

# ENGAGE LIFE<sup>®</sup>

## Monthly Calendar of Events and Programming



Featured Events  
this Month:

**St. Patty's Day  
Social & Celebration**  
Saturday, March 17, 2:00 PM

**First Day of Spring  
and Rita's Water Ice**  
Tuesday, March 20, 2:00 PM

**Monthly Birthday  
Party & Entertainment**  
Friday, March 30, 2:30 PM

*Atria*  
SENIOR LIVING

*Atria*  
SENIOR LIVING

# MARCH 2018

# ATRIA WILLISTOWN engage life®

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE®

- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- Atria StoryWise**

**ROOM LOCATION KEY:**

- Dining Room DR
- Life Guidance Neighborhood LGN
- Lounge LG
- Bistro B
- Activity Room AR
- Trip T
- Theater T
- Lobby L
- Back Patio BP
- Library LB
- Art Studio AS

**STAFF KEY:**

- Life Guidance Director PS
- Program specialist LGD
- Billy Boyle BB

Rummikub® is a registered trademark of Rummikub  
Scrabble® is a registered trademark of Hasbro, Inc.  
UNO® is a registered trademark of Mattel, Inc.  
Wii® is a trademark of Nintendo of America, Inc.

<p>9:45 <b>IS</b> Catholic Communion &amp; Prayer (LB) <b>4</b></p> <p>10:00 Mass at SS Simon &amp; Jude (L)</p> <p>10:15 <b>EF</b> Sunday Morning Western Movie (LG)</p> <p>11:00 <b>C</b> Coffee and Crossword Puzzles (B)</p> <p>1:30 <b>HF</b> Flex and Stretch (AR)</p> <p>2:00 <b>CE</b> Home Décor Crafting (AR)</p> <p>4:00 <b>HF</b> Willistown Walkers (L)</p> <p>6:30 <b>EF</b> Sunday Night Movie (T)</p>	<p>9:45 <b>C</b> Donuts, Coffee and Conversation (B) <b>5</b></p> <p>10:15 <b>HF</b> Sit &amp; Be Fit Workout (AR)</p> <p>10:45 Giant Shopping Trip (L)</p> <p>11:00 <b>LL</b> On This Day News Group (AR)</p> <p>12:30 <b>CE</b> Mandala Monday &amp; Meditation (B)</p> <p>1:30 <b>HF</b> Senior Aerobics (AR)</p> <p>2:15 <b>C</b> Bingo w/ Family &amp; Friends (AR)</p> <p>3:15 <b>PA</b> Resident Council/Food for Thought (T)</p> <p>4:00 <b>CV</b> Westtown School Visits (B)</p> <p>6:00 <b>LL</b> Around the World with Rita (AR)</p> <p>6:30 Monday Motion Picture (AR)</p>	<p>10:15 <b>HF</b> Silver Sneakers Exercise (AR) <b>6</b></p> <p>10:30 Blood Pressure Screenings (AR)</p> <p>11:00 <b>C</b> What's in the News (LB)</p> <p>1:30 <b>HF</b> Afternoon Exercise with Toni (AR)</p> <p>2:00 <b>IS</b> Non denominational Service (T)</p> <p>2:30 <b>LL</b> Trivia Challenge (B)</p> <p>3:00 <b>CE</b> Willistown Bell Choir (AS)</p> <p>4:00 <b>C</b> Social Pub (B)</p> <p>4:15 Willistown Walkers</p> <p>6:30 Tuesday Night Movie (T)</p> <p>6:30 <b>EF</b> Atlantic City Poker Night (AR)</p>	<p>9:45 <b>C</b> Morning News in Review (B) <b>7</b></p> <p>10:15 <b>HF</b> Fitness for Your Future (AR)</p> <p>10:45 <b>IS</b> Rosary Prayer w/ Friends (AR)</p> <p>11:15 Game Time: Rummy (B)</p> <p>11:30 <b>EF</b> Restaurant Trip (L)</p> <p>1:30 <b>HF</b> Stretch it Out Fitness (AR)</p> <p>2:00 <b>CE</b> Canvas Art with Devin (AR)</p> <p>2:30 Wii® Games - Bowling (AR)</p> <p>3:30 <b>LL</b> TED Talks - Influential Learning (T)</p> <p>4:15 <b>PA</b> Resident Pick Card Games (B)</p> <p>6:00 <b>LL</b> Great American Short Stories (LG)</p> <p>6:30 Classic Movie Night (T)</p>	<p>10:15 <b>HF</b> Silver Sneakers Exercise (AR) <b>8</b></p> <p>10:45 <b>LL</b> Technology Fun: Ask Alexa (B)</p> <p>1:30 <b>HF</b> Fitness Club (AR)</p> <p>2:00 <b>CE</b> Learn to Crochet with Devin (LG)</p> <p>2:30 <b>PA</b> Game Time: Canasta (B)</p> <p>3:00 <b>Atria StoryWise</b> (LG)</p> <p>3:30 <b>C</b> Happy Hour &amp; St Patty's Day Sing-along (B)</p> <p>4:15 <b>HF</b> Word in a Word Challenge (B)</p> <p>6:00 <b>EF</b> 30 Minute Mysteries (B)</p> <p>6:30 <b>EF</b> Thursday Night