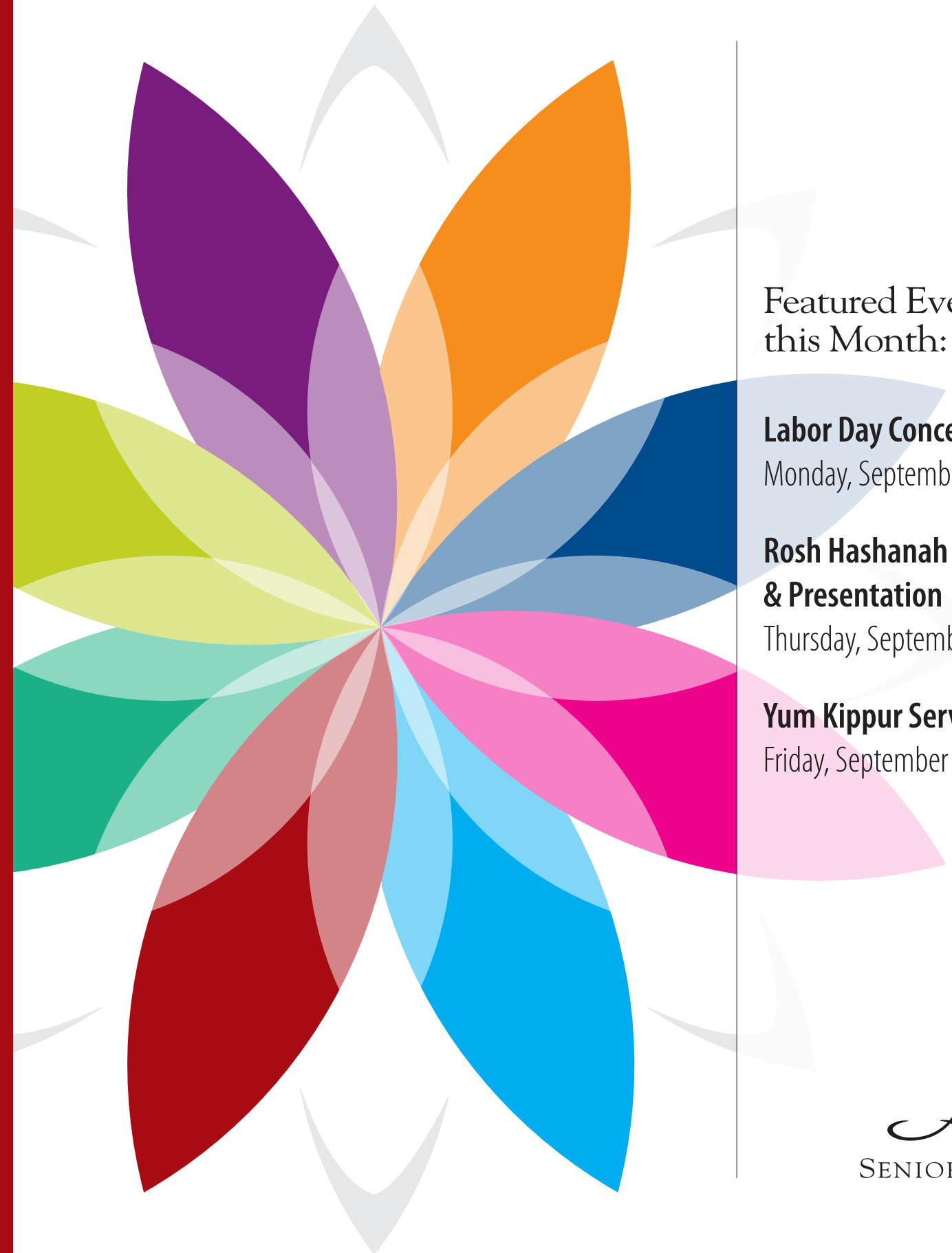


ENGAGE LIFE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

Labor Day Concert
Monday, September 4, 2:30 pm

**Rosh Hashanah Reflection
& Presentation**
Thursday, September 21, 7:00 pm

Yum Kippur Service
Friday, September 29, 3:00 pm

Atria
SENIOR LIVING

Atria
SENIOR LIVING

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE®

- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- W** Wisdom of Curiosity
- ♪** Legato

ROOM LOCATION KEY:

