

ENGAGE LIFE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

White Elephant Gift Exchange

Tuesday, December 14, 2:00 PM

New Resident:

Hot Cocoa Kinda Day

Tuesday, December 21, 2:30 PM

Creating Winter Snow Globes

Monday, December 27, 1:45 PM



DECEMBER 2021

ATRIA CHANDLER VILLAS engage life®

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE®

ROOM LOCATION KEY:

- Clubhouse CH
- Lobby L
- Card Lounge CL
- Outing O
- Putting Green PG
- Dining Room DR
- Phone Program PP
- Resident Apartment RA

STAFF KEY:

- Alyssa ELD
- Mary Ellen ME
- Resident Run RR
- Dave Stretzbach DS
- Jaymee JM
- Maria MOP
- Dyvonne DB
- Jem JG
- Keshia ELPI KH

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5
9:15 **HPF** Dance & Movement: Cowboy Charleston (CH) (KH)
10:00 **SCE** Putting Tournament (PG) (RR)
12:15 **HPF** Tai Chi: Balance & Posture (CH) (ELD)
12:45 **SCE** Active Game Sesh (CH) (ELD)
1:00 **CPI** Knit & Crochet Club (CL) (RR)
2:15 **Bingo** (CH) (ELD)
4:00 **RSF** Hanukkah Celebration Series (L)
5:30 **Rummikub**® (CL) (RR)
6:15 **HPF** Walking Challenge: Moving For Memory (L) (RR)

6 LAST DAY OF HANUKKAH ST. NICHOLAS DAY
9:30 **HPF** Total Body Conditioning - Advanced (CH) (ELD)
10:15 **RSF** Bible Study Series: Part II (CH) (ELD)
12:00 **RSF** Newsletter Highlight: St. Nicholas Day (PP)
12:30 **Bridge Club** (CL) (RR)
1:00 **HPF** Posture and Stretch Fitness Class (CH) (ELD)
1:45 **CEA** Creative Crafts (CH) (ELD)
3:00 **SCE** Winter Wonderland Happy Hour (CH) (ELD)
3:00 **Happy Hour: Movin' & Groovin'** (CH) (ELD)
4:00 **RSF** Hanukkah Celebration Series (L)
5:00 **Backgammon** (CL) (RR)

7 NATIONAL PEARL HARBOR DAY OF REMEMBRANCE
9:00 **CPI** Civic Engagement Project Launch (RA) (ELD)
9:30 **HPF** Full Body Stretch (CH) (ELD)
10:00 **CPI** Food for Thought-Culinary Led (DR)
10:00 **Hearing Aid Cleaning & Adjustment** (CL)
12:15 **HPF** Yoga Flow (CH) (ELD)
12:30 **Mahjong** (CL) (DB)
1:00 **CEA** Songsters (CH) (DS)
2:00 **CEA** Ginger Bread Houses (CH) (ELD)
3:00 **SCE** Darts (CH) (ELD)
5:30 **SCE** Pool Tournaments (CH) (RR)
6:00 **HPF** Line Dancing: Channels 901-950 (RA) (RR)

8 FEAST OF THE IMMACULATE CONCEPTION
9:30 **HPF** Lower Body Conditioning (CH) (ELD)
10:00 **CEA** These Hands Project (RA) (ELD)
10:00 **Hand & Foot** (CH) (RR)
11:00 **RSF** Rosary (CL) (RR)
12:00 **RSF** Newsletter: Immaculate Conception Feast (PP)
12:00 **HPF** Cardio Drumming Circle (CH) (ELD)
12:30 **Bridge Club** (CL) (RR)
1:00 **SCE** Holly Jolly Cocktail Party (CH) (ELD)
3:00 **SCE** Jeopardy!® (CH) (ELD)
5:30 **Mexican Train** (CL) (RR)
6:00 **HPF** Walking Challenge: Moving For Memory (L) (RR)

