

ENGAGE LIFE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

**Distinguished Diners-
Plum Blossom (SU)**
Thursday, June 6, 5:00 PM

**StoryWise Fantastic
Fathers Celebration**
Sunday, June 16, 2:30 PM

**Annual Family
Cookout! (4:30-6:30pm)**
Thursday, June 20, 4:30 PM

Atria
SENIOR LIVING

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SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

30

10:00 **HF** Sit & Be Fit (MR) (LB)
 10:30 **LL** iPad®-Google™ Earth: Exploring our Homes (MR) (LB)
 11:30 The Daily Chronicle (LR) (LB)
 2:15 **HF** Theraband Exercise Class (MR) (LB)
 2:30 Bonus Bingo (AC) (LB)
 4:00 Popsicles and Punchlines on the Porch (FP) (LB)
 7:30 Movie Club (MR) (IND)



ROOM LOCATION KEY:

Living Room LR
 Anytime Cafe' AC
 Media Room MR
 Outing/Trip OUT
 Formal Dining Room FDR
 Front Porch FP

STAFF KEY:

Leanne & Darlene L&D
 Darlene Montgomery DM
 Claudia DeMartino-Savoy CDS
 Guest Speaker/Lecturer GST
 Resident Led RL
 Independent IND
 Culinary Service CS
 Volunteer VOL
 Noreen Santa Maria NSM
 Narissa Balkissoon NB
 Brenda Kimmel BK
 Leanne Blauvelt LB

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- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- Atria StoryWise**

1

10:00 **HF** Sit & Be Fit (MR) (DM)
 10:30 **CE** Tea & Colorful Creations (AC) (DM)
 11:30 The Daily Chronicle (AC) (DM)
 2:00 **HF** Atria Walks! (LR) (DM)
 2:30 **LL** Johanna Travels (MR) (VOL)
 3:30 Church-Christ the King (SU) (OUT) (DM)
 3:45 Saturday Travelogue (MR) (IND)
 7:30 Movie Club (MR) (IND)

2

10:00 **HF** Sit & Be Fit (MR) (LB)
 10:30 Broadway Hits Trivia (LR) (LB)
 11:00 **CE** Crossgate Chorus with Claudia (LR) (CDS)
 2:15 **HF** TheraBand Exercise Class (MR) (LB)
 2:45 Bonus Bingo (AC) (LB)
 4:00 Nat'l Iced Tea Month Social on the Porch (FP) (LB)
 7:30 Movie Club (MR) (IND)

3

10:00 **HF** Sit & Be Fit (MR) (LB)
 10:30 **LL** Nat'l Zoo & Aquarium Mo: San Diego Zoo (MR) (LB)
 11:30 The Daily Chronicle (LR) (LB)
 2:00 **HF** Atria Walks! (LR) (LB)
 2:30 Word in a Word Game (LR) (LB)
 3:30 **CE** Paint & Sip with Janelle (AC) (LB)
 7:30 Movie Club (MR) (IND)

4

10:00 **HF** Sit & Be Fit (MR) (DM)
 10:30 **CE** Craft Class-Button Flower Pins (SU) (AC) (L&D)
 11:30 The Daily Chronicle (LR) (DM)
 2:00 **HF** Yoga (MR) (NSM)
 2:30 Walmart (SU) (OUT) (L&D)
 3:15 Afternoon Documentary (MR) (IND)
 4:15 This & That Trivia (LR) (DM)
 7:30 Movie Club (MR) (IND)

5

8:30 **C** Men's Breakfast with Kevin & Rich! (SU) (AC) (CS)
 10:15 **IS** Catholic Communion (MR) (VOL)
 11:00 **HF** Sit & Be Fit (MR) (DM)
 11:30 iPad®-June Fun Facts & Trivia (LR) (DM)
 2:15 **EF** Cannonaires Choral Group Performance (LR) (VOL)
 3:30 Bingo (AC) (DM)
 4:00 **HF** Atria Walks! (LR) (LB)
 7:00 **HF** You Be the Judge (AC) (NB)
 7:30 Movie Club (MR) (IND)

