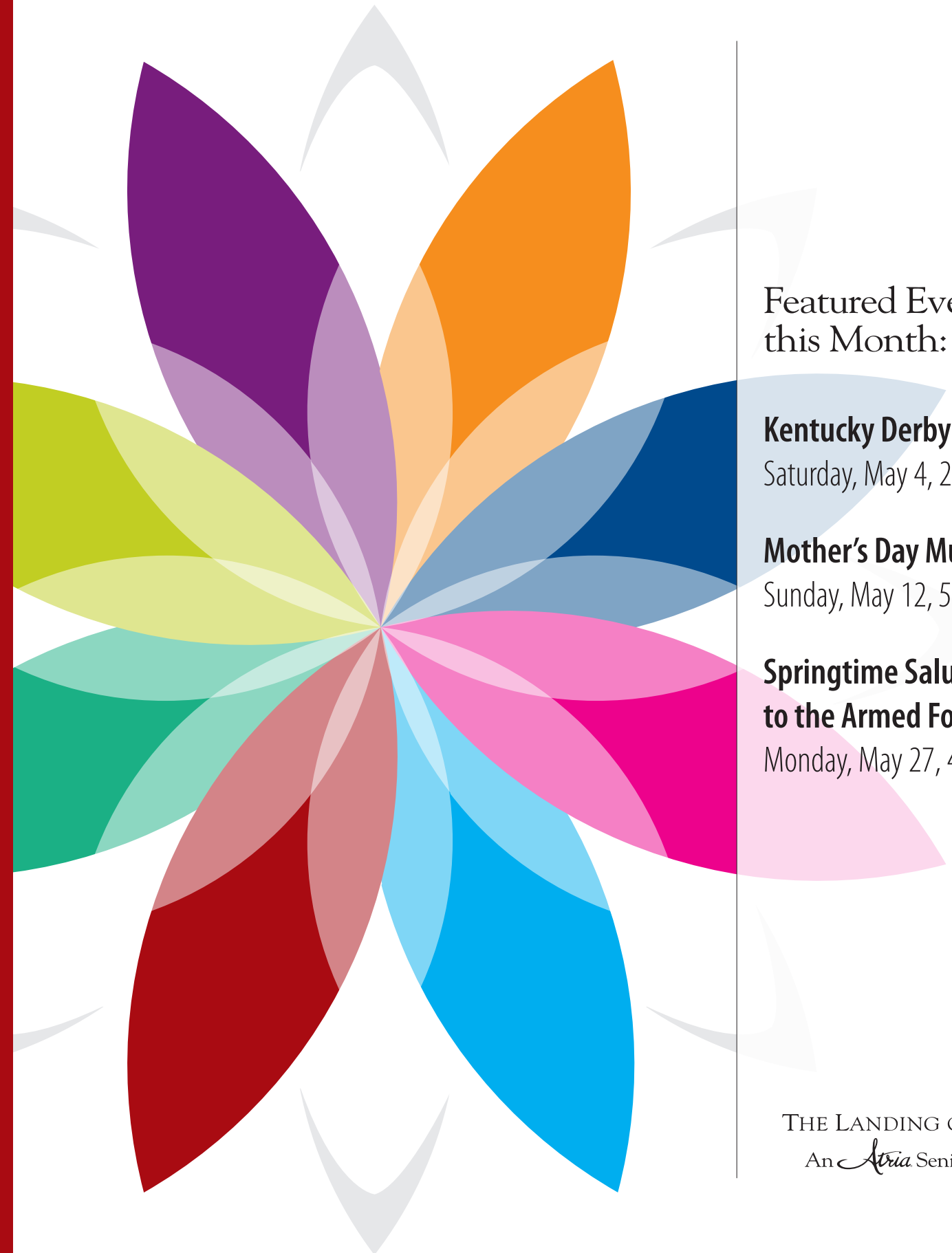


THE LANDING OF POUGHKEEPSIE  
An *Atria* Senior Living Residence

# ENGAGE LIFE<sup>®</sup>

## Monthly Calendar of Events and Programming



Featured Events  
this Month:

**Kentucky Derby Party**  
Saturday, May 4, 2:00 PM

**Mother's Day Musical Dinner**  
Sunday, May 12, 5:30 PM

**Springtime Salute  
to the Armed Forces**  
Monday, May 27, 4:00 PM

THE LANDING OF POUGHKEEPSIE  
An *Atria* Senior Living Residence

## SUNDAY

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

## SATURDAY



Atria ENGAGE LIFE

### ROOM LOCATION KEY:

Media Room MR  
Physical Therapy Room PTR  
Cafe C  
Patio Dining Room PD  
Lobby L  
Craft/Exercise Room C/E  
Adirondacks Area AD  
Card Room CR  
Bus B  
Restaurant R  
LG Dining Room LGR  
Front Desk FD  
Outdoor Walking ODW

### STAFF KEY:

Lecturer  
Engaged Life Director  
Rowing Volunteers  
Engage Life Instructor  
Anthony Quaranta  
RSA  
Resident Led  
Volunteer  
Front Desk  
Vendor Instructor  
Dept Engage Life  
Entertainer  
Spiritual Leader