Romance Movie (T)</p>	<p>9:45 <b>IS</b> Catholic Prayer &amp; Communion (LB) <b>9</b></p> <p>10:15 <b>HF</b> Senior Strength (AR)</p> <p>10:45 <b>LL</b> iPad Games (B)</p> <p>11:00 <b>EF</b> Around the Town w/ Jed (L)</p> <p>1:30 <b>HF</b> Flex and Stretch (AR)</p> <p>2:00 <b>CV</b> Atria Willistown Gives Back (AS)</p> <p>2:30 <b>CE</b> Making Music with Jamie (AS)</p> <p>3:30 UNO® Fun (B)</p> <p>4:15 <b>LL</b> Scandalous History (B)</p> <p>6:00 <b>PA</b> Resident Run Cards (B)</p> <p>6:30 <b>EF</b> Friday Night Movie "Men's Choice" (T)</p>	<p>9:45 <b>C</b> Coffee and Chat (B) <b>10</b></p> <p>10:15 <b>HF</b> Movin' &amp; Groovin' Fitness (AR)</p> <p>11:00 <b>EF</b> Wii® Games (AR)</p> <p>1:30 <b>HF</b> Moving to Music (AR)</p> <p>2:00 <b>PA</b> Learn a New Language (AS)</p> <p>3:30 Games, Fun and Chat (B)</p> <p>4:00 <b>C</b> Atria Who's Who? (B)</p> <p>6:00 <b>PA</b> Rummikub® (B)</p> <p>6:30 <b>PA</b> Classic Movie with Bob (T)</p>
<p>9:45 <b>IS</b> Communion &amp; Catholic Prayer (LB) <b>11</b></p> <p>10:00 Mass at SS Simon &amp; Jude (L)</p> <p>10:15 <b>EF</b> Sunday Morning Romance Movie (LG)</p> <p>11:00 <b>C</b> Coffee and Chat (B)</p> <p>1:30 <b>HF</b> Flex and Stretch (AR)</p> <p>3:30 "Hole in One" Competition (BP)</p> <p>4:15 <b>HF</b> Willistown Walkers</p> <p>6:00 <b>C</b> Chat with Friends (B)</p> <p>6:30 <b>EF</b> Sunday Night Movie (T)</p>	<p>9:45 <b>C</b> What's in the News (LG) <b>12</b></p> <p>10:15 <b>HF</b> Going Fit Exercise (AR)</p> <p>10:45 Boscovs Shopping Trip (T)</p> <p>1:30 <b>HF</b> Flex and Stretch (AR)</p> <p>2:00 <b>LL</b> Book Club with Rita (T)</p> <p>2:15 <b>HF</b> Puzzle Challenge (LG)</p> <p>4:15 <b>LL</b> Current Events (B)</p> <p>6:00 <b>LL</b> Short Stories (LB)</p> <p>6:30 <b>EF</b> Monday Night Comedy Movie (T)</p>	<p>10:15 <b>HF</b> Silver Sneakers Exercise (AR) <b>13</b></p> <p>10:30 <b>HF</b> Blood Pressure Clinic (AR)</p> <p>10:45 <b>PA</b> Opportunities to Learn Gin Rummy (LB)</p> <p>1:30 Stretch and Flex (AR)</p> <p>1:30 Stretch and Flex (AR)</p> <p>2:30 <b>HF</b> Word Search (B)</p> <p>3:15 <b>LL</b> Taking Care of Your Hands (AR)</p> <p>3:30 <b>EF</b> Happy Hour &amp; Trivia (B)</p> <p>4:30 <b>EF</b> Around the World Food Tour (DR)</p> <p>6:30 <b>EF</b> Tuesday Night Thriller Movie (T)</p>	<p>10:15 <b>HF</b> Sit and Fit Exercise (T) <b>14</b></p> <p>11:00 <b>IS</b> Weekly Rosary (AR)</p> <p>11:15 <b>LL</b> Today in History (B)</p> <p>12:15 <b>C</b> Scrabble® Fun (LG)</p> <p>1:30 <b>HF</b> Flex and Stretch (AR)</p> <p>2:00 <b>EF</b> Wii® Bowling Tournament (AR)</p> <p>2:15 Bounce-Off Challenge (LG)</p> <p>3:15 Charades (AR)</p> <p>4:15 <b>LL</b> Good News Current Events (B)</p> <p>6:30 <b>PA</b> Classic Movie Night with Bob (T)</p>	<p>10:15 <b>HF</b> Silver Sneakers Exercise (AR) <b>15</b></p> <p>11:00 <b>HF</b> Smoothie Social (B)</p> <p>1:30 <b>HF</b> Stretch and Flex (AR)</p> <p>2:00 <b>IS</b> Catholic Mass (T)</p> <p>2:30 <b>HF</b> Word Search Fun (B)</p> <p>3:00 Cards and Games (B)</p> <p>3:30 <b>C</b> Happy Hour (B)</p> <p>4:00 <b>IS</b> Positive Feel Good Group (T)</p> <p>6:30 <b>EF</b> Thursday Night Romance Movie (T)</p>	<p>9:30 <b>IS</b> Communion &amp; Catholic Prayer (LB) <b>16</b></p> <p>10:15 <b>HF</b> Sit and Fit Exercise (AR)</p> <p>11:00 <b>LL</b> Ask Alexa (B)</p> <p>11:00 <b>HF</b> Hearing Aid Test (AR)</p> <p>12:00 <b>CV</b> Atria Willistown Veterans Luncheon (DR)</p> <p>1:30 <b>HF</b> Willistown Walkers (AR)</p> <p>2:00 Golfing Fun (AR)</p> <p>2:30 <b>EF</b> Toe Tapping Entertainment (DR)</p> <p>3:45 <b>LL</b> Good News Current Events (B)</p> <p>6:00 <b>PA</b> Resident