9
8:00 **HPF** Mall Walk (O) (JG)
10:00 **SCE** Putting Tournament (PG) (ELD)
12:30 **CEA** BJK Journaling Series (CL) (ELD)
1:00 **SCE** Holly Jolly Cocktail Party (CH) (ELD)
1:00 **CEA** Beginner Drawing Class (CL) (MOP)
1:30 **HPF** Yoga Flow (CH) (ELD)
2:30 **LIS** Worldwide Current Events (CL) (ELD)
5:30 **Pinochle & Euchre** (CL) (RR)
6:00 **HPF** In-Room Full Body Stretch (RA) (RR)

10
9:30 **HPF** Dance & Movement: Papa Loves Mambo (CH) (KH)
10:15 **LIS** Meal Planning Club (CL) (ELD)
10:30 **HPF** Well-Being Series (CH) (KH)
12:30 **Mexican Train** (CL) (RR)
1:00 **HPF** Upper Body Conditioning (CH) (KH)
1:45 **SCE** Blackjack \$1 (CH) (ELD)
3:00 **Happy Hour: Rockin' & Rollin'** (CH) (ELD)
5:30 **SCE** Pool Tournament (CH) (RR)
5:30 **LIS** Friday Night Movie & Discussion (CL)
6:00 **HPF** Line Dancing: Channels 901-950 (RA) (RR)

11
9:00 **HPF** Lower Body Conditioning (CH) (JG)
10:00 **Left-Right - Center** (CH) (JG)
10:00 **Rummikub**® (CL) (RR)
12:00 **RSF** Rosary & Communion (CH) (ME)
12:15 **Poker** (CL) (RR)
1:00 **HPF** Holiday Hustle Series (CH) (JG)
2:00 **CEA** Joyful Making (CH) (JG)
3:00 **SCE** Holiday Brain Challenge (CH) (JG)
5:30 **LIS** Saturday Night Movie & Discussion (CH) (JG)
5:30 **Pinochle & Euchre** (CL) (RR)
6:00 **HPF** In-Room Full Body Stretch (RA) (RR)

12 NATIONAL POINSETTIA DAY
9:00 **RSF** Newsletter: The Christmas Flower (PP)
9:15 **HPF** Dance Class: Papa Loves Mambo (CH) (KH)
10:00 **SCE** Putting Tournament (PG) (RR)
12:15 **HPF** Tai Chi: Balance & Posture (CH) (ELD)
12:45 **SCE** Active Game Sesh (CH) (ELD)
1:00 **CPI** Knit & Crochet Club (CL) (RR)
2:15 **Bingo** (CH) (ELD)
5:30 **Rummikub**® (CL) (RR)
6:15 **HPF** Walking Challenge: Moving For Memory (L) (RR)

13 U.S. NATIONAL GUARD BIRTHDAY
9:30 **HPF** Total Body Conditioning - Advanced (CH) (ELD)
10:15 **RSF** Bible Study Series: Part III (CH) (ELD)
12:00 **LIS** Newsletter: U.S. National Guard Birthday (PP)
12:30 **Bridge Club** (CL) (RR)
1:00 **HPF** Posture and Stretch Fitness Class (CH) (ELD)
1:45 **CEA** Scentsary Art (CH) (ELD)
3:00 **SCE** Candy Lane Happy Hour (CH) (ELD)
3:00 **Happy Hour: Musical Keys** (CH) (ELD)
5:00 **Backgammon** (CL) (RR)

14
9:00 **CPI** Civic Engagement Working Session (RA) (ELD)
9:30 **HPF** Full Body Stretch (CH) (ELD)
11:00 **CPI** Ambassador Club Meeting (CH) (ELD)
12:15 **HPF** Yoga Flow (CH) (ELD)
12:30 **Mahjong** (CL) (DB)
1:00 **CEA** Songsters (CH) (DS)
2:00 **SCE** White Elephant Gift Exchange (CH) (ELD)
3:00 **SCE** Darts (CH) (RR)
5:00 **LIS** ODU: Christmas in America (CL) (KH)
5:30 **SCE** Pool Tournaments (CH) (RR)
6:00 **HPF** Line Dancing: Channels 901-950 (RA) (RR)