Bus Driver BD  
Department Head DH  
Instructor Ins  
Culinary CUL  
Life Guidance Program Assistant LGP  
Community Directors CD  
AL-LG Cooperative Program ALC  
Resident Walking RW

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Rummikub® is a registered trademark of Rummikub  
Scrabble® is a registered trademark of Hasbro, Inc.  
Zumba® is a registered trademark of Zumba Fitness, LLC

**CINCO de MAYO** **5**  
9:45 Christ Church & Methodist Church (L) (BD)  
11:00 St. Martin de Porres (L) (BD)  
11:30 HF Walk to Workout (L) (V)  
2:15 Sunday Afternoon at the Movies (MR) (ELI)  
3:00 HF Body Balancing with Peter (C) (ELI)  
4:00 Happy Refreshment Hour (R) (V)  
4:30 EF Sunday Bingo (C) (ELI)  
6:45 StoryWise™ (L) (FD)  
7:15 Sunday Evening Thriller (MR) (V)

**6**  
10:00 Monday Comedy: Our Miss Brooks (MR) (V)  
10:00 EF Monday Morning Shopping (B) (ELI)  
11:30 HF Zumba® with Aiyannah! (C) (VI)  
1:30 HF Awareness and Balance (C) (ELI)  
2:00 EF Games: Mexican Train Dominoes (C) (RL)  
4:00 Happy Hour (C) (ELI)  
4:30 LL Today's Discussion of the Moment (C) (ELI)  
6:45 EF Jokes & Pranks (L) (FD)  
7:15 Historical Drama (MR) (V)

**7**  
10:15 CE iPad®: Museum Tours (MR) (ELD)  
10:30 HF Queen City Rowers (C) (RV)  
2:00 C Sequence (C) (RL)  
2:00 C Women's Club- Tuesday Bridge Group (AD) (RL)  
2:00 C Women's Social Club -Rummikub® (C) (RL)  
2:30 CE Decoupage (C/E) (ELI)  
2:45 Men's Action Adventure Movie (MR) (ELI)  
3:15 HF Focused Movement (C) (ELD)  
4:00 Happy Social Hour (C) (ELI)  
4:30 C Story Swap: Trips and Adventure (C) (ELI)  
6:15 C LG Movie Night (MR) (LGP)  
8:15 Movie of the Night (MR) (RSA)

**8**  
10:15 C Birgit Nilsson: A League of Her Own (MR) (ELD)  
11:00 HF Dance of the Scarves (LG & AL) (C) (ELD)  
1:00 CE Queen City Gardeners (PD) (ELI)  
1:30 IS ROSARY with Eileen (MR) (RL)  
2:00 C Women's Club: Wednesday Bridge Group (AD) (RL)  
2:15 Wednesday Dramatic Movies (MR) (ELI)  
3:15 HF Ballet Stretching for Balance (C) (ELD)  
4:00 Engaging Coffee (C) (ELD)  
4:15 EF Poker Club (CR) (DEL)  
4:30 IS Kazooy Afternoon to You! (C) (ELD)  
6:45 LL iPad®: Archeology Around the World (MR) (ELI)  
7:15 Night of Comedy (MR) (V)

**9**  
10:00 Strange & Unusual Movies (MR) (ELD)  
11:00 Shinrin-Yoku or Forest Therapy (L) (DEL)  
2:00 C Women's Thursday Bridge Club (AD) (RL)  
2:15 C Sequence (C) (RL)  
2:15 Historical Based Movies (MR) (V)  
2:30 C Rummikub® (C) (RL)  
3:15 HF Lightweight Lifts: Keeping Arms Tone (C/E) (ELI)  
4:00 PA Anniversaries and Birthdays (C) (RL)  
4:30 IS NY's Species: Know your Neighbors (C) (ELI)  
5:30 EF Mystery Restaurant Bus Trip (B) (AQ)  
6:45 HF Relaxation Techniques for Busy Days (C) (ELD)  
7:15 A Night of Comedic Movies (MR) (ELD)

**10**  
10:00 EF Weekly Outings (B) (ELD)  
10:00 LL iPad®: Docu-Movie (MR) (ELD)  
2:00 EF Mexican Train Dominoes (C) (RL)  
2:15 Afternoon Requests (MR) (V)  
2:30 HF Zumba® with Aiyannah (C) (VI)  
3:00 CE Jewelry Connection (C/E) (ELD)  
4:00 Happy Coffee Chat (C) (ELI)  
4:30 EF Trivial Trivia Challenge (C) (ELI)  
6:45 HF Work Out the Hands & Fingers (PTR) (ELD)  
7:15 Friday Night Movie (MR) (V)

**11**  
10:00 C Queen City Rowers (L) (RV)  
11:00 IS Communion (MR) (SL)  
11:30 CE Felting - Beginner's Class (C/E) (ELD)  
1:30 HF Strength and Balance (C) (ELD)  
2:00 LL Urban Archaeology (MR) (Lec)  
3:30 Marathon Bingo (C) (ELD)  
4:00 Happy Coffee Chat (C) (ELI)  
6:45 HF Focused Movements (C) (ELD)  
7:15 Saturday Night at the Movies (MR) (V)