Run Cards (B)</p> <p>6:30 <b>EF</b> Friday Night Movie "Ladies Night" (T)</p>	<p>10:15 <b>HF</b> Saturday Morning Fitness (AR) <b>17</b></p> <p>11:00 <b>C</b> What's News? (B)</p> <p>12:30 <b>LL</b> Word Search Challenge (LG)</p> <p>1:30 <b>HF</b> Fitness for Your Future (AR)</p> <p>2:00 <b>LL</b> Creative Story Telling with Barbara (LB)</p> <p>2:00 <b>C</b> St. Patty's Day Social &amp; Celebration (B)</p> <p>3:30 Word in a Word Challenge (B)</p> <p>4:15 <b>LL</b> Scandalous History (B)</p> <p>6:00 <b>PA</b> Resident Run Card Games (B)</p> <p>6:30 <b>PA</b> Classic Movie with Bob (T)</p>
<p>10:00 Mass at SS Simon &amp; Jude (L) <b>18</b></p> <p>10:15 <b>EF</b> Sunday Morning Movie (LG)</p> <p>11:00 <b>C</b> Coffee and Chat (B)</p> <p>1:30 <b>HF</b> Sunday Exercise (AR)</p> <p>2:00 Scrabble® &amp; Puzzles (LG)</p> <p>3:15 Bounce Off Challenge (B)</p> <p>4:15 <b>HF</b> Willistown Walkers (L)</p> <p>6:00 <b>PA</b> Resident Run Games (B)</p> <p>6:30 <b>EF</b> Sunday Night Movie (T)</p>	<p>10:15 <b>HF</b> Exercise to the Oldies (AR) <b>19</b></p> <p>10:45 Giant Grocery Store Trip (T)</p> <p>12:30 Mandala Monday (LG)</p> <p>1:30 <b>HF</b> Flex and Stretch (AR)</p> <p>2:00 <b>LL</b> Ted Talks (T)</p> <p>2:30 <b>CV</b> Willistown Gives Back (B)</p> <p>3:15 Activity Planning Meeting (T)</p> <p>4:15 <b>LL</b> Scandals in History (B)</p> <p>6:00 <b>LL</b> Short Stories (LB)</p> <p>6:30 <b>EF</b> Monday Night Comedy Movie (T)</p>	<p>10:15 <b>HF</b> Silver Sneakers Exercise (AR) <b>20</b></p> <p>10:30 <b>HF</b> Blood Pressure Clinic (AR)</p> <p>11:00 <b>CE</b> Story Dice (AR)</p> <p>1:30 <b>HF</b> Fitness Club (AR)</p> <p>2:00 <b>C</b> First day of Spring and Rita's Water Ice (BP)</p> <p>2:30 <b>HF</b> Word Search Fun (B)</p> <p>3:15 <b>LL</b> Taking Care of Your Hands (AR)</p> <p>3:45 <b>PA</b> Ambassador Meeting (B)</p> <p>4:00 <b>C</b> Social Pub (LG)</p> <p>6:30 <b>EF</b> Tuesday Night Thriller Movie (T)</p>	<p>10:15 <b>HF</b> Senior Strength (AR) <b>21</b></p> <p>11:00 <b>IS</b> Rosary Prayers (AR)</p> <p>11:00 <b>C</b> Men's Club Lunch Trip (L)</p> <p>11:15 <b>C</b> Coffee Club (LG)</p> <p>1:30 <b>HF</b> Low-Impact Aerobics (AR)</p> <p>2:00 <b>PA</b> Rummikub® Tournament (AR)</p> <p>2:15 Karaoke Fun (LG)</p> <p>4:15 <b>LL</b> Travel with Rita (B)</p> <p>6:00 <b>LL</b> Book Club with Rita (LB)</p> <p>6:30 <b>PA</b> Classic Movie Night with Bob (T)</p>	<p>10:15 <b>HF</b> Silver Sneakers Exercise (AR) <b>22</b></p> <p>10:45 <b>LL</b> Ask Alexa (B)</p> <p>12:30 <b>LL</b> Crossword Challenge (LG)</p> <p>1:30 <b>HF</b> 30 Minute Fitness with Devin (AR)</p> <p>2:30 <b>HF</b> Word Search Fun (B)</p> <p>3:00 <b>PA</b> Card Challenge (B)</p> <p>3:30 <b>C</b> Happy Hour (B)</p> <p>4:15 <b>HF</b> Eat this Not That (LG)</p> <p>6:00 <b>PA</b> Resident Run Games (B)</p> <p>6:30 <b>EF</b> Thursday Night Romance Movie (T)</p>	<p>9:45 <b>IS</b> Catholic Communion &amp; Prayer (LB) <b>23</b></p> <p>10:15 <b>HF</b> Exercise to the Oldies (AR)</p> <p>11:00 <b>EF</b> Crossword Puzzle (AR)</p> <p>1:30 <b>HF</b> Afternoon Stretches &amp; Weight Workout (AR)</p> <p>2:00 <b>CE</b> Beading Basics (AR)</p> <p>2:30 <b>EF</b> Monthly Birthday Entertainment (DR)</p> <p>3:30 <b>C</b> What's the Buzzfeed? (B)</p> <p>3:30 Games and Fun (B)</p> <p>6:00 <b>PA</b> Resident Run Cards (B)</p> <p>6:30 <b>EF</b> Friday Night Movie "Men's Choice" (T)</p>	<p>10:15 <b>HF</b> Senior Strength (AR) <b>24</b></p> <p>11:15 <b>CE</b> Baking Brownies (B)</p> <p>1:30 <b>HF</b> Flex and Stretch (AS)</p> <p>2:00 <b>CE</b> Musical Memories with Jamie (AR)</p> <p>3:15 <b>CE</b> Drama Club (AR)</p> <p>6:00 <b>PA</b> Resident Led Game Night (B)</p> <p>6:30 <b>PA</b> Classic Movie with Bob (T)</p>
