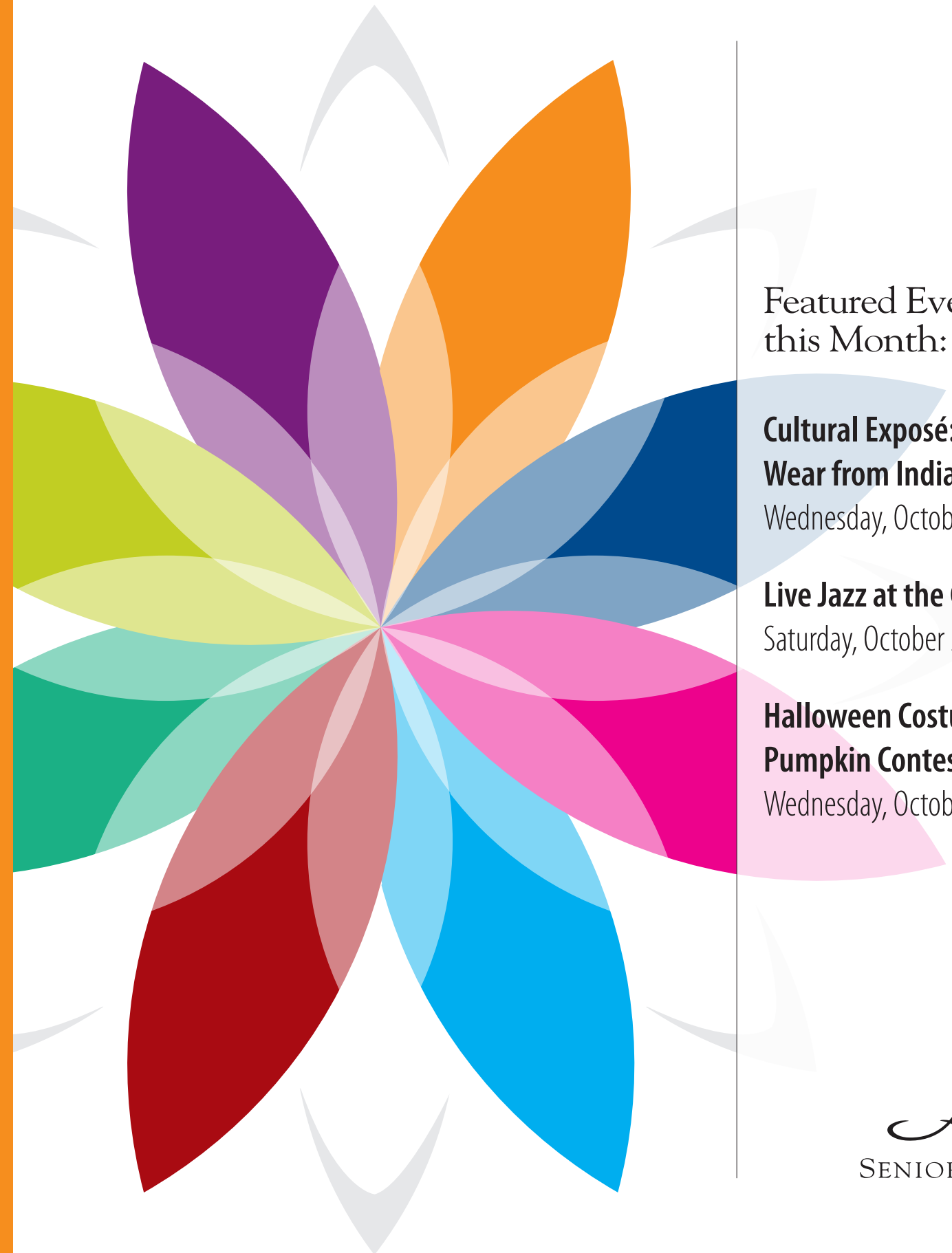


ENGAGE LIFE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

**Cultural Exposé: Women's
Wear from India**

Wednesday, October 10, 3:00 PM

Live Jazz at the Grille

Saturday, October 20, 3:00 PM

**Halloween Costume Party/
Pumpkin Contest**

Wednesday, October 31, 3:00 PM

Atria
SENIOR LIVING

Atria
SENIOR LIVING

OCTOBER 2018

ATRIA ON THE HUDSON
engage life®

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE

<p>10:00 Coffee, Tea and the Morning News (AS) (KC)</p> <p>10:30 HF Pool is Open (P) (JW)</p> <p>10:30 HF Strength and Balance with Weights (A) (GA)</p> <p>11:00 LL The World Almanac: Popular Culture (A) (GA)</p> <p>12:00 EF Ping Pong by the Pool (P) (RL)</p> <p>1:00 PA Mahjong Games (GR) (RL)</p> <p>2:30 HF Balance Focused Exercise Class (A)</p> <p>3:00 LL Documentary and Discussion (A) (GA)</p> <p>4:00 PA Green Thumb Horticulture Workshop (A) (OV)</p> <p>6:00 Game Night: Your Choice! (GR) (RL)</p> <p>7:30 Romance Movie (T)</p>	<p>10:00 C Coffee, Tea and the Morning News (AS) (KC)</p> <p>10:30 HF Pool is Open (P) (JW)</p> <p>10:30 HF Strength and Balance with Weights (A) (GA)</p> <p>11:00 LL The World Almanac: Popular Culture (A) (GA)</p> <p>12:00 EF Ping Pong by the Pool (P) (RL)</p> <p>1:00 PA Mahjong Games (GR) (RL)</p> <p>2:30 HF Balance Focused Exercise Class (A)</p> <p>3:00 LL Documentary and Discussion (A) (GA)</p> <p>4:00 PA Green Thumb Horticulture Workshop (A) (OV)</p> <p>6:00 Game Night: Your Choice! (GR) (RL)</p> <p>7:30 Romance Movie (T)</p>	<p>10:00 LL Headlines and News Discussion (A) (KC)</p> <p>10:30 HF Easy Yoga for Easing Pain (A) (OV)</p> <p>11:00 HF Engage Your Brain: Mini Group Crossword</p> <p>12:00 EF Labor Day BBQ and Celebration (HG) (JL)</p> <p>2:00 Matinee Movie with Popcorn (T)</p> <p>2:00 PA Resident Led Bridge Tournament (GR) (RL)</p> <p>2:00 Bingo at the Grille (HG) (GA)</p> <p>3:00 HF Yomenco Dance w/ Therapy Dog Rockwell (L) (OV)</p> <p>4:00 LL Appreciation of Art (A) (GA)</p> <p>6:30 CE Sing Along to Music of the 40's (A) (V)</p> <p>7:30 Comedy Movie Night (T)</p>	<p>10:00 C Morning Mix and Mingle (C) (KC)</p> <p>10:30 HF Seated Dancing Routines to Music (A) (OV)</p> <p>10:30 HF The Pool is Open for Aquatics (P) (OV)</p> <p>11:00 Engage Life® Monthly Resident Meeting (A) (NC)</p> <p>11:00 Boggle™ Word Search Game (A) (KC)</p> <p>2:00 CV Knitting/Crocheting for a Cause (LB) (NC)</p> <p>2:00 Popcorn Matinee Movie (T)</p> <p>2:00 PA Resident Led Bridge Games (GR) (RL)</p> <p>3:00 HF Strength and Balance Program (A) (GA)</p> <p>4:00 LL "Categories" Word Game (A) (GA)</p> <p>6:30 C S'Mores Around the Firepit (T) (GA)</p> <p>7:30 Wednesday Wild Card Movie (T)</p>	<p>10:00 LL Tech Time: Learn to Use Devices (C)</p> <p>10:30 HF Low-Impact Aerobic (A) (KC)</p> <p>11:00 HF Word Wheel Challenge (A) (KC)</p> <p>12:00 Ping Pong/Billiards Tournament (P) (KC)</p> <p>2:00 Movie Candy Matinee (T)</p> <p>2:15 CV Animal Advocacy: Donations Supplies (C) (NC)</p> <p>2:30 LL "The Greatest Mysteries Ever" Discussion (A) (GA)</p> <p>3:00 CE Theater Arts for the Young at Heart (A) (OV)</p> <p>3:30 LL Opera in the Afternoon (A) (OV)</p> <p>4:15 HF Stretch and Straighten (A) (NC)</p> <p>7:30 Classic Movie Night (T)</p>	<p>10:00 C Coffee Chat in the Café (C) (KC)</p> <p>10:15 HF Mind Boosters (A) (KC)</p> <p>10:45 HF In-House Personal Training with GymGuyz (A) (OV)</p> <p>11:30 CE Short Story Reading and Appreciation (A)</p> <p>12:00 Card Games: Gin Rummy (GR) (KC)</p> <p>2:00 Afternoon Movie Matinee (T)</p> <p>2:15 LL Learning a New Skill (A) (NC)</p> <p>3:00 CE Art Project with Instructor Anne (AS) (KC)</p> <p>4:00 HF Gentle Stretching and Relaxation (A) (KC)</p> <p>7:15 IS Shabbat Services (A) (V)</p> <p>7:30 Your Friday Favorite Flick (T)</p>	<p>10:00 C Coffee Chat (C) (KC)</p> <p>10:30 HF Pool's Open for a Swim! (P) (JW)</p> <p>10:30 HF Strengthen with Therabands (A) (KC)</p> <p>11:00 LL World Culture Presentation (A) (NC)</p> <p>1:00 PA Scrabble® Game (C) (RL)</p> <p>2:00 Saturday Matinee Movie (T)</p> <p>2:00 CE Baking Goodies in the Café (C) (NC)</p> <p>2:15 HF Low-Impact Aerobics (A) (KC)</p> <p>3:30 CE Poetry Appreciation: Free Verse (A) (KC)</p> <p>4:00 EF Beer Tasting and Pretzels (A) (NC)</p> <p>6:45 CE Creative Drawing for Relaxation and Fun (GR) (RL)</p> <p>7:30 Saturday Feature Movie Cinema (T)</p>
