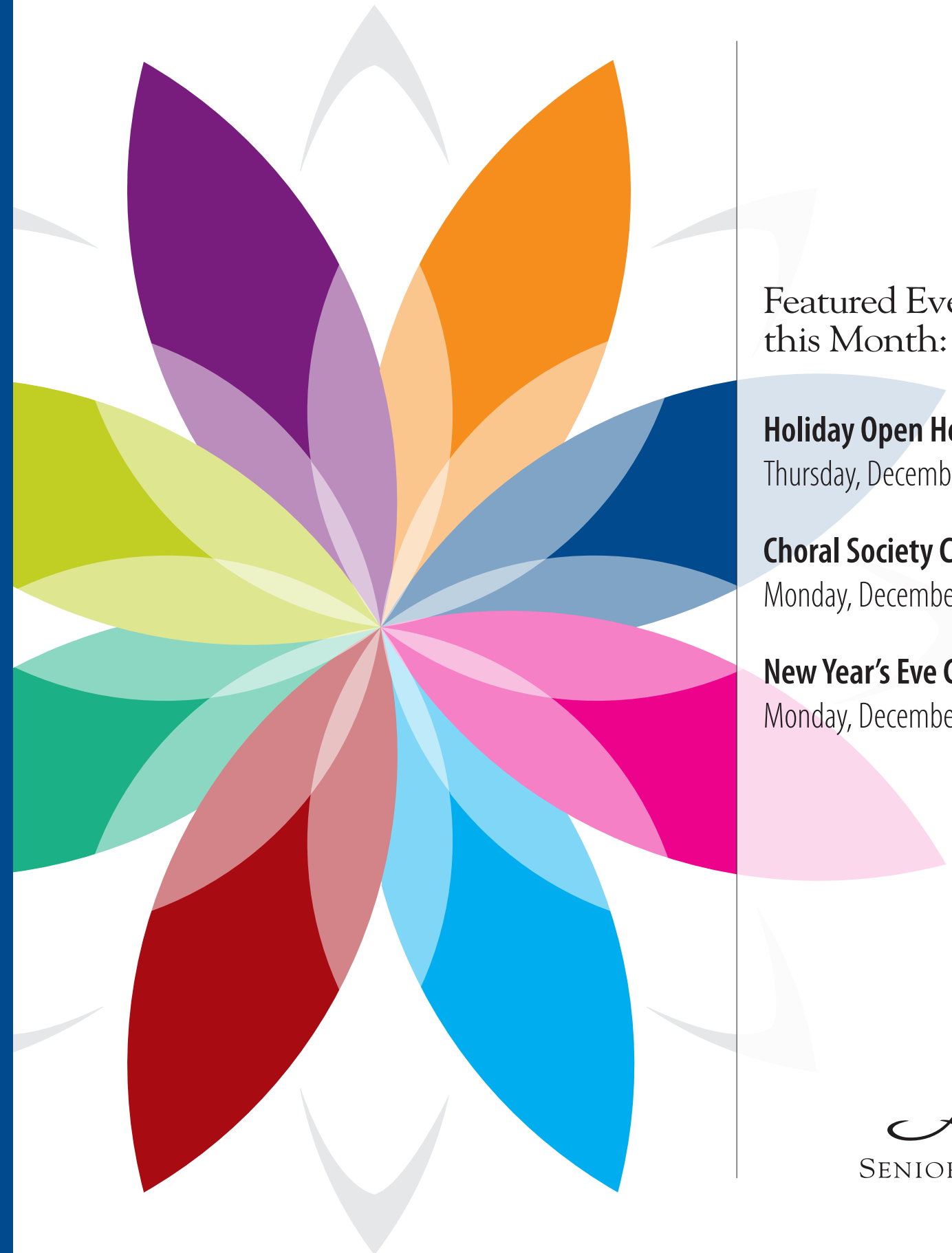


# ENGAGE LIFE<sup>®</sup>

## Monthly Calendar of Events and Programming



Featured Events  
this Month:

- Holiday Open House!**  
Thursday, December 6, 6:00 PM
- Choral Society Concert**  
Monday, December 10, 6:30 PM
- New Year's Eve Celebration**  
Monday, December 31, 7:00 PM

*Atria*  
SENIOR LIVING

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# DECEMBER 2018

# ATRIA FARMINGTON engage life®

## SUNDAY

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

## SATURDAY

**30**

9:15 Church Services, Farmington, Avon, CT (OUT)

9:30 **IS** Eucharistic Catholic Communion (LG) (VL)

9:30 **EF** Gin Rummy Club in the Café! (C)

10:00 **LL** Daily Chronicle (L) (ELP)

10:30 **HF** Move & Groove Exercise (FS) (ELP)

11:15 **CE** Creative Art (CAS) (ELP)

12:00 **IS** Channel 17 Catholic Mass (TH) (ELP)

2:00 **EF** Jingo (CAS) (ELP)

2:00 **C** Cinema MATINEE (TH)

3:00 **PA** Rummikub® in the Card Room (CR) (RL)

4:00 **C** Happy Hour! (C) (ELP)

6:30 Sunday Movie Night (TH)

**31**

**New Year's Eve**

10:00 **LL** Daily Chronicle (L) (ELD)

10:30 **HF** Sittercise (FS) (ELP)

11:00 **LL** The Lawrence Welk Show (TH)

1:30 **HF** Indoor Walk (L) (ELP)

1:30 **IS** Stretching & Relaxation (FS)

2:00 Afternoon Sweet Treat (C) (ELP)

3:00 **IS** Prayer Group Rosary w/ Constance (PDR)

3:00 **PA** Rummikub® or Scrabble® (CR) (RL)

4:00 **C** Happy Hour! (C) (ELP)

7:00 **EF** New Year's Eve Celebration (DR) (T)



- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- AT** Atria StoryWise

- ROOM LOCATION KEY:**
- |                      |     |
|----------------------|-----|
| Creative Arts Studio | CAS |
| Game Room            | GR  |
| Out Trip             | OUT |
| Theater              | TH  |
| Fitness Studio       | FS  |
| Card Room            | CR  |
| Private Dining Room  | PDR |
| Cafe                 | C   |
| Dining Room          | DR  |
| Life guidance        | LG  |
| Lobby                | L   |
- STAFF KEY:**
- |                        |     |
|------------------------|-----|
| Volunteer              | VL  |
| Resident Led           | RL  |
| Tom                    | T   |
| Life Guidance Director | LGD |
| Engage Life Director   | ELD |
| ELPI                   | ELP |
| Iveth                  | IC  |
| Ann Zak                | ED  |

Rummikub® is a registered trademark of Rummikub  
Scrabble® is a registered trademark of Hasbro, Inc.  
Wii® is a trademark of Nintendo of America, Inc.

