

MEMORY CARE

Monthly Calendar of Events and Programming



Featured Events
this Month:

Fashion Club - Coco Chanel

**New Resident
Welcome to Atria Almaden**

Excursion - Humane Society



SAMPLE CALENDAR

ATRIA ALMADEN memory care

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE

- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- A** Atria StoryWise
- J** Legato

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Yahtzee® is a registered trademark of Hasbro, Inc.

<p>3</p> <p>10:00 HF Fitness - Walking for Charity</p> <p>10:30 LL Collectibles - All About Stamps</p> <p>11:00 IS Sunday Services - Nondenominational</p> <p>1:00 HF Fitness - Tai Chi Workout</p> <p>2:00 A Atria Sharing - StoryWise</p> <p>3:00 J Legato/Fitness - Movement to Music</p> <p>3:30 CE Crafts Collage - Patriotic Themed</p> <p>4:00 HF Fitness - Laughter Yoga</p> <p>6:30 EF Theater - "Chef"</p>	<p>4</p> <p>10:00 HF Fitness - Mindfulness Stretch</p> <p>10:30 LL Brain Fitness - Word Challenge</p> <p>11:00 CV Volunteerism - Baking Treats for Pets</p> <p>1:00 LL iPad - Let's Travel to the Grand Canyon</p> <p>2:00 J Legato - Bell Choir Practice</p> <p>3:00 CE Crafts - Pottery Creations</p> <p>3:30 HF Fitness - Bowling Challenge</p> <p>4:00 PA Reminiscing - Sharing Favorite Photos</p> <p>6:30 IS Captivating Stories - Inspirational</p>	<p>5</p> <p>10:00 HF Fitness - Yoga in the Morning</p> <p>10:30 EF Culinary Corner - Make a Summer Salad</p> <p>11:00 LL Brain Fitness - Word Scramble</p> <p>1:00 LL Science - Plant Seeds & Development</p> <p>2:00 HF Fitness - Aquatics in the Pool</p> <p>3:00 J Legato - Sing-Along Favorites</p> <p>4:00 CE Poets Corner - Emily Dickinson</p> <p>6:30 J Legato - Famous Violinists' Works</p>	<p>6</p> <p>10:00 HF Fitness - Strength & Balance</p> <p>10:30 LL Excursion - Trip to the Museum</p> <p>11:00 J Legato - Drumming Circle</p> <p>1:00 LL Notable People - Ronald Reagan</p> <p>2:00 CV Volunteerism - Making Cards for a Cause</p> <p>3:00 CE Photography Club - Photo Booth</p> <p>4:00 HF Fitness - Volleyball Challenge</p> <p>6:30 CE Crafts - Floral Designs</p>	<p>7</p> <p>10:00 HF Fitness - Morning Stretch</p> <p>10:30 LL Technology - Phone Evolution</p> <p>11:00 EF Competitive Club - The Game of Dominoes</p> <p>1:00 EF iPad - Trip to the Zoo (Zoo Cam)</p> <p>2:00 CE Crafts - Colorful Sun Catchers</p> <p>3:00 PA Reminiscing - Sharing Favorite Traditions</p> <p>4:00 HF Fitness - Light & Lively Workout</p> <p>6:30 J Legato - Dean Martin Concert Series</p>	<p>8</p> <p>10:00 HF Fitness - Aerobics Workout</p> <p>10:30 J Legato - Beethoven Music Appreciation</p> <p>11:00 LL The Historian Club - National Parks</p> <p>1:00 HF Fitness - Meditation in the Afternoon</p> <p>2:00 C Sports Club - All About Baseball</p> <p>2:00 LL Fashion Club - Christian Dior</p> <p>3:00 A Atria Sharing - StoryWise</p> <p>3:30 EF Happy Hour - Refreshment Mixer</p> <p>4:00 LL Brain Fitness - California Trivia</p> <p>6:30 J Legato - Musical Instrument Play-Along</p>	<p>9</p> <p>10:00 HF Fitness - Light Weight Workout</p> <p>10:30 LL Cultural Studies - Japan</p> <p>11:00 CE Crafts - Watercolors & Seascapes</p> <p>1:00 C New Resident Welcome to Atria Almaden</p> <p>2:00 HF Fitness - Nature Walk</p> <p>3:00 EF Ice Cream Social - Banana Splits</p> <p>3:30 J Legato - Karaoke & Country Favorites</p> <p>4:00 LL iPad - Trip to NY City</p> <p>6:30 CE Garden Club - Herbs</p>