6

10:00 **HF** Sit & Be Fit (MR) (DM)
 10:30 **CE** Resident Inspired Recipes (AC) (DM)
 2:15 Afternoon Matinee & Popcorn (MR) (IND)
 3:00 **EF** Garden Themed Infused Oil Demo (SU) (OUT) (CS)
 4:15 **HF** Atria Walks! (LR) (DM)
 5:00 **EF** Distinguished Diners-Plum Blossom (SU) (OUT) (L&D)
 7:30 Movie Club (MR) (IND)

7

10:00 **HF** Sit & Be Fit (MR) (DM)
 10:30 **CV** Community Service Project (AC) (DM)
 11:00 **PA** Rosary Service (FDR) (RL)
 2:00 **HF** Atria Walks! (LR) (DM)
 2:30 Bingo with Brenda! (AC) (BK)
 3:30 **C** National Lemonade Days Social (FP) (DM)
 7:00 **C** Evening Happy Hour with John Hill (LR) (DM)
 7:30 Movie Club (MR) (IND)

8

10:00 **HF** Sit & Be Fit (MR) (DM)
 10:30 **LL** iPad® Country Spotlight-Nova Scotia (MR) (DM)
 11:30 The Daily Chronicle (LR) (DM)
 2:00 **HF** Atria Walks! (LR) (DM)
 2:45 **CE** Tea & Colorful Creations (AC) (DM)
 3:00 Saturday Travelogue (MR) (IND)
 3:30 Church-Christ the King (SU) (OUT) (DM)
 7:30 **PA** Movie Club & Discussion (MR) (RL)

9

10:00 **HF** Sit & Be Fit (MR) (LB)
 10:30 **C** Dunkin' Donuts & StoryWise™ (AC) (LB)
 11:30 The Daily Chronicle (LR) (LB)
 2:15 **HF** TheraBand Exercise Class (LR) (LB)
 2:45 Bonus Bingo (LR) (LB)
 4:00 **EF** Nat'l Zoo & Aquarium Month-Bronx Zoo (LR) (LB)
 7:30 Movie Club (MR) (IND)

10

10:00 **HF** Sit & Be Fit (MR) (LB)
 10:30 Documentary: Georgia Aquarium (MR) (IND)
 11:00 **PA** Ambassador Club Meeting (FDR) (LB)
 2:00 Blood Pressure Clinic (LR) (VOL)
 2:30 **HF** Atria Walks! (LR) (LB)
 3:00 Word in a Word Game (LR) (LB)
 4:00 Jeopardy!® Style Trivia (LR) (LB)
 7:30 Movie Club (MR) (IND)

11

10:00 **HF** Sit & Be Fit (MR) (DM)
 10:30 Biography (MR) (IND)
 11:00 **EF** Erie Canal Sightseeing Cruise (SU) (OUT) (L&D)
 2:15 Afternoon Matinee & Popcorn (MR) (IND)
 4:15 **HF** Atria Walks! (LR) (LB)
 7:30 Movie Club (MR) (IND)

12

10:15 **IS** Catholic Communion (MR) (VOL)
 11:00 **HF** Sit & Be Fit (MR) (LB)
 11:30 Name Chase Game (LR) (LB)
 2:30 **HF** Yoga (MR) (NSM)
 3:30 Bingo (MR) (LB)
 4:00 **LL** Historic Highlight-Lansing Farmhouse (LR) (LB)
 7:00 **HF** You Be the Judge (AC) (NB)
 7:30 Movie Club (MR) (IND)

13

10:00 **HF** Sit & Be Fit (MR) (LB)
 10:30 Documentary (MR) (IND)
 10:30 Walmart (SU) (OUT) (LB)
 2:00 **HF** Atria Walks! (LR) (LB)
 3:00 Strawberry Shortcake Social (LR) (LB)
 4:00 This & That Trivia (FP) (LB)
 7:30 Movie Club (MR) (IND)