**1**

9:30 **EF** Gin Rummy Club in the Café! (C)

10:00 **LL** Daily Chronicle (L) (ELP)

10:30 **HF** Crossfit for Active Adults w/ Pete (FS) (ELP)

11:00 **EF** Musical Bingo (CAS) (IC)

1:30 **HF** Sit & Be Fit (FS) (ELP)

2:00 Movie Matinee (TH)

2:00 **CE** Peaceful Meditation (CAS) (ELP)

3:00 **EF** Giant Crossword Puzzle (GR) (ELP)

4:00 **C** Karaoke Social Hour (C) (ELP)

6:30 Movie Night! (TH)

**2**

9:15 Church Services, Farmington, Avon, CT (OUT)

9:30 **IS** Eucharistic Catholic Communion (LG) (VL)

9:30 **EF** Gin Rummy Club in the Café! (C) (RL)

10:00 **LL** Daily Chronicle (L) (ELP)

10:30 **HF** Move & Groove Exercise (FS) (ELP)

11:00 **EF** Holiday Shopping Showcase (L) (ELD)

12:00 **IS** Channel 17 Catholic Mass (TH) (ELP)

1:30 **HF** Stretching & Relaxation (FS) (ELP)

2:00 **EF** Board Games (CAS) (ELP)

2:00 **C** Cinema MATINEE (TH)

3:00 **PA** Rummikub® in the Card Room (CR) (RL)

6:30 Sunday Movie Night (TH)

**3**

**First Day of Hanukkah**

9:00 **EF** Bridge Club in the Café! (C) (RL)

10:00 **LL** Daily Chronicle (L) (ELD)

10:30 **HF** Sittercise (FS) (ELP)

11:00 **EF** Board Games (CAS) (ELP)

1:30 **HF** Learn a New Dance (FS) (ELP)

2:00 **LL** Holiday Cookie Decorating (C) (ELP)

3:00 **IS** Prayer Group Rosary w/ Constance (PDR)

3:00 **HF** Beltone Service Center & Check (DR)

3:00 **PA** Scrabble® or Rummikub® (CR) (RL)

4:00 **C** Happy Hour! (C) (ELP)

6:30 Monday Movie Night (TH) (ELD)

**4**

9:30 **EF** Gin Rummy Club in the Café! (C)

10:00 **LL** Daily Chronicle (L) (ELD)

10:30 **HF** Forever Fit w/ John (FS) (T)

10:45 Tuesday Spa Day w/ Betty (C) (ELP)

1:30 **HF** Fitness Fun! (FS) (IC)

2:00 **PA** Ballroom Dancing w/ CSD Frank (FS)

3:00 **PA** Rummikub® in the Card Room! (CR)

4:00 **C** Happy Hour! (C) (ELP)

5:30 **EF** Professor Burinskas Piano Hour (DR)

6:30 **EF** Wii® Bowling & Movie Night w/ Ritchie (TH) (VL)

**5**

9:30 **EF** Gin Rummy Club in the Café! (C)

9:30 **HF** Blood Pressure Check w/ Encompass (DR) (VL)

10:00 **LL** Daily Chronicle (L) (ELD)

10:30 **HF** Core and Be Sore Exercise Class (FS) (ELP)

11:00 **CE** Chorus Unlimited w/ Mr. Venne (L) (ELP)

1:30 **HF** Stretching & Relaxation (FS) (ELP)

2:00 **EF** Musical Entertainment w/ Rebecca Swett (L)

3:00 **PA** The Bountiful Boutique Resident Store (GR) (IC)

3:00 **EF** Rummikub®/Scrabble® (GR)

4:00 **C** Happy Hour! (C) (IC)

6:30 **EF** Movie Night! (TH)

**6**

9:30 **EF** Gin Rummy Club in the Café! (CR)

10:00 **LL** Daily Chronicle (L) (ELD)

10:30 **HF** Get in Tip Top Shape w/ Tom (FS) (T)

11:00 **CV** Spouses Support Group w/ Vicki (TH) (LGD)

11:15 **LL** Book Club (FS)

1:15 **PA** Learn to Play Mexican Train! (CR) (VL)

1:30 **HF** Sit & Be Fit w/ Betty (FS) (IC)

2:00 **CE** You be the Judge (CAS)

3:00 **PA** Adjustment Group w/ Lisa (TH)

3:00 **IS** Bible Study w/ Connie (PDR) (RL)

3:00 **PA** Rummikub® in the Card Room! (CR) (RL)

6:00 **EF** Holiday Open House!

**7**

9:30 **EF** Gin Rummy Club in the Café! (C)

10:00 **LL** Daily Chronicle (L) (ELD)

10:00 **OUT** & About Shopping Trip (OUT) (T)

10:00 **IS** Rosary w/ LGD Vicki (LG) (LGD)

10:30 **HF** Sittercise (FS) (IC)

11:15 **CE** Jewelry Making (CAS) (IC)

1:30 **HF** Move & Groove w/ Betty (FS) (IC)

2:00 **LL** Historical Tidbits w/ Tom (TH) (T)

3:00 **PA** The Bountiful Boutique Resident Store (GR) (ELP)

3:00 **EF** Move Matinee (TH) (ELP)

4:00 **C** Happy Hour (C) (ELP)

6:30 **PA** Friday Night Bingo w/ Paul B (FS) (RL)

**8**

9:30 **EF** Gin Rummy Club in the Café!

10:00 **LL** Daily Chronicle (L) (ELP)

10:30 **HF** Crossfit for Active Adults w/ Pete (FS) (ELP)

11:00 **EF** Musical Bingo (CAS) (IC)

1:30 **HF** Afternoon Fitness Class (FS) (IC)

2:00 Movie Matinee (TH)

2:00 **CE** Peaceful Meditation (CAS) (ELP)

3:00 **EF** Giant Crossword Puzzle (GR) (ELP)

4:00 **C** Karaoke Social Hour (C) (ELP)

6:30 Movie Night! (TH)

**9**

9:15 Church Services, Farmington, Bristol, CT

9:30 **IS** Eucharistic Catholic Communion (LG) (VL)

9:30 **EF** Gin Rummy Club in the Café! (C)

10:00 **LL** Daily Chronicle (L) (ELP)

10:30 **HF** Crossfit for active adults w/ Pete (FS)

11:00 **EF** Right, Center, Left Dice Game (CR) (ELP)

12:00 **IS** Channel 17 Catholic Mass (TH)

1:30 **HF** Stretching & Relaxation (FS) (ELP)

2:00 **EF** JINGO (CAS) (ELP)

3:00 **PA** Rummikub® in the Card Room (CR) (RL)

4:00 **C** Happy Hour! (C) (ELP)

6:30 Sunday Movie Night (TH)

**10**

9:00 **EF** Bridge Club in the Café! (C)

10:00 **LL** Daily Chronicle (L) (ELD)

10:30 **HF** Sittercise (FS) (IC)

11:00 **CE** Arts & Crafts (CAS) (ELP)

1:30 **HF** Indoor Walk (L) (ELP)

2:00 **EF** Afternoon Sweet Treat (C) (ELP)

3:00 **IS** Prayer Group Rosary w/ Constance (PDR)

