

# ENGAGE LIFE<sup>®</sup>

## Monthly Calendar of Events and Programming



Featured Events  
this Month:

**Historic Lecture: Focus  
On The Year 1969**  
Tuesday, April 9, 10:45 AM

**Folk Music Performance  
by: Sunshine Duo**  
Tuesday, April 23, 3:00 PM

**Acrylic Landscape Painting Class**  
Monday, April 29, 10:45 AM

*Atria*  
SENIOR LIVING

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## SUNDAY

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

## SATURDAY



Atria ENGAGE LIFE

<p><b>7</b></p> <p>10:00 <b>IS</b> Sunday Mass at St. Rocco's (T) (T)</p> <p>11:15 <b>HF</b> "The Tommy Experience" (ELC) (OP)</p> <p>12:45 <b>CE</b> Crafting Necklaces &amp; Bracelets (ELC)</p> <p>1:30 Documentary: Liberace (T) (ELD)</p> <p>2:00 <b>EF</b> Rack 'Em Up. Play Pool (CR) (RL)</p> <p>2:00 <b>HF</b> Fitness Fun! (ELC) (KJ)</p> <p>3:00 Happy Hour Cocktails! (BB) (ELD)</p> <p>4:15 <b>LL</b> Discussion on topics in the news (T) (ELD)</p> <p>7:15 Movie Night: (T) (FD)</p>	<p><b>1</b></p> <p>10:00 <b>HF</b> Focus on Physical Fitness (ELC) (ELD)</p> <p>10:30 <b>EF</b> Commonynms Word Game (ELC) (KJ)</p> <p>11:00 <b>LL</b> Spotlight on: Dancer Martha Graham (BL) (ELD)</p> <p>1:15 <b>LL</b> Today in History (T)</p> <p>1:45 <b>HF</b> Yoga with Marcella (ELC) (OP)</p> <p>3:00 <b>EF</b> Blast Off To Bingo (ELC)</p> <p>4:30 Monday Mystery Theater (T) (ELD)</p> <p>6:30 <b>CE</b> Common Ground Club (BB) (RL)</p> <p>7:15 Comedic Movie Night (T) (FD)</p>	<p><b>2</b></p> <p>10:00 <b>IS</b> Catholic Rosary (T) (V)</p> <p>10:30 <b>HF</b> Morning Moves (ELC) (KJ)</p> <p>11:00 <b>LL</b> Discussion Of Current Events (ELC) (OP)</p> <p>2:00 Solo Cello Concert (BL) (ELD)</p> <p>3:00 <b>HF</b> Tone Up Tuesday! (ELC)</p> <p>3:00 <b>C</b> Cocktail Hour (BB) (ELD)</p> <p>3:30 <b>CE</b> StoryWise™: Common Ground (BB)</p> <p>4:30 <b>LL</b> Spotlight on: President John Adams (BL) (ELD)</p> <p>7:15 Musical Movie Night (T) (D)</p>	<p><b>3</b></p> <p>10:00 <b>HF</b> Total Body Workout (ELC) (KJ)</p> <p>10:30 <b>C</b> Commonynms Word Game (ELC) (KJ)</p> <p>1:15 <b>C</b> Today in History (T) (AD)</p> <p>2:00 <b>EF</b> Play Poker! (FL) (RL)</p> <p>3:00 <b>HF</b> Laughter Yoga (ELC) (ELD)</p> <p>3:00 <b>LL</b> Lecture: Hollywood's Love of Long Island (T) (OP)</p> <p>4:15 <b>EF</b> Give Your Brain a Boost with Commonyns (T) (AD)</p> <p>6:30 <b>EF</b> Trivia Night (BB) (ELD)</p> <p>7:15 Dramatic Movie Wednesday (ELC) (D)</p>	<p><b>4</b></p> <p>10:00 <b>HF</b> Have Fun with