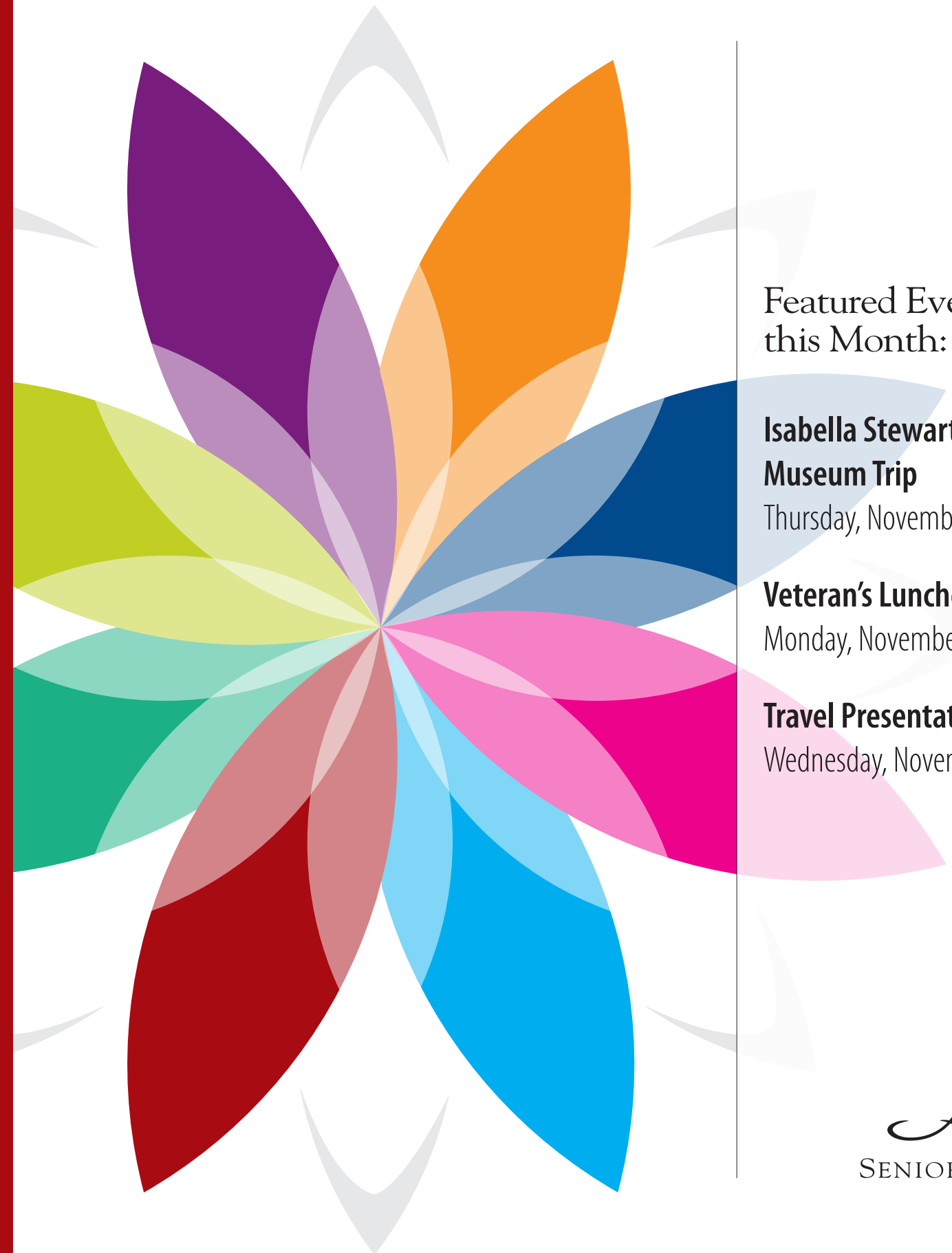


ENGAGE LIFE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

**Isabella Stewart Gardiner
Museum Trip**

Thursday, November 7, 11:30 AM

Veteran's Luncheon

Monday, November 11, 11:30 AM

Travel Presentation by Mike Perry

Wednesday, November 20, 2:30 PM

Atria
SENIOR LIVING

Atria
SENIOR LIVING

NOVEMBER 2019

ATRIA MARINA PLACE engage life®

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE®

- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- AS** Atria StoryWise

- ROOM LOCATION KEY:**
- Dining Room DR
 - Living Room LR
 - Outing OUT
 - Patio PTO
 - Community Room CR
 - Country Kitchen CK
 - Library LRY
 - Life Guidance LG
 - Lobby LBY

- STAFF KEY:**
- Sasha SHA
 - Volunteer VNT
 - Michelle ELI
 - Stephanie ELD

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Scrabble® is a registered trademark of Hasbro, Inc.
Wii® is a trademark of Nintendo of America, Inc.

