

ENGAGE LIFE[®]

Monthly Calendar of Events and Programming



Featured Events this Month:

Opera Appreciation with Lou

Tuesday, February 6, 2:30 pm

Valentine's Day Concert: Jazz Trio

Wednesday, February 14, 3:00 pm

Vegetarian Festival

Tuesday, February 20, 2:30 pm

Atria
SENIOR LIVING

Atria
SENIOR LIVING

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE®

- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- Atria StoryWise**

<p>9:30 HF Sunshine Walking Club (LOB) [MA] 4</p> <p>10:00 HF Low-Impact Aerobic (MR) [DG]</p> <p>11:00 CV Knitting/Sewing for a Cause (AR) [MA]</p> <p>11:00 PA NY Times Crossword (CR) [RL]</p> <p>11:15 IS Church Run (LOB)</p> <p>1:30 Scenic Drive (LOB) [MA]</p> <p>2:00 Matinee (MR) [DG]</p> <p>3:30 EF Concert: Allegro Singers (MR) [OL]</p> <p>4:00 Happy Hour (C) [DG]</p> <p>4:30 HF Evening Walk (LOB) [MA]</p> <p>6:30 EF Super Bowl® LII Party (MR) [DG]</p> <p>6:45 LL Reader's Digest Discussion Group (LIB) [DG]</p>	<p>9:30 HF Westside Walking Club (LOB) [MA] 5</p> <p>10:00 HF Balance Boogie with Larry (MR) [OL]</p> <p>11:00 LL Yiddish Conversation (MR) [IL]</p> <p>12:00 EF Movie Theater Outing (LOB) [MA]</p> <p>1:30 Bingo (LIB) [DG]</p> <p>2:00 LL Current Events (MR) [IL]</p> <p>3:00 LL Audio Book Session (AR) [MA]</p> <p>4:00 C Social Hour (C) [MA]</p> <p>4:30 HF Broadway Stroll (LOB) [DG]</p> <p>6:45 EF AirPano Travel (LIB) [DG]</p> <p>7:45 Romantic Comedy Film (MR) [DG]</p>	<p>9:30 HF Making Strides Walking Group (LOB) [MA] 6</p> <p>10:00 HF Flamenco & Yomenco (MR) [OL]</p> <p>11:00 CE Jewelry Workshop (MR) [MA]</p> <p>11:00 Shopping Trip (LOB) [AT]</p> <p>12:00 PA Newsletter Meeting (LIB) [RL]</p> <p>12:00 IS Relaxing Piano Session (PR) [AT]</p> <p>1:30 Scrabble® Challenge (LIB) [LA]</p> <p>2:30 LL Opera Appreciation with Lou (MR) [OL]</p> <p>3:00 C Computer Lessons: Facebook® 101 (LIB) [LA]</p> <p>4:00 Happy Hour (C) [MA]</p> <p>6:45 C National Programming (LIB) [DG]</p> <p>7:45 Thriller Film (MR) [LA]</p>	<p>9:30 HF Riverside Park Walk (LOB) [WR] 7</p> <p>10:00 HF Laugh, Move, and Roar Exercise (MR) [LA]</p> <p>11:00 PA The Art of Clay (AR) [MA]</p> <p>11:00 LL The Best Broadway Songs Ever (MR) [DB]</p> <p>12:00 EF Restaurant Outing (LOB) [LA]</p> <p>1:30 Bingo (LIB) [MA]</p> <p>3:00 PA Bridge Card Game (PR) [RL]</p> <p>3:00 CV EL Program Meeting (MR) [WR]</p> <p>4:00 C Drama Club (AR) [LA]</p> <p>4:00 Wine Down Wednesday (C) [MA]</p> <p>6:45 HF Engage Your Brain with Trivia (LIB) [LA]</p> <p>7:45 Musical Film (MR) [LA]</p>	<p>9:30 HF Westside Walking Club (LOB) [MA] 8</p> <p>10:00 HF Moving to Music with Lanie (MR) [OL]</p> <p>11:00 LL Art Authority (MR) [IL]</p> <p>11:00 CV Knitting/Crocheting for a Cause (AR) [MA]</p> <p>12:00 C Men's Club (MR) [AT]</p> <p>1:30 EF Museum Outing (LOB) [IL]</p> <p>2:00 IS STORYWISE