

INDEPENDENT LIVING

Monthly Calendar of Events and Programming



Featured Events
this Month:

First Friday Social
Friday, June 7, 5:00 PM

**IL Resident Meeting -
All Welcome**
Friday, June 14, 10:45 AM

Father's Day Signature Brunch
Sunday, June 16, 10:00 AM

Atria
SENIOR LIVING

Atria
SENIOR LIVING

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

30

- 9:30 **HF** Morning Stroll (RL)
- 11:00 **C** Fireside Chat (FA) (RL)
- 1:00 **IS** Church Service (CLH) (PDM)
- 1:00 **HF** Fun and Fitness (FA)
- 2:30 Sunday Cinema (CLH)
- 3:15 **CV** Here to Help: Gift bags for Safe Shelter (AR)
- 6:00 **LL** TED Talks (AR) (ELT)
- 8:30 **EF** "CELEBRATE AMERICA"
Fireworks Watch Party

**ROOM LOCATION KEY:**

- Main Dining Room MDR
- Activity Room AR
- Behind Main Building BMB
- Clubhouse CLH
- Fireplace Area FA
- Offsite BUS
- Private Dining Room PDR
- Life Guidance Building LG
- Atrium Area AA
- Patio Area PA
- Pool PL

STAFF KEY:

- Samantha Hill SH
- Resident Led RL
- Outside Instructor OI
- Clergy CL
- Dana Stansel DS
- Mary Kattenhorn MK
- Pastor Dave May PDM
- Engage Life Team ELT
- Outside Vendor V
- Money Required \$
- Pat Brozdounoff PB

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Zumba® is a registered trademark of Zumba Fitness, LLC

- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- Atria StoryWise**

- 10:30 **HF** Fun and Fitness (AR)
- 11:00 **EF** Riddle Me This! (AR)
- 1:00 Dime Bingo [\$] (CLH) (RL)
- 1:00 **HF** Strength & Balance (AR)
- 3:00 **IS** Prayer Circle w/ Rev. Hauser (PDR) (OI)
- 3:30 **C** Mocktail Meet Up (FA)
- 5:30 Penny Cards (AR) (ELT)
- 7:00 **LL** "How It's Made" (AR) (ELT)

1**2**

- 9:30 **HF** Morning Stroll (RL)
- 11:00 **C** Fireside Chat (FA) (RL)
- 1:00 **IS** Church Service (CLH) (PDM)
- 1:00 **HF** Fun and Fitness (FA)
- 2:30 Sunday Cinema (CLH)
- 3:15 **CV** Creating for a Cause: Making Blankets (AR)
- 6:00 **LL** TED Talks (AR)

- 9:30 **HF** Low-Impact Aerobic (CLH)
- 10:30 **HF** Aquatic Fitness Class (PL) (OI)
- 10:30 **HF** Fun and Fitness (AR)
- 11:00 **C** Staff Spotlight (AR)
- 1:00 **HF** Zumba® Gold (AR) (ELT)
- 1:00 **IS** Catholic Communion & Rosary (CLH) (CL)
- 2:00 **CE** Open Studio-Painting,
Beading & Drawing (CLH) (RL)
- 2:00 Connect and Play Pinochle (CLH) (RL)
- 2:30 **LL** Technology Tips & Tricks (AR) (OI)
- 3:30 **CE** The Art of Floral Arranging (AR)

3

- 9:30 **HF** Low-Impact Aerobic (CLH)
- 10:30 **HF** Fun and Fitness (AR)
- 12:30 **HF** Brain Gym (CLH) (OI)
- 1:00 **HF** Weights & Toning (AR)
- 1:00 **CE** Collaborative Art Project: Tea Cups (LG) (PB)
- 1:45 **IS** Bible Study Group (CLH) (OI)
- 2:00 Sprouts (BUS) (\$)
- 3:30 SEVENS Card Game (AR)
- 3:30 **IS** The Truth Project (CLH) (RL)
- 7:00 Tuesday Night Theater (AR) (RL)

4

- 9:30 **HF** Low-Impact Aerobic (CLH)
- 10:30 **HF** Aquatic Fitness Class (PL) (OI)
- 10:30 **HF** Fun and Fitness (AR)
- 11:00 **C** Common Ground Coffee Chat (AR)
- 1:00 **HF** Strength & Balance (AR)
- 1:30 Bridge (CLH) (\$)
- 1:30 Let's Play Mexican
Train or Cribbage (CLH) (RL)
- 2:00 Bank Run (BUS)
- 6:45 **EF** Game Night: Blackjack (21) (AR)

5

- 9:30 **HF** Low-Impact Aerobic (CLH)
- 10:15 **C** Coffee Chat with a
Danish or two! (CLH) (RL)
- 10:30 **HF** Fun and Fitness (AR)
- 11:00 **EF** Trivia Time! (AR)
- 1:00 **PA** Resident Ambassador Meeting (PDR)
- 1:00 **HF** Building Strength with Weights (AR)
- 2:00 Nugget Market (BUS) (\$)
- 3:15 **EF** Folk Music w/ Homespun Duet (AR)
- 3:30 **C** Meet & Greet/Happy Hour (AR)
- 7:00 **LL** Exploring World Cultures (AR)

6

- 9:30 **HF** Low-Impact Aerobic (CLH)
- 10:30 **HF** Fun and Fitness (AR)
- 11:00 **C** Calendar: What's
Happening Next Week? (AR)
- 1:00 **HF** Zumba® Gold (AR)
- 1:45 **LL** TED Talks (Encore) (AR)
- 2:15 **EF** Connect and Play Scrabble® (AR)
- 3:15 **EF** Piano Music w/ Alvin (AR)
- 5:00 **C** First Friday Social (CLH) (RL)
- 7:00 Friday Night Feature (AR)

7

- 10:30 **HF** Fun and Fitness (AR)
- 11:00 **EF** Riddle Me This! (AR)
- 1:00 **HF** Strength & Balance (AR)
- 1:00 Dime Bingo [\$] (CLH) (RL)
- 3:00 **IS** Prayer Circle w/ Rev. Hauser (CLH) (OI)
- 3:30 **C** Mocktail Meet Up (FA)
- 5:30 Penny Cards (AR) (ELT)
- 7:00 **LL** "How It's Made" (AR) (ELT)