15
9:30 **HPF** Lower Body Conditioning (CH) (ELD)
10:00 **CEA** These Hands Project (RA) (ELD)
10:00 **Hand & Foot** (CH) (RR)
11:00 **RSF** Rosary (CL) (RR)
12:30 **Bridge Club** (CL) (RR)
1:00 **HPF** Cardio Drumming Circle (CH) (ELD)
2:00 **CEA** Sip & Paint: Winter Scene (CH) (ELD)
3:00 **SCE** Wheel of Fortune® (CH) (ELD)
5:30 **Mexican Train** (CL) (RR)
6:00 **HPF** Walking Challenge: Moving For Memory (L) (RR)

16
8:00 **HPF** Mall Walk (O) (JG)
10:00 **SCE** Putting Tournament (PG) (ELD)
12:30 **CEA** BJK Journaling Series (CL) (ELD)
1:00 **CEA** Beginner Drawing Class (CL) (MOP)
1:30 **HPF** Yoga Flow (CH) (ELD)
2:30 **Bingo** (CH) (ELD)
2:30 **LIS** Worldwide Current Events (CL) (ELD)
5:30 **Pinochle & Euchre** (CL) (RR)
6:00 **HPF** In-Room Full Body Stretch (RA) (RR)

17 NATIONAL MAPLE SYRUP DAY
9:30 **HPF** Dance & Movement: Cupid Shuffle (CH) (KH)
10:15 **LIS** Meal Planning Club (CL) (ELD)
10:30 **HPF** Well-Being Series (CH) (KH)
12:00 **LIS** Newsletter: National Maple Syrup Day (PP)
12:30 **Mexican Train** (CL) (RR)
1:00 **HPF** Upper Body Conditioning (CH) (KH)
1:45 **SCE** Blackjack \$1 (CH) (ELD)
3:00 **Happy Hour: Jazz It Up** (CH) (ELD)
5:30 **SCE** Pool Tournament (CH) (RR)
5:30 **LIS** Friday Night Movie & Discussion (CL)
6:00 **HPF** Line Dancing: Channels 901-950 (RA) (RR)

18 NATIONAL WREATHS ACROSS AMERICA DAY
9:00 **HPF** Lower Body Conditioning (CH) (JG)
10:00 **The Game** (CH) (JG)
10:00 **Rummikub**® (CL) (RR)
12:00 **RSF** Rosary & Communion (CH) (ME)
12:15 **Poker** (CL) (RR)
1:00 **HPF** Holiday Hustle Series (CH) (JG)
2:00 **CEA** Blissful Baking (CH) (JG)
3:00 **LIS** Newsletter: National Wreaths Day (CH) (JG)
5:30 **Pinochle & Euchre** (CL) (RR)
5:30 **LIS** Saturday Night Movie & Discussion (CH) (JG)
6:00 **HPF** In-Room Full Body Stretch (RA) (RR)

19
9:15 **HPF** Dance Class: Cupid Shuffle (CH) (KH)
10:00 **SCE** Putting Tournament (PG) (RR)
12:15 **HPF** Tai Chi: Balance & Posture (CH) (ELD)
12:45 **SCE** Active Game Sesh (CH) (ELD)
1:00 **CPI** Knit & Crochet Club (CL) (RR)
2:15 **Bingo** (CH) (ELD)
5:30 **Rummikub**® (CL) (RR)
6:15 **HPF** Walking Challenge: Moving For Memory (L) (RR)

20
9:30 **HPF** Total Body Conditioning - Advanced (CH) (ELD)
10:15 **RSF** Bible Study Series: Part IV (CH) (ELD)
12:00 **CEA** Music History: Christmas Carols, Part I (PP)
12:30 **Bridge Club** (CL) (RR)
1:00 **HPF** Posture and Stretch Fitness Class (CH) (ELD)
1:45 **CEA** Creative Crafts (CH) (ELD)
3:00 **SCE** Christmas Cheer(s) Happy Hour (CH) (ELD)
3:00 **Happy Hour: Crooin' Las Vegas** (CH) (ELD)
5:00 **Backgammon** (CL) (RR)