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|---|---|---|---|--|---|---|
| <p>Daylight Saving Time Ends</p> <p>9:30 LL News and Views (LR)</p> <p>10:00 IS Sacred Heart Communion Service (CR)</p> <p>10:00 Transportation to Church (OUT)</p> <p>1:00 PA Card Games (LR)</p> <p>1:30 HF Fitness Class (CR)</p> <p>2:00 LL Academic Challenge (CR)</p> <p>3:00 C Cocktail Party (LR)</p> <p>3:30 LL Mind Stretches (LR)</p> <p>4:00 HF Walking Club</p> <p>6:00 C Veteran's Ride and Dinner (OUT) (SHA)</p> <p>8:15 EF Patriots vs Baltimore (CR)</p> | <p>9:30 LL Current Events (LR)</p> <p>10:00 HF Morning Fitness (CR)</p> <p>10:30 IS Communion (CR)</p> <p>10:45 LL Engage Your Brain (CR)</p> <p>1:30 HF Walking Club</p> <p>2:00 EF Bingo</p> <p>2:30 LL Bunny Visit with Riley (LR)</p> <p>3:00 C Green Tea Time and Trivia (LR)</p> <p>4:00 PA Rosary with Bill (CR)</p> <p>4:00 CV Sunshine Club Visits to Life Guidance® (ELI)</p> <p>6:45 EF Monday Night at the Movies (CR)</p> | <p>9:30 LL News & Views (CR)</p> <p>10:00 HF Morning Fitness (CR)</p> <p>10:30 LL Remember When? (CR)</p> <p>1:30 HF Walking Club (LBY)</p> <p>1:30 HF Fall Prevention Class (LRY)</p> <p>2:00 CE Jewelry Making (LR)</p> <p>2:00 LL Shopping Trip to Roche Brothers</p> <p>3:00 C Cocktail Party (LR)</p> <p>3:30 AS StoryWise™ Sharing (LR)</p> <p>4:00 LL Musical Manicures (CR)</p> <p>6:30 LL iPad® Nature 365 (LR) (SHA)</p> | <p>9:30 LL Current Events (LR)</p> <p>10:00 HF Morning Fitness (CR)</p> <p>10:00 CE Cooking Club in Life Guidance® (ELD)</p> <p>10:30 LL Brain Games (CR)</p> <p>1:30 HF Walking Club (LBY)</p> <p>2:00 IS Catholic Mass with Father Martin (CR)</p> <p>3:00 LL Eric's Safety Chat (LR)</p> <p>4:00 EF Name Ten (LR)</p> <p>4:00 IS Rosary with Bill (CR)</p> <p>4:30 LL Trip to CVS and Dry Cleaner (OUT)</p> <p>6:00 LL Book Club (LR) (ELI)</p> <p>7:00 EF Evening Ride (OUT) (ELI)</p> | <p>9:30 LL Headline News (LR)</p> <p>10:00 HF Fitness Class with Weights (CR)</p> <p>10:30 LL Brain Fitness (CR)</p> <p>11:30 EF Isabella Stewart Gardiner Museum Trip (OUT)</p> <p>1:30 HF Walking Club (LBY)</p> <p>2:00 EF Useless yet Entertaining Knowledge (LR)</p> <p>2:30 EF Performance by Steve King (LR)</p> <p>2:30 PA Trivia Challenge with Life Guidance® (LG)</p> <p>3:30 EF Volleyball (CR)</p> <p>6:45 LL Movie Night (CR)</p> | <p>Sock Drive Kick Off!</p> <p>9:30 LL Morning News (LR)</p> <p>10:00 HF Morning Fitness (CR)</p> <p>10:30 LL Collaborative Crosswords (CR)</p> <p>11:30 LL Computer Class (CR)</p> <p>1:30 HF Walking Club (LRY)</p> <p>2:00 EF Volleyball (CR)</p> <p>3:00 C Root Beer Floats and Corny Jokes</p> <p>3:30 LL Why do we say it? (LR)</p> <p>4:00 PA Rosary with Bill (CR)</p> <p>6:45 LL Friday Night at the Movies (CR)</p> | <p>9:30 LL Current Events & Discussion (LR)</p> <p>10:00 HF Morning Fitness (CR)</p> <p>10:30 LL iPad®-National Parks (CR)</p> <p>11:30 EF Rummy Card Game (LRY)</p> <p>1:00 EF Puzzle Club (LRY)</p> <p>1:30 HF Walking Club</p> <p>2:00 LL Bingo</p> <p>2:00 CV Coups for the Troops (LR)</p> <p>3:00 LL Cranium® Crunches (CR)</p> <p>4:00 CE Choral Expression (LR)</p> <p>6:45 LL Movie Night (CR)</p> |
