

# ENGAGE LIFE<sup>®</sup>

## Monthly Calendar of Events and Programming



Featured Events  
this Month:

**Atria Shopping Event!**

Saturday, November 10, 10:00 AM

**Sinclair Community  
College Seminar**

Wednesday, November 14, 12:30 PM

**Family Thanksgiving Dinner!!**

Thursday, November 15, 5:00 PM

*Atria*  
SENIOR LIVING

*Atria*  
SENIOR LIVING

# NOVEMBER 2018

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE

- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- Atria StoryWise**

ROOM LOCATION KEY:

- Dining Room DR
- Theater TH
- Lobby L
- Bistro B
- Card Room CR
- Art Studio ART
- Private Dining Room PDR
- Outing OUT
- Engage Life Center ELC
- Lower Outdoor Patio LOP
- Life Guidance activity room LGA

STAFF KEY:

- Jennifer Allen ELD
- Lori Graff LGS
- Department Head DH
- Cheryl Wilson ELI
- Resident Led RL
- Entertainer E
- Vendor Instructor VI
- Volunteer V
- Spiritual Leader SL
- Tammy McHenry BD

<p>9:30 <b>HF</b> Group Exercise Class (B) (ELD) <b>4</b></p> <p>10:00 <b>IS</b> Joel Osteen Church Service (TH) (SL)</p> <p>1:00 <b>EF</b> Sunday Matinee (TH) (ELD)</p> <p>1:30 <b>HF</b> Meditation and Relaxation Stretching (B) (BD)</p> <p>2:00 <b>C</b> Sunday Sundaes!! (B) (ELI)</p> <p>3:30 <b>StoryWise™, Story Time!</b> (TH) (ELD)</p> <p>6:30 <b>PA</b> Let's Play Rummikub®! (ELC) (RL)</p>	<p>10:00 <b>HF</b> Stretch and Tone (B) (DH) <b>5</b></p> <p>10:30 <b>IS</b> Morning Devotions and Prayer (TH) (ELD)</p> <p>2:00 <b>IS</b> Caravan For Christ Gathering (TH) (V)</p> <p>3:00 Shopping at Kroger or Walmart (OUT) (BD)</p> <p>3:30 <b>EF</b> Brain Games (B) (ELD)</p> <p>6:30 <b>PA</b> Monday Night Nickels with Fred! (CR) (ELI)</p>	<p>10:00 <b>HF</b> Morning Fitness Class (B) (ELD) <b>6</b></p> <p>10:30 <b>IS</b> Morning Devotions and Prayer (TH) (LGS)</p> <p>12:00 <b>EF</b> Fall Scenic Bus Tour and Lunch! (OUT) (BD)</p> <p>1:30 <b>HF</b> Sit and Stretch Exercise Class (B) (ELI)</p> <p>3:00 Bingo With Fred! (B) (RL)</p> <p>6:30 <b>CE</b> Craft Class (ART) (ELI)</p>	<p>10:00 <b>HF</b> Wake-up Workout! (B) (ELI) <b>7</b></p> <p>10:30 <b>IS</b> Morning Devotions and Prayer (TH) (ELD)</p> <p>1:30 <b>HF</b> Chair Kickboxing (B) (DH)</p> <p>2:00 <b>IS</b> Catholic Communion with Deacon Steve (TH) (V)</p> <p>3:00 Let's Play Rummikub®! (B) (ELD)</p> <p>6:30 <b>CE</b> Canvas Painting with Mollie! (ART) (VI)</p>	<p>10:00 <b>HF</b> Morning Fitness (B) (ELD) <b>1</b></p> <p>10:30 <b>IS</b> Morning Devotions and Prayer (TH) (LGS)</p> <p>11:30 <b>PA</b> Birthday Lunch with Liz!! (PDR) (DH)</p> <p>1:30 <b>HF</b> Gentle stretch (B) (ELI)</p> <p>3:00 Happy Hour and Cocktail Party! (B) (DH)</p> <p>6:30 <b>EF</b> The Littlest Big Band Entertainment (B) (E)</p>	<p>10:00 <b>HF</b> TGIF Morning Exercise (B) (ELD) <b>2</b></p> <p>10:30 <b>IS</b> Morning Devotions and Prayer (TH) (ELD)</p> <p>1:30 <b>HF</b> Sit and Stretch (B) (ELD)</p> <p>2:00 <b>IS</b> Bible Study with Cheryl (TH) (ELI)</p> <p>3:30 <b>EF</b> Let's Play Nickels! (B) (ELI)</p> <p>6:30 Friday Night Bingo! (B) (ELD)</p>	<p>10:00 <b>HF</b> Saturday Morning Stretch and Balance (B) (DH) <b>3</b></p> <p>10:30 <b>IS</b> Morning Devotions and Prayer (TH) (LGS)</p> <p>1:00 <b>CV</b> Crafting For a Purpose (ART) (ELD)</p> <p>2:00 <b>HF</b> Exercise with Light Weights (B) (DH)</p> <p>2:30 <b>LL</b> Apple TV PBS presentation (ELC) (DH)</p> <p>3:30 <b>EF</b> Brain Games - Giant Crossword Puzzles (B) (ELD)</p> <p>6:30 <b>C</b> Family Movie Night! (L) (ELD)</p>