- Lobby LOB
- Media Room MR
- Conference Room CR
- Piano Room PR
- Library LIB
- Café C
- Art Room AR
- AP's Grille APG
- Penthouse PH

STAFF KEY:

- Wendy Ramirez WR
- Outside Leader OL
- Antonio Torres AT
- Linda Alago LA
- Daniel Goldman DG
- Debbie Brilliant DB
- Bruni Garcia BG
- Mercedes Agramonte MA
- Resident led RL
- Ilana Lev IL
- Heidi Krump HK
- Pamela Leff PL

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Scrabble® is a registered trademark of Hasbro, Inc.
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3
9:30 **HF** Sunshine Walking Club (LOB) [MA]
10:00 **HF** Low-Impact Aerobic (MR) [DG]
11:00 **CV** Knitting/Sewing for a Cause (AR) [MA]
11:00 **PA** NY Times Crossword (CR) [RL]
11:15 **IS** Church Run (LOB)
1:30 Scenic Drive (LOB) [MA]
2:00 Matinee (MR) [DG]
3:30 **EF** Concert: Duet Singers (MR) [OL]
4:00 Happy Hour (C) [DG]
4:30 **HF** Evening Walk (LOB) [MA]
6:45 **LL** Reader's Digest Discussion Group (LIB) [DG]
7:45 Comedy Film (MR) [DG]

4 Labor Day
9:30 **HF** Westside Walking Club (LOB) [MA]
10:00 **HF** Boot Camp Workout (MR) [OL]
11:00 **CE** Miniature Gardening Design (AR) [MA]
11:00 **LL** Technology Class (LIB) [DG]
11:00 **LL** Yiddish Conversation (MR) [IL]
12:00 **EF** Movie Theater Outing (LOB) [MA]
1:30 Bingo (LIB) [DG]
2:30 **EF** Labor Day Concert (MR) [IL]
4:00 **C** Social Hour (C) [MA]
4:30 **HF** Broadway Stroll (LOB) [DG]
6:30 **W** Wisdom of Curiosity (C) [DG]

5
9:30 **HF** Making Strides Walking Group (LOB) [MA]
10:00 **HF** Flamenco & Yomenco (MR) [OL]
11:00 **HF** Hearing Aid and Screening Clinic (CR) [OL]
11:00 **CE** Jewelry Workshop (MR) [MA]
11:00 **CE** Computer Class: Learn Something New (LIB) [LA]
11:00 **IS** Shopping Trip (LOB) [AT]
12:00 **IS** Relaxing Piano Session (PR) [AT]
2:30 **LL** Opera Appreciation (MR) [OL]
3:00 **C** Computer Lessons: Facebook® 101 (LIB) [LA]
4:00 **CE** Drama Club (AR) [LA]
4:00 Happy Hour (C) [MA]
7:45 Thriller Film (MR) [LA]

6
9:30 **HF** Riverside Park Walk (LOB) [WR]
10:00 **HF** Laugh, Move, and Roar Exercise (MR) [LA]
11:00 **IS** Communion & Rosary (CR) [MA]
11:00 **PA** Computer Class: Learn Something New (LIB) [LA]
11:00 **LL** The Best Broadway Songs Ever (MR) [DB]
12:45 **EF** Bryant Park Festival (LOB) [LA]
1:30 Bingo (LIB) [MA]
2:30 **LL** Lecture: Historical Figures (MR) [OL]
3:00 **PA** Bridge Card Game (PR) [RL]
4:00 Wine Down Wednesday (C) [MA]
6:45 **HF** Engage Your Brain with Trivia (LIB) [LA]
7:45 Musical Film (MR) [LA]

7
9:30 **HF** Westside Walking Club (LOB) [MA]
10:00 **HF** Yoga with Barry (MR) [OL]
11:00 **CV** Knitting/Crocheting for a Cause (AR) [MA]
11:00 **HF** Nutrition: Bone Health/Osteoporosis (MR) [OL]
1:30 **EF** Museum Outing (LOB) [IL]
2:00 **LL** 100 Travel Experiences (MR) [DG]
3:00 **C** Men's Club (MR) [AT]
4:00 Happy Hour (C) [DG]
4:00 **HF** Riverside Park Stroll (LOB) [MA]
4:00 **LL** You Be The Judge Discussion (PR) [IL]
6:45 **LL** Classic Short Stories (LIB) [DG]
7:45 New Release Film (MR) [DG]