<p>9:30 St. Augustine's Mass Trip (L) (GA)</p> <p>10:00 C Morning Coffee and Conversation (HG) (V)</p> <p>10:30 HF Morning Wake-Up Exercise (A) (V)</p> <p>11:00 EF Can You Name the Music? (A) (V)</p> <p>12:00 Board Game: Word Tiles (C) (RL)</p> <p>2:00 Popcorn Movie Matinee (T)</p> <p>2:15 LL Appreciation of History, Music, Art (A) (GA)</p> <p>2:30 EF Sunday Concert Series with Jorgen (A) (OV)</p> <p>3:45 LL Science and Technology Class (A) (GA)</p> <p>4:30 HF Walking Club (OC) (GA)</p> <p>7:30 Sunday Classic Movie Favorite (T)</p>	<p>10:00 CE Art Studio Open for Personal Projects (AS) (RL)</p> <p>10:00 C Coffee and Conversation (HG) (GA)</p> <p>10:30 HF Pool is Open (P)</p> <p>11:00 HF Healing Therapeutics Exercise Group p (A) (V)</p> <p>12:00 Chess Demonstration and Games (C) (OV)</p> <p>1:00 PA Mahjong Games (GR) (RL)</p> <p>2:00 IS Inspiring Rhythms Group Drumming (T) (OV)</p> <p>2:30 HF Low Impact Aerobics (A)</p> <p>3:00 HF Engage Your Brain (EYB) (A) (GA)</p> <p>4:00 HF Popcorn Crossword on the Large Screen (A) (GA)</p> <p>4:15 HF Popcorn Movie Matinee (OC) (GA)</p> <p>7:30 Monday Mystery Movie Night (T)</p>	<p>9:30 IS Pray the Rosary w/ Patty (T) (OV)</p> <p>10:00 LL Headlines and News Discussion (A) (GA)</p> <p>10:30 HF Low-Impact Aerobic (A) (KC)</p> <p>12:00 EF CSI Luncheon and Presentation (L) (GA)</p> <p>1:30 Bus Outing or Local Shopping Trip (L)</p> <p>2:00 Popcorn Movie Matinee (T)</p> <p>2:00 PA Resident Led Bridge Tournament (GR) (V)</p> <p>2:00 Bingo at the Grille (HG) (GA)</p> <p>3:00 C New Resident Welcome and Social Hour (A) (KC)</p> <p>4:00 HF Afternoon Stretch and Meditation (KC)</p> <p>6:30 Sing Along to Music of the 50's! (A) (V)</p> <p>7:30 Action Movie Night (T)</p>	<p>10:00 C Morning Coffee and Conversation (C) (KC)</p> <p>10:30 HF Senior Fitness Exercise Class with Sara (A) (OV)</p> <p>11:00 Mini Crossword Puzzle Challenge (A) (KC)</p> <p>12:15 HF Moving and Grooving (A) (V)</p> <p>2:00 CV Knitting/Crocheting for a Cause (LB) (NC)</p> <p>2:00 Popcorn Movie Matinee (T)</p> <p>2:00 PA Bridge Games (GR) (RL)</p> <p>2:15 HF Seated Aerobic Exercise (A) (GA)</p> <p>3:00 EF Cultural Exposé: Women's Wear from India (A) (OV)</p> <p>4:00 LL Great Courses Lecture and Discussion (A) (NC)</p> <p>7:30 Wacky Wednesday Movie (T)</p>	<p>10:00 LL Tech Time (C) (MD)</p> <p>10:30 HF Exercise Using Weights (T) (GA)</p> <p>11:00 Food for Thought Meeting (A) (JL)</p> <p>11:00 HF Word Wheel Challenge (A) (MD)</p> <p>1:30 Bus Outing or Local Shopping Trip (L) (RL)</p> <p>2:00 EF Ping Pong Tournament (P) (RL)</p> <p>2:00 Popcorn Movie Matinee (T)</p> <p>2:15 CE Creative Jewelry Design (A) (NC)</p> <p>3:00 LL Appreciation of History, Music, Art (A) (KC)</p> <p>4:00 HF Afternoon Stretch (A) (KC)</p> <p>6:45 StoryWise™ Discussion Group (A) (KC)</p> <p>7:30 All-Time Greatest Movie Night (T)</p>	<p>10:00 LL Headlines and News and Discussion (A) (KC)</p> <p>10:30 HF Strengthen and Balance Using Weights (A) (OV)</p> <p>11:00 CE Short Story Reading and Appreciation (A)</p> <p>12:00 Board Games: Monopoly (GR) (KC)</p> <p>1:45 PA Ambassador Program Meeting (AS) (NC)</p> <p>2:00 Popcorn Matinee Movie (T)</p> <p>2:15 HF Afternoon Exercise (A)</p> <p>3:30 HF Nutrition Class (A) (OV)</p> <p>4:00 C Social Media Demonstration (A) (NC)</p> <p>7:15 IS Shabbat Services (A) (V)</p> <p>7:30 Friday Evening Flick (T)</p>	<p>10:00 C Coffee Chat (C) (KC)</p> <p>10:30 HF Pool's Open for a Swim! (P) (JW)</p> <p>10:30 HF Strengthen with Therabands (A)</p> <p>11:00 PA Scrabble® Games (HG) (RL)</p> <p>11:00 LL Debate of Ethical Dilemmas (A) (NC)</p> <p>12:00 Card Games: Crazy 8's (GR) (KC)</p> <p>2:00 Matinee Movie Musical (T)</p> <p>2:00 HF Aqua Aerobics (P) (OV)</p> <p>3:00 LL Travelogue: A White House Tour (A) (NC)</p> <p>4:00 IS Positive Feeling: "Choosing Happiness" (A) (KC)</p> <p>6:30 Color Your Way to Calm (GR) (RL)</p> <p>7:30 Saturday Movie Candy Cinema (T)</p>
<p>9:30 St. Augustine's Mass Trip (L) (GA)</p> <p>10:00 C Coffee Chat (HG) (V)</p> <p>10:30 HF Morning Wake-Up Exercise (A) (RL)</p> <p>11:00 EF Can You Name the Music? (A) (OV)</p> <p>12:00 EF Pocket Billiards (P) (GA)</p> <p>2:00 Popcorn Movie Matinee (T)</p> <p>2:15 LL Appreciation of History, Music, Art (A) (GA)</p> <p>3:00 EF Sunday Concert Series with Frank (A) (OV)</p> <p>4:15 HF Low-Impact Aerobic (A) (GA)</p> <p>6:45 PA Meeting of the Members of The Voice (PD) (RL)</p> <p>7:30 Classic Movie of the 1940's (A)</p>	<p>10:00 C Coffee, Tea and the Morning News (AS) (GA)</p> <p>10:30 HF Pool is Open (P)</p> <p>10:30 HF Strength and Balance Using Weights (A) (GA)</p> <p>11:00 LL The World Almanac: History (A) (GA)</p> <p>12:00 EF Vinyl Record Club (A) (RL)</p> <p>1:00 PA Mahjong Games (GR) (RL)</p> <p>2:00 Afternoon Popcorn Movie (T) (GA)</p> <p>2:15 HF Strength and Balance Program (A) (GA)</p> <p>3:00 LL Knowledge Boosters (A) (GA)</p> <p>4:00 PA Green Thumb Horticulture Workshop (A) (OV)</p> <p>7:30 Western Cinema Classic (T)</p>	<p>9:30 IS Pray the Rosary w/ Patty (T) (OV)</p> <p>10:00 C Coffee, Tea and the Morning News (C) (KC)</p> <p>11:00 HF Yoga and Movement (A) (OV)</p> <p>12:30 PA Resident Council Meeting w/ ED (PD) (RL)</p> <p>1:30 Bus Outing or Local Shopping Trip (L) (NC)</p> <p>2:00 PA