

# ENGAGE LIFE<sup>®</sup>

## Monthly Calendar of Events and Programming



Featured Events  
this Month:

**"Beyond Organic"  
Gardening Lecture**

**Gin and Jazz**

**Henry Cowell Redwoods  
State Park**



# SAMPLE CALENDAR

ATRIA ALMADEN  
engage life®

## SUNDAY

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

## SATURDAY



Atria ENGAGE LIFE

- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- AW** Atria StoryWise

- 1**
- 10:00 **HF** Fitness Station Rotation
  - 11:30 **EF** Lunch at Mint & Basil
  - 1:30 **CE** Pottery Class: Beginners/Level 1
  - 1:30 **IS** Rosary & Communion
  - 2:00 **HF** Aqua Fitness: Level 1
  - 3:00 **HF** Strength & Relaxation
  - 4:00 **EF** Gin and Jazz
  - 7:15 **PA** Ambassador Hosted Mixer

- 2**
- 10:00 **HF** Strength & Balance
  - 10:30 **LL** Stock Market Watch
  - 11:00 **CE** Photography Class: Portraits
  - 11:15 **PA** Atria Ambassador Meeting
  - 1:30 **CE** Writer's Corner
  - 2:30 **IS** Religious Study Group
  - 3:15 **HF** Yoga for Relaxation
  - 6:30 **LL** Lecture Series: California Missions

- 3**
- 10:00 **HF** Energy Boost Fitness Class
  - 10:30 **EF** Fruit Smoothie Bar
  - 11:30 **LL** San Jose Museum of Art
  - 1:00 **CV** Charity Knitters
  - 2:00 **HF** Fitness Orientation
  - 3:15 **CE** Art Class: Oil Painting
  - 4:00 **EF** CSI Puzzle Challenge
  - 5:00 **EF** Dinner & Theater

- 4**
- 10:00 **HF** Flexibility & Balance
  - 10:45 **LL** iPad® 101
  - 11:00 **HF** Japanese American Museum of San Jose
  - 1:00 **C** Men's Club: World Brews
  - 2:00 **CE** Bell Choir Practice
  - 3:00 **AW** Atria StoryWise™ Live
  - 4:00 **EF** Resident Welcome Social
  - 6:30 **IS** Shabbat Services

- 5**
- 10:00 **HF** Circuit Training
  - 10:45 **C** Facebook® Friends
  - 1:00 **IS** Aromatherapy
  - 2:00 **HF** Tap Dance Class
  - 2:30 **EF** Family Soda Shop Ice Cream Social
  - 3:30 **LL** Cocktail Hour & Trivia
  - 4:00 **IS** Walking Meditation
  - 6:30 **EF** Scrabble® Tournament

- 6**
- 9:30 **IS** Church Outings
  - 10:30 **HF** Charity Miles Challenge
  - 11:00 **IS** Nondenominational Service
  - 1:30 **EF** Bridge Group
  - 1:30 **CV** Community Philanthropy
  - 2:30 **HF** Tai Chi & Chai Tea
  - 3:30 **AW** Family Atria StoryWise Social
  - 4:30 **CV** Free Rice: Trivia for Charity
  - 6:30 **EF** Scrabble Tournament
  - 7:00 **EF** Food Through Film: "Fried Green Tomatoes"

- 7**
- 10:00 **HF** Mindfulness Stretch
  - 10:30 **C** Words with Friends
  - 1:00 **EF** Shopping at boutiques
  - 1:30 **EF** Bridge Group
  - 1:30 **HF** Jazz Tap Class
  - 2:30 **LL** Cooking Demo with Chef
  - 4:00 **EF** Margarita Monday
  - 6:30 **LL** Book Club – "Last Bus to Wisdom"

- 8**
- 10:00 **HF** Fitness Orientation
  - 10:45 **LL** You Can YouTube®
  - 11:15 **EF** Municipal Rose Garden
  - 1:30 **CE** Pottery Class: Level 2
  - 1:30 **IS** Rosary & Communion
  - 2:00 **HF** Aqua Fitness: Level 1
  - 3:00 **IS** Breathe & Relax
  - 4:00 **EF** Swigs and Swing
  - 6:00 **EF** Poker
  - 7:00 **CE** Theater Masterclass