8**9**

- 9:30 **HF** Morning Stroll (RL)
- 11:00 **C** Fireside Chat (FA) (RL)
- 1:00 **IS** Church Service (CLH) (PDM)
- 1:00 **HF** Fun and Fitness (FA)
- 2:30 Sunday Cinema (CLH)
- 3:30 **CV** Mentoring Today's
Youth: Girl Scouts (AR) (ELT)
- 6:00 **LL** TED Talks (AR)

- 9:30 **HF** Low-Impact Aerobic (CLH)
- 10:30 **HF** Aquatic Fitness Class (PL) (OI)
- 10:30 **HF** Fun and Fitness (AR)
- 11:00 **CE** Horticultural Workshop (AA)
- 1:00 **HF** Zumba® Gold (AR) (ELT)
- 1:00 **IS** Catholic Communion (CLH) (CL)
- 2:00 **CE** Open Studio-Painting,
Beading & Drawing (CLH) (RL)
- 2:00 Connect and Play Pinochle (CLH) (RL)
- 2:30 **LL** Technology Tips & Tricks (AR) (OI)
- 3:30 **EF** Five Crowns (AR)

10

- 9:30 **HF** Low-Impact Aerobic (CLH)
- 10:30 **HF** Fun and Fitness (AR)
- 11:00 **PA** Collaborative Brain Busters (AR)
- 12:30 **HF** Brain Gym (CLH) (OI)
- 1:00 **HF** Weights & Toning (AR)
- 1:00 **CE** Collaborative Art Project: Tea Cups (LG) (PB)
- 1:45 **IS** Bible Study Group (CLH) (OI)
- 2:00 Walmart (BUS) (\$)
- 3:30 SEVENS Card Game (AR)
- 3:30 **IS** The Truth Project (CLH) (RL)
- 7:00 Tuesday Night Theater (AR)

11

- 9:30 **HF** Low-Impact Aerobic (CLH)
- 10:30 **IS** Protestant Communion Service (CLH)
- 10:30 **HF** Fun and Fitness (AR)
- 11:00 **C** Common Ground Coffee Chat (AR)
- 1:00 **HF** Strength & Balance (AR)
- 1:30 Bridge (CLH) (\$)
- 1:30 Let's Play Mexican
Train or Cribbage (CLH) (RL)
- 1:45 Blackjack (21) (AR) (ELT)
- 2:00 Bank Run (BUS)
- 3:30 **LL** Musical Appreciation w/ Vince (AR)
- 7:00 **HF** Game Night: Words-Within-Words (AR)

12

- 9:30 **HF** Low-Impact Aerobic (CLH)
- 10:15 **C** Coffee Chat with a
Danish or two! (CLH) (RL)
- 10:30 **HF** Fun and Fitness (AR)
- 11:00 **EF** Trivia Time! (AR)
- 11:30 **LL** Literary Ladies (PDR)
- 1:00 **HF** Building Strength with Weights (AR)
- 2:00 Dollar Tree/Grocery Outlet (BUS) (\$)
- 3:15 **EF** Banjo Tunes w/ Jack (AR)
- 3:30 **C** Meet and Greet/Happy Hour (AR)
- 7:00 **LL** Exploring World Cultures (AR)

13

- FLAG DAY**
- 9:30 **HF** Low-Impact Aerobic (CLH)
- 10:00 **IS** Capital Therapy Dogs Visit (AR)
- 10:30 **HF** Fun and Fitness (AR)
- 10:45 **C** IL Resident Meeting -
All Welcome (CLH) (RL)
- 11:00 **C** Calendar: What's Happening
Next Week? (AR)
- 1:00 **HF** Zumba® Gold (AR)
- 1:30 **EF** Outing: Goat House Brewery (BUS) (ELT)
- 2:15 **EF** iPad® Game: Outside the Box (AR)
- 3:15 **EF** Magic Show w/ Debi Destiny (AR)
- 7:00 Friday Night Feature (AR)

14

- 10:30 **HF** Fun and Fitness (AR)
- 11:00 **EF** Riddle Me This! (AR)
- 1:00 **HF** Strength & Balance (PA)
- 1:00 Dime Bingo [\$] (CLH) (RL)
- 1:45 **LL** TED Talks (Encore) (PA)
- 3:00 **IS** Prayer Circle w/ Rev. Hauser (PDR) (OI)
- 3:30 **C** Mocktail Meet Up (PA)
- 5:30 Penny Cards (PA) (ELT)

15**FATHER'S DAY****16**

- 9:30 **HF** Morning Stroll (RL)
- 10:00 **EF** Father's Day Signature Brunch (MDR) (MK)
- 12:00 **C** Journaling Dad and Me (BMB) (ELT)
- 1:00 **IS** Church Service (CLH) (PDM)
- 2:30 Sunday Cinema (CLH)
- 3:15 **HF** Fun and Fitness (FA)
- 4:00 **CV** Stars and Stripes Support (AR)
- 5:30 **LL** TED Talks (AR)

- 9:30 **HF** Low-Impact Aerobic (CLH)
- 10:30 **HF** Aquatic Fitness Class (PL) (OI)
- 10:30 **HF** Fun and Fitness (AR)
- 11:00 **PA** Resident Spotlight (AR) (RL)
- 1:00 **HF** Zumba® Gold (AR) (ELT)
- 1:00 **IS** Catholic Communion (CLH) (CL)
- 2:00 **CE** Open Studio-Painting,
Beading & Drawing (CLH) (ELT)
- 2:00 Connect and Play Pinochle (CLH) (RL)
- 2:30 **LL** Technology Tips & Tricks (AR) (OI)
- 3:30 Billiards (CLH) (RL)

17

- 9:30 **HF** Low-Impact Aerobic (CLH)
- 10:30 **HF** Fun and Fitness (AR)
- 12:30 **CV** American Legion Veteran Visit (PDR) (OI)
- 12:30 **HF** Brain Gym (CLH) (OI)
- 1:00 **HF** Weights & Toning (AR)
- 1:45 **IS** Bible Study Group (CLH) (OI)
- 2:00 Trader Joe's (BUS) (\$)
- 3:30 SEVENS Card Game (AR)
- 3:30 **IS** The Truth Project (CLH) (RL)
- 7:00 Tuesday Night Theater (AR)

18

- 9:30 **HF** Low-Impact Aerobic (CLH)
- 10:30 **HF** Aquatic Fitness Class (PL) (OI)
- 10:30 **HF** Fun and Fitness (AR)
- 11:00 Traveling Boutique with Michelle (FA) (V)
- 11:00 Common Ground Coffee Chat (AR)
- 1:00 **HF** Strength & Balance (AR)
- 1:30 Bridge (CLH) (\$)
- 1:30 Let's Play Mexican
Train or Cribbage (CLH) (RL)
- 2:00 Bank Run (BUS)
- 3:15 **EF** Guitar Tunes w/ Clint (AR)
- 7:00 **EF** Game Night: Tripoley (AR)