<p>9:30 <b>HF</b> Group Exercise Class (B) (ELD) <b>4</b></p> <p>10:00 <b>IS</b> Joel Osteen Church Service (TH) (SL)</p> <p>1:00 <b>EF</b> Sunday Matinee (TH) (ELD)</p> <p>1:30 <b>HF</b> Meditation and Relaxation Stretching (B) (BD)</p> <p>2:00 <b>C</b> Sunday Sundaes!! (B) (ELI)</p> <p>3:30 <b>StoryWise™, Story Time!</b> (TH) (ELD)</p> <p>6:30 <b>PA</b> Let's Play Rummikub®! (ELC) (RL)</p>	<p>10:00 <b>HF</b> Stretch and Tone (B) (DH) <b>5</b></p> <p>10:30 <b>IS</b> Morning Devotions and Prayer (TH) (ELD)</p> <p>2:00 <b>IS</b> Caravan For Christ Gathering (TH) (V)</p> <p>3:00 Shopping at Kroger or Walmart (OUT) (BD)</p> <p>3:30 <b>EF</b> Brain Games (B) (ELD)</p> <p>6:30 <b>PA</b> Monday Night Nickels with Fred! (CR) (ELI)</p>	<p>10:00 <b>HF</b> Morning Fitness Class (B) (ELD) <b>6</b></p> <p>10:30 <b>IS</b> Morning Devotions and Prayer (TH) (LGS)</p> <p>12:00 <b>EF</b> Fall Scenic Bus Tour and Lunch! (OUT) (BD)</p> <p>1:30 <b>HF</b> Sit and Stretch Exercise Class (B) (ELI)</p> <p>3:00 Bingo With Fred! (B) (RL)</p> <p>6:30 <b>CE</b> Craft Class (ART) (ELI)</p>	<p>10:00 <b>HF</b> Wake-up Workout! (B) (ELI) <b>7</b></p> <p>10:30 <b>IS</b> Morning Devotions and Prayer (TH) (ELD)</p> <p>1:30 <b>HF</b> Chair Kickboxing (B) (DH)</p> <p>2:00 <b>IS</b> Catholic Communion with Deacon Steve (TH) (V)</p> <p>3:00 Let's Play Rummikub®! (B) (ELD)</p> <p>6:30 <b>CE</b> Canvas Painting with Mollie! (ART) (VI)</p>	<p>10:00 <b>HF</b> Morning Fitness (B) (DH) <b>8</b></p> <p>10:30 <b>IS</b> Morning Devotions and Prayer (TH) (LGS)</p> <p>1:30 <b>HF</b> Gentle Stretch (B) (ELI)</p> <p>2:30 <b>EF</b> Live Entertainment with Dick Watson (L) (E)</p> <p>3:00 Happy Hour (B) (ELD)</p> <p>6:00 <b>C</b> Quarterly Family Meeting (TH) (DH)</p> <p>6:30 <b>EF</b> Live Entertainment with Mark Snow (L) (E)</p>	<p>10:00 <b>HF</b> TGIF Morning Exercise (B) (ELD) <b>9</b></p> <p>10:30 <b>IS</b> Morning Devotions and Prayer (TH) (LGS)</p> <p>1:30 <b>HF</b> Sit and Stretch (B) (BD)</p> <p>2:00 <b>IS</b> Bible Study with Cheryl (TH) (ELI)</p> <p>3:00 Happy Hour (B) (ELD)</p> <p>3:30 <b>EF</b> Let's Play Nickels! (B) (ELI)</p> <p>6:30 Friday Night Bingo (B) (V)</p>	<p>10:00 <b>CV</b> Atria Shopping Event! (B) (V) <b>10</b></p> <p>10:00 <b>HF</b> Saturday Morning Stretch and Balance (B) (DH)</p> <p>10:30 <b>IS</b> Morning Devotions and Prayer (TH) (LGS)</p> <p>1:00 <b>CV</b> Crafting For a Purpose (ART) (ELD)</p> <p>2:00 <b>HF</b> Exercise with Light Weights (B) (DH)</p> <p>2:30 <b>LL</b> PBS Presentation (TH) (DH)</p> <p>3:30 <b>EF</b> Brain Games- Giant Crossword Puzzles (B) (ELD)</p> <p>6:30 <b>EF</b> Saturday Night Movie! (TH) (ELD)</p>
<p><b>HAPPY VETERANS DAY!</b> <b>11</b></p> <p>9:30 <b>IS</b> Springboro Baptist Church Service (L) (V)</p> <p>11:30 <b>HF</b> Power Step Chair Walking (B) (DH)</p> <p>1:00 <b>EF</b> Sunday Matinee (TH) (ELD)</p> <p>2:00 <b>EF</b> Let's Play Nickels (CR) (DH)</p> <p>3:30 <b>StoryWise™, Story Time</b> (TH) (DH)</p> <p>4:00 <b>HF</b> Meditation and Relaxation Stretching (TH) (VI)</p> <p>6:30 <b>PA</b> Let's Play Rummikub®! (ELC) (RL)</p>	<p>10:00 <b>HF</b> Stretch and Tone (B) (DH) <b>12</b></p> <p>10:30 <b>IS</b> Morning Devotions and Prayer (TH) (ELD)</p> <p>12:00 <b>HF</b> YMCA Day! (L) (BD)</p> <p>12:00 <b>CV</b> Celebrate Veterans