- 9**
- 10:00 **HF** Salsa Dancing Class
  - 10:30 **LL** Stock Market Watch
  - 11:00 **CE** Photography Class: Nature Walk
  - 2:30 **CV** Animal Advocacy
  - 3:00 **CE** "Beyond Organic" Gardening Lecture
  - 3:15 **HF** Zumba®
  - 4:00 **EF** Mixology 101
  - 6:30 **LL** Lecture Series: History of San Jose

- 10**
- 10:00 **HF** Energy Boost Fitness Class
  - 11:00 **LL** Google™ Expeditions
  - 11:15 **EF** Trip to Winchester Mystery House
  - 12:00 **LL** Chef's Demonstration: Farm to Table
  - 1:30 **HF** Aqua Fitness: Level 2
  - 2:00 **CE** Bonsai Garden Club
  - 3:15 **CE** Art Class: Watercolors
  - 4:00 **LL** Space Observatory – iPad
  - 6:30 **LL** Music Appreciation: Opera

- 11**
- 10:00 **HF** Strength Training
  - 11:00 **LL** St. James Park
  - 1:00 **C** Student Mentorship
  - 1:00 **HF** Fitbit® Challenge: Set-up and Q&A
  - 2:00 **PA** Civic Engagement Committee
  - 3:00 **EF** Poker
  - 4:00 **C** Speed Relating
  - 6:30 **IS** Shabbat Services

- 12**
- 10:00 **HF** Power Pedal Cycle Class
  - 10:45 **C** Intergenerational Skype™ Sessions
  - 11:00 **EF** "Breakfast at Tiffany's" Ladies Brunch
  - 1:30 **CE** Watercolor Landscapes
  - 2:00 **HF** Tap Dance Class
  - 3:30 **C** Community Pet Social: Yappy Hour
  - 4:00 **IS** Walking Meditation
  - 5:30 **C** Family Pizza Night

- 13**
- 9:30 **IS** Church Outings
  - 10:30 **HF** Fitness Stations Challenge
  - 11:00 **IS** Nondenominational Service
  - 1:30 **EF** Bridge Group
  - 2:30 **HF** Tai Chi & Chai Tea
  - 3:30 **AW** Family Atria StoryWise Social
  - 4:30 **CV** World Wildlife Fund
  - 7:00 **EF** Food Through Film: "Mamma Mia"

- 14**
- 10:00 **HF** Strength Training
  - 10:30 **LL** Art Authority: Picasso
  - 11:15 **EF** Lunch at The Table
  - 12:30 **LL** Learn Italian – iPad
  - 1:30 **HF** Rhythm & Rides Cycling
  - 3:30 **CE** Cupcake Decor Wars
  - 3:45 **EF** Mojito Monday
  - 6:30 **LL** Book Club – "East of Eden"

- 15**
- 10:00 **HF** Fitness Station Rotation
  - 10:45 **LL** Surfing the Net
  - 11:15 **EF** Outing: Museum & Lunch
  - 1:30 **CE** Pottery Class: Beginners/Level 1
  - 1:30 **IS** Rosary & Communion
  - 2:00 **HF** Aqua Fitness: Level 1
  - 4:00 **EF** Gin and Jazz
  - 6:00 **EF** Poker
  - 7:00 **CE** Stage Masterclass

- 16**
- 10:00 **HF** Strength & Balance
  - 10:30 **LL** Stock Market Watch
  - 11:00 **CE** Photography Class: Missions
  - 1:30 **CE** Poetry Hour
  - 2:30 **IS** Religious Study Group
  - 3:15 **HF** Yoga for Relaxation
  - 4:00 **EF** Mixology 101
  - 6:30 **LL** Lecture Series: San Jose Conservation

- 17**
- 10:00 **HF** Low-Impact Fitness Class
  - 11:00 **LL** Google Expeditions – iPad
  - 12:30 **CE** Succulent Garden Club
  - 1:30 **HF** Aqua Fitness: Level 2
  - 2:00 **CV** Recycling Project
  - 3:15 **CE** Art Class: Paint and Sip
  - 4:00 **LL** Brain Challenges – iPad
  - 6:30 **LL** Music Appreciation: Swing Music

- 18**
- 10:00 **HF** Flexibility & Balance
  - 11:00 **EF** Henry Cowell Redwoods State Park
  - 1:00 **HF** Ballet Barre
  - 1:00 **EF** Yelp® Restaurant Review Club
  - 2:00 **CE** Bell Choir Practice
  - 3:00 **AW** Atria StoryWise Live
  - 4:00 **EF** Kentucky Bourbon Tasting
  - 6:30 **IS** Shabbat Services

