

ENGAGE LIFE[®]

Monthly Calendar of Events and Programming



Featured Events this Month:

Art Workshop- Seasonal Wreaths

Thursday, October 8, 2:30 PM

100 Acts of Gratitude Project

Friday, October 23, 1:30 PM

Halloween Costume Parade

Friday, October 30, 3:30 PM

Atria
SENIOR LIVING

Atria
SENIOR LIVING

OCTOBER 2020

ATRIA HIGHLAND PARK engage life®

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE

- PA **Personal Achievement**
- HF **Health & Fitness**
- EF **Entertainment & Fun**
- CV **Civic Engagement**
- LL **Lifelong Learning**
- CE **Creative Expression**
- IS **Inspiration & Spirituality**
- C **Connection**
- AW **Atria StoryWise**

ROOM LOCATION KEY:

- In-Room IR
- Club Room CR
- Art Studio AS
- 2nd Floor Terrace T2
- Outing BUS
- Bistro B
- Movie Theater MT
- Fitness Center FC
- Lobby L
- Library LIB
- 2nd Floor Living Room LV

STAFF KEY:

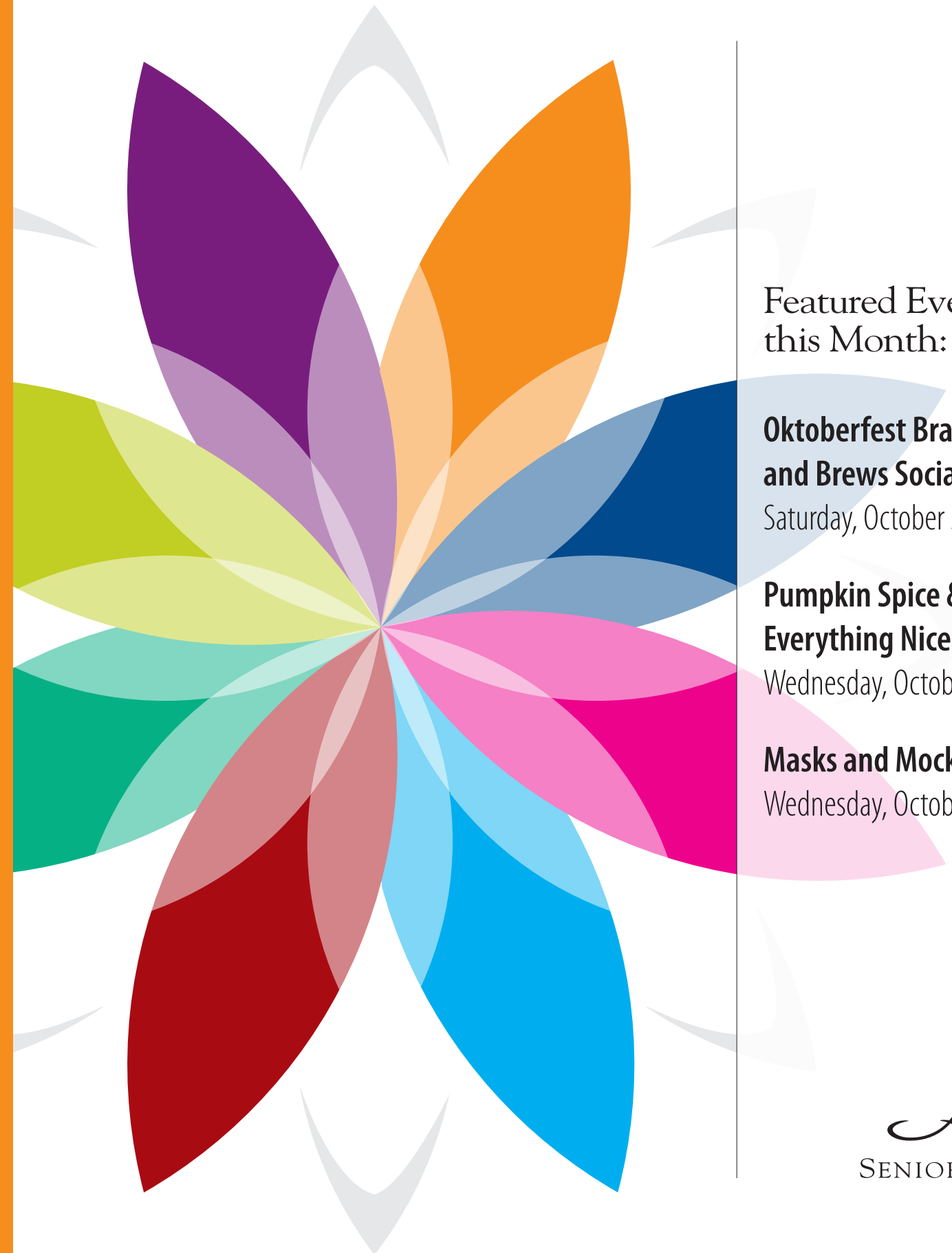
- RSA
- Resident Services Assistant Sarah
- RSA
- ELD

