

ENGAGE LIFE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

**Opera Performance,
The Juilliard School**
Wednesday, April 18, 7:30 PM

Earth Day Celebration
Sunday, April 22, 3:30 PM

Casino Night
Monday, April 30, 6:45 PM

Atria
SENIOR LIVING

Atria
SENIOR LIVING

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Easter

9:30 **HF** Sunshine Walking Club (LOB) (MA) **1**

10:00 **HF** Low-Impact Aerobic (MR) (DG)

11:00 **CV** Knitting/Sewing for a Cause (AR) (MA)

11:00 **PA** NY Times Crossword (CR) (RL)

11:15 **IS** Church Run (LOB)

1:30 Scenic Drive (LOB) (MA)

2:00 Matinee (MR) (DG)

3:30 **EF** Concert: Singer, Tommy Spin (MR) (OL)

4:00 Happy Hour (C) (DG)

4:30 **HF** Evening Walk (LOB) (MA)

6:45 **LL** Reader's Digest Discussion Group (LIB) (DG)

9:30 **HF** Westside Walking Club (LOB) (MA) **2**

10:00 **HF** Strength and Balance Program (MR) (MA)

11:00 **LL** Yiddish Conversation (MR) (IL)

12:00 **EF** Movie Theater Outing (LOB) (MA)

1:30 Rummikub® (LIB) (DG)

2:00 **LL** Current Events (CR) (IL)

3:00 **LL** Audio Book Session (AR) (MA)

4:00 **C** Social Hour (C) (MA)

4:30 **HF** Broadway Stroll (LOB) (DG)

6:45 **EF** AirPano Travel (LIB) (DG)

7:45 Romantic Comedy Film (MR) (DG)

9:30 **HF** Making Strides Walking Group (LOB) (MA) **3**

10:00 **HF** Flamenco & Yomenco (MR) (OL)

11:00 **HF** Shopping Trip (LOB) (AT)

11:00 **CE** Jewelry Workshop (MR) (MA)

12:00 **IS** Relaxing Piano Session (PR) (AT)

12:30 **LL** True Stories in 100 words (CR) (WR)

1:30 **LL** Scrabble® Challenge (LIB) (LA)

2:30 **LL** Opera Appreciation with Lou (MR) (DB)

3:00 **C** Computer Lessons: Facebook® 101 (LIB) (LA)

4:00 Happy Hour (C) (MA)

6:45 **CE** National Programming (LIB) (DG)

7:45 Thriller Film (MR) (LA)

9:30 **HF** Riverside Park Walk (LOB) (WR) **4**

10:00 **HF** Laugh, Move, and Roar Exercise (MR) (LA)

11:00 **LL** The Best Broadway Songs Ever (MR) (DB)

11:00 **PA** The Art of Clay (AR) (MA)

12:30 **EF** Restaurant Outing (LOB) (DB)

2:00 **LL** Lecture: Historical Figures w/ Doug B. (MR) (OL)

3:00 **CV** EL Program Meeting (MR) (WR)

3:00 **PA** Bridge Card Game (PR) (RL)

4:00 **CE** Drama Club (AR) (LA)

4:00 Wine Down Wednesday (C) (MA)

6:30 **EF** iPad Program: 100 Travel Experiences (LIB) (LA)

7:45 Musical Film (MR) (LA)

9:30 **HF** Westside Walking Club (LOB) (MA) **5**

10:00 **HF** Yoga with Barrie (MR) (OL)

11:00 **CV** Knitting/Crocheting for a Cause (AR) (MA)

11:30 **C** Men's Club (MR) (AT)

1:30 **EF** Museum Outing (LOB) (IL)

2:00 **CE** Grayscale Portrait Workshop (MR) (WR)

3:00 **LL** Lecture: Politics & Philosophy w/ David P. Happy Hour (C) (DG)

4:00 **LL** You Be The Judge Discussion (PR) (IL)

5:00 **HF** Riverside Park Stroll (LOB) (MA)