- 19**
- 10:00 **HF** New You NuStep®
  - 10:45 **LL** World News Update
  - 1:00 **IS** Aromatherapy
  - 2:00 **HF** Tap Dance Class
  - 2:00 **LL** Learn Bridge
  - 3:30 **EF** Invite a Friend for Cocktails
  - 4:00 **IS** Walking Meditation
  - 6:30 **EF** Blockbuster Movie Night

- 20**
- 9:30 **IS** Church Outings
  - 10:30 **HF** Charity Miles Challenge
  - 11:00 **IS** Nondenominational Service
  - 1:30 **CV** Community Philanthropy
  - 2:30 **HF** Tai Chi & Chai Tea
  - 3:30 **AW** Family Atria StoryWise Social
  - 4:30 **CV** Trivia for Charity
  - 7:00 **EF** Food Through Film: "Julie & Julia"

- 21**
- 10:00 **HF** Mindfulness Stretch
  - 1:00 **EF** Trip to Japanese Friendship Garden
  - 1:30 **HF** Cardio Drumming
  - 2:30 **IS** Motivational Reading
  - 3:30 **HF** Yoga & Relaxation
  - 4:00 **EF** Margarita Monday
  - 6:30 **LL** Book Club – "The Poisonwood Bible"

- 22**
- 10:00 **HF** Fitness Center Orientation
  - 11:30 **EF** Outing: San Pedro Square Market
  - 1:30 **CE** Pottery Class: Level 2
  - 1:30 **IS** Rosary & Communion
  - 2:30 **HF** Aqua Fitness: Level 1
  - 3:00 **IS** Guided Meditation
  - 4:00 **EF** Swigs and Swing
  - 6:00 **EF** Poker

- 23**
- 7:00 **LL** Stock Market Watch
  - 10:00 **HF** Salsa Dancing Class
  - 11:00 **CE** Photography Class: Photo Booth
  - 1:30 **CE** Writer's Corner
  - 2:00 **PA** Atria Ambassador Club Meeting
  - 2:30 **IS** Religious Study Group
  - 3:30 **HF** Zumba
  - 6:30 **LL** Lecture Series: Odd California History

- 24**
- 10:00 **HF** Weight Training
  - 10:30 **EF** Fruit Smoothie Bar
  - 11:00 **LL** Google Expeditions – iPad
  - 12:30 **EF** Adventurous Eaters Club
  - 1:30 **HF** Aqua Fitness: Level 2
  - 2:00 **IS** Laughter Yoga
  - 3:15 **CE** Art Class: Crafts & Cocktails
  - 6:30 **LL** Music Appreciation: Folk Music

- 25**
- 10:00 **HF** Strength Training
  - 11:30 **EF** Lunch at The Province
  - 1:00 **HF** Fitbit® Challenge: Leaderboard Awards
  - 2:00 **PA** Civic Engagement Committee
  - 3:00 **EF** Poker
  - 3:00 **AW** Atria StoryWise Live
  - 4:00 **EF** Speakeasy: Drinks of the Prohibition Era
  - 6:30 **IS** Shabbat Services

- 26**
- 10:00 **HF** Circuit Training
  - 10:45 **LL** World News Update
  - 12:30 **C** Family Skype Sessions
  - 1:00 **IS** Aromatherapy
  - 2:00 **HF** Ballroom Dancing
  - 2:30 **C** Intergenerational Photo Booth
  - 3:30 **EF** Karaoke Happy Hour
  - 6:30 **EF** Family Movie Night

- 27**
- 9:30 **IS** Church Outings
  - 10:30 **HF** Mindfulness Stretch
  - 11:00 **IS** Nondenominational Service
  - 1:30 **EF** Bridge Group
  - 2:30 **HF** Tai Chi & Chai Tea
  - 3:30 **AW** Family Atria StoryWise Social
  - 4:30 **CV** World Wildlife Fund
  - 7:00 **EF** Food Through Film: "Gone with the Wind"

- 28**
- 10:00 **HF** Strength Training
  - 10:45 **LL** Art Authority: Monet
  - 11:00 **EF** Mahjong
  - 12:30 **LL** Learn Italian – iPad
  - 1:30 **HF** Rhythm & Cycling
  - 3:30 **HF** Fitness Dance Class
  - 4:00 **EF** Mojito Monday
  - 6:30 **LL** Book Club – "The Great Gatsby"

