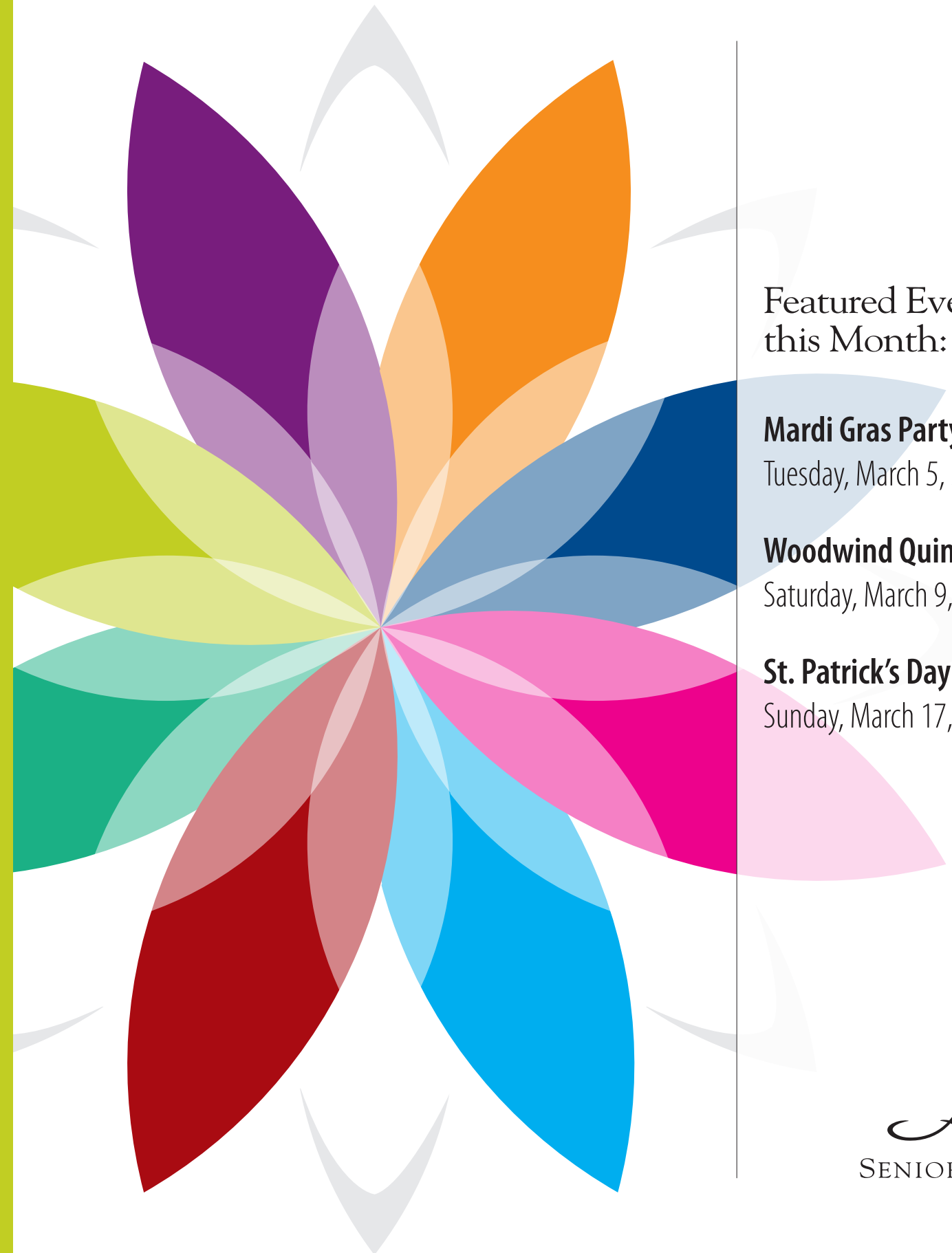


ENGAGE LIFE[®]

Monthly Calendar of Events and Programming



Featured Events this Month:

Mardi Gras Party

Tuesday, March 5, 3:00 PM

Woodwind Quintet Performance

Saturday, March 9, 3:00 PM

St. Patrick's Day Celebration

Sunday, March 17, 3:00 PM

Atria
SENIOR LIVING

Atria
SENIOR LIVING

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

31

10:00 **HF** Chair Cardio (FC) (SH)
 10:00 **IS** Communion Services with Sister Jacinta (T)