Day! (L) (ELD)</p> <p>2:00 <b>IS</b> Caravan for Christ Gathering (TH) (SL)</p> <p>3:00 Shopping at Kroger or Walmart (OUT) (BD)</p> <p>3:30 Pretty Nail, Nail Spa (B) (ELD)</p> <p>6:30 <b>PA</b> Monday Night Nickels! (CR) (RL)</p>	<p>10:00 <b>HF</b> Morning Fitness (B) (ELD) <b>13</b></p> <p>10:30 <b>IS</b> Morning Devotions and Prayer (TH) (LGS)</p> <p>12:00 <b>C</b> Celebrate Young Reader's Day! (OUT) (BD)</p> <p>1:30 <b>HF</b> Sit and Stretch Exercise Class (B) (ELI)</p> <p>3:00 Bingo With Fred! (B) (RL)</p> <p>6:30 <b>CE</b> Craft Class (ART) (ELD)</p>	<p>10:00 <b>EF</b> Trip to Miami Valley Gaming (OUT) (BD) <b>14</b></p> <p>10:00 <b>HF</b> Wake-up Workout! (B) (ELI)</p> <p>10:30 <b>IS</b> Morning Devotions and Prayer (TH) (ELD)</p> <p>12:30 <b>LL</b> Sinclair Community College Seminar (TH) (VI)</p> <p>1:30 <b>HF</b> Wii® Bowling Tournament! (CR) (ELD)</p> <p>3:00 <b>LL</b> A Taste of Atria (B)</p> <p>6:30 <b>CE</b> Canvas Painting with Mollie (ART) (VI)</p>	<p>10:00 <b>HF</b> Morning Fitness (B) (ELD) <b>15</b></p> <p>10:30 <b>IS</b> Morning Devotions and Prayer (TH) (LGS)</p> <p>1:30 <b>HF</b> Gentle Stretch (B) (ELI)</p> <p>3:00 Happy Hour! (B) (ELD)</p> <p>3:30 <b>EF</b> Happy Hour Trivia and Games! (B) (ELD)</p> <p>4:00 <b>PA</b> Atria Ambassadors Meeting (B) (DH)</p> <p>5:00 <b>C</b> Family Thanksgiving Dinner!! (DR) (ELD)</p> <p>6:30 <b>EF</b> David Mullikin Live (L) (E)</p>	<p>10:00 <b>HF</b> TGIF Morning Exercise (B) (ELD) <b>16</b></p> <p>10:30 <b>IS</b> Morning Devotions and Prayer (TH) (ELD)</p> <p>1:30 <b>HF</b> Sit and Stretch (B) (DH)</p> <p>2:00 <b>IS</b> Bible Study with Cheryl (TH) (ELI)</p> <p>3:30 <b>EF</b> Let's Play Nickels! (B) (ELI)</p> <p>6:30 Friday Night Bingo (B) (ELI)</p>	<p>10:00 <b>HF</b> Saturday Morning Stretch and Balance (B) (DH) <b>17</b></p> <p>10:30 <b>IS</b> Morning Devotions and Prayer (TH) (LGS)</p> <p>1:00 <b>CV</b> Crafting For a Purpose (ART) (ELD)</p> <p>2:00 <b>HF</b> Exercise Class Light Weights (B) (DH)</p> <p>2:30 <b>LL</b> PBS Presentation (TH) (ELD)</p> <p>3:30 <b>EF</b> Brain Games-Giant Crossword Puzzles (B) (ELD)</p> <p>6:30 <b>C</b> Family Movie Night (TH) (ELD)</p>
<p>9:30 <b>HF</b> Group Exercise Class (B) (ELD) <b>18</b></p> <p>10:00 <b>IS</b> Joel Osteen Church Service (TH) (SL)</p> <p>1:30 <b>HF</b> Meditation and Relaxation Stretching (TH) (LGS)</p> <p>2:00 <b>EF</b> Let's Play Nickels (CR) (RL)</p> <p>2:00 <b>C</b> Sunday Sundaes!! (B) (DH)</p> <p>6:30 <b>PA</b> Let's Play Rummikub®! (ELC) (RL)</p>	<p>10:00 <b>HF</b> Stretch and Tone (B) (DH) <b>19</b></p> <p>10:30 <b>IS</b> Morning Devotions and Prayer (TH) (ELD)</p> <p>12:00 <b>HF</b> YMCA Day! (L) (BD)</p> <p>2:00 <b>IS</b> Caravan for Christ Gathering (TH) (SL)</p> <p>3:00 Shopping at Kroger or Walmart (OUT) (BD)</p> <p>3:30 <b>EF</b> Brain Games (B) (ELD)</p> <p>6:30 <b>PA</b> Monday Night Nickels! (CR) (RL)</p>	<p>10:00 <b>HF</b> Morning Exercise (B) (V) <b>20</b></p> <p>10:30 <b>IS</b> Morning Devotions and Prayer (TH) (LGS)</p> <p>1:00 <b>LL</b> Public Library Outing (OUT) (BD)</p> <p>1:30 <b>HF</b> Sit and Stretch Exercise Class (B) (DH)</p> <p>2:00 <b>PA</b> Town Hall Meeting (TH) (DH)</p> <p>3:00 Bingo with Fred! (B) (RL)</p> <p>6:30 <b>CE</b> Craft Class (ART) (ELD)</p>	<p>10:00 <b>HF</b> Wake-up Workout! (B) (ELI) <b>21</b></p> <p>10:30 <b>IS</b> Morning Devotions and Prayer (TH) (ELD)</p> <p>1:30 <b>HF</b> Chair Kickboxing (B) (DH)</p> <p>2:00 <b>IS</b> Catholic Communion with Deacon Steve (TH) (SL)</p> <p>3:00 <b>PA</b> Brain Games (B) (ELD)</p> <p>6:30 <b>EF</b> Mid-Week Movie (TH) (ELD)</p>	<p><b>HAPPY THANKSGIVING!!!