

# ENGAGE LIFE<sup>®</sup>

## Monthly Calendar of Events and Programming



Featured Events  
this Month:

- Creativity Cart:  
Succulent Planting**  
Wednesday, September 9, 2:00 PM
- NFL Season Kickoff Party**  
Thursday, September 10, 2:00 PM
- Virtual Home Town Visits**  
Monday, September 14, 1:30 PM

*Atria*  
SENIOR LIVING

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# SEPTEMBER 2020

# ATRIA SUMMIT RIDGE engage life®

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE

<p>9:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>10:00 <b>C</b> FaceTime &amp; Video Chat Appointments (IR)</p> <p>10:30 <b>HF</b> Hallway Fitness (HW)</p> <p>12:00 <b>C</b> Social Distance Dining (DR)</p> <p>1:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>2:00 <b>EF</b> Rolling Trivia: History of Labor Day (IR)</p> <p>3:30 <b>HF</b> Let's Get Moving!</p> <p>5:00 <b>C</b> Social Distance Dining (DR)</p> <p>6:30 <b>EF</b> Popcorn, Candy and a Movie (IR)</p>	<p>9:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>10:00 <b>C</b> FaceTime &amp; Video Chat Appointments</p> <p>10:30 <b>HF</b> Hallway Fitness Classes (HW)</p> <p>12:00 <b>C</b> Social Distance Dining (DR)</p> <p>1:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>1:30 <b>LL</b> National Parks Tour (IR)</p> <p>3:30 <b>HF</b> Fall Prevention (HW)</p> <p>5:00 <b>C</b> Social Distance Dining (DR)</p>	<p>9:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>10:00 <b>C</b> FaceTime &amp; Video Chat Appointments (IR)</p> <p>10:30 <b>HF</b> Hallway Fitness Classes (HW)</p> <p>12:00 <b>C</b> Social Distance Dining (DR)</p> <p>1:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>2:00 <b>CE</b> Dial-In Poetry Writing Workshop (IR)</p> <p>3:00 <b>CV</b> Special Delivery Activity Cart (IR)</p> <p>3:30 <b>PA</b> Resident Council Meeting (IR)</p> <p>5:00 <b>C</b> Social Distance Dining (DR)</p> <p>6:15 <b>HF</b> Dial-In Strength &amp; Balance Exercise (IR)</p>	<p>9:00 <b>PA</b> Engage Life® Programming Meeting</p> <p>9:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>10:00 <b>C</b> FaceTime &amp; Video Chat Appointments (IR)</p> <p>10:30 <b>HF</b> Hallway Fitness Classes (HW)</p> <p>1:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>2:00 <b>EF</b> Kentucky Derby Happy Hour (IR)</p> <p>3:00 <b>LL</b> TED: Mathematics of Love (IR)</p> <p>4:00 <b>HF</b> Dial-In Deep Stretching (IR)</p>	<p>9:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>10:00 <b>C</b> FaceTime &amp; Video Chat Appointments (IR)</p> <p>10:30 <b>HF</b> Hallway Fitness Classes (HW)</p> <p>12:00 <b>C</b> Social Distance Dining (DR)</p> <p>1:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>2:00 <b>CE</b> Creativity Cart: Painting (IR)</p> <p>3:00 <b>CV</b> Charity Miles Walk-a-Thon</p> <p>5:00 <b>C</b> Social Distance Dining (DR)</p>	<p>9:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>10:00 <b>C</b> FaceTime &amp; Video Chat Appointments (IR)</p> <p>10:30 <b>HF</b> Hallway Fitness Classes (HW)</p> <p>1:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>1:00 <b>IS</b> Social Dial-In Bingo (IR)</p> <p>3:00 <b>HF</b> Gentle Yoga (HW)</p> <p>4:00 <b>IS</b> Dial-In Bible Study (IR)</p>	<p>9:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>10:00 <b>C</b> FaceTime &amp; Video Chat Appointments (IR)</p> <p>10:30 <b>HF</b> Hallway Fitness Classes (HW)</p> <p>1:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>2:00 <b>HF</b> Hand Eye Coordination Training: Tennis (HW)</p> <p>4:00 <b>LL</b> OneDayU: 8 Books that Changed the World (IR)</p>
