

# ENGAGE LIFE<sup>®</sup>

## Monthly Calendar of Events and Programming



### Featured Events this Month:

**Veterans Parade in Lynbrook!**

Saturday, November 7, 10:00 AM

**Veterans Luncheon -  
75th Anniversary**

Wednesday, November 11, 12:30 PM

**Friendsgiving! 10R/6ft/Mask**

Wednesday, November 25, 2:30 PM

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# NOVEMBER 2020

## SUNDAY

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

## SATURDAY

**1**  
10:00 **HF** Morning Walk  
10:30 **IS** Prayers and Readings with Vinny  
11:00 **HF** Morning Exercise 10R/6ft/Mask  
11:30 **IS** Our Lady of Peace-  
4 residents permitted  
11:30 **EF** The Shadow Radio Show! Dial in!  
2:00 **EF** Cornhole Inside! 10 Res/6ft/mask  
2:00 **EF** Matinee Movie 10Res/6ft/Mask (M)  
3:30 **HF** Afternoon Walking with Friends

**8**  
10:00 **HF** Morning Walk  
10:30 **IS** Prayers and Readings with Vinny  
11:00 **HF** Morning Exercise 10R/6ft/Mask  
11:30 **IS** Our Lady of Peace-  
4 residents permitted  
11:30 **EF** The Shadow Radio Show! Dial in!  
2:00 **EF** Cornhole Inside! 10 Res/6ft/mask  
2:00 **EF** Matinee Movie 10Res/6ft/Mask (M)  
3:30 **HF** Afternoon Walking with Friends

**15**  
10:00 **HF** Morning Walk  
10:30 **IS** Prayers and Readings with Vinny  
11:00 **HF** Morning Exercise 10R/6ft/Mask  
11:30 **IS** Our Lady of Peace-  
4 residents permitted  
11:30 **EF** The Shadow Radio Show! Dial in!  
2:00 **EF** Cornhole Inside! 10 Res/6ft/mask  
2:00 **EF** Matinee Movie 10Res/6ft/Mask  
3:30 **HF** Afternoon Walking with Friends

**22**  
10:00 **HF** Morning Walk  
10:30 **IS** Prayers and Readings with Vinny  
11:00 **HF** Morning Exercise 10R/6ft/Mask  
11:30 **IS** Our Lady of Peace-  
4 residents permitted  
11:30 **EF** The Shadow Radio Show! Dial in!  
2:00 **EF** Cornhole Inside! 10 Res/6ft/mask  
2:00 **EF** Matinee Movie 10Res/6ft/Mask (M)  
3:30 **HF** Afternoon Walking with Friends

**29**  
10:00 **HF** Morning Walk  
10:30 **IS** Prayers and Readings with Vinny  
11:00 **HF** Morning Exercise 10R/6ft/Mask  
11:30 **IS** Our Lady of Peace-  
4 residents permitted  
11:30 **EF** The Shadow Radio Show! Dial in!  
2:00 **EF** Cornhole Inside! 10 Res/6ft/mask  
2:00 **EF** Matinee Movie 10Res/6ft/Mask (M)  
3:30 **HF** Afternoon Walking with Friends

**2**  
10:00 **HF** Morning Walk  
10:30 **HF** Aerobics Workout!  
10R/6ft/mask (M)  
11:00 **LL** News & Views Discussion 10R/6ft/Mask  
2:00 **EF** Let's Play Family Feud™! 10R/6ft/Mask  
3:15 **CE** Senior Sketches 10R/6ft/Mask  
4:30 **HF** Afternoon Walk with Friends

**9**  
10:00 **HF** Morning Walk  
10:30 **HF** Aerobics Workout!  
10R/6ft/mask (M)  
11:00 **LL** News & Views Discussion 10R/6ft/Mask  
2:00 **EF** Shuffleboard Outside 10R/6ft/Mask  
3:15 **CE** Senior Sketches 10R/6ft/Mask  
4:30 **HF** Afternoon Walk with Friends

**16**  
10:00 **HF** Morning Walk  
10:30 **HF** Aerobics Workout!  
10R/6ft/mask (M)  
11:00 **LL** News & Views Discussion 10R/6ft/Mask  
2:00 **EF** Shuffleboard Outside 10R/6ft/Mask  
3:15 **CE** Senior Sketches 10R/6ft/Mask  
4:30 **HF** Afternoon Walk with Friends

**23**  
10:00 **HF** Morning Walk  
10:30 **HF** Aerobics Workout!  
10R/6ft/mask (M)  
11:00 **LL** News & Views Discussion 10R/6ft/Mask  
2:00 **EF** Shuffleboard Outside 10R/6ft/Mask  
3:15 **CE** Senior Sketches 10R/6ft/Mask  
4:30 **HF** Afternoon Walk with Friends

