Situated in a scenic coastal resort town, Atria Scarborough offers a lifestyle of ease and opportunity with discreet, 24-hour support to help older adults live independently.

Here, you’ll greet each morning with a flavorful, chef-prepared breakfast and look ahead to a day filled with possibilities. Choose from a full calendar of events designed for fitness, fun and creativity, and enjoy new experiences while connecting with your neighbors.

Gather with friends for a group outing to the Winslow Homer Studio. Keep your green thumb in great shape by joining the gardening club. Or just relax in your comfortable apartment.

At Atria, the choice is always yours.
Atria Scarborough provides a lifestyle of choice, with industry-leading quality standards and care options that can be customized to your needs as they change.

**Independent Living**
An active lifestyle without the burdens of maintaining a home.

**Assisted Living**
Discreet support available 24 hours a day from our professional staff. We offer a broad range of services, including:

1. Personal care – assistance with activities of daily living, including bathing, grooming, getting dressed and safety checks; escorting to and from daily events
2. Medication administration – includes consultation with primary physicians and pharmacies, plus ordering and scheduled reviews by a licensed nurse
3. Incontinence management – daytime and overnight assistance

**Life Guidance® Memory Care**
Forward-thinking care in a separate, secure neighborhood for individuals living with Alzheimer’s or other forms of dementia.

**Short-Term Stays**
For those recovering from surgery or an illness, or for those who simply want to test the waters of community living.
Your Beautiful Apartment

- Studio and one-bedroom options
- Kitchenette in independent and assisted living apartments
- Individual thermostat control
- Emergency alert system and 24-hour security
- Housekeeping, linen and personal laundry services
- Maintenance of apartment, community and grounds

Your Vibrant Community

- Outdoor courtyard with gardens and walking paths
- Indoor gathering spaces including a living room and a library
- Art studio
- Fitness center
- Salon and barber shop
- Movie theater
- Concierge service
- Scheduled transportation to local appointments, errands and events
- A pet-friendly environment
- Location seven miles south of Portland and convenient to beaches, nature preserves, shopping, dining and Scarborough Downs
Engage Life

Through our signature Engage Life program, we take time to learn what you already like to do and what you’d like to try next. Then, we create a robust calendar of more than 200 engaging opportunities for learning, creativity, exercise and spirituality every month. From cocktail hours and iPad® games to crafting workshops, you can remain as active and involved as you like.

Culinary Excellence

Our talented culinary staff caters to you every day with menus full of flavor, variety and flair. Enjoy delicious cuisine with table service in our restaurant, or reserve our private dining room for special occasions. Our two cafés also offer lighter fare throughout the day. No-concentrated sweets and no-salt-added diets are easily accommodated, and your requests are always welcome.

iPad® is a registered trademark of Apple, Inc.
The freedom to live as you choose – in the area you know and love.

An active community with endless opportunities to socialize, learn, explore and simply enjoy life.

The company of warm and friendly neighbors, and the service and support of a caring, professional staff.

Join us at Atria Scarborough.

To arrange a personal appointment, contact us at 207.883.3889.