Sunday, June 16, 11:00 AM

“Up on the Roof”: Surf’s Up

Thursday, June 27, 6:00 PM

Atria
SENIOR LIVING

Atria
SENIOR LIVING

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

30

9:00 **IS** Saddleback Church
Services: Live Stream (T)

10:00 **HF** Nutrition Class (CR)

11:00 **LL** Botany 101- Heirloom (GH)

1:00 **EF** Corn Hole Tournaments (PG)

2:00 **HF** Drum Fitness (SCR) (JB)

3:00 **CE** Drama Club (CR)

4:00 **LL** Podcast - Code Switch (T)

5:30 **EF** Entertainer - Classical Piano (GL)

7:00 **EF** Mexican Train Competition (CCS)



ROOM LOCATION KEY:

| | | | |
|------------------|-----|-------------------------|-----|
| Art Studio | AS | Gym | G |
| Theatre | T | Trestles Cafe | TC |
| Greenhouse | GH | Pool | P |
| Putting Green | PG | Grand Lobby | GL |
| Excursion/Outing | Bus | Salt Creek Room | SCR |
| Dog Park | DP | Classroom | CR |
| First Floor Bar | FB | Top of the World Lounge | Top |
| Fitness Center | FC | Emerald Bay Sunroom | EBS |
| Poolside Lounge | PL | Crystal Cove Sunroom | CCS |
| Library | LB | Courtyard | C |

STAFF KEY:

| | |
|---------------|----|
| Janna Brunner | JB |
| Francis Cruz | FC |
| Ivette Puente | IP |

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PA Personal Achievement
HF Health & Fitness
EF Entertainment & Fun
CV Civic Engagement
LL Lifelong Learning
CE Creative Expression
IS Inspiration & Spirituality
C Connection
Atria StoryWise

1

10:00 **HF** Gentle Yoga (SCR)

11:00 **LL** One Day University: Edison vs. Tesla (T)

11:30 **C** Social Media 101 (CR)

1:00 **CE** Recycled Art (AS)

1:30 **HF** Aqua Fitness (P)

2:00 **PA** Civic Engagement Committee (CCS)

3:00 **C** Trivia Social (GL)

4:00 **EF** StoryWise™ Fireside Social (GL)

6:30 **LL** TED Talk (T)

2

9:00 **IS** Saddleback Church
Services: Live Stream (T)

10:00 **HF** Sci-Fit Exercise Equipment Orientation (FC)

11:00 **LL** Botany 101- Succulents (GH)

1:00 **EF** Table Tennis Tournament (Top)

1:30 **EF** Movie Outing to Laguna Niguel Library (Bus)

2:00 **HF** Drum Fitness (SCR) (JB)

3:00 **EF** Family Atria StoryWise™ Social (PL)

4:00 **LL** Podcast - The Daily (T)

5:30 **EF** Live Entertainment: Sophisticated Piano (FB)

7:00 **EF** Super Scrabble® Tournament (LB)

3

Happy Birthday Jean M.

9:00 **LL** Saddleback College:
Government Issues (SCR)

9:15 **IS** Rooftop Morning Meditation (Top)

10:00 **HF** Drum Fitness (C) (JB)

10:30 **LL** Brain Games (SCR)

11:00 **CE** Jewelry Making (AS)

1:00 Shopping at CVS (Bus)

1:00 **HF** Aqua Zumba® (P) (JB)

1:30 **C** Bridge Group (EBS)

3:00 **HF** Core Strength (G)

6:30 **IS** Relaxation Meditation (SCR)

4

8:00 **IS** Catholic Service and Rosary (Bus)

10:00 **HF** Gentle Yoga (SCR)

10:00 **LL** Beginning Bridge Lessons (EBS)

11:00 **CE** Make & Take Art Class (AS)

11:00 **IS** Seaside Beach Walking (Bus)

1:00 **LL** Saddleback College: Practical Spanish (SCR)

1:00 **LL** Today in History (CR)

1:30 **HF** Aqua Fitness (P)

2:00 **CE** Jeannette Fratto Book Signing (CR)

4:00 **C** Poker (Top)

4:00 **C** Resident Cocktail Hour (PL)

7:00 **EF** Rummikub® Challenge (CCS)

5

Happy Birthday David C

10:30 **LL** Stock Market Watch (T)

11:00 **HF** Zumba® Gold Exercise Class (SCR) (JB)

11:00 **LL** French 101 (CR)

12:00 **EF** Adventurous Eaters Club (EBS)

1:00 **CE** Beginning Pottery (AS)

2:00 **PA** Engage Life® Programming Meeting (SCR)

3:00 **CE** Glee Club Rehearsal (PL)

4:00 **C** Karaoke: 50's Tunes (PL)

6:30 **EF** Yahtzee™ (CCS)

6

10:00 **HF** Gentle Yoga (SCR)

11:00 **EF** Roger's Garden Outing (Bus)

11:00 **HF** Saddleback College: Sequential Stretch (SCR)

1:00 **CE** Confectionary Creations (AS)

1:00 **LL** Saddleback College: Practical Spanish (SCR)

