

Atria HILLCREST





An active lifestyle with the support that makes it possible.

Welcome to Atria Hillcrest, an elegant senior living residence serving older people in Thousand Oaks.

Tucked beneath majestic California oaks, you'll find a welcoming community with daily opportunities to socialize, pursue new interests or simply relax.

But what you might appreciate most is the friendly, personal service and discreet care you'll receive from our exceptionally dedicated, professional staff.

It's an intimate, inviting environment where you can live more independently – with the support that makes it possible.

Atria Hillcrest provides a lifestyle of choice, with industry-leading quality standards and care options that can be customized to your needs as they change.

Independent Living

An active lifestyle without the burdens of maintaining a home.

Assisted Living

Discreet support available 24 hours a day from our professional staff. We offer a broad range of services, including:

- Personal care – assistance with activities of daily living, including bathing, grooming, getting dressed and safety checks; escorting to and from daily events
- Medication assistance – includes consultation with primary physicians and pharmacies, plus ordering and scheduled reviews by a licensed nurse
- Incontinence management – daytime and overnight assistance

Life Guidance® Memory Care

Forward-thinking care in a separate, secure neighborhood for individuals living with Alzheimer's or other forms of dementia.

Short-Term Stays

For those recovering from surgery or an illness, or for those who simply want to see what senior living is like.



Living Options

Your Beautiful Apartment

- A selection of studio, one- and two-bedroom options, some with balcony, kitchenette and walk-in closets
- Individual thermostat control
- Emergency alert system and 24-hour security
- Housekeeping and linen services
- Maintenance of apartment, community and grounds

Your Vibrant Community









- Landscaped courtyard shaded by 300-year-old oak trees
- Library, outdoor fireplace, customized movie theater, technology center and salon and spa
- Restaurant with outdoor seating and a 24-hour bistro
- Ladies club, horse racing club, walking club, book club and choral group
- On-site physical therapist available by appointment
- Scheduled transportation for local appointments, errands and events
- A pet-friendly environment
- Planned outings to luncheons, movies, shopping and attractions such as the Gardens of the World
- Wooded residential location minutes from Kaiser Permanente medical offices



Abundant Opportunities



ENGAGE LIFE®

-  Lifelong Learning
-  Health & Fitness
-  Entertainment & Fun
-  Connection
-  Civic Engagement
-  Creative Expression
-  Personal Achievement
-  Inspiration & Spirituality

Engage Life®

Through our Engage Life events program, we take time to learn what you already like to do and what you'd like to try next. Then, we create a robust calendar filled with engaging opportunities for learning, creativity, exercise and spirituality every month. From physical and cognitive fitness programs to Bible studies and art workshops, you can remain as active and involved as you like.

Culinary Excellence

We cater to you every day with menus full of flavor, variety and flair. Enjoy chef-prepared meals with table service in the restaurant or casual fare in the bistro. The private dining room can also be reserved for special occasions. No-concentrated-sweets and no-salt-added diets are easily accommodated, and your requests are always welcome.



You can have it all.



The freedom to live as you choose – in the area you know and love.

An active community with endless opportunities to socialize, learn, experience and simply enjoy life.

The company of engaging neighbors, and the service and support of a caring, professional staff.

Join us at Atria Hillcrest.

To arrange a personal appointment, contact us at 805.373.0606.



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