8
9:30 **HF** Walking Club (LOB) [DG]
10:00 **HF** Dance Along with Susan (MR) [OL]
11:00 **LL** Columbia University Writing Workshop (CR) [OL]
11:00 **CE** West 86th St Choir (PR) [OL]
11:15 **IS** Life in Transition Support Group (APG) [HK]
12:00 **EF** Piano Recital (PR) [AT]
1:30 Bingo (LIB) [LA]
2:00 **PA** Canasta (PR) [RL]
2:00 **LL** French Lessons (CR) [OL]
3:00 **IS** Shabbat Service (MR) [OL]
4:00 Happy Hour (C) [AT]
7:45 Classic Film (MR) [DG]

9
9:30 **HF** Walking Club (LOB) [DB]
10:00 **HF** Laugh, Move, and Roar Exercise (MR) [AT]
10:00 Town Errands (LOB) [BG]
11:00 **LL** Poets & Poetry (AR) [DB]
1:30 **EF** Heads Up! (MR) [LA]
2:00 Series Matinee (MR) [WR]
3:00 **PA** Word Within A Word (AR) [LA]
3:30 **EF** Concert with Singer Gary (MR) [OL]
4:00 **C** Smoothie Happy Hour (C) [LA]
4:30 **HF** Riverside Park Stroll (LOB) [LA]
6:30 **EF** Nostalgic Board Games (LIB) [RL]
7:45 Western Film (MR) [DB]

10 Grandparents Day
9:30 **HF** Sunshine Walking Club (LOB) [MA]
10:00 **HF** Low-Impact Aerobic (LIB) [DG]
11:00 **CV** Knitting/Sewing for a Cause (AR) [MA]
11:00 **PA** NY Times Crossword (CR) [RL]
11:30 **IS** Church Run (LOB)
1:30 Scenic Drive (LOB) [MA]
3:30 **EF** Concert: Pianist David (MR) [OL]
4:00 Happy Hour (C) [DG]
4:30 **HF** Evening Walk (LOB) [MA]
6:45 **LL** Reader's Digest Discussion Group (LIB) [DG]
7:45 Adventure Film (MR) [DG]

11 Patriot Day
9:30 **HF** Westside Walking Club (LOB) [MA]
10:00 **HF** Strength and Balance Program (MR) [MA]
11:00 **CE** Miniature Gardening Design (AR) [MA]
11:00 **LL** Technology Class (LIB) [DG]
11:00 **LL** Yiddish Conversation (MR) [IL]
12:00 **EF** Movie Theater Outing (LOB) [MA]
1:30 Bingo (LIB) [DG]
3:30 **C** Current Events (MR) [IL]
4:00 **C** Social Hour (C) [MA]
4:30 **HF** Broadway Stroll (LOB) [DG]
6:30 **W** Wisdom of Curiosity (C) [DG]

12
9:30 **HF** Making Strides Walking Group (LOB) [MA]
10:00 **HF** Flamenco & Yomenco (MR) [OL]
10:00 Shopping Trip (LOB) [DB]
11:00 **CE** Jewelry Workshop (AR) [MA]
11:00 **IS** Low Vision Support Group (MR) [PL]
12:00 **IS** Relaxing Piano Session (PR) [AT]
1:30 Scrabble® Challenge (LIB) [LA]
2:00 **EF** Animal Show (MR) [OL]
3:00 **PA** Computer Class (LIB) [LA]
4:00 **CE** Drama Club (AR) [LA]
4:00 Happy Hour (C) [MA]
6:30 **EF** NY Mandolin Society Rehearsal (LIB) [LA]

13
9:30 **HF** Riverside Park Walk (LOB) [WR]
10:00 **HF** Laugh, Move, and Roar Exercise (MR) [LA]
11:00 **IS** Communion and Rosary (CR) [MA]
11:00 **EF** Empire Casino Trip (LIB) [LA]
11:00 **LL** The Best Broadway Songs Ever (MR) [DB]
1:30 Bingo (LIB) [MA]
2:30 **LL** Lives of Hollywood Stars (MR) [OL]
3:00 **LL** Bridge Lessons (PR) [OL]
3:00 **C** Hobby Workshop (AR) [MA]
4:00 Wine Down Wednesday (C) [MA]
6:45 **HF** Engage Your Brain Trivia (LIB) [LA]
6:45 **CV** The Good Dog Foundation (PR) [OL]

