

BREAKFAST

Greek Yogurt Parfait⁺

honey, fresh berries, house-made granola and ground flaxseed

California Avocado Toast

grilled rustic bread, guacamole, bacon, vine-ripened tomato and sunny-side up egg

Breakfast Burrito

chorizo, scrambled eggs, avocado, potato hash, cheddar and pico de gallo

Breakfast Smoothie⁺

blueberries, ginger, yogurt, almond milk and rolled oats

Blackberry Pancakes⁺

local wild blackberries and Vermont maple syrup

Whole Grain Hot Cereal⁺

brown rice, wheat berries, bulgur and oats with golden raisins and brown sugar

Spinach and Feta Frittata^{+ #}

Riverdog Farm cage-free eggs, caramelized onions and thyme

VESTAL'S

RESTAURANT

⁺No concentrated sweets

[#]Gluten free

LUNCH & DINNER

STARTERS

Dungeness Crab Cakes
with roasted corn beurre blanc

Pork Dumplings
with ponzu vinaigrette

SOUP AND SALADS

Garlic Ginger Mussel Soup
with grilled crostini, smoked paprika and shaved fennel

Traditional Caesar Salad
with shaved Parmigiano-Reggiano, croutons and choice of grilled chicken or shrimp

Cobb Salad[#]
with avocado, hard-boiled egg, broccoli, cheese, grape tomatoes and grilled chicken, tossed with ranch dressing

FROM THE DELI

Egg Salad ▫ **Tuna Salad** ▫ **Chicken Salad** ▫ **Ham** ▫ **Turkey**
with lettuce, tomato, onion and pickles, served as a sandwich or wrap
choice of fruit, coleslaw, chips or fries

FROM THE GRILL

choice of fruit, coleslaw, chips or fries

Balsamic-Marinated Chicken Sandwich⁺
with roasted red peppers, provolone and garlic aioli on a brioche bun

Traditional Cheeseburger
with cheddar, lettuce, tomato, red onion and pickles on a brioche bun

ENTRÉES

Skewered Sesame Shrimp[#]
with green apple, jicama and rice wine vinaigrette

Grilled 10 oz. NY Strip Steak^{+ #}
with baked potato and steamed broccoli

Grilled Halibut[#]
with lemon caper sauce, rice pilaf and seasonal vegetables

Grilled Portobello Mushroom^{# v}
with sautéed spinach, roasted red pepper coulis and feta

Braised Rice Noodles⁺
with shredded duck, ginger, garlic and scallions

Veggie Tofu Stir-Fry^v
with ginger, garlic, scallions, baby bok choy, snow peas, long beans and hoisin sauce

Hoisin Barbecue Short Ribs
with jasmine rice and seasonal vegetables

DESSERTS

Blueberry Cobbler à la Mode

Crème Brûlée[#]
with fresh berries

VESTAL'S

RESTAURANT