| <p>9:30 LL News and Views (LR)</p> <p>10:00 Transportation to Church (OUT)</p> <p>10:30 IS Netflix® Documentaries (CR)</p> <p>1:30 HF Fitness Class (CR)</p> <p>2:00 EF Bingo</p> <p>3:00 C Popcorn, Punch and Photo Sharing (LR)</p> <p>3:30 LL Trivia Challenge (LR)</p> <p>4:00 HF Walking Club (LBY)</p> <p>6:00 EF Boston Historical Tour (OUT) (SHA)</p> | <p>Veterans Day</p> <p>9:30 LL Current Events (LR)</p> <p>10:00 HF Morning Fitness Class (CR)</p> <p>10:30 IS Communion (CR)</p> <p>10:45 LL Engage Your Brain (CR)</p> <p>11:30 EF Veteran's Luncheon (CR)</p> <p>2:00 C Veteran's Experience Sharing (LR)</p> <p>2:30 C Veterans Day Celebration with Tom Bruhl</p> <p>3:00 C Cocktail Party (LR)</p> <p>4:00 IS Rosary with Bill (CR)</p> <p>4:00 CV Sunshine Club Visits Life Guidance®</p> <p>6:45 LL Movie Night (CR)</p> | <p>9:30 LL News and Views (LR)</p> <p>10:00 HF Morning Fitness (CR)</p> <p>10:30 LL Collaborative Crossword Puzzle (CR)</p> <p>1:30 HF Walking Club</p> <p>1:30 HF Fall Prevention (LRY)</p> <p>2:00 LL Shopping Trip to Roche Brothers</p> <p>2:00 HF "Choosing a Low Salt Diet"</p> <p>3:00 C Green Tea Time (LR)</p> <p>3:30 CE Anything for a Laugh (LR)</p> <p>4:00 LL Musical Manicures (CR)</p> <p>6:00 CV Project Linus Knitting & Current Events (LR) (SHA)</p> | <p>9:30 LL News and Views (LR)</p> <p>10:00 HF Morning Fitness (CR)</p> <p>10:30 LL Brain Games (CR)</p> <p>11:30 EF Themed Luncheon in Life Guidance® (ELD)</p> <p>1:30 HF Walking Club</p> <p>2:00 IS Daniel's Communion Service (CR)</p> <p>3:00 HF Comedy and Fitness with Wayne Cushing (LR)</p> <p>3:30 C Cocktail Party (LR)</p> <p>4:30 LL Trip to CVS and Dry Cleaner (OUT)</p> <p>5:00 EF Dinner at Cathay Pacific (OUT)</p> <p>6:30 LL History of Quincy (LR) (ELI)</p> | <p>9:30 LL Headline News (LR)</p> <p>10:00 HF Morning Fitness (CR)</p> <p>10:30 LL Jolt Your Memory (CR)</p> <p>1:00 EF Trip to the Hingham Movie Theater (OUT)</p> <p>1:30 HF Walking Club (LBY)</p> <p>2:00 LL Resident Council Meeting (CR)</p> <p>2:00 CE Baking Club in Life Guidance®</p> <p>2:30 EF Performance by Gene and Barbara (LR)</p> <p>3:30 CE Jam Making (CR)</p> <p>3:30 LL Brain Fitness (LR)</p> <p>6:45 LL Movie Night (CR)</p> | <p>9:30 LL Morning News (LR)</p> <p>10:00 HF Morning Fitness (CR)</p> <p>10:30 LL iPad®-World Wild Federation (CR)</p> <p>11:30 LL Book Club (CR)</p> <p>1:00 PA Computer Class (CR)</p> <p>1:30 HF Walking Club (LBY)</p> <p>2:00 LL Bingo</p> <p>3:00 IS Worship Service with Pastor Gray (LR)</p> <p>4:00 PA Rosary with Bill (CR)</p> <p>4:00 AS Atria StoryWise™ (LR)</p> <p>6:45 LL Movie Night (CR)</p> | <p>9:30 LL Current Events (LR)</p> <p>10:00 HF Morning Fitness (CR)</p> <p>10:30 IS Bible Study with Pastor Stewart (LR)</p> <p>11:30 CV Coups for the Troops (LR)</p> <p>1:00 EF Wii® Bowling (LR)</p> <p>1:30 HF Walking Club (LBY)</p> <p>2:00 CE Choral Expression (LR)</p> <p>3:00 C Hot Chocolate and Chuckles (LR)</p> <p>4:00 LL Trivia Teasers (LR)</p> <p>6:45 LL Movie Night (CR)</p> |
