

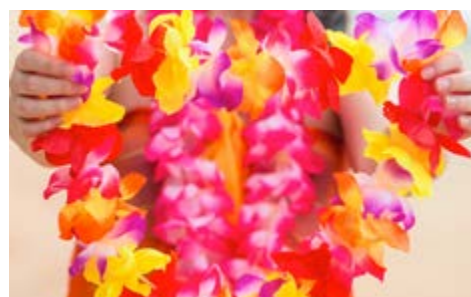
LOOKING FORWARD



NEWPORT BEACH JAZZ FESTIVAL

DATE / FRIDAY 5.29
TIME / 6 PM
LOCATION / NEWPORT DUNES RESORT

Come out and share the cool vibes as Newport's renowned music festival celebrates its 25th anniversary. It's a world-class event with tasty food and drink that's not to be missed.



NEWPORT BEACH LUAU

DATE / FRIDAY 6.5
TIME / 6 PM
LOCATION / COURTYARD

Kick off your summer with an evening filled with tiki cocktails, mouthwatering Hawaiian dishes, an imu pig ceremony and fire dancers.



WHAT WE KNOW ABOUT THE BRAIN (AND WHAT WE DON'T)

DATE / SATURDAY 6.13
TIME / 10:50 AM
LOCATION / GAME ROOM

Journey deep into the brain, the mind and the self as Professor Jessica Payne of the University of Notre Dame reveals startling and exciting recent findings from the world of neuroscience.



MOLECULAR MIXOLOGY COCKTAIL PARTY

DATE / FRIDAY 7.3
TIME / 4 PM
LOCATION / LOUNGE

Our cocktail party will lead you into the world of molecular mixology using highly innovative tools to create unique beverages in this hands-on experience.



FESTIVAL OF LANGUAGES: CULTURES AROUND THE WORLD

DATE / THURSDAY 7.16
TIME / 3:30 PM
LOCATION / GAME ROOM

Learn to write your name in Arabic, American Sign Language, Japanese, Russian and more while exploring culinary tastings from cultures around the world.



COMMUNITY POETRY READING

DATE / WEDNESDAY 7.22
TIME / 7:30 PM
LOCATION / LIBRARY

Bring your own poetry to read, your favorite poem to recite or compose one on the spot at our community poetry reading.

SAMPLE

ATRIA NEWPORT BEACH
PROGRAMS + EVENTS

A curated selection of social events to stimulate lifelong learning.



WHALE WATCHING

DATE / WEDNESDAY 5.6
TIME / 2:30 PM
LOCATION / NEWPORT LANDING

Whether you've had the experience once or many times, seeing these majestic marine mammals is always an exhilarating experience. Join your Atria Newport Beach neighbors for the opportunity to view giant blue, gray and humpback whales.

- PERSONAL ACHIEVEMENT
- HEALTH & FITNESS
- ENTERTAINMENT & FUN

- CIVIC ENGAGEMENT
- LIFELONG LEARNING
- CREATIVE EXPRESSION

- INSPIRATION & SPIRITUALITY
- CONNECTION
- ATRIA STORYWISE



**BREAKFAST AT TIFFANY'S
BRUNCH LECTURE**

DATE / THURSDAY 5.7
TIME / 11 AM
LOCATION / THEATER

“Did I tell you how divinely and utterly happy I am?” If you love the movie *Breakfast at Tiffany's*, you are going to love this event. A film historian from UC Irvine will present the history behind the movie that is loosely based on Truman Capote's 1958 novella. Enjoy a delicious brunch and sip on mimosas while watching clips from this classic movie.



GUIDED MEDITATION WORKSHOP

DATE / TUESDAY 5.12
TIME / 2 PM
LOCATION / YOGA STUDIO

Meditating as a group is uniquely powerful as the shared intention of the group elevates each individual. Whether you're experienced or just beginning, guided meditation can relax your mind, reduce stress and anxiety, improve sleep, and bring more mindfulness to every aspect of your life. You'll learn how to calm your thinking with breathing exercises that will enhance your mind-body connection. Please wear comfortable clothing.