10:45 **LL** Sunday Documentary Series
 11:00 **HF** Sunday Anagrams (A)
 11:00 **IS** Church Services at St. Paul's Church (TR)
 2:15 **HF** Rowing Fitness Challenge (FC) (SH)
 2:30 **C** Paddy the Pup Visits
 3:00 **EF** Concert By Jon Cobert
 3:30 **IS** Bible Study Group with Sister Gloria (PL)
 4:00 **C** Sunday Social & Cocktails (PL)
 8:15 **EF** Evening Movie in the Theater (T)
 8:15 **EF** Sunday Featured Film



- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- AS** Atria StoryWise

- ROOM LOCATION KEY:**
- Theater T
 - Atrium A
 - Polo Lounge PL
 - Fitness Center FC
 - Living Room LR
 - Lobby L
 - Ceramics Studio CS
 - Private Dining Room PDR
 - Art Room AR
 - Billiards Room BR
- Earl Grey Tea Room TR
Trip TR

- STAFF KEY:**
- Stephanie Hart SH
 - Judith Wakoluk JW
 - Grace Duchini GD

1

10:00 **HF** Personal Training w/ Gym Guyz (FC)
 11:00 **HF** Morning Crossword Challenge (AR)
 1:30 **EF** Featured Film the Theather (T)
 1:30 **PA** Mahjong Match (AR)
 1:30 **PA** Advanced Bridge Games (TR)
 1:45 Supermarket & Banking Trip (TR)
 2:00 **HF** Afternoon Walking Group (L)
 2:30 Bet on Bingo (A)
 4:00 **C** Hors D'oeuvres & Cocktails (PL)
 4:00 **IS** Shabbat Service with Rabbi Rothman (A)
 8:15 **EF** New Release Movie Matinee (T)

2

10:00 **HF** Yoga Class with Miriam (FC)
 1:15 **PA** Technology Workshop (A)
 1:30 **EF** Local Shopping in Glenville (TR)
 1:30 **EF** Saturday Afternoon Movie (T)
 1:45 **PA** Roundtable Poker Game (BR)
 2:00 **PA** Scrabble® Games (AR)
 2:00 **HF** Strollers Club Meets in the Lobby (L)
 2:15 **EF** 30 Minute Trivia Challenge (A)
 3:00 Afternoon Bingo Game (A)
 4:00 **C** Wine Down Happy Hour (PL)
 8:15 **EF** Comedy Night at the Movies (T)

3

10:00 **HF** Chair Cardio (FC) (SH)
 10:00 **IS** Communion Services with Sister Jacinta (T)

10:45 **LL** Sunday Documentary Series (T)
 11:00 **HF** Sunday Anagram Word Challenge (A)
 11:00 **IS** Church Services at St. Paul's Church
 2:15 **HF** Afternoon Rowing (FC) (SH)
 2:30 **C** Paddy the Pup Visits (A)
 3:00 **LL** One Day University Lecture (A)
 3:30 **IS** Bible Study Group with Sister Gloria (PL)
 4:00 **C** Sunday Social & Cocktails (PL)
 6:30 **EF** Super Bowl® Game in the Theater
 8:15 **EF** Sunday Featured Film (T)

4

10:00 **LL** Current Events Discussion (LR) (SH)
 11:00 **HF** Fitness for Life with Jerome (FC)
 1:30 **CE** Open Ceramic Studio with Sarah (CS)
 1:30 **PA** Advanced Mahjong Games (AR)
 1:30 **EF** Classic Movie Monday (T)
 2:00 **HF** Afternoon Walking Group (L)
 2:00 Monday Shopping Trip (TR)
 3:00 **LL** Movie Star Biographies (A) (GD)
 4:00 **C** Manic Monday Happy Hour (PL)
 7:30 **HF** Press Your Luck Challenge
 8:15 **EF** Evening Classic Film (T)

5 **Mardi Gras**

9:00 **HF** Stretch & Flex w/ Healing Therapeutics (FC)
 10:00 **C** Netflix® Series & Discussion (T)
 11:00 **HF** Word in a Word Challenge (A)
 1:30 **PA** Advanced Bridge Games (TR)
 1:30 **EF** Afternoon at the Movies (T)
 1:45 **PA** Community Poker Match (BR)
 2:30 **HF** Rowing Endurance Exercise (FC)
 3:00 **EF** Mardi Gras Party (A)
 4:00 **C** Meet & Greet Cocktail Hour (PL)
 7:00 **EF** Join the Village Singers (A)
 8:15 **EF** Evening Movie in the Theater (T)