Zumba®! (ELC) (OP)</p> <p>10:45 <b>CV</b> Charity Miles (L) (ELD)</p> <p>10:45 Lord &amp; Taylor Shopping Day (ELD)</p> <p>2:00 <b>EF</b> Play Poker! (FL) (RL)</p> <p>2:00 <b>HF</b> Afternoon Fitness Program with weights (ELC) (ELD)</p> <p>2:30 <b>PA</b> Food For Thought (ELC) (ELD)</p> <p>3:00 <b>C</b> Cocktail Time! (BL) (ELD)</p> <p>7:15 Classic Movie Night (T) (FD)</p>	<p><b>5</b></p> <p>10:00 <b>HF</b> Better Your Balance (ELC) (ELD)</p> <p>10:30 <b>EF</b> Trivia with Claudia. (ELC) (ELD)</p> <p>10:45 <b>LL</b> Elliot Gordon Presents (T) (OP)</p> <p>1:15 <b>LL</b> Spotlight on Lee Radziwill (T) (KJ)</p> <p>2:00 <b>IS</b> Shabbat Shalom (T) (OP)</p> <p>2:30 <b>HF</b> Get Strong And Stay Strong (ELC) (ELD)</p> <p>3:00 <b>EF</b> Bingo Mania (ELC) (ELD)</p> <p>4:00 Documentary: Spotlight On Architecture (T) (ELD)</p> <p>7:15 Movie Night (T) (FD)</p>	<p><b>6</b></p> <p>10:00 <b>HF</b> Morning Moves (ELC) (ELD)</p> <p>10:30 <b>EF</b> Word Games With Claudia (ELC) (ELD)</p> <p>11:15 <b>LL</b> Documentary on Edward Hopper (T) (ELD)</p> <p>2:00 <b>HF</b> Cardio Sculpt (ELC)</p> <p>3:00 <b>LL</b> Short story group (ELC) (ELD)</p> <p>7:15 Movie Night (T) (FD)</p>
<p><b>14</b></p> <p>10:00 <b>IS</b> Sunday Mass at St. Rocco's (T) (T)</p> <p>11:15 <b>HF</b> Full Body Workout (ELC) (KJ)</p> <p>1:15 <b>LL</b> Spotlight On Travel: Naples, Italy (T) (ELD)</p> <p>2:00 <b>EF</b> Play Pool! (CR) (RL)</p> <p>2:00 <b>HF</b> Fitness Fun (ELC)</p> <p>3:00 <b>C</b> Mix and Mingle! (BB) (ELD)</p> <p>7:15 Evening Movie: (T) (FD)</p>	<p><b>8</b></p> <p>10:00 <b>HF</b> Focus on Physical Fitness (ELC) (KJ)</p> <p>1:15 <b>LL</b> Today in History (T) (AD)</p> <p>2:00 <b>HF</b> Muscles Monday (ELC) (KJ)</p> <p>2:30 <b>EF</b> Monday Mystery Theater (T) (ELD)</p> <p>3:00 <b>EF</b> Bingo Bonanza (ELC)</p> <p>6:30 <b>CE</b> Common Ground Club (BB) (RL)</p> <p>7:15 Movie Night (T) (FD)</p>	<p><b>9</b></p> <p>10:00 <b>IS</b> Catholic Rosary (T) (V)</p> <p>10:00 <b>HF</b> Morning Moves (ELC) (AD)</p> <p>10:45 <b>EF</b> Historic Lecture: Focus On The Year 1969 (ELC) (ELD)</p> <p>2:00 <b>HF</b> Move and Groove (LR) (ELD)</p> <p>2:30 <b>EF</b> America's Favorite Quiz Game: Jeopardy!