3:00 **PA** Rummikub® or Scrabble® (CR) (RL)

4:00 **C** Happy Hour! (C) (ELP)

6:30 **CV** Choral Society Concert (DR) (VL)

**11**

9:30 **EF** Gin Rummy Club in the Café! (C)

10:00 **LL** Daily Chronicle (L) (ELD)

10:30 **HF** Forever Fit w/ John (FS) (T)

10:45 Tuesday Spa Day w/ Betty (C) (ELP)

1:30 **HF** Fitness Fun! (FS) (IC)

2:15 **PA** Food for Thought (C)

3:00 **PA** Rummikub® in the Card Room! (GR) (IC)

3:30 **CE** Jeff The Plant Guy (CAS)

4:00 **C** Happy Hour! (C) (IC)

5:30 **EF** Professor Burinskas Piano Hour (DR)

6:30 **EF** Wii® Bowling & Movie night w/ Ritchie (TH) (VL)

**12**

9:30 **EF** Gin Rummy Club in the Café! (C)

9:30 **HF** Blood Pressure Check w/ Encompass (CAS) (VL)

10:00 **LL** Daily Chronicle (L) (ELD)

10:30 **HF** Core and Be Sore Exercise Class (FS) (ELP)

11:00 **CE** Chorus Unlimited w/ Mr. Venne (L) (ELP)

12:45 **EF** Bingo @ the Farmington Senior Center (OUT)

2:00 **EF** Musical Entertainment w/ Jim Sheehan (LG)

3:00 **PA** The Bountiful Boutique Resident Store (GR) (IC)

3:00 **EF** Rummikub®/Scrabble® (GR)

3:30 Farmington Public Library Out Trip (OUT)

4:00 **C** Happy Hour! (GR) (IC)

5:30 **CE** Caroling with The Girl Scouts (DR) (VL)

**13**

9:30 **EF** Gin Rummy Club in the Café! (C)

10:00 **LL** Daily Chronicle (L) (ELD)

10:30 **HF** Get in Tip Top Shape w/ Tom (FS) (ELD)

11:15 **LL** Book Club (FS) (T)

11:45 **PA** Set Back Club (CR)

1:00 **PA** Ambassador Appreciation (PDR) (ELD)

1:30 **HF** Sit & Be Fit w/ Betty (FS) (IC)

2:00 **CE** Poetry w/ Andy Weil (CAS)

3:00 **PA** Tea Talk w/ Ann (CAS) (ED)

3:00 **IS** Bible Study w/ Connie (PDR) (RL)

3:00 **PA** Rummikub® in the Card Room! (CR) (CR)

6:30 **C** Chicken Soup for the Soul (C) (IC)

**14**

9:30 **EF** Gin Rummy Club in the Café! (C)

10:00 **LL** Daily Chronicle (L) (ELD)

10:00 **OUT** & About Shopping Trip (OUT) (T)

10:00 **IS** Rosary w/ LGD Vicki (LG) (LGD)

10:30 **HF** Sittercise (FS) (IC)

11:00 **EF** Right, Center, Left Dice Game (CAS) (ELP)

1:30 **HF** Move & Groove w/ Betty (FS) (ELP)

2:00 **LL** Historical Tidbits w/ Tom (TH) (T)

3:00 **PA** The Bountiful Boutique Resident Store / Gift Wrapping Table (GR) (ELP)

3:00 **EF** Movie Matinee (TH)

4:00 **C** Happy Hour! (C) (ELP)

6:30 **PA** Friday Night Bingo w/ Paul B. (FS) (RL)

**15**

9:00 **EF** Gin Rummy Club in the Café! (C)

10:00 **LL** Daily Chronicle (L) (ELP)

10:30 **HF** Crossfit for Active Adults w/ Pete (FS) (ELP)

11:00 **EF** Musical Bingo (FS) (ELP)

1:30 **HF** Sit & Be Fit (FS) (ELP)

2:00 Movie Matinee (TH)

2:00 **CE** Peaceful Meditation (CAS) (IC)

3:00 **EF** Giant Crossword Puzzle (GR) (ELP)

4:00 **C** Karaoke Social Hour (C) (ELP)

6:30 Movie Night! (TH)

**16**

9:15 Church Services, Farmington, Bristol, CT

9:30 **IS** Eucharistic Catholic Communion (LG) (VL)

9:30 **EF** Gin Rummy Club in the Café! (C)

10:00 **LL** Daily Chronicle (L) (ELP)

10:30 **HF** Sit & Be Fit (FS) (ELP)

12:00 **IS** Channel 17 Catholic Mass (TH) (ELP)

1:30 **HF** Stretching & Relaxation (FS) (ELP)

2:00 **EF** Musical Entertainment by Rod Ives (L)

3:00 **EF** Fun Facts & Trivia (TH) (ELP)

3:00 **PA** Rummikub® in the Card Room (CR) (RL)

4:00 **C** Happy Hour! (C)

6:30 Sunday Movie Night (TH)

**17**

9:00 **EF** Bridge Club in the Café! (C)

10:00 **LL** Daily Chronicle (L) (ELD)

10:30 **HF** Sittercise (FS) (IC)

11:15 **LL** History of Hollywood w/ Jared Day (TH)

1:30 **HF** Stretching & Relaxation (FS) (ELP)

2:00 **EF** Musical Bingo (CAS) (ELP)

3:00 **CV** Engage Life® Planning Meeting (TH) (ELD)

3:00 **IS** Prayer Group Rosary w/ Constance (PDR) (RL)

3:00 **PA** Rummikub® or Scrabble® (CR) (RL)

4:00 **C** Happy Hour! (C) (ELP)

6:30 Monday Movie Night (TH) (ELD)

**18**

9:30 **EF** Gin Rummy Club in the Café! (C)

10:00 **LL** Daily Chronicle (L) (ELD)

10:30 **HF** Forever Fit w/ John (FS) (T)

10:45 Tuesday Spa Day w/ Betty (CR)

12:00 Restaurant Club Out Trip (OUT)

1:30 **HF** Fitness Fun! (FS) (IC)

3:00 **CV** Resident Council Meeting (FS) (RL)

3:00 **PA** Rummikub® in the Card Room! (CR)

4:00 **C** Happy Hour! (C) (IC)

5:30 **EF** Professor Burinskas Piano Hour (DR) (ELP)

6:30 **EF** Wii® Bowling & Movie night w/ Ritchie (TH) (VL)

**19**

9:30 **EF** Gin Rummy Club in the Café! (C)

9:30 **HF** Blood Pressure Check w/ Encompass (CAS) (VL)

10:00 **LL** Daily Chronicle (L) (ELD)

10:30 **HF** Core and Be Sore Exercise Class (FS) (ELP)

11:00 **CE** Chorus Unlimited w/ Mr. Venne (L) (ELP)

1:30 **HF** Stretching & Relaxation (FS) (IC)

2:00 **EF** Musical Entertainment w/ Mike Armentano (L) (ELD)