6:45 **LL** Classic Short Stories (LIB) (DG)

7:45 New Release Film (MR) (LA)

9:30 **HF** Walking Club (LOB) (DB) **6**

10:00 **HF** Balance and Agility (MR) (DB)

10:00 Local Town Errands (LOB) (TG)

10:30 **CE** West 86th St Choir (PR) (OL)

11:00 **LL** Columbia University Writing Workshop (CR) (OL)

1:30 **PA** Ambassador Program (CR) (DB)

2:00 **PA** Canasta (PR) (RL)

2:00 **LL** Composers Corner (MR) (AT)

3:00 **IS** Shabbat Service (MR) (OL)

4:00 **CE** Symposium Hour (C) (LA)

6:00 **HF** Broadway Stroll (LOB) (AT)

7:45 Foreign Film (MR) (AT)

9:30 **HF** Walking Club (LOB) (DB) **7**

10:00 **HF** Laugh, Move, and Roar Exercise (MR) (AT)

10:00 Local Town Errands (LOB) (BG)

11:00 **CE** Poets & Poetry (AR) (DB)

12:00 **EF** iPad Games: Heads Up! (MR) (LA)

2:00 Series Matinee (MR) (AT)

2:00 **LL** L'autre Club Français (CR) (OL)

3:00 Word within a Word (LIB) (LA)

3:30 **EF** Concert: Singer, Henry Ray (MR) (OL)

4:00 **C** Smoothie Happy Hour (C) (LA)

4:30 **HF** Riverside Park Stroll (LOB) (LA)

6:30 **EF** Tongue Twisters (LIB) (DB)

9:30 **HF** Sunshine Walking Club (LOB) (MA) **8**

10:00 **HF** Low-Impact Aerobic (LIB) (MA)

11:00 **CV** Knitting/Sewing for a Cause (AR) (MA)

11:00 **PA** NY Times Crossword (CR) (RL)

11:30 **IS** Church Run (LOB)

1:00 **CE** National Programming (LIB) (DG)

1:30 Scenic Drive (LOB) (MA)

3:30 **EF** Concert: Claremont Strings Duo (MR) (OL)

4:00 Happy Hour (C) (DG)

4:30 **HF** Evening Walk (LOB) (MA)

6:45 **LL** Reader's Digest Discussion Group (LIB) (DG)

7:45 Adventure Film (MR) (DG)

9:30 **HF** Westside Walking Club (LOB) (MA) **9**

10:00 **HF** Strength and Balance Program (MR) (DG)

11:00 **LL** Technology Class (LIB) (DG)

11:00 **LL** Yiddish Conversation (MR) (IL)

12:00 **EF** Movie Theater Outing (LOB) (MA)

1:30 **LL** Audio Book Session (AR) (MA)

2:00 **LL** Current Events (MR) (IL)

4:00 **C** Social Hour (C) (MA)

4:30 **HF** Broadway Stroll (LOB) (DG)

6:45 **LL** History Here (LIB) (DG)

7:45 Historical Period Film (MR) (DG)

9:30 **HF** Making Strides Walking Group (LOB) (MA) **10**

10:00 **HF** Flamenco & Yomenco (MR) (OL)

10:00 **HF** Shopping Trip (LOB) (DB)

11:00 **CE** Jewelry Workshop (AR) (MA)

12:00 **IS** Relaxing Piano Session (PR) (AT)

12:30 **LL** True Stories in 100 words (CR) (WR)

1:30 **LL** Scrabble® Challenge (LIB) (DB)

2:30 **LL** Lecture: Wildlife in Central Park (MR) (OL)

3:00 **PA** Computer Class (LIB) (AT)

4:00 Happy Hour (C) (MA)

7:45 Silent Film (MR) (LA)

9:30 **HF** Riverside Park Walk (LOB) (WR) **11**

10:00 **HF** Laugh, Move, and Roar Exercise (MR) (LA)