</b> <b>22</b></p> <p>10:00 <b>HF</b> Arthritis Exercise (B) (DH)</p> <p>10:30 <b>IS</b> Morning Devotions and Prayer (TH) (LGS)</p> <p>1:30 <b>HF</b> Gentle Stretch (B) (ELI)</p> <p>3:00 Happy Hour (B) (ELD)</p> <p>3:30 Happy Hour Trivia (B) (ELD)</p> <p>6:30 <b>EF</b> Thanksgiving Day Movie (TH) (ELD)</p>	<p>10:00 <b>HF</b> TGIF Morning Exercise (B) (ELD) <b>23</b></p> <p>10:30 <b>IS</b> Morning Devotions and Prayer (TH) (ELD)</p> <p>1:30 <b>HF</b> Sit and Stretch Exercise Class (B) (ELD)</p> <p>2:00 <b>IS</b> Bible Study with Cheryl (TH) (SL)</p> <p>3:30 <b>EF</b> Let's Play Nickels! (B) (ELD)</p> <p>6:30 Friday Night Bingo! (B) (ELD)</p>	<p>10:00 <b>HF</b> Saturday Morning Stretch and Balance (B) (DH) <b>24</b></p> <p>10:30 <b>IS</b> Morning Devotions and Prayer (TH) (LGS)</p> <p>1:00 <b>CV</b> Crafting For A Puposue (ART) (ELD)</p> <p>1:30 <b>HF</b> Exercise Class with Light Weights (B) (DH)</p> <p>2:00 <b>HF</b> Solve Giant Crossword Puzzles (B) (ELD)</p> <p>3:30 <b>LL</b> PBS Presentation (TH) (ELD)</p> <p>6:30 <b>EF</b> Saturday Night Movie (TH) (ELD)</p>
<p>9:30 <b>IS</b> Church Service w/ Springboro Baptist (DR) (LGS) <b>25</b></p> <p>11:30 <b>HF</b> Power Step Chair Walking (B) (LGS)</p> <p>1:00 <b>EF</b> Sunday Matinee (TH) (ELD)</p> <p>2:00 <b>EF</b> Let's Play Nickels (CR) (ELD)</p> <p>3:30 <b>StoryWise™, Story Time</b> (TH) (DH)</p> <p>6:30 Family Bingo with Ardie (B) (V)</p>	<p>10:00 <b>HF</b> Stretch and Tone (B) (ELD) <b>26</b></p> <p>10:30 <b>IS</b> Morning Devotions and Prayer (L) (ELD)</p> <p>12:00 <b>HF</b> YMCA Day! (OUT) (BD)</p> <p>2:00 <b>IS</b> Caravan for Christ Gathering (TH) (SL)</p> <p>3:00 Shopping at Kroger or Walmart (OUT) (BD)</p> <p>3:30 Pretty Nails, Nail Spa (B) (ELD)</p> <p>6:30 <b>PA</b> Monday Night Nickels with Fred! (CR) (RL)</p>	<p>10:00 <b>HF</b> Balance and Tone (B) (ELD) <b>27</b></p> <p>10:30 <b>IS</b> Morning Devotions and Prayer (TH) (ELD)</p> <p>1:00 <b>PA</b> Resident Council Meeting (TH) (RL)</p> <p>1:30 <b>HF</b> Sit and Stretch Exercise Class (B) (ELI)</p> <p>3:00 Bingo with Fred! (B) (RL)</p> <p>6:30 <b>CE</b> Craft Class (ART) (ELD)</p>	<p>10:00 <b>EF</b> Trip to Miami Gaming (OUT) (BD) <b>28</b></p> <p>10:00 <b>HF</b> Wake-up Workout! (B) (ELI)</p> <p>10:30 <b>IS</b> Morning Devotions and Prayer (TH) (ELD)</p> <p>1:30 <b>HF</b> Chair Kickboxing (B) (ELD)</p> <p>2:00 <b>EF</b> Food For Thought (TH) (DH)</p> <p>3:30 <b>IS</b> Communion with Pastor Steve Cramer (TH) (SL)</p> <p>6:30 <b>EF</b> Mid-week Movie (TH) (ELD)</p>	<p>10:00 <b>HF</b> Arthritis Exercise Class (B) (ELD) <b>29</b></p> <p>10:30 <b>IS</b> Morning Devotions and Prayer (TH) (ELD)</p> <p>1:30 <b>HF</b> Gentle Stretch (B) (ELD)</p> <p>3:00 Happy Hour (B) (ELD)</p> <p>3:30 Happy Hour Games (B) (ELD)</p> <p>6:30 <b>LL</b> Live Entertainment (DR) (E)</p>	<p>10:00 <b>HF</b> TGIF Morning Exercise (B) (ELD) <b>30</b></p> <p>10:30 <b>IS</b> Morning Devotions and Prayer (TH) (ELD)</p> <p>1:30 <b>HF</b> Sit and Stretch Exercise (B) (ELD)</p> <p>2:00 <b>IS</b> Bible Study with Cheryl (TH) (ELI)</p> <p>3:30 <b>C</b> Let's Play Nickels (CR) (ELI)</p> <p>6:30 Friday Night Bingo (B) (RL)</p>	