- 29**
- 10:00 **HF** Fitness Station Rotation
  - 10:45 **LL** Surfing the Net
  - 11:15 **EF** Outing: Museum & Lunch
  - 1:30 **CE** Pottery Class: Beginners/Level 1
  - 1:30 **IS** Rosary & Communion
  - 3:00 **HF** Charity Miles Challenge
  - 4:00 **EF** Gin and Jazz
  - 7:15 **EF** Karaoke

- 30**
- 10:00 **HF** Strength & Balance
  - 10:30 **LL** Stock Market Watch
  - 11:00 **CE** Photography Class: Pet Sitings
  - 1:30 **CE** Poetry Hour
  - 2:30 **CV** Baking for a Soup Kitchen
  - 3:15 **HF** Yoga for Relaxation
  - 4:00 **EF** Mixology 101
  - 6:30 **LL** Lecture Series: California Missions

- 31**
- 10:00 **HF** Energy Boost Fitness Class
  - 11:00 **LL** Outing: Mystery Tour & Lunch
  - 12:30 **EF** Sushi and Sake Bar
  - 1:30 **HF** Aqua Fitness: Level 2
  - 2:30 **CV** Volunteering at Animal Shelter
  - 3:15 **CE** Knitters' Nook
  - 4:00 **EF** Super Fruit Bar
  - 6:00 **EF** Dinner at The Grandview Restaurant

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Subject to Change. See Daily Schedule for up-to-date itinerary.

# MEMORY CARE

## Monthly Calendar of Events and Programming



Featured Events  
this Month:

**Fashion Club - Coco Chanel**

**New Resident  
Welcome to Atria Almaden**

**Excursion - Humane Society**



# SAMPLE CALENDAR

# ATRIA ALMADEN memory care

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE

- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- A** Atria StoryWise
- J** Legato