| <p>9:30 LL News and Views (LR)</p> <p>10:00 Transportation to Church (OUT)</p> <p>10:30 IS Ted Talks (CR)</p> <p>1:00 EF Card Games (LR)</p> <p>1:30 HF Fitness Class (LR)</p> <p>2:00 EF Volleyball (CR)</p> <p>3:00 C Ice Cream Sundae Social and Trivia (LR)</p> <p>4:00 HF Walking Club (LBY)</p> <p>4:30 EF Patriots vs Philadelphia (CR)</p> <p>4:30 PA Wii® Ping Pong (LR)</p> <p>6:00 EF Dinner Trip to Marias Restaurant (OUT) (SHA)</p> | <p>9:30 LL Current Events (LR)</p> <p>10:00 HF Morning Fitness (CR)</p> <p>10:30 IS Communion (CR)</p> <p>10:45 LL Braingle (CR)</p> <p>1:00 LL Musical Manicures</p> <p>2:00 LL Sasha's Trivia in Life Guidance®</p> <p>2:00 LL Engage Life® Planning Meeting (LR)</p> <p>3:00 C New Resident Cocktail Party</p> <p>4:00 PA Rosary with Bill (CR)</p> <p>4:00 HF Walking Club (LBY)</p> <p>6:45 LL Monday Night at the Movies (CR)</p> | <p>9:30 LL News and Views (LR)</p> <p>10:00 HF Morning Fitness (CR)</p> <p>10:30 LL Knowledge in a Nutshell (CR)</p> <p>11:00 CE Cooking Club Prepares Luncheon (CR)</p> <p>1:30 HF Walking Club (LBY)</p> <p>1:30 HF Fall Prevention (LRY)</p> <p>2:00 LL Shopping to Roche Brothers (OUT)</p> <p>2:00 C Down Time with Dawn</p> <p>3:00 C Green Tea Time (LR)</p> <p>3:00 EF Bingo (CR)</p> <p>3:30 CE Poetry and Short Stories (CR)</p> <p>6:30 LL Geography 101 (LR) (SHA)</p> | <p>10:00 HF Morning Fitness with Weights (CR)</p> <p>10:30 LL Collaborative Crossword Puzzles (CR)</p> <p>11:30 EF Jigsaw Puzzles (LRY)</p> <p>11:30 PA Ambassador Meeting and Outing (CR)</p> <p>1:30 HF Walking Club (LBY)</p> <p>2:00 HF Health and Wellness by Caretenders (LR)</p> <p>2:30 LL Travel Presentation by Mike Perry (CR)</p> <p>3:30 C Cocktail Party (LR)</p> <p>4:00 IS Rosary with Bill (CR)</p> <p>4:30 LL Trip to CVS and Dry Cleaner (OUT)</p> <p>6:00 CV Wine Tasting Alzheimers Fundraiser (CR) (ELD)</p> | <p>9:30 LL Headline News (LR)</p> <p>10:00 LL Braingle (CR)</p> <p>10:30 HF Gentle Yoga and Meditation with Karen (CR)</p> <p>11:30 EF Trip to the Cheesecake Factory (OUT)</p> <p>11:30 EF Concentration (LR)</p> <p>1:00 EF National Archives Museum (OUT)</p> <p>1:30 HF Walking Club</p> <p>2:00 C Poker Club (LRY) (ELI)</p> <p>2:00 IS Daniel's Communion Service (CR)</p> <p>3:00 EF Performance by Candida Rose (LR)</p> <p>4:00 CV Sunshine Club Visits to Life Guidance®</p> <p>6:45 LL Movie Night (CR)</p> | <p>9:30 LL Morning News (LR)</p> <p>10:00 HF Morning Fitness (CR)</p> <p>10:30 LL Jeopardy!® (CR)</p> <p>11:30 EF Luncheon Trip to Grumpy Whites</p> <p>11:30 LL Memory Challenge-Birds (PTO)</p> <p>11:30 PA Scrabble® Club (LRY)</p> <p>1:30 HF Walking Club (LBY)</p> <p>2:00 EF Bingo</p> <p>3:30 C Atlantic Youth Orchestra Performance (LR)</p> <p>4:00 IS Rosary with Bill (CR)</p> <p>4:30 C Social with the Youth Orchestra (LR)</p> <p>6:45 LL Movie Night (CR)</p> | <p>9:30 LL Current Events and Discussion (LR)</p> <p>10:00 HF Morning Fitness (CR)</p> <p>10:30 LL iPad®-History (LR)</p> <p>11:30 LL Book Club (CR)</p> <p>1:00 PA Computer Class (CR)</p> <p>1:30 HF Walking Club (LBY)</p> <p>2:00 LL Last Word (LR)</p> <p>3:00 C Cocktail Party (LR)</p> <p>3:30 LL Brain Games (LR)</p> <p>6:45 LL Movie Night (CR)</p> |