3:00 **PA** The Bountiful Boutique Resident Store (GR) (IC)

3:00 **EF** Rummikub®/Scrabble® (GR)

4:00 **C** Happy Hour! (C) (IC)

6:30 **EF** Movie Night! (TH)

**20**

9:30 **EF** Gin Rummy Club in the Café! (C)

10:00 **LL** Daily Chronicle (L) (ELD)

10:30 **HF** Get in Tip Top Shape w/ Tom (FS) (ELD)

11:00 **CV** Non-Denominational Church Service (TH)

11:15 **LL** Book Club (FS) (T)

1:15 **PA** Learn to Play Mexican Train! (CR) (VL)

1:30 **HF** Sit & Be Fit w/ Betty (FS) (ELP)

2:15 **CE** Fresh Flower Arranging w/ ED Ann Zak (CAS) (ED)

3:00 **IS** Bible Study w/ Connie (PDR) (RL)

3:00 **PA** Rummikub® in the Card Room! (CR) (RL)

4:00 **C** Happy Hour! (C) (ELP)

6:00 **EF** Resident Holiday Party (L) (ELD)

**21**

**First Day of Winter**

9:30 **EF** Gin Rummy Club in the Café! (C)

10:00 **LL** Daily Chronicle (L) (ELD)

10:00 **OUT** & About Shopping Trip (OUT) (T)

10:00 **IS** Rosary w/ LGD Vicki (LG) (LGD)

10:30 **HF** Sit & Be Fit (FS) (ELP)

11:15 **EF** Jingo (CAS) (IC)

1:30 **HF** Shake, Rattle, & Roll Exercise Class (FS) (ELP)

2:00 **C** Historical Tidbits w/ Tom (TH)

2:00 **EF** Resident Birthday Party w/ Jonathan (DR) (ELP)

3:00 **PA** The Bountiful Boutique Resident Store (GR) (ELP)

3:00 **EF** Move Matinee (TH) (ELP)

**22**

9:00 **EF** Gin Rummy Club in the Café! (C)

10:00 **LL** Daily Chronicle (L) (ELP)

10:30 **HF** Crossfit for Active Adults w/ Pete (FS) (ELP)

11:00 Jingo (CAS) (ELP)

1:30 **HF** Move & Groove w/ Betty (FS) (ELP)

2:00 Movie Matinee (TH)

2:00 **CE** Peaceful Meditation (CAS) (ELP)

3:00 **EF** Giant Crossword Puzzle (GR) (ELP)

4:00 **C** Karaoke Social Hour (C) (ELP)

6:30 Movie Night! (TH)

**23**

9:15 Church Services, Farmington, Bristol, CT (OUT)

9:30 **IS** Eucharistic Catholic Communion (LG) (VL)

9:30 **EF** Gin Rummy Club in the Café! (C)

10:00 **LL** Daily Chronicle (L) (ELP)

10:30 **HF** Crossfit for active adults w/ Pete (FS)

11:00 **EF** Giant Crossword Puzzle (CR) (ELP)

12:00 **IS** Channel 17 Catholic Mass (TH) (ELP)

1:30 **HF** Stretching & Relaxation (FS) (ELP)

2:00 **C** Cinema MATINEE (TH)

3:00 **PA** Rummikub® in the Card Room (CR) (RL)

4:00 **C** Happy Hour! (C) (ELP)

6:30 Sunday Movie Night (TH)

**24**

**Christmas Eve**

9:00 **EF** Bridge Club in the Café! (C)

10:00 **LL** Daily Chronicle (L) (ELP)

10:30 **HF** Sittercise (FS)

11:00 **LL** A&E Biography (TH)

11:00 **CE** Arts & Crafts (CAS) (ELP)

1:30 **HF** Stretching & Relaxation (FS) (ELP)

2:00 **EF** Right, Center, Left Dice Game (GR) (ELP)

3:00 **IS** Prayer Group Rosary w/ Constance (PDR) (RL)

3:00 **PA** Rummikub® or Scrabble® (CR) (RL)

4:00 **C** Happy Hour! (C) (ELP)

6:30 Monday Movie Night (TH) (ELD)

**25**

**MERRY CHRISTMAS!**

9:30 **EF** Gin Rummy Club in the Café! (C)

10:00 **LL** Daily Chronicle (L) (ELP)

10:30 **HF** Forever Fit w/ John (FS) (IC)

10:45 Tuesday Spa Day w/ Betty (CR)

1:30 **HF** Fitness Fun! (FS) (IC)

2:00 Coffee & Reminiscing (C) (ELP)

3:00 **PA** Rummikub® in the Card Room! (CR) (RL)

4:00 **C** Happy Hour! (C) (IC)

5:30 **EF** Professor Burinskas Piano Hour (DR) (VL)

6:30 **EF** Wii® Bowling & Movie night w/ Ritchie (TH) (VL)

**26**

**First Day of Kwanzaa**

9:30 **EF** Gin Rummy Club in the Café! (C)

9:30 **HF** Blood Pressure Clinic w/ Atrinity (DR) (VL)

10:00 **LL** Daily Chronicle (L) (ELD)

10:30 **HF** Core and Be Sore Exercise Class (FS) (T)

11:00 **CE** Chorus Unlimited w/ Mr. Venne (L) (ELP)

1:30 **HF** Sit & Be Fit (FS) (IC)

2:00 **EF** Musical Entertainment w/ John Paoillo (LG) (ELD)

3:00 **PA** The Bountiful Boutique Resident Store (GR) (IC)

3:00 **EF** Rummikub®/Scrabble® (GR) (RL)

3:30 Farmington Public Library (OUT)

4:00 **C** Happy Hour! (C) (ELP)

**27**

9:30 **EF** Gin Rummy Club in the Café! (C)

10:00 **LL** Daily Chronicle (L) (ELD)

10:30 **HF** Get in Tip Top Shape (FS) (IC)

11:15 **LL** Book Club (FS) (T)

11:45 **PA** Set Back Club (CR)

1:30 **HF** Sit & Be Fit w/ Betty (FS) (ELP)

1:30 Stretching & Relaxation (FS) (ELP)

2:00 **EF** Right, Center, Left Dice Game (CAS) (ELP)

3:00 **IS** Bible Study w/ Connie (PDR) (RL)

3:00 **PA** Rummikub® in the Card Room! (CR) (RL)

6:30 **CV** Alzheimer's Support Group w/ LGD Vicki (TH) (LGD)

6:30 **C** Chicken Soup for the Soul (C) (ELP)

**28**

9:30 **EF** Gin Rummy Club in the Café! (C)

10:00 **LL** Daily Chronicle (L) (ELD)

10:00 **OUT** & About Shopping Trip (OUT) (T)

10:00 **IS** Rosary w/ LGD Vicki (LG) (LGD)

10:30 **HF** Sit & Be Fit (FS) (ELP)

11:15 **CE** Creative Coloring (CAS) (IC)

1:30 **HF** Shake, Rattle, & Roll Exercise Class (FS) (ELP)

