Engage Life®
Monthly Calendar of Events and Programming

Featured Events this Month:

Men’s Club Lunch & Beer Tasting
Thursday, October 12, 12:00 pm

Oktoberfest Happy Hour
Thursday, October 19, 4:30 pm

Trick or Treat with Family and Friends
Saturday, October 28, 2:30 pm
**Sunday, October 2017**

**SUNDAY**

8:30 AM  **Sunday Morning  Western Movie (LG)**

9:00 AM  **SS. Simon and Jude Mass (L)**

9:30 AM  **Coffee and Current Events (B)**

10:00 AM  **Mandala Monday (BP)**

10:45 AM  **Golfing Fun (AR)**

11:15 AM  **Art Class (AR)**

12:00 PM  **Sewing for a Cause (AR)**

1:00 PM  **Art Class (AR)**

2:00 PM  **Goofy Games (BP)**

3:30 PM  **Swingin’ into Fall (AR)**

4:15 PM  **Volunteer and Learn About the Cause (BP)**

7:30 PM  **Sunday Night Movie (T)**

**Monday, October 2017**

7:00 AM  **Famous Faces (LG)**

8:00 AM  **Sit and Fit Exercise (AR)**

9:00 AM  **Volleyball Challenge (AR)**

9:45 AM  **Bluebird’s Cafe’ (AR)**

10:00 AM  **Silver Sneakers Exercise (AR)**

10:30 AM  **Blood Pressure Clinic (AR)**

11:00 AM  **Fall Calvary Class (B)**

11:30 AM  **Art Class (AR)**

12:00 PM  **Word of a Word (AR)**

1:00 PM  **Word Search Fun (AR)**

1:30 PM  **Taking Care of Your Hands (AR)**

2:00 PM  **Book Club (LG)**

3:00 PM  **Classic Movie Night with Bob (T)**

7:00 PM  **Monday Night Movie (T)**

**Tuesday, October 2017**

8:30 AM  **Silver Sneakers Exercise (AR)**

9:00 AM  **Shopping at the Mall (AR)**

9:30 AM  **Coffee & Current Events (AR)**

10:00 AM  **Mandala Monday (BP)**

10:45 AM  **Golfing Fun (AR)**

11:15 AM  **Art Class (AR)**

12:00 PM  **Sewing for a Cause (AR)**

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7:30 PM  **Tuesday Night Movie (T)**

**Wednesday, October 2017**

7:00 AM  **Silver Sneakers Exercise (AR)**

8:00 AM  **Blood Pressure Clinic (AR)**

8:45 AM  **Fall Calvary Class (B)**

9:15 AM  **Art Class (AR)**

9:45 AM  **Word Search Fun (AR)**

10:15 AM  **Taking Care of Your Hands (AR)**

10:45 AM  **Congress Hall Book Club (LG)**

11:15 AM  **Elizabeth’s Book Club (LG)**

11:45 AM  **Book Club (LG)**

12:15 PM  **Thursday Night Movie (T)**

**Thursday, October 2017**

8:30 AM  **Silver Sneakers Exercise (AR)**

9:00 AM  **Shopping at the Mall (AR)**

9:30 AM  **Coffee & Current Events (AR)**

10:00 AM  **Mandala Monday (BP)**

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4:15 PM  **Volunteer and Learn About the Cause (BP)**

7:30 PM  **Saturday Night Movie (L)**
Jewelry Making Workshop
Friday, October 13, 11:00 am

Pumpkin Fest
Friday, October 20, 2:15 pm

Costume Dance Party
Tuesday, October 31, 2:30 pm
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<td>Pretty Nails &amp; Hand Massages (TG)</td>
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