<p>9:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>10:00 <b>C</b> FaceTime &amp; Video Chat Appointments (IR)</p> <p>10:30 <b>HF</b> Hallway Fitness (HW)</p> <p>12:00 <b>C</b> Social Distance Dining (DR)</p> <p>1:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>2:00 <b>EF</b> Rolling Trivia: History of Labor Day (IR)</p> <p>3:30 <b>HF</b> Let's Get Moving!</p> <p>5:00 <b>C</b> Social Distance Dining (DR)</p> <p>6:30 <b>EF</b> Popcorn, Candy and a Movie (IR)</p>	<p>9:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>10:00 <b>C</b> FaceTime &amp; Video Chat Appointments</p> <p>10:30 <b>HF</b> Hallway Fitness Classes (HW)</p> <p>12:00 <b>C</b> Social Distance Dining (DR)</p> <p>1:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>1:30 <b>LL</b> National Parks Tour (IR)</p> <p>3:30 <b>HF</b> Fall Prevention (HW)</p> <p>5:00 <b>C</b> Social Distance Dining (DR)</p>	<p>9:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>10:00 <b>C</b> FaceTime &amp; Video Chat Appointments (IR)</p> <p>10:30 <b>HF</b> Hallway Fitness Classes (HW)</p> <p>12:00 <b>C</b> Social Distance Dining (DR)</p> <p>1:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>2:00 <b>CE</b> Dial-In Poetry Writing Workshop (IR)</p> <p>3:00 <b>CV</b> Special Delivery Activity Cart (IR)</p> <p>3:30 <b>PA</b> Resident Council Meeting (IR)</p> <p>5:00 <b>C</b> Social Distance Dining (DR)</p> <p>6:15 <b>HF</b> Dial-In Strength &amp; Balance Exercise (IR)</p>	<p>9:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>10:00 <b>C</b> FaceTime &amp; Video Chat Appointments (IR)</p> <p>10:30 <b>HF</b> Hallway Fitness Classes (HW)</p> <p>1:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>2:00 <b>CE</b> Creativity Cart: Succulent Planting (IR)</p> <p>3:00 <b>CV</b> Charity Miles Walk-a-Thon</p>	<p>9:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>10:00 <b>C</b> FaceTime &amp; Video Chat Appointments (IR)</p> <p>10:30 <b>HF</b> Hallway Fitness Classes (HW)</p> <p>12:00 <b>C</b> Social Distance Dining (DR)</p> <p>1:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>2:00 <b>EF</b> NFL Season Kickoff Party (IR)</p> <p>3:00 <b>LL</b> TED: Why We Laugh (IR)</p> <p>4:00 <b>HF</b> Dial-In Deep Stretching (IR)</p> <p>5:00 <b>C</b> Social Distance Dining (DR)</p>	<p>9:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>10:00 <b>C</b> FaceTime &amp; Video Chat Appointments (IR)</p> <p>10:30 <b>HF</b> Hallway Fitness Classes (HW)</p> <p>1:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>1:00 <b>IS</b> Social Dial-In Bingo (IR)</p> <p>3:00 <b>HF</b> Gentle Yoga (HW)</p> <p>4:00 <b>IS</b> Dial-In Meditation (IR)</p>	<p>9:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>10:00 <b>C</b> FaceTime &amp; Video Chat Appointments (IR)</p> <p>10:30 <b>HF</b> Hallway Fitness Classes (HW)</p> <p>1:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>2:00 <b>HF</b> Hand Eye Coordination Training: Tennis (HW)</p> <p>4:00 <b>LL</b> OneDayU: A Grand Tour of Italy (IR)</p>
<p>9:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>10:00 <b>C</b> FaceTime &amp; Video Chat Appointments (IR)</p> <p>10:30 <b>HF</b> Hallway Fitness (HW)</p> <p>12:00 <b>C</b> Social Distance Dining (DR)</p> <p>1:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>2:00 <b>EF</b> Rolling Brain Games: 4 Pictures 1 Word (IR)</p> <p>3:30 <b>HF</b> Let's Get Moving!</p> <p>5:00 <b>C</b> Social Distance Dining (DR)</p> <p>6:30 <b>EF</b> Popcorn, Candy and a Movie (IR)</p>	<p>9:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>10:00 <b>C</b> FaceTime &amp; Video Chat Appointments</p> <p>10:30 <b>HF</b> Hallway Fitness Classes (HW)</p> <p>12:00 <b>C</b> Social Distance Dining (DR)</p> <p>1:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>1:30 <b>PA</b> Virtual Home Town Visits (IR)</p> <p>3:30 <b>HF</b> Fall Prevention (HW)</p> <p>5:00 <b>C</b> Social Distance Dining (DR)</p>	<p>9:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>10:00 <b>C</b> FaceTime &amp; Video Chat Appointments (IR)</p> <p>10:30 <b>HF</b> Hallway Fitness Classes (HW)</p> <p>11:00 <b>PA</b> Food for Thought Meeting</p> <p>12:00 <b>C</b> Social Distance Dining (DR)</p> <p>1:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>2:00 <b>CE</b> Dial-In Creative Writing Workshop (IR)</p> <p>3:00 <b>CV</b> Special Delivery Activity Cart (IR)</p> <p>5:00 <b>C</b> Social Distance Dining (DR)</p> <p>6:15 <b>HF</b> Dial-In Strength &amp; Balance Exercise (IR)</p>	<p>9:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>10:00 <b>C</b> FaceTime &amp; Video Chat Appointments (IR)</p> <p>10:30 <b>HF</b> Hallway Fitness Classes (HW)</p> <p>1:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>2:00 <b>EF</b> Taco 'bout a Guac Happy Hour (IR)</p> <p>3:00 <b>LL</b> TED: Skills for an Unpredictable World (IR)</p> <p>4:00 <b>HF</b> Dial-In Deep Stretching (IR)</p>	<p>9:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>10:00 <b>C</b> FaceTime &amp; Video Chat Appointments (IR)</p> <p>10:30 <b>HF</b> Hallway Fitness Classes (HW)</p> <p>12:00 <b>C</b> Social Distance Dining (DR)</p> <p>1:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>2:00 <b>CE</b> Creativity Cart: Self Portraiture (IR)</p> <p>3:00 <b>CV</b> Charity Miles Walk-a-Thon</p> <p>5:00 <b>C</b> Social Distance Dining (DR)</p>	<p><b>Happy Birthday Air Force!</b></p> <p>9:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>10:00 <b>C</b> FaceTime &amp; Video Chat Appointments (IR)</p> <p>10:30 <b>HF</b> Air Force Boot Camp (HW)</p> <p>1:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>1:00 <b>IS</b> Taking Flight: Paper Plane Workshop (IR)</p> <p>3:00 <b>HF</b> Gentle Yoga (HW)</p> <p>4:00 <b>IS</b> Storytelling with Our Air Force Veterans (IR)</p>	<p>9:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>10:00 <b>C</b> FaceTime &amp; Video Chat Appointments (IR)</p> <p>10:30 <b>HF</b> Hallway Fitness Classes (HW)</p> <p>1:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>2:00 <b>HF</b> Hand Eye Coordination Training: Tennis (HW)</p> <p>4:00 <b>LL</b> OneDayU: The Psychology of Humor (IR)</p>
<p>9:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>10:00 <b>C</b> FaceTime &amp; Video Chat Appointments (IR)</p> <p>10:30 <b>HF</b> Hallway Fitness (HW)</p> <p>12:00 <b>C</b> Social Distance Dining (DR)</p> <p>1:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>2:00 <b>EF</b> Rolling Brain Games: Name that Tune (IR)</p> <p>3:30 <b>HF</b> Let's Get Moving!</p> <p>5:00 <b>C</b> Social Distance Dining (DR)</p> <p>6:30 <b>EF</b> Popcorn, Candy and a Movie (IR)</p>	<p>9:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>10:00 <b>C</b> FaceTime &amp; Video Chat Appointments</p> <p>10:30 <b>HF</b> Hallway Fitness Classes (HW)</p> <p>12:00 <b>C</b> Social Distance Dining (DR)</p> <p>1:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>1:30 <b>LL</b> Wonders of the Universe (IR)</p> <p>3:30 <b>HF</b> Fall Prevention (HW)</p> <p>5:00 <b>C</b> Social Distance Dining (DR)</p>	<p><b>Happy Birthday Thelma!</b></p> <p>9:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>10:00 <b>C</b> FaceTime &amp; Video Chat Appointments (IR)</p> <p>10:30 <b>HF</b> Hallway Fitness Classes (HW)</p> <p>12:00 <b>C</b> Social Distance Dining (DR)</p> <p>1:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>2:00 <b>CE</b> Dial-In One-Act-Play Script Reading (IR)</p> <p>3:00 <b>CV</b> Special Delivery Activity Cart (IR)</p> <p>5:00 <b>C</b> Social Distance Dining (DR)</p> <p>6:15 <b>HF</b> Dial-In Strength &amp; Balance Exercise (IR)</p>	<p><b>Happy Birthday Barbara &amp; Hank!</b></p> <p>9:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>10:00 <b>C</b> FaceTime &amp; Video Chat Appointments (IR)</p> <p>10:30 <b>HF</b> Hallway Fitness Classes (HW)</p> <p>1:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>2:00 <b>EF</b> Casino Royale Happy Hour (IR)</p> <p>3:00 <b>LL</b> TED: Rivers &amp; the Earth's History (IR)</p> <p>4:00 <b>HF</b> Dial-In Deep Stretching (IR)</p>	<p><b>Happy Birthday Lena!