1:30 **HF** Aqua Fitness (P)

2:00 **LL** Spanish 101 (CCS) (IP)

3:00 **EF** Corn Hole Challenge (Top)

4:00 **PA** Ambassador Cocktail Hour (PL)

6:00 **EF** "Up on the Roof": Satin Express (Top)

6:30 **LL** TED Talk (T)

7:00 **IS** Stretching & Meditation for Relaxation (SCR)

7

9:15 **IS** Rooftop Meditation
& Mindfulness (Top)

10:00 **HF** Total Body Workout (SCR)

10:30 **LL** iPad® 101 (CR)

11:00 **LL** Lexical Trial (CR)

1:00 **CE** Mixed Media Art Class (AS)

1:30 **HF** Elevation Strength and Balance Class (SCR)

1:30 **CV** Pins & Needles: Handmaking
Artisans (LB) (FC)

2:30 **LL** Sign Language 101 (CCS)

3:00 **EF** Blackjack (Top)

6:30 **EF** Wheel of Fortune® (T)

8

9:30 **EF** Bocce Ball Tournament (PG)

10:00 **HF** Gentle Yoga (SCR)

11:00 **C** Intergenerational Skype™
Sessions (CR)

1:00 **CE** Art Project (AS)

1:30 **HF** Aqua Fitness (P)

2:00 **C** High Tea (CCS)

3:00 **C** The Joy of Music with Francis (GL) (FC)

4:00 **C** Community Pet Yappy Hour (DP)

6:00 **EF** Wuzzles Puzzles (T)

9

9:00 **IS** Saddleback Church
Services: Live Stream (T)

10:00 **HF** Nutrition Class (CR)

11:00 **LL** Botany 101- Heirloom (GH)

11:00 **C** Taste of Mediterranean Sunday Brunch (EBS)

1:00 **EF** Corn Hole Tournaments (PG)

2:00 **HF** Drum Fitness (SCR) (JB)

3:00 **CE** Drama Club (CR)

4:00 **LL** Podcast - Code Switch (T)

5:30 **EF** Entertainer - Classical Piano (GL)

7:00 **EF** Mexican Train Competition (CCS)

10

9:00 **LL** Saddleback College:
Government Issues (SCR)

9:15 **IS** Rooftop Morning Meditation (Top)

10:00 **HF** Total Body Workout (FC)

10:30 **LL** Brain Games (SCR)

11:00 **CE** Glass Jewelry Making (AS)

1:00 Shopping at Walmart (Bus)

1:00 **HF** Aqua Zumba® (P) (JB)

1:30 **C** Bridge Group (EBS)

3:00 **HF** Core Strength Class (G)

4:00 **EF** Pictionary™ (PL)

6:30 **IS** TED Talk (T)

11

8:00 **IS** Catholic Service and Rosary (Bus)

10:00 **HF** Gentle Yoga (SCR)

10:00 **C** Richard Nixon Library & Museum

10:00 **LL** Beginning Bridge Lessons (EBS)

11:00 **CE** Creative expression through art (AS)

11:00 **HF** Saddleback College: Sequential Stretch (SCR)

1:00 **LL** History of Today (T)

1:00 **LL** Saddleback College: Practical Spanish (SCR)

1:30 **HF** Aqua Fitness (P)

2:00 **PA** Resident Town Hall (SCR)

4:00 **C** Resident Cocktail Hour (PL)

7:00 **EF** Rummikub® Challenge (CCS)

12

9:00 **CV** Podiatrist Visit with
Dr. Greenberg

10:00 **IS** Niguel Regional Park Walk (Bus)

10:00 **LL** Ask Dr. Trinh (CR)

10:30 **C** Words with Friends (T)

11:00 **HF** Zumba® Gold Exercise Class (SCR) (JB)

11:00 **LL** French 101 (CR)

1:00 **EF** Table Tennis Tournament (Top)

1:00 **CE** Pottery Class: Beginners/Level 1 (AS)

2:00 Food for Thought Meeting (CCS)

3:00 **LL** Cell Phone Apps (CR)

3:00 **CE** Glee Club Rehearsal (PL)

6:30 **EF** Super Scrabble® (CCS)

13

Happy Birthday Trina S

10:00 **HF** Gentle Yoga (SCR)

10:30 **EF** Hacienda on the Lake
Mexican Restaurant

11:00 **EF** Canasta Card Games (Top)

11:00 **HF** Saddleback College: Sequential Stretch (SCR)

1:00 **CE** Jewelry Making (AS)

1:00 **LL** Saddleback College: Practical Spanish (SCR)

1:30 **HF** Aqua Fitness (P)

3:00 **LL** Spanish 101 (CCS) (IP)

4:00 **C** Social Cocktail Hour (PL)

6:00 **EF** "Up on the Roof" Music Series (Top)

7:00 **IS** Stretching & Meditation for Relaxation (SCR)

14

9:15 **IS** Rooftop Meditation (Top)

10:00 **HF** Total Body Workout (SCR)

10:30 **LL** Current World Topics (SCR)