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Rummikub® is a registered trademark of Rummikub.
Scrabble® is a registered trademark of Hasbro, Inc.
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<p>4</p> <p>9:45 Church Outings</p> <p>10:00 HF Building Strength with Bands and Balls (ELC)</p> <p>11:00 LL iPad®: Brain Fitness Challenge (ELC)</p> <p>1:30 C Midday Family Movie Special (MT)</p> <p>2:15 HF Open Fitness Center Training (FC)</p> <p>3:00 EF Musical Tribute to the 50's (LL)</p> <p>7:00 EF Food Through Film</p>	<p>5</p> <p>10:00 HF Cardio Blast Fitness (ELC)</p> <p>11:00 Engage Your Brain - Word Power (ELC)</p> <p>11:30 LL TED Talks (MT)</p> <p>1:30 Afternoon Comedy (MT)</p> <p>1:45 C Scrabble® Club (B)</p> <p>2:00 LL Google™ Expeditions - iPad®</p> <p>2:00 HF Guided Afternoon Strolls (LOB)</p> <p>3:00 EF Jeopardy!® Tournament (ELC)</p> <p>4:00 IS Aromatherapy Class (ELC)</p> <p>7:00 Evening Movie - Residents' Choice (MT)</p>	<p>6</p> <p>8:15 IS Catholic Communion (LIB)</p> <p>10:00 HF Low-Impact Aerobics (ELC)</p> <p>11:00 LL Book Share: What's the Tile? (LIB)</p> <p>2:00 HF Strength Building with Weights (FC)</p> <p>2:00 CE Your Artistic Spirit: Mixed Media</p> <p>3:00 PA Resident Council Meeting (ELC)</p> <p>3:30 Rummikub® (B)</p> <p>6:30 LL History of Chicago Lecture Series (CR)</p> <p>7:00 Comedy Movie Night (MT)</p>	<p>7</p> <p>10:00 HF Yoga for All Levels (FC)</p> <p>11:00 LL Technology Tutoring (B)</p> <p>1:30 Afternoon Matinee (MT)</p> <p>2:00 HF Open Fitness Center Training (ELC)</p> <p>2:30 EF Don't Worry Be Frappe' Coffee "Bar" (IR) (ELD)</p> <p>2:30 CV Supporting the Troops (ELC)</p> <p>7:00 Evening Movie- Romance (MT)</p>	<p>8</p> <p>10:00 HF Fitness for Upper Body Strength (ELC)</p> <p>11:00 LL News Around the World Discussion (LL)</p> <p>1:30 IS Rosary Prayer Group (LIB)</p> <p>1:30 Afternoon Matinee (MT)</p> <p>2:00 HF Open Fitness Center Training (FC)</p> <p>2:30 CE Art Workshop- Seasonal Wreaths (AS) (ELD)</p> <p>6:30 LL Book Club</p>	<p>9</p> <p>10:00 HF Strength and Balance Training (ELC)</p> <p>11:00 LL The Great Courses Lecture Series (MT)</p> <p>1:30 Afternoon Matinee (MT)</p> <p>2:00 EF Live Music Entertainment (ELC)</p> <p>2:00 HF Walking Fitness Trail (ELC)</p> <p>3:30 EF StoryWise™ (B)</p> <p>4:00 LL World Culture (LIB)</p> <p>6:30 IS Shabbat Service</p>	<p>10</p> <p>10:00 HF Total Body Workout (ELC)</p> <p>11:00 CE Poetry Reading (LIB)</p> <p>1:30 EF Puzzle Challenge (ELC) (RSA)</p> <p>2:00 HF NuStep To A New You (FC)</p> <p>3:00 C Brews and Views Men's Club (CR) (RSA)</p> <p>3:00 EF StoryWise™ - Dear Future Edition</p> <p>4:00 LL Master Class (MT)</p> <p>7:00 Netflix® Viewers' Choice (MT)</p>