19

- 9:30 **HF** Low-Impact Aerobic (CLH)
- 10:15 **C** Coffee Chat with a
Danish or two! (CLH) (RL)
- 10:30 **HF** Fun and Fitness (AR)
- 11:00 **EF** Trivia Time! (AR)
- 11:30 **PA** New Resident Luncheon (MDR)
- 1:00 **HF** Building Strength with Weights (AR)
- 2:00 99 Cent Store/Big Lots (BUS) (\$)
- 3:30 **C** Neighborhood Mixer (CLH)
- 5:30 Penny Cards (AR) (ELT)
- 7:00 **LL** Exploring World Cultures (AR)

20

- 9:30 **HF** Low-Impact Aerobic (CLH)
- 10:15 Hearing Aid Hub w/
Dr. Steve (CLH)
- 10:30 **HF** Fun and Fitness (AR)
- 11:00 **C** Engage Life® Programming
Meeting (AR) (ELT)
- 12:00 **EF** Ladies Luncheon (BUS) (RL)
- 1:00 **HF** Zumba® Gold (AR)
- 1:45 **LL** TED Talks (Encore) (AR)
- 2:00 Connect and Play Pinochle (CLH) (RL)
- 2:15 **EF** iPad® Game: Heads Up! (AR)
- 2:45 **EF** Outing: Scenic Ride (BUS)
- 3:15 **HF** Tic-Tac-Toe Trivia (AR)
- 7:00 Friday Night Feature (AR)

21

- 10:30 **HF** Fun and Fitness (AR)
- 11:00 **EF** Riddle Me This! (AR)
- 1:00 **HF** Strength & Balance (AR)
- 1:00 Dime Bingo [\$] (CLH) (RL)
- 3:00 **IS** Prayer Circle w/ Rev. Hauser (PDR) (OI)
- 3:30 **C** Mocktail Meet Up (FA)
- 5:30 Penny Cards (AR) (ELT)
- 7:00 **LL** "How It's Made" (AR)

22**23**

- 9:30 **HF** Morning Stroll (RL)
- 11:00 **C** Fireside Chat (FA) (RL)
- 1:00 **IS** Church Service (CLH) (PDM)
- 1:00 **HF** Fun and Fitness (FA)
- 2:30 Sunday Cinema (CLH)
- 3:15 **CV** Encouragement for our Youth (AR)
- 6:00 **LL** TED Talks (AR)

- 9:30 **HF** Low-Impact Aerobic (CLH)
- 10:30 **HF** Aquatic Fitness Class (PL) (OI)
- 10:30 **HF** Fun and Fitness (AR)
- 11:00 **CE** Horticultural Workshop (AA)
- 1:00 **HF** Zumba® Gold (AR) (ELT)
- 1:00 **IS** Catholic Communion (CLH) (CL)
- 2:00 **CE** Open Studio-Painting,
Beading & Drawing (CLH) (RL)
- 2:00 Connect and Play Pinochle (CLH) (RL)
- 2:30 **LL** Technology Tips & Tricks (AR) (OI)
- 2:30 **PA** Happy Birthday Tea! (PDR) (DS)

24

- 9:30 **HF** Low-Impact Aerobic (CLH)
- 10:30 **HF** Fun and Fitness (AR)
- 11:00 **PA** Collaborative Brain Busters (AR)
- 12:30 **HF** Brain Gym (CLH) (OI)
- 1:00 **HF** Weights & Toning (AR)
- 1:45 **IS** Bible Study Group (CLH) (OI)
- 2:00 Target (BUS) (\$)
- 2:30 Taste of Atria (MDR) (MK)
- 2:45 **EF** Food for Thought (MDR) (MK)
- 7:00 Tuesday Night Theater (AR)

25

- 9:30 **HF** Low-Impact Aerobic (CLH)
- 10:30 **HF** Aquatic Fitness Class (PL) (OI)
- 10:30 **HF** Fun and Fitness (AR)
- 11:00 **C** Common Ground Coffee Chat (AR)
- 1:00 **HF** Strength & Balance (AR)
- 1:30 Bridge (CLH) (\$)
- 1:30 Let's Play Mexican
Train or Cribbage (CLH) (RL)
- 2:00 Bank Run (BUS)
- 2:30 **C** Tastes from around the World
- 2:30 **EF** Entertainment & Fun w/ Michelle (LG)
- 7:00 **IS** Alzheimer's Support Group (CLH) (OI)
- 7:00 **EF** Game Night: Phase Ten (AR)

26

- 9:30 **HF** Low-Impact Aerobic (CLH)
- 10:15 **C** Coffee Chat with a
Danish or two! (CLH) (RL)
- 10:30 **HF** Fun and Fitness (AR)
- 11:00 **EF** Trivia Time! (AR)
- 11:30 **LL** Literary Ladies (PDR)
- 1:00 **HF** Building Strength with Weights (AR)
- 2:00 Mystery Store (BUS) (\$)
- 3:30 **C** Meet and Greet/Happy Hour (AR)
- 5:30 Penny Cards (AR) (SH)
- 7:00 **LL** Exploring World Cultures (AR)

27

- 9:30 **HF** Low-Impact Aerobic (CLH)
- 10:30 **HF** Fun and Fitness (AR)
- 11:00 **C** Calendar: What's
Happening this Week? (AR)
- 1:00 **EF** Outing: Afternoon at the
Movies-Time TBD (BUS)
- 1:00 **HF** Zumba® Gold (AR)
- 1:45 **LL** TED Talks (Encore) (AR)
- 2:15 **EF** iPad® Game: What's That Phrase? (AR)
- 3:15 **EF** Sing-Along w/ Mike (AR)
- 7:00 Friday Night Feature (AR)

28

- 10:30 **HF** Fun and Fitness (AR)
- 11:00 **EF** Riddle Me This! (AR)
- 1:00 **EF** Outing: Oklahoma (BUS) (ELT)
- 1:00 **HF** Strength & Balance (AR)
- 1:00 Dime Bingo [\$] (CLH) (RL)
- 3:00 **IS** Prayer Circle w/ Rev. Hauser (PDR) (OI)
- 3:30 **C** Mocktail Meet Up (FA)
- 5:30 Penny Cards (AR) (ELT)
- 7:00 **LL** "How It's Made" (AR) (ELT)

