

ENGAGE LIFE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

**Surfing Seniors-Tech
Workshop Series**

Thursday, October 11, 11:00 AM

**Restorative Yoga
Workshop by Graf Ctr**

Thursday, October 11, 3:30 PM

**The Healing Art of
Reiki Workshop**

Thursday, October 25, 3:30 PM

Atria
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LIFE GUIDANCE[®]

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Featured Events
this Month:

**Happy Hour/Picnic-
October Birthdays**

Sunday, October 7, 3:00 PM

Welcome to the Neighborhood

Sunday, October 14, 2:00 PM

Madeline's Restaurant

Sunday, October 21, 1:00 PM

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OCTOBER 2018

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE

<p>10:00 HF Flex & Stretch 11:00 J Legato: Sing Along 1:00 CE 80's Vintage Fashion Show 2:00 LL Famous Explores 3:00 C Comedy Club 4:00 HF Ring Toss 5:00 EF Baking Club 6:00 EF Bingo</p>	<p>1 10:00 HF Swinging To The Oldies 11:00 LL Daily Chronicles 1:00 CE Life Guidance®-Poetry 2:00 CE Creative Crafting 3:00 LL Name 10 4:00 J LEGATO- Dance Train 1971 music 5:00 C Chicken Soup Stories 6:00 EF Theater-Movie Night</p>	<p>2 10:00 HF Rise and Stretch 11:00 LL Lecture and Discussion- Daily Chronicles 1:00 CE Painting and Punch 2:00 HF Parachute Ball Toss 3:00 J Legato- 1952 Rick Nelson Debuts 4:00 CE Watercolors 5:00 LL Appreciation of History, Music, Art 6:00 EF Movie Night</p>	<p>3 10:00 HF Chair Aerobics 11:00 LL Daily Chronicle Discussion 1:00 J 1961 Bob Dylan Debuts at Carnegie Hall 2:00 LL History of Travel 3:00 C The Common Factor 4:00 HF Walk About 5:00 CE Jewelry Making 6:00 IS Let's Reminisce</p>	<p>4 10:00 HF Dancing to the Oldies 11:00 LL Lecture and Discussion: Daily Chronicles 1:00 PA Gardening Club 2:00 J Legato-Classical Music 3:00 LL Kitchen Science 4:00 CE StoryWise™ 5:00 EF Theater-Name the Actors 6:00 IS Poets Among Us</p>	<p>5 10:00 HF Swing Into the Oldies 11:00 LL Daily Chronicles 1:00 CE Talent Show 2:00 C Card Game 3:00 J Legato-German History 4:00 IS Meditation 5:00 HF Dance Class-Chair Tap Dancing Group 6:00 EF Theater-Tonight's Show</p>	<p>6 10:00 HF Morning Strollers 11:00 IS Devotional 1:00 J Legato-1952 American Bandstand Debuts 2:00 LL Daily Chronicles 3:00 HF Happy Hour/Picnic-October birthdays (OL) 4:00 LL Finishline 5:00 CE Words Scramblers 6:00 EF Movie Night</p>
<p>7 10:00 HF Morning Strollers 11:00 IS Devotional 1:00 J Legato-1952 American Bandstand Debuts 2:00 LL Daily Chronicles 3:00 HF Happy Hour/Picnic-October birthdays (OL) 4:00 LL Finishline 5:00 CE Words Scramblers 6:00 EF Movie Night</p>	<p>8 10:00 HF Chair Dancing 11:00 CV Library trip 1:00 J LEGATO: 1987 Chuck Berry Songs 2:00 LL GoogleTravel 3:00 HF Square Dancing 4:00 PA Garden Club : Herbs Discussion 5:00 CE Gardening 6:00 EF Theater-Movie Night</p>	<p>9 10:00 HF Stretch & Flex 11:00 LL Daily Chronicles 1:00 J Legato: Maraccas 2:00 LL Finishing The Phrase 3:00 EF Trip to local Ice Cream Shop 4:00 HF Meditation 5:00 CE Jewelry Making 6:00 EF Movie Night</p>	<p>10 10:00 HF Strength and Balance Program 11:00 LL Daily Chronicles 1:00 J LEGATO: Sing Along 2:00 C Old Tappan Park (OL) 3:00 CE Remember when... 4:00 C How It's Made 5:00 C Bingo 6:00 EF Movie night</p>	<p>11 10:00 HF Chair Yoga 11:00 LL Daily Chronicles 1:00 PA Sharing Family Traditions 2:00 EF Pictionary™ 3:00 HF Toss Across 4:00 J Legato: karaoke 5:00 LL Book Club 6:00 EF Theater-Movie Night</p>	<p>12 10:00 HF Chair Aerobics 11:00 PA Wheel of Fortune® 1:00 LL Daily Chronicles 2:00 CE Chef's Station 3:00 J LEGATO: Singing to the 1950's 4:00 CE Painting and Punch 5:00 C Table Top Gamers 6:00 EF Theater-Movie Night</p>	<p>13 10:00 HF Colorful Weights 11:00 LL Daily Chronicles 1:00 C You Be the Judge 2:00 J Legato-Poetry- Edgar Allan Poe 4:00 C Puzzle it Out 5:00 EF Talent Show 6:00 LL Remember When</p>