<p>11</p> <p>9:45 Church Outings</p> <p>10:00 HF Building Strength with Bands and Balls (ELC)</p> <p>11:00 LL iPad®: Brain Fitness Challenge (ELC)</p> <p>1:00 Excursion Sunday</p> <p>1:30 C Midday Family Movie Social (MT)</p> <p>2:00 EF Live Music Entertainment (ELC)</p> <p>2:00 PA New York Times Crossword - iPad®</p> <p>2:15 HF Open Fitness Center Training (FC)</p> <p>7:00 Feature Film Night (MT)</p>	<p>12</p> <p>10:00 HF Cardio Blast Fitness (ELC)</p> <p>11:00 Engage Your Brain - Word Power (ELC)</p> <p>11:30 LL TED Talks (MT)</p> <p>1:30 Afternoon Matinee (MT)</p> <p>1:45 C Scrabble® Club (B)</p> <p>3:00 LL Culinary Creations: S'mores Bar</p> <p>3:00 HF Zumba® - Dance to the Music Fitness</p> <p>4:00 IS Aromatherapy Class (ELC)</p> <p>7:00 Evening Movie - Residents' Choice (MT)</p>	<p>13</p> <p>8:15 IS Catholic Communion (LIB)</p> <p>10:00 HF Low-Impact Aerobics (ELC)</p> <p>11:00 LL Reader's Theater (LIB)</p> <p>1:30 Movie Matinee (MT)</p> <p>2:00 HF Strength Building with Weights (FC)</p> <p>3:30 Rummikub® (B)</p> <p>4:00 EF Mixology 101 (LL)</p> <p>6:30 LL World Culture: Italy</p> <p>7:00 Comedy Movie Night (MT)</p>	<p>14</p> <p>10:00 HF Yoga for All Levels (ELC)</p> <p>11:00 LL What's Trending (LG)</p> <p>12:00 PA Highland Park Ambassador Lunch Meeting</p> <p>1:30 Afternoon Matinee (MT)</p> <p>1:45 CE Canvas Masterpieces (AS)</p> <p>2:00 HF Guided Afternoon Strolls (LOB)</p> <p>2:30 EF Harvest Happy Hour (CR) (ELD)</p> <p>2:30 CV Words of Encouragement for Armed Forces (ELC)</p> <p>6:30 EF StoryWise™: Thought of the Week (B)</p> <p>7:00 Evening Movie- Romance (MT)</p>	<p>15</p> <p>10:00 HF Fitness for Upper Body Strength (ELC)</p> <p>11:00 LL News Around the World Discussion (LL)</p> <p>1:30 IS Rosary Prayer Group (LIB)</p> <p>1:30 Afternoon Matinee (MT)</p> <p>2:00 HF Guided Afternoon Strolls (LOB)</p> <p>2:30 CE Open Art Studio - Individual Projects (AS)</p> <p>3:00 PA Food for Thought with Chef (ELC)</p> <p>6:30 LL Book Club</p>	<p>16</p> <p>10:00 HF Strength and Balance Training (ELC)</p> <p>1:30 Afternoon Matinee (MT)</p> <p>2:00 HF Walking Fitness Trail (ELC)</p> <p>3:30 EF StoryWise™ (B)</p> <p>4:00 LL World Culture (LIB)</p> <p>6:30 IS Shabbat (CR) (RSA)</p> <p>6:30 LL The Great Courses</p>	<p>17</p> <p>10:00 HF Total Body Workout (ELC)</p> <p>11:00 CE Poetry Reading (LIB)</p> <p>1:30 EF Puzzle Challenge (ELC) (RSA)</p> <p>2:00 HF NuStep To A New You (FC)</p> <p>3:00 C Brews and Views Men's Club (CR) (RSA)</p> <p>3:00 Crossword Puzzle (ELC)</p> <p>4:00 LL Master Class (MT)</p> <p>7:00 Netflix® Viewers' Choice (MT)</p>