2:00 **C** Historical Tidbits w/ Tom (TH) (T)

3:00 **EF** Move Matinee (TH) (ELP)

3:00 **PA** The Bountiful Boutique Resident Store (GR) (ELP)

4:00 **C** Happy Hour! (C) (ELP)

6:30 **PA** Friday Night Bingo w/ Paul B. (FS) (RL)

**29**

9:30 **EF** Gin Rummy Club in the Café! (C)

10:00 **LL** Daily Chronicle (L) (ELP)

10:30 **HF** Crossfit for Active Adults w/ Pete (FS) (ELP)

11:00 Jingo (CAS) (IC)

1:00 **HF** Sit & Be Fit (FS) (ELP)

2:00 Movie Matinee (TH)

2:00 **CE** Peaceful Meditation (CAS) (ELP)

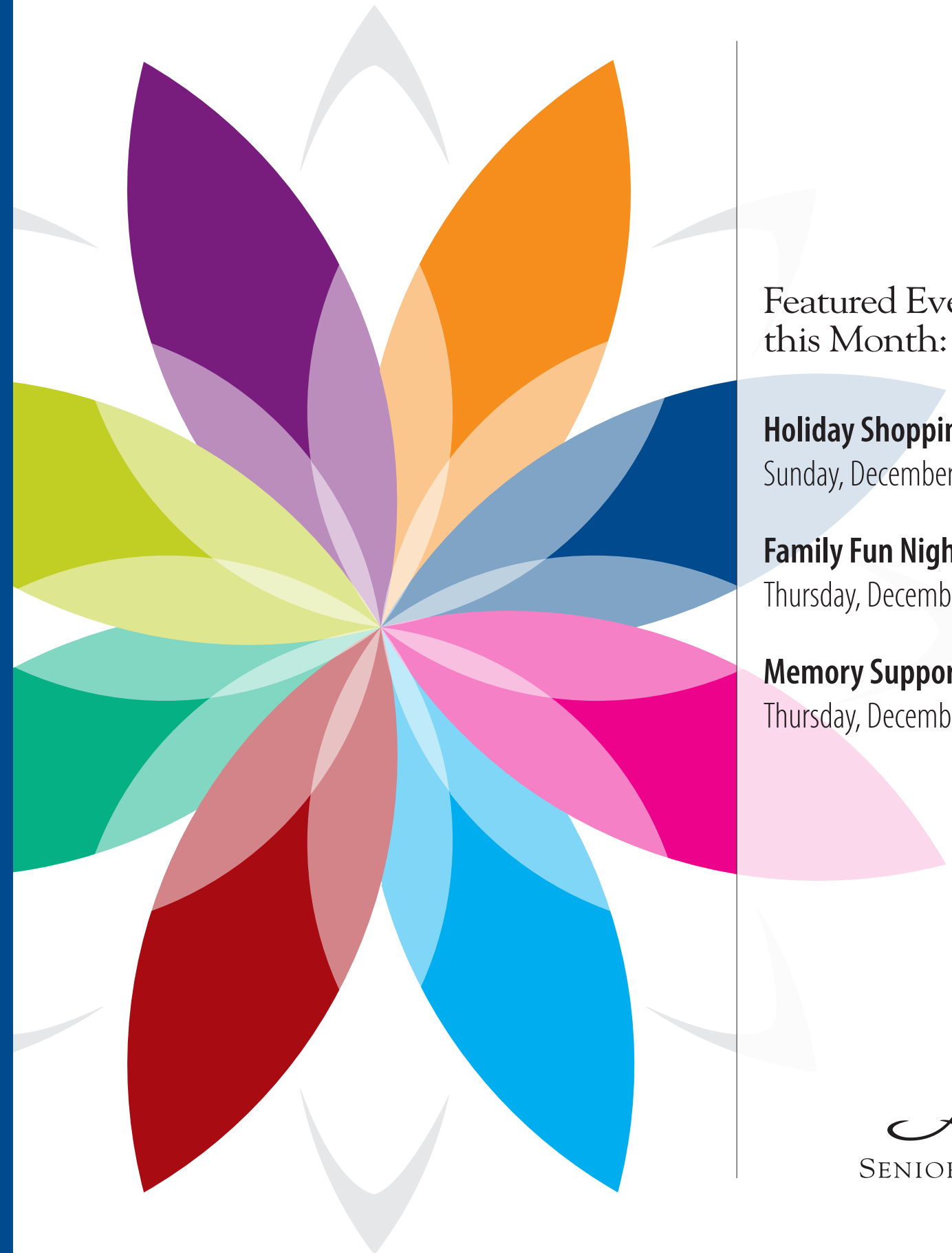
3:00 **EF** Giant Crossword Puzzle (GR) (ELP)

4:00 **C** Karaoke Social Hour (C) (ELP)

6:30 Movie Night! (TH)

# LIFE GUIDANCE<sup>®</sup>

## Monthly Calendar of Events and Programming



### Featured Events this Month:

**Holiday Shopping Showcase**

Sunday, December 2, 11:00 AM

**Family Fun Night/Holiday Party**

Thursday, December 20, 6:00 PM

**Memory Support Group**

Thursday, December 27, 6:30 PM

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# DECEMBER 2018

## SUNDAY

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

## SATURDAY

**30**

9:30 **IS** Communion (LA)  
 10:00 **IS** Catholic Mass (FR)  
 10:00 **HF** Light Weights (LA)  
 10:45 **PA** What's On The Menu (RSA)  
 11:00 **LL** Trivia Time (LA)  
 1:30 **CV** Coupon Clipping (SA) (RSA)  
 1:30 **J** LEGATO Musical Bingo (LA)  
 3:00 **C** Happy Hour (FR) (RSA)  
 4:00 **LL** Book Club (FR) (RSA)  
 6:00 **LL** REMEMBER WHEN (FR)  
 7:00 It's Showtime & Snacks (FR) (RSA)

**31**

10:00 **HF** Volley For Serve (LA)  
 10:45 **HF** Snack Attack (LA) (RSA)  
 11:00 **LL** Brain Exercises (LA)  
 11:45 **PA** What's On The Menu (RSA)  
 1:30 **CE** Creative Time (LA)  
 1:30 **EF** Happy News (SA) (RSA)  
 2:30 **LL** It's Puzzling (SA)  
 3:00 **C** Happy Hour (FR) (RSA)  
 4:00 **J** LEGATO Use it or Lose it (FR)  
 6:00 **EF** STOP AND SMELL THE ROSES (FR) (RSA)  
 7:00 Watching The Stars & Snack (FR) (RSA)



- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- J** Atria StoryWise
- J** Legato

- ROOM LOCATION KEY:**
- |                      |     |                     |     |
|----------------------|-----|---------------------|-----|
| Large Activity Room  | LA  | Game Room           | GR  |
| Family Room          | FR  | Out Trip            | OUT |
| Small Activity Room  | SA  | Private Dining Room | PDR |
| Lobby                | L   | Theater             | TH  |
| Dining Room          | DR  |                     |     |
| Life guidance        | LG  |                     |     |
| Cafe                 | C   |                     |     |
| Card Room            | CR  |                     |     |
| Creative Arts Studio | CAS |                     |     |
| Fitness Studio       | FS  |                     |     |