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# LIFE GUIDANCE<sup>®</sup>

## Monthly Calendar of Events and Programming



### Featured Events this Month:

- Election Day Trivia**  
Tuesday, November 6, 11:00 AM
- Family Thanksgiving Dinner**  
Thursday, November 15, 5:00 PM
- Square Dance  
Entertainment and Lessons**  
Thursday, November 29, 6:30 PM

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# NOVEMBER 2018

SUNDAY

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Atria ENGAGE LIFE

- PA Personal Achievement
- HF Health & Fitness
- EF Entertainment & Fun
- CV Civic Engagement
- LL Lifelong Learning
- CE Creative Expression
- IS Inspiration & Spirituality
- C Connection
- A Atria StoryWise
- J Legato

**ROOM LOCATION KEY:**  
Life Guidance activity room LGA  
Lobby L  
Lower Outdoor Patio LOP  
Outing OUT  
Private Dining Room PDR

**STAFF KEY:**  
Lori Graff LGS  
Tammy McHenry BD  
Volunteer V

<p><b>Daylight Saving Time Ends!!</b> <span style="float: right;"><b>4</b></span></p> <p>10:00 <span style="color: blue;">IS</span> Joel Osteen Church Service (Channel 9)</p> <p>10:30 <span style="color: orange;">LL</span> Sunday Paper</p> <p>1:00 <span style="color: red;">PA</span> Puzzle Time</p> <p>2:00 <span style="color: red;">HF</span> Trivia Fun &amp; Fitness</p> <p>3:00 <span style="color: yellow;">C</span> Sunday Sundaes</p> <p>3:45 <span style="color: purple;">J</span> Legato Feel The Spirit Church Hymns</p> <p>6:30 <span style="color: orange;">LL</span> News and Views</p>	<p><b>5</b></p> <p>10:00 <span style="color: red;">HF</span> Flex and Stretch</p> <p>11:00 <span style="color: green;">EF</span> Out and About (OUT) (BD)</p> <p>1:30 <span style="color: green;">EF</span> Everyday Bingo</p> <p>3:00 <span style="color: yellow;">C</span> Friends and Fellowship Time</p> <p>4:00 <span style="color: red;">HF</span> Fitness &amp; Name 10</p> <p>6:00 <span style="color: red;">PA</span> "That's It"</p> <p>6:45 <span style="color: purple;">J</span> Legato Sing Along</p>	<p><b>Election Day!</b> <span style="float: right;"><b>6</b></span></p> <p>10:00 <span style="color: red;">HF</span> Flex 'N' Stretch</p> <p>11:00 <span style="color: orange;">LL</span> Election Day Trivia</p> <p>1:30 <span style="color: blue;">IS</span> Bible Study (LGA) (LGS)</p> <p>2:15 <span style="color: purple;">J</span> Legato Hymn Sing</p> <p>3:00 <span style="color: yellow;">C</span> Meet Your Neighbor &amp; Fellowship Time</p> <p>4:00 <span style="color: green;">EF</span> You Be The Judge</p> <p>6:00 <span style="color: green;">EF</span> "I Love America" Bingo</p> <p>7:15 <span style="color: purple;">J</span> Patriotic Songs</p>	<p><b>7</b></p> <p>10:00 <span style="color: red;">HF</span> Weight Workout</p> <p>11:00 <span style="color: purple;">J</span> Legato Sing Along (LGA) (LGS)</p> <p>1:30 <span style="color: green;">EF</span> American Bingo</p> <p>2:00 <span style="color: blue;">IS</span> Catholic Communion</p> <p>2:00 <span style="color: red;">CV</span> Voter Sign-Ups (PDR) (V)</p> <p>3:00 <span style="color: yellow;">C</span> Friends and Fellowship</p> <p>4:00 <span style="color: red;">HF</span> Fitness &amp; Spelling Fun</p> <p>6:00 <span style="color: red;">PA</span> Name 10</p> <p>6:45 <span style="color: green;">EF</span> Alphabet Fun</p>	<p><b>8</b></p> <p>10:00 <span style="color: red;">HF</span> Fitness Time</p> <p>11:00 <span style="color: red;">PA</span> "Things in Common"</p> <p>1:30 <span style="color: red;">HF</span> Bingo</p> <p>3:00 <span style="color: yellow;">C</span> Meet Your Neighbor &amp; Fellowship Time</p> <p>4:00 <span style="color: red;">HF</span> Fitness &amp; Whiteboard Word Scrambles</p> <p>6:00 <span style="color: orange;">LL</span> "You Be the Judge"</p> <p>6:30 <span style="color: purple;">J</span> Mark