<p>18</p> <p>9:45 Church Outings</p> <p>10:00 HF Building Strength with Bands and Balls (ELC)</p> <p>11:00 LL iPad®: Brain Fitness Challenge (ELC)</p> <p>1:15 Chicago Architecture Boat Tour</p> <p>1:30 C Midday Family Movie Matinee (MT)</p> <p>2:15 HF Open Fitness Center Training (FC)</p> <p>3:00 EF Karaoke to the Classics (LL)</p> <p>7:00 EF Food Through Film</p>	<p>19</p> <p>10:00 HF Cardio Blast Fitness (ELC)</p> <p>11:00 Engage Your Brain - Word Power (ELC)</p> <p>11:30 LL TED Talks (MT)</p> <p>1:30 Afternoon Matinee (MT)</p> <p>1:45 C Scrabble® Club (B)</p> <p>2:00 HF Zumba® - Dance to the Music Fitness (ELC)</p> <p>3:00 LL You Can YouTube®</p> <p>4:00 IS Aromatherapy Class (ELC)</p> <p>7:00 Evening Movie - Residents' Choice (MT)</p>	<p>20</p> <p>8:15 IS Catholic Communion (LIB)</p> <p>10:00 HF Low-Impact Aerobics (ELC)</p> <p>1:00 Clay Creations</p> <p>1:30 Movie Matinee (MT)</p> <p>2:00 HF Strength Building with Weights (FC)</p> <p>3:00 LL Masters of Louvre (ELC)</p> <p>3:30 Rummikub® (B)</p> <p>6:30 LL Lecture Series: Wonders of the World</p> <p>7:00 Comedy Movie Night (MT)</p>	<p>21</p> <p>10:00 HF Yoga for All Levels (ELC)</p> <p>11:00 LL Technology Tutoring (B)</p> <p>1:30 Afternoon Matinee (MT)</p> <p>1:45 CE Joyful Brushstrokes (AS)</p> <p>2:00 HF Open Fitness Center Training (FC)</p> <p>2:30 EF Masks and Mimosas (CR) (ELD)</p> <p>3:00 PA Monthly Engage Life® Programming Meeting (ELC)</p> <p>6:30 EF StoryWise™: Thought of the Week (B)</p> <p>7:00 Evening Movie- Romance (MT)</p>	<p>22</p> <p>10:00 HF Fitness for Upper Body Strength (ELC)</p> <p>11:00 LL Current Events Discussion (LL)</p> <p>1:30 EF Horticultural Therapy</p> <p>1:30 IS Rosary Prayer Group (LIB)</p> <p>1:30 Afternoon Matinee (MT)</p> <p>2:30 CE Open Art Studio - Individual Projects (AS)</p> <p>6:30 LL Book Club</p>	<p>23</p> <p>10:15 HF Strength and Balance Training (ELC)</p> <p>11:00 IS Shabbat with Rabbi Yoshi</p> <p>1:30 IS 100 Acts of Gratitude Project (ELD)</p> <p>2:00 EF Live Music Entertainment (ELC)</p> <p>2:00 HF Walking Fitness Trail (ELC)</p> <p>3:30 EF StoryWise™ (B)</p> <p>4:00 LL World Culture (LL)</p> <p>6:30 LL The Great Courses</p>	<p>24</p> <p>10:00 HF Total Body Fitness (ELC)</p> <p>11:00 CE Poetry Readings (LIB)</p> <p>1:30 EF Puzzle Challenge (ELC)</p> <p>2:00 HF NuStep To A New You (FC)</p> <p>3:00 Crossword Puzzle (ELC)</p> <p>3:00 C Brews and Views Men's Club (CR) (RSA)</p> <p>4:00 LL Master Class (MT)</p> <p>7:00 Netflix® Viewers' Choice (MT)</p>