**Mother's Day** **12**  
9:45 Christ Church & Methodist Church (L) (BD)  
11:00 St. Martin de Porres (L) (BD)  
1:45 HF Walking with Peter (L) (ELI)  
2:15 Midsommers Night Dream (MR) (V)  
4:00 Happy Refreshment Hour (C) (V)  
4:30 HF Celebrating Internat'l Day of Laughter (C) (ELI)  
5:30 EF Mother's Day Musical Dinner (R) (E)  
6:45 StoryWise™ (L) (FD)  
7:15 A Movie for Sunday Evening (MR) (V)

**13**  
10:00 EF Monday Morning Shopping (B) (ELI)  
10:15 More of Shirley Temple (MR) (V)  
11:30 HF Zumba® with Aiyannah! (C) (VI)  
2:00 C Mexican Train Dominoes (C) (RL)  
2:15 iPad®: History (MR) (ELI)  
3:00 HF Soothing Clay Work for Arthritis (C/E) (ELI)  
4:00 Happy Coffee Chat (C) (V)  
4:30 LL Resident Discussion Group (C) (RL)  
6:45 LL Jokes of the Day (L) (FD)  
7:15 Movie of Romance (MR) (FD)

**14**  
10:30 HF Queen City Rowers (C) (RV)  
11:15 LL Tech Tuesday: Learning Android (C) (ELI)  
1:30 HF Laughing Calisthenics (C/E) (ELD)  
2:00 CE Basic Tie Dying (C/E) (Ins)  
2:00 C Women's Club: Wednesday Bridge Group (AD) (RL)  
2:00 C Mexican Train Dominoes (C) (RL)  
2:15 iPad®: The History of Computers (MR) (ELD)  
4:00 Happy Beverage Hour (C) (ELI)  
4:15 EF Poker Club (CR) (DEL)  
4:30 LL You Be the Judge (C) (ELI)  
6:15 EF LG Movie Night (MR) (LGP)  
8:15 Movie of Comical Mayhem (MR) (V)

**15**  
10:15 C Morning Concert Event (ELD)  
1:00 CE Queen City Gardeners (PD) (ELI)  
1:30 HF Ballet Stretching for Balance (C) (ELD)  
1:30 IS ROSARY with Eileen (MR) (SL)  
2:00 C Rummikub® (C) (RL)  
2:00 C Bridge (AD) (RL)  
2:15 Wednesday Matinee (MR) (ELD)  
2:30 CE Decoupage (C/E) (ELI)  
4:00 It's 4:00 Happy Hour Somewhere (C) (ELD)  
4:30 LL Haiku-Shortest Poem Challenge (C) (ELD)  
6:45 IS Relaxing Meditation (MR) (ELD)  
7:15 Foreign Travel Movie (MR) (V)

**16**  
10:30 IS Follow the Aroma Relaxation (MR) (ELD)  
11:30 HF Progressive Muscle Relaxation (C) (ELD)  
1:45 CE Resident Baking (C) (ELD)  
2:00 C Women's Thursday Bridge (AD) (RL)  
2:00 EF Mexican Train Dominoes/Scrabble® (C) (ELD)  
2:15 LL iPad®: Scientific Exploration (MR) (ELI)  
4:00 PA Welcome New Neighbors Happy Hour (C) (RL)  
4:30 Getting to Know You (C) (DEL)  
6:45 Popcorn & Drinks Nightcap (MR) (AQ)  
7:15 Popular Movie of the Week (MR) (AQ)

**17**  
10:00 EF Weekly Outings (B) (ELD)  
10:00 LL iPad®: Timeline -YouTube® (MR) (ELD)  
1:00 CE The Landing Bell Choir Practice Session (C) (Ins)  
1:15 Afternoon at the Movie (MR) (ELD)  
2:00 LL Book Discussion Group (AD) (Lec)  
2:30 HF Zumba® with Aiyannah (C) (VI)  
3:30 Sweet Bingo (C) (ELD)  
4:30 Refreshment Time (C) (ELD)  
6:30 HF Ballet Stretches for Balancing (C) (ELD)  
6:45 LL iPad®: Ted Talks: Health (MR) (ELD)  
7:15 Movies of International Espionage (MR) (ELD)

**18**  
10:00 C Queen City Rowers (C) (RV)  
11:00 IS Communion (MR) (SL)  
1:30 HF Stretching & Strengthening (C) (ELI)  
2:00 EF Rummikub®, Mexican Trains Dominoes (C) (RL)  
2:00 CE Felting for Beginner's (C/E) (ELD)  
2:15 Saturday Afternoon Flick (MR) (ELD)  
3:30 HF Focused Movements (C) (ELD)  
4:00 LL Day Line Cruises on the Hudson (MR) (Lec)  
4:00 Happy Chat Time (C) (ELI)  
6:45 IS Meditation for the Worrier (PTR) (ELD)  
7:15 Comedic Movie Night (MR) (RSA)

**19**  
9:45 Christ Church & Methodist Church (B) (BD)  
11:00 St. Martin de Porres (B) (BD)  
2:00 HF A Walk with Peter (ODW) (RW)  
2:15 Sunday Matinee (MR) (V)  
3:30 C Sunday Afternoon Bingo (C) (ELI)  
4:00 Happy Engaging Refreshments (C) (CD)  
4:30 HF Moments of Laughter (C) (ELI)  
6:45 StoryWise™ (FD) (FD)  
7:15 Musical Movie (MR) (V)