6

10:00 **HF** Certified Fitness Class with Joy (FC)
 10:30 **IS** Ash Wednesday Services (T)
 11:00 **HF** Courtroom Discussion with Judi (AR)
 1:00 **CE** Bead Weaving Jewelry Design Class (AR)
 1:30 **EF** Wednesday Movie Matinee (T)
 1:30 **PA** Intermediate Mahjong Games
 2:00 **EF** Broadway Songs By Bonnie Rofe (A)
 3:00 **HF** Wednesday Weight Training (FC)
 4:00 **C** Cocktails & Appetizer Social (PL)
 6:15 **C** Table Talk Discussions (LR)
 7:30 **LL** Evening Jeopardy!® Challenge (A)
 8:15 **EF** Late Night Movie Matinee (T)

7

9:30 **HF** Ballet Bar Balance Exercise Resident Monthly Meeting (A)
 1:30 **PA** Open Bridge Game (TR)
 1:30 **EF** Thursday Movie Matinee (T)
 2:00 **CV** Knitting for Food to Grow (A) (SH)
 2:00 **HF** Strength Training Exercise (FC)
 2:00 **PA** Canasta Game (BR)
 2:30 **LL** Book Club with Librarian Stacey (A)
 4:00 **C** Pet Therapy with George (A)
 4:00 **C** Sip & Social Hour in the Polo Lounge (PL)
 7:30 **LL** Ted Talks Group (A)
 8:15 **EF** Thriller Thursday Movie (T)

8 **Fashion on the Go Shopping Vendor**

9:30 **HF** Friday Fitness Challenge with Jerome (FC)
 11:00 **HF** Community Crossword (AR)
 1:30 **PA** Mahjong Matchup (AR)
 1:30 **EF** New Release Movie Matinee (T)
 1:30 **PA** Advanced Bridge Games (TR)
 1:45 Shopping in Rye Ridge (TR)
 2:00 **HF** Friday Strollers (L)
 2:30 **LL** Let's Talk Politics w/ Professor Peritz (A)
 4:00 **C** TGIF Happy Hour (PL)
 4:30 **IS** Shabbat Service with Rabbi Rothman (A)
 8:15 **EF** Featured Film the Theather (T)

9

10:00 **HF** Tai Chi with Certified Instructor Lee (FC)
 11:00 **PA** Learning about Apple Products (A)
 1:15 Saturday Shopping Trip to Costco (AR)
 1:30 **EF** Saturday Movie Matinee (T)
 1:45 **PA** Roundtable Poker Game (BR)
 2:00 Open Scrabble® Game (AR)
 2:15 **HF** Afternoon Walking Group (FC)
 3:00 **EF** Woodwind Quintet Performance (A)
 4:00 **C** Drink of the Week Cocktails (PL)
 8:15 **EF** Saturday Night at the Movies (T)

10

10:00 **HF** Chair Cardio (FC) (SH)
 10:00 **IS** Communion Services with Sister Jacinta (T)

10:45 **LL** Cinema History Documentary Series (T)
 11:00 **HF** Morning Anagram Group (A)
 11:00 **IS** Church Services at St. Paul's Church (TR)
 1:30 **EF** Sunday Movie Special (T)
 2:15 **HF** Rowing Endurance Class (FC)
 2:30 **C** Therapy Time with Paddy the Dog (A)
 3:00 **LL** The Art of Irish Dance with Stephanie (A)
 3:30 **IS** Bible Study Group with Sister Gloria (BR)
 4:00 **C** Sunday Social & Cocktails (PL)
 8:15 **EF** Evening Movie in the Theater (T)

11

10:00 **LL** Today's Headlines (LR) (SH)
 11:00 **HF** Fitness for Life with Jerome (FC)
 1:30 **CE** Pottery Creations with Instructor Sarah
 1:30 **PA** Advanced Mahjong Games (AR)
 1:30 **EF** Classic Movie Monday (T)
 2:00 Errands Trip To Portchester (TR)
 2:00 **HF** Walk It Out: Interval Challenge
 3:00 **CE** Making Spring Door Wreaths (A)
 4:00 **C** Manic Monday Happy Hour (PL)
 7:30 **HF** The Game of Gamble
 8:15 **EF** Movie Showing in the Theater (T)