<p>10:00 Mass at SS Simon &amp; Jude (L) <b>25</b></p> <p>10:15 <b>EF</b> Sunday Morning Comedy Movie (LG)</p> <p>11:00 <b>C</b> Coffee and Chat (B)</p> <p>1:30 <b>HF</b> Flex and Stretch (AR)</p> <p>2:00 <b>HF</b> Engage Your Brain - Word Games (B)</p> <p>3:15 <b>EF</b> Volleyball Match (AR)</p> <p>4:15 <b>HF</b> Willistown Walkers (L)</p> <p>6:00 <b>C</b> Chat with Friends (B)</p> <p>6:30 <b>EF</b> Sunday Night Movie (T)</p>	<p>9:45 <b>C</b> Coffee &amp; Danish (B) <b>26</b></p> <p>10:15 <b>HF</b> Senior Strength (AR)</p> <p>11:00 <b>CV</b> Cards for our Malvern Friends (AR)</p> <p>1:30 <b>HF</b> Strength and Balance Program (AR)</p> <p>2:30 <b>HF</b> Crossword Challenge (LG)</p> <p>3:00 <b>CE</b> Floral Arranging (AS)</p> <p>3:30 <b>LL</b> Around the World with Rita Travel Club (AR)</p> <p>6:00 <b>PA</b> Resident Run Games (LB)</p> <p>6:30 <b>EF</b> Monday Night Christmas Movie (T)</p>	<p>10:15 <b>HF</b> Silver Sneakers Exercise (AR) <b>27</b></p> <p>10:30 <b>HF</b> Blood Pressure Clinic (AR)</p> <p>11:00 <b>EF</b> Brain Games: iPad</p> <p>11:30 <b>EF</b> Adventurous Eaters Lunch w/ Chef Ryan (DR)</p> <p>1:30 <b>HF</b> Stretch and Flex (AR)</p> <p>2:30 <b>LL</b> How Old Would They be Now? (B)</p> <p>3:15 <b>LL</b> Taking Care of Your Hands (AR)</p> <p>3:30 <b>C</b> Social Pub - New Resident Welcome (B)</p> <p>6:00 <b>PA</b> Poker Night (AR)</p> <p>6:30 <b>EF</b> Tuesday Night Thriller Movie (T)</p>	<p>10:00 <b>C</b> Morning Social (B) <b>28</b></p> <p>10:15 <b>HF</b> Sit and Fit Exercise (AR)</p> <p>11:00 <b>CV</b> Willistown Lends a Helping Hand Project (AR)</p> <p>11:30 <b>EF</b> Lunch Trip with Jed (L)</p> <p>1:30 <b>HF</b> Yoga Stretches (AR)</p> <p>2:00 <b>Atria StoryWise</b> Box of Fun (LG)</p> <p>3:00 <b>CE</b> Water Coloring Class (AR)</p> <p>3:15 <b>LL</b> Ted Talks - Influential Learning (T)</p> <p>4:15 <b>LL</b> Good News Current Events (B)</p> <p>6:00 <b>LL</b> Book Club (LB)</p> <p>6:30 Classic Movie Night (T)</p>	<p>10:15 <b>HF</b> Silver Sneakers Exercise (AR) <b>29</b></p> <p>10:45 <b>LL</b> Ask Alexa (B)</p> <p>12:30 <b>LL</b> Crossword Challenge (LG)</p> <p>1:30 <b>HF</b> 30 Minute Fitness with Devin (AR)</p> <p>2:30 <b>LL</b> The Smithsonian Presents: Manatee (T)</p> <p>3:00 <b>PA</b> Card Challenge (B)</p> <p>3:30 <b>C</b> Happy Hour (B)</p> <p>4:15 <b>HF</b> Eat this Not That (LG)</p> <p>6:00 <b>PA</b> Resident Run Games (B)</p> <p>6:30 <b>EF</b> Thursday Night Romance Movie (T)</p>	<p>9:45 <b>IS</b> Catholic Communion &amp; Prayer (LB) <b>30</b></p> <p>10:15 <b>HF</b> Exercise to the Oldies (AR)</p> <p>11:00 <b>EF</b> Crossword Puzzle (AR)</p> <p>1:30 <b>HF</b> Afternoon Stretches &amp; Weight Workout (AR)</p> <p>2:00 <b>CE</b> Beading Basics (AR)</p> <p>2:30 <b>EF</b> Monthly Birthday Party &amp; Entertainment (DR)</p> <p>3:30 <b>C</b> What's the Buzzfeed? (B)</p> <p>3:30 Games and Fun (B)</p> <p>6:00 <b>PA</b> Resident Run Cards (B)</p> <p>6:30 <b>EF</b> Friday Night Movie "Men's Choice" (T)</p>	<p>10:15 <b>HF</b> Saturday Morning Fitness (AR) <b>31</b></p> <p>11:00 <b>C</b> What's News? (B)</p> <p>12:30 <b>LL</b> Word Search Challenge (LG)</p> <p>1:30 <b>HF</b> Goal Setting Fitness Challenge (AR)</p> <p>2:00 <b>LL</b> Creative Story Telling with Barbara (LB)</p> <p>2:00 <b>C</b> Saturday Movie &amp; Sundaes w/ Grandkids (T)</p> <p>3:30 Word in a Word Challenge (B)</p> <p>4:15 <b>LL</b> Scandalous History (B)</p> <p>6:00 <b>PA</b> Resident Run Card Games (B)</p> <p>6:30 <b>PA</b> Classic Movie with Bob (T)</p>

