ENGAGE LIFE®

Monthly Calendar of Events and Programming



Featured Events this Month:

Crafting For a PurposeSaturday, February 2, 1:00 PM

Adopt-A-Grandparent EventWednesday, February 20, 6:30 PM

Cocktails & Kisses Dance Event!Saturday, February 23, 6:30 PM

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Atria.
Senior Living

FEBRUARY 2019

ATRIA SPRINGBORO engage life®

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Atria. Engage Life	PA Personal Achievement HF Health & Fitness EF Entertainment & Fun CV Civic Engagement LL Lifelong Learning CE Creative Expression IS Inspiration & Spirituality C Connection Atria StoryWise	Lobby L Cheryl V Bistro B Residen Card Room CR Vendor Art Studio ART Volunte Outing OUT Spiritua	fff LGS ment Head DH Milson ELI at Led RL Instructor VI eer V al Leader SL McHenry BD RL Hallips ELI Harlow ELD		10:00 HF Wake Up with Renee Exercise! (B) (ELD) 10:30 IS Morning Devotions and Prayer (TH) (ELI) 11:30 PA Birthday Lunch with Liz!! (PDR) (DH) 1:30 HF Afternoon Exercise Stretch (B) (ELD) 2:00 IL "World's Greatest Churches" (TH) (ELD) 3:30 FF Let's Play Nickels! (B) (ELI) 6:30 Friday Night Bingo! (B)	10:00 HF Saturday Morning Stretch and Balance (B) (ELD) 10:30 IS Morning Devotions and Prayer (TH) (RL) 11:00 C Hot Cocoa & Friends (B) 1:00 CV Crafting For a Purpose (ART) (ELD) 2:00 HF Exercise with Light Weights (B) (DH) 3:30 EF Brain Games- Giant Crossword Puzzles (B) 6:30 C Family Movie Night! Singing in the Rain (TH)
9:30 HF Group Exercise Class (B) (ELI) 10:00 IS Joel Osteen Church Service (TH) (SL) 1:00 EF Sunday Matinee~ Singing in the Rain! (TH) 2:00 EF Let's Play Nickels! (CR) (RL) 3:30 StoryWise™: Common Ground (TH) (ELI) 4:00 HF Meditation and Relaxation Stretching (B) (ELD) 6:30 PA Let's Play Rummikub®! (B) (RL)	Happy Birthday Ernest Ostrognai! 10:00 HF Wake Up Exercise with Renee! (B) (ELD) 10:30 IS Morning Devotions and Prayer (TH) (ELD) 12:00 HF YMCA Day! (OUT) 2:00 EF Turbo Accordians Express (LGA) (DH) 2:00 IS Caravan For Christ Gathering (TH) (V) 3:00 Shopping at Kroger or Walmart (OUT) (BD) 6:30 PA Monday Night Nickels! (CR) (RL)	10:00 HF Wake Up with Annie Exercise! (B) (ELI) 10:30 IS Morning Devotions and Prayer (TH) (ELI) 11:00 EF El Toro's Lunch Outing (OUT) (ELD) 1:30 HF Strength Building Class (B) (ELI) 2:00 II. Tea, Trivia & Treats! (L) (ELD) 3:00 Bingo With Fred! (B) (RL) 6:30 CE Craft Class (ART) (ELI)	10:00 HF Wake Up Exercise! (B) 10:30 IS Morning Devotions and Prayer (TH) 11:00 Left Center Right - Dice Game! (B) (RL) 1:30 HF Kickboxing Class (B) 2:00 IS Catholic Communion with Deacon Steve (TH) (V) 3:00 Let's Play Rummikub®!! (B) (RL) 6:30 CE Canvas Painting with Mollie! (ART) (VI)	Happy Birthday Ruth Young! 