11:00 **LL** Word Challenge (CR)

12:00 **C** Red Hat's Luncheon (CCS)

1:00 **PA** Hearing Remedy- Ototoxicity (CR)

1:00 **CE** Mixed Media Art Class (AS)

1:30 **HF** Elevation Strength and Balance Class (SCR)

1:30 **CV** Pins & Needles: Handmaking
Artisans (LB) (FC)

2:30 **LL** Sign Language 101 (CCS)

3:00 **EF** Blackjack (Top)

6:30 **EF** Jeopardy!® (CR)

15

9:30 **EF** Putting Tournament (PG)

10:00 **HF** Gentle Yoga (SCR)

11:00 **CE** Greenhouse Gardening (GH)

1:30 **HF** Aqua Fitness (P)

3:00 **EF** Pictionary™ (GL)

5:30 **EF** Wheel of Fortune® (T)

6:30 **EF** StoryWise™ Fireside Chat (PL)

Happy Father's Day

16

9:00 **IS** Saddleback Church
Services: Live Stream (T)

10:00 **HF** Sci-Fit Exercise (FC)

11:00 **LL** Botany 101 - Edibles (GH)

11:00 **C** King for a Few Hours Brunch (EBS)

1:00 **EF** Corn Hole Tournaments (PG)

1:30 **EF** Movie Outing to Laguna Niguel Library (Bus)

2:00 **HF** Drum Fitness (SCR) (JB)

3:00 **EF** StoryWise™: Fantastic Fathers (GL)

4:00 **LL** Podcast - The Daily (T)

5:30 **EF** Live Entertainment: Contemporary Piano (FB)

7:00 **EF** Super Scrabble® Tournament (CCS)

17

9:00 **LL** Saddleback College:
Government Issues (SCR)

9:15 **IS** Rooftop Morning Meditation (Top)

10:00 **HF** Drum Fitness (C) (JB)

10:30 **LL** Brain Games (SCR)

11:00 **CE** Jewelry Making (AS)

1:00 Shopping at Target (Bus)

1:00 **HF** Aqua Zumba® (P) (JB)

1:30 **C** Bridge Group (EBS)

3:00 **HF** Core Strength (G)

4:00 **C** Blackjack (Top)

6:30 **IS** Relaxation Meditation (SCR)

18

8:00 **IS** Catholic Service and Rosary (Bus)

9:00 **EF** Dolphin & Whale Watching (Bus)

10:00 **HF** Gentle Yoga (SCR)

10:00 **LL** Beginning Bridge Lessons (EBS)

11:00 **CE** Painting Class (AS)

11:00 **HF** Saddleback College: Sequential Stretch (SCR)

1:00 **LL** Surfing the Net (CR)

1:30 **HF** Aqua Fitness (P)

2:00 **PA** Atria Ambassador Club Meeting (CCS) (FC)

4:00 **C** Resident Cocktail Hour (PL)

6:30 **EF** Classic Movie & Review With Theo Siegel (T)

7:00 **EF** Rummikub® Challenge (CCS)

19

Happy Birthday Sheila G & Geoffrey G

9:30 **IS** Seaside Beach Walking (Bus)

10:30 **C** Words With Friends (T)

11:00 **LL** French 101 (CR)

11:00 **HF** Zumba® Gold Exercise Class (SCR) (JB)

1:00 **CE** Pottery Class: Level 1 (AS)

2:00 **PA** Resident Council Meeting (SCR)

3:00 **CE** Glee Club Rehearsal (PL)

6:30 **EF** StoryWise™ Fireside Chat (GL)

20

10:00 **HF** Gentle Yoga (SCR)

11:00 **LL** Historical Talk,
Lecture and Lunch (T)

11:00 **EF** Pinochle Card Games (Top)

11:00 **HF** Saddleback College: Sequential Stretch (SCR)

1:30 **HF** Aqua Fitness (P)

2:00 **LL** Spanish 101 (CCS) (IP)

3:00 **EF** Table Tennis Tournament (Top)

3:00 **IS** Bible Study with Jim Szejjler

4:00 **C** Social Cocktail Hour (PL)

6:00 **EF** "Up on the Roof": Rat Pack Legacy (Top)

6:30 **LL** TED Talk (T)

7:00 **IS** Stretching and Meditation
for Relaxation (SCR)

21

9:15 **IS** Rooftop Meditation (Top)

10:00 **HF** Total Body Workout (SCR)

10:30 **LL** Today in History (TC)

11:00 **LL** Lexical Trial (CR)

1:00 **CE** Mixed Media Art Class (AS)

1:30 **HF** Elevation Strength and Balance Class (SCR)

1:30 **CV** Pins & Needles: Handmaking
Artisans (TC) (FC)

2:00 **EF** Food Thru Film: Woman on Top (T)

2:30 **LL** Sign Language (CCS)

3:00 **EF** Blackjack (Top)

6:30 **EF** Card Games (CCS)

Happy Birthday Margaret K

22

9:30 **EF** Bocce Ball Tournament (PG)

10:00 **HF** Gentle Yoga (SCR)

