

ENGAGE LIFE[®]

Monthly Calendar of Events and Programming



Featured Events this Month:

Civic Engagement Project Launch

Friday, December 3, 4:00 PM

Christmas Cookie Challenge

Tuesday, December 21, 3:00 PM

Rolling Out the Red Carpet

Friday, December 31, 4:00 PM



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE®

ROOM LOCATION KEY:

Dining Room DR
Fitness Room Fit
Activity Room Act
Chapel Ch
Library Lib
iPad®/computer iPa
Living Room LR
table outside library Tbl
table outside of library Tbl
Lobby L

STAFF KEY:

Directors Dir
ELPI ELP
Engage Life® Director ELD
Staff STF
Resident Led Res
Vendor Vdr
Instructor Led Ins
DCS DCS
Ambassador led Amb
Volunteer V
Virtual Live Speaker V

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Scrabble® is a registered trademark of Hasbro, Inc.
Wii® is a registered trademark of Nintendo of America, Inc.

Happy Birthday Sarah! **5**
10:45 **RSF** Communion Service with St. Pius X (Ch) (V)
11:00 **HPF** Tai Chi: Balance & Posture (Fit) (ELP)
11:30 **RSF** Bible Study Series: Part I (Act) (ELP)
1:00 **SCE** Tailgate Party (Lib) (STF)
1:30 **SCE** Cornhole Game (Act) (ELP)
2:30 **CPI** Civic Engagement Working Session (Act) (ELP)
4:00 **RSF** Bingo (Act) (ELP)
6:00 **HPF** Flow Yoga (Fit) (ELP)

**ST. NICHOLAS DAY
LAST DAY OF HANUKKAH** **6**
10:00 **RSF** Newsletter Highlight: St. Nicholas Day (Tbl)
10:30 **HPF** Moving For Memory: Walking Challenge (Act) (ELD)
11:00 **CEA** Upcycled Christmas Ornaments (Act) (ELD)
1:30 **HPF** Lower Body Conditioning (Fit) (ELP)
3:30 **SCE** Festive Cocktails (Act) (ELP)
4:00 **RSF** Hanukkah Celebration Series (Act) (ELP)
6:00 **RSF** Game Night: Board Games (Act) (Res)

**NATIONAL PEARL HARBOR
DAY OF REMEMBRANCE** **7**
10:00 **LIS** Newsletter: Pearl Harbor Remembrance (Tbl)
10:30 **HPF** Foster Grandparent Training
10:30 **HPF** Flow Yoga (Fit) (ELD)
11:00 **HPF** Group Crossword Puzzle (Act) (ELD)
1:00 **CPI** Ambassador Club Meeting (Lib) (ELD)
1:30 **HPF** Dance & Movement: Cowboy Charleston (Act) (ELP)
2:00 **CEA** Crafty Class: Wreath Making (Act) (ELD)
4:00 **RSF** Baptist Service with Pastor Mike (Ch) (V)
6:00 **LIS** ODU: Date of Dec.7 Will Live in Infamy (Act)

FEAST OF THE IMMACULATE CONCEPTION **8**
10:00 **RSF** Newsletter: Immaculate Conception Feast (Tbl)
10:30 **HPF** Upper Body Conditioning (Fit) (ELD)
10:30 **HPF** Foster Grandparent Training
1:15 **RSF** Pray the Rosary (Ch) (Res)
1:30 **HPF** Tai Chi: Balance & Posture (Fit) (ELP)
2:30 **SCE** Winter Wonderland Happy Hour (Act) (ELD)
4:00 **CEA** Jewelry Making (Act) (ELD)
6:00 **Wii** Bowling (Lib) (Res)

CHRISTMAS CARD DAY **9**
10:45 **HPF** Total Body Conditioning - Beginner (Fit) (ELP)
11:15 **HPF** Holiday Hustle Series (Act) (ELP)
12:30 **SCE** HOLIDAY JUNCTION AT MUSEUM CENTER (ELD)
1:30 **HPF** Holiday Movie & Popcorn (Lib)
4:00 **CPI** Pen Pal Christmas Cards (Act) (Res)
6:00 **HPF** Dance & Movement: Cupid Shuffle (Act) (ELP)
6:30 **LIS** Playing & Scoring Hockey (Act) (ELP)