**20**  
10:00 EF Monday Morning Shopping (B) (ELI)  
10:15 More of the East Side Comedy Kids (MR) (ELI)  
11:30 HF Zumba® with Aiyannah! (C) (VI)  
1:00 CE Open Crafting (C/E) (ELI)  
1:15 Afternoon Matinee: Titanic (MR) (ELI)  
2:30 HF Tone Up & Slim Down (C) (ELI)  
3:00 PA Learn to play Mexican Train Dominoes (C) (RL)  
3:30 EF Music Bingo (C) (ELI)  
4:30 Happy Refreshment Hour (C) (V)  
6:45 CE Poem of the Day (L) (FD)  
7:15 Monday Movie Night (MR) (V)

**21**  
10:15 LL iPad®: History (MR) (V)  
10:30 HF Queen City Rowers (C) (RV)  
10:30 EF Sequence/Scrabble®/Rummikub® (C) (RL)  
2:00 C Tuesday Women's Bridge Group (AD) (RL)  
2:00 C Mexican Train Dominoes (C) (RL)  
2:15 iPad®: Ted Talks (MR) (ELD)  
3:00 HF Bob & Sway: Light Impact Dancing (C) (ELI)  
4:00 COFFEE CHAT (C) (ELD)  
4:15 EF Poker Club (CR) (DEL)  
6:15 LG Requested Movie Night (MR) (ALC)  
8:15 Movie Night: Saving Mr. Banks (MR) (ELD)

**22**  
10:00 C Musical or Operatic Morning (MR) (ELD)  
10:30 HF Morning Breathing Exercises (C) (ELD)  
1:30 IS ROSARY with Eileen (MR) (V)  
2:00 C Rummikub® (C) (RL)  
2:00 C Bridge (AD) (RL)  
2:15 Action Adventure Afternoon Movie (MR) (DEL)  
2:30 CV Fundraising Craft Projects (C/E) (ELD)  
3:15 HF Whittle Your Middle (C) (ELD)  
4:00 Soda Fountain Treats (C) (DEL)  
4:30 LL You Be the Judge (C) (ELD)  
6:45 IS iPad®: Nature (MR) (ELD)  
7:15 Oldies But Goodies Movie Night (MR) (ELI)

**23**  
11:30 HF Passive Progressive Relaxation (AD) (ELD)  
1:00 CE Queen City Gardeners (PD) (ELI)  
2:15 LL iPad®: Science (MR) (ELD)  
3:15 HF Lightweight Lifts: Keeping Arms Tone (C) (ELI)  
4:00 PA Engage Life®/Civic Engagement (AD) (ELD)  
4:00 Happy Coffee & Refreshment Hour (C) (ELI)  
4:15 EF Poker (CR) (DEL)  
4:30 EF 5 Second Rule Game (C) (ELI)  
6:45 LL iPad®: Around the World (MR) (ELI)  
7:15 EF Western Movie Night (MR) (AQ)

**24**  
10:00 EF Weekly Outings (B) (ELD)  
10:00 LL Flash from the Past Movie (MR) (V)  
11:00 EF Scrabble®, Rummikub® (C) (RL)  
2:00 HF Progressive Focused Muscle Movements (C) (ELD)  
2:15 Musical Afternoon (MR) (ELD)  
2:30 HF Zumba® with Aiyannah (C) (VI)  
2:30 EF Mexican Train Dominoes (C) (RL)  
3:30 EF Sweet Bingo (C) (ELD)  
4:30 Refreshment Time (C) (ELD)  
6:45 IS iPad®: Positive Feelings (MR) (ELD)  
7:15 Friday Evening at the Movie (MR) (ELD)

**25**  
10:00 C Queen City Rowers (C) (RV)  
11:00 IS Communion (MR) (SL)  
11:30 HF Stretch and Balance (C) (ELD)  
2:00 CE Crafting with Yarn (C) (ELD)  
2:15 Saturday Afternoon at the Movies (MR) (ELD)  
3:30 HF Focused Movements (C) (ELD)  
4:00 Easy Listening Happy Social Hour (CR) (ELD)  
6:45 LL Jiddles & Mind Puzzles (L) (FD)  
7:15 Saturday Night at the Movies (MR) (V)

**26**  
9:45 Christ Church & Methodist Church (L) (BD)  
11:00 St. Martin de Porres (L) (BD)  
2:00 HF Lightweight Lifts: Keeping Arms Tone (L) (RL)  
2:15 Sunday Matinee (MR) (ELI)  
2:30 CE Crafting with Peter (C/E) (ELI)  
3:30 HF Walking with Peter (L) (V)  
4:00 EF Spring Piano Adventure Performance (R) (V)  
6:45 StoryWise™ (L) (FD)  
7:15 Sunday Romance Movie (MR) (V)