10:30 **LL** TED Talk (T)

11:00 **CE** Greenhouse Gardening (GH)

1:00 **CE** Polymer Clay Crafting (AS)

1:30 **HF** Aqua Fitness (P)

2:00 **C** HighTea (CCS)

3:00 **C** The Joy of Music with Francis (GL) (FC)

4:00 **EF** Rummikub® (CCS)

6:00 **LL** Internet-Videojug (CR)

23

9:00 **IS** Saddleback Church
Services: Live Stream (T)

10:00 **HF** Nutrition Class (CR)

11:00 **LL** Botany 101 - Roses (GH)

11:00 **C** Taste of Japan Sunday Brunch (EBS)

1:00 **EF** Table Tennis Challenge (Top)

2:00 **HF** Drum Fitness (SCR) (JB)

3:30 **EF** Family Atria StoryWise™ Social (PL)

4:00 **LL** Podcast - Hidden Brain (T)

5:30 **EF** Live Entertainment: Sophisticated Piano (GL)

7:00 **EF** Mexican Train Competition (CCS)

24

9:00 **LL** Saddleback College:
Government Issues (SCR)

9:15 **IS** Rooftop Morning Meditation (Top)

10:00 **HF** Fitness Station Challenge (FC)

10:30 **LL** Brain Games (SCR)

11:00 **CE** Fused Glass Jewelry Making (AS)

1:00 Shopping at Mission Viejo Mall (Bus)

1:00 **HF** Aqua Zumba® (P) (JB)

1:30 **C** Bridge Group (EBS)

3:00 **HF** Core Strength Class (G)

4:00 **EF** Charades (PL)

6:30 **EF** Rebus Puzzle (T)

25

8:00 **IS** Catholic Service and Rosary (Bus)

10:00 **HF** Gentle Yoga (SCR)

10:00 **LL** Beginning Bridge Lessons (EBS)

11:00 **HF** Saddleback College: Sequential Stretch (SCR)

11:00 **CE** Artisan Art Creation

1:00 **LL** Saddleback College: Practical Spanish (SCR)

1:00 **LL** Today in History (T)

1:30 **HF** Aqua Fitness: Level 1 (P)

3:00 **C** Jetsetter Bits & Bites (CR)

4:00 **C** Resident Cocktail Hour (PL)

7:00 **EF** Rummikub® Challenge (CCS)

26

Happy Birthday Selia P

9:00 **EF** Pala Casino (Bus)

10:00 **EF** Table Tennis Tournament (Top)

11:00 **HF** Zumba® Gold Exercise Class (SCR) (JB)

11:00 **LL** French 101 - Review (CR)

12:00 **C** June Birthday Celebration (CCS)

1:00 **CE** Pottery Class: Level 1 (AS)

3:00 **CE** Glee Club Rehearsal (PL)

6:30 **EF** Wheel of Fortune® (SCR)

27

10:00 **HF** Gentle Yoga (SCR)

11:00 **EF** Canasta Card Games (Top)

11:00 **HF** Saddleback College:
Sequential Stretch (SCR)

1:00 **LL** Saddleback College: Practical Spanish (SCR)

1:30 **HF** Aqua Fitness (P)

2:00 **LL** Spanish 101 (CCS) (IP)

3:00 **EF** Cornhole Contest (Top)

4:00 **C** Social Cocktail Hour (PL)

6:00 **EF** "Up on the Roof": Surf's Up (Top)

6:30 **LL** TED Talk (T)

7:00 **IS** Stretching and Meditation
for Relaxation (SCR)

28

9:15 **IS** Rooftop Meditation (Top)

10:00 **HF** Total Body Workout (SCR)

10:30 **LL** What's Trending (CR)

11:00 **LL** Word Challenge (CR)

1:00 **CE** Mixed Media Art Class (AS)

1:30 **HF** Elevation Strength and Balance Class (SCR)

1:30 **CV** Pins & Needles: Handmaking
Artisans (TC) (FC)

2:30 **LL** Sign Language 101 (CCS)

3:00 **EF** Blackjack (Top)

4:00 **HF** Smoothie Social (PL)

29

10:00 **HF** Gentle Yoga (SCR)

11:00 **EF** PuttingTournament (PG)

11:30 **C** Social Media 101 (CR)

1:00 **CE** Recycled Art (AS)

1:30 **HF** Aqua Fitness (P)

