

ENGAGE LIFE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

Happy Hour w/ Jessie Frank

Friday, June 7, 3:00 PM

**Fantastic Fathers-
Father's Day BBQ**

Sunday, June 16, 12:00 PM

Luau Party

Friday, June 28, 3:00 PM

Atria
SENIOR LIVING

Atria
SENIOR LIVING

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

30

9:30 **IS** Metrocrest Presbyterian Church Service (DR)
 10:30 **IS** Catholic Service (CH)
 10:30 **HF** Cornhole (LR)
 1:30 **HF** Detect a Word (LR)
 3:00 **HF** Bingo (AR)
 4:00 **HF** Walking Club
 6:00 **EF** Mexican Train Dominoes (AR)



ROOM LOCATION KEY:
 Activity Room AR
 Dining Room DR
 Living Room LR
 Front Lobby FL
 Garden Room OSG
 Chapel 2nd Fl CH

STAFF KEY:
 Osiris OSI

2

9:30 **IS** The Nor'Kirk Church Service (DR)
 10:30 **HF** Cornhole (LR)
 10:30 **IS** Catholic Service (CH)
 1:00 **CV** Heart of Texas Therapy Dogs Visit
 1:30 **HF** Detect a Word (LR)
 3:00 **HF** Bingo (AR)
 4:00 **HF** Walking Club
 6:00 **EF** Mexican Train Dominoes (AR)

3

10:15 **HF** Yoga w/ Susan (DR)
 10:45 **CE** Crafts & Painting (AR)
 1:00 **EF** Wii® Bowling (LR)
 2:00 **IS** Faith United Presby Communion Service (CH)
 2:45 **HF** Balance Class with D.J. (LR)
 3:30 **IS** Bible Study with Victor (CH)
 6:00 **LL** Book Club (CH)
 6:00 **EF** Bridge Card Game (AR)

4

9:30 **EF** Shopping Trip
 10:15 **HF** Parachute (DR)
 1:30 **CV** Ambassador Visits
 1:30 **PA** Art Class with Reena (AR)
 2:00 **EF** Mexican Train Dominoes (AR)
 3:00 **EF** Rummikub® Game (AR)
 4:00 **HF** Stretching w/ Osi
 6:00 **PA** iPad®: Logo Quiz (LR)

5

10:15 **EF** Scrabble® Game (AR)
 10:15 **HF** Chair Volleyball (LR)
 10:45 **LL** Call Out The Answer (LR)
 3:00 **EF** Bingo for Money (DR)
 4:00 **PA** Knitting & Crochet (AR)
 6:00 **HF** Walking Club
 6:00 **CE** Atria StoryWise™ (AR)

6

10:00 **EF** Trip to TX Civil War Museum
 10:15 **HF** Morning Exercise (DR)
 1:00 **HF** Balance Class with Paradigm (LR)
 2:00 **HF** Hand and Foot Games (AR)
 3:30 **LL** Wii® Jeopardy!® (LR)
 6:00 **EF** Music Bingo (AR)

7

Happy Birthday Sue Thompson!
 10:15 **HF** Resistance Bands (DR)
 10:45 **LL** My Time My Story (DR)
 1:30 **EF** Wii® Sport Bowling (LR)
 3:00 **EF** Happy Hour w/ Jessie Frank (LR)
 6:00 **HF** Walking Club
 6:00 **EF** Hand & Foot Game (AR)

8

10:00 **C** Operation Kindness - Pet Visits (LR)
 10:15 **HF** Weight Training (DR)
 10:45 **C** Donuts and Coffee (AR)
 11:00 **LL** Mary Kay with Lillie (AR)
 12:45 **EF** Scrabble® Game (AR)
 1:30 **HF** Detect a Word (LR)
 3:00 **HF** Bingo (AR)
 4:00 **HF** Question Ball (LR)
 6:00 **EF** Rummikub® Game (AR)

9

9:30 **IS** First Baptist Church Service (DR)
 10:30 **IS** Catholic Service (CH)
 10:30 **HF** Cornhole (LR)
 3:00 **HF** Bingo (AR)
 4:00 **HF** Walking Club
 6:00 **EF** Bridge Card Game (AR)

10

10:15 **HF** Yoga w/ Mellissa (DR)
 10:45 **CE** Crafts & Painting (AR)
 1:00 **EF** Wii® Bowling (LR)
 2:45 **HF** Balance Class with D.J. (LR)
 3:30 **IS** Bible Study with Victor (CH)
 6:00 **LL** Book Club (CH)
 6:00 **EF** Mexican Train (AR)