14
9:30 **HF** Westside Walking Club (LOB) [MA]
10:00 **HF** Exercise to Music with Laine (MR) [OL]
11:00 **CV** Knitting/Crocheting for a Cause (AR) [MA]
11:00 **EF** Museum Outing (LOB) [IL]
11:30 **C** Men's Club (MR) [AT]
1:30 **EF** Granium® Crunchers (MR) [AT]
2:30 **LL** Lecture: Frank Sinatra (MR) [OL]
3:30 What's in a Word? (AR) [MA]
4:00 Happy Hour (C) [IL]
4:30 **HF** Riverside Park Stroll (LOB) [MA]
6:45 **LL** Facebook®/Twitter® 101 (LIB) [DG]
7:30 **C** Penthouse Serenade with The RS Jazz Trio (PH) [WR]

15
9:30 **HF** Walking Club (LOB) [DG]
10:00 **HF** Lifelong Therapeutics: Balance/Agility (MR) [OL]
11:00 **LL** Columbia University Writing Workshop (CR) [OL]
11:00 **CE** West 86th St Choir (PR) [OL]
12:00 **EF** Piano Recital (PR) [AT]
1:30 Bingo (LIB) [DB]
1:30 Scenic Drive (LOB) [DG]
2:00 **LL** Art History Lecture with Helene (MR) [OL]
2:00 **PA** Canasta (PR) [RL]
2:00 **C** Classics Book Club (AR) [OL]
3:00 **IS** Shabbat Service (MR) [DG]
4:00 Happy Hour (C) [AT]

16
9:30 **HF** Walking Club (LOB) [LA]
10:00 **HF** Laugh, Move, and Roar Exercise (MR) [DB]
10:00 Town Errands (LOB) [BG]
11:00 **LL** Poets & Poetry (AR) [DB]
12:00 **PA** Technology Workshop (LIB) [AT]
1:30 **EF** Heads Up! (MR) [LA]
2:00 Series Matinee (MR) [WR]
3:30 **EF** Concert with Pianist, Ms. Lee (MR) [OL]
4:00 **C** Smoothie Happy Hour (C) [LA]
4:30 **HF** Riverside Park Stroll (LOB) [LA]
6:30 **EF** Tongue Twisters (LIB) [DB]
7:45 Resident's Choice of Film (MR) [DB]

17
9:30 **HF** Sunshine Walking Club (LOB) [MA]
10:00 **HF** Low-Impact Aerobic (MR) [DG]
11:00 **CV** Knitting/Sewing for a Cause (AR) [MA]
11:00 **PA** NY Times Crossword (CR) [RL]
11:30 **IS** Church Run (LOB) [RL]
1:30 Scenic Drive (LOB) [MA]
3:30 **EF** Concert: Guitarist, John (MR) [OL]
4:00 Happy Hour (C) [DG]
4:30 **HF** Evening Walk (LOB) [MA]
6:45 **LL** Reader's Digest Discussion Group (LIB) [DG]
7:45 Comedy Film (MR) [DG]

18
9:30 **HF** Westside Walking Club (LOB) [MA]
10:00 **HF** Boot Camp Workout (MR) [OL]
11:00 **CE** Miniature Gardening Design (AR) [MA]
11:00 **LL** Technology Class (LIB) [DG]
11:00 **LL** Yiddish Conversation (MR) [IL]
12:00 **EF** Movie Theater Outing (LOB) [MA]
1:30 Bingo (LIB) [DG]
3:30 **C** Current Events (MR) [IL]
4:00 **C** Social Hour (C) [MA]
4:30 **HF** Broadway Stroll (LOB) [IL]
6:30 **W** Wisdom of Curiosity (C) [DG]
7:45 Romantic Comedy Film (MR) [DG]