<p>14 10:00 HF Morning Strollers 11:00 IS Devotional 1:00 LL Daily Chronicles 2:00 EF Welcome to the Neighborhood 3:00 LL This Day In History 4:00 J Legato: Frank Sinatra 5:00 CE Craftsmanship 6:00 CE Remember When</p>	<p>15 10:00 HF Sittercise 11:00 EF Library Trip 1:00 HF Walking Club 2:00 J LEGATO: Elvis Presley 3:00 CE Funny Bones Don't Get Arthritis 4:00 PA Jeopardy!® 5:00 C What Would You Do? 6:00 EF Movie Night</p>	<p>16 10:00 HF Stretch & Flex 11:00 CE Google™ ZooCam 1:00 EF Culinary-Bake Bread 2:00 C Gardening Club 3:00 PA Scrap Booking 4:00 LL Learn about Italy 5:00 J Legato: Classical Music 6:00 EF Theater- movie night</p>	<p>17 10:00 HF Stretch and Flex 11:00 J Legato-1967 Musical "Hair" (TR) 1:00 HF Toss Across 2:00 CE Baking Group 3:00 LL Pictionary™ 4:00 CE Pretty Nails 5:00 C Social Program 6:00 EF Movie Night</p>	<p>18 10:00 HF Exercise Class - Weights 11:00 LL Daily Chronicles 1:00 CE Pretty Nails 2:00 J LEGATO: Favorite Legato World Music 3:00 CE Make & Take Craft 4:00 HF Bean Bag Toss 5:00 EF Culinary Enhancement Programs 6:00 EF Theater- Movie Night</p>	<p>19 10:00 HF Flex & Stretch 11:00 LL Daily Chronicles 11:30 HF parachute 1:00 J Scenic Drive in Town 2:00 J Legato: Ice Tea Happy Hour 3:00 C Reminiscing On Days Gone By 4:00 PA Puzzles and Games 5:00 LL Mystery Person 6:00 EF Theater-Movie Night</p>	<p>20 10:00 HF Sittercise 11:00 LL Daily Chronicles 1:00 LL Name 10 2:00 J Legato: karaoke 3:00 CE StoryWise™ 4:00 HF Chair Yoga 5:00 LL Share A Treasure 6:00 EF Movie Night</p>
<p>21 10:00 HF Morning Strollers 11:00 IS Devotional 1:00 EF Madeline's Restaurant 2:00 LL Book Club 3:00 EF Trivia 4:00 J Legato-karaoke 5:00 HF Shuffle Board 6:00 EF Theater-Movie Night</p>	<p>22 10:00 HF Chair Dancing 11:00 LL Lecture and Discussion 1:00 J LEGATO Movement to Scrafs 2:00 HF Patio Stroll 3:00 IS Timeless Trivia 4:00 PA Poetry Club 5:00 LL Science and Technology Class 6:00 EF Theater-Movie Night</p>	<p>23 10:00 HF Stretch & Flex 11:00 LL Daily Chronicle 1:00 HF Patio stroll 2:00 LL World Culture 3:00 CE Painting and Punch 4:00 PA Fun With Words 5:00 EF Challenges and Tournaments 6:00 EF Theater-Movie Night</p>	<p>24 10:00 HF Light & Lively Exercise 11:00 CV Knitting/Sewing for a Cause 1:00 CV Writing thank you cards 2:00 LL Daily Chronicles 3:00 HF Horseshoes 4:00 PA Name 10 5:00 EF Table Top Gamers</p>	<p>25 10:00 HF Stretch Flex 11:00 J Legato: Drumming 1:00 CE Make & Take Crafting 2:00 HF Parachute Game 3:00 C Happy Hour 4:00 CV Coupon Clippers 5:00 CE Art Classes 6:00 EF Theater-Movie Night</p>	<p>26 10:00 HF Ball Toss 11:00 LL Hot Topics 1:00 CE Kitchen Science 2:00 EF Visit Local Public Library 3:00 J Legato:1958 Bill Haley & The Comets 4:00 HF Dance Class-Chair Tap Dancing Group 6:00 PA Table Top Puzzles and Games</p>	<p>27 10:00 HF Chair Dancing 11:00 LL Share Holiday & Family Traditions 1:00 J Legato-Sing Along 2:00 HF Chair Yoga 3:00 CE Wired Science 4:00 EF Dancing- Tango 5:00 LL Learn About India 6:00 EF Movie Night</p>
<p>28 10:00 HF Sittercise 11:00 IS Devotional 1:00 J Legato- 60's songs 2:00 EF Book Title Mashup 3:00 C Happy Hour 4:00 HF Horseshoes 5:00 IS Poetry Club 6:00 EF Theater: Movie Night</p>	<p>29 10:00 HF Chair Aerobics 11:00 LL Daily Chronicles 1:00 J Legato-50's songs 3:00 CE Words Scramblers 4:00 HF Dance Class-Chair Tap Dancing Group 5:00 LL Academic Challenge 6:00 EF Theater-Movie night</p>	<p>30 10:00 HF Flex & Stretch 11:00 LL Daily Chronicles 1:00 HF Walking Club 2:00 J Legato- Maraccas 3:00 C Chicken Soup Stories 4:00 C Card Game 5:00 CE Pretty Nails 6:00 EF Movie Night</p>	<p>31 10:00 HF Morning Strollers 11:00 EF Themed Events-Halloween 1:00 LL History of Travel 2:00 J Legato: 1962 "Monster Mash" 3:00 HF Dance Class 4:00 LL Name 10 5:00 IS Meditation 6:00 EF Theater-Movie night</p>	<p>PA Personal Achievement HF Health & Fitness EF Entertainment & Fun CV Civic Engagement LL Lifelong Learning CE Creative Expression IS Inspiration & Spirituality C Connection CE Atria StoryWise J Legato</p>	<p>ROOM LOCATION KEY: LG Outing OL Bistro BL Club Room CR Dining Room DR Engage Life Center ELC Fitness Center FC Library LB Off-Site Location OL Patio Dining Room PDR Sports Lounge SL Theatre TR</p>	<p>STAFF KEY: Ally Murphy AM Chef Gary Odowd GO George Mkhedize GM Kimmy Got KG Outside Presenter OP Resident Led Program RL Xiomara Padilla XP</p>