11

Happy Birthday Mary Ellen!
 9:30 **EF** Shopping Trip
 10:15 **HF** Parachute (DR)
 10:45 **CE** Crafting-Crochet (AR)
 11:00 **HF** Blood Pressure Clinic with Paradigm
 12:30 **EF** Cinemark Movie Outing (DR)
 1:00 **CV** Ambassador Visits
 4:00 **HF** Stretching w/ Osi
 6:00 **EF** Music Bingo (AR)

12

Happy Birthday Frank!
 10:15 **EF** Scrabble® (AR)
 10:15 **HF** Chair Volleyball (LR)
 1:30 **PA** Food for Thought Meeting w/ Charles (DR)
 2:00 **PA** Resident Council Meeting (DR)
 3:00 **HF** Bingo with Sandy (AR)
 4:00 **CE** Atria StoryWise™ (LR)
 6:00 **HF** Walking Club

13

10:15 **HF** Movement Therapy w/ Suzy (LR)
 10:45 **LL** You Be The Judge (AR)
 1:00 **HF** Balance Class w/ Paradigm (LR)
 3:00 **CE** Jewelry Making (AR)
 3:30 **IS** Bible Study with Andrea (CH)
 6:00 **EF** Wii® Bowling Tournaments (LR)

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Flag Day!
 10:15 **HF** Resistance Bands (DR)
 10:45 **HF** Horse Racing Game (AR)
 1:30 **EF** Wii® Sport Bowling (LR)
 3:00 **EF** Happy Hour w/ David Eagleston (DR)
 6:00 **HF** Walking Club
 6:00 **PA** Mexican Train w/ Laverne (AR)

15

10:15 **HF** Chair Volleyball (LR)
 11:00 **CE** Gardening (OSG)
 11:00 **EF** Mike the Accordion (LR)
 1:30 **LL** Trivia And Tea (AR)
 1:30 **HF** Detect a Word (LR)
 2:30 **HF** Cornhole (FL)
 3:00 **HF** Bingo (AR)
 6:00 **EF** Movie & Discussion (LR)

16

Father's Day!
 9:30 **IS** Holy Covenant UMC Service (DR)
 10:30 **IS** Catholic Service (CH)
 10:30 **HF** Cornhole (LR)
 12:00 **CE** Fantastic Fathers-Father's Day BBQ (DR)
 2:00 **EF** Entertainment: Salt And Light
 3:00 **HF** Bingo (AR)
 4:00 **HF** Walking Club
 6:00 **HF** Bridge Game (AR)

17

10:15 **HF** Yoga w/ Susan (DR)
 10:45 **EF** Rummikub® Game (AR)
 1:00 **EF** Wii® Bowling (LR)
 2:45 **HF** Balance Class with D.J. (LR)
 3:30 **IS** Bible Study with Victor (CH)
 6:00 **LL** Book Club (CH)
 6:00 **EF** Mexican Train (AR)

18

Happy Birthday Laverne!
 9:30 **EF** Shopping Trips
 10:15 **HF** Parachute (DR)
 10:45 **EF** Apples to Apples Game (AR)
 1:00 **CV** Ambassador Visits
 1:30 **CE** Art Class w/ Reena (AR)
 4:00 **HF** Stretching with Osi (LR)
 6:00 **PA** iPad®: Quizoid (LR)

19

10:15 **EF** Scrabble® Game (AR)
 10:15 **HF** Chair Volleyball (LR)
 1:00 **CE** Crafts & Painting (AR)
 3:15 **EF** Bingo Bux Auction (AR)
 4:00 **LL** Atria StoryWise™ (AR)
 6:00 **HF** Walking Club
 6:00 **C** Family Night (DR)

20

9:00 **EF** Scenic Drive-Little Elm, Lunch-Hula Hut
 10:15 **HF** Morning Exercise (DR)
 10:15 **HF** Scrabble® Game (AR)
 11:00 **HF** Lunch at Carrollton Senior Center
 1:00 **HF** Balance Class w/ Paradigm (LR)
 1:30 **HF** Hand & Foot Game (AR)
 1:30 **EF** Wii® Bowling (LR)
 4:00 **EF** Wii® Jeopardy!® (LR) (OSI)
 6:00 **LL** Science Class w/ Osi (LR)