**30**  
10:00 **HF** Morning Walk  
10:30 **HF** Aerobics Workout!  
10R/6ft/mask (M)  
11:00 **LL** News & Views Discussion 10R/6ft/Mask  
2:00 **EF** Shuffleboard Outside 10R/6ft/Mask  
3:15 **CE** Senior Sketches 10R/6ft/Mask  
4:30 **HF** Afternoon Walk with Friends

**3**  
10:00 **HF** Morning Walk  
10:30 **HF** Low-Impact Aerobic  
10R/6ft/Mask  
11:00 **CV** Knit Wits Knitting & Crochet Group!  
11:00 **LL** Trivia Challenge 10R/6ft/Mask  
1:30 **EF** Wii® Tennis 10R/6ft/Mask  
2:30 **LL** Jeopardy!® Game 10R/6ft/Mask  
4:00 **HF** Afternoon Walk  
7:15 **LL** Short Story Appreciation (LB)

**10**  
10:00 **HF** Morning Walk  
10:30 **HF** Low-Impact Aerobic  
10R/6ft/Mask  
11:00 **CV** Knit Wits Knitting & Crochet Group!  
11:00 **LL** Trivia Challenge 10R/6ft/Mask  
1:30 **EF** Wii® Tennis 10R/6ft/Mask  
2:30 **LL** Jeopardy!® Game 10R/6ft/Mask  
4:00 **HF** Afternoon Walk  
7:15 **LL** Short Story Appreciation (LB)

**17**  
10:00 **HF** Morning Walk  
10:30 **HF** Low-Impact Aerobic  
10R/6ft/Mask  
11:00 **CV** Knit Wits Knitting & Crochet Group!  
11:00 **LL** Trivia Challenge 10R/6ft/Mask  
1:30 **EF** Wii® Tennis 10R/6ft/Mask  
2:30 **LL** Jeopardy!® Game 10R/6ft/Mask  
4:00 **HF** Afternoon Walk  
7:15 **LL** Short Stories with Nanci (LB) (J)

**24**  
10:00 **HF** Morning Walk  
10:30 **HF** Low-Impact Aerobic  
10R/6ft/Mask  
11:00 **CV** Knit Wits Knitting & Crochet Group!  
11:00 **LL** Trivia Challenge 10R/6ft/Mask  
1:30 **EF** Wii® Tennis 10R/6ft/Mask  
2:00 **EF** Catchphrase 10R/6ft/Mask  
4:00 **HF** Afternoon Walk  
7:15 **LL** Short Stories with Nanci (LB) (J)

**4**  
10:00 **C** CVS/King Kullen/  
Banks 4Res/1xpermonnt  
10:00 **HF** Morning Walk  
10:30 **HF** Seated Kickboxing 10R/6ft/Mask  
11:00 **LL** News & Views Discussion 10R/6ft/Mask  
2:00 **EF** Charades with Friends 10R/6ft/Mask  
2:30 **EF** Kentucky Derby Hallway Party!  
3:00 **C** Wine outside! 10R/6ft/Mask  
4:00 **HF** Afternoon Walk

**11**  
10:00 **C** CVS/King Kullen/  
Banks 4Res/1xpermonnt  
10:00 **HF** Morning Walk  
10:30 **HF** Seated Kickboxing 10R/6ft/Mask  
11:00 **LL** News & Views Discussion 10R/6ft/Mask  
12:30 **CV** Veterans Luncheon - 75th Anniversary  
2:00 **EF** Charades with Friends 10R/6ft/Mask  
3:00 **C** Wine outside! 10R/6ft/Mask  
4:00 **HF** Afternoon Walk

**18**  
10:00 **C** CVS/King Kullen/  
Banks 4Res/1xpermonnt  
10:00 **HF** Morning Walk  
10:30 **HF** Seated Kickboxing 10R/6ft/Mask  
11:00 **LL** News & Views Discussion 10R/6ft/Mask  
2:00 **EF** Charades with Friends 10R/6ft/Mask  
3:00 **C** Wine outside! 10R/6ft/Mask  
4:00 **HF** Afternoon Walk

**25**  
10:00 **C** CVS/King Kullen/  
Banks 4Res/1xpermonnt  
10:00 **HF** Morning Walk  
10:30 **HF** Seated Kickboxing 10R/6ft/Mask  
11:00 **LL** News & Views Discussion 10R/6ft/Mask  
2:00 **EF** Charades with Friends 10R/6ft/Mask  
2:30 **LL** Freinds giving! 10R/6ft/Mask  
3:00 **C** Wine outside! 10R/6ft/Mask  
4:00 **HF** Afternoon Walk

**5**  
10:00 **HF** Morning Walk  
10:30 **HF** Strength & Balance  
Program 10R/6ft/Mask  
11:00 **LL** Group Crosswords 10R/6ft/Mask  
11:00 **PA** Resident Council  
Meeting over the phone  
2:00 **EF** You Be The Judge 10R/6ft/Mask  
2:30 **CE** Art Classes with Julianne 10R/6ft/Mask  
4:00 **HF** Afternoon Walk