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<p><b>3</b></p> <p>10:00 <b>HF</b> Fitness - Walking for Charity</p> <p>10:30 <b>LL</b> Collectibles - All About Stamps</p> <p>11:00 <b>IS</b> Sunday Services - Nondenominational</p> <p>1:00 <b>HF</b> Fitness - Tai Chi Workout</p> <p>2:00 <b>A</b> Atria Sharing - StoryWise</p> <p>3:00 <b>J</b> Legato/Fitness - Movement to Music</p> <p>3:30 <b>CE</b> Crafts Collage - Patriotic Themed</p> <p>4:00 <b>HF</b> Fitness - Laughter Yoga</p> <p>6:30 <b>EF</b> Theater - "Chef"</p>	<p><b>4</b></p> <p>10:00 <b>HF</b> Fitness - Mindfulness Stretch</p> <p>10:30 <b>LL</b> Brain Fitness - Word Challenge</p> <p>11:00 <b>CV</b> Volunteerism - Baking Treats for Pets</p> <p>1:00 <b>LL</b> iPad - Let's Travel to the Grand Canyon</p> <p>2:00 <b>J</b> Legato - Bell Choir Practice</p> <p>3:00 <b>CE</b> Crafts - Pottery Creations</p> <p>3:30 <b>HF</b> Fitness - Bowling Challenge</p> <p>4:00 <b>PA</b> Reminiscing - Sharing Favorite Photos</p> <p>6:30 <b>IS</b> Captivating Stories - Inspirational</p>	<p><b>5</b></p> <p>10:00 <b>HF</b> Fitness - Yoga in the Morning</p> <p>10:30 <b>EF</b> Culinary Corner - Make a Summer Salad</p> <p>11:00 <b>LL</b> Brain Fitness - Word Scramble</p> <p>1:00 <b>LL</b> Science - Plant Seeds &amp; Development</p> <p>2:00 <b>HF</b> Fitness - Aquatics in the Pool</p> <p>3:00 <b>J</b> Legato - Sing-Along Favorites</p> <p>4:00 <b>CE</b> Poets Corner - Emily Dickinson</p> <p>6:30 <b>J</b> Legato - Famous Violinists' Works</p>	<p><b>6</b></p> <p>10:00 <b>HF</b> Fitness - Strength &amp; Balance</p> <p>10:30 <b>LL</b> Excursion - Trip to the Museum</p> <p>11:00 <b>J</b> Legato - Drumming Circle</p> <p>1:00 <b>LL</b> Notable People - Ronald Reagan</p> <p>2:00 <b>CV</b> Volunteerism - Making Cards for a Cause</p> <p>3:00 <b>CE</b> Photography Club - Photo Booth</p> <p>4:00 <b>HF</b> Fitness - Volleyball Challenge</p> <p>6:30 <b>CE</b> Crafts - Floral Designs</p>	<p><b>7</b></p> <p>10:00 <b>HF</b> Fitness - Morning Stretch</p> <p>10:30 <b>LL</b> Technology - Phone Evolution</p> <p>11:00 <b>EF</b> Competitive Club - The Game of Dominoes</p> <p>1:00 <b>EF</b> iPad - Trip to the Zoo (Zoo Cam)</p> <p>2:00 <b>CE</b> Crafts - Colorful Sun Catchers</p> <p>3:00 <b>PA</b> Reminiscing - Sharing Favorite Traditions</p> <p>4:00 <b>HF</b> Fitness - Light &amp; Lively Workout</p> <p>6:30 <b>J</b> Legato - Dean Martin Concert Series</p>	<p><b>8</b></p> <p>10:00 <b>HF</b> Fitness - Aerobics Workout</p> <p>10:30 <b>J</b> Legato - Beethoven Music Appreciation</p> <p>11:00 <b>LL</b> The Historian Club - National Parks</p> <p>1:00 <b>HF</b> Fitness - Meditation in the Afternoon</p> <p>2:00 <b>C</b> Sports Club - All About Baseball</p> <p>2:00 <b>LL</b> Fashion Club - Christian Dior</p> <p>3:00 <b>A</b> Atria Sharing - StoryWise</p> <p>3:30 <b>EF</b> Happy Hour - Refreshment Mixer</p> <p>4:00 <b>LL</b> Brain Fitness - California Trivia</p> <p>6:30 <b>J</b> Legato - Musical Instrument Play-Along</p>	<p><b>9</b></p> <p>10:00 <b>HF</b> Fitness - Light Weight Workout</p> <p>10:30 <b>LL</b> Cultural Studies - Japan</p> <p>11:00 <b>CE</b> Crafts - Watercolors &amp; Seascapes</p> <p>1:00 <b>C</b> New Resident Welcome to Atria Almaden</p> <p>2:00 <b>HF</b> Fitness - Nature Walk</p> <p>3:00 <b>EF</b> Ice Cream Social - Banana Splits</p> <p>3:30 <b>J</b> Legato - Karaoke &amp; Country Favorites</p> <p>4:00 <b>LL</b> iPad - Trip to NY City</p> <p>6:30 <b>CE</b> Garden Club - Herbs</p>