Holiday Brain Challenge (Tbl) **10**
10:30 **HPF** Moving For Memory: Walking Challenge (Fit) (ELD)
11:00 **CEA** Card Games (Act) (ELD)
1:45 **SCE** Foster Grandparent Virtual Social (ELD)
4:00 **SCE** Social Sippers Happy Hour: Local Beer (Act) (ELD)
4:30 **HPF** Total Body Conditioning - Advanced (Fit) (ELD)
5:30 **HPF** Taylor Mill Pentecostal Church
6:00 **HPF** Holiday Classic: White Christmas (Lib)

Posture and Stretch Fitness Class (Fit) (Vdr) **11**
10:00 **HPF** Posture and Stretch Fitness Class (Fit) (Vdr)
11:00 **LIS** Art Museum's Art Chat Live (iPa) (V)
1:00 **HPF** Cardio Drumming Circle (Fit) (Ins)
1:30 **SCE** Holiday Celebration Series (Act) (Ins)
3:00 **CEA** BJK Journaling Series (Act) (Amb)
6:00 **HPF** Holiday Movie & Popcorn (Lib) (Res)
7:30 **HPF** Holiday Pops Virtual Concert

Happy Birthday Gennie! **12**
NATIONAL POINSETTIA DAY
9:00 **RSF** Newsletter: The Christmas Flower
9:30 **RSF** Bible Study with Latonia Baptist Church (Act) (V)
10:45 **RSF** Communion Service with St. Pius X (Ch) (V)
11:00 **HPF** Tai Chi: Balance & Posture (Fit) (ELP)
1:00 **SCE** Tailgate Party (Lib)
1:00 **RSF** Bible Study Series: Part II (Act) (ELP)
1:30 **HPF** Flow Yoga (Fit) (ELP)
2:30 **CPI** Scarf It Up: Knit & Crochet (Act) (ELP)
4:00 **RSF** Bingo (Act) (ELP)
6:00 **LIS** ODU: Christmas in America (Act)

**U.S. NATIONAL GUARD BIRTHDAY
Cocoa Day** **13**
9:00 **LIS** Newsletter: U.S. National Guard Birthday
10:30 **HPF** Moving For Memory: Walking Challenge (Act) (ELD)
11:00 **Wii** Golf Game (Lib) (ELD)
1:30 **CEA** Resident Recipes: Cookie Making (Act) (ELP)
3:00 **SCE** Festive Hot Cocoa Social (Act) (ELP)
4:00 **HPF** Lower Body Conditioning (Fit) (ELP)
6:00 **HPF** Hallmark Holiday Movie (Lib)

Flow Yoga (Fit) (ELD) **14**
11:00 **CPI** Engage Life® Planning Meeting (Act) (ELD)
11:30 **SCE** Holiday Celebration Series (Act) (ELD)
1:15 **HPF** Dance & Movement: Cupid Shuffle (Act) (ELP)
2:00 **CEA** Baker Hunt Art Class with Clair (Act) (V)
4:00 **CEA** Scentsory Art (Act) (ELP)
4:00 **RSF** Baptist Service with Pastor Mike (Ch) (Ins)
6:00 **Wii** Bowling Game (Lib) (Res)

Upper Body Conditioning (Fit) (ELD) **15**
11:00 **LIS** Holiday Language Learning (Act) (ELD)
1:15 **RSF** Pray the Rosary (Ch) (Res)
1:30 **HPF** Tai Chi: Balance & Posture (Fit) (ELP)
2:30 **SCE** Candy Lane Happy Hour (DR) (ELD)
3:00 **SCE** Christmas Carol-oke (DR) (ELD)
4:00 **Wii** Rummikub® (Act) (ELD)
6:30 **LIS** Northern KY History Tour (Act) (V)

Total Body Conditioning - Beginner (Fit) (ELP) **16**
11:00 **HPF** Holiday Hustle Series (Act) (ELD)
11:15 **LUNCH & CHRISTMAS SHOPPING IN FLORENCE (ELD)**
11:30 **SCE** Wii® Bowling Challenge (Lib) (Res)
2:00 **CPI** Food For Thought - Culinary Led (DR) (DCS)
4:30 **HPF** Dance & Movement: Electric Slide (Act) (ELP)
6:00 **CEA** Gift Wrapping Station (Act) (Res)
6:00 **SCE** Group Crossword Puzzle (Act) (ELP)