21

First Day of Summer!
 10:15 **HF** Resistance Bands (DR)
 10:45 **HF** Hand and Foot Game (AR)
 11:00 **C** Meeting with Sandy (AR)
 1:30 **EF** Wii® Sport Bowling (LR)
 3:00 **EF** Happy Hour with Tom & Brenda (DR)
 6:00 **EF** Rummikub® Game (AR)
 6:00 **HF** Walking Club

22

10:15 **HF** Weight Training (DR)
 10:45 **C** Donuts and Coffee (AR)
 1:00 **LL** Book Club with Osi (CH)
 3:00 **HF** Bingo (AR)
 4:00 **HF** Walking Club (LR)
 6:00 **EF** Scrabble® Game (AR)

23

9:30 **IS** Covenant Church Service (DR)
 10:30 **HF** Cornhole (LR)
 10:30 **IS** Catholic Service (CH)
 3:00 **EF** Bingo (AR)
 4:00 **HF** Walking Club
 6:00 **EF** Mexican Train Dominoes (AR)

24

10:15 **HF** Yoga w/ Mellissa (DR)
 10:45 **HF** Coffee & Chat (AR)
 1:00 **EF** Wii® Bowling (LR)
 3:30 **IS** Bible Study with Victor (CH)
 6:00 **LL** Book Club (CH)
 6:00 **PA** Mexican Train with Laverne (AR)

25

9:30 **EF** Shopping Trip
 10:15 **HF** Parachute (DR)
 10:45 **EF** Rummikub® Game (AR)
 11:00 **CE** Arts and Crafts (AR)
 11:00 **HF** Blood Pressure Clinic w/ Paradigm
 1:00 **CV** Ambassador Visits
 2:00 **EF** Wii® Bowling (LR)
 4:00 **HF** Stretching with Osi (LR)
 6:00 **EF** Music Bingo (LR)

26

10:15 **EF** Scrabble® Game (AR)
 10:15 **HF** Chair Volleyball (LR)
 10:45 **LL** Call Out The Answer (LR)
 1:00 **LL** Trip to Carrollton Public Library
 1:00 **EF** Wii® Bowling (LR)
 3:00 **HF** Bingo w/ Sandy (DR)
 4:00 **CE** Atria StoryWise™ (LR)
 6:00 **HF** Walking Club

27

Happy Birthday Shirley!
 10:15 **HF** Movement Therapy w/ Suzy (LR)
 10:30 **C** Coffee and Trivia
 11:30 **PA** Ambassador Lunch Outing
 1:00 **HF** Balance Class w/ Paradigm (LR)
 1:30 **UNO**® Card Game (AR)
 2:00 **EF** Wii® Bowling (LR)
 3:30 **IS** Bible Study with Andrea (CH)
 6:00 **EF** Music Bingo (AR) (OSI)

28

10:15 **HF** Resistance Bands (DR)
 10:45 **HF** Horse Racing Game (AR)
 2:00 **EF** Wii® Sport Bowling (LR)
 3:00 **EF** Luau Party (DR)
 6:00 **HF** Walking Club
 6:00 **PA** Hand and Foot w/ Dot (AR)