WEEKLY SAMPLE EVENTS

- DAILY** | **CARDIO EXPRESS**
DAILY / 10 AM / FITNESS CENTER

- HAPPY HOUR MIXER**
DAILY / 4:30 PM / LOUNGE TERRACE

- EVENING FILM SHOWING**
DAILY / 7:45 PM / THEATER

- SUN.** | **COMMUNITY RANDOM ACTS OF KINDNESS**
SUNDAYS / 11 AM / ENGAGE LIFE® CENTER

- LIVE ENTERTAINMENT**
SUNDAYS / 3:30 PM / LOUNGE

- BARRE CIRCUIT FITNESS**
SUNDAYS / 6 PM / FITNESS CENTER

- MON.** | **AROMATHERAPY**
MONDAYS / 11 AM / YOGA STUDIO

- STOCK MARKET WATCH**
MONDAYS / 2 PM / LIVING ROOM

- EXPLORING LITERATURE**
MONDAYS / 3 PM / LIBRARY

- TRIP TO FASHION ISLAND**
MONDAYS / 4:30 PM / MEET IN LOBBY

- TUE.** | **BALLROOM DANCING**
TUESDAYS / 10 AM / FITNESS CENTER

- GLASS FUSION JEWELRY DESIGN**
TUESDAYS / 11 AM / ENGAGE LIFE CENTER

- TRUE STORIES IN 100 WORDS**
TUESDAYS / 12:30 PM / LIVING ROOM

- OPERA APPRECIATION**
TUESDAYS / 2:30 PM / THEATER

- WED.** | **AMERICAN HISTORY LECTURE**
WEDNESDAYS / 2 PM / THEATER

- BRIDGE GAMES**
WEDNESDAYS / 3 PM / GAME ROOM

- THEATER GROUP MEETING**
WEDNESDAYS / 4 PM / THEATER

- TOY MAKING FOR NEWPORT BEACH
ANIMAL SHELTER**
WEDNESDAYS / 5 PM / ENGAGE LIFE CENTER

- THE ART OF CLAY**
1ST & 3RD WEDNESDAY / 11 AM / ENGAGE LIFE CENTER

- COMMUNION & ROSARY**
2ND & 4TH WEDNESDAY / 11 AM / ENGAGE LIFE CENTER

- THU.** | **RESTORATIVE YOGA**
THURSDAYS / 10 AM / YOGA STUDIO

- KNITTING & CROCHETING FOR A CAUSE**
THURSDAYS / 11 AM / ENGAGE LIFE CENTER

- GRAYSCALE PORTRAIT WORKSHOP**
THURSDAYS / 3:30 PM / ENGAGE LIFE CENTER

- CLASSIC SHORT STORIES**
THURSDAYS / 6:45 PM / LIBRARY

- POKER TOURNAMENT**
1ST & 3RD THURSDAY / 2 PM / GAME ROOM

- MEN'S CLUB**
2ND & 4TH THURSDAY / 11:30 AM / GAME ROOM

- FRI.** | **THE WEEKLY: CURRENT EVENTS +
GLOBAL NEWS TODAY**
FRIDAYS / 9 AM / BISTRO

- BOARDWALK POWER WALK URBAN STROLL**
FRIDAYS / 10 AM / MEET IN LOBBY

- UC IRVINE WRITING WORKSHOP**
FRIDAYS / 11 AM / ENGAGE LIFE CENTER

- CANASTA**
FRIDAYS / 2 PM / GAME ROOM

- IMAGINE VACATION – GOOGLE EXPEDITIONS**
FRIDAYS / 3:30 PM / ENGAGE LIFE CENTER

- SAT.** | **POETS & POETRY**
SATURDAYS / 11 AM / ENGAGE LIFE CENTER

- L'AUTRE CLUB FRANÇAIS**
SATURDAYS / 2 PM / ENGAGE LIFE CENTER

- LIVE ENTERTAINMENT**
SATURDAYS / 3:30 PM / LOUNGE TERRACE