® (ELC) (ELD)</p> <p>3:00 <b>C</b> Live Performance With Concert Violinist (BB)</p> <p>7:15 Movie Night (T) (FD)</p>	<p><b>10</b></p> <p>10:00 <b>HF</b> Low-Impact Aerobics (ELC) (ELD)</p> <p>10:45 Outing to CVS and The Dollar Tree. (T) (ELD)</p> <p>2:00 <b>HF</b> Unwind with Tai-Chi (ELC) (OP)</p> <p>2:00 <b>EF</b> Play Poker (BL) (RL)</p> <p>3:00 <b>LL</b> Show Business Lecture (T) (OP)</p> <p>4:15 <b>EF</b> Give Your Brain a Boost with Commonyns (T) (AD)</p> <p>6:30 <b>EF</b> Trivia Night (T) (ELD)</p> <p>7:15 Movie Night (ELC) (D)</p>	<p><b>11</b></p> <p>10:00 <b>HF</b> Have Fun with Zumba®! (ELC) (OP)</p> <p>10:45 <b>EF</b> Nassau County Museum Visit (KJ)</p> <p>11:30 <b>C</b> Monthly Veterans Group Meeting (BB) (KJ)</p> <p>2:00 <b>HF</b> Movement Workshop (ELC)</p> <p>2:00 <b>EF</b> Play Poker (FL) (RL)</p> <p>2:30 <b>CE</b> StoryWise™: What Spring Means To You (BL) (KJ)</p> <p>3:00 <b>C</b> Happy Hour: Piano &amp; Pina Coladas! (BB)</p> <p>4:15 <b>EF</b> Play a NEW game called: Picwits (LR)</p> <p>7:15 Movie Night: (T) (FD)</p>	<p><b>12</b></p> <p>10:00 <b>HF</b> Stretch, balance and tone! (ELC) (AD)</p> <p>10:45 <b>LL</b> Innovation Series: Steve Jobs (T) (ELD)</p> <p>2:00 <b>HF</b> Cardio Sculpt (ELC) (ELD)</p> <p>3:00 <b>EF</b> Bingo Fever (ELC) (ELD)</p> <p>4:00 <b>C</b> Book Club (ELC) (KJ)</p> <p>6:30 <b>LL</b> Art Chat (BB) (ELD)</p> <p>7:15 Movie Night: (T) (FD)</p>	<p><b>13</b></p> <p>10:00 <b>HF</b> Stretch and Tone (ELC) (ELD)</p> <p>10:45 <b>LL</b> Documentary: Jimmy Carter (T) (FD)</p> <p>11:30 <b>LL</b> Guessing Game: First 3 letters! (ELC) (ELD)</p> <p>1:15 <b>LL</b> Afternoon Travel: The Galapagos Islands (T) (ELD)</p> <p>2:00 <b>HF</b> Light Weight Lifting (ELC) (AD)</p> <p>3:00 <b>CE</b> Beading for fun (ELC)</p> <p>3:45 <b>EF</b> Enjoy The New Game Of: Picwits! (BL)</p> <p>7:15 Movie Night: (T) (FD)</p>
<p><b>21</b></p> <p>10:00 <b>IS</b> Sunday Mass at St. Rocco's (T) (T)</p> <p>11:15 <b>HF</b> The TOMMY EXPERIENCE (ELC) (OP)</p> <p>12:45 <b>CE</b> Crafting Necklaces &amp; Bracelets (ELC)</p> <p>1:15 Film Noir Matinee (T)</p> <p>2:00 <b>HF</b> Fitness Fun (ELC)</p> <p>2:00 <b>EF</b> Play Pool! (CR) (RL)</p> <p>3:00 <b>C</b> Eat, Drink, &amp; Be Merry (BB)</p> <p>3:45 <b>EF</b> Music &amp; Memories (T)</p> <p>7:15 Academy Award Winner Movie Night (T) (FD)</p>	<p><b>15</b></p> <p>10:00 <b>HF</b> Focus on Physical Fitness (ELC)</p> <p>10:45 <b>LL</b> Presentation (ELC) (OP)</p> <p>1:15 <b>HF</b> Yoga with Marcella (ELC) (OP)</p> <p>3:00 <b>EF</b> Bingo Bandwagon (ELC)</p> <p>4:30 Mystery Theatre Monday (T)</p> <p>6:30 <b>CE</b> Common Ground Club (BB) (RL)</p> <p>7:15 Comedic Movie Night (T) (D)</p>	<p><b>16</b></p> <p>10:00 <b>IS</b> Catholic Rosary (T) (V)</p> <p>10:30 <b>HF</b> Morning Moves! (ELC)</p> <p>11:00 <b>LL</b> Word