11:00 **LL** The Best Broadway Songs Ever (MR) (DB)

11:00 **IS** Communion and Rosary (CR) (MA)

1:00 **EF** Off Broadway Show: Three Tall Women (LOB) (LA)

1:30 Bingo (LIB) (MA)

3:00 **PA** Bridge Card Game (PR) (RL)

4:00 Wine Down Wednesday (C) (MA)

4:00 **CE** Drama Club (AR) (LA)

6:30 **HF** Walking Club (LOB) (LA)

7:00 **CV** The Good Dog Foundation (PR) (OL)

7:45 Broadway Musical Film (MR) (LA)

9:30 **HF** Westside Walking Club (LOB) (MA) **12**

10:00 **HF** Moving to Music with Lanie (MR) (OL)

11:00 **LL** iPad Program: Art Authority (MR) (IL)

11:00 **CV** Knitting/Crocheting for a Cause (AR) (MA)

11:30 **C** Men's Club (MR) (AT)

1:30 **EF** Museum Outing (LOB) (IL)

2:00 **LL** Lecture & Discussion (MR) (OL)

3:30 **CE** Grayscale Portrait Workshop (AR) (MA)

4:00 Happy Hour (C) (IL)

4:30 **HF** Riverside Park Stroll (LOB) (MA)

6:45 **LL** Classic Short Stories (LIB) (DG)

7:45 Documentary Film (MR) (LA)

9:30 **HF** Walking Club (LOB) (DG) **13**

10:00 **HF** Low-Impact Aerobic (MR) (LA)

10:30 **CE** West 86th St Choir (PR) (OL)

11:00 **LL** Columbia University Writing Workshop (CR) (OL)

12:30 **PA** Newsletter Meeting (CR) (AT)

2:00 **LL** Art History w/ Helene (MR) (AT)

2:00 **PA** Canasta (PR) (RL)

3:00 **IS** Shabbat Service (MR) (OL)

4:00 **CE** Symposium Hour (C) (LA)

6:00 **HF** Broadway Stroll (LOB) (AT)

7:00 **EF** Performance: Zaney Dance Ensemble (MR) (OL)

7:45 Classic Film (MR) (AT)

9:30 **HF** Walking Club (LOB) (LA) **14**

10:00 Town Errands (LOB) (BG)

10:00 **HF** Laugh, Move, and Roar Exercise (MR) (AT)

11:00 **CE** Poets & Poetry (AR) (DB)

1:30 **LL** iPad Program: Secret Places in NYC (MR) (LA)

2:00 Series Matinee (MR) (WR)

2:00 **LL** L'autre Club Français (CR) (OL)

3:00 **PA** Word Within A Word (LIB) (LA)

3:30 **EF** Concert: Flutist & Pianist Duo (MR) (OL)

4:00 **C** Smoothie Happy Hour (C) (LA)

4:30 **HF** Riverside Park Stroll (LOB) (LA)

6:30 **EF** Nostalgic Board Games (LIB) (RL)

9:30 **HF** Sunshine Walking Club (LOB) (MA) **15**

10:00 **HF** Low-Impact Aerobic (MR) (DG)

11:00 **CV** Knitting/Sewing for a Cause (AR) (MA)

11:00 **PA** NY Times Crossword (CR) (RL)

11:30 **IS** Church Run (LOB) (RL)

1:30 Scenic Drive (LOB) (MA)

2:00 **LL** Lecture and Discussion with Paul (MR) (OL)

3:30 **EF** Concert: Pianist, Janice F. (MR) (OL)

4:00 Happy Hour (C) (DG)

4:30 **HF** Evening Walk (LOB) (MA)

6:45 **LL** Reader's Digest Discussion Group (LIB) (DG)

7:45 Comedy Film (MR) (DG)

9:30 **HF** Westside Walking Club (LOB) (MA) **16**

10:00 **HF** Strength and Balance Program (MR) (MA)

11:00 **LL** Technology Class (LIB) (DG)