- STAFF KEY:**
- |                        |     |
|------------------------|-----|
| RSA                    | RSA |
| ELPI                   | ELP |
| Engage Life Director   | ELD |
| Iveth                  | IC  |
| Life Guidance Director | LGD |
| Resident Led           | RL  |
| Tom                    | T   |
| Volunteer              | VL  |
| Ann Zak                | ED  |

**1**

10:00 **HF** GROUP EXERCISE (LA)  
 10:45 **HF** Snack Attack (LA) (RSA)  
 11:00 **LL** Mind Stretch (LA)  
 11:45 **PA** What's On The Menu (RSA)  
 1:30 **CE** Writing Group (SA) (RSA)  
 2:00 **C** Comedy Club (FR)  
 3:00 **C** Happy Hour (FR) (RSA)  
 4:00 **J** LEGATO & Dancing (FR)  
 6:00 **EF** Jeopardy!® Fun! (FR) (RSA)  
 7:00 **C** Unwind With Me (FR) (RSA)  
 7:00 Munchie Mania (FR) (RSA)

**2**

9:30 **IS** Communion (LA)  
 10:00 **HF** Light Weights (LA)  
 10:00 **IS** Catholic Mass (FR)  
 11:00 **C** Holiday Shopping Showcase (C)  
 11:00 **LL** Trivia Time (LA)  
 11:45 **PA** What's On The Menu (RSA)  
 1:30 **J** LEGATO Musical Bingo (LA)  
 2:00 **EF** Chip Ames (L)  
 3:00 **C** Happy Hour (FR) (RSA)  
 4:00 **LL** Book Club (FR) (RSA)  
 6:00 **LL** REMEMBER WHEN (FR)  
 7:00 It's Showtime & Snacks (FR) (RSA)

**3**

10:00 **HF** Volley For Serve (LA)  
 10:45 **HF** Snack Attack (LA) (RSA)  
 11:00 **LL** Brain Exercises (LA)  
 11:45 **PA** What's On The Menu (RSA)  
 1:30 **CE** Creative Time (LA)  
 1:30 **EF** Happy News (SA) (RSA)  
 2:30 **LL** It's Puzzling (SA)  
 3:00 **C** Happy Hour (FR) (RSA)  
 4:00 **J** LEGATO Use it or Lose it (FR)  
 6:00 **EF** STOP AND SMELL THE ROSES (FR) (RSA)  
 7:00 Watching The Stars & Snack (FR) (RSA)

**4**

10:00 **HF** Morning Stretch (LA)  
 10:45 **HF** Snack Attack (LA) (RSA)  
 11:00 **LL** Word Games (LA)  
 11:45 **PA** What's On The Menu (RSA)  
 1:00 **HF** Bowling (SA) (RSA)  
 1:30 **HF** A DAY AT THE SPA (LA) (RSA)  
 2:00 **C** Ice Cream Social (DR)  
 3:00 **C** Happy Hour (FR) (RSA)  
 4:00 **J** LEGATO Sing Along (FR)  
 5:00 **C** Dinner Club (DR)  
 6:00 **C** LAUGH ALONG WITH ME (FR) (RSA)  
 7:00 Movie Night & Snack (FR) (RSA)

**5**

10:00 **HF** Light Weights (LA)  
 10:45 **HF** Snack Attack (LA) (RSA)  
 11:00 **J** LEGATO Move it or Lose it (LA) (RSA)  
 11:00 **C** Chorus Group in AL (L)  
 11:45 **PA** What's On The Menu (RSA)  
 1:00 **LL** SPELLING BEE (FR)  
 2:00 **EF** Harpist Rebecca Swift (L)  
 3:00 **C** Happy Hour (FR) (RSA)  
 4:00 **J** Story Wise (FR)  
 6:00 **EF** Card & Game Night (LA) (RSA)  
 7:00 Classic TV & Munchie Mania (FR) (RSA)

**6**

10:00 **HF** Chair Yoga  
 10:45 **HF** Snack Attack (LA) (RSA)  
 11:00 **LL** WHO, WHAT, WHERE (LA)  
 11:00 **IS** Memory Support Group for Spouses (TH)  
 11:45 **PA** What's On The Menu (RSA)  
 1:30 **LL** History Lesson (FR) (RSA)  
 1:30 **CE** What's Cooking (DR)  
 3:00 **C** Happy Hour (FR) (RSA)  
 3:30 **J** LEGATO Music Lessons (FR)  
 4:00 **LL** REMINISCE WITH ME (FR)  
 6:00 **C** Fun & Games (FR) (RSA)  
 7:00 Relax Along With Me & Snack (RSA)

**7**

10:00 **IS** Rosary (LA)  
 10:30 **HF** Morning Stretch (LA)  
 10:45 **HF** Snack Attack (LA) (RSA)  
 11:00 **C** Pet Therapy (FR) (VL)  
 11:45 **PA** What's On The Menu (RSA)  
 1:30 **EF** Bingo (LA) (RSA)  
 2:00 **CE** RECYCLED ART (SA)  
 3:00 **C** Happy Hour (FR) (RSA)  
 3:30 **J** LEGATO & Moving (FR)  
 4:00 **C** Puzzles & Games (LA)  
 6:00 **J** LEGATO - Karaoke (FR) (RSA)  
 7:00 Friday Night At the Movies & Popcorn (FR) (RSA)

**8**

10:00 **HF** GROUP EXERCISE (LA)  
 10:45 **HF** Snack Attack (LA) (RSA)  
 11:00 **LL** Mind Stretch (LA)  
 11:45 **PA** What's On The Menu (RSA)  
 1:30 **CE** Writing Group (SA) (RSA)  
 2:00 **C** Comedy Club (SA) (RSA)  
 3:00 **C** Happy Hour (FR) (RSA)  
 4:00 **J** LEGATO & Dancing (FR)  
 6:00 **EF** Jeopardy!® Fun! (FR) (RSA)  
 7:00 **C** Unwind With Me (FR) (RSA)  
 7:00 Munchie Mania (FR) (RSA)

**9**

9:30 **IS** Communion & Catholic Mass  
 10:00 **IS** Catholic Mass (FR)  
 10:00 **HF** Light Weights (LA)  
 10:45 **HF** Snack Attack (LA) (RSA)  
 11:00 **LL** Trivia Time (LA)  
 11:45 **PA** What's On The Menu (RSA)  
 12:00 **CV** Coupon Clipping (SA) (RSA)  
 1:30 **J** LEGATO Musical Bingo (LA)  
 3:00 **C** Happy Hour (FR) (RSA)  
 4:00 **LL** Book Club (FR) (RSA)  
 6:00 **LL** REMEMBER WHEN (FR)  
 7:00 It's Showtime & Snack (FR) (RSA)