Snow Entertainment</p>	<p><b>9</b></p> <p>10:00 <span style="color: red;">HF</span> Low-Impact Aerobic</p> <p>11:00 <span style="color: purple;">J</span> Legato Name That Tune</p> <p>1:00 <span style="color: teal;">CE</span> Mandela Art</p> <p>1:30 <span style="color: green;">EF</span> Follow The Leader</p> <p>3:00 <span style="color: yellow;">C</span> Friends &amp; Fellowship Time</p> <p>4:00 <span style="color: red;">HF</span> Fitness &amp; "You Be the Judge"</p> <p>6:30 <span style="color: green;">EF</span> Popcorn and a Movie</p>	<p><b>10</b></p> <p>10:00 <span style="color: red;">HF</span> Colorful Weights</p> <p>1:00 <span style="color: green;">EF</span> Bingo</p> <p>2:45 <span style="color: purple;">J</span> Listen to Patriotic Music</p> <p>3:00 <span style="color: yellow;">C</span> Friends and Fellowship Time</p> <p>4:00 <span style="color: orange;">LL</span> Reminisce with Cards</p> <p>6:30 <span style="color: red;">HF</span> Ring Toss Fitness</p> <p>7:00 <span style="color: purple;">J</span> Legato w/ Lawrence Welk - Channel 16</p>
<p><b>11</b></p> <p>9:30 <span style="color: blue;">IS</span> "Live" Church Service (L)</p> <p>10:30 <span style="color: orange;">LL</span> Sunday Paper</p> <p>11:00 <span style="color: purple;">J</span> Legato Feel The Spirit Church Hymns</p> <p>1:00 <span style="color: red;">PA</span> Match Games</p> <p>2:30 <span style="color: red;">HF</span> Fitness &amp; "That's It"</p> <p>3:00 <span style="color: green;">EF</span> Sunday Sundaes</p> <p>4:00 <span style="color: orange;">LL</span> Reminiscing</p> <p>6:30 <span style="color: orange;">LL</span> News and Views</p>	<p><b>12</b></p> <p>10:00 <span style="color: red;">HF</span> Fitness Time</p> <p>11:00 <span style="color: green;">EF</span> Out and About</p> <p>11:15 <span style="color: red;">HF</span> Fitness with Brain Teasers</p> <p>1:30 <span style="color: green;">EF</span> Back to School Bingo</p> <p>3:00 <span style="color: yellow;">C</span> Friends and Fellowship Time</p> <p>4:00 <span style="color: purple;">J</span> Legato Sing Along</p> <p>6:00 <span style="color: orange;">LL</span> Old Wives Tales</p> <p>6:45 <span style="color: green;">EF</span> Chicken Soup for the Soul Stories</p>	<p><b>13</b></p> <p>10:00 <span style="color: red;">HF</span> Fitness Fun</p> <p>11:00 <span style="color: purple;">J</span> Legato Oldies But Goodies</p> <p>1:30 <span style="color: red;">PA</span> Match Games (LGA) (LGS)</p> <p>3:00 <span style="color: yellow;">C</span> Meet Your Neighbor &amp; Fellowship Time</p> <p>4:00 <span style="color: red;">PA</span> Odd Man Out</p> <p>6:00 <span style="color: green;">EF</span> Puzzle Time</p> <p>6:45 <span style="color: red;">HF</span> Balloon Toss</p>	<p><b>14</b></p> <p>10:00 <span style="color: red;">HF</span> Flex and Stretch</p> <p>11:00 <span style="color: purple;">J</span> Legato Name that Tune</p> <p>1:30 <span style="color: green;">EF</span> Fast Food Bingo</p> <p>3:00 <span style="color: yellow;">C</span> Friends and Fellowship Time</p> <p>4:00 <span style="color: red;">HF</span> Fitness &amp; "That's It"</p> <p>6:30 <span style="color: orange;">LL</span> News &amp; Views</p>	<p><b>15</b></p> <p>10:00 <span style="color: red;">HF</span> Fit and Stretch</p> <p>11:00 <span style="color: purple;">J</span> Legato Sing Along</p> <p>1:30 <span style="color: green;">EF</span> Patio Bingo</p> <p>3:00 <span style="color: yellow;">C</span> Meet Your Neighbor &amp; Fellowship Time (L)</p> <p>4:00 <span style="color: red;">HF</span> fitness with Trivia</p> <p>5:00 <span style="color: yellow;">C</span> Family Thanksgiving Dinner</p> <p>6:00 <span style="color: red;">PA</span> Fill In the Blank</p> <p>6:30 <span style="color: purple;">J</span> Legato Music with David Mullikin</p>	<p><b>16</b></p> <p>10:00 <span style="color: red;">HF</span> Flex and Stretch</p> <p>11:00 <span style="color: purple;">J</span> Favorite Songs Legato</p> <p>1:30 <span style="color: green;">EF</span> Everyday Bingo</p> <p>3:00 <span style="color: yellow;">C</span> Friends and Fellowship Time</p> <p>4:00 <span style="color: red;">HF</span> Fitness with Odd Trivia and Wives Tales</p> <p>6:30 <span style="color: green;">EF</span> Popcorn and a Movie</p>	<p><b>17</b></p> <p>10:00 <span style="color: red;">HF</span> Flex and Stretch</p> <p>10:30 <span style="color: red;">PA</span> Spelling Challenge</p> <p>11:00 <span style="color: red;">HF</span> Fitness &amp; Trivia</p> <p>1:00 <span style="color: purple;">J</span> Legato Bingo</p> <p>2:45 <span style="color: green;">EF</span> "Thinklers"</p> <p>3:00 <span style="color: yellow;">C</span> Friends and Fellowship Time</p> <p>4:00 <span style="color: orange;">LL</span> You Be the Judge</p> <p>7:00 <span style="color: purple;">J</span> Legato w/ Lawrence Welk - Channel 16</p>
<p><b>18</b></p> <p>10:00 <span style="color: blue;">IS</span> Joel Osteen Church Service (Channel 9)</p> <p>11:00 <span style="color: purple;">J</span> Legato Feel The Spirit Church Hymns</p> <p>1:00 <span style="color: red;">HF</span> Hand Therapy w/ Playdough</p> <p>2:00 <span style="color: red;">HF</span> Fitness &amp; Trivia (LGA) (LGS)</p> <p>3:00 <span style="color: yellow;">C</span> Sunday Sundaes</p> <p>4:00 <span style="color: red;">HF</span> Beach Ball Fitness</p> <p>6:30 <span style="color: orange;">LL</span> News and Views</p>	<p><b>19</b></p> <p>10:00 <span style="color: red;">HF</span> Flex and Stretch</p> <p>11:00 <span style="color: green;">EF</span> Out and About</p> <p>1:30 <span style="color: green;">EF</span> Blackjack</p> <p>3:00 <span style="color: yellow;">C</span> Person of Interest w/ Fellowship Time</p> <p>4:00 <span style="color: purple;">J</span> Legato "Eldercare Favorites"</p> <p>6:00 <span style="color: red;">HF</span> Fitness &amp; Word Searches</p> <p>6:45 <span style="color: green;">EF</span> Brian Games</p>	<p><b>20</b></p> <p>10:00 <span style="color: red;">HF</span> Colorful Weights</p> <p>11:00 <span style="color: purple;">J</span> Legato Music Trivia</p> <p>1:30 <span style="color: red;">PA</span> Word Searches and Puzzles</p> <p>3:00 <span style="color: yellow;">C</span> Meet Your Neighbor &amp; Fellowship Time</p> <p>4:00 <span style="color: green;">EF</span> Humorous Trivia</p> <p>6:00 <span style="color: red;">PA</span> Every Day Bingo</p> <p>6:45 <span style="color: red;">HF</span> Fitness with Trivial Pursuit</p>	<p><b>21</b></p> <p>10:00 <span style="color: red;">HF</span> Flex and Stretch</p> <p>11:00 <span style="color: purple;">J</span> Legato Reminisce to the Oldies</p> <p>1:30 <span style="color: green;">EF</span> Animal Bingo</p> <p>2:00 <span style="color: blue;">IS</span> Catholic Communion</p> <p>3:00 <span style="color: green;">EF</span> Taste of Atria</p> <p>4:00 <span style="color: red;">HF</span> Fitness while Reminiscing</p> <p>6:30 <span style="color: orange;">LL</span> News and Views</p>	<p><b>22</b></p> <p>10:00 <span style="color: red;">HF</span> Strength Training</p> <p>11:00 <span style="color: purple;">J</span> Legato Sing Along</p> <p>12:00 <span style="color: yellow;">C</span> Thanksgiving Dinner</p> <p>1:30 <span style="color: green;">EF</span> Thanksgiving Bingo</p> <p>3:00 <span style="color: yellow;">C</span> Meet Your Neighbor &amp; Fellowship Time</p> <p>4:00 <span style="color: red;">PA</span> Fitness &amp; "That's It"</p> <p>6:00 <span style="color: orange;">LL</span> Reminisce</p> <p>6:45 <span style="color: green;">EF</span> Trivia Time</p>	<p><b>23</b></p> <p>10:00 <span style="color: red;">HF</span> Fit-N-Trim</p> <p>11:00 <span style="color: red;">HF</span> Fitness &amp; Word