19
9:30 **HF** Making Strides Walking Group (LOB) [MA]
10:00 **HF** Flamenco & Yomenco (MR) [OL]
11:00 **CE** Jewelry Workshop (AR) [MA]
11:00 Shopping Trip (LOB) [AT]
1:30 Scrabble® Challenge (LIB) [LA]
2:30 **LL** Opera Appreciation (MR) [OL]
3:00 **C** Computer Lessons: Facebook® 101 (LIB) [LA]
3:30 **PA** Art Class: Water Color Basics (MR) [RL]
4:00 **CE** Drama Club (AR) [LA]
4:00 Happy Hour (C) [MA]
6:30 **EF** NY Mandolin Society Rehearsal (LIB) [LA]
7:45 Thriller Film (MR) [LA]

20 Rosh Hashanah
9:30 **HF** Riverside Park Walk (LOB) [WR]
10:00 **HF** Laugh, Move, and Roar Exercise (MR) [LA]
11:00 **IS** Communion and Rosary (CR) [OL]
11:00 **LL** Spanish Lessons (AR) [MA]
11:00 **LL** The Best Broadway Songs Ever (MR) [DB]
1:30 Bingo (LIB) [MA]
1:30 **CV** EL Program Meeting (MR) [WR]
2:30 **LL** Lecture: Historical Figures (MR) [OL]
3:00 **PA** Bridge Card Game (PR) [RL]
4:00 Wine Down Wednesday (C) [LA]
6:30 **EF** 100 Travel Experiences (MR) [LA]

21 World Gratitude Day
9:30 **HF** Westside Walking Club (LOB) [MA]
10:00 **HF** Yoga with Barry (MR) [OL]
11:00 **CV** Knitting/Crocheting for a Cause (AR) [MA]
11:00 **EF** Museum Outing (LOB) [IL]
11:30 **C** Men's Club (MR) [AT]
1:30 **LL** You Be The Judge Discussion (MR) [IL]
2:00 **CV** Resident Council Meeting (MR) [RL]
3:15 **IS** Color Me Calm (AR) [MA]
4:00 **EF** Resident's Birthday Happy Hour (C) [DG]
6:45 **LL** Classic Short Stories (LIB) [DG]
7:00 **IS** Rosh Hashanah Reflection & Presentation (MR) [OL]

22
9:30 **HF** Walking Club (LOB) [DG]
10:00 **HF** Strength and Balance Class (MR) [DG]
11:00 **LL** Columbia University Writing Workshop (CR) [OL]
11:00 **CE** West 86th St Choir (PR) [OL]
11:15 **IS** Life In Transition Support Group (APG) [PL]
11:30 **EF** Highline Park (LOB) [DB]
12:00 **EF** Piano Recital (PR) [AT]
1:30 Bingo (LIB) [LA]
2:00 **PA** Canasta (PR) [RL]
2:00 **LL** French Lessons (CR) [OL]
3:00 **IS** Shabbat Services (MR) [OL]
4:00 Happy Hour (C) [AT]

23
9:00 **HF** Walking Club (LOB) [LA]
10:00 **HF** Laugh, Move and Roar Exercise (MR) [LA]
10:00 Town Errands (LOB) [BG]
11:00 **LL** Poetry and Poets (AR) [DB]
12:00 **PA** Smart Phone Class (LIB) [AT]
1:30 **EF** Heads Up! (MR) [LA]
2:00 Series Matinee (MR) [WR]
3:00 Word Within A Word (AR) [LA]
3:30 **HF** Conductorise® (MR) [OL]
4:00 **C** Smoothie Happy Hour (C) [LA]
4:30 **HF** Riverside Park Stroll (LOB) [LA]
6:30 Scrabble® Challenge (LIB) [RL]

24
9:00 **HF** Walking Club (LOB) [MA]
10:00 **HF** Low-Impact Aerobic (MR) [DG]
11:00 **LL** Computer Help (LIB) [DG]
11:00 **CV** Knitting/Sewing for a Cause (AR) [MA]
11:00 **PA** NY Times Crossword (CR) [RL]
11:30 **IS** Church Run (LOB) [RL]
1:30 Scenic Drive (LOB) [MA]
2:00 Matinee (MR) [DG]
3:30 **EF** Concert: Violinist, Albert (MR) [OL]
4:00 Happy Hour (C) [DG]
4:30 **HF** Evening Walk (LOB) [MA]
6:45 **LL** Reader's Digest Discussion Group (LIB) [DG]