**10**

10:00 **HF** Volley For Serve (LA)  
 10:45 **HF** Snack Attack (LA) (RSA)  
 11:00 **LL** Brain Exercises (LA)  
 11:45 **PA** What's On The Menu (RSA)  
 1:30 **CE** Creative Time (LA)  
 1:30 **EF** Happy News (SA) (RSA)  
 2:30 **LL** It's Puzzling (LA)  
 3:00 **C** Happy Hour (FR) (RSA)  
 4:00 **J** LEGATO Use it or Lose it (FR)  
 6:00 **EF** STOP AND SMELL THE ROSES (FR) (RSA)  
 7:00 Watching The Stars & Snack (FR) (RSA)

**11**

10:00 **HF** Morning Stretch (LA)  
 10:45 **HF** Snack Attack (LA) (RSA)  
 11:00 **LL** Word Games (LA)  
 11:45 **PA** What's On The Menu (RSA)  
 1:00 **HF** Bowling (SA) (RSA)  
 1:30 **HF** A DAY AT THE SPA (LA) (RSA)  
 3:00 **C** Happy Hour (FR) (RSA)  
 4:00 **J** LEGATO Sing Along (FR)  
 5:00 **C** New Resident Welcome Dinner (DR)  
 6:00 **C** LAUGH ALONG WITH ME (FR) (RSA)  
 7:00 Movie Night & Snack (FR) (RSA)

**12**

10:00 **HF** Light Weights (LA)  
 10:45 **HF** Snack Attack (LA) (RSA)  
 11:00 **C** Chorus Group in AL (L)  
 11:00 **J** LEGATO Move it or Lose it (LA) (RSA)  
 11:45 **PA** What's On The Menu (RSA)  
 1:00 **LL** SPELLING BEE (FR)  
 2:00 **EF** Jim Sheehan (LA)  
 3:00 **C** Happy Hour (FR) (RSA)  
 4:00 **J** Story Wise (FR)  
 6:00 **EF** Card & Game Night (LA) (RSA)  
 7:00 Classic TV & Munchie Mania (FR) (RSA)

**13**

10:00 **HF** Chair Yoga  
 10:45 **HF** Snack Attack (LA) (RSA)  
 11:00 **LL** WHO, WHAT, WHERE (LA)  
 11:45 **PA** What's On The Menu (RSA)  
 1:30 **CE** What's Cooking (DR)  
 1:30 **LL** History Lesson (FR) (RSA)  
 3:00 **C** Happy Hour (FR) (RSA)  
 3:30 **J** LEGATO Music Lessons (FR)  
 4:00 **LL** REMINISCE WITH ME (FR)  
 7:00 Relax Along With Me & Snack (FR) (RSA)

**14**

10:00 **IS** Rosary (LA)  
 10:30 **HF** Morning Stretch (LA)  
 10:45 **HF** Snack Attack (LA) (RSA)  
 11:00 **C** Pet Therapy (FR)  
 11:45 **PA** What's On The Menu (RSA)  
 1:30 **EF** Bingo (LA) (RSA)  
 2:00 **CE** RECYCLED ART (SA)  
 3:00 **C** Happy Hour (FR) (RSA)  
 3:30 **J** LEGATO & Moving (LA)  
 4:00 **C** Puzzles & Games (LA)  
 6:00 **J** LEGATO Karaoke (FR) (RSA)  
 7:00 Friday Night At the Movies & Popcorn (FR) (RSA)

**15**

10:00 **HF** GROUP EXERCISE (LA)  
 10:45 **HF** Snack Attack (LA) (RSA)  
 11:00 **LL** Mind Stretch (LA)  
 11:45 **PA** What's On The Menu (RSA)  
 1:30 **CE** Writing Group (SA) (RSA)  
 2:00 **C** Comedy Club (FR)  
 3:00 **C** Happy Hour (FR) (RSA)  
 4:00 **J** LEGATO & Dancing (FR)  
 6:00 **EF** Jeopardy!® Fun! (FR) (RSA)  
 7:00 **C** Unwind With Me (FR) (RSA)  
 7:00 Munchie Mania (FR) (RSA)

**16**

9:30 **IS** Communion & Catholic Mass (FR)  
 10:00 **HF** Light Weights (LA)  
 10:45 **HF** Snack Attack (LA) (RSA)  
 11:00 **LL** Trivia Time (LA)  
 11:45 **PA** What's On The Menu (RSA)  
 1:30 **CV** Coupon Clipping (SA) (RSA)  
 2:00 **J** LEGATO: Rod Ives Sing Along (L)  
 2:00 **EF** Rod Ives (L)  
 3:00 **C** Happy Hour (FR) (RSA)  
 4:00 **LL** Book Club (FR) (RSA)  
 6:00 **LL** REMEMBER WHEN (FR)  
 7:00 It's Showtime & Snack (FR) (RSA)

**17**

10:00 **HF** Volley For Serve (LA)  
 10:45 **HF** Snack Attack (LA) (RSA)  
 11:00 **LL** Brain Exercises (LA)  
 11:45 **PA** What's On The Menu (RSA)  
 1:30 **CE** Creative Time (LA)  
 1:30 **EF** Happy News (SA) (RSA)  
 2:00 **LL** It's Puzzling (LA)  
 3:00 **C** Happy Hour (FR) (RSA)  
 4:00 **J** LEGATO Use it or Lose it (FR)  
 6:00 **EF** STOP AND SMELL THE ROSES (FR) (RSA)  
 7:00 Watching The Stars & Snack (FR) (RSA)

**18**

10:30 **HF** Morning Stretch (LA)  
 10:45 **HF** Snack Attack (LA) (RSA)  
 11:00 **LL** Word Games (LA)  
 11:45 **PA** What's On The Menu (RSA)  
 1:00 **HF** Bowling (SA) (RSA)  
 1:30 **HF** A DAY AT THE SPA (LA) (RSA)  
 3:00 **C** Happy Hour (FR) (RSA)  
 4:00 **J** LEGATO Sing Along (FR)  
 5:00 **C** Dinner Club (DR)  
 6:00 **C** LAUGH ALONG WITH ME (FR) (RSA)  
 7:00 Movie Night & Snack (FR) (RSA)

**19**

10:00 **HF** Light Weights (LA)  
 10:45 **HF** Snack Attack (LA) (RSA)  
 11:00 **J** LEGATO Move it or Lose it (LA) (RSA)  
 11:00 **C** Chorus Group in AL (L)  
 11:45 **PA** What's On The Menu (RSA)  
 1:00 **LL** SPELLING BEE (FR)  
 2:00 **EF** Mike Armentano (L)  
 3:45 **EF** Music Therapy (LG)  
 4:00 **LL** REMINISCE WITH ME (FR)  
 6:00 **EF** Card & Game Night (LA) (RSA)  
 7:00 Classic TV & Munchie Mania (FR) (RSA)