**Memorial Day!** **27**  
10:00 EF Monday Morning Shopping (B) (ELI)  
10:15 IS Interview with Jane Goodall (2016) (MR) (V)  
11:30 HF Zumba® with Aiyannah (C) (VI)  
1:00 CE Queen City Gardeners & Peter (C/E) (ELI)  
1:45 HF Soothing Clay Work for Arthritis (C/E) (ELI)  
2:00 CE Crafting with Peter (C/E) (ELI)  
2:15 Monday Matinee (MR) (ELI)  
4:00 CV Springtime Salute to the Armed Forces (L) (E)  
4:00 EF Afternoon Refreshments with Music (ELI)  
6:45 PA Jokes of the Day (L) (FD)  
7:15 Historical Movie Night (MR) (FD)

**28**  
10:15 iPad®: Scientific Inquiries (MR) (ELD)  
10:30 HF Queen City Rowers (C) (RV)  
2:00 C Women's Social Club- Rummikub® (AD) (V)  
2:00 C Women's Tuesday Bridge Group (AD) (RL)  
2:15 LL Historical Movie (MR) (ELI)  
2:30 CE Felting with Karen (C/E) (ELD)  
3:30 HF Walking with Peter (ODW) (RW)  
6:15 LG Movie Night (MR) (ALC)  
8:15 Tuesday Sci-Fi Movie (MR) (ELD)

**29**  
10:15 C Musical & Opera Group (MR) (ELD)  
10:30 HF Balance with Ballet (C) (ELD)  
1:00 CE Gardening with Peter (PD) (ELI)  
1:30 IS ROSARY with Eileen (MR) (V)  
2:00 EF Rummikub® (C) (RL)  
2:00 C Social Club Bridge (AD) (RL)  
2:15 Requested Movie (MR) (DEL)  
3:15 HF Focused Movements (C) (ELD)  
4:00 Happy Hour of Refreshments (C) (ELI)  
4:30 EF The Longest Word in Greek (C) (ELI)  
6:15 IS Laughter Yoga (MR) (ELD)  
7:15 Wednesday PM Musical (MR) (ELI)

**30**  
10:30 IS Follow the Aroma Relaxation (MR) (ELD)  
11:30 HF Ballet for the Balance with Karen (C) (ELD)  
1:15 iPad®: Archeology (MR) (ELI)  
2:00 LL Food for Thought (C/E) (CUL)  
3:00 CV Resident Council (C/E) (RL)  
4:00 Coffee Chat with Peter (C) (ELI)  
4:30 LL You be the Judge (C) (ELI)  
6:45 HF Walking after Dinner (ODW) (DEL)  
7:15 Thursday at the Movies (MR) (AQ)

**31**  
10:00 Sentimental Movie Morning (MR) (ELD)  
10:00 EF Friday AM Outing (B) (BD)  
2:15 Afternoon at the Movies (C) (ELD)  
2:30 HF Zumba® with Aiyannah (Ins)  
3:30 EF Word Adventure (C) (ELD)  
4:30 Happy Hour Somewhere in the World (C) (ELD)  
6:45 IS Meditation (MR) (ELD)  
7:15 Friday Night at the Movies (MR) (ELD)

- PA Personal Achievement
- HF Health & Fitness
- EF Entertainment & Fun
- CV Civic Engagement
- LL Lifelong Learning
- CE Creative Expression
- IS Inspiration & Spirituality
- C Connection
- StoryWise Atria StoryWise

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# LIFE GUIDANCE<sup>®</sup>

## Monthly Calendar of Events and Programming



### Featured Events this Month:

- Cinco De Mayo**  
Sunday, May 5, 2:30 PM
- Mother's Day Celebration**  
Sunday, May 12, 2:00 PM
- Memorial Day**  
Wednesday, May 29, 1:00 PM