10:00 HF Wake Up with Annie Exercise! (B) (ELI) 10:30 IS Morning Devotions and Prayer (TH) (ELI) 11:00 E Silk Scarf for Valentine's Day (ART) (ELD) 1:30 HF Afternoon Stretch (B) (ELI) 3:00 E Dick Watson Entertainer (B) (ELD) 3:00 Mix & Mingle Happy Hour Social (B) (ELD) 6:30 C Kind Club! Acts of Kindness! (TH) (ELD)	10:00 HF Wake Up with Renee & Exercise! (B) (ELD) 10:30 IS Morning Devotions and Prayer (TH) (ELD) 1:30 HF Afternoon Exercise Stretch (B) (ELD) 2:00 IL Doc: "World's Greatest Churches" (TH) (ELD) 3:30 EF Let's Play Nickels! (CR) (RL) 6:30 Friday Night Bingo (B)	10:00 HF Saturday Morning Stretch and Balance (B) (ELI) 10:30 IS Morning Devotions and Prayer (TH) (RL) 11:00 C Hot Cocoa & Friends (B) 1:30 CV Crafting For a Purpose (ART) (ELI) 2:00 HF Exercise with Light Weights (B) (DH) 2:30 LL PBS Presentation (TH) (DH) 3:30 EF Brain Games- Giant Crossword Puzzles (B 6:30 EF Saturday Night Movie! The Music Man (TH)
Happy Birthday Sandy Sakuma & Joan Berna 9:30 Springboro Baptist Church Service (L) (V) 11:30 HF Power Step Chair Walking (B) 1:00 EF Sunday Matinee ~The Music Man! (TH) 2:00 EF Let's Play Nickels (CR) (RL) 3:30 StoryWise™: Common Ground (TH) (DH) 4:00 HF Meditation and Relaxation Stretching (TH) 6:30 PA Let's Play Rummikub®! (B) (RL)	10:00 HF Wake Up with Renee & Exercise! (B) (ELD) 10:30 IS Morning Devotions and Prayer (TH) (ELI) 11:00 CE Silk Scarf for Valentine's Day (ART) (ELD) 12:00 HF YMCA Day! (OUT) (BD) 2:00 IS Caravan for Christ Gathering (TH) (SL) 3:00 Shopping at Kroger or Walmart (OUT) (BD) 3:30 C Nails & Tales (B) 6:30 PA Monday Night Nickels! (CR) (RL)	10:00 HF Wake Up with Annie Exercise! (B) (ELI) 10:30 IS Morning Devotions and Prayer (TH) (ELI) 1:30 HF Strength Building Class (B) (ELI) 2:00 IL Tea, Trivia & Treats (B) (ELI) 3:00 Bingo With Fred! (B) (RL) 6:30 Mastering the Love Language (ART) (ELI)	10:00 HF Wake Up Exercise! (B) 10:30 IS Devotions and Prayer with Students (TH) 12:30 LL Sinclair: The Development of Printing (TH) (ELD) 1:30 HF Kickboxing Class (CR) 3:00 LL A Taste of Atria (B) 4:00 PA Ambassador Meet & Greet New Residents! (B) (RL) 6:30 CE Canvas Painting with Mollie (ART) (VI)	Happy Birthday Barbara Bechtol! 10:00 HF Wake Up with Annie Exercise! (B) (ELI) 10:30 IS Morning Devotions and Prayer (TH) (ELI) 11:30 F Valentine's Day Luncheon at Anderson's (OUT) (VI) 1:30 HF Afternoon Stretch (B) (ELI) 3:00 Mix & Mingle Happy Hour Social! (B) (ELD) 6:30 IS Relaxation - Let's Go to The Beach! (TH) (ELD)	10:00 HF Wake Up with Renee Exercise! (B) (ELD) 10:30 IS Morning Devotions and Prayer (TH) (ELI) 1:30 HF Afternoon Exercise Stretch (B) (ELD) 2:00 IL Doc: "World's Greatest Churches" (TH) (ELD) 3:30 EF Let's Play Nickels! (CR) (RL) 6:30 Friday Night Bingo (B)	10:00 HF Saturday Morning Stretch and Balance (B) (DH) 10:30 IS Morning Devotions and Prayer (TH) (RL) 11:00 C Hot Cocoa & Friends (B) 1:30 CV Crafting For a Purpose (ART) 2:00 HF Exercise Class Light Weights (B) (DH) 2:30 LL PBS Presentation (TH) 3:30 EF Brain Games-Giant Crossword Puzzles (B) 6:30 C Family Movie Night! The Lost Valentine! (TH)