</b></p> <p>9:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>10:00 <b>C</b> FaceTime &amp; Video Chat Appointments (IR)</p> <p>10:30 <b>HF</b> Hallway Fitness Classes (HW)</p> <p>12:00 <b>C</b> Social Distance Dining (DR)</p> <p>1:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>2:00 <b>CE</b> Creativity Cart: Dough Sculptures (IR)</p> <p>3:00 <b>CV</b> Charity Miles Walk-a-Thon</p> <p>5:00 <b>C</b> Social Distance Dining (DR)</p>	<p>9:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>10:00 <b>C</b> FaceTime &amp; Video Chat Appointments (IR)</p> <p>10:30 <b>HF</b> Hallway Fitness Classes (HW)</p> <p>1:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>1:00 <b>IS</b> Social Dial-In Bingo (IR)</p> <p>3:00 <b>HF</b> Gentle Yoga (HW)</p> <p>4:00 <b>IS</b> Breathing with the Rhythms of Nature (C)</p>	<p><b>Happy Birthday Mary D!</b></p> <p>9:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>9:00 <b>PA</b> Coffee &amp; Donuts with Our Ambassadors (IR)</p> <p>10:00 <b>C</b> FaceTime &amp; Video Chat Appointments (IR)</p> <p>10:30 <b>HF</b> Hallway Fitness Classes (HW)</p> <p>1:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>1:00 <b>IS</b> Social Dial-In Bingo (IR)</p> <p>3:00 <b>HF</b> Gentle Yoga (HW)</p> <p>4:00 <b>IS</b> Breathing with the Rhythms of Nature (C)</p>
<p><b>Happy Birthday Ann-Katherine!</b></p> <p>9:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>10:00 <b>C</b> FaceTime &amp; Video Chat Appointments (IR)</p> <p>10:30 <b>HF</b> Hallway Fitness (HW)</p> <p>12:00 <b>C</b> Social Distance Dining (DR)</p> <p>1:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>2:00 <b>EF</b> Rolling Brain Games: Outside the Box (IR)</p> <p>3:30 <b>HF</b> Let's Get Moving!</p> <p>5:00 <b>C</b> Social Distance Dining (DR)</p> <p>6:30 <b>EF</b> Popcorn, Candy and a Movie (IR)</p>	<p>9:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>10:00 <b>C</b> FaceTime &amp; Video Chat Appointments</p> <p>10:30 <b>HF</b> Hallway Fitness Classes (HW)</p> <p>12:00 <b>C</b> Social Distance Dining (DR)</p> <p>1:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>1:30 <b>LL</b> WWF Endangered Species (IR)</p> <p>3:30 <b>HF</b> Fall Prevention (HW)</p> <p>5:00 <b>C</b> Social Distance Dining (DR)</p>	<p>9:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>10:00 <b>C</b> FaceTime &amp; Video Chat Appointments (IR)</p> <p>10:30 <b>HF</b> Hallway Fitness Classes (HW)</p> <p>12:00 <b>C</b> Social Distance Dining (DR)</p> <p>1:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>2:00 <b>CE</b> Storytelling: Adventures from Childhood (IR)</p> <p>3:00 <b>CV</b> Special Delivery Activity Cart (IR)</p> <p>5:00 <b>PA</b> September Birthday Celebrations (DR)</p> <p>6:15 <b>HF</b> Dial-In Strength &amp; Balance Exercise (IR)</p>	<p>9:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>10:00 <b>C</b> FaceTime &amp; Video Chat Appointments (IR)</p> <p>10:30 <b>HF</b> Jazzercise! (HW)</p> <p>1:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>2:00 <b>EF</b> Totally Rad 80s Happy Hour (IR)</p> <p>3:00 <b>LL</b> TED: How to Connect While Apart (IR)</p> <p>4:00 <b>HF</b> Dial-In Deep Stretching (IR)</p>	<p><b>PA Personal Achievement</b></p> <p><b>HF Health &amp; Fitness</b></p> <p><b>EF Entertainment &amp; Fun</b></p> <p><b>CV Civic Engagement</b></p> <p><b>LL Lifelong Learning</b></p> <p><b>CE Creative Expression</b></p> <p><b>IS Inspiration &amp; Spirituality</b></p> <p><b>C Connection</b></p> <p><b>Atria StoryWise</b></p>	<p><b>ROOM LOCATION KEY:</b></p> <p>Courtyard C</p> <p>Dining Room DR</p> <p>Hallways HW</p> <p>In-Room IR</p>	<p>9:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>10:00 <b>C</b> FaceTime &amp; Video Chat Appointments (IR)</p> <p>10:30 <b>HF</b> Hallway Fitness Classes (HW)</p> <p>1:00 <b>C</b> Family Drive-Up Scheduled Visits</p> <p>2:00 <b>HF</b> Hand Eye Coordination Training: Tennis (HW)</p> <p>4:00 <b>LL</b> OneDayU: A Cheesy Hour of Learning (IR)</p>