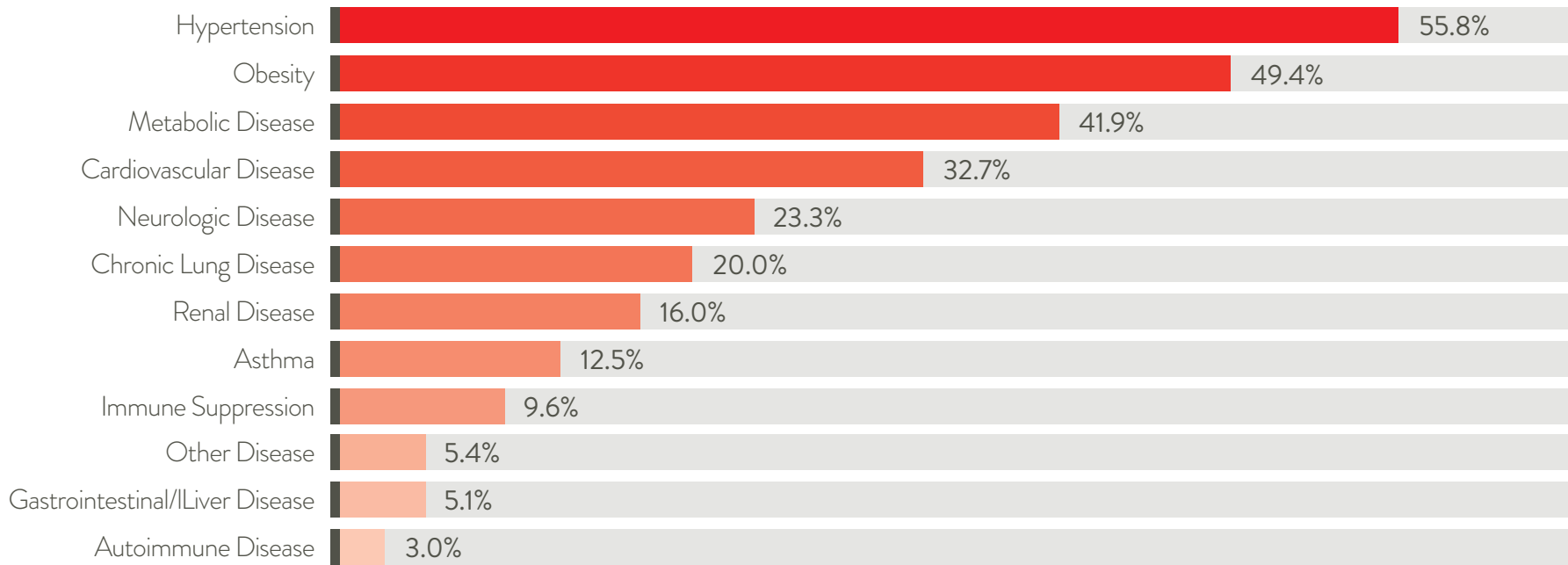


Atria is prepared to thoughtfully and carefully move forward with easing quarantine restrictions. And we envision a “future state” where COVID-19 and other infectious diseases are held at bay as you experience a quality of life that’s even better than before the crisis. Part of that commitment is providing you with the relevant information you need to help protect yourself from the virus.

Recent studies by the Centers for Disease Control and Prevention (CDC) have found that 94% of COVID-19 patients who passed away from virus complications also had a pre-existing chronic health condition, and 88% had two or more. People with the following conditions might be at an increased risk for severe illness from COVID-19:



To help prevent the spread of COVID-19, everyone should:



Clean your hands often, either with soap and water for 20 seconds or a hand sanitizer that contains at least 60% alcohol.



Avoid close contact with people who are sick. Avoid large group gatherings where people are not observing social distancing best practices.



Put **distance** between yourself and other people (at least 6 feet).



Cover your mouth and nose with a cloth face cover when around others.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Clean and disinfect frequently touched objects and surfaces daily.