9:30 HF Group Exercise Class (B) 10:00 IS Joel Osteen church service (TH) (SL) 1:00 FF Sunday Matinee ~	10:00 HF Walking Up with Renee Exercise! (B) (ELD) 10:30 IS Morning Devotions and Prayer (TH) (ELI) 12:00 HF YMCA Day! (L) (BD) 2:00 IS Caravan for Christ Gathering (TH) (SL) 3:00 Shopping at Kroger or Walmart (OUT) (BD) 4:00 PA Engage Life® Programming Meeting! (TH) (ELD) 6:30 PA Monday Night Nickels! (CR) (RL)	10:00 HF Wake Up with Annie Exercise! (B) (ELI) 10:30 IS Morning Devotions and Prayer (TH) (ELI) 11:00 IL iPad®: Music Appreciation (TH) (ELI) 1:00 IL Public Library Outing (OUT) (BD) 1:30 HF Strength Building Class (B) (ELI) 2:00 PA Town Hall Meeting (TH) (DH) 3:00 Bingo with Fred! (B) (RL) 6:30 CE Craft Class (ART) (ELI)	10:00 HF Wake Up with Exercise! (B) 10:30 IS Morning Devotions and Prayer (TH) 11:00 Left Right Center - Dice Game! (B) (RL) 1:30 HF Kickboxing Class (B) 2:00 IS Catholic Communion with Deacon Steve (TH) (SL) 3:00 HF Brain Games (B) 6:30 CV Adopt-A-Grandparent Event (ART) (VI)	10:00 F Trip to Miami Valley Gaming (OUT) (BD) 10:00 HF Wake Up with Annie Exercise! (B) (ELI) 10:30 S Morning Devotions and Prayer (TH) (ELI) 11:00 Farkle - Let's Play Dice! (CR) (ELD) 1:30 HF Afternoon Stretch (B) (ELI) 3:00 C Happy Hour Social (B) 6:00 C Family Meeting (DR) (DH) 6:30 F Mark Snow Entertainer (L) (ELD)	Happy Birthday Lois Stout! 10:00 HF Wake Up with Renee & Exercise! (B) (ELD) 10:30 IS Morning Devotions and Prayer (TH) (ELI) 1:30 HF Afternoon Exercise Stretch (B) (ELD) 2:00 IL Doc: "World's Greatest Churches" (TH) (ELD) 3:30 EF Let's Play Nickels! (CR) (RL) 4:30 PA Atria Ambassador Dinner (PDR) (ELD) 6:30 Friday Night Bingo! (B)	10:00 HF Saturday Morning Stretch and Balance (B) (DH) 10:30 IS Morning Devotions and Prayer (TH) (RL) 11:00 C Hot Cocoa & Friends (B) 1:30 CV Crafting For A Purpose (ART) 2:00 HF Exercise Class with Light Weights (B) (DH) 2:30 EF Solve Giant Crossword Puzzles (B) 3:30 IL PBS Presentation (TH) 6:30 EF Cocktails & Kisses Dance Event! (DR) (ELD
9:30 IS Church Service w/ Springboro Baptist (DR) (LGS) 11:30 HF Power Step Chair Walking (B) (RL) 1:00 EF Sunday Matinee ~ The Sound of Music! (TH) 1:30 HF Meditation, Relaxation & Stretches (B) 2:00 EF Let's Play Nickels (CR) (RL) 3:30 StoryWise™: Common Ground (TH) (DH) 4:00 IL Computer Basics & Assistance (B) 6:30 Family Bingo Night! (B) (V)	10:00 HF Wake Up with Renee & Exercise! (B) (ELD) 10:30 IS Morning Devotions and Prayer (L) (ELI) 11:00 CE Reader's Theater Group! (TH) (ELD) 12:00 HF YMCA Day! (OUT) (BD) 2:00 IS Caravan for Christ Gathering (TH) (SL) 3:00 Shopping at Kroger or Walmart (OUT) (BD) 3:30 C Nails & Tales (B) 6:30 PA Monday Night Nickels! (CR) (RL)	10:00 HF Wake Up with Annie Exercise! (B) (ELI) 10:30 IS Morning Devotions and Prayer (TH) (ELI) 11:00 IL iPad®: Music Appreciation (TH) (ELI) 1:30 PA Resident Council Meeting (TH) (RL) 2:00 HF Strength Building Class (B) (ELI) 3:00 Bingo with Fred! (B) (RL) 6:30 CE Craft Class (ART) (ELI)	10:00 HF Wake Up with Exercise! (B) 10:00 EF Trip to Miami Gaming (OUT) (BD) 10:30 IS Morning Devotions and Prayer (TH) 11:00 Left Right Center - Dice Game (B) (RL) 12:45 IL Book Club "Why Sinatra Matters" (TH) (V) 1:30 HF Kickboxing Class (B) 2:00 Food for Thought 3:30 IS Communion with Pastor Steve Cramer (TH) (SL)	10:00 HF Wake Up with Renee & Exercise! (B) (ELD) 10:30 IS Morning Devotions and Prayer (TH) (ELD) 11:00 Farkle - Let's Play Dice! (CR) (ELD) 1:30 HF Afternoon Stretch (B) (ELI) 3:00 C Happy Hour Social! (B) (ELD) 6:30 IS Relaxation ~ Let's Visit the Beach! (TH) (ELD)		