| <p>9:30 LL News and Views (LR)</p> <p>10:00 Transportation to Church (OUT)</p> <p>10:30 IS Netflix® Documentaries (CR)</p> <p>1:00 EF Board Games (LR)</p> <p>1:30 HF Fitness Class (CR)</p> <p>2:00 C Refreshment Social (LR)</p> <p>3:00 LL Entertaining yet Useless Knowledge (LR)</p> <p>4:00 HF Walking Club (LBY)</p> <p>4:30 EF Patriot's vs Dallas (CR)</p> <p>6:00 EF Trip to Cathay Pacific Restaurant (LR) (SHA)</p> | <p>9:30 LL Current Events (LR)</p> <p>10:00 HF Morning Fitness (CR)</p> <p>10:30 IS Communion (CR)</p> <p>10:45 LL Brain Fitness (CR)</p> <p>1:00 LL Musical Manicures</p> <p>2:00 PA Wii® Golf (LR) (ELI)</p> <p>2:30 C High Tea (CR)</p> <p>3:30 LL Who Wants to be a Millionaire (CR)</p> <p>4:00 IS Rosary with Bill (CR)</p> <p>4:00 HF Walking Club (LBY)</p> <p>6:45 LL Monday Night at the Movies (LR)</p> | <p>10:00 LL Just Curious (CR)</p> <p>10:30 HF Comedy and Fitness with Wayne Cushing (LG)</p> <p>1:30 HF Fall Prevention (LRY)</p> <p>1:30 HF Fitness Class (LR)</p> <p>2:00 AS StoryWise™ in Life Guidance® (SHA)</p> <p>2:00 IS Daniel's Communion Service (LR)</p> <p>3:00 CE Baking Club Prepares Pumpkin Cupcakes</p> <p>3:00 EF Bingo (CR)</p> <p>4:00 HF Walking Club (LBY)</p> <p>4:30 LL Shopping Trip to CVS (OUT)</p> <p>6:30 CV Project Linus Knitting Club & discussion (LR) (SHA)</p> | <p>9:30 LL Current Events (LR)</p> <p>10:00 HF Morning Fitness (CR)</p> <p>10:30 LL Brain Games (CR)</p> <p>1:30 HF Walking Club (LBY)</p> <p>2:00 LL Food for Thought Meeting (CR)</p> <p>2:30 EF Performance by Alexandria Bianco (LR)</p> <p>3:30 C Cocktail Party (LR)</p> <p>4:00 PA Rosary with Bill (CR)</p> <p>4:30 LL Trip to CVS and Dry Cleaner (OUT)</p> <p>6:00 LL Book Club (LR) (ELI)</p> <p>7:00 EF Evening Ride (OUT) (ELI)</p> | <p>Thanksgiving</p> <p>9:30 C Macy's Parade and Social (CR)</p> <p>11:00 HF Morning Fitness (LR)</p> <p>11:30 LL Thanksgiving Day Feast (DR)</p> <p>1:30 HF Walking Club (LBY)</p> <p>2:00 AS StoryWise™ Sharing (LR)</p> <p>3:00 C Player Piano and Pie Social (LR)</p> <p>3:30 EF Thanksgiving Fun Facts and Trivia (LR)</p> <p>6:45 LL Movie Night (CR)</p> | <p>9:30 LL Morning News (LR)</p> <p>10:00 HF Morning Fitness (CR)</p> <p>10:30 LL Collaborative Crossword Puzzles (CR)</p> <p>11:30 PA Scrabble® Club (LRY)</p> <p>1:30 HF Walking Club (LBY)</p> <p>2:00 EF Bingo</p> <p>3:00 PA November Birthday Celebration (LR)</p> <p>3:30 LL Trivia Teasers (LR)</p> <p>4:00 IS Rosary with Bill (CR)</p> <p>4:00 CV Sunshine Club Visits to Life Guidance®</p> <p>6:45 LL Movie Night (CR)</p> | <p>9:30 LL Current Events and Discussion (LR)</p> <p>10:00 HF Morning Fitness (CR)</p> <p>10:30 LL iPad®-Google™ Earth (LR)</p> <p>11:30 LL Book Club (LR)</p> <p>1:00 PA Computer Class (CR)</p> <p>1:30 HF Walking Club (LBY)</p> <p>2:00 LL Word Games (LR)</p> <p>2:30 EF Performance by Haven Veraguas (LR)</p> <p>3:00 C Cocktail Party (LR)</p> <p>3:30 CE Choral Expression (LR)</p> <p>6:45 LL Movie Night (CR)</p> |