Scrambles</p> <p>1:30 <span style="color: purple;">J</span> Legato Music Bingo</p> <p>3:00 <span style="color: red;">PA</span> Friends and Fellowship</p> <p>4:00 <span style="color: green;">EF</span> You Be the Judge</p> <p>6:30 <span style="color: yellow;">C</span> Popcorn and a Movie</p>	<p><b>24</b></p> <p>10:00 <span style="color: red;">HF</span> Flex and Stretch</p> <p>11:00 <span style="color: orange;">LL</span> Brain Teasers</p> <p>1:00 <span style="color: red;">PA</span> Crossword and Wordsearch</p> <p>2:45 <span style="color: purple;">J</span> Legato Sing Along</p> <p>3:00 <span style="color: yellow;">C</span> Friends and Fellowship Time</p> <p>4:00 <span style="color: red;">HF</span> Kickball Fitness</p> <p>7:00 <span style="color: purple;">J</span> Legato w/ Lawrence Welk - Channel 16</p>
<p><b>25</b></p> <p>9:30 <span style="color: blue;">IS</span> "Live" Church Service (L)</p> <p>10:30 <span style="color: orange;">LL</span> Sunday Paper</p> <p>11:00 <span style="color: purple;">J</span> Legato Feel The Spirit Church Hymns</p> <p>1:00 <span style="color: red;">PA</span> Match Game</p> <p>2:30 <span style="color: red;">HF</span> Colorful Weights</p> <p>3:00 <span style="color: yellow;">C</span> Sunday Sundaes</p> <p>4:00 <span style="color: red;">HF</span> Volleyball fitness</p> <p>6:30 <span style="color: orange;">LL</span> News and Views</p>	<p><b>26</b></p> <p>10:00 <span style="color: red;">HF</span> Fitness Time</p> <p>11:00 <span style="color: green;">EF</span> Out and About (OUT) (BD)</p> <p>1:30 <span style="color: teal;">CE</span> Christmas Tag Art</p> <p>3:00 <span style="color: yellow;">C</span> Friends and Fellowship Time</p> <p>4:00 <span style="color: purple;">J</span> Legato Name That Tune</p> <p>6:00 <span style="color: green;">EF</span> Celebrity Trivia</p> <p>6:45 <span style="color: red;">HF</span> Fitness with Brain Teasers</p>	<p><b>27</b></p> <p>10:00 <span style="color: red;">HF</span> Fitness Time</p> <p>11:00 <span style="color: purple;">J</span> Legato "Eldercare Favorites"</p> <p>1:30 <span style="color: green;">EF</span> Fun and Games</p> <p>3:00 <span style="color: yellow;">C</span> Meet Your Neighbor &amp; Fellowship Time</p> <p>4:00 <span style="color: red;">HF</span> Fitness &amp; Word Searches</p> <p>6:00 <span style="color: orange;">LL</span> Humorous Trivia</p> <p>6:45 <span style="color: green;">EF</span> "Finish the Line"</p>	<p><b>28</b></p> <p>10:00 <span style="color: red;">HF</span> Stretching</p> <p>11:00 <span style="color: purple;">J</span> Legato Song Fest</p> <p>1:30 <span style="color: red;">PA</span> Black Jack</p> <p>3:00 <span style="color: yellow;">C</span> Friends and Fellowship Time</p> <p>3:30 <span style="color: blue;">IS</span> Protestant Service</p> <p>4:00 <span style="color: purple;">J</span> That's It!</p> <p>6:30 <span style="color: red;">PA</span> News and Views (L)</p>	<p><b>29</b></p> <p>10:00 <span style="color: red;">HF</span> Trim and Tone</p> <p>11:00 <span style="color: red;">PA</span> Brain Games</p> <p>1:30 <span style="color: green;">EF</span> Kitchen Bingo</p> <p>3:00 <span style="color: yellow;">C</span> Friends and Fellowship</p> <p>4:00 <span style="color: red;">HF</span> Name 10 Fitness</p> <p>6:00 <span style="color: red;">PA</span> That's It!</p> <p>6:30 <span style="color: purple;">J</span> Square Dance Entertainment and Lessons</p>	<p><b>30</b></p> <p>10:00 <span style="color: red;">HF</span> Flex and Stretch</p> <p>11:00 <span style="color: purple;">J</span> Favorite Songs</p> <p>1:30 <span style="color: blue;">IS</span> Bible Study and Hymns</p> <p>3:00 <span style="color: yellow;">C</span> Friends and Fellowship</p> <p>4:00 <span style="color: red;">HF</span> Noodle Ball</p> <p>6:30 <span style="color: green;">EF</span> Popcorn and a Movie</p>	