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ASSISTED LIVING

Monthly Calendar of Events and Programming



Featured Events
this Month:

Magic Show w/ Debi Destiny

Friday, June 14, 3:15 PM

Father's Day Signature Brunch

Sunday, June 16, 10:00 AM

Tastes from Around the World

Wednesday, June 26, 2:30 PM

Atria
SENIOR LIVING

Atria
SENIOR LIVING

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

30



Atria ENGAGE LIFE

ROOM LOCATION KEY:

- Activity Room AR
- Offsite BUS
- Patio Area PA
- Clubhouse CLH
- Fireplace Area FA
- Main Entrance ME
- Private Dining Room PDR
- Life Guidance Building LG
- Atrium Area AA
- Pool PL
- Main Dining Room MDR

STAFF KEY:

- Clergy CL
- Dana Stansel DS
- Pastor Dave May PDM
- Mary Kattenhorn MK
- Outside Instructor OI
- Resident Led RL
- Samantha Hill SH
- Engage Life Team ELT
- Money Required \$
- Pat Brozdounoff PB

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- 9:30 HF Morning Stroll (RL)
- 11:00 C Fireside Chat (FA) (RL)
- 1:00 IS Church Service (CLH) (PDM)
- 1:00 HF Fun and Fitness (FA)
- 2:30 Sunday Cinema (CLH)
- 3:15 CV Here to Help: Gift Bags for Safe Shelter (AR)
- 5:45 LL TED Talks (AR) (ELT)
- 8:30 EF "CELEBRATE AMERICA" Fireworks Watch Party (ME)

2

- 9:30 HF Morning Stroll (RL)
- 11:00 C Fireside Chat (FA) (RL)
- 1:00 IS Church Service (CLH) (PDM)
- 1:00 HF Fun and Fitness (FA)
- 2:30 Sunday Cinema (CLH)
- 3:30 CV Creating for a Cause: Making Blankets (AR)
- 6:00 LL TED Talks (AR)

9

- 9:30 HF Morning Stroll (RL)
- 11:00 C Fireside Chat (FA) (RL)
- 1:00 IS Church Service (CLH) (PDM)
- 1:00 HF Fun and Fitness (FA)
- 2:30 Sunday Cinema (CLH)
- 3:30 CV Mentoring Today's Youth: Girl Scouts (AR) (ELT)
- 6:00 LL TED Talks (AR)

16

- FATHER'S DAY**
- 9:30 HF Morning Stroll (RL)
 - 10:00 EF Father's Day Signature Brunch (MDR) (MK)
 - 12:00 Journaling Dad and Me (ME) (ELT)
 - 1:00 IS Church Service (CLH) (PDM)
 - 2:30 Sunday Cinema (CLH)
 - 3:15 HF Fun and Fitness (FA)
 - 4:00 CV Stars and Stripes Support (AR)
 - 5:30 LL TED Talks (AR)

23

- 9:30 HF Morning Stroll (RL)
- 11:00 C Fireside Chat (FA) (RL)
- 1:00 IS Church Service (CLH) (PDM)
- 1:00 HF Fun and Fitness (FA)
- 2:30 Sunday Cinema (CLH)
- 3:15 CV Encouragement for Our Youth (AR)
- 6:00 LL TED Talks (AR)

3

- 10:30 HF Aquatic Fitness Class (PL) (OI)
- 10:30 HF Fun and Fitness (AR)
- 11:00 C Staff Spotlight (AR)
- 1:00 HF Zumba® Gold (AR) (ELT)
- 1:00 IS Catholic Communion & Rosary (CLH) (CL)
- 2:00 CE Open Studio-Painting, Beading & Drawing (CLH) (RL)
- 2:00 LL Connect and Play Pinochle (CLH) (RL)
- 2:30 LL Technology Tips & Tricks (AR) (OI)
- 3:30 CE The Art of Floral Arranging (AR)
- 5:00 Learn to Play Penny Cards (AR) (RL)
- 5:30 EF Connect and Play Penny Cards (AR) (RL)
- 6:00 HF Exercise your Brain w/ Crosswords & Color (AR) (RL)

17

- 10:30 HF Fun and Fitness (AR)
- 10:30 HF Aquatic Fitness Class (PL) (OI)
- 11:00 PA Resident Spotlight (AR) (RL)
- 1:00 HF Zumba® Gold (AR) (ELT)
- 1:00 IS Catholic Communion (CLH) (CL)
- 2:00 CE Open Studio-Painting, Beading & Drawing (CLH) (ELT)
- 2:00 LL Connect and Play Pinochle (CLH) (RL)
- 2:30 LL Technology Tips & Tricks (AR) (OI)
- 3:30 Billiards (CLH) (RL)
- 5:00 Learn to Play Penny Cards (AR) (ELT)
- 5:30 Connect and Play Penny Cards (AR) (RL)
- 6:00 HF Exercise your Brain w/ Crosswords & Color (AR) (RL)

24

- 10:30 HF Aquatic Fitness Class (PL) (OI)
- 10:30 HF Fun and Fitness (AR)
- 11:00 CE Horticultural Workshop (AA)
- 1:00 HF Zumba® Gold (AR) (ELT)
- 1:00 IS Catholic Communion (CLH) (CL)
- 2:00 CE Open Studio-Painting, Beading & Drawing (CLH) (RL)
- 2:00 LL Connect and Play Pinochle (CLH) (RL)
- 2:30 LL Technology Tips & Tricks (AR) (OI)
- 2:30 PA Happy Birthday Tea! (PDR) (DS)
- 5:00 Learn to Play Penny Cards (AR) (ELT)
- 5:30 Connect and Play Penny Cards (AR) (RL)
- 6:00 HF Exercise your Brain w/ Crosswords & Color (AR) (RL)

4

- 10:30 HF Fun and Fitness (AR)
- 12:30 HF Brain Gym (CLH) (OI)
- 1:00 HF Weights & Toning (AR)
- 1:00 CE Collaborative Art Project: Tea Cups (LG) (PB)
- 1:45 Atria Bingo (AR)
- 1:45 IS Bible Study Group (CLH) (OI)
- 2:00 Sprouts (BUS) (S)
- 3:30 SEVENS Card Game (AR)
- 3:30 IS The Truth Project (CLH) (RL)
- 7:00 Tuesday Night Theater (AR) (RL)