Resident Led Bridge Tournament (GR) (V)</p> <p>2:00 Afternoon Movie Time (T)</p> <p>2:00 Bingo at the Grille (HG) (GA)</p> <p>2:30 EF Words Within Words (A) (GA)</p> <p>3:00 HF Yomenco Dance w/ Therapy Dog Rockwell (A) (OV)</p> <p>7:30 Romance Movie Night (T)</p>	<p>10:00 EF Morning Conversation in the Café (C) (KC)</p> <p>10:30 HF Pool's Open for a Swim (P) (JW)</p> <p>10:30 HF Senior Fitness Exercise Class with Sara (A) (OV)</p> <p>11:00 LL Appreciation of History, Music, Art (A) (GA)</p> <p>2:00 Movie Matinee (T)</p> <p>2:00 LL Academic Challenge (A) (KC)</p> <p>2:00 PA Bridge Games (GR) (RL)</p> <p>3:00 EF Celebrating October Birthdays w/ Music (A) (NC)</p> <p>4:00 HF Walking for Charity (OT) (KC)</p> <p>7:30 Wild Card Movie (T)</p>	<p>10:00 LL Tech Time (C) (KC)</p> <p>10:30 HF Word Wheel Challenge (A) (GA)</p> <p>11:00 Town Hall Meeting (A) (NC)</p> <p>1:30 EF Bus Outing or Local Shopping Trip (L) (RL)</p> <p>1:30 CE Creative Writing Workshop (PD)</p> <p>2:00 HF Low-Impact Aerobics (A) (GA)</p> <p>2:00 Popcorn Movie Matinee (T)</p> <p>2:15 LL Hollywood Spotlight: Carmen Miranda (A) (OV)</p> <p>3:00 LL Opera in the Afternoon (A) (OV)</p> <p>4:00 CE Gardening: Planting Bulbs (HG) (KC)</p> <p>6:30 EF Charades Using Pictures (A) (KC)</p> <p>7:30 Foreign Film Movie Night (T)</p>	<p>10:30 IS Spiritual Retreat and Relaxation (A)</p> <p>10:45 HF In-House Personal Training with GymGuyz (A) (OV)</p> <p>11:00 C "Laughter Is the Best Medicine" (C) (NC)</p> <p>11:00 CE Short Story Reading and Appreciation (A)</p> <p>12:00 Card Games: Hearts (GR) (KC)</p> <p>2:00 Movie Matinee (T)</p> <p>2:00 CE Theater Arts for the Young at Heart (A) (OV)</p> <p>2:15 HF Nature Walk (L)</p> <p>3:00 CE Art Workshop with Ann (AS) (NC)</p> <p>4:00 HF Nutrition Q's: Vitamins/Fact or Fiction (A) (NC)</p> <p>7:15 IS Shabbat Services (A) (V)</p> <p>7:30 Fabulous Friday Flick (T)</p>	<p>10:00 PA Sundries "Store" Open for Business (HG) (RL)</p> <p>10:30 HF Pool's Open for a Swim! (P)</p> <p>10:30 HF Strengthen with Therabands (A)</p> <p>11:00 LL Discussion of Ethical Dilemmas (A) (NC)</p> <p>12:00 Board Games: Scrabble® (GR) (KC)</p> <p>2:00 Afternoon Cinema (T)</p> <p>2:00 HF Water Aerobics (P) (OV)</p> <p>2:15 HF Engage Your Brain: Spelling Bee Contest (A) (GA)</p> <p>3:00 EF Live Jazz at the Grille (A) (OV)</p> <p>4:00 CE Creative Jewelry Making (A) (NC)</p> <p>7:30 Saturday Showtime (T)</p>
<p>9:30 St. Augustine's Mass Trip (L) (GA)</p> <p>10:00 C Coffee and Conversation (HG) (RL)</p> <p>10:30 HF Morning Wake Up Exercise (A) (RL)</p> <p>11:00 EF Can You Name the Music? (A) (V)</p> <p>12:00 Bananagrams® (R) (C) (RL)</p> <p>2:00 Popcorn Movie Matinee (T)</p> <p>2:15 LL Appreciation of History, Music, Art (A) (GA)</p> <p>3:00 EF Sunday Concert Series with Jacques (A) (OV)</p> <p>4:00 CE Drama Club (A) (GA)</p> <p>4:30 HF Walking for Charity (OC) (GA)</p> <p>7:30 Classic Movie of the 1950's (A)</p>	<p>10:00 C Koffee Klatch (C) (MD)</p> <p>10:15 LL The World Almanac: Geography (A) (GA)</p> <p>11:00 HF Morning Exercise Using Therabands (A) (GA)</p> <p>12:00 Jigsaw Puzzle Team (LB) (RL)</p> <p>1:00 PA Mahjong Games (GR) (RL)</p> <p>2:00 IS Inspiring Rhythms Group Drumming (T) (OV)</p> <p>2:00 IS Inspiring Rhythms Group Drumming (T) (OV)</p> <p>3:00 LL Speaker: Consumer Protection (A) (OV)</p> <p>4:00 HF Words Within Words Challenge (A) (KC)</p> <p>4:30 HF Strength and Balance Program (A) (MD)</p> <p>7:15 Dr. Alan Mohl at the Piano (PO) (OV)</p> <p>7:30 The Best Romance Movie of All Time (T)</p>	<p>9:30 IS Pray the Rosary w/ Patty (T) (OV)</p> <p>10:30 LL Headlines and News Discussion (A) (KC)</p> <p>11:00 HF Yoga with Laura (A) (OV)</p> <p>1:30 Bus Trip/Outing or Local Shopping Trip (L) (RL)</p> <p>2:00 Popcorn Movie Matinee (T)</p> <p>2:00 Bingo at the Grille (HG) (GA)</p> <p>2:00 PA Bridge Tournament (HG) (RL)</p> <p>2:15 HF Strength and Balance (A) (OV)</p> <p>3:00 EF Classical Piano Concert (PO) (OV)</p> <p>4:00 EF Think Fast Challenge (A) (KC)</p> <p>6:30 CE Sing Along to the Music of the '70's! (A) (MD)</p> <p>7:30 Comedy Movie Night (T)</p>	<p>10:00 C Mix and Mingle with Mia (C) (MD)</p> <p>10:30 HF Pool's Open for Aqua Exercise (P) (JW)</p> <p>10:30 HF Senior Fitness Exercise Class w/ Sara (A) (OV)</p> <p>11:00 LL Communicating with Sign Language (A) (NC)</p> <p>12:30 Billiards Tournament (P) (GA)</p> <p>2:00 HF Dr. Rick: Healing Therapeutics Exercise (T) (OV)</p> <p>2:00 CV Knitting/Sewing for a Cause (LB) (NC)</p> <p>2:00 PA Bridge Games (GR) (RL)</p> <p>3:00 EF Sports and Sporting Event (A) (NC)</p> <p>4:00 HF Biography: Star of the Month (A) (MD)</p> <p>6:30 C S'Mores Around the Firepit (A) (GA)</p> <p>7:30 Wednesday Wild Card Movie (T)</p>	<p>10:00 LL Tech Time: Learn to Use Your Phone (C) (KC)</p> <p>10:30 HF Seated Dancing with Music (A) (MD)</p> <p>11:00 HF Word Wheel Challenge (A) (KC)</p> <p>12:30 Ping Pong Tournament (P) (GA)</p> <p>1:30 Bus Outing or Local Shopping Trip (OC) (RL)</p> <p>2:00 Popcorn Movie Matinee (T)</p> <p>2:00 CE Art Class: Fabric Painting (AS) (KC)</p> <p>2:30 HF Low Impact Aerobics Class (A) (GA)</p> <p>3:00 LL Discussion on Women's Issues (A) (KC)</p> <p>4:30 CE Color Your Way to Calm (GR) (NC)</p> <p>6:30 EF After-Dinner Concert with Saxophonist (A) (OV)</p> <p>7:30 Thursday Thriller Movie Night (T)</p>	<p>10:00 C Coffee and Conversation (C) (MD)</p> <p>10:30 HF Strengthen and Balance Using Weights (A)</p> <p>11:00 CE Short Story Reading and Appreciation (A) (KC)</p> <p>12:00 Checkers, Chess, or Your Choice</p> <p>1:30 EF Ping Pong Game (P) (RL)</p> <p>2:00 Popcorn Afternoon at the Movies (T)</p> <p>2:15 HF Engage Your Brain (EYB) (A) (KC)</p> <p>3:00 CE Art Studio Workshop with Instructor Ann (AS) (OV)</p> <p>4:00 LL Academic Challenge (A) (KC)</p> <p>4:00 HF Before Dinner Stroll and Stretch (L) (KC)</p> <p>7:15 IS Shabbat Services (A) (OV)</p> <p>7:30 Fun Friday Flick (T) (V)</p>	<p>10:00 C Connection Circle to Start the Day (HG) (KC)</p> <p>10:30 HF Pool's Open for a Swim! (P) (OV)</p> <p>10:30 HF Strengthen with Therabands (A) (KC)</p> <p>11:00 LL Debate of Ethical Dilemmas (A) (NC)</p> <p>12:00 Jig Saw Puzzle Team (C) (NC)</p> <p>2:00 LL Popcorn Movie Matinee (T) (NC)</p> <p>2:15 HF Walking Club for Miles (OC) (NC)</p> <p>2:30 C Chat Room (A) (NC)</p> <p>3:00 CE "No Fear Shakespeare" (A) (KC)</p> <p>4:00 LL World Culture: (A) (NC)</p> <p>6:30 CE Creative Drawing for Relaxation (GR) (RL)</p> <p>7:30 Saturday Slice of Life Cinema (T)</p>
<p>9:30 St. Augustine's Mass Trip (L) (GA)</p> <p>10:00 C Coffee and Conversation (HG) (RL)</p> <p>10:30 HF Morning Wake-Up Exercise (A) (RL)</p> <p>11:00 EF Can You Name the Music? (A) (V)</p> <p>12:00 Table Tennis (P) (GA)</p> <p>1:30 Creative Crafts (HG) (V)</p> <p>2:00 Popcorn Matinee Movie (T)</p> <p>2:30 HF Low Impact Aerobics (A) (GA)</p> <p>3:00 C Gentleman's Club: Billiards and Buddies (GR) (GA)</p> <p>4:00 CE Drama Club: Mystery Play Reading (A) (GA)</p> <p>7:30 Best Picture of the 1940's (A)</p>	<p>10:00 C Koffee Klatch (C) (GA)</p> <p>10:15 LL The World Almanac: Geography (A) (GA)</p> <p>11:00 HF Morning Exercise Using Therabands (A) (GA)</p> <p>12:00 Jigsaw Puzzle Team (LB) (V)</p> <p>1:00 PA Mahjong Games (GR) (RL)</p> <p>2:00 IS Inspiring Rhythms Group Drumming (T) (OV)</p> <p>2:00 IS Inspiring Rhythms Group Drumming (T) (OV)</p> <p>3:00 LL Speaker: Consumer Protection (A) (OV)</p> <p>4:00 HF Words Within Words Challenge (A) (KC)</p> <p>4:30 HF Strength and Balance Program (A) (GA)</p> <p>7:15 Dr. Alan Mohl at the Piano (PO) (OV)</p> <p>7:30 The Best Romance Movie of All Time (T)</p>	<p>9:30 IS Pray the Rosary w/ Patty (T) (OV)</p> <p>10:30 LL Headlines and News Discussion (A) (RL)</p> <p>11:00 HF Yoga with Laura (A) (OV)</p> <p>1:30 Bus Trip/Outing or Local Shopping Trip (L) (RL)</p> <p>2:00 Popcorn Movie Matinee (T)</p> <p>2:00 PA Bridge Tournament (HG) (RL)</p> <p>2:00 Bingo at the Grille (HG) (GA)</p> <p>2:15 HF Moving and Grooving (A) (KC)</p> <p>3:00 EF Classical Piano Concert (PO) (OV)</p> <p>4:00 EF Think Fast Challenge (A) (KC)</p> <p>6:30 CE Sing Along to the Music of the '70's! (A) (V)</p> <p>7:30 Comedy Movie Night (T)</p>	<p>10:00 C Morning Mix and Mingle (C) (KC)</p> <p>10:30 HF Pool's Open for Aqua Exercise (P) (JW)</p> <p>10:30 HF Senior Fitness Exercise Class w/ Sara (A) (OV)</p> <p>11:00 LL Communicating with Sign Language (A) (NC)</p> <p>12:30 Billiards Tournament (P) (GA)</p> <p>2:00 HF Dr. Rick: Healing Therapeutics Exercise (T) (OV)</p> <p>2:00 CV Knitting/Sewing for a Cause (LB) (NC)</p> <p>2:00 PA Bridge Games (GR) (RL)</p> <p>3:00 EF Halloween Costume Party/Pumpkin Contest (HG) (NC)</p> <p>4:00 HF Biography: Star of the Month (A) (GA)</p> <p>6:30 C S'Mores Around the Firepit (A) (GA)</p> <p>7:30 Wednesday Wild Card Movie (T)</p>	<p>PA Personal Achievement</p> <p>HF Health & Fitness</p> <p>EF Entertainment & Fun</p> <p>CV Civic Engagement</p> <p>LL Lifelong Learning</p> <p>CE Creative Expression</p> <p>IS Inspiration & Spirituality</p> <p>C Connection</p> <p>Atria StoryWise</p>	<p>ROOM LOCATION KEY:</p> <p>Theater T Outside community OC Outside Terrace OT Pool P Highlands Grille HG Catskills Cafe C Lobby L Piano Area PO Private Dining Room PD Art Studio AS Game Room GR Library LB Activity Room A LG Patio LGP</p> <p>LG Activity Room LG GYM GYM LG Kitchen LGK</p>	<p>STAFF KEY:</p> <p>RSA Georgeanne G Outside Vendor OV Donna Diamond DD Kelsey Crooks KC Lizanae Stinson LS Mia DeMuro MD Volunteer V Grace Arenholz GA Nancy Chaikin NC Jenna Whalen JW Anieta Ashley AA Resident Led RL Nancy Scordia NS Tamora Mills TM Lou Patrick LP Julie Lavelle JL</p>