Games (ELC)</p> <p>2:00 <b>HF</b> Tone Up Tuesday! (ELC) (AD)</p> <p>2:30 <b>EF</b> America's Favorite Quiz Game: (ELC) (ELD)</p> <p>3:00 <b>C</b> Happy Hour Cocktails! (BB)</p> <p>3:30 <b>CE</b> StoryWise™: Common Ground (BB)</p> <p>4:15 <b>LL</b> Documentary: (T) (ELD)</p> <p>7:15 Movie Night (T) (FD)</p>	<p><b>17</b></p> <p>10:00 <b>HF</b> Focus on Balance! (ELC) (OP)</p> <p>10:45 <b>LL</b> Documentary: Galileo Galilee (T) (AD)</p> <p>11:30 <b>C</b> Hooked on Books Club (ELC) (ELD)</p> <p>2:00 <b>HF</b> Say YES to the STRETCH (ELC)</p> <p>2:00 <b>EF</b> Play Poker (BL) (RL)</p> <p>4:15 <b>EF</b> Give Your Brain a Boost with Commonyns (ELC) (AD)</p> <p>6:30 <b>EF</b> Trivia Night (KJ)</p> <p>7:15 Movie Night: The New Ocean's 8 (ELC) (FD)</p>	<p><b>18</b></p> <p>7:00 <b>C</b> Veterans Program (KJ)</p> <p>10:00 <b>HF</b> Have Fun with Zumba®! (ELC) (OP)</p> <p>11:00 <b>LL</b> Word Jumble (ELC)</p> <p>1:15 <b>LL</b> Watch &amp; Discuss: "Mary Cassat" (T)</p> <p>2:00 <b>EF</b> Play Poker! (FL) (RL)</p> <p>2:00 <b>HF</b> Low-Impact Aerobic (ELC) (OP)</p> <p>2:30 <b>PA</b> Engage Life® Meeting</p> <p>3:00 <b>EF</b> Happy Hour! (BB)</p> <p>7:15 <b>LL</b> "Last Wk. Tonight w. John Oliver" Review (ELC)</p> <p>7:15 Classic Movie Night (T) (FD)</p>	<p><b>19</b></p> <p>10:00 <b>HF</b> Better Your Balance (ELC) (AD)</p> <p>10:45 <b>LL</b> "Think: Innovation" Documentary Series (T) (KJ)</p> <p>2:00 <b>HF</b> Flexibility Fun (ELC) (AD)</p> <p>3:00 <b>EF</b> Bingo Time! (ELC) (AD)</p> <p>3:00 <b>CV</b> Charity Miles (L) (RL)</p> <p>4:00 <b>C</b> Book Club (ELC) (KJ)</p> <p>6:30 <b>LL</b> American Biography (BB) (KJ)</p> <p>7:15 First-Run Film Friday (T) (FD)</p>	<p><b>20</b></p> <p>10:00 <b>HF</b> Move for Optimal Health (ELC) (ELD)</p> <p>10:45 <b>EF</b> Strike out at Wii® Bowling (ELC)</p> <p>1:15 <b>LL</b> Afternoon Travelogue (T)</p> <p>1:15 <b>CE</b> Let's Get Crafty! (ELC)</p> <p>2:00 <b>HF</b> Stronger with the Thera-band (ELC)</p> <p>4:00 <b>LL</b> Scattergories®! (ELC)</p> <p>7:15 Movie Night (BL) (ELD)</p>
<p><b>28</b></p> <p>10:00 <b>IS</b> Sunday Mass at St. Rocco's (T) (T)</p> <p>11:00 <b>LL</b> Positively Positive (T)</p> <p>11:15 <b>HF</b> The Tommy Experience. (ELC)</p> <p>12:45 <b>CE</b> Crafting Necklaces &amp; Bracelets (ELC)</p> <p>1:15 Film Noir Matinee (T)</p> <p>2:00 <b>EF</b> Rack 'Em Up (CR) (RL)</p> <p>2:00 <b>HF</b> Fitness Fun (ELC)</p> <p>3:00 <b>C</b> Eat, Drink, &amp; Be Merry (BB)</p> <p>4:00 <b>EF</b> Music &amp; Memories (T)</p> <p>7:15 Academy Award Winner Movie Night (T) (FD)</p>	<p><b>22</b></p> <p>10:00 <b>HF</b> Focus on Physical Fitness (ELC)</p> <p>10:45 <b>LL</b> Boost Cognitive Fitness with Word Power (ELC)</p> <p>1:15 <b>LL</b> Today in History (T)</p> <p>2:00 <b>HF</b> Strengthening Your Core (ELC)</p> <p>3:00 <b>EF</b> Bingo Bonanza (ELC)</p> <p>4:00 <b>LL</b> Scrabble® Bee (BL) (AD)</p> <p>6:30 <b>CE</b> Common Ground Club (BB) (RL)</p> <p>7:15 Comedic Movie Night (T) (D)</p>	<p><b>23</b></p> <p>10:00 <b>IS</b> Catholic Rosary (T)</p> <p>10:30 <b>HF</b> Morning Moves (ELC)</p> <p>1:30 <b>HF</b> Tone Up Tuesday! (LR)</p> <p>3:00 <b>C</b> Folk Music Performance by: Sunshine Duo (BB)</p> <p>3:30 <b>CE</b> StoryWise™: Common Ground (BB)</p> <p>7:15 Musical Movie Night (T) (D)</p>	<p><b>24</b></p> <p>10:00 <b>HF</b> Silver Sneakers Fitness Class (ELC) (OP)</p> <p>10:45 <b>C</b> Hooked on Books Club (ELC)</p> <p>1:15 <b>C</b> Today in History (T) (AD)</p> <p>2:00 <b>HF</b> Unwind with Tai-Chi (ELC) (OP)</p> <p>2:00 <b>EF</b> Play Poker (BL) (RL)</p> <p>4:00 <b>EF</b> Give Your Brain a Boost with Commonyns (T) (AD)</p> <p>6:30 <b>EF</b> Trivia Night (BB) (KJ)</p> <p>7:15 Dramatic Movie Wednesday (ELC) (D)</p>	<p><b>25</b></p> <p>10:00 <b>HF</b> Have Fun with Zumba®! (ELC) (OP)</p> <p>1:15 <b>LL</b> Watch &amp; Discuss: "Leonardo Davinci" (T)</p> <p>2:00 <b>EF</b> Play Poker! (FL) (RL)</p> <p>2:00 <b>HF</b> Light Weight Exercise (ELD)</p> <p>2:30 <b>PA</b> Atria Ambassador Planning Meeting (BB)</p> <p>7:15 Classic Movie Night (T) (FD)</p>	<p><b>26</b></p> <p>10:00 <b>HF</b> Better Your Balance (ELC) (AD)</p> <p>10:45 <b>LL</b> "Think: Innovation" Documentary Series (T) (AD)</p> <p>10:45 <b>LL</b> America's Favorite Quiz Game: Jeopardy!® (ELC) (AD)</p> <p>1:30 <b>HF</b> Flexibility Fun (ELC) (AD)</p> <p>3:00 <b>EF</b> Bingo Blast-Off! (ELC) (AD)</p> <p>4:00 <b>C</b> Book Club (ELC) (AD)</p> <p>4:00 <b>CV</b> Charity Miles (L) (RL)</p> <p>6:30 <b>LL</b> American Biography (BB) (KJ)</p> <p>7:15 First-Run Film Friday (T) (FD)</p>	<p><b>27</b></p> <p>7:00 <b>HF</b> Stretch and Tone!</p> <p>10:30 <b>EF</b> Broadway on Glen Street (T)</p> <p>1:15 <b>LL</b> Afternoon Travelogue (T)</p> <p>1:15 <b>CE</b> Artists' Cove (ELC)</p> <p>2:00 <b>HF</b> Stronger with the Thera-band (ELC) (AD)</p> <p>3:00 <b>EF</b> Lift Every Voice &amp; Sing (T)</p> <p>4:00 <b>LL</b> Last 3 Letters (ELC)</p> <p>7:15 Action &amp; Adventure Movie Night (T) (FD)</p>