12

9:00 **HF** Fitness Train w/ Physical Therapy Team (FC)
 10:00 **C** Netflix® Series & Discussion (T)
 10:45 **EF** Westchester Broadway Theater Trip (TR)
 11:00 **LL** Resident Reflection (A)
 1:30 **PA** Advanced Bridge Games (TR)
 1:30 **EF** Afternoon at the Movies (T)
 1:45 **PA** Five Card Stud Poker Game (BR)
 2:00 **LL** Opera Lecture with Joseph (A)
 2:30 **HF** Atria Rowing Club (FC)
 4:00 **C** Meet & Greet Cocktail Hour (PL)
 7:00 **EF** Come Watch The Village Singers (A)
 8:15 **EF** Evening Movie in the Theater (T)

13

10:00 **HF** Total Body Fitness with Joy (FC)
 11:00 **LL** Current Affairs with Professor Bruce (A)
 1:00 **CE** Bead Weaving Jewelry Design Class (AR)
 1:30 **PA** Intermediate Mahjong Games (A)
 1:30 **EF** Romantic Comedy Movie Matinee (T)
 2:00 **HF** Jump, Jive & Exercise with Grace (FC)
 3:00 Resident Survey Raffle (A)
 4:00 **C** Mix & Mingle Cocktails (PL)
 7:30 **CE** Evening Art Class
 8:15 **EF** Late Night Movie Matinee (T)

14

9:30 **HF** Trim & Tone with Instructor Joy (FC)
 10:00 **LL** Fascism Today By Historian Mark (A)
 11:00 **C** Chef's Food for Thought (A)
 1:30 **CE** Horticulture Club with Eric (A)
 2:00 **PA** Let's Play Canasta (BR)
 2:00 **HF** Afternoon Exercise with Grace (FC)
 2:30 **CE** Baking Irish Soda Bread (JW)
 3:00 **LL** Wise Women of Atria (A)
 4:00 **C** Sip & Social Hour in the Polo Lounge (PL)
 4:00 **C** Weekly Pet Therapy with George (A)
 7:30 **LL** Ted Talks Series & Discussion (A)
 8:15 **EF** Thriller Thursday Movie (A)

15 **Hoboken Style Shopping Vendor**

9:30 **HF** Strength & Balance Training with Jerome (FC)
 11:00 **HF** Advanced Crossword Group (AR)
 1:30 **PA** Mahjong Match (AR)
 1:30 **EF** New Release Movie Matinee (T)
 1:30 **PA** Advanced Bridge Games (TR)
 1:45 Rye Ridge Shopping Run (TR)
 2:00 **HF** Walk It Out: Interval Challenge
 2:30 **LL** Political Review with Professor Peritz (A)
 4:00 **C** TGIF Happy Hour (PL)
 4:30 **IS** Shabbat Service with Rabbi Rothman (A)
 8:15 **EF** Featured Film the Theather (T)

16

10:00 **HF** Yoga Class with Miriam (FC)
 11:00 **PA** Technology Workshop with Grace (A)
 1:15 Local Shopping in Glenville (TR)
 1:30 **EF** Saturday Showtime in the Theater (T)
 1:45 **PA** Roundtable Poker Game (BR)
 2:00 Open Scrabble® Game (PL)
 2:00 **HF** Strollers Club Meet in the Lobby (L)
 2:30 **PA** Movie Club Meeting (A) (SH)
 3:00 **HF** Let's Play Jeopardy!® with Grace (A)
 4:00 **C** Wine Down Happy Hour (PL)
 8:15 **EF** Saturday Night at the Movies (T)

St. Patrick's Day **17**

10:00 **HF** Sunday Morning Cardio (FC) (SH)
 10:00 **IS** Communion Services with Sister Jacinta (T)

10:45 **LL** Documentary of the Day (T)
 11:00 **IS** Church Services at St. Paul's Church (TR)
 11:00 **HF** Word Challenge (A)
 1:30 **EF** Sunday Movie Matinee (T)
 2:15 **HF** Indoor Rowing Class (FC)
 2:30 **C** Paddy the Pup Visits (A)
 3:00 **EF** St. Patrick's Day Celebration (A)
 4:00 **C** Sunday Social & Cocktails (PL)
 8:15 **EF** Evening Movie in the Theater (T)