**12**  
10:00 **HF** Morning Walk  
10:30 **HF** Strength & Balance  
Program 10R/6ft/Mask  
11:00 **LL** Group Crosswords 10R/6ft/Mask  
2:00 **EF** Catchphrase 10R/6ft/Mask  
2:30 **CE** Art Classes with Julianne 10R/6ft/Mask  
4:00 **HF** Afternoon Walk

**19**  
10:00 **HF** Morning Walk  
10:30 **HF** Strength & Balance  
Program 10R/6ft/Mask  
11:00 **LL** Group Crosswords 10R/6ft/Mask  
2:00 **EF** Scattergories® 10R/6ft/Mask  
2:30 **CE** Art Classes with Julianne 10R/6ft/Mask  
4:00 **HF** Afternoon Walk

**26**  
7:00 Infor for Thanksgiving  
10:00 **HF** Morning Walk  
10:30 **HF** Strength & Balance  
Program 10R/6ft/Mask  
11:00 **LL** Group Crosswords 10R/6ft/Mask  
2:00 **EF** Jeopardy 10R/6ft/Mask  
2:30 **CE** Art Classes with Julianne 10R/6ft/Mask  
4:00 **HF** Afternoon Walk

**6**  
10:00 **HF** Morning Walk  
10:30 **HF** Circuit Training 10R/6ft/Mask  
11:00 **EF** Wii® Bowling 10R/6ft/Mask  
2:15 **EF** Bingo with Friends 10R/6ft/Mask (MP)  
3:00 **C** FaceTime-Call Front Desk to book Appt  
4:00 **HF** Afternoon Walk  
4:15 **IS** Shabbat Services Call In

**13**  
10:00 **HF** Morning Walk  
10:30 **HF** Circuit Training 10R/6ft/Mask  
11:00 **EF** Wii® Bowling 10R/6ft/Mask  
2:15 Bingo with Taylor 10R/  
6ft/Mask (MP) (J)  
3:00 **C** FaceTime-Call Front Desk to book Appt  
4:00 **HF** Afternoon Walk  
4:15 **IS** Shabbat Services Call In

**20**  
10:00 **HF** Morning Walk  
10:30 **HF** Circuit Training 10R/6ft/Mask  
11:00 **EF** Wii® Bowling 10R/6ft/Mask  
2:15 Bingo with Taylor 10R/  
6ft/Mask (MP) (J)  
3:00 **C** FaceTime-Call Front Desk to book Appt  
4:00 **HF** Afternoon Walk  
4:15 **IS** Shabbat Services Call In

**27**  
10:00 **HF** Morning Walk  
10:30 **HF** Circuit Training 10R/6ft/Mask  
11:00 **EF** Wii® Bowling 10R/6ft/Mask  
2:15 Bingo with Friends!  
10R/6ft/Mask (MP) (J)  
3:00 **C** FaceTime-Call Front Desk to book Appt  
4:00 **HF** Afternoon Walk  
4:15 **IS** Shabbat Services Call In

**7**  
10:00 **CV** Veterans Parade in Lynbrook!  
10:00 **HF** Morning Walk  
10:30 **HF** Goal Fitness Challenge  
10R/6ft/Mask  
11:00 **LL** News & Views Discussion 10R/6ft/Mask  
2:15 50 Cent Bingo 10R/6ft/Mask (MP) (T)  
3:00 **C** FaceTime-Call Front Desk to book Appt  
4:00 **HF** Afternoon Walk

**14**  
10:00 **HF** Morning Walk  
10:30 **HF** Goal Fitness Challenge  
10R/6ft/Mask  
11:00 **LL** News & Views Discussion 10R/6ft/Mask  
2:15 50 Cent Bingo 10R/6ft/Mask (MP) (T)  
3:00 **C** FaceTime-Call Front Desk to book Appt  
4:00 **HF** Afternoon Walk

**21**  
10:00 **HF** Morning Walk  
10:30 **HF** Goal Fitness Challenge  
10R/6ft/Mask  
11:00 **LL** News & Views Discussion 10R/6ft/Mask  
2:15 Afternoon Bingo with  
Taylor 10R/6ft/Mask (MP) (RL)  
3:00 **C** FaceTime-Call Front Desk to book Appt  
4:00 **HF** Afternoon Walk

**28**  
10:00 **HF** Morning Walk  
10:30 **HF** Goal Fitness Challenge  
10R/6ft/Mask  
11:00 **LL** News & Views Discussion 10R/6ft/Mask  
2:15 Bingo with Taylor 10R/  
6ft/Mask (MP) (RL)  
3:00 **C** FaceTime-Call Front Desk to book Appt  
4:00 **HF** Afternoon Walk



- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- AS** Atria StoryWise

**ROOM LOCATION KEY:**  
Media Room M  
Library LB  
Multi Purpose Room MP

**STAFF KEY:**  
Taylor T  
Julianne J  
Resident Led RL

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