

# BREAKFAST

choice of bread: white, wheat or rye; served with butter, peanut butter or jelly

## Eggs Any Style

choice of bacon,  
turkey bacon or  
pork sausage

## Buttermilk Pancakes

served with syrup

## Belgian Waffles

served with syrup

## LIGHTER FARE

Fresh Fruit Cup

Cottage Cheese

Oatmeal

# LUNCH & DINNER

## SALADS

chicken or shrimp can be added

### Chef Salad

mixed greens, tomatoes,  
cucumbers, onions and carrots

### Caesar Salad

crisp romaine,  
egg and croutons

## FROM THE DELI

with lettuce, tomato and onion; served with choice of Baked Lays,  
sweet potato waffle fries, steak fries or fresh fruit

### Cranberry-Pecan Chicken Salad

Albacore Tuna Salad

Pimento Cheese

### Sliced Ham

Sliced Turkey Breast

BLT

## FROM THE GRILL

with lettuce, tomato and onion; served with choice of Baked Lays,  
sweet potato waffle fries, steak fries or fresh fruit

Char-Grilled Angus Beef Patty

Char-Grilled Turkey Burger

Char-Grilled Chicken Breast

Hebrew National All-Beef Hot Dog

## ENTRÉES

served with choice of two sides

Grilled Sirloin Steak with  
Sautéed Mushrooms

Angel Hair Pasta with Marinara

Shrimp Scampi with Angel Hair Pasta

Grilled Ham Steak and Eggs

### Omelet

with choice of three fillings:  
bacon, ham, tomato, spinach, mushroom  
and cheese

## ARBORETUM FAVORITES

### Trio Salad Plate

chicken salad, tuna salad  
and pimento cheese

### Fresh Fruit Plate

seasonal fruits and berries

## DESSERTS

French Cream Cheesecake with Berries

Fruit Pie  
(no sugar added)

Baked Cookies

Raspberry Sorbet

Ice Cream  
vanilla, fat-free vanilla,  
chocolate, strawberry