18

- 10:30 HF Fun and Fitness (AR)
- 11:00 C AL Resident Meeting - All Welcome (AR) (RL)
- 12:30 CV American Legion Veteran Visit (PDR) (OI)
- 12:30 HF Brain Gym (CLH) (OI)
- 1:00 HF Weights & Toning (AR)
- 1:45 Atria Bingo (AR)
- 1:45 IS Bible Study Group (CLH) (OI)
- 2:00 Trader Joe's (BUS) (S)
- 3:30 SEVENS Card Game (AR)
- 3:30 IS The Truth Project (CLH) (RL)
- 7:00 Tuesday Night Theater (AR)

25

- 10:30 HF Fun and Fitness (AR)
- 11:00 PA Collaborative Brain Busters (AR)
- 12:30 HF Brain Gym (CLH) (OI)
- 1:00 HF Weights & Toning (AR)
- 1:45 IS Bible Study Group (CLH) (OI)
- 2:00 Target (BUS) (S)
- 2:30 Taste of Atria (MDR) (MK)
- 2:45 EF Food for Thought (MDR) (MK)
- 7:00 Tuesday Night Theater (AR)

5

- 10:30 HF Aquatic Fitness Class (PL) (OI)
- 10:30 HF Fun and Fitness (AR)
- 11:00 CE Common Ground Coffee Chat (AR)
- 1:00 HF Strength & Balance (AR)
- 1:30 Bridge (CLH) (S)
- 1:30 Let's Play Mexican Train or Cribbage (CLH) (RL)
- 1:45 Spa Time: Nail Polish (AR)
- 1:45 Atria Bingo (AR)
- 2:00 Bank Run (BUS)
- 6:45 EF Game Night: Blackjack (21) (AR)

12

- 10:30 IS Protestant Communion Service (CLH)
- 10:30 HF Aquatic Fitness Class (PL) (OI)
- 10:30 HF Fun and Fitness (AR)
- 11:00 CE Common Ground Coffee Chat (AR)
- 1:00 HF Strength & Balance (AR)
- 1:30 Bridge (CLH) (S)
- 1:30 Let's Play Mexican Train or Cribbage (CLH) (RL)
- 1:45 Blackjack (21) (AR) (ELT)
- 2:00 Bank Run (BUS)
- 3:30 LL Musical Appreciation w/ Vince (AR)
- 7:00 HF Game Night: Words-Within-Words (AR)

19

- 10:30 HF Aquatic Fitness Class (PL) (OI)
- 10:30 HF Fun and Fitness (AR)
- 11:00 Traveling Boutique with Michelle (FA) (S)
- 11:00 Common Ground Coffee Chat (AR)
- 1:00 HF Strength & Balance (AR)
- 1:30 Bridge (CLH) (S)
- 1:30 Let's Play Mexican Train or Cribbage (CLH) (RL)
- 1:45 Spa Time: Nail Polish (AR)
- 2:00 Bank Run (BUS)
- 3:15 EF Guitar Tunes w/ Clint (AR)
- 7:00 EF Game Night: Tripoley (AR)

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- 10:30 HF Aquatic Fitness Class (PL) (OI)
- 10:30 HF Fun and Fitness (AR)
- 11:00 CE Common Ground Coffee Chat (AR)
- 1:00 HF Strength & Balance (AR)
- 1:30 Bridge (CLH) (S)
- 1:30 Let's Play Mexican Train or Cribbage (CLH) (RL)
- 1:45 Atria Bingo (AR)
- 2:00 Bank Run (BUS)
- 2:30 C Tastes from around the World (AR) (ELT)
- 2:30 EF Entertainment & Fun w/ Michelle (LG)
- 7:00 IS Alzheimer's Support Group (CLH) (OI)
- 7:00 EF Game Night: Phase Ten (AR)

6

- 10:15 LL Morning Melodies (AR)
- 10:30 HF Fun and Fitness (AR)
- 11:00 EF Trivia Time! (AR)
- 1:00 PA Resident Ambassador Meeting (PDR)
- 1:00 HF Building Strength with Weights (AR)
- 1:45 LL Opera on Demand (AR) (RL)
- 2:00 Nugget Market (BUS) (S)
- 3:15 EF Folk Music w/ Homespun Duet (AR)
- 3:30 C Meet & Greet/Happy Hour (AR)
- 7:00 LL Exploring World Cultures (AR)

13

- 10:15 LL Morning Melodies (AR)
- 10:30 HF Fun and Fitness (AR)
- 11:00 EF Trivia Time! (AR)
- 11:30 LL Literary Ladies (PDR)
- 1:00 HF Building Strength with Weights (AR)
- 1:45 Atria Bingo (AR)
- 2:00 Dollar Tree/Grocery Outlet (BUS) (S)
- 3:15 EF Banjo Tunes w/ Jack (AR)
- 3:30 C Meet and Greet/Happy Hour (AR)
- 7:00 LL Exploring World Cultures (AR)

20

- 10:15 LL Morning Melodies (AR)
- 10:30 HF Fun and Fitness (AR)
- 11:00 EF Trivia Time! (AR)
- 11:30 PA New Resident Luncheon (MDR)
- 1:00 HF Building Strength with Weights (AR)
- 1:45 Atria Bingo (AR)
- 2:00 99 Cent Store/Big Lots (BUS) (S)
- 3:30 C Neighborhood Mixer (CLH)
- 5:30 Penny Cards (AR) (ELT)
- 7:00 LL Exploring World Cultures (AR)

27

- 10:15 LL Morning Melodies (AR)
- 10:30 HF Fun and Fitness (AR)
- 11:00 EF Trivia Time! (AR)
- 11:30 LL Literary Ladies (PDR)
- 1:00 HF Building Strength with Weights (AR)
- 1:45 Atria Bingo (AR)
- 2:00 Mystery Store (BUS) (S)
- 3:30 C Meet and Greet/Happy Hour (AR)
- 5:30 Penny Cards (AR) (SH)
- 7:00 LL Exploring World Cultures (AR)

7

- 10:30 HF Fun and Fitness (AR)
- 11:00 C Calendar: What's Happening Next Week? (AR)
- 1:00 HF Zumba® Gold (AR)
- 1:45 LL TED Talks (Encore) (AR)
- 2:15 EF Connect and Play Scrabble® (AR)
- 3:15 EF Piano Music w/ Alvin (AR)
- 7:00 Friday Night Feature (AR)