**20**

10:00 **HF** Chair Yoga  
 10:45 **HF** Snack Attack (LA) (RSA)  
 11:00 **LL** WHO, WHAT, WHERE (LA)  
 1:30 **CE** What's Cooking (DR)  
 1:30 **LL** History Lessons (FR) (RSA)  
 3:00 **C** Happy Hour (FR) (RSA)  
 3:30 **J** LEGATO Music Lessons (FR)  
 3:45 **EF** Music Therapy (LG)  
 4:00 **LL** REMINISCE WITH ME (FR)  
 6:00 **C** Fun & Games (FR) (RSA)  
 6:00 **C** Family Fun Night/Holiday Party (FR) (RSA)  
 7:00 Relax Along With Me & Snack (FR) (RSA)

**21**

10:00 **IS** Rosary (LA)  
 10:30 **HF** Morning Stretch (LA)  
 10:45 **HF** Snack Attack (LA) (RSA)  
 11:00 **C** Pet Therapy (FR)  
 11:45 **PA** What's On The Menu (RSA)  
 1:30 **EF** Bingo (LA) (RSA)  
 2:00 **CE** RECYCLED ART (SA)  
 3:00 **C** Happy Hour (FR) (RSA)  
 3:30 **J** LEGATO & Moving (LA)  
 4:00 **C** Puzzles & Games (LA)  
 6:00 **J** LEGATO Karaoke (FR) (RSA)  
 7:00 Friday Night At the Movies & Popcorn (FR) (RSA)

**22**

10:00 **HF** GROUP EXERCISE (LA)  
 10:45 **HF** Snack Attack (LA) (RSA)  
 11:00 **LL** Mind Stretch (LA)  
 11:45 **PA** What's On The Menu (RSA)  
 1:30 **CE** Writing Group (SA) (RSA)  
 2:00 **C** Comedy Club (FR)  
 3:00 **C** Happy Hour (FR) (RSA)  
 4:00 **J** LEGATO & Dancing (FR)  
 6:00 **EF** Jeopardy!® Fun! (FR) (RSA)  
 7:00 **C** Unwind With Me (FR) (RSA)  
 7:00 Munchie Mania (FR) (RSA)

**23**

9:30 **IS** Communion (LA)  
 10:00 **HF** Light Weights (LA)  
 10:00 **IS** Catholic Mass (FR)  
 10:45 **HF** Snack Attack (LA) (RSA)  
 11:00 **LL** Trivia Time (LA)  
 11:45 **PA** What's On The Menu (RSA)  
 1:30 **CV** Coupon Clipping (SA) (RSA)  
 1:30 **J** LEGATO Musical Bingo (LA)  
 3:00 **C** Happy Hour (FR) (RSA)  
 4:00 **LL** Book Club (FR) (RSA)  
 6:00 **LL** REMEMBER WHEN (FR)  
 7:00 It's Showtime & Snack (FR) (RSA)

**24**

10:00 **HF** Volley For Serve (LA)  
 10:45 **HF** Snack Attack (LA) (RSA)  
 11:00 **LL** Brain Exercises (LA)  
 11:45 **PA** What's On The Menu (RSA)  
 1:30 **CE** Creative Time (LA)  
 1:30 **EF** Happy News (FR) (RSA)  
 2:30 **LL** It's Puzzling (LA)  
 3:00 **C** Happy Hour (FR) (RSA)  
 4:00 **J** LEGATO Use it or Lose it (FR)  
 6:00 **EF** STOP AND SMELL THE ROSES (FR) (RSA)  
 7:00 Watching The Stars & Snack (FR) (RSA)

**25**

10:00 **HF** Morning Stretch (LA)  
 10:45 **HF** Snack Attack (LA) (RSA)  
 11:00 **LL** Word Games (LA)  
 11:45 **PA** What's On The Menu (RSA)  
 1:00 **HF** Bowling (SA) (RSA)  
 1:30 **HF** A DAY AT THE SPA (LA) (RSA)  
 3:00 **C** Happy Hour (FR) (RSA)  
 4:00 **J** LEGATO Sing Along (FR)  
 5:00 **C** Dinner Club (DR)  
 6:00 **C** LAUGH ALONG WITH ME (FR) (RSA)  
 7:00 Movie Night & Snack (FR) (RSA)

**26**

10:00 **HF** Light Weights (LA)  
 10:45 **HF** Snack Attack (LA) (RSA)  
 11:00 **C** Chorus Group in AL (L)  
 11:00 **J** LEGATO Move it or Lose it (LA) (RSA)  
 11:45 **PA** What's On The Menu (RSA)  
 1:00 **LL** SPELLING BEE (FR)  
 2:00 **EF** John Paoillo (LA)  
 3:00 **C** Happy Hour (FR) (RSA)  
 4:00 **J** Story Wise (FR)  
 6:00 **EF** Card & Game Night (LA) (RSA)  
 7:00 Classic TV & Munchie Mania (FR) (RSA)

**27**

10:00 **HF** Chair Yoga  
 10:45 **HF** Snack Attack (LA) (RSA)  
 11:00 **LL** WHO, WHAT, WHERE (LA)  
 12:00 **PA** Thanksgiving Feast (RSA)  
 1:30 **CE** What's Cooking (DR)  
 2:00 **LL** History Lessons (FR) (RSA)  
 3:00 **C** Happy Hour (FR) (RSA)  
 3:30 **J** LEGATO Music Lessons (FR)  
 4:00 **LL** REMINISCE WITH ME (FR)  
 6:00 **C** Fun & Games (FR) (RSA)  
 6:30 **IS** Memory Support Group  
 7:00 Relax Along With Me & Snack (FR) (RSA)

**28**

10:00 **IS** Rosary (FR)  
 10:30 **HF** Morning Stretch (LA)  
 10:45 **HF** Snack Attack (LA) (RSA)  
 11:00 **C** Pet Therapy (FR)  
 1:30 **EF** Bingo (LA) (RSA)  
 2:00 **CE** RECYCLED ART (SA)  
 2:00 **EF** Birthday Bash (LA)  
 3:00 **C** Happy Hour (FR) (RSA)  
 3:30 **J** LEGATO & Moving (LA)  
 4:00 **C** Puzzles & Games (LA)  
 6:00 **J** LEGATO Karaoke (FR) (RSA)  
 7:00 Friday Night At the Movies & Popcorn (FR) (RSA)

**29**

10:00 **HF** GROUP EXERCISE (LA)  
 10:45 **HF** Snack Attack (LA) (RSA)  
 11:00 **LL** Mind Stretch (LA)  
 11:45 **PA** What's On The Menu (RSA)  
 1:30 **CE** Writing Group (SA) (RSA)  
 2:00 **C** Comedy Club (FR)  
 3:00 **C** Happy Hour (FR) (RSA)  
 4:00 **J** LEGATO & Dancing (FR)  
 6:00 **EF** Jeopardy!® Fun! (FR) (RSA)  
 7:00 **C** Munchie Mania (FR) (RSA)  
 7:00 **C** Unwind With Me (FR) (RSA)

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