# LIFE GUIDANCE<sup>®</sup>

## Monthly Calendar of Events and Programming



### Featured Events this Month:

**Legato Country Dance Party**

Fri, March 9, 2:30 PM

**St. Patrick's Social/Entertainment**

Saturday, March 17, 2:00 PM

**Monthly Birthday  
Party/Entertainment**

Friday, March 30, 2:30 PM

*Atria*  
SENIOR LIVING

*Atria*  
SENIOR LIVING

## SUNDAY

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

## SATURDAY



Atria ENGAGE LIFE®

- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- AW** Atria StoryWise

### ROOM LOCATION KEY:

- Dining Room DR
- Life Guidance Neighborhood LGN
- Lounge LG
- Bistro B
- Activity Room AR
- Trip T
- Theater T
- Lobby L
- Back Patio BP
- Library LB
- Art Studio AS

### STAFF KEY:

- Life Guidance Director LGD
- Program specialist PS
- Billy Boyle BB

Conductorise® is a registered trademark of Conductorise LLC LTD.  
Cranium™ is a trademark of Hasbro, Inc.  
Jeopardy™ is a registered trademark of JeopardyProductions, Inc. All rights reserved.  
Pictionary™ is a trademark of Hasbro, Inc.  
Super Bowl® is a registered trademark of the NFL.  
Zumba® is a registered trademark of Zumba Fitness, LLC.

**4 CINDERELLA DAY**  
 9:45 **HF** Fun Fitness (LGN) (PS)  
 10:00 **EF** Music through the decades (LGN) (PS)  
 10:30 **LL** Coffee Chat- (LGN)  
 11:00 **LL** Cinderella trivia (AR)  
 1:30 **HF** Bowling Challenge (AR) (PS)  
 2:15 **C** Laugh with Me! (DT) (LG)  
 3:00 **IS** Pretty Nails & Hand Massages (LGN)  
 3:30 **J** Legato Cinderella Sing Along (LG) (PS)  
 4:00 **CE** Nutella Treats (LGN) (PS)

**5**  
 9:45 **HF** Zumba® with the sound of 50's (LGN) (PS)  
 10:30 **PA** Virtual Zoo (LGN) (PS)  
 11:00 **EF** Bingo!  
 1:45 **CE** Creative Colors (DR)  
 2:00 **EF** Musical Puzzles (LG) (PS)  
 2:30 **HF** Bull's Eye! (DT) (AR) (PS)  
 2:45 **C** Recipe Discovery (LGN) (PS)  
 3:15 **EF** Finish the Phrase (LG)  
 3:45 **J** Legato- Aboard the Rock & Roll train (AR)  
 4:15 **C** Know your Neighbor (LGN)  
 6:15 **EF** Hollywood Classic Comedy (LG)

**6**  
 9:45 **HF** Funky Tuesday- Dancing to Music (LGN) (PS)  
 10:30 **LL** Mystery Person Trivia (LG)  
 10:45 **IS** Laughter Yoga (LGN) (PS)  
 1:30 **EF** Sentimental Sing-a-Longs (LG) (BB)  
 2:00 **EF** Weekly Trip- Scenic Drives (T)  
 2:45 **HF** Life Guidance® Balloon Volley Ball (DR) (BB)  
 3:15 **C** Poetry Café (LGN) (PS)  
 3:30 **EF** Legato Drum Circle w Rick Nelson (LG) (BB)  
 4:15 **C** Pick-a-puzzle (DR)  
 6:30 **EF** Game Night (LG)