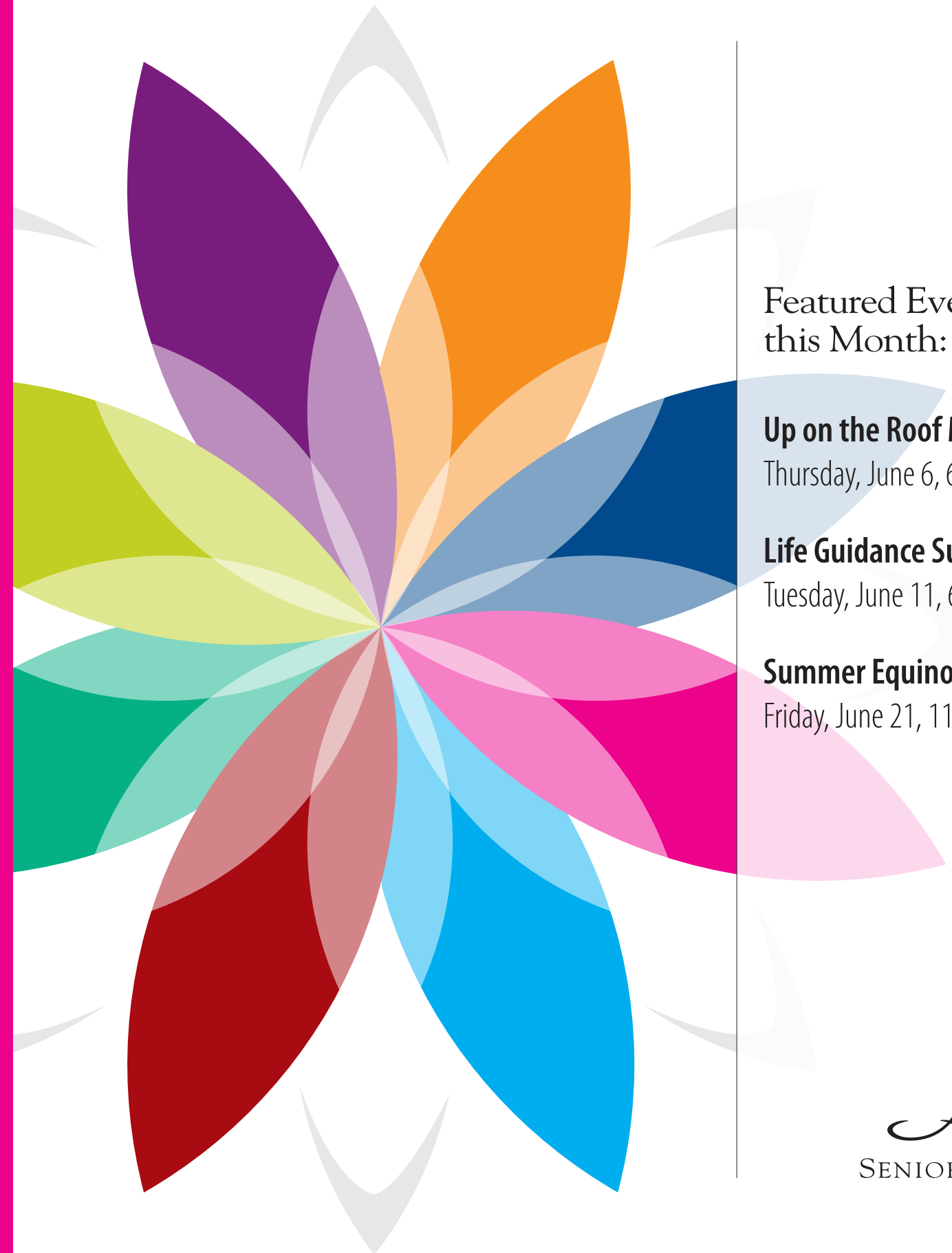
3:00 **C** Trivia Social (GL)

4:00 **EF** StoryWise™ Fireside Social (GL)

6:30 **LL** TED Talk (T)

LIFE GUIDANCE[®]

Monthly Calendar of Events and Programming



Featured Events this Month:

Up on the Roof Music Series

Thursday, June 6, 6:00 PM

Life Guidance Support Group

Tuesday, June 11, 6:30 PM

Summer Equinox Celebration

Friday, June 21, 11:00 AM

Atria
SENIOR LIVING

Atria
SENIOR LIVING

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

30

9:00 **IS** Sunday Services - Nondenominational
 10:00 **LL** Current Events - Sunday Times
 10:30 **HF** Fitness - Zumba® Gold
 11:00 **LL** Around the World - Russia
 1:00 **CE** Culinary Creations w/ Pastry Chef's (AS)
 2:00 **C** Afternoon High Tea
 3:00 **J** Legato - Best of Johnny Otis
 3:30 **HF** Fitness - Movement with Scarves
 6:30 **EF** Musical Theater



ROOM LOCATION KEY:

| | | | |
|------------------|-----|-------------------------|-----|
| Art Studio | AS | Salt Creek Room | SCR |
| Theatre | T | Top of the World Lounge | Top |
| Putting Green | PG | Courtyard | C |
| Gym | G | Crystal Cove Sunroom | CCS |
| Greenhouse | GH | Life Guidance | LG |
| Fitness Center | FC | | |
| Excursion/Outing | Bus | | |
| Doheny Club | DC | | |
| Grand Lobby | GL | | |
| Trestles Cafe | TC | | |

STAFF KEY:

Ivette Puente IP

PA Personal Achievement
HF Health & Fitness
EF Entertainment & Fun
CV Civic Engagement
LL Lifelong Learning
CE Creative Expression
IS Inspiration & Spirituality
C Connection
Atria StoryWise