<p>25</p> <p>9:45 Church Outings</p> <p>10:00 HF Building Strength with Bands and Balls (ELC)</p> <p>11:00 LL iPad®: Brain Fitness Challenge (ELC)</p> <p>1:15 Excursion Sunday</p> <p>1:30 C Midday Family Movie Special (MT)</p> <p>2:00 PA New York Times Crossword - iPad®</p> <p>2:15 HF Open Fitness Center Training (FC)</p> <p>3:00 EF Highland Park Favorite Performance</p> <p>7:00 EF Food Through Film</p>	<p>26</p> <p>10:00 HF Cardio Blast Fitness (ELC)</p> <p>11:00 Engage Your Brain - Word Power (ELC)</p> <p>11:30 LL TED Talks (MT)</p> <p>1:30 Afternoon Matinee (MT)</p> <p>1:45 C Scrabble® club (B)</p> <p>2:00 HF Zumba® - Dance to the Music Fitness (ELC)</p> <p>3:00 EF Jeopardy!® Tournament (ELC)</p> <p>4:00 IS Aromatherapy Class (ELC)</p> <p>7:00 Evening Movie - Residents' Choice (MT)</p>	<p>27</p> <p>8:15 IS Catholic Communion (LIB)</p> <p>10:00 HF Low-Impact Aerobics (ELC)</p> <p>11:00 LL Short Stories: Lovers of Mystery (LIB)</p> <p>1:30 Movie Matinee (MT)</p> <p>2:00 HF Strength Building with Weights (FC)</p> <p>2:30 EF Banana Split Bar & Bananagrams®</p> <p>3:30 Rummikub®</p> <p>4:00 EF Mixology 101 (LL)</p> <p>7:00 Comedy Movie Night (MT)</p> <p>7:00 PA Ambassador Hosted Mixer (LL)</p>	<p>28</p> <p>10:00 HF Yoga for All Levels (ELC)</p> <p>11:00 LL What's Trending (LG)</p> <p>1:30 Afternoon Matinee (MT)</p> <p>1:45 CE Beading and Jewelry Design (AS)</p> <p>2:00 HF Zumba®-Dance to the music fitness (ELC)</p> <p>2:30 EF Halloween Happy Hour (CR) (ELD)</p> <p>2:30 CV Words of Encouragement/ Armed Forces (ELC)</p> <p>6:30 EF StoryWise™: Thought of the Week (B)</p> <p>7:00 Evening Movie- Romance (MT)</p>	<p>29</p> <p>10:00 HF Fitness for Upper Body Strength (ELC)</p> <p>11:00 LL Current Events Discussion (LL)</p> <p>1:30 IS Rosary Prayer Group (LIB)</p> <p>1:30 Afternoon Matinee (MT)</p> <p>2:00 HF Guided Afternoon Strolls (LOB)</p> <p>2:30 CE Open Art Studio - Individual Projects (AS)</p> <p>6:30 LL Book Club</p>	<p>30</p> <p>10:00 HF Strength and Balance Training (ELC)</p> <p>11:00 LL The Great Courses Lecture Series (MT)</p> <p>1:30 Afternoon Matinee (MT)</p> <p>3:30 EF Halloween Costume Parade (L) (ELD)</p> <p>6:30 IS Shabbat Service</p>	<p>31</p> <p>10:00 HF Total Body Workout</p> <p>11:15 CE Poetry Readings</p> <p>1:30 EF Rummikub® Challenge</p> <p>2:00 HF NuStep To A New You</p> <p>2:00 HF Walking Fitness Trail (ELC)</p> <p>3:00 C Brews and Views Men's Club (CR) (RSA)</p> <p>3:00 Crossword Puzzle</p> <p>4:00 LL Master Class</p> <p>4:00 LL World Culture (LIB)</p> <p>7:00 Netflix® Viewers' Choice</p>