LIFE GUIDANCE®

Monthly Calendar of Events and Programming



Featured Events this Month:

Valentine's Day PartyThursday, February 14, 3:00 PM

Welcome to the Neighborhood Party Thursday, February 21, 3:00 PM

Trip to Lovely's Farm
Market & Café
Monday, February 25, 11:00 AM

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FEBRUARY 2019

SUNDAY TUESDAY WEDNESDAY THURSDAY FRIDAY MONDAY SATURDAY 10:00 HF Trim & Fit 10:00 HF Stretch 'N' Fit PA Personal Achievement **ROOM LOCATION KEY:** STAFF KEY: 11:00 Legato Favorites
1:30 FF Follow The Leader (LOP) (LGS) 10:30 News & Views Life Guidance activity room Department Head HE Health & Fitness 11:00 PA Trivia Fun DR ELD Dining Room Jennifer Allen FF Entertainment & Fun 3:00 | Friends and Fellowship! LGS 1:00 PA Word Search Fun Lobby Lori Graff CV Civic Engagement 4:00 HF Fitness with Mind Games Word Scramble with Lower Outdoor Patio LOP Tammy McHenry BD 6:30 F Popcorn and a Movie White Board! (LGA) L Lifelong Learning OUT Outing 3:00 Friends and Fellowship Time **CE Creative Expression** 4:00 HF Ball Toss Fitness IS Inspiration & Spirituality 7:00 Legato w/ Lawrence Welk Connection Connection
Atria StoryWise 10:00 HF Flex 'N' Stretch 10:00 HF Stretch & Tone 10:00 IS Joel Osteen Church 10:00 HF Flex and Stretch 10:00 HF Weight Workout 10:00 HF Low-Impact Aerobic 10:00 HF Colorful Weights 11:00 Legato Name That Tune
1:00 Mandala Art Service (Channel 9) 11:00 Reminiscing (LGA) (LGS) 11:00 Legato Sing Along (LGA) (LGS) 1:30 EF Animal Bingo!! (DR) (DH) 11:00 F Trip Out and About (OUT) (BD) 11:00 PA Mind Games 10:30 US Sunday Paper 1:30 Everyday Bingo 1:30 F Puzzle and Games (LGA) (LGS) 1:30 E American Bingo 1:30 **EF** BINGO!! (LGA) (LGS) 2:45 Listen to Patriotic Music 1:00 PA Puzzle Time 3:00 Friends and Fellowship Time 2:15 Legato Hymn Sing 2:00 IS Catholic Communion 3:00 Friends and Fellowship Time 1:30 F Patio Bingo! 3:00 Friends and Fellowship Time 2:00 HF Trivia Fun & Fitness 4:00 [F] "That's It" 4:00 HF Fitness & Name 10 3:00 (V) No Sew Blankets 3:00 Kickin' It with Kelly! (LGA) (DH) 3:00 Red Hat Club 4:00 Reminisce with Cards 4:00 EF You Be The Judge 6:30 HF Kickball (LGS) 4:00 III Fitness & Spelling Fun 3:00 Sunday Sundaes 6:00 PA "That's It" 6:00 HF Noodle Ball 4:00 HF Fitness & "You Be the Judge" 6:30 HF Ring Toss Fitness 3:45 Legato Feel the Spirit Church Hymns 6:00 PA Name 10 6:45 EF Alphabet Fun 6:30 David Millikin, Live 6:30 EF Legato -Jazz (LGS) 6:30 F Popcorn and a Movie 7:00 Legato w/ Lawrence Welk 6:30 News and Views Guitar and Singing (L) 16 10:00 HF Fitness Time 10:00 HF Fitness Fun 10:00 HF Flex and Stretch Valentine's Day 10:00 HF Flex and Stretch 10:00 HF Flex and Stretch 9:30 IS "Live" Church Service (L) 11:00 Legato Oldies But Goodies 11:00 Legato Name that Tune 10:00 HF Fitness Time 10:30 PA Spelling Challenge 10:30 🞹 Sunday Paper 11:00 **III** Out and About 11:00 Favorite Songs Legato 11:00 Story Wise! (LGA) (DH)
1:30 HF Bingo 11:00 Legato Feel the Spirit Church Hymns
1:00 MA Match Games 1:30 C Deliver Cookies to Police Dept. (LGA) (LGS) 1:30 Everyday Bingo 11:15 **HF** Fitness with Brain Teasers 1:30 (E Winter Fun! (LGA) (LGS) 11:00 HF Fitness & Trivia 3:00 Friends and Fellowship Time