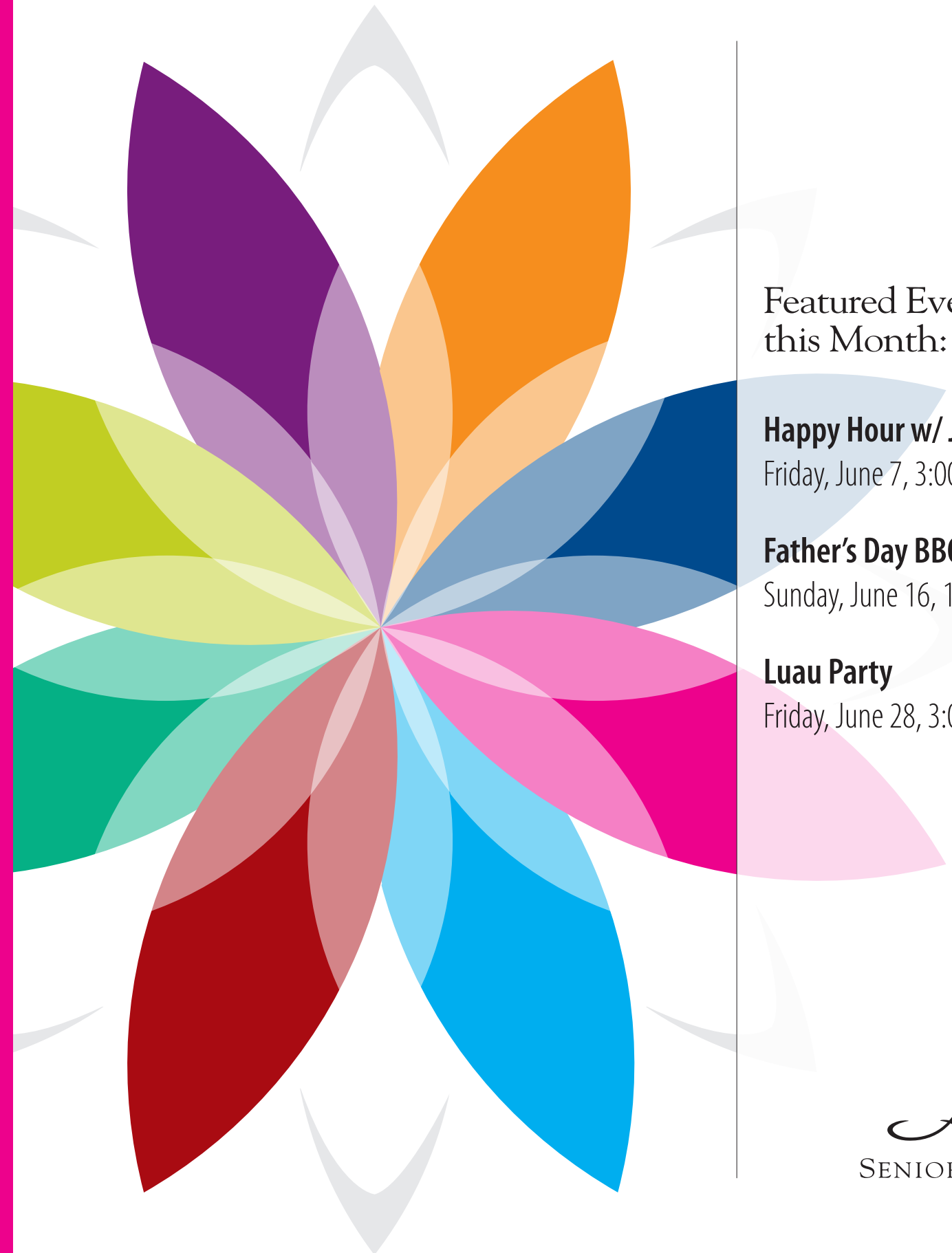
29

10:15 **HF** Chair Volleyball (LR)
 10:45 **EF** Crafts and Painting (LR)
 1:30 **HF** Detect a Word (LR)
 1:30 **HF** Hand and Foot (AR)
 3:00 **EF** Bingo (AR)
 4:00 **HF** Cornhole (LR)
 6:00 **EF** Movie and Discussion (LR)

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LIFE GUIDANCE[®]

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Happy Hour w/ Jessie Frank

Friday, June 7, 3:00 PM

Father's Day BBQ

Sunday, June 16, 12:00 PM

Luau Party

Friday, June 28, 3:00 PM

Atria
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SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

30

9:30 **IS** Metro Presbyterian Church Service
 10:00 **C** Snack & Chat
 10:30 **HF** Volley for Serve
 10:45 **CE** Painting Summer Pictures
 2:00 **EF** Cinco de Mayo Party
 3:00 **EF** StoryWise™
 3:30 **EF** Bingo
 4:00 **HF** Chair Yoga



ROOM LOCATION KEY:
 Dining Room DR

- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- EF** Atria StoryWise

1

9:00 **HF** Chair Zumba®
 10:00 **C** Snack & Chat
 10:30 **EF** StoryWise™
 11:00 **J** 70s Music
 2:00 **EF** Bingo
 2:30 **HF** Upper Arm Exercise
 3:00 **EF** Movie Matinee: Resident Choice
 4:00 Spa Day

2

9:30 **IS** The Nor'kirk Church Service
 10:00 **C** Snack & Chat
 10:30 **HF** Volley for Serve
 10:45 **CE** Painting Spring Pictures
 1:00 **CV** Heart of Texas Therapy Dog Visit
 3:00 **EF** StoryWise™
 3:30 **EF** Bingo
 4:00 **HF** Chair Yoga