11:00 **LL** Yiddish Conversation (MR) (IL)

12:00 **EF** Movie Theater Outing (LOB) (MA)

2:00 **C** Current Events (MR) (IL)

3:00 **LL** Audio Book Session (AR) (MA)

4:00 **C** Social Hour (C) (MA)

4:30 **HF** Broadway Stroll (LOB) (IL)

6:45 **EF** AirPano Travel (LIB) (DG)

7:45 Romantic Comedy Film (MR) (DG)

9:30 **HF** Making Strides Walking Group (LOB) (MA) **17**

10:00 **HF** Flamenco & Yomenco (MR) (OL)

11:00 **CE** Jewelry Workshop (AR) (MA)

11:00 **HF** Shopping Trip (LOB) (AT)

12:30 **LL** True Stories in 100 Words (CR) (WR)

1:30 **LL** Scrabble® Challenge (LIB) (LA)

2:30 **LL** Opera Appreciation with Lou (MR) (OL)

3:00 **C** Computer Lessons: Facebook® 101 (LIB) (LA)

3:30 **PA** Art Class: Water Color Basics (MR) (RL)

4:00 Happy Hour (C) (MA)

7:45 Thriller Film (MR) (DG)

9:30 **HF** Riverside Park Walk (LOB) (WR) **18**

10:00 **HF** Laugh, Move, and Roar Exercise (MR) (LA)

11:00 **LL** The Best Broadway Songs Ever (MR) (DB)

11:00 **PA** The Art of Clay (AR) (MA)

12:30 **EF** Restaurant Outing (LOB) (MA)

1:30 Bingo (LIB) (MA)

2:00 **LL** Lecture: American History w/ Doug B. (MR) (OL)

3:00 **PA** Bridge Card Game (PR) (RL)

4:00 **CE** Drama Club (AR) (LA)

4:00 Wine Down Wednesday (C) (LA)

6:45 **EF** iPad Program: 100 Travel Experiences (MR) (LA)

7:30 **EF** Opera Performance, The Juilliard School (MR) (LA)

9:30 **HF** Westside Walking Club (LOB) (MA) **19**

10:00 **HF** Yoga with Barrie (MR) (OL)

11:00 **EF** Museum Outing (LOB) (IL)

11:00 **CV** Knitting/Crocheting for a Cause (AR) (MA)

11:30 **C** Men's Club (MR) (AT)

1:30 **LL** iPad Program: Art Authority (MR) (IL)

2:00 **CV** Resident Council Meeting (MR) (RL)

3:30 **CE** Grayscale Portrait Workshop (AR) (MA)

3:30 **EF** Concert: Violin, Viola, and Pianist (MR) (OL)

4:00 **LL** You Be The Judge Discussion (MR) (IL)

4:00 Happy Hour (C) (DG)

6:45 **LL** Classic Short Stories (LIB) (DG)

9:30 **HF** Walking Club (LOB) (DG) **20**

10:00 **HF** Balance and Agility (MR) (AT)

10:00 Local Town Errands (LOB) (TG)

10:30 **CE** West 86th St Choir (PR) (OL)

11:00 **LL** Columbia University Writing Workshop (CR) (OL)

12:30 **PA** Newsletter Meeting (CR) (AT)

2:00 **PA** Canasta (PR) (RL)

2:00 **LL** Composers Corner (MR) (AT)

3:00 **IS** Shabbat Service (MR) (OL)

4:00 **CE** Symposium Hour (C) (LA)

6:00 **HF** Broadway Stroll (LOB) (AT)

7:45 Foreign Film (MR) (AT)

9:30 **HF** Walking Club (LOB) (AT) **21**

10:00 Town Errands (LOB) (BG)

10:00 **HF** Laugh, Move, and Roar Exercise (MR) (DB)

11:00 **CE** Poets & Poetry (AR) (DB)

12:00 **EF** iPad Games: Heads Up! (MR) (LA)