4:00 Fitness with Odd Trivia and Wives Tales 1:30 EF Back to School Bingo 1:30 F Word Scrambles! 2:30 Live Entertainment with Dick Watson (L) 2:45 Figure 1:45 Thinklers" 2:30 HF Fitness & "That's It" 3:00 CV Baking For A Cause 4:00 PA Odd Man Out 4:00 Legato Sing Along 3:00 Friends and Fellowship Time 3:00 EF Sunday Sundaes 6:30 News & Views 6:30 F Popcorn and a Movie 6:00 Figure Puzzle Time 3:00 Valentine's Day Party Old Wives Tales 4:00 III You Be the Judge 4:00 Reminiscing 4:00 HF Fitness & Whiteboard Word Scrambles 6:45 Ef Chicken Soup for the Soul Stories 6:45 HF Balloon Toss 7:00 Legato w/ Lawrence Welk 6:30 Wews and Views 6:00 III "You Be the Judge" 17 Presidents' Day 23 10:00 HF Colorful Weights 10:00 HF Flex and Stretch 10:00 HF Fit and Stretch 10:00 HF Fit-N-Trim 10:00 HF Flex and Stretch 10:00 S Joel Osteen Church 10:00 HF Flex and Stretch 11:00 Sing Along! (LGA) (LGS) 11:00 Legato Reminisce to the Oldies 11:00 Legato Sing Along 11:00 HF Fitness & Word Scrambles 11:00 Brain Teasers Service (Channel 9) 11:00 Legato Feel the Spirit Church Hymns 11:00 Legato Name that Tune! 1:30 PA Word Searches and Puzzles 1:30 PA Matching Games! 1:30 Fatio Bingo 1:30 Legato Music Bingo 1:00 CE Craft Fun (LGA) (DH) 3:00 Meet Your Neighbor & Fellowship Time 2:00 IS Catholic Communion 3:00 Welcome to the Neighborhood Party (L) 2:45 Legato Sing Along
3:00 Friends and Fellowship Time 1:30 IS St. Francis Church Sings (L) (ELD) 1:30 E Blackiack 3:00 Red Hat Club 3:00 Founding Fathers 4:00 Humorous Trivia 3:00 ■ StoryWise[™] Sharing 4:00 **III** You Be the Judge 2:00 HF Fitness & Trivia (LGA) (LGS) 4:00 HF Fitness with Trivia 4:00 **III** Name 10 6:00 PA Every Day Bingo 4:00 HF Fitness while Reminiscing 4:00 HF Kickball Fitness 6:30 Popcorn and a Movie 3:00 Sunday Sundaes 6:00 PA Fill In the Blank 4:00 HF Beach Ball Fitness 6:00 HF Bean Bag Toss! 6:45 HF Fitness with Trivial Pursuit 6:30 News and Views 7:00 Legato w/ Lawrence Welk 6:30 Bill Roth Live! (L) (LGS) 6:45 E Brian Games 6:30 **III** News and Views 28 10:00 HF Fitness Time 9:30 IS "Live" Church Service (L) 10:00 HF Fitness Time 10:00 **HF** Stretching 10:00 HF Strength Training 11:00 FF Trip to Lovely's Farm Market & Café 11:00 Legato "Eldercare Favorites" 10:30 🞹 Sunday Paper 11:00 Legato Song Fest 11:00 Legato Sing Along 1:00 HE Fitness & "That's It" 11:00 Legato Feel the Spirit Church Hymns 1:30 F Movie & Popcorn (LGA) (LGS) 1:30 PA Black Jack 11:00 Sing Along (LGA) (LGS) 3:00 Meet Your Neighbor & Fellowship Time 3:00 Meet Your Neighbor & Fellowship Time 1:00 PA Match Game 3:00 Friends and Fellowship Time 1:30 E US Bingo!! (LGA) (LGS) 2:30 HF Colorful Weights 4:00 HF Fitness & Word Searches 4:00 EF StoryWise™ Sharing 3:30 IS Protestant Service 3:00 Friends and Fellowship Time 3:00 Sunday Sundaes 4:00 **HF** That's It!" 6:00 Humorous Trivia 6:00 **III** Reminisce 3:30 IS Angel Stories! (LGA) (LGS) 4:00 HF Volleyball Fitness 6:45 Finish the Line" 6:30 PA News and Views (L) 6:30 EF Noodle Ball (LGA) (LGS) 6:00 EF Celebrity Trivia 6:45 HF Kickball! 6:30 News and Views