14

Flag Day
 10:00 **HF** Sit & Be Fit (MR) (DM)
 10:30 **CV** Veteran's Coffee Social & Recognition (AC) (DM)
 11:00 **PA** Rosary Service (FDR) (RL)
 2:30 **HF** Pound! Exercise Class with Jess (MR) (GST)
 3:30 **C** New Resident Welcome Happy Hr w/ Rick B. (LR) (DM)
 7:00 **HF** What Would You Do? (AC) (NB)
 7:30 Movie Club (MR) (IND)

15

10:00 **HF** Sit & Be Fit (MR) (BK)
 10:30 **LL** Mermaid Day-Exploring Stories & Folklore (MR) (DM)
 11:30 The Daily Chronicle (LR) (DM)
 2:15 **HF** Super Stretch (MR) (DM)
 2:45 **CE** Tea & Colorful Creations (AC) (DM)
 3:00 Saturday Travelogue (MR) (IND)
 3:30 Church-Christ the King (OUT) (DM)
 7:30 **PA** Movie Club & Discussion (MR) (RL)

Father's Day **16**

10:00 **HF** Sit & Be Fit (MR) (LB)
 10:30 Bonus Bingo (AC) (LB)
 11:30 The Daily Chronicle (LR) (LB)
 2:00 **HF** Atria Walks! (LR) (LB)
 2:30 StoryWise™ Fantastic Fathers Celebration (FP) (L&D)
 4:00 Lemonade & Trivia on the Porch (LR) (LB)
 7:30 Movie Club-"Father's Day" (MR) (IND)

17

10:00 **HF** Sit & Be Fit (MR) (LB)
 10:30 Resident Council Meeting (MR) (LB)
 11:00 Activity Planning Meeting (MR) (LB)
 2:30 **HF** Atria Walks! (LR) (LB)
 3:00 Word in a Word Game (LR) (LB)
 4:00 iPad®-History Here (LR) (LB)
 7:00 Evening Entertainment w/ Tony S. & Son (LR) (IND)

18

10:00 **HF** Sit & Be Fit (MR) (DM)
 10:30 Biography (MR) (IND)
 11:00 Ducks-Fun Facts & Trivia! (LR) (DM)
 11:30 The Daily Chronicle (LR) (DM)
 2:00 **HF** Atria Walks! (LR) (L&D)
 3:00 **EF** Duck Day Carnival and Celebration! (FP) (L&D)
 7:30 Movie Club-"Duck Soup" (MR) (IND)

19

10:15 **IS** Catholic Communion (MR) (VOL)
 11:00 **HF** Sit & Be Fit (MR) (DM)
 12:00 **C** Connections Luncheon (by invite) (FDR) (L&D)
 2:30 **HF** Yoga (LR) (NSM)
 3:30 Bingo (AC) (DM)
 4:00 **LL** All Over Albany-Quackenbush House (LR) (LB)
 7:00 **HF** You Be The Judge (AC) (NB)
 7:30 Movie Club (MR) (IND)

20

10:00 **HF** Sit & Be Fit (MR) (DM)
 10:30 Documentary (MR) (IND)
 10:30 Walmart (SU) (OUT) (L&D)
 2:00 **HF** Atria Walks! (LR) (DM)
 2:15 Afternoon Movie-"It Runs in the Family" (MR) (IND)
 4:30 **EF** Annual Family Cookout! (4:30-6:30pm) (FP) (L&D)
 7:30 Movie Club (MR) (IND)

21

Summer Begins
 10:00 **HF** Sit & Be Fit (MR) (BK)
 10:30 **CV** Community Service Project (AC) (BK)
 11:00 **PA** Rosary Service (FDR) (RL)
 2:00 **HF** Atria Walks! (LR) (DM)
 2:30 Bingo with Brenda! (AC) (BK)
 3:30 **C** Happy Hour with Pair O' Music Lovers (LR) (DM)
 7:00 **HF** Word Challenge with Narissa (AC) (NB)
 7:30 Movie Club (MR) (IND)