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- FLAG DAY**
- 10:00 IS Capital Therapy Dogs Visit (AR)
 - 10:30 HF Fun and Fitness (AR)
 - 11:00 C Calendar: What's Happening Next Week? (AR)
 - 1:00 HF Zumba® Gold (AR)
 - 1:30 EF Outing: Goat House Brewery (BUS) (ELT)
 - 1:45 Atria Bingo (AR)
 - 2:15 EF iPad® Game: Outside the Box (AR)
 - 3:15 EF Magic Show w/ Debi Destiny (AR)
 - 7:00 Friday Night Feature (AR)

21

- National Selfie Day**
- 10:15 Hearing Aid Hub w/ Dr. Steve (CLH)
 - 10:30 HF Fun and Fitness (AR)
 - 11:00 C Engage Life® Programming Meeting (AR) (ELT)
 - 12:45 EF Outing: Scenic Ride (BUS)
 - 1:00 HF Zumba® Gold (AR)
 - 1:45 LL TED Talks (Encore) (AR)
 - 2:15 EF iPad® Game: Heads Up! (AR)
 - 3:15 HF Tic-Tac-Toe Trivia (AR)
 - 7:00 Friday Night Feature (AR)

28

- 10:30 HF Fun and Fitness (AR)
- 11:00 C Calendar: What's Happening Next Week? (AR)
- 1:00 EF Outing: Afternoon at the Movies-Time TBD (BUS)
- 1:00 HF Zumba® Gold (AR)
- 1:45 LL TED Talks (Encore) (AR)
- 2:15 EF iPad® Game: What's That Phrase? (AR)
- 3:15 EF Sing-Along w/ Mike (AR)
- 7:00 Friday Night Feature (AR)

1

- 10:30 HF Fun and Fitness (AR)
- 11:00 EF Riddle Me This! (AR)
- 1:00 HF Strength & Balance (AR)
- 1:00 Dime Bingo [S] (CLH) (RL)
- 1:45 Atria Bingo (AR)
- 3:00 IS Prayer Circle w/ Rev. Hauser (PDR) (OI)
- 3:30 C Mocktail Meet Up (FA)
- 5:30 Penny Cards (AR) (ELT)
- 7:00 LL "How It's Made" (AR) (ELT)

8

- 10:30 HF Fun and Fitness (AR)
- 11:00 EF Riddle Me This! (AR)
- 1:00 HF Strength & Balance (AR)
- 1:00 Dime Bingo [S] (CLH) (RL)
- 1:45 Atria Bingo (AR)
- 3:00 IS Prayer Circle w/ Rev. Hauser (CLH) (OI)
- 3:30 C Mocktail Meet Up (FA)
- 5:30 Penny Cards (AR) (ELT)
- 7:00 LL "How It's Made" (AR) (ELT)

15

- 10:30 HF Fun and Fitness (AR)
- 11:00 EF Riddle Me This! (AR)
- 1:00 HF Strength & Balance (PA)
- 1:00 Dime Bingo [S] (CLH) (RL)
- 1:45 LL TED Talks (Encore) (PA)
- 3:00 IS Prayer Circle w/ Rev. Hauser (CLH) (OI)
- 3:30 C Mocktail Meet Up (PA)
- 5:30 Penny Cards (PA) (ELT)

22

- 10:30 HF Fun and Fitness (AR)
- 11:00 EF Riddle Me This! (AR)
- 1:00 HF Strength & Balance (PA)
- 1:00 Dime Bingo [S] (CLH) (RL)
- 1:45 Atria Bingo (AR)
- 3:00 IS Prayer Circle w/ Rev. Hauser (PDR) (OI)
- 3:30 C Mocktail Meet Up (FA)
- 5:30 Penny Cards (AR) (ELT)
- 7:00 LL "How It's Made" (AR)

29

- 10:30 HF Fun and Fitness (AR)
- 11:00 EF Riddle Me This! (AR)
- 12:45 EF Outing: Oklahoma (BUS) (ELT)
- 12:45 HF Strength & Balance (AR)
- 1:00 Dime Bingo [S] (CLH) (RL)
- 1:45 Atria Bingo (AR)
- 3:00 IS Prayer Circle w/ Rev. Hauser (PDR) (OI)
- 3:30 C Mocktail Meet Up (FA)
- 5:30 Penny Cards (AR) (ELT)
- 7:00 LL "How It's Made" (AR) (ELT)

LIFE GUIDANCE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

**Collaborative Art
Project: Tea Cups**
Tuesday, June 11, 1:00 PM

Father's Day Signature Brunch
Sunday, June 16, 10:00 AM

Tastes from Around the World
Wednesday, June 26, 1:00 PM

Atria
SENIOR LIVING

Atria
SENIOR LIVING

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

30



Atria ENGAGE LIFE

ROOM LOCATION KEY:

Activity Room AR
Clubhouse CLH
Main Dining Room MDR
Life Guidance Building LG

STAFF KEY:

Mary Kattenhorn MK
Resident Led RL
Engage Life Team ELT
Tiffany Chin TC
Life Guidance Team LGT
Pat Brozdounoff PB

- 9:30 HF Fun and Fitness
- 9:30 J Legato - Wake Up to Work Out!
- 10:00 LL Daily Chronicle
- 10:30 IS Soup for the Soul Readings
- 1:00 PA Relax and Rejuvenate
- 1:30 IS Church Services
- 2:30 HF Strength and Balance
- 4:00 J LEGATO - Gospel Music
- 5:30 LL Evening News
- 7:00 EF Gaming for Cognition

- PA Personal Achievement
- HF Health & Fitness
- EF Entertainment & Fun
- CV Civic Engagement
- LL Lifelong Learning
- CE Creative Expression
- IS Inspiration & Spirituality
- C Connection
- Atria StoryWise

Pen Pal Day

- 9:30 HF Fun and Fitness
- 9:30 J LEGATO - Wake Up to Work Out! (LG)
- 10:00 LL Daily Chronicle
- 10:30 LL Understanding Nature: Hurricanes
- 1:00 LL Collaborative Critical Thinking (LG)
- 2:30 HF Strength and Balance
- 4:00 J LEGATO Sing Along
- 6:00 EF Connect and Play: Cornhole
- 7:00 EF Saturday Cinema

Bubba Day

- 9:30 J LEGATO - Wake Up to Work Out!
- 9:30 HF Fun and Fitness
- 10:00 LL Daily Chronicle
- 1:00 PA Relax and Rejuvenate (RL)
- 1:30 IS Church Services
- 2:30 HF Strength and Balance
- 3:00 EF Connect and Play - Bingo
- 6:00 EF "Forrest Gump"