25
9:30 **HF** Westside Walking Club (LOB) [MA]
10:00 **HF** Strength and Balance Program (MR) [OL]
11:00 **CE** Miniature Gardening Design (AR) [MA]
11:00 **LL** Technology Class (LIB) [DG]
11:00 **LL** Yiddish Conversation (MR) [IL]
12:00 **EF** Movie Theater Outing (LOB) [MA]
1:30 Bingo (LIB) [DG]
3:30 **C** Current Events (MR) [IL]
4:00 **C** Social Hour (C) [MA]
4:30 **HF** Broadway Walk (LOB) [DG]
6:30 **W** Wisdom of Curiosity (C) [DG]
7:45 Historical Period Film (MR) [DG]

26
9:30 **HF** Making Strides Walking Group (LOB) [MA]
10:00 **HF** Flamenco & Yomenco (MR) [OL]
11:00 **CE** Jewelry Workshop (AR) [MA]
11:00 Shopping Trip (LOB) [DB]
1:30 Scrabble® Challenge (LIB) [LA]
2:00 **LL** Art Class: Acrylic Painting (AR) [WR]
3:00 **PA** Computer Class (LIB) [LA]
4:00 **CE** Drama Club (AR) [LA]
4:00 Happy Hour (C) [MA]
6:30 **EF** NY Mandolin Society Concert (LIB) [LA]
7:45 Resident's Choice of Film (MR) [LA]

27
9:30 **HF** Riverside Park Walk (LOB) [WR]
10:00 **HF** Laugh, Move and Roar Exercise (MR) [LA]
11:00 **LL** The Best Broadway Songs Ever (MR) [DB]
11:00 **EF** Union Square Farmers Market (LOB) [LA]
1:30 Bingo (LIB) [MA]
1:30 **HF** Central Park Strutters (LOB) [MA]
2:00 **PA** Computer Class: Learn Something New (LIB) [LA]
2:00 **LL** Ethics and Politics of New Technology (MR) [OL]
4:00 **LL** Contemporary Book Club (PR) [OL]
4:00 Wine Down Wednesday (C) [LA]
7:00 **CV** The Good Dog Foundation (PR) [OL]
7:45 Broadway Musical Film (MR) [LA]

28
9:30 **HF** Westside Walking Club (LOB) [IL]
10:00 **HF** Exercise to Music with Lanie (MR) [OL]
11:00 **CV** Knitting/Crocheting for a Cause (AR) [MA]
11:00 **EF** Museum Outing (LOB) [IL]
11:30 **C** Men's Club (MR) [AT]
1:30 **EF** Granium® Crunchers (MR) [AT]
2:00 **PA** Food For Thought Meeting (MR) [RL]
3:00 **PA** Ambassador Program Meeting (MR) [WR]
3:00 **LL** You Be The Judge Discussion (PR) [IL]
4:00 Happy Hour (C) [DG]
6:45 **LL** Facebook®/Twitter® 101 (LIB) [DG]
7:45 Documentary Film (MR) [DG]

29
9:30 **HF** Riverside Park Walk (LOB) [DG]
10:00 **HF** Dance Along with Susan (MR) [OL]
11:00 **LL** Columbia University Writing Workshop (CR) [OL]
11:00 **CE** West 86th St Choir (PR) [OL]
11:45 **EF** Lunch Outing (LOB) [DG]
12:00 **EF** Piano Recital (PR) [AT]
1:30 Bingo (LIB) [AT]
2:00 **LL** Simple Philosophy (MR) [DB]
2:30 **HF** Central Park Strutters (LOB) [DB]
3:00 **IS** Yum Kippur Service (MR) [WR]
4:00 Happy Hour (C) [AT]
7:45 Classic Film (MR) [AT]

30 Yom Kippur
9:30 **HF** Walking Club (LOB) [LA]
10:00 **HF** Laugh, Move & Roar Exercise (MR) [AT]
10:00 Town Errands (LOB) [BG]
11:00 **LL** Poets & Poetry (AR) [DB]
12:00 **PA** Technology Workshop (LIB) [AT]
1:30 **EF** Heads Up! (MR) [LA]
2:00 Matinee Series (MR) [LA]
3:30 **EF** Concert with Guitarist, Frank (MR) [LA]
4:00 Happy Hour (C) [AT]
6:30 **EF** Tongue Twisters (LIB) [DB]
7:45 Resident's Choice Movie Night (MR) [DB]