

Atria HIGHLAND PARK





Stay connected to the people and places you love.

Close to parks and the beauty of the Lake Michigan coast, Atria Highland Park offers older people the benefits of an active life with discreet, 24-hour support from a friendly and caring staff.

Here, each day welcomes new opportunities for fitness, fun, creativity and connection. The cooking, cleaning and home maintenance are all taken care of, so you'll have more time to do the things you love – and discover new interests.

Catch up with neighbors over a chef-prepared breakfast. Take an afternoon yoga class. Join friends for an outing to the Chicago Botanic Garden. Simply relax in the comfort of your private apartment. How you spend each day is up to you.

Atria Highland Park offers a lifestyle of choice, with industry-leading quality standards and care options that can be customized to your needs as they change.

Assisted Living

Discreet support available 24 hours a day from our professional staff. We offer a broad range of services, including:

- Personal care – assistance with activities of daily living, including bathing, grooming, getting dressed and safety checks; escorting to and from daily events
- Medication administration – includes consultation with primary physicians and pharmacies, plus ordering and scheduled reviews by a licensed nurse
- Incontinence management – daytime and overnight assistance

Memory Care

Forward-thinking care in a separate, secure neighborhood for individuals living with Alzheimer's or other forms of dementia.

Short-Term Stays

For those recovering from surgery or an illness, or for those who simply want to see what senior living is like.

Living Options



Your Beautiful Apartment

- Selection of spacious studio, one- and two-bedroom options, most with a kitchenette
- Individual thermostat control
- Housekeeping and linen services
- Emergency alert system and 24-hour security
- Maintenance of apartment, community and grounds

Your Vibrant Community









- Relaxing outdoor spaces including a courtyard, terrace and walking paths
- Inviting common areas including a living room, library and card room
- Fitness center
- Movie theater
- Art studio
- Salon and spa
- Scheduled transportation to local appointments, errands and events
- A pet-friendly environment
- Conveniently located off Route 41 between the Sunset Valley Golf Club and Sunset Woods Park, close to the Highland Park Historical Society and Central Park



Abundant Opportunities



ENGAGE LIFE®

-  Lifelong Learning
-  Health & Fitness
-  Entertainment & Fun
-  Connection
-  Civic Engagement
-  Creative Expression
-  Personal Achievement
-  Inspiration & Spirituality

Engage Life®

Through our Engage Life events program, we take time to learn what you already like to do and what you'd like to try next. Then, we create a robust calendar filled with engaging opportunities for learning, creativity, exercise and spirituality every month. From art classes and guest lectures to social hours and live entertainment, you can remain as active and involved as you like.

Culinary Excellence

We cater to you every day with menus full of flavor, variety and flair. Enjoy chef-prepared meals with table service in the restaurant or casual fare in the café. The private dining room can also be reserved for special occasions. No-concentrated-sweets and no-salt-added diets are easily accommodated, and your requests are always welcome.





The choice to
live well is yours.

Where you live can determine how well you live.

Atria Highland Park offers a vibrant community where opportunities to stay active, eat well, connect with neighbors and achieve personal goals are right outside your apartment door, every day – and just the right amount of support is close at hand.

We believe people belong together. To join the wise people who call Atria home, reach out to us at [847.681.3636](tel:847.681.3636).



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