<p><b>30</b></p> <p>10:00 <b>IS</b> Sunday Mass at St. Rocco's (T) (T)</p> <p>11:00 <b>LL</b> Positively Positive (T)</p> <p>11:15 <b>HF</b> The Tommy Experience. (ELC)</p> <p>12:45 <b>CE</b> Crafting Necklaces &amp; Bracelets (ELC)</p> <p>1:15 Film Noir Matinee (T)</p> <p>2:00 <b>EF</b> Rack 'Em Up (CR) (RL)</p> <p>2:00 <b>HF</b> Fitness Fun (ELC)</p> <p>3:00 <b>C</b> Eat, Drink, &amp; Be Merry (BB)</p> <p>4:00 <b>EF</b> Music &amp; Memories (T)</p> <p>7:15 Academy Award Winner Movie Night (T) (FD)</p>	<p><b>29</b></p> <p>10:00 <b>HF</b> Low-Impact Aerobic (ELC) (KJ)</p> <p>10:45 <b>CE</b> Acrylic Landscape Painting Class (ELD)</p> <p>11:30 <b>EF</b> Word Games (ELC) (KJ)</p> <p>2:00 <b>HF</b> Low-Impact Aerobic (ELC) (KJ)</p> <p>3:00 <b>EF</b> Bingo (ELC) (ELD)</p> <p>4:30 <b>EF</b> Scrabble® Bee (ELD)</p>	<p><b>30</b></p> <p>10:00 <b>IS</b> Catholic Rosary (OP)</p> <p>10:30 <b>HF</b> Exercise for Life (ELC) (KJ)</p> <p>11:00 <b>C</b> Veterans Meeting</p> <p>2:00 <b>PA</b> Resident Council Meeting (BB) (KJ)</p> <p>2:30 <b>HF</b> Afternoon Workout (ELC) (KJ)</p> <p>3:00 <b>EF</b> Cocktail Hour With Friends! (BB) (ELD)</p> <p>4:15 <b>LL</b> Foreign Film Matinee (T)</p>	<p><b>PA</b> Personal Achievement</p> <p><b>HF</b> Health &amp; Fitness</p> <p><b>EF</b> Entertainment &amp; Fun</p> <p><b>CV</b> Civic Engagement</p> <p><b>LL</b> Lifelong Learning</p> <p><b>CE</b> Creative Expression</p> <p><b>IS</b> Inspiration &amp; Spirituality</p> <p><b>C</b> Connection</p> <p><b>CE</b> Atria StoryWise</p>	<p><b>ROOM LOCATION KEY:</b></p> <p>Theater T</p> <p>Engage Life Center ELC</p> <p>Lobby L</p> <p>Back Living Room BL</p> <p>Trip T</p> <p>Club Room CR</p> <p>Back Bistro BB</p> <p>Living Room LR</p> <p>Front Lounge FL</p>	<p><b>STAFF KEY:</b></p> <p>Volunteer V</p> <p>Resident-Led RL</p> <p>Debbie D</p> <p>Front Desk FD</p> <p>Tony T</p> <p>Aisha AD</p> <p>Engage Life Director ELD</p> <p>Outside Presenter OP</p> <p>Kristen KJ</p>	<p><b>28</b></p> <p>10:00 <b>IS</b> Sunday Mass at St. Rocco's (T) (T)</p> <p>11:00 <b>LL</b> Positively Positive (T)</p> <p>11:15 <b>HF</b> The Tommy Experience. (ELC)</p> <p>12:45 <b>CE</b> Crafting Necklaces &amp; Bracelets (ELC)</p> <p>1:15 Film Noir Matinee (T)</p> <p>2:00 <b>EF</b> Rack 'Em Up (CR) (RL)</p> <p>2:00 <b>HF</b> Fitness Fun (ELC)</p> <p>3:00 <b>C</b> Eat, Drink, &amp; Be Merry (BB)</p> <p>4:00 <b>EF</b> Music &amp; Memories (T)</p> <p>7:15 Academy Award Winner Movie Night (T) (FD)</p>

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