LIFE GUIDANCE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

**Veterans Day Celebration
with Tom Bruhl**

Monday, November 11, 2:30 PM

Performance by Candida Rose

Thursday, November 21, 3:00 PM

**Atlantic Youth
Orchestra Performance**

Friday, November 22, 3:30 PM

Atria
SENIOR LIVING

Atria
SENIOR LIVING

NOVEMBER 2019

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE

- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- A** Atria StoryWise
- L** Legato

ROOM LOCATION KEY:

- Living Room LR
- Patio PTO
- Community Room CR
- Library LRY
- Life Guidance LG

STAFF KEY:

- RSA
- Bernadette BL
- Tammy TG
- Michelle ELI
- Stephanie ELD

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|---|---|--|--|---|---|--|
| <p>3</p> <p>Daylight Savings Time Ends</p> <p>7:30 Wake up and Smell the Coffee</p> <p>9:30 HF Up and At'm Exercises (RSA)</p> <p>10:00 IS Mass (LR) (RSA)</p> <p>11:30 HF Walk around the Neighborhood</p> <p>1:00 HF Commit to be Fit (LRY)</p> <p>2:00 EF Word Challenge</p> <p>3:00 L Spiritual Hymns</p> <p>4:00 EF What's in a Name (LRY) (RSA)</p> <p>6:00 EF Sunday Night Silver Screen (LRY) (RSA)</p> | <p>4</p> <p>7:30 Wake up and Smell the Coffee</p> <p>9:30 HF Get in Shape (LG) (RSA)</p> <p>10:00 EF Let's Take a Ride to Granite Links</p> <p>11:30 HF Let Take A Walk</p> <p>1:00 HF Stretching out (LRY) (BL)</p> <p>2:30 Bunny Visits with Riley</p> <p>3:00 L Fall Favorites Sing Along (RSA)</p> <p>4:00 CV Sunshine Club Visits</p> <p>6:00 EF Monday Night at the Movies</p> | <p>5</p> <p>7:30 Wake up and Smell the Coffee</p> <p>9:30 HF Flex and Stretch (LG) (RSA)</p> <p>10:00 CE Cooking Club Bakes Cookies</p> <p>11:30 HF Walk around the Neighborhood</p> <p>1:00 HF STRETCH & FLEX</p> <p>2:00 Wheel of Fortune® (RSA)</p> <p>3:00 L Sing Along (RSA)</p> <p>4:00 A StoryWise™ Sharing</p> <p>6:00 EF Lawrence Welk (LRY) (RSA)</p> | <p>6</p> <p>7:30 Wake up and Smell the Coffee</p> <p>9:30 HF MOVIN' AND GROOVIN' (RSA)</p> <p>10:00 CE Watercolor Creations (RSA)</p> <p>11:30 HF Let's Take a Walk</p> <p>1:00 HF Music and Exercise (RSA)</p> <p>2:00 IS Catholic Mass with Father Martin (CR)</p> <p>3:00 L Making Music (LRY) (RSA)</p> <p>4:00 Name Ten (RSA)</p> <p>6:00 EF Touched by a Angel (LRY) (RSA)</p> | <p>7</p> <p>7:30 Wake up and Smell the Coffee</p> <p>9:30 HF Fun Fitness (LG) (RSA)</p> <p>10:00 Board Games</p> <p>11:00 HF Walk around the Neighborhood</p> <p>1:00 HF Fun Fitness</p> <p>2:30 EF Performance by Steve King</p> <p>2:30 PA Trivia Challenge with Traditional</p> <p>4:00 L Sing Along (RSA)</p> <p>6:00 EF Thursday Movie Night and Snacks</p> | <p>8</p> <p>7:30 Wake up and Smell the Coffee</p> <p>9:30 HF Commit to be Fit (RSA)</p> <p>10:00 CE Thanksgiving Craft (LG)</p> <p>11:30 HF Walk around the Neighborhood (LRY)</p> <p>1:00 LL Mind Joggers</p> <p>2:00 IS Daniel's Communion Service (CR)</p> <p>3:30 L Karaoke (RSA)</p> <p>4:00 A Tell Me When</p> <p>6:30 CE Choral Group with Eniko and Friends (LR)</p> | <p>9</p> <p>7:30 Wake up and Smell the Coffee</p> <p>9:30 HF Toss and Turn (RSA)</p> <p>10:00 CE Scrapbooking</p> <p>11:30 HF Walk around the Neighborhood</p> <p>1:00 HF Let's Twist and Shout (RSA)</p> <p>2:00 LL Crossword Puzzles (RSA)</p> <p>3:00 What's in a Word? (RSA)</p> <p>4:00 C Sunshine Club Visits</p> <p>6:00 EF Saturday Night the Movies (LRY) (RSA)</p> |