<p>10</p> <p>10:00 HF Fitness - Mindfulness Stretching</p> <p>10:30 LL Collectibles - All About Coins</p> <p>11:00 IS Sunday Services - Nondenominational</p> <p>1:00 HF Fitness - Aquatics in the Pool</p> <p>2:00 A Atria Sharing - StoryWise</p> <p>3:00 J Legato - R. Strauss Music Appreciation</p> <p>3:30 HF Fitness - Volleyball Challenge</p> <p>4:00 CE Crafts Collage - Beach Themed</p> <p>6:30 EF Theater - "Julie & Julia"</p>	<p>11</p> <p>10:00 HF Fitness - Walking for Charity</p> <p>10:30 LL Brain Fitness - Finish the Line</p> <p>11:00 EF Competitive Club - Pictionary® Challenge</p> <p>1:00 LL iPad - Let's Travel to Yosemite</p> <p>2:00 J Legato - Musical Instrument Play-Along</p> <p>3:00 CE Photography Club - Nature Photos</p> <p>3:30 HF Fitness - Laughter Yoga</p> <p>4:00 PA Reminiscing - Sharing Favorite Vacations</p> <p>6:30 IS Captivating Stories - Inspirational</p>	<p>12</p> <p>10:00 HF Fitness - Light & Lively Workout</p> <p>10:30 EF Culinary Corner - Make a Summer Dessert</p> <p>11:00 LL Brain Fitness - Word Scramble</p> <p>1:00 LL Science - Astronomy & Our Planets</p> <p>2:00 HF Fitness - Aerobics Workout</p> <p>3:00 CV Volunteerism - Making Blankets for Needy</p> <p>4:00 CE Poets Corner - Robert Frost</p> <p>6:30 J Legato - Line Dancing</p>	<p>13</p> <p>10:00 HF Fitness - Light Weight Workout</p> <p>10:30 LL Excursion - Picnic on the Beach</p> <p>11:00 J Legato - Bell Choir Practice</p> <p>1:00 LL Notable People - Nancy Reagan</p> <p>2:00 A Atria Sharing - StoryWise</p> <p>3:00 HF Fitness - Movement to Scarves</p> <p>4:00 J Legato - Musical Instrument Play-Along</p> <p>6:30 CE Crafts - Floral Designs</p>	<p>14</p> <p>10:00 HF Fitness - Morning Stretch</p> <p>10:30 LL Technology - Radio Evolution</p> <p>11:00 EF Competitive Club - The Game of Yahtzee®</p> <p>1:00 EF iPad - Trip to the Zoo (Zoo Cam)</p> <p>2:00 LL The Historian Club - U.S. Flags</p> <p>3:00 PA Reminiscing - Sharing Awards Won</p> <p>4:00 HF Fitness - Nature Walk</p> <p>6:30 J Legato - Frank Sinatra Concert Series</p>	<p>15</p> <p>10:00 HF Fitness - Yoga in the Morning</p> <p>10:30 J Legato - Berlin Music Appreciation</p> <p>11:00 CE Crafts - Pottery Creations</p> <p>1:00 HF Fitness - Meditation in the Afternoon</p> <p>2:00 C Sports Club - All About Surfing</p> <p>2:00 LL Fashion Club - Jackie Kennedy</p> <p>3:00 CV Volunteerism - Making Pet Toys</p> <p>3:30 EF Happy Hour - Refreshment Mixer</p> <p>4:00 LL Brain Fitness - Baseball Trivia</p> <p>6:30 J Legato - Twisting to the 1960s</p>	<p>16</p> <p>10:00 HF Fitness - Strength & Balance</p> <p>10:30 LL Cultural Studies - Ireland</p> <p>11:00 CE Crafts - Watercolors & Florals</p> <p>1:00 C Social Media - Making Family Connections</p> <p>2:00 HF Fitness - Tai Chi Workout</p> <p>3:00 EF Ice Cream Social - Sundaes</p> <p>3:30 J Legato - Karaoke with Malt Shop Tunes</p> <p>4:00 LL iPad - Trip to Washington, D.C.</p> <p>6:30 CE Garden Club - Flowers</p>