2:00 Series Matinee (MR) (WR)

2:00 **LL** L'autre Club Français (CR) (OL)

3:00 **PA** Word within a Word (AR) (LA)

3:30 **EF** Jazz Trio (MR) (OL)

4:00 **C** Smoothie Happy Hour (C) (LA)

4:30 **HF** Riverside Park Stroll (LOB) (LA)

6:30 **EF** Tongue Twisters (LIB) (DB)

Earth Day

9:00 **HF** Sunshine Walking Club (LOB) (MA) **22**

10:00 **HF** Low-Impact Aerobic (MR) (MA)

11:00 **CV** Knitting/Sewing for a Cause (AR) (MA)

11:00 **LL** Computer Help (LIB) (DG)

11:00 **PA** NY Times Crossword (CR) (RL)

11:30 **IS** Church Run (LOB) (RL)

1:30 Scenic Drive (LOB) (MA)

2:00 Matinee (MR) (DG)

3:30 **EF** Earth Day Celebration (MR) (OL)

4:00 Happy Hour (C) (DG)

4:30 **HF** Evening Walk (LOB) (MA)

7:00 **LL** Lecture: Poet, Edna St. Vincent Millay **23**

9:30 **HF** Westside Walking Club (LOB) (MA)

10:00 **HF** Strength and Balance Program (MR) (DG)

11:00 **LL** Technology Class (LIB) (DG)

11:00 **LL** Yiddish Conversation (MR) (IL)

12:00 **EF** Movie Theater Outing (LOB) (MA)

2:00 **C** Current Events (MR) (IL)

3:00 **LL** Audio Book Session (AR) (MA)

4:00 **C** Social Hour (C) (MA)

4:30 **HF** Broadway Walk (LOB) (DG)

6:45 **LL** History Here (LIB) (DG)

7:45 Historical Period Film (MR) (DG)

9:30 **HF** Making Strides Walking Group (LOB) (MA) **24**

10:00 **HF** Flamenco & Yomenco (MR) (OL)

11:00 **HF** Shopping Trip (LOB) (DB)

11:00 **CE** Jewelry Workshop (AR) (MA)

12:00 **IS** Color Me Calm (AR) (MA)

12:30 **LL** True Stories in 100 Words (CR) (WR)

1:30 **LL** Scrabble® Challenge (LIB) (LA)

3:00 **PA** Computer Class (LIB) (LA)

3:00 **LL** Lecture: Politics and Philosophy (AR) (OL)

4:00 Happy Hour (C) (MA)

7:45 Residents' Choice of Film (MR) (LA)

9:30 **HF** Riverside Park Walk (LOB) (WR) **25**

10:00 **HF** Laugh, Move and Roar Exercise (MR) (LA)

11:00 **LL** The Best Broadway Songs Ever (MR) (DB)

11:00 **IS** Communion and Rosary (CR) (OL)

1:00 **EF** Off Broadway Play: Three Tall Women (LOB) (DB)

2:00 **LL** Women's History Lecture: Bella Abzug (MR) (OL)

4:00 Wine Down Wednesday (C) (LA)

4:00 **CE** Drama Club (AR) (LA)

4:00 **LL** Contemporary Book Club with Lynda Aron (AR) (OL)

7:00 **CV** The Good Dog Foundation (PR) (OL)

7:45 Broadway Musical Film (MR) (LA)

9:30 **HF** Westside Walking Club (LOB) (IL) **26**

10:00 **HF** Moving to Music with Lanie (MR) (OL)

11:00 **EF** Museum Outing (LOB) (IL)

11:00 **CV** Knitting/Crocheting for a Cause (AR) (MA)

11:30 **C** Men's Club (MR) (AT)

1:30 **EF** Cranium® Crunchers (MR) (AT)

2:00 **CV** Food For Thought Meeting (MR) (RL)

3:00 **LL** Lecture: Sagamore Hill w/ Bill B. (MR) (OL)