<p><b>10</b></p> <p>10:00 <b>HF</b> Fitness - Mindfulness Stretching</p> <p>10:30 <b>LL</b> Collectibles - All About Coins</p> <p>11:00 <b>IS</b> Sunday Services - Nondenominational</p> <p>1:00 <b>HF</b> Fitness - Aquatics in the Pool</p> <p>2:00 <b>A</b> Atria Sharing - StoryWise</p> <p>3:00 <b>J</b> Legato - R. Strauss Music Appreciation</p> <p>3:30 <b>HF</b> Fitness - Volleyball Challenge</p> <p>4:00 <b>CE</b> Crafts Collage - Beach Themed</p> <p>6:30 <b>EF</b> Theater - "Julie &amp; Julia"</p>	<p><b>11</b></p> <p>10:00 <b>HF</b> Fitness - Walking for Charity</p> <p>10:30 <b>LL</b> Brain Fitness - Finish the Line</p> <p>11:00 <b>EF</b> Competitive Club - Pictionary® Challenge</p> <p>1:00 <b>LL</b> iPad - Let's Travel to Yosemite</p> <p>2:00 <b>J</b> Legato - Musical Instrument Play-Along</p> <p>3:00 <b>CE</b> Photography Club - Nature Photos</p> <p>3:30 <b>HF</b> Fitness - Laughter Yoga</p> <p>4:00 <b>PA</b> Reminiscing - Sharing Favorite Vacations</p> <p>6:30 <b>IS</b> Captivating Stories - Inspirational</p>	<p><b>12</b></p> <p>10:00 <b>HF</b> Fitness - Light &amp; Lively Workout</p> <p>10:30 <b>EF</b> Culinary Corner - Make a Summer Dessert</p> <p>11:00 <b>LL</b> Brain Fitness - Word Scramble</p> <p>1:00 <b>LL</b> Science - Astronomy &amp; Our Planets</p> <p>2:00 <b>HF</b> Fitness - Aerobics Workout</p> <p>3:00 <b>CV</b> Volunteerism - Making Blankets for Needy</p> <p>4:00 <b>CE</b> Poets Corner - Robert Frost</p> <p>6:30 <b>J</b> Legato - Line Dancing</p>	<p><b>13</b></p> <p>10:00 <b>HF</b> Fitness - Light Weight Workout</p> <p>10:30 <b>LL</b> Excursion - Picnic on the Beach</p> <p>11:00 <b>J</b> Legato - Bell Choir Practice</p> <p>1:00 <b>LL</b> Notable People - Nancy Reagan</p> <p>2:00 <b>A</b> Atria Sharing - StoryWise</p> <p>3:00 <b>HF</b> Fitness - Movement to Scarves</p> <p>4:00 <b>J</b> Legato - Musical Instrument Play-Along</p> <p>6:30 <b>CE</b> Crafts - Floral Designs</p>	<p><b>14</b></p> <p>10:00 <b>HF</b> Fitness - Morning Stretch</p> <p>10:30 <b>LL</b> Technology - Radio Evolution</p> <p>11:00 <b>EF</b> Competitive Club - The Game of Yahtzee®</p> <p>1:00 <b>EF</b> iPad - Trip to the Zoo (Zoo Cam)</p> <p>2:00 <b>LL</b> The Historian Club - U.S. Flags</p> <p>3:00 <b>PA</b> Reminiscing - Sharing Awards Won</p> <p>4:00 <b>HF</b> Fitness - Nature Walk</p> <p>6:30 <b>J</b> Legato - Frank Sinatra Concert Series</p>	<p><b>15</b></p> <p>10:00 <b>HF</b> Fitness - Yoga in the Morning</p> <p>10:30 <b>J</b> Legato - Berlin Music Appreciation</p> <p>11:00 <b>CE</b> Crafts - Pottery Creations</p> <p>1:00 <b>HF</b> Fitness - Meditation in the Afternoon</p> <p>2:00 <b>C</b> Sports Club - All About Surfing</p> <p>2:00 <b>LL</b> Fashion Club - Jackie Kennedy</p> <p>3:00 <b>CV</b> Volunteerism - Making Pet Toys</p> <p>3:30 <b>EF</b> Happy Hour - Refreshment Mixer</p> <p>4:00 <b>LL</b> Brain Fitness - Baseball Trivia</p> <p>6:30 <b>J</b> Legato - Twisting to the 1960s</p>	<p><b>16</b></p> <p>10:00 <b>HF</b> Fitness - Strength &amp; Balance</p> <p>10:30 <b>LL</b> Cultural Studies - Ireland</p> <p>11:00 <b>CE</b> Crafts - Watercolors &amp; Florals</p> <p>1:00 <b>C</b> Social Media - Making Family Connections</p> <p>2:00 <b>HF</b> Fitness - Tai Chi Workout</p> <p>3:00 <b>EF</b> Ice Cream Social - Sundaes</p> <p>3:30 <b>J</b> Legato - Karaoke with Malt Shop Tunes</p> <p>4:00 <b>LL</b> iPad - Trip to Washington, D.C.</p> <p>6:30 <b>CE</b> Garden Club - Flowers</p>