18

10:00 **LL** Global News Today (LR) (SH)
 11:00 **HF** Fitness for Life with Jerome (FC)
 11:30 **PA** Programming Meeting (A)
 1:30 **PA** Advanced Mahjong Games (AR)
 1:30 **CE** Ceramics Class with Sarah (CS)
 1:30 **EF** Classic Movie Monday (T)
 2:00 **HF** Monday Walking Club (L)
 2:00 **LL** One Day University Lecture (A)
 2:00 Afternoon Shopping Trip (TR)
 4:00 **C** Manic Monday Happy Hour (PL)
 6:15 **HF** StoryWise™ Share
 7:30 **HF** Press York Luck Challenge

19

9:00 **HF** Stretch & Flex w/ Healing Therapeutics (FC)
 10:00 **C** Netflix® Series & Discussion (T)
 11:00 **HF** What's In A Word? (A)
 1:30 **PA** Advanced Bridge Games (TR)
 1:30 **EF** Tuesday at the Movies (T)
 1:45 **PA** Let's Play Poker (BR)
 2:30 **HF** Rowing Team Practice (FC)
 3:30 **EF** Violinist Albert Mulad Performs (A)
 4:00 **C** Meet & Greet Cocktail Hour (BR)
 7:00 **EF** Join the Village Singers
 8:15 **EF** Evening Movie in the Theater (T)

20

10:00 **HF** Certified Fitness Class with Joy (FC)
 10:45 **EF** Westchester Broadway Theater Trip (TR)
 11:00 **HF** Trivia & Unsolved Mysteries (AR)
 1:30 **PA** Intermediate Mahjong Games (A)
 1:30 **EF** Romantic Comedy Movie Matinee (T)
 2:00 **HF** Wednesday Weight Training (FC)
 3:00 **EF** Purim Concert By Shlomo (A)
 4:00 **C** Mix & Mingle Cocktails (PL)
 7:15 **LL** StoryWise™ Discussion Group (LR)
 8:15 **EF** Late Night Movie Matinee (T)

21

9:30 **HF** Strength Training Exercise with Joy (FC)
 1:00 **EF** Shen Yun Show (TR)
 1:30 **EF** Afternoon at the Movies (T)
 2:00 **CV** Knitting For Food to Grow (A)
 2:00 **PA** Play Poker with Professional Dealer Guy (PL)
 2:00 **PA** Resident Run Canasta Game (BR)
 2:00 **HF** Total Body Toning with Grace (FC)
 4:00 **C** Pet Therapy with George (A)
 4:00 **C** Wine Down Happy Hour (PL)
 7:30 **LL** Ted Talks Lecture & Review (A)
 8:15 **EF** Thriller Thursday Movie (T)

22 **Shopping Vendor Tina**

9:30 **HF** Fall Prevention Workout with Jerome (FC)
 11:00 **HF** Morning Community Crossword Group (AR)
 1:30 **PA** Mahjong Match (AR)
 1:30 **EF** New Release Movie Matinee (T)
 1:30 **PA** Advanced Bridge Games (TR)
 1:45 Local Errands Shopping in Rye Ridge (TR)
 2:30 Family Bingo Game (A)
 2:30 **HF** Friday Strollers Group (L)
 4:00 **C** Hors D'oeuvres & Cocktails (PL)
 4:30 **IS** Shabbat Service with Rabbi Rothman (A)
 8:15 **EF** Featured Film the Theather

23

10:00 **HF** Tai Chi with Certifies Instructor Lee (FC)
 11:00 **PA** Learning Your iPhone (A)
 1:30 Shopping at Lord & Taylor (TR)
 1:30 **EF** Afternoon at the Movies (T)
 2:00 Open Scrabble® Game (AR)
 2:15 **HF** Saturday Strollers
 3:00 Saturday Bingo Game (A)
 4:00 **C** Drink of the Week Cocktails (PL)
 8:15 **EF** Saturday Night at the Movies (T)

24

10:00 **HF** Sunday Morning Cardio Challenge (FC) (SH)
 10:00 **IS** Communion Services with Sister Jacinta (T)