THE LANDING OF POUGHKEEPSIE  
An *Atria* Senior Living Residence

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE

**ROOM LOCATION KEY:**  
Living Room LR

**STAFF KEY:**  
Life Guidance Program Assistant LGP  
Entertainer E

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<p><b>5</b></p> <p><b>Cinco De Mayo</b></p> <ul style="list-style-type: none"> <li>10:00 HF Stand Up and Be Fit</li> <li>10:30 LL Morning News &amp; Views</li> <li>11:00 C Snacks &amp; Chat</li> <li>11:00 IS Church Run</li> <li>1:00 HF Legato Music : Sing Along music</li> <li>2:00 HF Afternoon Exercise</li> <li>2:30 EF Cinco De Mayo</li> <li>3:00 EF Bowling</li> <li>3:30 CE Craft &amp; Fun</li> <li>4:00 CE Word in a Word</li> <li>6:00 EF Evening Movie</li> </ul>	<p><b>6</b></p> <ul style="list-style-type: none"> <li>10:00 HF Wake and Stretch</li> <li>10:30 LL iPad®: News &amp; Views</li> <li>11:00 C Snack and Chat</li> <li>11:30 HF Zumba®</li> <li>1:00 J Legato Music : name that tune</li> <li>2:00 HF Catch it Game</li> <li>2:45 C Snacks &amp; Songs</li> <li>3:30 LL Short Stories Reading</li> <li>4:00 CE Water Coloring/Card Games</li> <li>6:00 EF Evening Movie</li> </ul>	<p><b>7</b></p> <ul style="list-style-type: none"> <li>10:00 HF Chair Dancing</li> <li>10:30 C Spa Time</li> <li>11:00 C Snacks &amp; Chat</li> <li>11:30 LL iPad®: The Morning Facts</li> <li>1:00 J Legato-Music Program</li> <li>2:00 HF Walking Group</li> <li>2:30 CE Finish the lines Fun</li> <li>3:00 EF Puzzles/Games</li> <li>3:30 IS Wind Down Music</li> <li>4:30 EF Golf</li> <li>6:00 EF Evening Movie</li> <li>6:15 EF Movie Night</li> </ul>	<p><b>8</b></p> <p><b>Mother Goose Day</b></p> <ul style="list-style-type: none"> <li>10:00 CE Today in History</li> <li>10:30 LL iPad® Morning News</li> <li>11:00 LL Did you know?</li> <li>11:30 HF Exercise with Karen</li> <li>1:30 CV Field Trip</li> <li>2:00 CE Canvas Painting</li> <li>2:30 HF Yoga</li> <li>3:00 C Group Discussion &amp; Snacks</li> <li>3:30 CE Trivia Time</li> <li>4:00 PA Bingo/Puzzle Time</li> <li>6:00 EF Evening Movie</li> </ul>	<p><b>9</b></p> <ul style="list-style-type: none"> <li>10:00 HF Wake Up &amp; Get Movin'</li> <li>10:30 IS Aromatherapy</li> <li>11:00 C Snacks &amp; Chat</li> <li>11:30 PA Finish the Line Trivia</li> <li>1:00 HF Food Experience</li> <li>2:00 HF Walking Group (LGP)</li> <li>2:30 CE Word in a Word</li> <li>3:00 HF Snack and Chat</li> <li>3:30 CV Trivia</li> <li>4:00 EF Pet Therapy</li> <li>6:00 EF Evening Movie</li> </ul>	<p><b>10</b></p> <ul style="list-style-type: none"> <li>10:00 HF Sit and Be Fit</li> <li>10:30 CE Book Club</li> <li>11:00 C Snack and music</li> <li>11:30 EF Name that Tune</li> <li>1:00 J Legato Music Program: 70's Music</li> <li>1:30 HF Stretch and Flex</li> <li>2:00 CE Happy Hour</li> <li>2:30 CE Wind Down Music with 40's</li> <li>3:30 HF Zumba®</li> <li>4:00 PA Puzzle Time</li> <li>4:30 HF Walking Group</li> <li>6:00 EF Evening Movie</li> </ul>	<p><b>11</b></p> <p><b>Kentucky Derby Day</b></p> <ul style="list-style-type: none"> <li>10:00 HF Get Fit</li> <li>10:15 EF Music Therapy</li> <li>10:30 LL iPad® Fun</li> <li>11:00 HF Snack and Chat</li> <li>11:30 IS Religious Services</li> <li>1:00 EF Legato Music Eldersong Sing Along (LR) (E)</li> <li>2:00 HF Stretch and Flex</li> <li>3:30 EF Bowling</li> <li>4:00 PA BINGO</li> <li>4:30 EF Water Coloring</li> <li>6:00 EF Evening Movie: Comedy</li> </ul>
<p><b>12</b></p> <ul style="list-style-type: none"> <li>10:00 HF Movin' and Groovin'</li> <li>10:30 LL iPad®: Sunday News</li> <li>11:00 C Snacks &amp; Chat</li> <li>11:00 IS Church Run/ Fun with Puzzles</li> <li>1:00 J Legato Music Program- Sing Along</li> <li>2:00 EF Mother's Day Celebration</li> <li>3:00 C Sunday Sundaes</li> <li>4:00 C Music Mash up with 50's &amp; 60's</li> <li>4:30 CV Finish the Line</li> <li>6:00 EF Evening Movie</li> </ul>	<p><b>13</b></p> <ul style="list-style-type: none"> <li>10:00 HF Flex and Stretch</li> <li>10:30 LL iPad®: What is Happening Today?