<p><b>17</b></p> <p>10:00 <b>HF</b> Fitness - Walking for Charity</p> <p>10:30 <b>LL</b> Collectibles - All About Baseball Cards</p> <p>11:00 <b>IS</b> Sunday Services - Nondenominational</p> <p>12:30 <b>C</b> Resident Birthday Celebration</p> <p>1:00 <b>HF</b> Fitness - Bowling Challenge</p> <p>2:00 <b>A</b> StoryWise - Memories of Dad</p> <p>3:00 <b>J</b> Legato - 1950s Name That Tune</p> <p>3:30 <b>HF</b> Fitness - Laughter Yoga</p> <p>4:00 <b>CE</b> Crafts Collage - Sports Themed</p> <p>6:30 <b>EF</b> Theater - "Father Knows Best"</p>	<p><b>18</b></p> <p>10:00 <b>HF</b> Fitness - Mindfulness Stretch</p> <p>10:30 <b>LL</b> Brain Fitness - Fill in the Blank</p> <p>11:00 <b>CV</b> Volunteerism - Baking Treats for Pets</p> <p>1:00 <b>LL</b> iPad - Let's Travel to San Francisco</p> <p>2:00 <b>J</b> Legato - Bell Choir Practice</p> <p>3:00 <b>CE</b> Crafts - Pottery Creations</p> <p>3:30 <b>HF</b> Fitness - Aerobics Workout</p> <p>4:00 <b>PA</b> Reminiscing - Sharing Celebrations</p> <p>6:30 <b>IS</b> Captivating Stories - Inspirational</p>	<p><b>19</b></p> <p>10:00 <b>HF</b> Fitness - Yoga in the Morning</p> <p>10:30 <b>EF</b> Competitive Club - The Game of Boggle®</p> <p>11:00 <b>LL</b> Brain Fitness - Naming the 50 States</p> <p>1:00 <b>LL</b> Science - Astronomy</p> <p>3:00 <b>CE</b> Culinary Creations - Chef's Table</p> <p>3:00 <b>HF</b> Fitness - Aquatics in the Pool</p> <p>4:00 <b>CE</b> Poets Corner - Walt Whitman</p> <p>6:30 <b>J</b> Legato - Perry Como Concert Series</p>	<p><b>20</b></p> <p>10:00 <b>HF</b> Fitness - Strength &amp; Balance</p> <p>10:30 <b>CV</b> Excursion - Humane Society</p> <p>11:00 <b>J</b> Legato - Drumming Circle</p> <p>1:00 <b>LL</b> Notable People - John F. Kennedy</p> <p>2:00 <b>A</b> Atria Sharing - StoryWise</p> <p>3:00 <b>CE</b> Photography Club - Nature Photos</p> <p>4:00 <b>HF</b> Fitness - Volleyball Challenge</p> <p>6:30 <b>CE</b> Crafts - Floral Designs</p>	<p><b>21</b></p> <p>10:00 <b>HF</b> Fitness - Morning Stretch</p> <p>10:30 <b>LL</b> Technology - Television Evolution</p> <p>11:00 <b>EF</b> Culinary Corner - Making Ice Cream</p> <p>1:00 <b>EF</b> iPad - Trip to the Zoo (Zoo Cam)</p> <p>2:00 <b>CE</b> Crafts - Painting Flowerpots</p> <p>3:00 <b>PA</b> Reminiscing - Sharing Funny Moments</p> <p>4:00 <b>HF</b> Fitness - Light &amp; Lively Workout</p> <p>6:30 <b>J</b> Legato - Making Music &amp; Songwriting</p>	<p><b>22</b></p> <p>10:30 <b>HF</b> Fitness - Aerobics Workout</p> <p>10:30 <b>J</b> Legato - Mozart Music Appreciation</p> <p>11:00 <b>LL</b> The Historian Club - Air Transportation</p> <p>1:00 <b>HF</b> Fitness - Meditation in the Afternoon</p> <p>2:00 <b>C</b> Sports Club - All About Water Polo</p> <p>2:00 <b>CV</b> Volunteerism - Making Cards for a Cause</p> <p>2:00 <b>LL</b> Fashion Club - Gloria Vanderbilt</p> <p>3:30 <b>EF</b> Happy Hour - Refreshment Mixer</p> <p>4:00 <b>LL</b> Brain Fitness - Presidential Trivia</p> <p>6:30 <b>J</b> Legato - Name That Tune</p>	<p><b>23</b></p> <p>10:00 <b>HF</b> Fitness - Light Weight Workout</p> <p>10:30 <b>LL</b> Cultural Studies - Germany</p> <p>11:00 <b>CE</b> Crafts - Watercolors &amp; Seascapes</p> <p>1:00 <b>EF</b> Competitive Club - Pictionary Challenge</p> <p>2:00 <b>HF</b> Fitness - Nature Walk</p> <p>3:00 <b>EF</b> Ice Cream Social - Milkshakes</p> <p>3:30 <b>J</b> Legato - Karaoke Fun with Oldies</p> <p>4:00 <b>LL</b> iPad - Trip to the Great Wall of China</p> <p>6:30 <b>CE</b> Garden Club - Flowers</p>