National Programming (MR) [WR]</p> <p>3:30 IS Color Me Calm (AR) [MA]</p> <p>4:00 Happy Hour (C) [IL]</p> <p>4:30 HF Riverside Park Stroll (LOB) [MA]</p> <p>6:45 LL Classic Short Stories (LIB) [DG]</p> <p>7:45 Documentary Film (MR) [DG]</p>	<p>9:30 HF Walking Club (LOB) [DG] 9</p> <p>10:00 HF Low-Impact Aerobic (MR) [LA]</p> <p>10:30 CE West 86th St Choir (PR) [OL]</p> <p>11:00 LL Columbia University Writing Workshop (CR) [OL]</p> <p>12:00 Piano Session (MR) [AT]</p> <p>1:30 Bingo (LIB) [LA]</p> <p>2:00 PA Canasta (PR) [RL]</p> <p>2:00 IS Shabbat Service (MR) [OL]</p> <p>3:30 LL L'autre Club Francais (CR) [OL]</p> <p>4:00 Symposium Hour (C) [AT]</p> <p>7:45 Classic Film (MR) [AT]</p>	<p>9:30 HF Walking Club (LOB) [LA] 10</p> <p>10:00 HF Laugh, Move, and Roar Exercise (MR) [AT]</p> <p>10:00 Town Errands (LOB) [BG]</p> <p>11:00 CE Poets & Poetry (AR) [DB]</p> <p>12:00 EF Heads Up! (MR) [LA]</p> <p>2:00 Series Matinee (MR) [WR]</p> <p>3:00 PA Word Within A Word (AR) [LA]</p> <p>3:30 EF Concert: Singer, Linda Ipanema Trio (MR) [OL]</p> <p>4:00 C Smoothie Happy Hour (C) [LA]</p> <p>4:30 HF Riverside Park Stroll (LOB) [LA]</p> <p>6:30 EF Nostalgic Board Games (LIB) [RL]</p> <p>7:45 Western Film (MR) [DB]</p>
<p>9:30 HF Sunshine Walking Club (LOB) [MA] 11</p> <p>10:00 HF Low-Impact Aerobic (LIB) [DG]</p> <p>11:00 CV Knitting/Sewing for a Cause (AR) [MA]</p> <p>11:00 PA NY Times Crossword (CR) [RL]</p> <p>11:30 IS Church Run (LOB)</p> <p>12:00 C National Programming (LIB) [DG]</p> <p>1:30 Scenic Drive (LOB) [MA]</p> <p>3:30 EF Concert: Julliard Gluck Fellowship (MR) [OL]</p> <p>4:00 Happy Hour (C) [DG]</p> <p>4:30 HF Evening Walk (LOB) [MA]</p> <p>6:45 LL Reader's Digest Discussion Group (LIB) [DG]</p> <p>7:45 Adventure Film (MR) [DG]</p>	<p>9:30 HF Westside Walking Club (LOB) [MA] 12</p> <p>10:00 HF Strength and Balance Program (MR) [MA]</p> <p>11:00 LL Technology Class (LIB) [DG]</p> <p>11:00 LL Yiddish Conversation (MR) [IL]</p> <p>12:00 EF Movie Theater Outing (LOB) [MA]</p> <p>1:30 LL Audio Book Session (AR) [MA]</p> <p>1:30 Bingo (LIB) [DG]</p> <p>2:00 LL Current Events (MR) [IL]</p> <p>3:00 EF Get all shook up for an Elvis Concert (MR) [OL]</p> <p>4:00 C Social Hour (C) [MA]</p> <p>4:30 HF Broadway Stroll (LOB) [DG]</p> <p>6:45 LL History Here (LIB) [DG]</p>	<p>Mardi Gras Fat Tuesday 13</p> <p>9:30 HF Making Strides Walking Group (LOB) [MA]</p> <p>10:00 HF Flamenco & Yomenco (MR) [OL]</p> <p>10:00 Shopping Trip (LOB) [DB]</p> <p>11:00 CE Jewelry Workshop (AR) [MA]</p> <p>12:00 PA Newsletter Meeting (LIB) [RL]</p> <p>12:00 IS Relaxing Piano Session (PR) [AT]</p> <p>1:30 Scrabble® Challenge (LIB) [LA]</p> <p>2:30 LL Opera Appreciation (MR) [OL]</p> <p>3:00 PA Computer Class (LIB) [LA]</p> <p>4:00 New Orleans Style Happy Hour (C) [MA]</p> <p>7:45 Silent Film (MR) [LA]</p>	<p>Valentine's Day 14</p> <p>9:30 HF Riverside Park Walk (LOB) [WR]</p> <p>10:00 HF Laugh, Move, and Roar Exercise (MR) [LA]</p> <p>11:00 IS Communion and Rosary (CR) [MA]</p> <p>11:00 LL The Best Broadway Songs Ever (MR) [DB]</p> <p>1:00 EF M. Butterfly Broadway Show (LIB) [LA]</p> <p>1:30 Bingo (LIB) [MA]</p> <p>2:30 LL Musical Presentation of Cole Porter (MR) [OL]</p> <p>3:00 PA Bridge Card Game (PR) [RL]</p> <p>3:00 EF Valentine's Day Concert: Jazz Trio (MR) [OL]</p> <p>4:00 CE Drama Club (AR) [LA]</p> <p>4:00 Wine Down Wednesday (C) [MA]</p>	<p>9:30 HF Westside Walking Club (LOB) [MA] 15</p> <p>10:00 HF Yoga with Barrie (MR) [OL]</p> <p>11:00 CV Knitting/Crocheting for a Cause (AR) [MA]</p> <p>11:00 EF Museum Outing (LOB) [IL]</p> <p>12:00 C Men's Club (MR) [AT]</p> <p>1:30 LL Art Authority (MR) [IL]</p> <p>2:00 CV Resident Council Meeting (MR) [RL]</p> <p>3:00 LL Politics & Philosophy w/ Professor Peritz (MR) [OL]</p> <p>4:00 Happy Hour (C) [DG]</p> <p>4:00 LL You Be The Judge Discussion (MR) [IL]</p> <p>6:45 LL Classic Short Stories (LIB) [DG]</p> <p>7:45 New Release Film (MR) [DG]</p>	<p>Chinese New Year 16</p> <p>9:30 HF Walking Club (LOB) [DG]</p> <p>10:00 HF Balance and Agility (MR) [AT]</p> <p>10:30 CE West 86th St Choir (PR) [OL]</p> <p>11:00 LL Columbia University Writing Workshop (CR) [OL]</p> <p>11:15 IS Life In Transition Support Group (APG) [HK]</p> <p>12:00 LL Google™ Earth Travel (MR) [AT]</p> <p>1:30 Bingo (LIB) [DB]</p> <p>2:00 PA Canasta (PR) [RL]</p> <p>2:00 IS Shabbat Service (MR) [OL]</p> <p>3:00 LL Art History Lecture with Helane (MR) [OL]</p> <p>4:00 Symposium Hour (C) [AT]</p>	<p>9:30 HF Walking Club (LOB) [AT] 17</p> <p>10:00 HF Laugh, Move, and Roar Exercise (MR) [DB]</p> <p>10:00 Town Errands (LOB) [BG]</p> <p>11:00 CE Poets & Poetry (AR) [DB]</p> <p>12:00 EF Heads Up! (MR) [LA]</p> <p>12:00 PA Technology Workshop (LIB) [AT]</p> <p>2:00 Series Matinee (MR) [WR]</p> <p>3:30 EF Concert: Janice Friedman (MR) [OL]</p> <p>4:00 C Smoothie Happy Hour (C) [LA]</p> <p>4:30 HF Riverside Park Stroll (LOB) [LA]</p> <p>6:30 EF Tongue Twisters (LIB) [DB]</p> <p>7:45 Residents' Choice of Film (MR) [DB]</p>
<p>9:30 HF Sunshine Walking Club (LOB) [MA] 18</p> <p>10:00 HF Low-Impact Aerobic (MR) [DG]</p> <p>11:00 CV Knitting/Sewing for a Cause (AR) [MA]</p> <p>11:00 PA NY Times Crossword (CR) [RL]</p> <p>11:30 IS Church Run (LOB) [RL]</p> <p>1:30 Scenic Drive (LOB) [MA]</p> <p>2:00 LL Lecture with Professor Paul (MR) [OL]</p> <p>3:30 EF Concert: Duo Pianist & Singer (MR) [OL]</p> <p>4:00 Happy Hour (C) [DG]</p> <p>4:30 HF Evening Walk (LOB) [MA]</p> <p>6:45 LL Reader's Digest Discussion Group (LIB) [DG]</p> <p>7:45 Comedy Film (MR) [DG]</p>	<p>9:30 HF Westside Walking Club (LOB) [MA] 19</p> <p>10:00 HF Balance Boogie with Larry (MR) [OL]</p> <p>11:00 LL Technology Class (LIB) [DG]</p> <p>11:00 LL Yiddish Conversation (MR) [IL]</p> <p>12:00 EF Movie Theater Outing (LOB) [MA]</p> <p>1:30 Bingo (LIB) [DG]</p> <p>2:00 C Current Events (MR) [IL]</p> <p>3:00 LL Audio Book Session (AR) [MA]</p> <p>4:00 C Social Hour (C) [MA]</p> <p>4:30 HF Broadway Stroll (LOB) [IL]</p> <p>6:45 EF AirPano Travel (LIB) [DG]</p> <p>7:45 Romantic Comedy Film (MR) [DG]</p>	<p>9:30 HF Making Strides Walking Group (LOB) [MA] 20</p> <p>10:00 HF Flamenco & Yomenco (MR) [OL]</p> <p>11:00 CE Jewelry Workshop (AR) [MA]</p> <p>11:00 Shopping Trip (LOB) [AT]</p> <p>12:00 PA Newsletter Meeting (LIB) [RL]</p> <p>1:30 Scrabble® Challenge (LIB) [LA]</p> <p>2:30 HF Vegetarian Festival (MR) [LP]</p> <p>3:00 C Computer Lessons: Facebook® 101 (LIB) [LA]</p> <p>3:30 PA Art Class: Water Color Basics (MR) [RL]</p> <p>4:00 CE Drama Club (AR) [LA]</p> <p>4:00 Happy Hour (C) [MA]</p>	<p>9:30 HF Riverside Park Walk (LOB) [WR] 21</p> <p>10:00 HF Laugh, Move, and Roar Exercise (MR) [LA]</p> <p>11:00 PA The Art of Clay (AR) [MA]</p> <p>11:00 LL The Best Broadway Songs Ever (MR) [DB]</p> <p>1:30 Bingo (LIB) [MA]</p> <p>3:00 PA Bridge Card Game (PR) [RL]</p> <p>4:00 CE Drama Club (AR) [LA]</p> <p>4:00 Wine Down Wednesday (C) [LA]</p> <p>6:45 EF 100 Travel Experiences (MR) [LA]</p> <p>7:45 Broadway Musical Film (MR) [LA]</p>	<p>9:30 HF Westside Walking Club (LOB) [IL] 22</p> <p>10:00 HF Moving to Music with Lanie (MR) [OL]</p> <p>11:00 CV Knitting/Crocheting for a Cause (AR) [MA]</p> <p>11:00 EF Museum Outing (LOB) [IL]</p> <p>12:00 C Men's Club (MR) [AT]</p> <p>1:30 EF Granium® Crunchers (MR) [AT]</p> <p>2:00 CV Food For Thought Meeting (MR) [RL]</p> <p>3:30 EF Concert: Camden Pop Rock (MR) [MA]</p> <p>4:00 Happy Hour (C) [DG]</p> <p>6:45 LL Classic Short Stories (LIB) [DG]</p> <p>7:45 Documentary Film (MR) [DG]</p>	<p>9:30 HF Walking Club (LOB) [DG] 23</p> <p>10:00 HF Low-Impact Aerobic (MR) [DB]</p> <p>10:30 CE West 86th St Choir (PR) [OL]</p> <p>11:00 LL Columbia University Writing Workshop (CR) [OL]</p> <p>11:30 EF Walking Tour (LOB) [DB]</p> <p>12:00 Piano Session (MR) [AT]</p> <p>1:30 Bingo (LIB) [LA]</p> <p>2:00 PA Canasta (PR) [RL]</p> <p>2:00 IS Shabbat Services (MR) [OL]</p> <p>3:00 LL Lecture: From Bach to Sinatra w/ Thomas (MR) [OL]</p> <p>4:00 Symposium Hour (C) [AT]</p> <p>7:45 Classic Film (MR) [AT]</p>	<p>9:00 HF Walking Club (LOB) [LA] 24</p> <p>10:00 HF Laugh, Move and Roar Exercise (MR) [LA]</p> <p>10:00 Town Errands (LOB) [BG]</p> <p>11:00 LL Poets & Poetry (AR) [DB]</p> <p>12:00 PA Smart Phone Class (LIB) [AT]</p> <p>1:30 EF Heads Up! (MR) [LA]</p> <p>2:00 Series Matinee (MR) [WR]</p> <p>3:30 EF Concert: Alex Wu (MR) [OL]</p> <p>4:00 C Smoothie Happy Hour (C) [LA]</p> <p>4:30 HF Riverside Park Stroll (LOB) [LA]</p> <p>6:30 Scrabble® Challenge (LIB) [RL]</p> <p>7:45 Western Film (MR) [DB]</p>