21 WINTER SOLSTICE
9:00 **CPI** Civic Engagement Delivery (RA) (ELD)
9:30 **HPF** Full Body Stretch (CH) (ELD)
10:00 **CPI** Town Hall Meeting (CH)
12:00 **LIS** Newsletter Highlight: Winter Solstice (PP)
12:15 **HPF** Yoga Flow (CH) (ELD)
12:30 **Mahjong** (CL) (DB)
1:00 **CEA** Songsters (CH) (DS)
2:30 **SCE** New Resident: Hot Cocoa Kinda Day (CH) (ELD)
3:00 **SCE** Darts (CH) (RR)
5:30 **SCE** Pool Tournament (CH) (RR)
6:00 **HPF** Line Dancing: Channels 901-950 (RA) (RR)

22
9:30 **HPF** Lower Body Conditioning (CH) (ELD)
10:00 **CEA** These Hands Project (RA) (ELD)
10:00 **Hand & Foot** (CH) (RR)
11:00 **RSF** Rosary (CL) (RR)
12:00 **CEA** Music History: Christmas Carols, Part II (PP) (ELD)
12:30 **Bridge Club** (CL) (RR)
1:00 **HPF** Cardio Drumming Circle (CH) (ELD)
2:00 **SCE** A Game of Carols (CH) (ELD)
3:00 **LIS** Holiday Language Learning (CH) (ELD)
5:30 **Mexican Train** (CL) (RR)
6:00 **HPF** Walking Challenge: Moving For Memory (L) (RR)

23
8:00 **HPF** Mall Walk (O) (JG)
10:00 **SCE** Putting Tournament (PG) (ELD)
12:30 **CEA** BJK Journaling Series (CL) (ELD)
1:00 **CEA** Beginner Drawing Class (CL) (MOP)
1:30 **HPF** Yoga Flow (CH) (ELD)
2:30 **Bingo** (CH) (ELD)
2:30 **LIS** Worldwide Current Events (CL) (ELD)
5:30 **Pinochle & Euchre** (CL) (RR)
6:00 **HPF** In-Room Full Body Stretch (RA) (RR)

24 CHRISTMAS EVE
9:30 **HPF** Dance & Movement: The Macarena (CH) (KH)
10:15 **LIS** Meal Planning Club (CL) (ELD)
10:30 **HPF** Well-Being Series (CH) (KH)
12:00 **RSF** Meaning & Tradition of Christmas Part I (PP)
12:30 **Mexican Train** (CL) (RR)
1:00 **HPF** Upper Body Conditioning (CH) (KH)
1:45 **SCE** Blackjack \$1 (CH) (ELD)
3:00 **Happy Hour: Christmas Sing Along** (CH) (ELD)
5:30 **SCE** Pool Tournament (CH) (RR)
5:30 **LIS** Friday Night Movie & Discussion (CL)
6:00 **HPF** Line Dancing: Channels 901-950 (RA) (RR)

25 CHRISTMAS DAY
9:00 **HPF** Lower Body Conditioning (CH) (JG)
10:00 **Rummikub**® (CL) (RR)
10:00 **Bunco** (CH) (JG)
11:00 **SCE** Christmas Lunch (DR)
12:00 **RSF** Rosary & Communion (CH) (ME)
12:15 **Poker** (CL) (RR)
1:00 **HPF** Holiday Hustle Series (CH) (JG)
4:00 **SCE** Christmas Dinner (DR)
5:30 **Pinochle & Euchre** (CL) (RR)
5:30 **LIS** Saturday Night Movie & Discussion (CH) (JG)
6:00 **HPF** In-Room Full Body Stretch (RA) (RR)

26 BOXING DAY HAPPY KWANZAA
9:00 **LIS** Newsletter Highlight: Boxing Day (PP)
9:15 **HPF** Dance Class: The Macarena (CH) (KH)
10:00 **SCE** Putting Tournament (PG) (RR)
12:15 **HPF** Tai Chi: Balance & Posture (CH) (ELD)
12:45 **SCE** Active Game Sesh (CH) (ELD)
1:00 **CPI** Knit & Crochet Club (CL) (RR)
2:15 **Bingo** (CH) (ELD)
5:30 **Rummikub**® (CL) (RR)
6:15 **HPF** Walking Challenge: Moving For Memory (L) (RR)