1

10:00 **CE** Garden Club - California Poppy Day (GH)
 11:00 **HF** Yoga Flow w/ Amber (SCR)
 12:00 **C** Trestles Café Pizza Party (TC)
 1:00 **C** Pet Therapy with Dax
 2:00 **EF** Movie Matinee (T)
 3:30 **C** Poetry Corner - Best of Jack Kerouac
 4:00 **HF** Resistance-Band Training for Posture
 4:30 **J** Legato - Chet Baker
 6:30 **EF** Saturday Night Special

2

9:00 **IS** Sunday Services - Nondenominational
 10:00 **LL** Current Events - Sunday Times
 11:00 **HF** Fitness - Zumba® Gold (SCR)
 12:00 **C** Champagne Brunch (CCS)
 1:30 **LL** Around the World - France
 3:30 **HF** Fitness - Wii® Tennis (DC)
 4:00 **J** Legato - Life of Lena Horne
 6:00 **EF** Caramel Popcorn Day & Movie

3

10:00 **LL** Engage Your Brain - Word Challenge
 10:30 **C** Coffee Chat & Puzzles
 11:00 **HF** Drum Fitness w/ Janna (SCR)
 1:30 **LL** Jeopardy!® w/ Cameron
 2:00 **C** Afternoon High Tea
 3:00 **CE** Afternoon Gardening Club (GH)
 4:00 **J** Legato - Origins of The Twist
 4:30 **HF** Fitness - Movement with Scarves
 6:30 **EF** Lights, Camera, Action Film!

4

10:00 **CE** Art Workshop - Mosaics with Sheila (AS)
 11:00 **HF** Gentle Yoga w/ Amber (G)
 12:00 **C** Lunch at Trestles Café (TC)
 1:00 **IS** Relax & Unwind - Lavender Hand Massages
 1:30 **LL** Academic Challenge - History Buffs
 2:00 **EF** Movie Matinee (T)
 4:00 **HF** Building Strength with Free Weights
 4:30 **J** Legato - Vocal Stylings of Johnny Mathis
 6:30 **EF** Sweet Tooth & Movie

5

10:30 **J** Legato - History of Charlie Parker
 11:00 **HF** Zumba® Gold
 11:30 **EF** Foodie Club - Ruby's Dinner (Bus)
 1:00 **LL** Engage Your Brain - West Coast Trivia
 1:30 **HF** Walking Club (C)
 2:30 **CE** Memories In the Making Art (AS) (IP)
 4:00 **C** Dancing and Drinks at Top of the World (Top)
 6:30 **EF** From Book to the Big Screen Movie (T)

6

10:00 **J** Legato - The Life of Brenda Lee
 10:30 **LL** Literary Journey - Short Stories
 11:00 **HF** Gentle Yoga w/ Amber (G)
 1:00 **IS** Aromatherapy - Invigorating Lemon
 1:30 **HF** Fitness - Minding Motion (G)
 2:30 **EF** Irvine Regional Park (Bus)
 4:00 **C** Coffee Club in the Gazebo
 6:00 **C** Up on the Roof Music Series (Top)

7

10:00 **HF** Moving to Music - Songs from the 50's
 11:00 **CV** Volunteerism-Marconi Museum Charity (LG)
 1:00 **CE** Creative Art- Watercolors w/Denise (AS)
 2:30 **LL** Introduction to Sign Language
 3:00 **HF** Fitness - Belly Dancing
 4:00 **PA** Reminiscing - Sharing Family Pictures
 4:30 **J** Legato - Best of Duke Ellington
 6:30 **EF** From Book to the Big Screen

8

10:00 **CE** Garden Club - Succulent Planters (GH)
 11:00 **HF** Yoga Flow w/ Amber (SCR)
 12:00 **C** Trestles Café Pizza Party (TC)
 1:00 **C** Pet Therapy with Dax
 2:00 **EF** Wii® Golf (DC)
 3:00 **IS** The Joy of Music with Francis (GL)
 3:30 **J** Legato - Marlon Brando's Legacy
 4:00 **HF** Fitness - Nature Walk
 4:30 **LL** Art Appreciation - Works of Monet
 6:30 **EF** Comedy Special

9

9:00 **IS** Sunday Services - Nondenominational
 10:00 **LL** Current Events - Sunday Times
 10:30 **HF** Fitness - Zumba® Gold
 11:00 **LL** Around the World - Sweden
 1:00 **CE** Culinary Creations w/ Pastry Chef (AS)
 2:00 **C** Afternoon High Tea
 3:00 **J** Legato - Best of Bing Crosby
 3:30 **HF** Fitness - Movement with Scarves
 6:30 **EF** Musical Theater

10

10:00 **C** Photography Club - Nature Photos
 10:30 **J** Legato - History of Lana Turner
 11:00 **HF** Drum Fitness w/ Janna (SCR)
 1:30 **LL** Jeopardy!® w/ Cameron
 2:30 **EF** Cards by the Pool
 3:00 **CE** Afternoon Gardening Club (GH)
 4:00 **C** Social Club - Bingo
 4:30 **HF** Fitness - Stretch with Bands (FC)
 6:30 **EF** Netflix® Original