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LIFE GUIDANCE[®]

Monthly Calendar of Events and Programming



Featured Events this Month:

Happy 96th Birthday Joseph

Wednesday, October 24, 3:00 PM

Fall Celebration w/ Lou Patrick

Monday, October 29, 11:00 AM

**Halloween Costume/
Pumpkin Contest**

Wednesday, October 31, 3:00 PM

Atria
SENIOR LIVING

Atria
SENIOR LIVING

OCTOBER 2018

ATRIA ON THE HUDSON l i f e g u i d a n c e®

SUNDAY



Atria ENGAGE LIFE™

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

<p>10:00 HF Conductorcise® (LG) 10:00 CV Sunday Paper (GY) (RSA) 10:15 IS Catholic Service Eucharistic Ministers (T) (V) 11:15 CE Creative Writing & More! (LS) 12:00 PA Chicken & Waffle's Anyone?! (LG) (LS) 1:00 CV Let's Learn Something New! (LG) (LS) 2:00 CE LEGATO MUSIC PROGRAM- (LG) (LS) 2:30 C Let's Chat & Socialize (LG) (LS) 3:15 EF Games & More (LG) (LS) 4:00 CE Creative Crafts (LG) (LS) 4:30 EF SCategories... Anyone?! (LG) (LS) 6:30 C Evening Movie (LG) (RSA)</p> <p style="text-align: right;">7</p>	<p>10:00 HF Chair Aerobics (LG) (LS) 10:30 EF Trivia Fun w/ Our friends (LG) (RL) 11:00 CE LEGATO MUSIC PROGRAM (LG) (LP) 11:30 CV Daily Chronicles (LG) (LS) 1:30 CE Crafts & Chat! (LG) (LS) 2:00 EF Games & More! (LG) (RSA) 2:15 LL Let's Read Some News Articles! (LG) (LS) 3:00 HF Yomoco w/ Bruce (LG) (OV) 3:30 C WHO AM I (LG) (RSA) 4:15 HF Tour the Community (LG) (RSA) 6:30 C Evening Movie (LG) (RSA)</p> <p style="text-align: right;">2</p>	<p>10:00 HF Conductorcise® (LG) 11:00 LL Fun With Words! (LG) (RSA) 11:30 CV Celebrating James Harriot Day! (LG) (LS) 1:00 EF Let's Write Poetry (LG) (RSA) 1:30 PA Let's Make Dog Treats (LG) (RSA) 2:00 HF Get In Shape- iPad® aerobics (LG) (RSA) 2:30 CV News & Views (LG) (RSA) 3:00 CE LEGATO MUSIC PROGRAM- (LG) (LS) 3:30 IS Give A Compliment! (LG) (LS) 4:00 CE Adult Coloring! (LG) (LS) 4:30 IS Relaxation w/ Smooth Nature Sounds (LS) 6:30 C Evening Movie (LG) (RSA)</p> <p style="text-align: right;">3</p>	<p>10:00 HF Flex and Stretch (LG) 10:30 CV News-stand (LG) (RSA) 11:00 CE LEGATO MUSIC PROGRAM w/ Lou Patrick (LG) (RSA) 11:30 HF Shall We Dance?! (LG) (LS) 1:30 Share A Wise Story! (LG) (LS) 2:00 HF Fun Fitness (LG) 2:30 PA Short Stories (LG) (RL) 3:00 Let's Strengthen Our BRAINS! (LG) (RSA) 3:30 C Let's Chat over tea (LG) (RSA) 4:00 Adult Coloring (LG) (RL) 4:30 IS Ted Talks w/ Lizanae (LG) (LS) 6:30 C Evening Movie- (LG) (RSA)</p> <p style="text-align: right;">4</p>	<p>10:00 HF Sit and Be Fit (LG) (RSA) 10:30 C Movie in the Theater (T) (AA) 10:45 EF Table Game Challenges! (A) (RSA) 11:30 C Brain Exercises (LG) (AA) 1:30 LL All News Day-New Flashes & History (LG) (AA) 2:00 HF Socca Zumba® (LP) (RSA) 2:30 CE Creative Thinking - (LG) (AA) 3:00 CE LEGATO MUSIC PROGRAM (LG) (RSA) 3:30 Share A Thought Jar (LG) (AA) 4:00 LL Tech talk w/ Anieta (LG) (RSA) 6:30 C Evening Movie (LG) (RSA) 7:15 IS Shabbat Service and Conversation (A) (V)</p> <p style="text-align: right;">5</p>	<p>10:00 HF Parachute Pop Up (LG) (RSA) 10:30 LL News And Views (LG) (RSA) 11:00 CE LEGATO MUSIC PROGRAM- (LG) (AA) 11:45 Let's Play A "Board Game" (LGP) (RSA) 1:15 EF Let's Relax And Get Pampered (LG) (AA) 2:00 Happy Hour Fitness w/ Elizabeth (LG) (RL) 2:30 Topics & Discussions- (LG) (AA) 3:00 Bingo FUN! (LG) (RSA) 3:30 Free Style Arts (LG) (AA) 4:00 LL Current Events with Art (A) (OV) 4:30 HF How Important Is Your Brain? (AA) 6:00 C Evening Movie (LG) (RSA)</p> <p style="text-align: right;">6</p>	