27
9:30 **HPF** Total Body Conditioning - Advanced (CH) (ELD)
10:15 **RSF** Bible Study Series: Part V (CH) (ELD)
12:30 **Bridge Club** (CL) (RR)
1:00 **HPF** Posture and Stretch Fitness Class (CH) (ELD)
1:45 **CEA** Creating Winter Snow Globes (CH) (ELD)
3:00 **Happy Hour: Rootin' Tootin'** (CH) (ELD)
3:00 **Happy New Year Happy Hour** (CH) (ELD)
5:00 **Backgammon** (CL) (RR)

28 CALL A FRIEND DAY
9:00 **CPI** Community Counts Project (RA) (ELD)
9:30 **HPF** Full Body Stretch (CH) (ELD)
12:00 **SCE** Newsletter Highlight: Call a Friend Day (PP) (ELD)
12:15 **HPF** Yoga Flow (CH) (ELD)
12:30 **Mahjong** (CL) (DB)
1:00 **CEA** Songsters (CH) (DS)
2:00 **LIS** Kwanzaa Celebration (CH) (ELD)
3:00 **SCE** Darts (CH) (RR)
5:00 **LIS** The History & Origins of New Year's Eve (CH) (KH)
5:30 **SCE** Pool Tournaments (CH) (RR)
6:00 **HPF** Line Dancing: Channels 901-950 (RA) (RR)

29
9:30 **HPF** Lower Body Conditioning (CH) (ELD)
10:00 **Hand & Foot** (CH) (RR)
10:00 **CEA** These Hands Project (RA) (ELD)
11:00 **RSF** Rosary (CL) (RR)
12:30 **Bridge Club** (CL) (RR)
1:00 **HPF** Cardio Drumming Circle (CH) (ELD)
2:00 **SCE** Sing Your Heart Out Karaoke (CH) (JM)
5:30 **Mexican Train** (CL) (RR)
6:00 **HPF** Moving For Memory: Walking Challenge (L) (RR)

30
8:00 **HPF** Mall Walk (O) (JG)
9:00 **LIS** Monthly Book Club I (CL) (ELD)
10:00 **LIS** Monthly Book Club (CL) (ELD)
10:00 **SCE** Putting Tournament (PG) (ELD)
12:30 **CEA** BJK Journaling Series (CL) (ELD)
1:00 **CEA** Beginner Drawing Class (CL) (MOP)
1:30 **HPF** Flow Yoga (CH) (ELD)
2:30 **Bingo** (CH) (ELD)
3:30 **HPF** Holiday Hustle Awards Ceremony (CH)
5:30 **Pinochle & Euchre** (CL) (RR)
6:00 **HPF** In-Room Full Body Stretch (RA) (RR)

31 NEW YEAR'S EVE
9:30 **HPF** Dance & Movement: The Hustle (CH) (KH)
10:15 **LIS** Meal Planning Club (CL) (ELD)
10:30 **HPF** Well-Being Series (CH) (KH)
12:30 **Mexican Train** (CL) (RR)
1:00 **HPF** Upper Body Conditioning (CH) (KH)
3:00 **SCE** Rolling Out the Red Carpet (DR)
4:00 **SCE** Silver and Gold New Year's Eve Party (DR)
5:30 **SCE** Pool Tournament (CH) (RR)
5:30 **LIS** Friday Night Movie & Discussion (CL)
6:00 **HPF** Line Dancing: Channels 901-950 (RA) (RR)

- HEALTH AND PHYSICAL FITNESS
- LIFELONG LEARNING AND INTELLECTUAL STIMULATION
- CREATIVE EXPRESSION AND THE ARTS
- SOCIAL CONNECTION AND ENTERTAINMENT
- CIVIC AND PROFESSIONAL INVOLVEMENT
- RELIGIOUS AND SPIRITUAL FELLOWSHIP