LIFE GUIDANCE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

**Oktoberfest Brats
and Brews Social**

Saturday, October 3, 2:00 PM

**Pumpkin Spice &
Everything Nice Social**

Wednesday, October 7, 3:00 PM

Masks and Mocktails

Wednesday, October 21, 3:00 PM

Atria
SENIOR LIVING

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SENIOR LIVING

OCTOBER 2020

ATRIA HIGHLAND PARK life guidance®

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE

- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- A** Atria StoryWise
- M** Music

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<p>4</p> <p>10:00 HF Morning Meditation 10:15 LL Word Puzzles 10:30 M Hymn Sing Along 11:00 IS Sunday Services - Nondenominational 1:00 A Atria StoryWise™ 2:00 C Lucky Dog Game 3:00 C Ice Cream Sandwich Social and History 4:00 HF Fitness-Walking Club 6:30 PA Have You Ever?</p>	<p>5</p> <p>10:00 HF Fitness - Get Up and Move 10:30 LL Daily Chronicles 11:00 LL Name 10: All Things Fall 1:00 CE Monday Manicures 2:00 CE Create your Own Fall Wreath 3:30 HF Fitness- Bucket Challenge 4:00 PA Reminiscing - Favorite TV Shows 6:30 LL Working Puzzles</p>	<p>6</p> <p>10:00 HF Fitness - Yoga 10:30 LL Daily Chronicles 10:30 LL Scenic Drive to Highwood 11:00 LL Word Searches 1:00 LL Historians- Betsy Ross 2:00 HF Fitness-Corn Hole Toss 3:00 CV Baking Cookies for the Police Dept. 4:00 C My 2 Cents 6:30 EF Theater- Shirley Temple</p>	<p>7</p> <p>10:00 HF Fitness -Pump It UP 10:30 LL Daily Chronicles 11:00 LL Word in a Word 1:00 HF -Fitness- Walking Club 2:00 C Lucky Dog Game 3:00 EF Pumpkin Spice & Everything Nice Social 3:30 C Porch Chats 4:00 C Card Games 6:30 IS Religious Study Group- Evening Devotions</p>	<p>8</p> <p>National Homemade Cookie Day</p> <p>10:00 HF Fitness - Move and Stretch 10:30 LL Daily Chronicles 11:00 LL Word Fit 1:00 C Small Group Games 2:00 CE Tasty Thursday- Double Chocolate Cookies 3:00 A StoryWise™ 3:30 PA Favorite Cookie Recipes 4:00 HF Fitness - Afternoon Bowling 6:30 LL Listening Lotto</p>	<p>9</p> <p>10:00 HF Fitness -Noodle Exercise 10:30 LL Daily Chronicles 11:00 LL Can You Finish the Story? 11:00 IS Shabbat Service 1:00 EF Arm Chair Travels-Blue Ridge Parkway 2:00 CE Purposeful Painting "Fall Button Trees" 3:15 HF Corn Hole Toss 4:00 C UNO® Card Game 6:30 C Funny Short Stories</p>	<p>10</p> <p>10:00 HF Fitness - Parachute Fun 10:30 LL Daily Chronicles 11:00 LL Words that Begin with the letter S 1:00 C Social Media -Making Family Connections 2:00 EF Ginger Apple Spritzer Social 3:00 HF Fitness - Throwing Horseshoes 3:30 LL Bingo Blast 4:00 EF Creative Coloring w/ Colored Pencils 6:30 EF Theater- "Sound of Music"</p>