**7**  
 9:45 **HF** Sit and Be Fit (LG) (BB)  
 10:15 **AW** Story Wise- Walk Down Memory Lane (LGN) (PS)  
 10:45 **IS** Foodies- Fun Facts & Trivia (LGN) (PS)  
 11:00 **J** Legato Blues Sing A Long (LG)  
 1:00 **CE** Wacky Wednesdays- Jokes and More (LG)  
 1:30 **EF** Bull's Eye! (DT) (DR)  
 2:15 **CE** Fun With Puns (LGN) (PS)  
 4:00 **HF** Bean bag Toss Challenge (LGN) (PS)  
 6:30 **EF** Games Show Rewind (LG)

**8 GLEN MILLER'S BIRTHDAY**  
 9:45 **HF** Conductorise® (LG) (BB)  
 10:00 **LL** Glen Miller Trivia (LGN) (PS)  
 10:45 **IS** Hymnals Sing Along (LGN) (PS)  
 1:30 **J** Legato-Swinging to Glen Miller (LGN) (PS)  
 2:15 **PA** Cranium® Crunch- Mind Games  
 2:45 **HF** Ribbon Wands Dance (LGN) (PS)  
 3:45 **C** Happy Hour (DR) (BB)  
 6:30 **EF** A Prairie Home companion- Best moments (LGN) (PS)

**9**  
 9:45 **HF** Flex & Stretch (LG) (BB)  
 10:15 **LL** Famous Couple Trivia (LGN)  
 10:30 **EF** Funny Fridays- jokes and riddles  
 11:00 **CE** Happy Days are Here (LGN) (PS)  
 1:30 **HF** Scarf Dancing (LG) (BB)  
 2:00 **PA** Test your Luck- Casino Games (LGN) (PS)  
 2:30 **J** Legato Country dance party (B) (BB)  
 3:00 **CE** Home Made Pizza (LGN) (PS)  
 6:30 **EF** Movie with Tim McGraw (LG)

**10 NATIONAL ANTHEM DAY**  
 9:45 **HF** Movin' & Groovin' (LG) (BB)  
 10:30 **C** News & Views (LG)  
 11:00 **J** Legato-Patriotic Sing Along (LGN) (PS)  
 1:30 **EF** Funny Bones-jokes riddle and more (DR)  
 2:15 **AW** StoryWise- story telling (DR) (PS)  
 2:45 **HF** Life Guidance® Balloon Volley Ball (DR) (BB)  
 3:30 **IS** Daily Affirmations for All (LG)  
 4:00 **J** Patriotic trivia (DR)  
 6:30 **PA** Adventure Bowling (LGN) (PS)

**11 Lawrence Welk's Birthday**  
 9:45 **HF** Fun Fitness (LG)  
 10:15 **J** Legato Instrument play to Welks (LG)  
 10:30 **LL** Coffee Chat (LGN)  
 11:00 **C** Pick-a-Puzzle (AR)  
 2:15 **C** Laugh With Me! (DT) (LG)  
 2:45 **CE** Sunday Sundaes (DR)  
 3:00 **IS** Pretty Nails & Hand Massages (LGN)  
 3:45 **LL** Lawrence Welk trivia (LGN)  
 4:00 **HF** Chair Yoga (LG)  
 6:30 **EF** Oklahoma musical (LG)

**12**  
 9:45 **HF** Happy Feet (LG)  
 10:30 **CE** Spring Arts & Craft (LGN) (PS)  
 11:00 **EF** Let's Make a Deal (AR) (PS)  
 1:45 **HF** Bowling Challenge (LGN) (PS)  
 2:00 **EF** Kentucky Derby- Horse racing challenge (LGN) (PS)  
 2:30 **IS** Drumming & Chanting (LGN) (PS)  
 2:45 **AW** StoryWise (LGN) (PS)  
 3:15 **J** Legato- Finish the Lyrics (LG) (PS)  
 4:15 **CE** Poetry time (LGN)  
 6:15 **EF** Movie time (LG)

**13**  
 9:45 **HF** Tapping to Broadway Songs (LG)  
 10:15 **IS** Songs and Lyrics (LG)  
 10:45 **HF** Healthy Eatings  
 11:00 **CE** Arts and Craft (LGN) (PS)  
 1:30 **EF** Sentimental Sing-a-Longs (BB)  
 2:00 **EF** Weekly Trip- Scenic Drives (T)  
 2:45 **HF** Life Guidance® Balloon Volleyball (DR) (BB)  
 3:00 **J** Legato Sing Along (LGN) (PS)  
 6:30 **EF** Game Night (LG)

**14**  
 9:45 **HF** Moving with Tennessee Waltz (LG) (BB)  
 10:15 **C** Fun With Words (LG)  
 10:30 **J** Legato- Musical discovery Room (LGN) (PS)  
 11:00 **EF** Wacky Wednesdays- Jokes and More (LG)  
 1:30 **HF** Bull's Eye! (DT) (DR)  
 2:30 **EF** Sweetheart social (DR)  
 3:00 **IS** Pretty Nails & Hand Massages (LGN)  
 4:00 **J** Legato- Party with Dean Martin (AR) (PS)  
 6:30 **EF** Games Show Rewind (LG)