**NATIONAL MAPLE SYRUP DAY
UGLY SWEATER DAY
Jewelry Sale today, 12p-3p** **17**
9:00 **LIS** Newsletter: National Maple Syrup Day
10:30 **HPF** Moving For Memory: Walking Challenge (Act) (ELD)
12:00 **CPI** Costume Jewelry Sale (L) (Amb)
3:30 **SCE** Ugly Sweater Social (LR)
4:30 **HPF** Total Body Conditioning - Advanced (Fit) (ELD)
6:00 **HPF** Holiday Classic: A Christmas Story (Lib)

**NATIONAL WREATHS
ACROSS AMERICA DAY** **18**
9:00 **LIS** Newsletter: National Wreaths Day
10:00 **HPF** Posture and Stretch Fitness Class (Fit) (Vdr)
11:00 **HPF** Color Your World (Act) (Res)
1:00 **HPF** Cardio Drumming Circle (Fit) (Ins)
3:00 **CEA** BJK Journaling Series (Act) (Amb)
5:15 **SCE** UK Basketball Game (Lib)

Communion Service with St. Pius X (Ch) (V) **19**
11:00 **HPF** Tai Chi: Balance & Posture (Fit) (ELP)
11:30 **RSF** Bible Study Series: Part III (Act) (ELP)
1:30 **HPF** Flow Yoga (Fit) (ELP)
2:00 **HPF** Badminton Game (Act) (ELP)
3:30 **CPI** Civic Engagement Delivery (Act) (ELP)
4:00 **SCE** Tailgate Party (Lib) (STF)
6:00 **LIS** Our Shared Shelf Book Club (Lib) (ELP)

GO CAROLING DAY **20**
10:30 **HPF** Moving For Memory: Walking Challenge (Act) (ELD)
11:00 **CEA** Music History: Christmas Carols, Part I (Act) (ELP)
1:30 **CPI** Scarf It Up: Knit & Crochet (Act) (ELP)
2:30 **SCE** Stealing Santa Social (Act) (ELD)
4:00 **RSF** Christmas Caroling (L) (ELP)
4:30 **HPF** Lower Body Conditioning (Fit) (ELP)
6:00 **HPF** Games with Friends: Scrabble® (Lib) (Res)

**WINTER SOLSTICE
Nat'l Crossword Puzzle Day** **21**
9:00 **LIS** Newsletter Highlight: Winter Solstice
10:00 **SCE** Brain Games (Tbl) (Res)
11:00 **HPF** Flow Yoga (Fit) (ELD)
1:15 **HPF** Group Crossword Puzzle (Act) (ELP)
3:00 **CEA** Christmas Cookie Challenge (DR) (ELD)
4:00 **RSF** Baptist Service with Pastor Mike (Ch) (Ins)
4:30 **HPF** Dance & Movement: Electric Slide (Act) (ELP)
6:00 **LIS** ODU: When Weather Changed History (Act) (V)

Upper Body Conditioning (DR) (ELD) **22**
1:15 **RSF** Pray the Rosary (Ch) (Res)
1:30 **HPF** Tai Chi: Balance & Posture (Fit) (ELP)
2:30 **SCE** Christmas Cheer(s) Happy Hour (DR) (ELD)
3:00 **SCE** A Game of Carols (DR) (ELD)
4:00 **SCE** Holiday Wrap Up Party (Act) (ELD)
6:00 **HPF** Holiday Movie Classic (Lib) (STF)

Total Body Conditioning - Beginner (Fit) (ELP) **23**
11:00 **HPF** Holiday Hustle Series (Act) (ELP)
1:00 **CRESTVIEW HILLS TOWN CENTER (ELD)**
4:00 **CEA** Music History: Christmas Carols, Part II (Act) (ELP)
4:30 **HPF** Dance & Movement: The Hustle (Act) (ELP)
6:00 **SCE** Group Crossword Puzzle (Act) (ELP)

CHRISTMAS EVE **24**
10:30 **HPF** Moving For Memory: Walking Challenge (Act) (ELD)
11:00 **RSF** Meaning & Tradition of Christmas Part I (Act) (ELD)
1:00 **HPF** Total Body Conditioning - Advanced (Fit) (ELD)
1:30 **SCE** 'Twas the Night Before Christmas Social (Act) (ELD)
2:00 **SCE** Christmas Carol Trivia (Act) (ELD)
6:00 **HPF** Hallmark Holiday Movie (Lib)