<p>11</p> <p>10:00 HF -Morning Meditation 10:30 M Hymn Sing Along 11:00 IS Sunday Services - Nondenominational 1:00 A StoryWise™ 2:00 C Lucky Dog Game 3:00 C Pumpkin Pie Milkshake Social 4:00 HF Fitness -Walking Club 6:30 C Small Group Games</p>	<p>12</p> <p>10:00 HF Fitness - Get Up and Move 10:30 LL Daily Chronicles 11:00 LL CrossTrails 1:00 CE Monday Manicures 2:00 LL Making S'mores 3:00 C Flower Arranging 3:30 HF Fitness -Swat the Fly 4:00 PA Reminiscing - Gardening/Flowers 6:30 LL Working Puzzles</p>	<p>13</p> <p>10:00 HF Fitness - Tai Chi 10:30 LL Daily Chronicles 10:30 LL Scenic Drive to Kenosha, WI 1:00 LL Historians- Famous First Ladies 2:00 HF Fitness - Outdoor Volleyball 3:00 CV Treats for Animal Shelter 4:00 CE What Makes You Smile Game 6:30 EF Lawrence Welk Show</p>	<p>14</p> <p>10:00 HF Fitness -Pump it UP 10:30 LL Daily Chronicles 11:00 LL Word in a Word 1:00 HF Walking Club 2:00 C Lucky Dog Game 3:00 EF Harvest Happy Hour 3:30 C Porch Chats 4:00 EF Rhythm Band Fun 6:30 IS Religious Study Group- Evening Devotions</p>	<p>15</p> <p>10:00 HF Fitness - Morning Stretch 10:30 LL Daily Chronicles 11:00 LL Word Fit 1:00 EF Small Group Games 2:00 CE Tasty Thursdays-Apple Dumplings 3:00 PA Reminiscing - Sharing Funny Moments 3:00 A StoryWise™ 4:00 HF Fitness - Afternoon Bowling 6:30 LL Listening Lotto</p>	<p>16</p> <p>10:00 HF Fitness- Noodle Exercise 10:30 LL Daily Chronicles 11:00 LL Word in a Word 11:00 IS Shabbat Service 1:00 EF Arm Chair Travels-Million \$ Highway 2:00 CE Purposeful Painting "Fall Foliage" 3:30 HF Dancing to the Oldies 4:00 LL Old Maid 6:30 C Chicken Soup for the Soul Stories</p>	<p>17</p> <p>10:00 HF Fitness - Light Weight Workout 10:30 LL Daily Chronicles 11:00 LL Words that Begin with A 1:00 C Social Media - Making Family Connections 2:00 EF Welcome Party: Strawberry Sundaes 3:00 HF Walking Club 3:30 LL Bingo Blast 4:00 EF Karaoke 60's Rock & Roll 6:30 EF Theater- "Chitty Chitty Bang Bang"</p>
<p>18</p> <p>10:00 HF Morning Meditation 10:30 M Hymn Sing Along 11:00 IS Sunday Services - Nondenominational 1:00 A Atria StoryWise™ 2:00 C Lucky Dog Game 3:00 C Pumpkin Bread Social on the Porch 4:00 HF Fitness - Walking Club 6:30 IS Happy Tales</p>	<p>19</p> <p>10:00 HF Fitness - Get Up and Move 10:30 LL Daily Chronicles 11:00 LL CrossTrails 1:00 CE Monday Manicures 2:00 LL Finish the Lyric 3:30 HF Fitness - Toss Across 4:00 PA Reminiscing - Family Celebrations 6:30 LL Working Puzzles</p>	<p>20</p> <p>10:00 HF Fitness - Yoga 10:30 LL Daily Chronicles 10:30 LL Scenic Drive to Evanston 1:00 LL Historians-Famous Presidents 2:00 HF Fitness - Shootin' Hoops 3:00 CV Goodie Bags for Children's Hospital 4:00 CE Poets Corner - Walt Whitman 6:30 LL Wood Crafts</p>	<p>21</p> <p>10:00 HF Fitness - Strength & Balance 10:30 LL Daily Chronicles 11:00 LL Word in a Word 1:00 HF Walking Club 2:00 C Lucky Dog Game 3:00 EF Masks