**15**  
 9:45 **HF** Conductorise® (LG) (BB)  
 10:15 **J** Legato Sing A Long with Frank Sinatra  
 10:45 **IS** Daily Affirmations for All (LG)  
 11:15 **C** Pick-a-puzzle (LGN)  
 2:00 **IS** Catholic Mass (T) (PS)  
 2:15 **EF** Staycation Getaway- IRELAND  
 2:45 **HF** Life Guidance® Balloon Volley Ball (DR) (BB)  
 3:15 **LL** Card Games (LGN)  
 3:45 **C** Happy Hour (DR) (BB)  
 6:30 **EF** Broadway Show- Rent (LG)

**16**  
 9:45 **HF** Flex & Stretch (LG) (BB)  
 10:15 **LL** Food and Science (AR) (PS)  
 10:30 **EF** Funny Fridays  
 11:00 **CE** Creative Colors (DR)  
 1:30 **EF** Test your Luck- Casino Games  
 2:15 **J** Legato Drum Circle (DR) (PS)  
 2:30 **EF** Live Entertainment (B) (PS)  
 3:45 **HF** Scarf Dancing (LG) (BB)  
 4:00 **C** Meeting of the Men (DR)  
 6:30 **EF** I Love Lucy show (LG)

**17 SAINT PATRICK'S DAY**  
 9:45 **HF** Movin' & Groovin' (LG) (BB)  
 10:30 **C** News & Views (LG)  
 11:00 **EF** Legato Freestyle (LG)  
 1:30 **EF** Bull's Eye Day Challenge (DR) (PS)  
 2:00 **EF** St. Patrick's Social/entertainment (DR)  
 2:45 **HF** Life Guidance® Balloon Volley Ball (DR) (BB)  
 3:30 **IS** Daily Affirmations for All (LG)  
 4:00 **J** Legato- My Favorite Tune Sing Along (AR) (PS)  
 6:30 **EF** Sound of Music movie (LG)

**18**  
 9:45 **HF** Fun Fitness (LG)  
 10:15 **LL** Let The Game Begins- Puzzles & Games (LG) (PS)  
 10:30 **LL** Coffee Chat- Odd News of the Week (LGN) (PS)  
 11:00 **C** Pick-a-Puzzle (AR)  
 1:30 **J** Legato hymn singing (LG)  
 2:15 **C** Laugh With Me! (DT) (LG)  
 2:45 **CE** Sunday Sundaes (DR)  
 3:00 **IS** Pretty Nails & Hand Massages (LGN)  
 4:00 **HF** Chair Yoga (LG)  
 6:30 **EF** Sunday Night Comedy Hour (LG)

**19**  
 9:45 **HF** Happy Feet (LG)  
 10:30 **C** On this day (LGN) (PS)  
 11:00 **LL** President Day Trivia (LGN) (PS)  
 1:45 **CE** Creative Colors (DR)  
 2:30 **HF** Bull's Eye! (DT)  
 2:45 **LL** Fresh off the oven-Baking Class (LGN) (PS)  
 3:15 **EF** Finish the Phrase (LG)  
 3:45 **J** Legato Musical Ball Toss (LG)  
 4:15 **C** Know your Neighbor (LGN)  
 6:15 **EF** James Brown Live Concert (LG)

**20**  
 9:45 **HF** Tapping to Broadway Songs (LG)  
 10:15 **LL** January Jeopardy!® (LGN) (PS)  
 10:30 **CE** What's in a Word?  
 10:45 **EF** Tea Tasting & cookies (LGN) (PS)  
 1:30 **HF** Toss and Share (LG)  
 2:00 **EF** Weekly Trip (T)  
 2:45 **HF** Life Guidance® Balloon Volley Ball (DR) (BB)  
 3:00 **IS** Live & Let Go (LG)  
 3:30 **J** Legato Follow the Beat (LG) (BB)  
 4:15 **C** Pick-a-puzzle (DR)  
 6:00 **C** I love The 50's (LGN) (PS)

**21**  
 9:45 **HF** Sit and Be Fit (LG) (BB)  
 10:15 **CE** Express yourself. Poetry Mad Lib (LGN) (PS)  
 10:30 **J** Legato Musical Scenes (LG)  
 11:00 **EF** Wacky Wednesdays- Jokes and More (LG)  
 1:30 **EF** Bull's Eye! (DT) (DR)  
 2:00 **EF** Bingo (DR) (PS)  
 3:00 **IS** Pretty Nails & Hand Massages (LGN)  
 4:00 **HF** Tick Tack Toss (T)  
 6:30 **EF** Game Show Rewind (L)

**22**  
 9:45 **HF** Conductorise® (LG) (BB)  
 10:15 **J** Legato Rock Around The Clock (LG)  
 10:45 **IS** Daily Affirmations- Giving Thanks (LG) (PS)  
 11:15 **LL** Pictionary™ Puzzles Game (LGN) (PS)  
 1:30 **LL** Arts and Craft  
 2:15 **EF** Staycation Getaway- Alaska  
 2:45 **HF** Life Guidance® Balloon Volley Ball (DR) (BB)  
 3:15 **LL** Card Games (LGN)  
 6:30 **EF** Matinee (LG)

**23**  
 9:45 **HF** Flex & Stretch (LG) (BB)  
 10:15 **C** Know Your Neighbor (LGN)  
 10:30 **EF** Funny Fridays- Jokes & More  
 11:00 **CE** Creative Colors (DR)  
 1:30 **LL** Test your Luck- Casino Games  
 2:00 **HF** Parachute Game (LGN) (PS)  
 2:15 **EF** Fresh from the Farm (DR)  
 2:30 **J** Legato Sing Along (B) (BB)  
 4:00 **C** Meeting of the Men (DR)  
 6:30 **EF** Concert Vault (LG)