CHRISTMAS DAY **25**
10:00 **HPF** Color Your World (Act) (Res)
10:00 **HPF** Posture and Stretch Fitness Class (Fit) (Vdr)
1:00 **HPF** Cardio Drumming Circle (Fit) (Ins)
1:30 **RSF** Meaning & Tradition of Christmas Part II (Act) (Amb)
3:00 **CEA** BJK Journaling Series (Act) (Amb)
6:00 **HPF** Holiday Classic: Elf (Lib)

BOXING DAY **26**
9:00 **LIS** Newsletter Highlight: Boxing Day
10:45 **RSF** Communion Service with St. Pius X (Ch) (V)
11:00 **HPF** Tai Chi: Balance & Posture (Fit) (ELP)
11:30 **RSF** Bible Study Series: Part IV (Act) (ELP)
1:00 **SCE** Tailgate Party (Lib) (ELP)
1:30 **HPF** Flow Yoga (Fit) (ELP)
2:30 **CEA** Watercolor Workshop (Act) (ELP)
4:00 **RSF** Bingo (Act) (ELP)
6:00 **SCE** That's It Game (Act) (ELP)

Moving For Memory: Walking Challenge (Act) (ELD) **27**
1:30 **LIS** Zodiac & Horoscope of December (Act) (ELP)
2:30 **CPI** Scarf It Up: Knit & Crochet (Act) (ELP)
3:30 **SCE** Festive Holiday Cocktails (Act) (ELP)
4:00 **CPI** Career Connections Club (Act) (ELP)
4:30 **HPF** Lower Body Conditioning (Act) (ELP)
6:00 **HPF** Holiday Movie Favorite (Lib)

**CALL A FRIEND DAY
Happy Birthday Bonnie!
NAT'L CARD PLAYING DAY** **28**
9:00 **SCE** Newsletter Highlight: Call a Friend Day
10:30 **HPF** Flow Yoga (Fit) (ELD)
11:00 **CPI** Resident Council Meeting (Act) (Res)
2:00 **LIS** Museum Center Virtual Speaker Series (Act) (V)
3:00 **HPF** Euchre Game (Lib) (Res)
3:30 **HPF** Dance & Movement: The Hustle (Act) (ELP)
4:00 **RSF** Baptist Service with Pastor Mike (Ch) (V)
6:00 **Wii** Bowling Game (Lib) (Res)

Brain Games (Tbl) **29**
11:00 **HPF** Upper Body Conditioning (Fit) (ELD)
1:15 **RSF** Pray the Rosary (Ch) (Res)
2:00 **CEA** Creating Winter Snow Globes (Act) (ELP)
3:30 **CEA** Flower Arranging (Act) (ELD)
4:30 **HPF** Tai Chi: Balance & Posture (Fit) (ELP)
6:30 **LIS** Northern KY History Hour (Act) (V)

Total Body Conditioning - Beginner (Fit) (ELP) **30**
11:00 **HPF** Poker Game (Act) (ELD)
1:00 **LIS** The History & Origins of New Year's Eve (Act) (ELP)
4:00 **HPF** Holiday Hustle Awards Ceremony (Act) (ELP)
4:30 **HPF** Dance & Movement: The Hustle (Act) (ELP)
6:00 **SCE** Group Crossword Puzzle (Act) (ELP)

NEW YEAR'S EVE **31**
10:00 **SCE** Brain Games (Tbl) (Res)
11:00 **HPF** Moving For Memory Recognition Ceremony (Act) (ELD)
1:30 **HPF** Total Body Conditioning - Advanced (Fit) (ELD)
3:00 **SCE** Happy New Year Happy Hour (Act) (ELD)
4:00 **SCE** Rolling Out the Red Carpet (DR) (Dir)
4:30 **SCE** Ring in the New Year Dinner Party (DR)
6:00 **HPF** Holiday Movie Classic (Lib)

- HEALTH AND PHYSICAL FITNESS
- LIFELONG LEARNING AND INTELLECTUAL STIMULATION
- CREATIVE EXPRESSION AND THE ARTS
- SOCIAL CONNECTION AND ENTERTAINMENT
- CIVIC AND PROFESSIONAL INVOLVEMENT
- RELIGIOUS AND SPIRITUAL FELLOWSHIP

LIFE GUIDANCE[®]

Monthly Calendar of Events and Programming



Featured Events this Month:

Civic Engagement Project Launch

Friday, December 3, 2:00 PM

Cardio Drumming Circle

Friday, December 17, 3:00 PM

Creating Winter Snow Globes

Tuesday, December 28, 2:00 PM



DECEMBER 2021

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE

<p>HOLIDAY TRADITIONS WEEK 5</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Tai Chi: Balance & Posture 1:00 CEA Music: Do They Know It's Christmas 2:00 CPI Civic Engagement Working Session 3:00 HPF Walking Challenge 5:00 RSF Bible Study</p>	<p>LAST DAY OF HANUKKAH 6 ST. NICHOLAS DAY</p> <p>10:00 RSF Today's Events & Newsletter 10:30 HPF Walking Challenge 1:00 CEA Music Appreciation: Saint Nicholas Day 1:30 RSF Meaning & Tradition of Christmas: Part I 3:00 HPF Lower Body Conditioning 5:00 SCE Holiday Celebration Series</p>	<p>NATIONAL PEARL HARBOR DAY OF REMEMBRANCE 7</p> <p>10:00 LIS Today's Events & Newsletter 10:30 HPF Flow Yoga 1:00 CEA Music Appreciation: Eagles 3:00 HPF Dance & Movement: The Macarena 5:00 LIS Language Learning: Happy Holidays</p>	<p>FEAST OF IMMACULATE CONCEPTION 8</p> <p>10:00 RSF Today's Events & Newsletter 10:30 HPF Upper Body Conditioning 1:00 CEA Music Appreciation: Noel by Josh Groban 1:30 SCE Express Yourself: December Holidays 2:00 SCE Winter Wonderland Happy Hour 3:00 HPF Tai Chi: Balance & Posture</p>	<p>Today's Events & Newsletter 9</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Total Body Conditioning - Beginner 1:00 CEA Music: A Charlie Brown Christmas 3:00 HPF Dance & Movement: The Hustle 5:00 LIS Literary Appreciation: The Holidays</p>	<p>Today's Events & Newsletters 10</p> <p>10:00 SCE Today's Events & Newsletters 10:30 HPF Walking Challenge 11:00 CEA BJK Journaling & Discussion 1:00 CEA Music: Christmas Poems, Emily Dickinson 3:00 HPF Cardio Drumming Circle 5:00 SCE Laughter Therapy</p>	<p>Today's Events & Newsletter 11</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Flow Yoga 1:00 CEA Today's Music: All I Want For Christmas 3:00 HPF Posture and Stretch Fitness Class 5:00 LIS Sensory Stimulation: iSpy the Holidays</p>
<p>CAROLING WEEK 12 NATIONAL POINSETTIA DAY</p> <p>9:00 RSF Today's Events & Newsletter 10:30 HPF Tai Chi: Balance & Posture 1:00 CEA Music Appreciation: Frank Sinatra 3:00 HPF Walking Challenge 5:00 RSF Bible Study</p>	<p>U.S. NATIONAL GUARD BIRTHDAY 13</p> <p>10:00 LIS Today's Events & Newsletter 10:30 HPF Walking Challenge 1:00 CEA Music: The Perfect Christmas Song 1:30 LIS The Game of Carols 3:00 HPF Lower Body Conditioning 5:00 SCE Holiday Celebration Series</p>	<p>Today's Events & Newsletter 14</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Flow Yoga 1:00 CEA Music Appreciation: Gayla Peevey 1:30 LIS Word Wonders: Animals 3:00 HPF Dance & Movement: The Macarena 5:00 LIS Literary Appreciation: Poetry</p>	<p>Today's Events & Newsletter 15</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Upper Body Conditioning 1:00 CEA Music Appreciation: Peace For Christmas 1:30 CEA Music History: The Beatles 2:00 SCE Candy Land Happy Hour 3:00 HPF Tai Chi: Balance & Posture</p>	<p>Today's Events & Newsletter 16</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Total Body Conditioning - Beginner 1:00 CEA Music Appreciation: Jingle Bells 1:30 CEA Music History: Origins of Carols, Pt. I 3:00 HPF Dance & Movement: The Hustle 5:00 LIS Literary Appreciation: The Holidays</p>	<p>NATIONAL MAPLE SYRUP DAY 17 NATIONAL UGLY SWEATER DAY</p> <p>9:00 LIS Newsletter: National Maple Syrup Day 10:30 HPF Walking Challenge 11:00 CEA BJK Journaling & Discussion 1:00 CEA Music Appreciation: Quirky Holiday Songs 3:00 HPF Cardio Drumming Circle 5:00 SCE Laughter Therapy</p>	<p>NATIONAL WREATHS ACROSS AMERICA DAY 18</p> <p>9:00 LIS Newsletter: National Wreaths Day 10:30 HPF Flow Yoga 1:00 CEA Today's Music: Fairytale in New York 1:30 CEA Sing Across America: New York 3:00 HPF Posture and Stretch Fitness Class 5:00 LIS Find The Pairs: Holiday Edition</p>