<p>10:00 HF Conductorcise® (LG) 10:00 CV Sunday paper (GY) (RSA) 10:15 IS Catholic Service Eucharistic Ministers (T) (V) 11:15 CE Creative Writing & More! (LS) 12:00 PA Chicken & Waffle's Anyone?! (LG) (LS) 1:00 CV Let's Learn Something New! (LG) (LS) 2:00 CE LEGATO MUSIC PROGRAM- (LG) (LS) 2:30 C Let's Chat & Socialize (LG) (LS) 3:15 EF Games & More (LG) (LS) 4:00 CE Creative Crafts (LG) (LS) 4:30 EF SCategories... Anyone?! (LG) (LS) 6:30 C Evening Movie (LG) (RSA)</p> <p style="text-align: right;">7</p>	<p>10:00 HF Conductorcise® (LG) (LS) 10:30 C Open Discussion Time (GY) (RSA) 11:00 CE LEGATO MUSIC PROGRAM- (LG) (LS) 11:30 CV The Daily Chronicles (LG) (RSA) 1:00 Spread Your Kindness (LG) (LS) 2:00 CE Adult Coloring (LG) (LS) 2:30 IS Jazz Meditation (LG) (LS) 3:00 EF Let's Talk About the Seasons of Life (LG) (LS) 3:30 IS Positive Thinking Time! (LS) 4:00 CV News & Views (LG) (RSA) 4:15 HF Let's Take a Walk-LG Courtyard (LG) (RSA) 6:30 C Evening Movie (LG) (RSA)</p> <p style="text-align: right;">8</p>	<p>10:00 HF COLORFUL WEIGHTS (LG) 10:30 LL News and Views (LG) 11:00 CV The Daily Chronicles (LG) (LS) 11:00 CE LEGATO MUSIC PROGRAM w/ Gigi (LG) (G) 1:00 LL Reading for the Club (LGP) (LS) 1:30 HF Fun Fitness (LG) (LS) 2:00 C Yomoco w/ Bruce (LG) (OV) 2:30 EF Let's Play Bingo! (LG) (RSA) 3:00 CE Let's Plant Something (LGP) (RSA) 3:30 Take A Look Back To The '60 (LGP) (LS) 4:15 Jeopardy!® Trivia (LG) (LS) 6:30 C Evening Movie- (LG) (RSA)</p> <p style="text-align: right;">9</p>	<p>10:00 HF Conductorcise® (LG) 11:00 Coffee Chat Anyone? 11:30 CV Daily Chronicle (LG) (RSA) 1:00 HF Let's Take a Walk (OC) (LS) 1:30 CE LEGATO MUSIC PROGRAM (LG) (RSA) 2:00 CE Let's Create Something Unique (LG) (LS) 2:30 EF Afternoon Games of Choice (LG) (LS) 3:00 Jeopardy!® Challenge Over Snacks (LG) (LS) 3:30 C Daily Chronicles (RSA) 4:30 LL Beautiful Poetry (A) (RL) 4:30 C News & Views (LG) (LS) 6:30 C Evening Movie- (LG) (RSA)</p> <p style="text-align: right;">10</p>	<p>10:00 HF Flex and Stretch (LG) 11:00 CE LEGATO MUSIC PROGRAM- (LG) (LS) 11:30 C Social Chat Anyone?! (LG) (TM) 12:00 CV Chef's Table Luncheon w/ Chef Julie (LGP) (JL) 1:30 CV The Daily Chronicles (LG) (RSA) 2:00 HF Stretch and Flex (LG) (LS) 2:30 What's in a Word? (LG) (LS) 3:00 CV BBC World News & Views (OC) (LS) 3:30 HF Let's Visit AL Community (OC) (LS) 4:00 C Pressed for Words! (LG) (RSA) 4:30 C Card Games & More (LG) (RL) 6:30 C Evening Movie- (LG) (RSA)</p> <p style="text-align: right;">11</p>	<p>10:00 HF Sit and Be Fit (LG) (RSA) 10:00 C Movie In the Theater- (T) (AA) 11:00 CE LEGATO MUSIC PROGRAM (LG) (LP) 1:15 C Let's Read a Short Story Together! (LG) (RL) 1:30 C What's Social Media & Tech? (LG) (LS) 2:00 LL Let's make a Treat! (LGP) (AA) 2:30 HF Let's Get Fit w/ Elizabeth (LG) (RSA) 3:30 Share A Life Story! (LG) (AA) 4:00 LL Life talk w/ Anieta (LG) (AA) 4:30 Bingo Fun! 6:30 C Evening Movie (LG) (RSA) 7:15 IS Shabbat Service and Conversation (A) (V)</p> <p style="text-align: right;">12</p>	<p>10:00 HF Let's Get Fit w/ Elizabeth (LG) (RL) 10:30 LL News and Views (LG) (RSA) 11:00 CE Classic Poetry (LG) (AA) 11:30 C Hand Massage (LG) (RSA) 1:00 IS Relax and Read a Story (LG) (AA) 2:00 C Craft Fun! (LG) (AA) 2:30 CV Cole Porter Trivia & Facts! (LG) (AA) 3:00 HF Dance Around The World (LG) (RSA) 3:30 Cheese, Wine, And Chat! (LG) (AA) 4:15 CE LEGATO MUSIC PROGRAM (LG) (RSA) 4:30 CE Arts & Craft (LG) (AA) 6:30 C Evening Movie (LG) (RSA)</p> <p style="text-align: right;">13</p>
<p>10:00 HF Conductorcise® (LG) 10:15 IS Catholic Service Eucharistic Ministers (T) (V) 10:30 CV Sunday Paper (LG) (RSA) 11:00 EF Game Fun Challenge! (LGP) (RSA) 11:15 EF Let's Have A Warm Snack (A) (LS) 1:00 CE LEGATO MUSIC PROGRAM- (LG) (RSA) 2:00 EF Afternoon Cinema (LG) (LS) 2:30 HF MOVIN' & GROOVIN' (LG) 3:00 Sundae's on a Sunday (OC) (RSA) 3:30 Bingo MADNESS! (LS) 4:15 C Hot Topics w/ Bryan (LG) (RSA) 6:30 C Evening Movie (LG) (RSA)</p> <p style="text-align: right;">14</p>	<p>10:00 HF Movin N Groovin (LG) 10:00 Community Trip- TBA (OC) (RSA) 10:30 LL Jeopardy!® (LG) (LS) 11:15 EF Exploring The Great Poets! (LG) (RSA) 11:30 Karaoke Anyone?! (LG) (RSA) 1:00 CE Let's make Something! (LG) (LS) 1:30 CE Let's eat a weird snack (LGP) (LS) 2:00 HF Stretch and Flex (LG) 3:30 LL Scattergories® (LG) (RSA) 4:00 CE LEGATO MUSIC PROGRAM- (LG) (LS) 4:15 Let's Search For Words (LG) (RL) 6:30 C Evening Movie (LG) (RSA)</p> <p style="text-align: right;">15</p>	<p>10:00 HF COLORFUL WEIGHTS (LG) 11:00 EF Words within Words (LG) 11:30 Snack And Chat! (LG) (RSA) 1:00 Bingo & More (LG) (LS) 1:00 World Storyteller Day! (LG) (LS) 1:15 CE Funny Sign Day! (LG) (RSA) 2:00 CE LEGATO MUSIC PROGRAM w/ Guitar Nancy (LG) (NS) 2:30 LL Arts & Craft (LG) (LS) 3:00 PA Snacks & Chat (A) (LS) 3:30 CV News & Views (LG) (RSA) 4:00 HF Sittercise (LG) (RSA) 6:30 C Evening Movie (LG) (RSA)</p> <p style="text-align: right;">16</p>	<p>10:00 HF Conductorcise® (GY) (RSA) 11:00 LL News & Views (LG) (RSA) 11:30 IS Relaxation & Chat (LG) (RSA) 1:00 EF Pressed For Words! (LG) (LS) 1:15 HF Get in Shape (LG) (LS) 2:00 CE LEGATO MUSIC PROGRAM (LG) (NS) 2:30 HF Let's Take A Walk (LG) (LS) 3:30 IS Relaxation over Classical Sounds (LG) (RSA) 4:00 EF Fill in the Blank- (LG) (RSA) 4:30 Give a Compliment! (LG) (LS) 6:30 C Evening Movie (LG) (RSA)</p> <p style="text-align: right;">17</p>	<p>10:00 HF Flex and Stretch (LG) 11:00 CE LEGATO MUSIC PROGRAM (LG) (RSA) 11:30 HF Engage Your Brain (LG) (LS) 1:00 CV News & Views (LG) (LS) 1:30 C Let's Have A Chat! (OC) (RSA) 2:00 EF Trivia Games & More! (LG) (RL) 2:30 EF It's Bingo Time! (LG) (RSA) 3:00 CE Art Creation (LG) (RSA) 3:00 Let's Toss Balloons (LG) (RSA) 4:00 Pictionary™ (LG) (RSA) 4:30 HF Conductorcise® (LG) (RSA) 6:30 C Evening Movie (LG) (RSA)</p> <p style="text-align: right;">18</p>	<p>10:00 HF Sit and Be Fit (LG) (RSA) 10:00 C Movie in the Theater (T) (AA) 10:45 HF In-House Personal Training with GymGuz (A) (OV) 11:00 LL View & Discuss- USA TODAY! (LG) (RSA) 1:00 LL Let's Bake! (LG) (AA) 1:30 EF Challenge Me In JEOPARDY! (LG) (AA) 2:00 HF Can You Keep "UP" Dance w/ Anieta (LG) (AA) 2:30 CE LEGATO MUSIC PROGRAM- (LG) (RSA) 3:00 HF Stretch and Flex (LG) (RSA) 4:00 LL Tech talk w/ Anieta (LG) (AA) 6:30 C Evening Movie (LG) (RSA) 7:15 IS Shabbat Service and Conversation (A) (V)</p> <p style="text-align: right;">19</p>	<p>10:00 HF Strength and Balance (AA) 10:30 CV USA Today (LG) (RSA) 11:30 CV News & Views (LG) (RL) 1:00 LL Daily Chronicles (LG) (AA) 1:30 Caribbean Socca Fun (LGP) (AA) 2:00 EF Jeopardy!® (LG) (RSA) 2:30 Cocktails on Saturday (LG) (AA) 3:00 HF Dance Party On The Weekend (LG) (AA) 3:30 EF Trivia Games & More (RL) 4:00 LL Current Events with Art (A) (OV) 4:30 CE LEGATO MUSIC PROGRAM- (LG) (RSA) 6:30 C Evening Movie (LG) (RSA)</p> <p style="text-align: right;">20</p>
<p>10:00 HF Sit & Fit (LG) (RSA) 10:15 IS Catholic Service Eucharistic Ministers (T) (OV) 10:30 CV Daily Chronicles (LG) 11:30 Board Games (LS) 1:00 CE LEGATO MUSIC PROGRAM (LG) (RSA) 1:30 CE Jazz & Crafts! (LG) (LS) 2:00 HF Low-Impact Aerobic (LG) (RSA) 3:00 EF Bingo ANYONE?! (LG) (LS) 4:00 C Hot Topics w/ Bryan (LG) (RSA) 4:15 HF Let's Take A Walk (LG) (RSA) 6:30 C Evening Movie (LG) (RSA)</p> <p style="text-align: right;">21</p>	<p>10:00 CE Artistic Round Of Applause w/ Donna (LG) (DD) 10:15 CV News & Views (LG) (LS) 11:00 HF Movin N Groovin w/ Evelyn (LG) (OV) 1:15 Arts & Crafts & More (LG) (RSA) 1:30 PA WHO AM I (LG) (RSA) 2:00 HF Happy Feet (LG) (LS) 2:30 C Give A Compliment! (LG) (LS) 3:30 IS A Walk Down Memory Lane (LG) 4:00 CE LEGATO MUSIC PROGRAM (LG) (RSA) 4:15 LL Buzz Words (LG) (RSA) 6:30 C Evening Movie (LG) (RSA)</p> <p style="text-align: right;">22</p>	<p>10:00 HF COLORFUL WEIGHTS (LG) 10:30 LL iPad®- News and Views (LG) 11:00 C Social & Chat in "AL" (A) (LS) 11:30 LL Thank You Notes! (RSA) 1:00 CV Bingo Challenge (LG) (LS) 1:30 Let's have Craft fun! (LG) (RSA) 2:00 HF MOVIN' and GROOVIN' (LG) 2:15 Words within Words (LG) (RSA) 3:00 CE LEGATO MUSIC PROGRAM (LG) 3:30 IS GIVE ME A COMPLIMENT (LG) 4:00 LL Trivia Challenge (LG) 6:30 C Evening Movie (LG) (RSA)</p> <p style="text-align: right;">23</p>	<p>10:00 HF Conductorcise® (LG) (LS) 10:30 CE Poem Of The Day (LG) (TM) 11:00 CE LEGATO MUSIC PROGRAM w/ Gigi (LG) (G) 1:00 Bingo Time! (LG) (LS) 1:30 CV News & Views (LG) (LS) 2:00 HF Fun Fitness (LG) (RSA) 2:30 C Let's Have A Laugh (LG) (RSA) 3:00 PA Happy 96th Birthday Joseph (LG) (LS) 3:15 IS SPA TIME (LG) (RSA) 4:00 LL Word to the WISE (LG) (RSA) 4:30 Share A Story! (LG) (LS) 6:30 C Evening Movie (LG) (RSA)</p> <p style="text-align: right;">24</p>	<p>10:00 HF Flex and Stretch (LG) 10:30 LL Fill in the Blank... (LG) (RSA) 11:30 EF Pressed For Words On The iPad® (LG) (LS) 1:00 CE Poem A Day! (LG) (RSA) 1:30 Play A Full