3

9:00 **HF** Chair Tai Chi
 10:00 **C** Snack & Chat
 10:30 **HF** Balance Class w/ Paradigm
 11:00 **EF** You be the Judge
 2:00 **HF** Upper Body Exercise
 3:00 **EF** UNO® card game
 4:00 **EF** Hangman

4

9:00 **HF** Chair Yoga
 10:00 **C** Snack & Chat
 10:30 **J** Elvis Hits
 11:00 **CE** Painting
 2:00 **EF** Cornhole
 2:30 **EF** Bingo
 3:30 **J** Karaoke
 4:00 **HF** Chair Aerobics

5

9:00 **HF** Chair Zumba®
 10:00 **C** In the News & Snack
 10:30 **LL** Daily Chronicle
 11:00 **EF** Upper Body Exercise
 2:00 **CE** Chef's Table with Charles
 3:00 **J** Music Bingo
 4:00 **HF** Circuit Training

6

NATIONAL DRIVE-IN MOVIE DAY

9:00 **HF** Chair Parachute
 10:00 **C** Snack & Chat
 10:30 **J** 50s Music
 11:00 **EF** Upper Body Exercise
 2:00 **EF** Indoor Badminton Competition
 2:45 **IS** Bible Study w/ Andrea
 3:30 **LL** Drive-In Movie History
 4:00 **HF** Conductorcise®

7

9:00 **HF** Chair Pilates
 10:00 **C** Snack & Chat
 10:30 **CE** Jewelry Making
 11:00 **LL** Daily Chronicle
 2:00 Gram Glam
 3:00 **EF** Happy Hour w/ Jessie Frank
 4:00 **HF** Chair Tai Chi

8

9:00 **HF** Chair Zumba®
 10:00 **C** Snack & Chat
 10:30 **C** Swing Music
 11:00 **J** Banding Together
 1:00 Horse Club
 2:00 **EF** Bingo
 3:00 **HF** Air Ball Exercise
 4:00 **EF** UNO®

9

9:30 **IS** First Baptist Church Service
 10:00 **C** The Price is Right® & Snack
 10:30 **J** Swing Music
 11:00 **HF** Sit & Fit
 2:30 **EF** Bingo
 3:30 **EF** Conductorcise®
 4:00 **HF** Upper Body Exercise

10

9:00 **HF** Chair Yoga
 10:00 **C** Snack & Chat
 10:30 **LL** Spanish Class
 11:00 **J** Disco Music
 2:00 **HF** Weight Lifting
 3:00 **EF** Pokeno®
 4:00 **EF** Golfing

11

9:00 **HF** Conductorcise®
 10:00 **C** Snack & Chat
 10:30 **EF** StoryWise™
 11:00 **J** 50s Music
 2:00 **CE** Gardening
 3:00 **EF** Bingo
 4:00 **HF** Upper Body Strengthening

12

9:00 **HF** Sit & Fit
 10:00 **C** Snack & Chat
 10:30 **LL** Spanish Class
 11:00 **J** Swing Music
 2:00 **CE** Crafts with Denise
 3:00 Music Bingo
 4:00 **HF** Bowling

13

9:00 **HF** Parachute Fitness
 10:00 **C** Snack & Chat
 10:30 **J** Disco Music
 11:30 **EF** Lunch Outing-Angelina's
 2:00 Bingo
 2:45 **IS** Bible Study w/ Andrea
 3:30 **HF** Chair Yoga
 4:00 **EF** StoryWise™

14

Flag Day!

9:00 **HF** Chair Zumba®
 10:00 **C** Snack & Chat
 10:30 **CE** Sing Along to Golden Oldies
 11:00 **EF** Can You Guess Who?
 2:00 Gram Glam
 3:00 **EF** Happy Hour w/ David Eagleston
 4:00 **HF** Circle Ball Exercise

15

9:00 **HF** Chair Zumba®
 10:00 **C** Snack & Chat
 10:30 **J** 50s Music
 11:00 **HF** Stay Fit
 2:00 **EF** Bingo
 4:00 **EF** StoryWise™

16

Father's Day!