**24**  
 9:45 **HF** Movin' & Groovin' (LGN) (PS)  
 10:30 **J** News & Views (LG)  
 11:00 **J** Legato Freestyle (PS)  
 1:30 **EF** Bingo! (LGN) (PS)  
 2:15 **PA** Baking Bonanza (DR)  
 2:45 **HF** Life Guidance® Balloon Volleyball (DR)  
 3:30 **IS** Daily Affirmations for All (LG)  
 4:00 **EF** Bean bag Toss (LGN) (PS)  
 6:30 **EF** Broadway Show (LG)

**25**  
 9:45 **HF** Fun Fitness (LG)  
 10:15 **LL** Sunday Morning Movie  
 10:30 **LL** Coffee Chat- Parents Day (LGN)  
 11:00 **C** Pick-a-Puzzle (AR)  
 1:30 **J** Legato Sounds of Music (LG)  
 2:15 **C** Laugh With Me! (DT) (LG)  
 2:45 **CE** Sunday Sundaes (DR)  
 3:00 **IS** Pretty Nails & Hand Massages (LGN)  
 3:45 **CE** Let's talk Spring (LGN)  
 4:00 **HF** Chair Yoga (LG)  
 6:30 **EF** Sunday Night Comedy Hour (LG)

**26**  
 9:45 **HF** Happy Feet (LGN) (PS)  
 10:30 **C** News & Views- Snacks and Coffee (LG)  
 11:00 **EF** Bingo!  
 1:45 **CE** Creative Colors (DR)  
 2:00 **HF** Take a Walk (LG)  
 2:30 **EF** Bull's Eye! (DT)  
 2:45 **EF** Tempting Tastes (DT) (LG)  
 3:45 **J** Legato Musical Ball Toss (LG)  
 4:15 **C** The Big Top-Carnival Games & Fun (LGN)  
 6:15 **EF** Matinee (LG)

**27**  
 9:45 **HF** Tapping to Broadway Songs (LG)  
 10:15 **C** On this day in History (LG)  
 10:30 **CE** What's in a Word?  
 10:45 **HF** Healthy Eatings  
 1:30 **EF** Sentimental Sing-a-Longs (BB)  
 2:00 **EF** Weekly Trip- Scenic Drives (T)  
 2:45 **EF** Hollywood classic Movie Tavern (T) (PS)  
 3:00 **IS** Live & Let Go (LG)  
 3:30 **J** Legato Lawrence Welk Music Appreciation (LG) (BB)  
 6:30 **EF** Game Night (LG)

**28**  
 9:45 **HF** Sit and Be Fit (LG)  
 10:15 **C** Chit-Chat  
 10:30 **J** Legato Musical Scenes (LG)  
 11:00 **EF** Wacky Wednesdays- Jokes and More (LG)  
 1:30 **EF** Bull's Eye! (DT) (DR)  
 2:15 **PA** Celebrity Chef- Baked macaroni cook off (LGN) (PS)  
 3:00 **IS** Pretty Nails & Hand Massages (LGN)  
 4:00 **HF** Balloon Bounce (T)  
 6:30 **EF** Games Show Rewind (LG)

**29 PEARL BAILEY DAY**  
 9:45 **HF** Conductorise® (LG) (BB)  
 10:15 **J** Legato Singing to Pearl Bailey (LG)  
 10:45 **IS** Daily Affirmations- Giving Thanks (LG) (PS)  
 11:15 **LL** Pictionary™ Puzzles Game (LGN) (PS)  
 1:30 **LL** Arts and Craft  
 2:15 **EF** Staycation Getaway- Colorado  
 2:45 **HF** Life Guidance® Balloon Volley Ball (DR) (BB)  
 3:15 **LL** Card Games (LGN)  
 6:30 **EF** Pearl Bailey Talk and Trivia (LG)

**30**  
 9:45 **HF** Flex & Stretch (LG) (BB)  
 10:15 **C** Know Your Neighbor (LGN)  
 10:30 **EF** Funny Fridays- Jokes & More  
 11:00 **CE** Creative Colors (DR)  
 1:30 **LL** Test your Luck- Casino Games  
 2:00 **HF** Parachute Game (LGN) (PS)  
 2:30 **EF** Monthly Birthday Party/ Entertainment (DR) (LGD)  
 2:30 **J** Legato Sing a Long (B) (BB)  
 4:00 **C** Meeting of the Men (DR)  
 6:30 **EF** Concert Vault (LG)

**31**  
 9:45 **HF** Movin' & Groovin' (LGN) (PS)  
 10:30 **J** News & Views (LG)  
 11:00 **J** Legato Freestyle (PS)  
 1:30 **EF** Bingo! (LGN) (PS)  
 2:15 **PA** Baking Bonanza (DR)  
 2:45 **HF** Life Guidance® Balloon Volley Ball (DR)  
 3:30 **IS** Daily Affirmations for All (LG)  
 4:00 **EF** Bean bag Toss (LGN) (PS)  
 6:30 **EF** Broadway Show (LG)