10:45 **LL** Cinema Documentary Series (T)
 11:00 **HF** Word Challenge (A)
 11:00 **IS** Church Services at St. Paul's Church
 12:00 **PA** Resident Ambassador Luncheon
 1:30 **EF** Sunday at the Movies (T)
 2:00 **PA** Ambassador Meeting (A) (SH)
 2:15 **HF** Rowing Team Practice
 2:30 **C** Therapy Time with Paddy The Dog
 3:00 **EF** KTI Mitzvah Madness (A)
 3:30 **IS** Bible Study with Sister Gloria (BR)

25

10:00 **LL** World Politics & Events (LR) (SH)
 11:00 **HF** Fitness for Life with Jerome (FC)
 1:30 **CE** Pottery Creations with Sarah
 1:30 **PA** Advanced Mahjong Games (AR)
 1:30 **EF** Classic Movie Monday (T)
 2:00 Monday Shopping Run (TR)
 2:00 **HF** Afternoon Walking Group
 2:30 **LL** Movie Star Biographies (AR)
 4:00 **C** Cocktail Hour (PL)
 7:30 **HF** The Game of Gamble with Grace
 8:15 **LL** Movie Lecture & Discussion (T)

26

9:00 **HF** Fitness Train w/ Physical Therapy Team (FC)
 10:00 **C** Netflix® Series & Discussion (T)
 11:00 **LL** Resident Reflection Program (A)
 12:30 **PA** Birthday Luncheon (PDR) (SH)
 1:30 **PA** Advanced Bridge Games
 2:00 **LL** Artist History Lecture By Helene (T)
 2:30 **HF** Rowing Class in the Atrium (FC)
 3:00 Let's Play Bingo (A)
 4:00 **C** Wine Down Happy Hour (PL)
 8:15 **EF** Evening Movie in the Theater (T)

27

10:00 **HF** Morning Workout with Joy (FC)
 11:00 **CA** Morning Trivia & Riddles (AR)
 1:30 **PA** Intermediate Mahjong Games (AR)
 1:30 **EF** Romantic Comedy Movie Matinee (T)
 2:00 **HF** Jump, Jive & Exercise with Grace (FC)
 2:00 **CE** Painting Class with Instructor Ellen (AR)
 3:00 Bingo Bonanza Game (A)
 4:00 **C** Cocktails & Appetizers (PL)
 7:30 **C** Who Wants to Be A Millionaire
 8:15 **EF** Late Night Movie Matinee (T)

28

9:30 **HF** Bar & Balance Exercise with Joy (FC)
 11:00 **HF** Morning Brain Game (A)
 1:15 **EF** Songs from The Brunswick Preschool (A)
 1:30 **EF** Afternoon at the Movies (T)
 2:00 **CV** Yarn Creations for Food to Grow (A)
 2:00 **PA** Let's Play Canasta (BR)
 2:00 **HF** Trim & Tone with Grace (FC)
 2:30 **LL** One Day University Lecture (A)
 4:00 **LL** After Cocktails and Conversation (PL)
 4:00 **C** Visit from George The Dog (A)
 7:30 **LL** Ted Talk Lecture & Discussion (A)
 8:15 **EF** Thriller Thursday Movie (T)

29 **Fashion To Go Shopping Vendor**

9:30 **HF** Friday Fitness Challenge with Jerome (FC)
 11:00 **HF** Morning Crossword Challenge (AR)
 1:30 **EF** Featured Film the Theather (T)
 1:30 **PA** Mahjong Match (AR)
 1:30 **PA** Advanced Bridge Games (TR)
 1:45 Shopping in Rye Ridge (TR)
 2:00 **HF** Afternoon Walking Group (L)
 2:30 Bet on Bingo (A)
 4:00 **C** Hors D'oeuvres & Cocktails (PL)
 8:15 **EF** New Release Movie Matinee (T)

30

10:00 **HF** Yoga Class with Miriam (FC)
 11:00 **PA** Technology Workshop (A)
 1:15 Local Shopping in Glenville (TR)
 1:30 **EF** Saturday Afternoon Movie (T)
 1:45 **PA** Roundtable Poker Game (BR)
 2:00 Open Scrabble® Game (AR)
 2:00 **HF** Strollers Club Meets in the Lobby (L)
 2:15 **EF** 30 Minute Trivia Challenge (A)
 3:00 Bet on Bingo Game (A)
 4:00 **C** Wine Down Happy Hour (PL)
 8:15 **EF** Comedy Night at the Movies (T)