| <p>10</p> <p>7:30 Wake up and Smell the Coffee</p> <p>9:30 HF Feeling Fit (RSA)</p> <p>10:00 IS Mass (LRY)</p> <p>11:30 HF Let's Walk</p> <p>1:00 HF Volley for Serve</p> <p>2:00 Board Games</p> <p>3:00 L Spiritual Singing (RSA)</p> <p>4:00 What's in a Word? (RSA)</p> <p>6:00 EF Lawrence Welk Hour (LRY) (RSA)</p> | <p>11 Veterans Day</p> <p>7:30 Wake up and Smell the Coffee</p> <p>9:30 HF Flex and Stretch (RSA)</p> <p>10:00 C Veteran's Experience Sharing and Trivia</p> <p>11:30 HF Walk around the Neighborhood</p> <p>1:00 HF Dancercise</p> <p>2:30 C Veterans Day Celebration with Tom Bruhl</p> <p>3:00 Wheel of Fortune® (RSA)</p> <p>4:00 CV Sunshine Club Visits (RSA)</p> <p>6:00 EF Monday Night Movie and Popcorn (LRY) (RSA)</p> | <p>12</p> <p>7:30 Wake up and Smell the Coffee</p> <p>9:30 HF Exercise (RSA)</p> <p>10:00 CV Coupons for the Troops</p> <p>11:30 HF Let's Walk</p> <p>1:00 HF Stand Up and Be Fit</p> <p>2:30 EF Bag O Challenge (LG) (RSA)</p> <p>3:00 L Making Music (LR)</p> <p>4:00 A Tell Me When (LRY) (RSA)</p> <p>6:00 EF Movie Night (LRY) (RSA)</p> | <p>13</p> <p>7:30 Wake up and Smell the Coffee</p> <p>9:30 News and Views</p> <p>9:30 HF Happy Feet (RSA)</p> <p>10:00 Musical Manicures (RSA)</p> <p>11:30 C Themed Luncheon with Friends (LG) (TG)</p> <p>11:30 HF Walk around the Neighborhood</p> <p>1:00 HF Concentration</p> <p>2:00 IS Daniels's Communion Service</p> <p>3:30 L Karaoke (RSA)</p> <p>4:00 Name Ten (RSA)</p> <p>6:00 EF I Love Lucy Hour</p> | <p>14</p> <p>7:30 Wake up and Smell the Coffee</p> <p>9:30 HF MOVIN' AND GROOVIN' (RSA)</p> <p>10:00 CE Cooking Club</p> <p>11:30 HF Let's Walk (LRY)</p> <p>1:00 HF Stretch and Flex</p> <p>2:30 EF Performance by Gene and Barbabra (LG) (ELD)</p> <p>3:00 L Love Songs</p> <p>4:00 LL A to Z Trivia (LRY) (RSA)</p> <p>6:00 EF Thursdays Night Theater</p> | <p>15</p> <p>7:30 Wake up and Smell the Coffee</p> <p>9:30 HF Dancing Feet! (RSA)</p> <p>10:00 CE Rock Art (LR) (RSA)</p> <p>11:30 HF Let's Walk</p> <p>1:00 HF Moving to Beat (RSA)</p> <p>3:00 L Sing n Dance (RSA)</p> <p>3:00 IS Worship Service with Pastor Gray (RSA)</p> <p>4:00 A Atria StoryWise™</p> <p>6:00 EF Celtic Women (LRY) (RSA)</p> | <p>16</p> <p>7:30 Wake up and Smell the Coffee</p> <p>9:30 HF Happy Feet (RSA)</p> <p>10:00 CV Coupons for the Troops</p> <p>11:30 HF Walk around the Neighborhood</p> <p>1:00 HF Moving and Grooving (RSA)</p> <p>2:00 Thanksgiving Jingo</p> <p>3:30 L Fall Sing Along (LR) (RSA)</p> <p>6:00 EF Saturday Night At The Movies (LRY) (RSA)</p> |
| <p>17</p> <p>7:30 Wake up and Smell the Coffee</p> <p>9:30 HF MOVIN' AND GROOVIN' (RSA)</p> <p>10:00 IS Mass (RSA)</p> <p>11:30 HF Let's Walk</p> <p>1:00 HF Get in Shape (RSA)</p> <p>2:00 Board Games (LR)</p> <p>3:00 Bowling</p> <p>4:00 EF Sing Out Loud</p> <p>6:00 EF Andre Riu Music (LRY) (RSA)</p> | <p>18</p> <p>7:30 Wake up and Smell the Coffee</p> <p>9:30 HF Flex and Stretch (RSA)</p> <p>10:00 Today in History</p> <p>11:30 HF Walk around the Neighborhood</p> <p>1:00 HF Stretch and Flex</p> <p>1:30 EF Scenic Ride through the Blue Hills</p> <p>2:00 LL Trivia with Michelle (ELI)</p> <p>3:00 L Karaoke (LRY) (RSA)</p> <p>4:00 Trivia Teasers</p> <p>6:00 EF Musical Monday Movie Night</p> | <p>19</p> <p>7:30 Wake up and Smell the Coffee</p> <p>9:30 HF Stretching out (RSA)</p> <p>10:00 CE What's Simmering in the Pot? Beef Stew!</p> <p>11:30 HF Walk around the Neighborhood</p> <p>1:00 HF MOVIN' and GROOVIN'</p> <p>2:00 EF Hangman</p> <p>3:00 L Dance Party (RSA)</p> <p>4:00 A Atria StoryWise™</p> <p>6:00 EF Tuesday Night Theater (LG) (RSA)</p> | <p>20</p> <p>7:30 Wake up and Smell the Coffee</p> <p>9:30 HF Flex and Stretch (RSA)</p> <p>10:00 CE Jewelry Making (LR) (RSA)</p> <p>11:30 HF Let's Walk</p> <p>1:00 HF Get in Shape</p> <p>2:00 CE Unwind Through Art</p> <p>3:00 L SingFit</p> <p>4:00 Volley for Serve</p> <p>6:00 EF Movie and Popcorn (LRY) (RSA)</p> | <p>21</p> <p>7:30 Wake up and Smell the Coffee</p> <p>9:30 HF Sit and Be Fit (RSA)</p> <p>10:00 CE Scrapbooking (RSA)</p> <p>11:30 HF Walk around the Neighborhood</p> <p>1:30 HF STRENGTH TRAINING</p> <p>2:00 IS Daniel's Communion Service</p> <p>3:00 EF Performance by Candida Rose</p> <p>3:00 L Karaoke</p> <p>4:00 What's in a Word?