3:30 **IS** Color Me Calm Relaxation (AR) (MA)

4:00 Resident Birthday Happy Hour (C) (DG)

6:30 **LL** Classic Short Stories (LIB) (LA)

7:45 Documentary Film (MR) (DG)

9:30 **HF** Walking Club (LOB) (DG) **27**

10:00 **HF** Low-Impact Aerobic (MR) (DB)

10:30 **CE** West 86th St Choir (PR) (OL)

11:00 **LL** Columbia University Writing Workshop (CR) (OL)

12:30 **PA** Newsletter Meeting (CR) (AT)

2:00 **PA** Canasta (PR) (RL)

2:00 **LL** Composers Corner (MR) (AT)

3:00 **IS** Shabbat Services (MR) (OL)

4:00 **CE** Symposium Hour (C) (LA)

6:00 **HF** Broadway Stroll (LOB) (AT)

7:45 Classic Film (MR) (AT)

9:00 **HF** Walking Club (LOB) (LA) **28**

10:00 **HF** Laugh, Move and Roar Exercise (MR) (LA)

10:00 Town Errands (LOB) (BG)

11:00 **CE** Poets & Poetry (AR) (DB)

1:30 **LL** iPad Program: Secret Places in NYC (MR) (LA)

2:00 Series Matinee (MR) (WR)

2:00 **LL** L'autre Club Français (CR) (OL)

3:30 **EF** Concert: Ipanema Singing Trio (MR) (OL)

4:00 **C** Smoothie Happy Hour (C) (LA)

4:30 **HF** Riverside Park Stroll (LOB) (LA)

6:30 **EF** Word Game: Scrabble® (LIB) (DB)

7:45 Western Film (MR) (DB)

9:30 **HF** Sunshine Walking Club (LOB) (MA) **29**

10:00 **HF** Low-Impact Aerobic (LIB) (DG)

11:00 **CV** Knitting/Sewing for a Cause (AR) (MA)

11:00 **PA** NY Times Crossword (CR) (RL)

11:30 **IS** Church Run (LOB)

12:00 **CE** National Programming (LIB) (DG)

1:30 Scenic Drive (LOB) (MA)

2:00 **LL** Lecture and Discussion w/ Paul W.

3:30 **EF** Concert: Juilliard Gluck Fellowship (MR) (OL)

4:00 Happy Hour (C) (DG)

4:30 **HF** Evening Walk (LOB) (MA)

6:45 **LL** Reader's Digest Discussion Group (LIB) (DG)

9:30 **HF** Westside Walking Club (LOB) (MA) **30**

10:00 **HF** Strength and Balance Program (MR) (MA)

11:00 **LL** Technology Class (LIB) (DG)

11:00 **LL** Yiddish Conversation (MR) (IL)

12:00 **EF** Movie Theater Outing (LOB) (MA)

1:30 **LL** Bingo (LIB) (DG)

1:30 **LL** Audio Book Session (AR) (MA)

2:00 **LL** Current Events (MR) (IL)

4:00 **C** Social Hour (C) (MA)

4:30 **HF** Broadway Stroll (LOB) (DG)

6:45 **EF** Casino Night (MR) (DG)

7:45 Historical Period Film (MR) (DG)

PA Personal Achievement
HF Health & Fitness
EF Entertainment & Fun
CV Civic Engagement
LL Lifelong Learning
CE Creative Expression
IS Inspiration & Spirituality
C Connection
CE Atria StoryWise

ROOM LOCATION KEY:

Media Room MR
Lobby LOB
Café C
Piano Room PR
Library LIB
Conference Room CR
Art Room AR

STAFF KEY:

Daniel Goldman DG
Wendy Ramirez WR
Linda Alago LA
Mercedes Agramonte MA
Debbie Brilliant DB
Resident led RL
Antonio Torres AT
Outside Leader OL
Ilana Lev IL
Bruni Garcia BG
Tom Goode TG



Atria ENGAGE LIFE

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