

Atria STONY BROOK





Proudly serving older adults and their families in Louisville's east end since 1999.

Atria Stony Brook is an inviting community where older adults can remain close to their families and friends while living independently, with support from a friendly, professional 24-hour staff.

Bright, welcoming common spaces, comfortable amenities and unique service offerings like all-day dining set our community apart. And an especially robust social calendar provides daily opportunities to stay involved, connect with others – and just have fun.

Invite the family for a weekend barbecue. Join neighbors for a shopping excursion. Or catch a movie with friends before capping off the evening with coffee and conversation.

At Atria, the choice is always yours.

Atria Stony Brook provides a lifestyle of choice, with industry-leading quality standards and care options that can be customized to your needs as they change.

Independent Living

An active lifestyle without the burdens of maintaining a home.

Assisted Living

Discreet support available 24 hours a day from our professional staff. We offer a broad range of services, including:

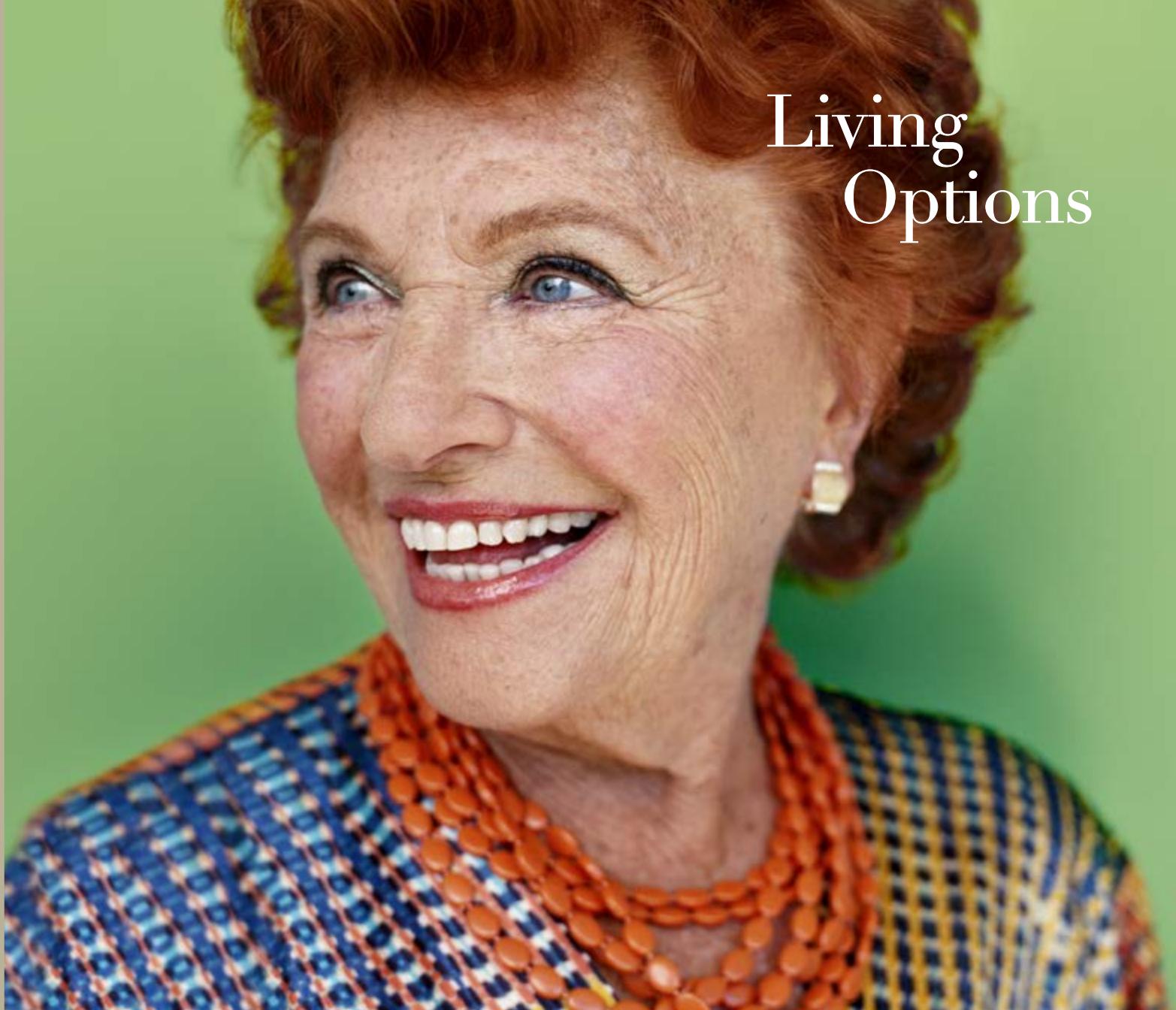
- Personal care – assistance with activities of daily living, including bathing, grooming, getting dressed and safety checks; escorting to and from daily events
- Medication reminders – includes consultation with primary physicians and pharmacies, plus ordering and scheduled reviews by a licensed nurse
- Incontinence management – daytime and overnight assistance

