

*Atria* LYNBROOK





## Attractively located and unmistakably Long Island.

Just a few minutes east of the greatest city in the world – and just a few minutes west of some of the greatest beaches in the world – there’s no place quite like Long Island. But being a Long Islander is about more than where we live. It’s about *how* we live, and the connection we feel to the people and culture of our unique place in the world.

At Atria Lynbrook, you won’t miss any of it because it’s all right here – along with a tenured staff dedicated to giving you the support you need to maintain the lifestyle you love.

Go shopping in the city, join neighbors for an afternoon walk or enjoy a few laughs with friends over dinner. At Atria, the choice is always yours.

Atria Lynbrook provides a lifestyle of choice, with industry-leading quality standards and care options that can be customized to your needs as they change.

### **Independent Living**

An active lifestyle without the burdens of maintaining a home.

### **Supportive Living**

Discreet assistance available 24 hours a day from our professional staff. We offer a broad range of services, including:

- Personal care – assistance with activities of daily living, including bathing, grooming, getting dressed and safety checks; escorting to and from daily events
- Medication assistance – includes consultation with primary physicians and pharmacies, plus ordering and scheduled reviews by a licensed nurse
- Incontinence management – daytime and overnight assistance

### **Memory Care**

Forward-thinking care in a separate, secure neighborhood for individuals living with Alzheimer's or other forms of dementia.

# Living Options

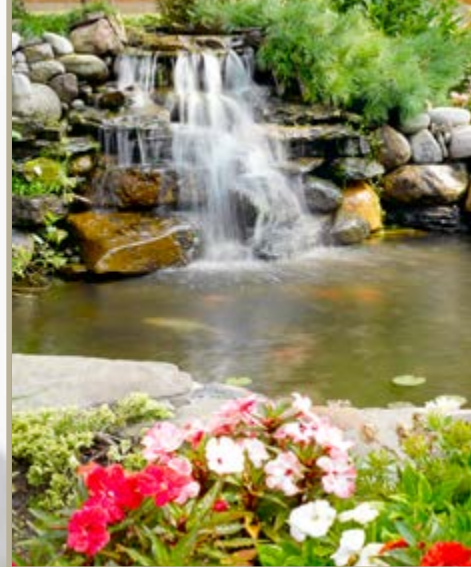


## Your Beautiful Apartment

- Studio and one-bedroom options
- Selection of floor plans
- Individual thermostat control
- Housekeeping and laundry services
- Emergency alert system and 24-hour security
- Maintenance of apartment, community and grounds

## Your Vibrant Community









- Residential location on Long Island's South Shore, close to beaches, museums, theaters, restaurants and the Long Island Rail Road
- Unique, circular-shaped community designed to promote participation
- All amenities and common areas conveniently located on first floor
- Courtyard with koi pond and waterfall
- Scheduled transportation for local appointments, errands and outings
- Full-time concierge
- Physical therapy available on-site
- A pet-friendly environment
- Regular outings to Broadway shows, museums, Yankee Stadium and outdoor concerts in Eisenhower Park



# Abundant Opportunities



ENGAGE LIFE®

-  Lifelong Learning
-  Health & Fitness
-  Entertainment & Fun
-  Connection
-  Civic Engagement
-  Creative Expression
-  Personal Achievement
-  Inspiration & Spirituality

## Engage Life®

Through our signature Engage Life program, we take time to learn what you already like to do and what you'd like to try next. Then, we create a robust calendar filled with engaging opportunities for learning, creativity, exercise and spirituality every month. From guest lectures and live musical performances to our annual Grandparents Day and Veterans Day celebrations, you can remain as active and involved as you like.

## Culinary Excellence

Our talented culinary staff caters to you every day with menus full of flavor, variety and flair. Enjoy delicious cuisine with table service in our dining room, or reserve our private dining room for special occasions. We're happy to accommodate no-concentrated-sweets and no-salt-added diets, and your suggestions are always welcome.





You can have it all.

**The freedom to live as you choose – in the area you know and love.**

A lively community with endless opportunities to socialize, learn, experience and simply enjoy life.

The company of welcoming neighbors, and the service and support of a caring, professional staff.

Join us at Atria Lynbrook.

To arrange a personal appointment, contact us at 516.596.2700.



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Provision of ALR/EALR/SNALR services will commence upon approval of licensure by the New York State Department of Health.