Repeat Day

- 9:30 HF Fun and Fitness
- 9:30 J LEGATO Wake Up to Work Out!
- 10:00 LL Daily Chronicle
- 10:30 Spa Time
- 1:00 PA Relax and Rejuvenate
- 2:30 C Pen Pal Program
- 3:45 J LEGATO with Nature
- 4:00 HF Guided Meditation
- 5:30 LL Evening News
- 6:00 EF Gaming for Cognition

National Cheese Day

- 9:30 HF Fun and Fitness (ELT)
- 9:30 J LEGATO Wake Up to Work Out!
- 10:00 LL Daily Chronicle
- 10:30 CE Kitchen Creations
- 1:00 CE Collaborative Art Project: Tea Cups
- 2:00 LL Lecture and Discussion
- 2:30 J LEGATO - With Nature
- 3:00 HF Walking Club (TC)
- 4:00 StoryWise™
- 5:30 LL Evening News
- 6:30 EF Gaming for Cognition

World Environment Day

- 9:30 HF Fun and Fitness
- 9:30 J LEGATO wake Up to Work Out!
- 10:00 LL Daily Chronicle
- 10:30 LL Polar Ice Caps
- 1:00 PA Relax and Rejuvenate
- 2:00 J LEGATO
- 2:30 HF Flex and Motion
- 3:30 EF BINGO
- 5:30 LL Evening News
- 6:30 EF Gaming for Cognition

D-Day WWII

- 9:30 HF Fun and Fitness
- 9:30 J LEGATO - wake Up to Work Out!
- 10:00 LL Daily Chronicle
- 10:30 CE Art Classes
- 11:00 J LEGATO - Classical
- 1:00 PA Relax and Rejuvenate
- 2:15 EF Folk Music w/ Homespun Duet (LG)
- 3:00 HF Stretch and Tone
- 5:30 LL Evening News
- 6:30 EF Gaming for Cognition

Flag Day

- 9:30 HF Fun and Fitness
- 9:30 J LEGATO wake Up to Work Out!
- 10:00 EF Out and About Outing
- 10:00 LL Daily Chronicle
- 10:30 LL Virtual Travel Destinations
- 1:00 PA Relax and Rejuvenate
- 2:00 J LEGATO - Piano Music with Alvin
- 3:00 HF Strength and Balance
- 3:30 EF BINGO
- 5:30 LL Evening News
- 6:30 EF Gaming for Cognition

Pen Pal Day

- 9:30 HF Fun and Fitness
- 9:30 J LEGATO - Wake up to Work out!
- 10:00 LL Daily Chronicle
- 10:15 PA Spa Time
- 11:00 StoryWise™
- 1:00 PA Relax and Rejuvenate (RL)
- 2:30 HF Strength and Balance
- 3:00 EF Connect and Play - Bingo
- 4:00 J LEGATO with Nature
- 5:30 EF Gaming for Cognition
- 6:15 EF Saturday Cinema

- 9:30 HF Fun and Fitness
- 9:30 J LEGATO - wake Up to Work Out!
- 10:00 LL Daily Chronicle
- 10:30 IS Soup for The Soul Reading
- 11:00 EF Wildlife Moms and Their Babies Videos
- 1:00 PA Relax and Rejuvenate
- 1:30 IS Church Services (CLH)
- 2:30 HF Strength and Balance
- 4:00 J LEGATO Gospel Music
- 6:30 LL Evening News
- 7:00 EF Gaming for Cognition

Iced Tea Day

- 9:30 J LEGATO wake Up to Work Out!
- 9:30 HF Fun and Fitness
- 10:00 LL Daily Chronicle
- 10:30 Spa Time
- 10:45 J LEGATO ~ With Winged Migration
- 1:00 PA Relax and Rejuvenate
- 2:30 CE Open Studio
- 4:00 HF Guided Meditation
- 5:30 LL Evening News
- 6:30 EF Gaming for Cognition

Underwater Adventure Day

- 9:30 J LEGATO wake Up to Work Out!
- 9:30 HF Fun and Fitness (ELT)
- 10:00 LL Daily Chronicle
- 10:15 CE Kitchen Creations
- 11:00 J LEGATO - With Nature
- 1:00 CE Collaborative Art Project: Tea Cups
- 2:00 StoryWise™
- 3:00 HF Walking Club (TC)
- 4:00 EF Connect and Play - Bingo
- 5:30 LL Evening News
- 6:30 EF Gaming for Cognition

World Red Rose Day

- 9:30 J LEGATO wake Up to Work Out!
- 9:30 HF Fun and Fitness
- 10:00 LL Daily Chronicle
- 10:30 LL Biography of Florence Nightingale
- 1:00 PA Relax and Rejuvenate (RL)
- 2:00 J LEGATO
- 2:30 HF Flex and Motion
- 3:30 EF Connect and Play - Bingo
- 5:30 LL Evening News
- 6:30 EF Gaming for Cognition

Weed Your Garden Day

- 9:30 HF Fun and Fitness
- 9:30 J LEGATO wake Up to Work Out!
- 10:00 LL Daily Chronicle
- 10:30 CE Gardening Workshop
- 1:00 PA Relax and Rejuvenate
- 2:15 EF Banjo Tunes with Jack
- 3:30 HF Strength and Balance
- 4:00 Story Wise
- 5:30 LL Evening News
- 6:30 EF Gaming for Cognition

Flag Day

- 9:30 HF Fun and Fitness
- 9:30 J LEGATO wake Up to Work Out!
- 10:00 EF Out and About Outing
- 10:00 LL Daily Chronicle
- 10:30 IS Capital Therapy Dogs Visit
- 1:00 PA Relax and Rejuvenate
- 2:00 LL Virtual Travel Destinations
- 3:30 HF Flex and Motion
- 4:00 J LEGATO - Sing Along
- 5:30 LL Evening News
- 6:30 EF Gaming for Cognition

- 9:30 J LEGATO - Wake up to Work out!
- 9:30 HF Fun and Fitness
- 10:00 LL Daily Chronicle
- 10:15 PA Spa Time
- 11:00 StoryWise™
- 1:00 PA Relax and Rejuvenate
- 2:15 HF Volleyball
- 3:00 EF BINGO
- 4:00 J LEGATO - With the Crooners
- 5:30 EF Gaming for Cognition
- 6:15 EF Saturday Cinema