<p>CHRISTMAS WEEK 19</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Tai Chi: Balance & Posture 1:00 CEA Music Appreciation: "A Christmas Carol" 3:00 CPI Civic Engagement Delivery 4:00 HPF Walking Challenge 5:00 RSF Bible Study</p>	<p>Today's Events & Newsletter 20</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Walking Challenge 1:00 CEA Today's Music: It's A Wonderful Life 2:00 CEA Scentsory Art 3:00 HPF Lower Body Conditioning 5:00 SCE Holiday Celebration Series</p>	<p>FIRST DAY OF WINTER 21</p> <p>10:00 LIS Newsletter: Winter Solstice 10:30 HPF Flow Yoga 1:00 CEA Music Appreciation: The Winter Solstice 3:00 HPF Dance & Movement: The Macarena 5:00 LIS Language Learning: Merry Christmas</p>	<p>Today's Events & Newsletter 22</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Upper Body Conditioning 1:00 CEA Music Appreciation: The Chipmunk Song 2:00 SCE Christmas Cheer(s) Happy Hour 3:00 HPF Tai Chi: Posture & Balance</p>	<p>Today's Events & Newsletter 23</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Total Body Conditioning - Beginner 1:00 CEA Music: Twas The Night Before Christmas 1:30 CEA Music History: Origins of Carols, Pt. II 3:00 HPF Dance & Movement: The Hustle 5:00 LIS Literary Appreciation: The Holidays</p>	<p>CHRISTMAS EVE 24</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Walking Challenge 11:00 CEA BJK Journaling & Discussion 1:00 CEA Music Appreciation: Silent Night 3:00 HPF Cardio Drumming Circle 5:00 SCE Laughter Therapy</p>	<p>CHRISTMAS DAY 25</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Flow Yoga 1:00 CEA Music Appreciation: Meaning of Christmas 1:30 RSF Meaning of Christmas, Part II 3:00 HPF Posture and Stretch Fitness Class 5:00 LIS Sensory Stimulation: iSpy the Holidays</p>
<p>BOXING DAY 26 NEW YEAR'S WEEK</p> <p>10:00 CPI Today's Events & Newsletter 10:30 HPF Tai Chi: Balance & Posture 1:00 CEA Music Appreciation: Good King Wenceslas 3:00 HPF Walking Challenge 5:00 RSF Bible Study</p>	<p>Today's Events & Newsletter 27</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Walking Challenge 1:00 CEA Music Venues: Radio City Music Hall 1:30 CEA Music History: Iconic Music Venues, II 3:00 HPF Lower Body Conditioning 5:00 SCE Holiday Celebration Series</p>	<p>Today's Events & Newsletter 28</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Flow Yoga 1:00 CEA Music Appreciation: Shirley Temple 2:00 CEA Creating Winter Snow Globes 3:00 HPF Dance & Movement: The Macarena 5:00 LIS Literary Appreciation: Poetry</p>	<p>Today's Events & Newsletter 29</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Upper Body Conditioning 1:00 CEA Music Appreciation: Beethoven The Great 1:30 CEA Music History: Classical 2:00 SCE Happy New Year Happy Hour 3:00 HPF Tai Chi: Balance & Posture</p>	<p>Today's Events & Newsletter 30</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Total Body Conditioning 1:00 CEA Music Appreciation: Neil Young 3:00 HPF Dance & Movement: The Hustle 5:00 LIS Literary Appreciation: The Holidays</p>	<p>NEW YEAR'S EVE 31</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Walking Challenge 11:00 CEA BJK Journaling & Discussion 1:00 CEA Music Appreciation: Auld Lang Syne 1:30 LIS History of New Year's Eve 3:00 HPF Cardio Drumming Circle 5:00 SCE Laughter Therapy</p>	<p>HEALTH AND PHYSICAL FITNESS LIFELONG LEARNING AND INTELLECTUAL STIMULATION CREATIVE EXPRESSION AND THE ARTS SOCIAL CONNECTION AND ENTERTAINMENT CIVIC AND PROFESSIONAL INVOLVEMENT RELIGIOUS AND SPIRITUAL FELLOWSHIP</p>