<p>17</p> <p>10:00 HF Fitness - Walking for Charity</p> <p>10:30 LL Collectibles - All About Baseball Cards</p> <p>11:00 IS Sunday Services - Nondenominational</p> <p>12:30 C Resident Birthday Celebration</p> <p>1:00 HF Fitness - Bowling Challenge</p> <p>2:00 A StoryWise - Memories of Dad</p> <p>3:00 J Legato - 1950s Name That Tune</p> <p>3:30 HF Fitness - Laughter Yoga</p> <p>4:00 CE Crafts Collage - Sports Themed</p> <p>6:30 EF Theater - "Father Knows Best"</p>	<p>18</p> <p>10:00 HF Fitness - Mindfulness Stretch</p> <p>10:30 LL Brain Fitness - Fill in the Blank</p> <p>11:00 CV Volunteerism - Baking Treats for Pets</p> <p>1:00 LL iPad - Let's Travel to San Francisco</p> <p>2:00 J Legato - Bell Choir Practice</p> <p>3:00 CE Crafts - Pottery Creations</p> <p>3:30 HF Fitness - Aerobics Workout</p> <p>4:00 PA Reminiscing - Sharing Celebrations</p> <p>6:30 IS Captivating Stories - Inspirational</p>	<p>19</p> <p>10:00 HF Fitness - Yoga in the Morning</p> <p>10:30 EF Competitive Club - The Game of Boggle®</p> <p>11:00 LL Brain Fitness - Naming the 50 States</p> <p>1:00 LL Science - Astronomy</p> <p>3:00 CE Culinary Creations - Chef's Table</p> <p>3:00 HF Fitness - Aquatics in the Pool</p> <p>4:00 CE Poets Corner - Walt Whitman</p> <p>6:30 J Legato - Perry Como Concert Series</p>	<p>20</p> <p>10:00 HF Fitness - Strength & Balance</p> <p>10:30 CV Excursion - Humane Society</p> <p>11:00 J Legato - Drumming Circle</p> <p>1:00 LL Notable People - John F. Kennedy</p> <p>2:00 A Atria Sharing - StoryWise</p> <p>3:00 CE Photography Club - Nature Photos</p> <p>4:00 HF Fitness - Volleyball Challenge</p> <p>6:30 CE Crafts - Floral Designs</p>	<p>21</p> <p>10:00 HF Fitness - Morning Stretch</p> <p>10:30 LL Technology - Television Evolution</p> <p>11:00 EF Culinary Corner - Making Ice Cream</p> <p>1:00 EF iPad - Trip to the Zoo (Zoo Cam)</p> <p>2:00 CE Crafts - Painting Flowerpots</p> <p>3:00 PA Reminiscing - Sharing Funny Moments</p> <p>4:00 HF Fitness - Light & Lively Workout</p> <p>6:30 J Legato - Making Music & Songwriting</p>	<p>22</p> <p>10:30 HF Fitness - Aerobics Workout</p> <p>10:30 J Legato - Mozart Music Appreciation</p> <p>11:00 LL The Historian Club - Air Transportation</p> <p>1:00 HF Fitness - Meditation in the Afternoon</p> <p>2:00 C Sports Club - All About Water Polo</p> <p>2:00 CV Volunteerism - Making Cards for a Cause</p> <p>2:00 LL Fashion Club - Gloria Vanderbilt</p> <p>3:30 EF Happy Hour - Refreshment Mixer</p> <p>4:00 LL Brain Fitness - Presidential Trivia</p> <p>6:30 J Legato - Name That Tune</p>	<p>23</p> <p>10:00 HF Fitness - Light Weight Workout</p> <p>10:30 LL Cultural Studies - Germany</p> <p>11:00 CE Crafts - Watercolors & Seascapes</p> <p>1:00 EF Competitive Club - Pictionary Challenge</p> <p>2:00 HF Fitness - Nature Walk</p> <p>3:00 EF Ice Cream Social - Milkshakes</p> <p>3:30 J Legato - Karaoke Fun with Oldies</p> <p>4:00 LL iPad - Trip to the Great Wall of China</p> <p>6:30 CE Garden Club - Flowers</p>