<p>9:00 HF Sunshine Walking Club (LOB) [MA] 25</p> <p>10:00 HF Low-Impact Aerobic (MR) [DG]</p> <p>11:00 LL Computer Help (LIB) [DG]</p> <p>11:00 CV Knitting/Sewing for a Cause (AR) [MA]</p> <p>11:00 PA NY Times Crossword (CR) [RL]</p> <p>11:30 IS Church Run (LOB) [RL]</p> <p>1:30 Scenic Drive (LOB) [MA]</p> <p>2:00 Matinee (MR) [DG]</p> <p>3:30 EF Concert: Singer, Gary Lovett (MR) [OL]</p> <p>4:00 Happy Hour (C) [DG]</p> <p>4:30 HF Evening Walk (LOB) [MA]</p> <p>6:45 LL Reader's Digest Discussion Group (LIB) [DG]</p>	<p>9:30 HF Westside Walking Club (LOB) [MA] 26</p> <p>10:00 HF Strength and Balance Program (MR) [OL]</p> <p>11:00 LL Technology Class (LIB) [DG]</p> <p>11:00 LL Yiddish Conversation (MR) [IL]</p> <p>12:00 EF Movie Theater Outing (LOB) [MA]</p> <p>1:30 Bingo (LIB) [DG]</p> <p>2:00 C Current Events (MR) [IL]</p> <p>3:00 LL Audio Book Session (AR) [MA]</p> <p>4:00 C Social Hour (C) [MA]</p> <p>4:30 HF Broadway Walk (LOB) [DG]</p> <p>6:45 LL History Here (LIB) [DG]</p> <p>7:45 Historical Period Film (MR) [DG]</p>	<p>9:30 HF Making Strides Walking Group (LOB) [MA] 27</p> <p>10:00 HF Flamenco & Yomenco (MR) [OL]</p> <p>11:00 CE Jewelry Workshop (AR) [MA]</p> <p>11:00 Shopping Trip (LOB) [DB]</p> <p>12:00 IS Color Me Calm (AR) [MA]</p> <p>12:00 PA Newsletter Meeting (LIB) [RL]</p> <p>1:30 Scrabble® Challenge (LIB) [LA]</p> <p>2:00 CE Opera Appreciation (AR) [OL]</p> <p>3:00 PA Computer Class (LIB) [LA]</p> <p>4:00 CE Drama Club (AR) [LA]</p> <p>4:00 Happy Hour (C) [MA]</p> <p>7:45 Residents' Choice of Film (MR) [LA]</p>	<p>9:30 HF Riverside Park Walk (LOB) [WR] 28</p> <p>10:00 HF Laugh, Move and Roar Exercise (MR) [LA]</p> <p>11:00 IS Communion and Rosary (CR) [OL]</p> <p>11:00 LL The Best Broadway Songs Ever (MR) [DB]</p> <p>12:00 EF Restaurant Outing (LOB) [LA]</p> <p>1:30 Bingo (LIB) [MA]</p> <p>2:00 PA Computer Class: Learn Something New (LIB) [LA]</p> <p>2:00 LL Historical Figures with Doug (MR) [OL]</p> <p>4:00 HF Central Park Strutters (LOB) [MA]</p> <p>4:00 LL Contemporary Book Club with Lynda Aron (AR) [OL]</p> <p>4:00 Wine Down Wednesday (C) [LA]</p> <p>7:00 CV The Good Dog Foundation (PR) [OL]</p>	<p>ROOM LOCATION KEY:</p> <p>Lobby LOB</p> <p>Media Room MR</p> <p>Art Room AR</p> <p>Café C</p> <p>Piano Room PR</p> <p>Library LIB</p> <p>Conference Room CR</p> <p>AP's Grille APG</p>	<p>STAFF KEY:</p> <p>Mercedes Agramonte MA</p> <p>Outside Leader OL</p> <p>Ilana Lev IL</p> <p>Antonio Torres AT</p> <p>Daniel Goldman DG</p> <p>Wendy Ramirez WR</p> <p>Debbie Brilliant DB</p> <p>Tom Goode TG</p>	<p>Linda Alago LA</p> <p>Bruni Garcia BG</p> <p>Resident led RL</p> <p>Heidi Krump HK</p> <p>Chef Linda Petrillo LP</p>

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