</p> <p>6:00 EF Thursday's Theater Night</p> | <p>22</p> <p>7:30 Wake up and Smell the Coffee</p> <p>9:30 HF COLORFUL WEIGHTS</p> <p>10:00 Pretty Nails</p> <p>11:30 HF Let's Walk</p> <p>1:00 HF MOVIN' & GROOVIN'</p> <p>2:00 Bingo</p> <p>3:30 C Atlantic Youth Orchestra Performance</p> <p>4:00 CV Sunshine Club (RSA)</p> <p>6:00 EF Funny Friday Movie (LRY) (RSA)</p> | <p>23</p> <p>7:30 Wake up and Smell the Coffee</p> <p>9:30 HF Flex and Stretch (RSA)</p> <p>10:00 CE Making Apple Pie</p> <p>11:30 HF Let's take a Walk</p> <p>1:00 HF Fun Fitness</p> <p>2:00 X Marks the Spot</p> <p>3:00 What's in a Word? (RSA)</p> <p>4:00 LL Crossword Challenge (RSA)</p> <p>6:00 EF Saturday Night at the Movies (LRY) (RSA)</p> |
| <p>24</p> <p>7:30 Wake up and Smell the Coffee</p> <p>9:30 HF MOVIN' AND GROOVIN' (RSA)</p> <p>10:00 IS Mass (RSA)</p> <p>11:30 HF Let's Walk</p> <p>1:00 HF COLORFUL WEIGHTS</p> <p>2:00 Musical Bingo (RSA)</p> <p>3:00 L LEGATO Spiritual Sunday</p> <p>4:00 Name Ten (RSA)</p> <p>6:00 EF Movie Night- Wizard of Oz (LRY) (RSA)</p> | <p>25 Happy Birthday Grace</p> <p>7:30 Wake up and Smell the Coffee</p> <p>9:30 HF Flex and Stretch</p> <p>10:00 CE Baking Birthday Cupcakes</p> <p>11:30 HF Walk around the Neighborhood</p> <p>1:00 HF Sit to be Fit</p> <p>2:00 PA Grace's Birthday Party</p> <p>3:30 EF Dance Party (PTO) (RSA)</p> <p>6:00 EF Lawrence Welk (LRY) (RSA)</p> | <p>26</p> <p>7:30 Wake up and Smell the Coffee</p> <p>9:30 HF COLORFUL WEIGHTS</p> <p>10:00 Jigsaw Puzzles (RSA)</p> <p>10:30 HF Comedy and Fitness with Wayne Cushing (LR)</p> <p>11:30 HF Let's Walk</p> <p>1:00 HF MOVIN' and GROOVIN'</p> <p>2:00 CE Cooking Club Molasses Cookies</p> <p>2:00 IS Daniel's Communion Service (CR)</p> <p>3:00 A StoryWise™ Sharing (RSA)</p> <p>4:00 What's in a Word? (RSA)</p> <p>6:00 EF Lawrence Welk (LRY) (RSA)</p> | <p>27</p> <p>7:30 Wake up and Smell the Coffee</p> <p>9:30 HF Happy Feet</p> <p>10:00 CE Thanksgiving Art</p> <p>11:30 HF Walk around the Neighborhood</p> <p>1:00 EF Wheel of Fortune® (RSA)</p> <p>2:00 C Popcorn, Punch and Photo Sharing</p> <p>2:30 EF Performance by Alexandra Bianco</p> <p>3:00 L SingFit</p> <p>4:00 Crosswords (LRY) (RSA)</p> <p>6:00 EF Golden Girls (LRY) (RSA)</p> | <p>28 Happy Thanksgiving!!</p> <p>7:30 Wake up and Smell the Coffee</p> <p>9:30 HF Flex and Stretch</p> <p>9:30 C Macy's Parade and Social</p> <p>11:30 EF Thanksgiving Feast</p> <p>11:30 HF Let's Walk</p> <p>1:00 HF Trivia & Stretch</p> <p>2:00 C Pie Social and Thanksgiving Trivia</p> <p>3:00 L SingFit</p> <p>6:00 EF Movie and Popcorn</p> | <p>29</p> <p>7:30 Wake up and Smell the Coffee</p> <p>9:30 HF Commit to be Fit (RSA)</p> <p>10:00 CE Creative Masterpieces (LG)</p> <p>11:30 HF Walk around the Neighborhood (LRY)</p> <p>1:00 LL Mind Joggers</p> <p>2:00 IS Daniel's Communion Service (CR)</p> <p>3:30 L Karaoke (RSA)</p> <p>4:00 CV Sunshine Club Visits</p> <p>6:30 EF Funny Friday Movie Night (LR)</p> | <p>30</p> <p>7:30 Wake up and Smell the Coffee</p> <p>9:30 HF Toss and Turn (RSA)</p> <p>11:30 HF Walk around the Neighborhood</p> <p>1:00 HF Let's Twist and Shout (RSA)</p> <p>2:00 LL Crossword Puzzles (RSA)</p> <p>3:00 EF Piano Performance by Haven Veragaus (LR) (RSA)</p> <p>4:00 IS Soothing Sounds (LRY) (RSA)</p> <p>6:00 EF Saturday Night the Movies (LRY) (RSA)</p> |