<p>24</p> <p>10:00 HF Fitness - Mindfulness Stretch</p> <p>10:30 LL Collectibles - All About Cars</p> <p>11:00 IS Sunday Services - Nondenominational</p> <p>1:00 HF Fitness - Aquatics in the Pool</p> <p>2:00 A Atria Sharing - StoryWise</p> <p>3:00 J Legato - Tommy Dorsey Music Appreciation</p> <p>3:30 HF Fitness - Volleyball Challenge</p> <p>4:00 CE Crafts Collage - Fashion Themed</p> <p>6:30 EF Theater - "Daddy Day Care"</p>	<p>25</p> <p>10:00 HF Fitness - Walking for Charity</p> <p>10:30 LL Brain Fitness - Spelling Challenge</p> <p>11:00 IS Captivating Stories - Inspirational</p> <p>1:00 LL iPad - Let's Travel to Hawaiian Islands</p> <p>2:00 J Legato - Musical Instrument Play-Along</p> <p>3:00 CE Photography Club - Nature Photos</p> <p>4:00 PA Reminiscing - Sharing Family Photos</p> <p>6:30 HF Fitness - Laughter Yoga</p>	<p>26</p> <p>10:00 HF Fitness - Light & Lively Workout</p> <p>10:30 EF Culinary Corner - Creative Food Art</p> <p>11:00 LL Brain Fitness - Word Scramble</p> <p>1:00 LL Science - Meteorology & Types of Clouds</p> <p>2:00 HF Fitness - Nature Walk</p> <p>3:00 CV Volunteerism - Making Blankets for the Needy</p> <p>4:00 CE Poets Corner - William Shakespeare</p> <p>6:30 J Legato - Line Dancing</p>	<p>27</p> <p>10:00 HF Fitness - Light Weight Workout</p> <p>10:30 LL Excursion - Dining Out</p> <p>11:00 J Legato Bell Choir Practice</p> <p>1:00 LL Notable People - Eleanor Roosevelt</p> <p>2:00 A Atria Sharing - StoryWise</p> <p>3:00 HF Fitness - Movement to Scarves</p> <p>4:00 J Legato - iPad Garage Band Play-Along</p> <p>6:30 CE Crafts - Floral Designs</p>	<p>28</p> <p>10:00 HF Fitness - Morning Stretch</p> <p>10:30 LL Technology - Light Bulb Evolution</p> <p>11:00 EF Competitive Club - The Game of Yahtzee</p> <p>1:00 EF iPad - Trip to the Zoo (Zoo Cam)</p> <p>2:00 CE Crafts - Pottery Creations</p> <p>3:00 PA Reminiscing - Significant Life Events</p> <p>4:00 HF Fitness - Aerobics Workout</p> <p>6:30 J Legato - Tony Bennett Concert Series</p>	<p>29</p> <p>10:00 HF Fitness - Gentle Yoga</p> <p>10:30 J Legato - Gershwin Music Appreciation</p> <p>11:00 LL The Historian Club - California Gold</p> <p>1:00 HF Fitness - Meditation in the Afternoon</p> <p>2:00 C Sports Club - All About Racing</p> <p>2:00 LL Fashion Club - Jacques Fath</p> <p>3:00 CV Volunteerism - Making Pet Toys</p> <p>3:30 EF Happy Hour - Refreshment Mixer</p> <p>4:00 LL Brain Fitness - Famous Logos Trivia</p> <p>6:30 EF Legato - Sock Hop Party Swinging '50s</p>	<p>30</p> <p>10:00 HF Fitness - Strength & Balance</p> <p>10:30 LL Cultural Studies - Ireland</p> <p>11:00 CE Crafts - Watercolors & Naturescapes</p> <p>1:00 EF Competitive Club - Pictionary Challenge</p> <p>2:00 HF Fitness - Tai Chi Workout</p> <p>3:00 EF Ice Cream Social - Ice Cream Cones</p> <p>3:30 J Legato Karaoke Fun - Malt Shop Tunes</p> <p>4:00 LL iPad - Trip to Boston</p> <p>6:30 CE Garden Club - Vegetables</p>