11

10:00 **CE** Jewelry Creations with Sheila (AS)
 11:00 **HF** Gentle Yoga w/ Amber (G)
 12:00 **C** Lunch at Trestles Café
 1:30 **IS** Karaoke with Francis (Top)
 2:00 **EF** Movie Matinee (T)
 4:00 **HF** Fitness - Aerobics Workout
 4:30 **J** Legato - Stylings of George Jones
 6:30 **EF** Oscar Movie Night
 6:30 **C** Life Guidance® Support Group (Top)

12

10:00 **HF** Golfer's Day! Putting on the Green!
 11:30 **EF** Tortilla Flats Restaurant Outing (Bus)
 11:30 **LL** Brain Fitness - Finish The Line
 1:30 **HF** Zumba® Gold w/ Jen
 2:30 **CE** Memories In the Making Art (AS) (IP)
 3:30 **J** Legato - Best of Woody Guthrie
 4:00 **C** Live DJ & Cocktails (Top)
 6:30 **EF** Lights, Camera, Action

13

10:00 **LL** Literary Journey - Love Poems
 10:30 **CE** StoryWise™ - Family Pets
 11:00 **HF** Gentle Yoga w/ Amber (G)
 1:00 **IS** Aromatherapy - Peppermint
 1:30 **HF** Fitness - Minding Motion (G)
 2:30 **EF** Marconi Automotive Museum (Bus)
 3:30 **J** Legato - Best of Grace Kelly
 6:00 **C** Up on the Roof Music- Neil Diamond (Top)

14

10:00 **HF** Moving to Music - Name that Tune
 11:00 **CV** Volunteerism- Making Boutonnieres
 1:00 **CE** Creative Art-Father's Day Gifts w/Denise (AS)
 2:30 **LL** Beginner's Sign Language Class
 3:15 **PA** Reminiscing- Favorite Traditions
 4:00 **J** Legato - History of Burt Lancaster
 4:30 **HF** Fitness - Light & Lively Workout
 6:30 **EF** TGI Friday Movie Night

15

10:00 **CE** Green Thumb Club - Orchids (GH)
 11:00 **HF** Yoga Flow w/ Amber (SCR)
 12:00 **C** New Resident Welcome Party (TC)
 1:00 **C** Pet Therapy with Dax
 2:00 **EF** Movie Matinee (T)
 3:00 **IS** Aromatherapy - Lemon
 3:30 **HF** Tai Chi - Stretch & Flow
 4:00 **LL** Cultural Studies - Michelle Obama
 4:30 **J** Legato - Dancing the Meringue
 6:30 **EF** Food Thru Film

16

9:00 **IS** Sunday Services - Nondenominational
 10:00 **LL** Current Events - Sunday Times
 10:30 **HF** Tai Chi - Stretch & Flow
 11:00 **LL** Around the World - India
 11:30 **C** Father's Day Brunch (CCS)
 3:00 **HF** Fitness - Aerobics Workout
 3:30 **J** Legato - Musical Instruments
 4:15 **CE** StoryWise™ - Memories Of Siblings
 6:30 **EF** Popcorn, Candy & Movie

17

10:00 **IS** Captivating Stories - Inspirational
 10:30 **J** Legato - 50's Karaoke
 11:00 **HF** Drum Fitness w/ Janna (SCR)
 1:30 **LL** Jeopardy!® w/ Cameron
 2:00 **C** Afternoon High Tea
 3:00 **CE** Afternoon Gardening Club (GH)
 4:00 **HF** Building Strength with Free Weights
 4:30 **LL** Engage Your Brain - Fill In The Blank
 6:30 **EF** Lights, Camera, Action Film

18

10:00 **CE** Creative Expression- Stencil Art w/Sheila
 11:00 **HF** Gentle Yoga w/ Amber (G)
 12:00 **C** Lunch at Trestles Café (TC)
 1:00 **CE** Making Memories - Photo Albums
 2:00 **EF** Movie Matinee (T)
 3:30 **HF** Fitness - Movement with Scarves
 4:00 **J** Legato - History of Dorothy Dandridge
 4:30 **LL** Mind Challenge - Flags of the World
 6:30 **EF** Musical Theater

19

10:00 **HF** Fitness - Stretch with Bands
 10:45 **J** Legato - 1950's Name That Tune
 11:30 **EF** Foodie Club-Peppino's Italian Restaurant (Bus)
 1:30 **HF** Zumba® Gold w/ Jen
 2:30 **CE** Memories In the Making Art (AS) (IP)
 3:30 **PA** Jet Setter Bites- Surprise Country
 4:00 **C** Top of the World Happy Hour & Dancing (Top)
 6:30 **EF** Oscar Movie Night

20

10:00 **LL** Technology - Smart Phones
 10:30 **J** Legato - Dancing the Jive
 11:00 **HF** Gentle Yoga w/ Amber (G)
 1:00 **PA** Birthday Bash at Trestles Café (TC)
 1:30 **HF** Fitness - Minding Motion (G)
 2:30 **EF** Scenic Drive and Walk in San Clemente (Bus)
 3:30 **PA** Reminiscing - Sharing Funny Moments
 4:15 **LL** Literary Journey - Short Stories
 6:00 **C** Up on the Roof Music - The Rat Pack (Top)