and Mocktails 3:30 C Porch Chats 4:00 LL Dominoes 6:30 IS Religious Study Group- Evening Devotions</p>	<p>22</p> <p>10:00 HF Fitness - Morning Stretch 10:30 LL Daily Chronicles 11:00 LL Word Fit 1:00 EF Small Group Games 2:00 CE Tasty Thursdays-Pumpkin Spice Latte 3:00 PA Reminiscing - Childhood Memories 4:00 HF Fitness - Afternoon Bowling 6:30 LL Listening Lotto</p>	<p>23</p> <p>10:00 HF Fitness - Noodle Exercise 10:30 LL Daily Chronicles 11:00 LL Word in a Word 11:00 IS Shabbat Service 1:00 EF American History-Native Americans 2:00 CE Purposeful Painting "Dream Catchers" 3:30 HF Corn Hole Toss 4:00 LL Pokeno® Game 6:30 EF Name That Tune</p>	<p>24</p> <p>10:00 HF Fitness - Parachute Toss 10:30 LL Daily Chronicles 11:00 LL Words that Begin w/ M 1:00 C Social Media- Making Family Connections 2:00 C Flavored Coffees on the Porch 3:00 HF Walking Club 3:30 LL Bingo Blast 4:00 EF Creative Coloring w/ Colored Pencils 6:30 EF Theater- Steel Magnolias</p>
<p>25</p> <p>10:00 HF Morning Meditation 10:30 M Hymn Sing Along 11:00 IS Sunday Services - Nondenominational 1:00 A StoryWise™ 2:00 C Lucky Dog Game 4:00 CE Creative Collage - Fall Fashion 4:00 HF Fitness - Walking Club 6:30 PA Have You Ever?</p>	<p>26</p> <p>10:00 HF Fitness - Get Up and Move 10:30 LL Daily Chronicles 11:00 LL CrossTrails 1:00 CE Monday Manicures 2:00 EF Jeopardy!® 3:00 HF Indoor Volleyball 4:00 PA Reminiscing - Family Vacations 6:30 LL Working Puzzles</p>	<p>27</p> <p>10:00 HF Fitness- Movement & Breathing Exercises 10:45 LL Lunch In From Portillo's 11:00 LL Brain Fitness - Word Scramble 1:30 HF Pop Toss 2:30 C Apple Cider Social 3:00 CV Gratitude Cards for City Officials 4:00 A StoryWise™ 6:30 LL Tabletop Games</p>	<p>28</p> <p>10:00 HF Fitness - Strength & Balance 10:30 LL Daily Chronicles 11:00 LL Word in a Word 1:00 HF Walking Club 2:00 C Lucky Dog Game 3:00 C Porch Chats 4:00 LL Card Games 6:30 IS Religious Study Group- Evening Devotions</p>	<p>29</p> <p>10:00 HF Fitness - Morning Stretch 10:30 LL Daily Chronicles 11:00 LL Word Fit 1:00 EF Small Group Games 2:00 CE Tasty Thursday-Choco. Chip Bread 3:00 PA Reminiscing - Halloween Memories 4:00 HF Fitness - Afternoon Bowling 6:30 LL Listening Lotto</p>	<p>30</p> <p>10:00 HF Fitness-Noodle Exercise 10:30 LL Daily Chronicles 11:00 LL Word in Word 11:00 LL Life Guidance® 1:00 IS Shabbat Service 1:00 EF Arm Chair Travels- Great Smoky Mountains 2:00 CE Purposeful Painting "Sunflowers" 3:30 HF Corn Hole Toss 4:00 LL Sequence Game 6:30 C Halloween Stories</p>	<p>31</p> <p>10:00 HF Fitness- Parachute Toss 10:30 LL Daily Chronicles 11:00 LL Words that Begin with H 1:00 C Social Media- Making Family Connections 2:00 EF Halloween Party 3:00 HF Walking Club 3:30 LL Halloween Bingo 6:30 EF Movie Theater "Hocus Pocus"</p>