<p><b>24</b></p> <p>10:00 <b>HF</b> Fitness - Mindfulness Stretch</p> <p>10:30 <b>LL</b> Collectibles - All About Cars</p> <p>11:00 <b>IS</b> Sunday Services - Nondenominational</p> <p>1:00 <b>HF</b> Fitness - Aquatics in the Pool</p> <p>2:00 <b>A</b> Atria Sharing - StoryWise</p> <p>3:00 <b>J</b> Legato - Tommy Dorsey Music Appreciation</p> <p>3:30 <b>HF</b> Fitness - Volleyball Challenge</p> <p>4:00 <b>CE</b> Crafts Collage - Fashion Themed</p> <p>6:30 <b>EF</b> Theater - "Daddy Day Care"</p>	<p><b>25</b></p> <p>10:00 <b>HF</b> Fitness - Walking for Charity</p> <p>10:30 <b>LL</b> Brain Fitness - Spelling Challenge</p> <p>11:00 <b>IS</b> Captivating Stories - Inspirational</p> <p>1:00 <b>LL</b> iPad - Let's Travel to Hawaiian Islands</p> <p>2:00 <b>J</b> Legato - Musical Instrument Play-Along</p> <p>3:00 <b>CE</b> Photography Club - Nature Photos</p> <p>4:00 <b>PA</b> Reminiscing - Sharing Family Photos</p> <p>6:30 <b>HF</b> Fitness - Laughter Yoga</p>	<p><b>26</b></p> <p>10:00 <b>HF</b> Fitness - Light &amp; Lively Workout</p> <p>10:30 <b>EF</b> Culinary Corner - Creative Food Art</p> <p>11:00 <b>LL</b> Brain Fitness - Word Scramble</p> <p>1:00 <b>LL</b> Science - Meteorology &amp; Types of Clouds</p> <p>2:00 <b>HF</b> Fitness - Nature Walk</p> <p>3:00 <b>CV</b> Volunteerism - Making Blankets for the Needy</p> <p>4:00 <b>CE</b> Poets Corner - William Shakespeare</p> <p>6:30 <b>J</b> Legato - Line Dancing</p>	<p><b>27</b></p> <p>10:00 <b>HF</b> Fitness - Light Weight Workout</p> <p>10:30 <b>LL</b> Excursion - Dining Out</p> <p>11:00 <b>J</b> Legato Bell Choir Practice</p> <p>1:00 <b>LL</b> Notable People - Eleanor Roosevelt</p> <p>2:00 <b>A</b> Atria Sharing - StoryWise</p> <p>3:00 <b>HF</b> Fitness - Movement to Scarves</p> <p>4:00 <b>J</b> Legato - iPad Garage Band Play-Along</p> <p>6:30 <b>CE</b> Crafts - Floral Designs</p>	<p><b>28</b></p> <p>10:00 <b>HF</b> Fitness - Morning Stretch</p> <p>10:30 <b>LL</b> Technology - Light Bulb Evolution</p> <p>11:00 <b>EF</b> Competitive Club - The Game of Yahtzee</p> <p>1:00 <b>EF</b> iPad - Trip to the Zoo (Zoo Cam)</p> <p>2:00 <b>CE</b> Crafts - Pottery Creations</p> <p>3:00 <b>PA</b> Reminiscing - Significant Life Events</p> <p>4:00 <b>HF</b> Fitness - Aerobics Workout</p> <p>6:30 <b>J</b> Legato - Tony Bennett Concert Series</p>	<p><b>29</b></p> <p>10:00 <b>HF</b> Fitness - Gentle Yoga</p> <p>10:30 <b>J</b> Legato - Gershwin Music Appreciation</p> <p>11:00 <b>LL</b> The Historian Club - California Gold</p> <p>1:00 <b>HF</b> Fitness - Meditation in the Afternoon</p> <p>2:00 <b>C</b> Sports Club - All About Racing</p> <p>2:00 <b>LL</b> Fashion Club - Jacques Fath</p> <p>3:00 <b>CV</b> Volunteerism - Making Pet Toys</p> <p>3:30 <b>EF</b> Happy Hour - Refreshment Mixer</p> <p>4:00 <b>LL</b> Brain Fitness - Famous Logos Trivia</p> <p>6:30 <b>EF</b> Legato - Sock Hop Party Swinging '50s</p>	<p><b>30</b></p> <p>10:00 <b>HF</b> Fitness - Strength &amp; Balance</p> <p>10:30 <b>LL</b> Cultural Studies - Ireland</p> <p>11:00 <b>CE</b> Crafts - Watercolors &amp; Naturescapes</p> <p>1:00 <b>EF</b> Competitive Club - Pictionary Challenge</p> <p>2:00 <b>HF</b> Fitness - Tai Chi Workout</p> <p>3:00 <b>EF</b> Ice Cream Social - Ice Cream Cones</p> <p>3:30 <b>J</b> Legato Karaoke Fun - Malt Shop Tunes</p> <p>4:00 <b>LL</b> iPad - Trip to Boston</p> <p>6:30 <b>CE</b> Garden Club - Vegetables</p>