Deck! (LG) (LS) 2:00 HF Get in Shape- iPad® aerobics (LG) (RSA) 2:30 PA Animal Embassy Show: Nature's Architects (A) (NC) 3:00 CV Daily Chronicles (LG) (LS) 3:30 Let's Bowl (LG) (RSA) 4:00 LL Let's Learn about Picasso (LG) (RSA) 4:30 CE LEGATO MUSIC PROGRAM (LG) (RSA) 6:30 C Evening Movie (LG) (RSA)</p> <p style="text-align: right;">25</p>	<p>10:00 HF Sit and Be Fit (LG) (RSA) 10:00 C Movie in the Theater (T) (AA) 11:00 C Snack & Chat! (LG) (AA) 11:30 CE LEGATO MUSIC PROGRAM (LG) (G) 1:30 EF Connect 4 Anyone! (LG) (AA) 2:00 HF Fun Fitness (LG) (RSA) 3:00 CE Freestyle Painting (LG) (AA) 3:30 EF Bingo Tournament (LG) (AA) 4:00 LL Tech talk w/ Anieta (LG) (AA) 4:30 PA Happy Birthday Mahalia Jackson (LG) (LS) 6:30 C Evening Movie (LG) (RSA) 7:15 IS Shabbat Service and Conversation (A) (V)</p> <p style="text-align: right;">26</p>	<p>10:00 HF Dance Around the World (LG) (RSA) 10:30 LL USA Today (LG) (RSA) 11:30 CE Creative Thinking Project! (LG) (AA) 1:00 CE LEGATO MUSIC PROGRAM (LG) (RSA) 1:30 EF Family Feud™ Fun (LG) (AA) 2:00 HF Let's Walk (LGP) (AA) 2:30 Happy Hour w/ Alexa (LG) (AA) 3:00 LL Story Time.... (LG) (AA) 3:30 Bean Bag Fun w/ a Twist of Socca (LG) (RL) 4:00 LL Current Events with Art (A) (OV) 4:30 Scrabble® (LG) (RSA) 6:30 C Evening Movie (LG) (RSA)</p> <p style="text-align: right;">27</p>
<p>10:00 HF Dance Around The World (LG) 10:30 CV Sunday Paper (LG) 11:30 CV News & Views (LG) (RSA) 1:00 EF Theater Trivia & More (LG) (LS) 1:30 Its Bingo Time (LG) (LS) 2:00 HF COLORFUL WEIGHTS (LG) 2:30 EF Earth Day Gardening (LG) (LS) 3:00 PA Taconic Opera Performance (A) (OV) 3:00 Ice Cream Treats! (LG) (LS) 4:00 C Hot Topics w/ Bryan (LG) (RSA) 4:30 CE LEGATO MUSIC PROGRAM- 6:30 C Evening Movie (LG) (RSA)</p> <p style="text-align: right;">28</p>	<p>10:00 Community Trip-TBA 10:00 HF Conductorcise® (LG) (LS) 10:45 CE Let's visit Shakespeare (LG) (LS) 11:00 PA Fall Celebration w/ Lou Patrick (LG) (LP) 1:00 CE Explore poetry that rhymes! (LG) (LS) 1:45 EF Sing Along to the tunes of Sinatra (LG) (LS) 2:00 Share a Life Experience with one another (LG) (LS) 3:00 CV Daily Chronicles (LG) (LS) 3:30 CE LEGATO MUSIC PROGRAM (LG) (LS) 4:00 Bingo Trivia (LG) (RSA) 4:30 IS Relaxation w/ Soundscapes (LS) 6:30 C Evening Movie (LG) (RSA)</p> <p style="text-align: right;">29</p>	<p>10:00 HF Strength and Balance (LG) (RSA) 10:45 C News & Views (LG) (LS) 11:00 EF Brain Fun Anyone?! (LG) (LS) 11:30 IS Give A Compliment! (A) (LS) 1:30 EF Games Challenges (LG) (LS) 2:00 HF Walking The Community (OC) (RSA) 2:30 IS Relaxation w/ Sound Scapes (LG) (LS) 3:00 CE LEGATO MUSIC PROGRAM (LG) (RSA) 3:30 Snacks & Chat! (LG) (LS) 4:00 C Daily Chronicles (RSA) 4:30 Story Telling! (LG) (RSA) 6:30 C Evening Movie (RSA)</p> <p style="text-align: right;">30</p>	<p>10:30 HF Morning Exercise Walk (OC) (LS) 11:00 CV Daily Chronicles (LG) (LS) 11:30 Autumn Craft Fun! (LG) (LS) 1:30 EF Autumn Fun Games (LG) (LS) 2:00 Treats w/ Tricks (LG) (LS) 2:30 HF Engage Your Brain (LG) (RSA) 3:00 PA Halloween Costume/Pumpkin Contest (A) (NC) 3:30 CV Documentary on Sleepy Hollow (LG) (LS) 4:00 Word Fun Anyone?! (LS) 4:30 CE LEGATO MUSIC PROGRAM (LG) (RSA) 6:30 C Evening Movie (LG) (RSA)</p> <p style="text-align: right;">31</p>	<p>ROOM LOCATION KEY: LG Activity Room LG Patio LG Kitchen Gym Activity Room Pool Piano Area Outside Terrace Outside community Lobby Library LB</p> <p>PA Personal Achievement HF Health & Fitness EF Entertainment & Fun CV Civic Engagement LL Lifelong Learning CE Creative Expression IS Inspiration & Spirituality C Connection Atria StoryWise Legato</p> <p>Private Dining Room Highlands Grille Game Room Catskills Cafe Art Studio Theater AS T PD HG GR C AS T</p> <p>STAFF KEY: Anieta Ashley Lizanae Stinson Resident Lead Tamora Mills Nancy Scordia Volunteer Lou Patrick Julie Lavelle AA LS RL TM NS V LP JL Georgeanne Donna Diamond RSA Outside Vendor Nancy Chaikin Mia DeMuro Kelsey Crooks Jenna Whalen Grace Arenholz G DD RSA OV NC MD KC JW GA</p>		

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Subject to Change. See Daily Schedule for up-to-date itinerary.