21

10:00 **IS** Moving to Music - Drum Circle
 11:00 **C** Summer Equinox Celebration
 11:30 **HF** Fitness - Wii® Tennis (DC)
 1:00 **CE** Creative Expression- Mixed Media w/Denise (AS)
 2:30 **LL** Introduction to Sign Language
 3:30 **CV** Volunteerism - Botany with Girl Scouts (LG)
 3:30 **J** Legato - Diana Ross
 4:00 **HF** Fitness - Meditation In The Afternoon
 4:30 **LL** Famous People - Michelle Obama
 6:30 **EF** Sweet Tooth & Movie

22

10:00 **CE** Green Thumb Club - Savory Herbs (GH)
 11:00 **HF** Yoga Flow w/ Amber (SCR)
 12:00 **C** Trestles Café Pizza Party (TC)
 1:00 **C** Pet Therapy with Dax
 2:00 **EF** Wii® Bowling
 3:00 **IS** The Joys of Music with Francis (GL)
 3:30 **HF** Putting on the Green (PG)
 4:00 **LL** Famous People - Hollywood's Leading Men
 4:30 **J** Legato - Sammy Davis Jr.
 6:30 **EF** Romantic Comedy

23

9:00 **IS** Sunday Services - Nondenominational
 10:00 **HF** Zumba® Gold
 10:00 **LL** Current Events - Sunday Times
 11:00 **LL** Around the World - Australia
 1:00 **CE** Confectionary Creations with Pastry Chef (AS)
 2:00 **C** Afternoon High Tea
 3:00 **J** Legato - Carmen Miranda
 3:30 **HF** Fitness - Stretch with Bands (FC)
 4:15 **CE** StoryWise™ - Community Service
 6:30 **EF** Popcorn, Candy & Movie

24

10:00 **LL** Notable People in the Military
 10:30 **IS** Lavender Hand Massages
 11:00 **HF** Drum Fitness w/ Janna (SCR)
 1:30 **LL** Jeopardy!® w/ Cameron
 3:00 **CE** Afternoon Gardening Club (GH)
 4:00 **J** Legato - Jayne Mansfield
 4:30 **HF** Fitness - Movement with Scarves
 6:30 **EF** Oscar Movie Night

25

10:00 **CE** Jewelry Design-Bracelets w/Sheila (AS)
 11:00 **HF** Gentle Yoga w/ Amber (G)
 1:30 **IS** Karaoke w/ Francis (Top)
 2:00 **EF** Movie Matinee (T)
 3:00 **HF** Fitness - Nature Walk
 3:30 **LL** Engage Your Brain - Word Scramble
 4:00 **C** Poetry Corner - Styles of Diane di Prima
 4:30 **J** Legato - Famous Ballets
 6:30 **EF** Lights, Camera, Action

26

10:00 **HF** Fitness - Stretch with Bands
 11:30 **EF** Picnic at the Beach (Bus)
 1:30 **HF** Zumba® Gold w/ Jen
 2:15 **CE** MIM Art w/ Jen & Ivette - Maritime (AS)
 3:00 **LL** Literary Journey - Inspirational Stories
 3:30 **J** Legato - The Stylings of Harry Belafonte
 4:00 **C** Top of the World Cocktail Hour (Top)
 6:30 **EF** Netflix® Original

27

10:00 **J** Legato - Name That Tune
 10:30 **LL** Art Appreciation- Works of Picasso
 11:00 **HF** Gentle Yoga w/ Amber (G)
 1:00 **EF** Crazy 8's Card Game
 1:30 **HF** Fitness - Minding Motion (G)
 3:45 **EF** Rancho Santa Margarita Lake Walk (Bus)
 6:00 **C** Up on the Roof Music- Beach Boys (Top)

28

10:00 **IS** Moving to Music - Name that Tune
 11:00 **CV** Volunteerism- Cookies for Cops
 11:30 **HF** Nutrition Class - Healthy Eating
 1:00 **CE** Creative Expression- Paper Art w/Denise (AS)
 2:30 **LL** Sign Language Class
 3:30 **HF** Fitness - Movement with Scarves
 4:00 **LL** Art Appreciation - Works of Renoir
 4:30 **J** Legato - The Carter Sisters
 6:30 **EF** Comedy Special

29

10:00 **CE** Garden Club - Succulent Planters (GH)
 11:00 **HF** Yoga Flow w/ Amber (SCR)
 12:00 **C** Trestles Café Pizza Party (TC)
 1:00 **C** Pet Therapy with Dax
 2:00 **EF** Movie Matinee (T)
 3:00 **IS** Relax & Unwind - Cooling Eye Masks
 3:30 **J** Legato - The McGuire Sisters
 4:00 **HF** Fitness - Nature Walk
 4:30 **LL** Art Appreciation - Works of Van Gogh
 6:30 **EF** Comedy Special