Life Guidance® Memory Care

Forward-thinking care in a separate, secure neighborhood for individuals living with Alzheimer's or other forms of dementia.

Short-Term Stays

For those recovering from surgery or an illness, or for those who simply want to test the waters of community living.



Living Options

Your Beautiful Apartment

- Studio, one- and two-bedroom options
- Selection of floor plans
- Kitchen or kitchenette
- Individual thermostat control
- Emergency alert system and 24-hour security
- Housekeeping and linen services
- Maintenance of apartment, community and grounds

Your Vibrant Community

- Spacious front porch and screened-in back porch with plenty of seating
- Multiple courtyards with walking paths and comfortable benches
- Game room and flexible art studio space
- Physical therapy services on-site
- Scheduled transportation to local appointments, errands and events
- A pet-friendly environment
- Active civic and social clubs, including a volunteer club, Red Hat Society® and “Buds and Suds” men’s club
- Regular outings to local attractions like the Derby Dinner Playhouse, Churchill Downs and the Falls of the Ohio



Abundant Opportunities



ENGAGE LIFE®

- 🍌 Lifelong Learning
- 🍇 Health & Fitness
- 🍌 Entertainment & Fun
- 🍌 Connection
- 🍌 Civic Engagement
- 🍌 Creative Expression
- 🍌 Personal Achievement
- 🍌 Inspiration & Spirituality

Engage Life®

Through our signature Engage Life program, we take time to learn what you already like to do and what you'd like to try next. Then, we create a robust calendar of more than 200 engaging opportunities for learning, creativity, exercise and spirituality every month. From live musical performances and painting classes to Zumba® sessions and volunteer opportunities, you can remain as active and involved as you like.

Culinary Excellence

Our talented culinary staff caters to you every day with menus full of flavor, variety and flair. Enjoy delicious cuisine with table service from 7:30 am to 6:30 pm in our dining room, or reserve our private dining room for special occasions. Our café also offers lighter fare throughout the day. No-concentrated-sweets and no-salt-added diets are easily accommodated, and your requests are always welcome.

Zumba® is a registered trademark of Zumba Fitness, LLC.





You can have it all.

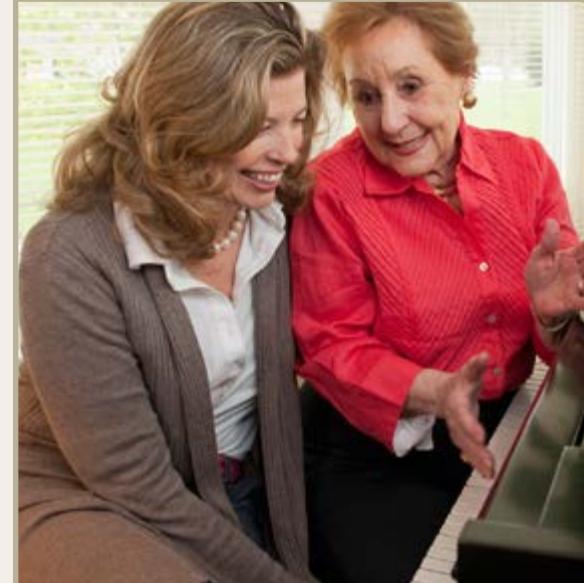
The freedom to live as you choose – in the area you know and love.

An active community with endless opportunities to socialize, learn, contribute and simply enjoy life.

The company of warm and friendly neighbors, and the service and support of a caring, professional staff.

Join us at Atria Stony Brook.

To arrange a personal appointment, contact us at 502.499.1393.



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3451 South Hurstbourne Parkway | Louisville, Kentucky
502.499.1393 | AtriaStonyBrook.com