22

10:00 **HF** Sit & Be Fit (MR) (DM)
 10:30 **C** iPad® Resident Spotlight (MR) (DM)
 11:30 The Daily Chronicle (LR) (DM)
 2:15 **HF** Super Stretch (MR) (DM)
 2:45 **CE** Tea & Colorful Creations (AC) (DM)
 3:00 **C** Opera Club (MR) (DM)
 3:30 Church-Christ the King (SU) (OUT) (DM)
 7:30 **PA** Movie Club & Discussion (MR) (RL)

23

10:00 **HF** Sit & Be Fit (MR) (LB)
 10:30 **CE** Baking-It's Blueberry Month! (AC) (LB)
 11:30 The Daily Chronicle (LR) (LB)
 2:15 **HF** Theraband Exercise Class (MR) (LB)
 2:45 Bonus Bingo (AC) (LB)
 4:00 **LL** Nat'l Zoo & Aquarium Mo.-Mystic, CT (LR) (LB)
 7:30 Movie Club (MR) (IND)

24

10:00 **HF** Sit & Be Fit (LR) (LB)
 10:30 Food For Thought with Kevin (MR) (CS)
 11:15 World UFO Day-Do you Believe? (LR) (LB)
 2:30 **HF** Atria Walks! (LR) (LB)
 2:30 **LL** Book Club with Monica (FDR) (VOL)
 3:00 Word in a Word Game (LR) (LB)
 4:00 Name Chase Game (LR) (LB)
 7:30 Movie Club (MR) (IND)

25

10:00 **HF** Sit & Be Fit (MR) (DM)
 10:30 **CE** Melodies and Music (LR) (DM)
 11:30 The Daily Chronicle (LR) (DM)
 2:00 **HF** Atria Walks! (LR) (L&D)
 2:15 Biography (MR) (IND)
 2:30 Walmart (SU) (OUT) (L&D)
 4:15 Summer Trivia (LR) (DM)
 7:30 Movie Club (MR) (IND)

26

10:15 **IS** Catholic Communion (MR) (VOL)
 11:00 **HF** Sit & Be Fit (MR) (DM)
 11:30 Crossword Style Trivia (LR) (DM)
 2:30 Bingo (MR) (LB)
 2:30 **HF** Yoga (LR) (NSM)
 3:45 **EF** High Tea-Summer Fun! (FDR) (L&D)
 7:00 **HF** You Be the Judge (AC) (NB)
 7:30 Movie Club (MR) (IND)

27

10:00 **HF** Sit & Be Fit (AC) (DM)
 10:30 Documentary (MR) (IND)
 11:15 **EF** Bennington Station VT for Lunch (SU) (OUT) (L&D)
 2:15 Afternoon Matinee & Popcorn (MR) (IND)
 4:15 **HF** Atria Walks! (LR) (DM)
 7:30 Movie Club (MR) (IND)

28

10:00 **HF** Sit & Be Fit (MR) (DM)
 10:30 **CV** Community Service Project (AC) (DM)
 11:00 **PA** Rosary Service (FDR) (RL)
 2:30 **HF** Pound! Exercise Class with Jess (MR) (IND)
 3:30 **C** Birthday Party & Happy Hour with Bob M. (LR) (DM)
 7:00 **HF** What Would You Do? (LR) (NB)
 7:30 Movie Club (MR) (IND)

29

10:00 **HF** Sit & Be Fit (MR) (DM)
 10:30 **LL** iPad® State Spotlight-Illinois (MR) (DM)
 11:30 The Daily Chronicle (LR) (DM)
 2:15 **HF** Super Stretch (MR) (DM)
 2:45 **CE** Tea & Colorful Creations (AC) (DM)
 3:00 Saturday Travelogue (MR) (IND)
 3:30 Church-Christ the King (SU) (OUT) (DM)
 7:30 **PA** Movie Club & Discussion (MR) (RL)