9:30 **IS** Holy Covenant UMC Service
 10:00 **C** Snack & Chat
 10:30 **HF** Chair Volleyball!
 12:00 **EF** Father's Day BBQ
 1:00 **IS** Catholic Service w/ Barbara McAninch
 2:00 **J** Karaoke
 3:00 **EF** Moving & Grooving
 4:00 **HF** Sit & Fit

17

9:00 **HF** Martial Arts
 10:00 **C** Snack & Chat
 10:30 **HF** Balance Class w/ Paradigm
 11:00 **J** 60s Music
 2:00 **EF** Golfing
 3:00 **EF** Pokeno®
 4:00 **HF** Volley for Serve

18

9:00 **HF** Sit & Fit
 10:00 **C** Snack & Chat
 10:30 **J** Swing Music
 11:00 **HF** Upper Body Exercise
 2:00 **EF** Bust a Gut
 3:00 **EF** Bingo
 4:00 **EF** StoryWise™

19

9:00 **HF** Circuit Training
 10:00 **C** Snack & Chat
 10:30 **J** 40s Music
 11:00 **HF** Weight Lifting
 2:00 **EF** Bingo
 3:00 **EF** Upper Body Exercise
 4:00 **LL** Spanish Class

20

NATIONAL ICE CREAM SODA DAY

9:00 **HF** Tai Chi
 10:00 **C** Snack & Chat
 10:30 **EF** StoryWise™
 2:45 **IS** Bible Study w/ Andrea
 3:30 **EF** Ice Cream Soda Tasting
 3:45 **HF** Chair Zumba®
 4:00 **EF** Atria StoryWise™

21

First Day of Summer!

9:00 **HF** Chair Pilates
 10:00 **C** Snack & Chat
 10:30 **J** Name That Tune
 11:00 **HF** Upper Body Strengthening
 2:00 Gram Glam
 3:00 **EF** Happy Hour with Tom and Brenda (DR)
 4:00 **EF** Upper Body Exercise

22

9:00 **HF** Chair Zumba®
 10:00 **C** Snack & Chat
 10:30 **C** Spouse Memories
 11:00 **J** 50s Music
 2:00 **EF** Bingo
 2:30 **LL** Daily Chronicle
 3:00 **EF** Bowling
 4:00 **HF** Volley for Serve

23

9:30 **IS** Covenant Church Service
 10:00 **C** Snack & Chat
 10:30 **HF** Upper Body Strengthening
 11:00 **J** 30s Music
 1:30 **LL** Detect-A-Word
 2:00 **IS** Afternoon Devotions
 3:00 **EF** StoryWise™
 4:00 **HF** Volley for Serve

24

9:00 **HF** Chair Yoga
 10:00 **C** Snack & Chat
 10:30 **HF** Balance Class with Paradigm
 11:00 **HF** Upper Body Strengthening
 2:00 **LL** You Be The Judge?
 3:00 **EF** Pokeno®
 4:00 Movie Matinee: Resident Choice

25

9:00 **HF** Sit & Fit
 10:00 **C** Snack & Chat
 10:30 **LL** Spanish Class
 11:00 **J** Karaoke
 2:00 **EF** Bingo
 3:00 **CE** Painting
 4:00 **HF** Volley for Serve

26

9:00 **HF** Moving & Grooving
 10:00 **C** Snack & Chat
 10:30 **EF** Upper Body Exercise
 11:00 **J** Karaoke
 2:00 **CE** Gardening
 3:00 **HF** Conductorcise®
 4:00 **EF** StoryWise™

27

9:00 **HF** Circuit Training
 10:00 **C** Snack & Chat
 10:30 **LL** Daily Chronicle
 11:00 **EF** StoryWise™
 2:00 **EF** Pokeno®
 2:45 **IS** Bible Study w/ Andrea
 3:30 **J** Name that Tune
 4:00 **HF** Conductorcise®

28

9:00 **HF** Chair Yoga
 10:00 **C** Snack & Chat
 10:30 Gram Glam
 11:00 **CE** Jewelry Making
 2:00 **CV** Puppy Visits
 3:00 **EF** Luau Party (DR)
 4:00 **HF** Air Ball Exercise

29

9:00 **HF** Chair Zumba®
 10:00 **C** Snack & Chat
 10:30 **EF** StoryWise™
 11:00 **J** 70s Music
 2:00 **EF** Bingo
 2:30 **HF** Upper Arm Exercise
 3:00 **EF** Movie Matinee: Resident Choice
 4:00 Spa Day

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