</li> <li>11:00 CV Snack and Chat</li> <li>11:30 LL Zumba®</li> <li>1:00 J Legato Music Program</li> <li>2:00 HF Stretch and Flex</li> <li>3:00 C Snacks and Poetry Reading</li> <li>4:00 PA Bingo/Water Coloring</li> <li>4:30 EF Ball Toss</li> <li>6:00 EF Evening Movie</li> </ul>	<p><b>14</b></p> <ul style="list-style-type: none"> <li>10:00 HF Chair Dancing</li> <li>10:30 C SPA TIME</li> <li>11:00 C Snacks &amp; Chat</li> <li>11:30 CV iPad®: Today in History</li> <li>1:00 LL Brain Stretching</li> <li>1:30 J Legato Music - Eldersong Sing Along</li> <li>2:00 HF Stretch &amp; Flex</li> <li>3:00 EF Water coloring &amp; Card Games</li> <li>4:30 HF Walking Group</li> <li>6:00 EF Classic Movie</li> <li>6:15 EF Movie Night</li> </ul>	<p><b>15</b></p> <p><b>Chocolate Chip Day</b></p> <ul style="list-style-type: none"> <li>10:00 CE You be the Judge</li> <li>10:30 LL iPad® : Talented Kids video</li> <li>11:00 LL Views on the News</li> <li>11:30 HF Exercise with Karen</li> <li>1:00 J Legato Music Program- Sing Along</li> <li>1:30 CV Field Trip</li> <li>2:30 C Snack &amp; Board Games</li> <li>3:00 IS Short Stories</li> <li>4:00 EF BINGO/Broad Games</li> <li>6:00 EF Evening Movie</li> </ul>	<p><b>16</b></p> <p><b>Wear Purple Day For Peace</b></p> <ul style="list-style-type: none"> <li>10:00 HF Sit and Be Fit</li> <li>10:30 IS Aromatherapy</li> <li>11:00 C Snacks &amp; Chat</li> <li>11:30 LL Inspirational Stories</li> <li>1:00 HF Food Experience</li> <li>2:00 HF Fun Fitness</li> <li>2:30 C Fun with Puzzles</li> <li>3:00 C Snack &amp; Chit Chat</li> <li>4:00 CV Pet Therapy</li> <li>4:30 CV Short Stories</li> <li>6:00 EF Evening Movie</li> </ul>	<p><b>17</b></p> <p><b>A Berry Nice day</b></p> <ul style="list-style-type: none"> <li>10:00 HF Commit to be Fit</li> <li>10:30 CV News And Views</li> <li>11:00 C Snacks &amp; Chat</li> <li>11:30 C Finish the lines</li> <li>1:00 J Legato Music Program</li> <li>2:00 C Happy Hour</li> <li>2:30 HF Yoga</li> <li>3:30 HF Zumba®</li> <li>4:00 EF Musical Wind Down with Ella Fitzgerald</li> <li>4:30 CE Craft Time</li> <li>6:00 EF Evening Movie</li> </ul>	<p><b>18</b></p> <ul style="list-style-type: none"> <li>10:00 HF Wake &amp; Stretch</li> <li>10:15 EF Music Therapy</li> <li>10:30 LL Fun &amp; Facts</li> <li>11:00 C Snacks &amp; Chat</li> <li>11:30 IS Religious Service</li> <li>1:00 J Concert with Len</li> <li>2:00 CE Poetry</li> <li>2:30 C Pet Therapy</li> <li>3:00 C Share a Story</li> <li>4:00 PA Bingo</li> <li>4:30 CE Water Coloring</li> <li>6:00 EF Evening Movie</li> </ul>
<p><b>19</b></p> <p><b>All Bottled up Day</b></p> <ul style="list-style-type: none"> <li>10:00 HF Movin' and Groovin'</li> <li>10:30 LL iPad®: Sunday Paper</li> <li>11:00 IS Church Run</li> <li>1:00 J Legato Music Program: Celtic Music</li> <li>3:15 PA Board Games</li> <li>3:45 CV Poetry Reading</li> <li>4:15 HF Walking Club</li> <li>4:45 CV You be the Judge</li> <li>6:00 EF Evening Movie</li> </ul>	<p><b>20</b></p> <ul style="list-style-type: none"> <li>10:00 HF Flex and Stretch</li> <li>10:30 LL Morning Facts &amp; Fun</li> <li>11:00 HF Snack and Chat</li> <li>11:30 LL Zumba®</li> <li>1:00 J Legato Music Program</li> <li>1:30 LL Trivia Time</li> <li>2:30 HF Stretch and Flex</li> <li>3:00 C Snack &amp; Puzzle Fun</li> <li>4:00 CE Color the Page/Trash Can Toss Game</li> <li>6:00 EF Evening Movie</li> </ul>	<p><b>21</b></p> <ul style="list-style-type: none"> <li>10:00 HF Wake Up &amp; Go</li> <li>10:30 C SPA TIME</li> <li>11:00 C Snacks &amp; Chat</li> <li>11:30 CE A Word In A Word</li> <li>1:00 LL What is going on?</li> <li>1:00 J Legato Music Program</li> <li>2:00 HF Walking Group</li> <li>3:00 C Tea Time</li> <li>3:30 CE Name that Song</li> <li>4:30 CV Trivia</li> <li>6:00 EF Evening Movie</li> <li>6:15 EF Movie Night</li> </ul>	<p><b>22</b></p> <ul style="list-style-type: none"> <li>10:00 CE You be the Judge</li> <li>10:30 LL iPad®: Good News Network</li> <li>11:00 C Feel Good Music</li> <li>11:30 HF Exercise with Karen</li> <li>1:00 J Legato Music Program- 70's Music</li> <li>2:00 HF Afternoon Fitness</li> <li>3:30 HF Walking Club</li> <li>4:00 CE Craft Hour/ Bingo</li> <li>6:00 EF Evening Movie</li> </ul>	<p><b>23</b></p> <ul style="list-style-type: none"> <li>10:00 HF Get in Shape</li> <li>10:30 CV Today in History</li> <li>11:00 C Snacks &amp; Chat</li> <li>11:30 LL You Be The Judge</li> <li>1:15 J Legato Music Program: 50s Style</li> <li>2:00 HF Get Up &amp; Get Moving</li> <li>2:30 CE a Word in a Word</li> <li>3:00 EF Craft Time</li> <li>4:00 CV Pet Therapy</li> <li>4:30 CE Music and Memories</li> <li>6:00 EF Evening Movie</li> </ul>	<p><b>24</b></p> <ul style="list-style-type: none"> <li>10:00 HF Get Up &amp; Move</li> <li>10:30 LL Today's News</li> <li>11:00 EF Snack and Chat</li> <li>1:00 J Legato Music Program- 60's Sing Along</li> <li>2:00 CE Craft Time</li> <li>2:30 HF Walking Club</li> <li>3:00 C Happy Hour</li> <li>3:30 HF Zumba®</li> <li>4:00 PA Bingo</li> <li>4:30 CE Card Games</li> <li>6:00 EF Evening Movie</li> </ul>	<p><b>25</b></p> <p><b>International Jazz Day</b></p> <ul style="list-style-type: none"> <li>10:00 HF Morning Stretch</li> <li>10:30 LL iPad® News &amp; Views</li> <li>11:00 C Snacks &amp; Chat</li> <li>11:30 IS Religious Services</li> <li>1:30 HF Dancing through the Decades</li> <li>2:00 C Snack &amp; Chat</li> <li>3:00 CE BINGO</li> <li>3:30 CE Music Wind Down</li> <li>4:00 CV Finish The Lines</li> <li>4:30 HF Walking Club</li> <li>6:00 EF Evening Movie</li> </ul>
<p><b>26</b></p> <ul style="list-style-type: none"> <li>10:00 HF Sunday Stretch</li> <li>10:30 LL iPad® Sunday Paper</li> <li>11:00 C Snacks &amp; Chat</li> <li>11:00 IS Church Run</li> <li>1:00 J Legato-Eldersong Sing Along</li> <li>2:00 HF Afternoon Exercise</li> <li>2:30 C Welcome to the Neighborhood Sundaes</li> <li>3:00 CE Craft Time</li> <li>3:30 CE Word In A Word</li> <li>4:00 CV BINGO/Color Page</li> <li>6:00 EF Evening Movie</li> </ul>	<p><b>27</b></p> <ul style="list-style-type: none"> <li>10:00 HF Flex and Stretch</li> <li>10:30 LL Monday Morning News</li> <li>11:00 HF Snack and Chat</li> <li>11:30 LL Zumba®</li> <li>1:00 C Let's Talk About It</li> <li>1:15 J Legato Music Program</li> <li>2:00 HF Afternoon Exercise</li> <li>3:30 LL Who Am I?</li> <li>4:00 EF BINGO/Bowling</li> <li>6:00 EF Evening Movie</li> </ul>	<p><b>28</b></p> <ul style="list-style-type: none"> <li>10:00 HF Morning Exercise</li> <li>10:30 C SPA TIME</li> <li>11:00 C Snacks &amp; Chat</li> <li>11:30 LL Morning News</li> <li>1:00 HF Early Afternoon Fitness</li> <li>1:15 J Legato Music Program- Eldersong</li> <li>2:00 HF Walking Club</li> <li>2:45 CE Color the Page</li> <li>3:00 EF Name the tune</li> <li>4:00 EF BINGO</li> <li>6:00 EF Classic Movie</li> </ul>	<p><b>29</b></p> <ul style="list-style-type: none"> <li>10:00 HF Stretch and Flex</li> <li>10:30 CE News and view</li> <li>11:00 C Snack and Trivia</li> <li>11:30 HF Exercise with Karen</li> <li>1:00 C Memorial Day</li> <li>2:00 HF Walking Club</li> <li>2:30 CE You be The Judge</li> <li>3:00 CE Trivia Time</li> <li>3:30 EF Bowling</li> <li>4:00 EF Bingo</li> <li>6:00 EF Evening Movie</li> </ul>	<p><b>30</b></p> <ul style="list-style-type: none"> <li>10:00 HF Commit To Be Fit</li> <li>11:00 CE Snack and Chat</li> <li>11:30 CV iPad®: Thursday News</li> <li>1:00 CE Legato Music:Eldersong Sing Along</li> <li>1:30 CE Finish The Line</li> <li>2:00 HF Walking Club</li> <li>2:30 CE A Word in a Word</li> <li>3:00 CE Snack and Trivia</li> <li>3:30 C Short Stories</li> <li>4:00 C Pet Therapy</li> <li>6:00 EF Evening Movie</li> </ul>	<p><b>31</b></p> <ul style="list-style-type: none"> <li>10:00 HF Stretch and Flex</li> <li>10:30 C News and Views</li> <li>11:00 CE Poetry</li> <li>1:00 J Legato Music: Eldersong Sing along</li> <li>1:30 HF Walking Club</li> <li>2:00 C Happy Hour</li> <li>2:30 HF Walking Club</li> <li>3:00 CE Coloring Page</li> <li>3:30 HF Zumba®</li> <li>4:00 HF Ball Toss</li> <li>4:30 CE Short story</li> <li>6:00 EF Evening Movie</li> </ul>	<p><b>PA Personal Achievement</b></p> <p><b>HF Health &amp; Fitness</b></p> <p><b>EF Entertainment &amp; Fun</b></p> <p><b>CV Civic Engagement</b></p> <p><b>LL Lifelong Learning</b></p> <p><b>CE Creative Expression</b></p> <p><b>IS Inspiration &amp; Spirituality</b></p> <p><b>C Connection</b></p> <p><b>Atria StoryWise</b></p>