Father's Day

- 9:30 J LEGATO wake Up to Work Out!
- 9:30 HF Fun and Fitness
- 10:00 EF Father's Day Signature Brunch (MDR) (MK)
- 10:00 LL Daily Chronicle
- 10:30 C StoryWise™ Fantastic Fathers
- 11:00 J LEGATO - Gospel Music
- 1:00 PA Relax and Rejuvenate (RL)
- 1:30 IS Church services
- 2:30 HF Strength and Balance
- 5:30 LL Evening News
- 7:00 EF Gaming for Cognition

"Purr-fect" Day

- 9:30 HF Fun and Fitness
- 9:30 J LEGATO wake Up to Work Out!
- 10:00 LL Daily Chronicle
- 10:30 LL History of Cats
- 1:00 PA Relax and Rejuvenate
- 2:30 J LEGATO - Sing a Song
- 4:00 HF Guided Meditation
- 5:30 LL Evening News
- 6:30 EF Gaming for Cognition

International Picnic Day

- 9:30 HF Fun and Fitness (ELT)
- 9:30 J LEGATO wake Up to Work Out!
- 10:00 LL Daily Chronicle
- 10:30 CE Kitchen Creations
- 1:00 PA Relax and Rejuvenate
- 2:00 J LEGATO
- 2:30 HF Walking Club
- 3:00 EF BINGO
- 5:30 LL Evening News
- 6:30 EF Gaming for Cognition

Weather Watchers Wednesday

- 9:30 J LEGATO wake Up to Work Out!
- 9:30 HF Fun and Fitness
- 10:00 LL Daily Chronicle
- 10:30 LL Strange Weather Patterns
- 1:00 PA Relax and Rejuvenate (RL)
- 2:15 J LEGATO: Guitar w/ Clint
- 3:30 HF Strength and Balance
- 4:30 C LG Quarterly Family Meeting (CLH) (PB)
- 5:30 LL Evening News
- 6:30 EF Gaming for Cognition

Ed Sullivan Premiere Anniversary

- 9:30 J LEGATO Wake Up to Work Out!
- 9:30 HF Fun and Fitness
- 10:00 LL Daily Chronicle
- 10:30 J LEGATO - Ed Sullivan
- 1:00 PA Resident Spotlight
- 2:30 HF Strength and Balance
- 3:30 C Neighborhood Mixer (CLH) (TC)
- 5:30 EF Gaming for Cognition
- 6:30 EF Remembering the Ed Sullivan Show

National Selfie Day

- 9:30 J LEGATO wake Up to Work Out!
- 9:30 HF Fun and Fitness
- 10:00 EF Out and About Outing (LGT)
- 10:00 LL Daily Chronicle
- 10:30 LL Virtual Travel Destination
- 1:00 PA Relax and Rejuvenate (RL)
- 2:00 C Resident Birthday Party
- 2:30 J LEGATO - Beach Boys
- 3:00 HF Strength and Balance
- 5:30 LL Evening News
- 6:30 EF Gaming for Cognition

- 9:30 HF Fun and Fitness
- 9:30 J LEGATO wake Up to Work Out!
- 10:00 LL Daily Chronicle
- 10:15 PA Spa Time
- 11:00 StoryWise™
- 1:00 PA Relax and Rejuvenate
- 2:30 HF Volleyball
- 3:15 EF BINGO
- 4:00 J LEGATO - Sing A Song
- 5:30 EF Gaming for Cognition
- 6:15 EF Saturday Cinema

- 9:30 HF Fun and Fitness
- 9:30 J LEGATO wake Up to Work Out!
- 10:00 LL Daily Chronicle
- 10:30 IS Soup for the Soul Reading
- 1:00 PA Relax and Rejuvenate (RL)
- 1:30 IS Church Services
- 2:30 HF Strength and Balance
- 4:00 J LEGATO Gospel Music
- 5:30 LL Evening News
- 7:00 EF Gaming for Cognition

"Milk Man Day!"

- 9:30 J LEGATO wake Up to Work Out!
- 9:30 HF Fun and Fitness
- 10:00 LL Daily Chronicle
- 10:30 Spa Time
- 1:00 PA Relax and Rejuvenate
- 2:30 J LEGATO - Sing a Song
- 3:00 CE Fundamentals of Water Color
- 4:00 HF Guided Meditation
- 5:30 LL Evening News
- 6:30 EF Gaming for Cognition

Fruit Loops Day

- 9:30 HF Fun and Fitness (ELT)
- 9:30 J LEGATO wake Up to Work Out!
- 10:00 LL Daily Chronicle
- 10:30 LL Kitchen Creations
- 1:00 PA Relax and Rejuvenate
- 2:00 J LEGATO ~ Ocean sounds
- 2:30 HF Walking Club
- 3:30 EF BINGO
- 5:30 LL Evening News
- 6:30 EF Gaming for Cognition

Whale Watching Wednesday

- 9:30 J LEGATO wake Up to Work Out!
- 9:30 HF Fun and Fitness
- 10:00 LL Daily Chronicle
- 10:30 LL Wildlife and Nature
- 1:00 C Tastes from around the World (AR) (ELT)
- 2:30 J LEGATO- Music with Michelle
- 3:45 StoryWise™
- 5:30 LL Evening News
- 6:30 EF Gaming for Cognition

- 9:30 HF Fun and Fitness
- 9:30 J LEGATO wake Up to Work Out!
- 10:00 LL Daily Chronicle
- 10:30 C Reminiscing
- 11:00 J LEGATO - Wedding songs
- 1:00 PA Relax and Rejuvenate
- 2:30 HF Stretching & Flexibility
- 3:00 CE Art Classes
- 5:30 LL Evening News
- 6:00 EF Movie

Movie Night

- 9:30 J LEGATO wake Up to Work Out!
- 9:30 HF Fun and Fitness
- 10:00 EF Out and About Outing
- 10:00 LL Daily Chronicle (TC)
- 10:15 LL Arm Chair Travel
- 1:00 PA Relax and Rejuvenate
- 2:15 J LEGATO
- 3:00 HF Stretch and Flexibility
- 3:30 EF BINGO
- 5:15 EF Gaming for Cognition
- 6:00 EF Movie Night

- 9:30 HF Fun and Fitness
- 9:30 J Legato - wake Up to Work Out!
- 10:00 LL Daily Chronicle
- 10:15 PA Spa Time
- 11:00 StoryWise™
- 1:00 PA Relax and Rejuvenate
- 2:30 HF Strength and Balance
- 3:15 EF BINGO
- 5:30 EF Gaming for Cognition
- 6:15 EF Saturday Cinema