

ENGAGE LIFE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

**Phoenix Performing
Arts Chinese Dance**
Sunday, February 4, 2:30 pm

**Atria-Love-Connection
and Celebration**
Wednesday, February 14, 3:00 pm

**Animal Embassy Visits
with Live Animals**
Sunday, February 18, 3:30 pm

Atria
SENIOR LIVING

Atria
SENIOR LIVING

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



- PA Personal Achievement
HF Health & Fitness
EF Entertainment & Fun
CV Civic Engagement
LL Lifelong Learning
CE Creative Expression
IS Inspiration & Spirituality
C Connection
Atria StoryWise

Atria ENGAGE LIFE®

Grid of activities for February 2018, organized by day (4-30) and time (9:30-7:30). Includes categories like St. Augustine's Mass Trip, Catholic Service, Water Walking Exercise, and various games and classes.

ROOM LOCATION KEY: Catskills Cafe, Activity Room, Theater, Lobby, Game Room, Art Studio, Highlands Grille, Pool, Private Dining Room, Library. STAFF KEY: Mia DeMuro, Grace Arenholz, Outside Vendor, Kelsey Crooks, Nancy Chaikin, Volunteer, Resident Led, Vanessa Bermeo, RSA, Alan Mohl.

10762-0218

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Subject to Change. See Daily Schedule for up-to-date itinerary.

LIFE GUIDANCE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

**LEGATO MUSIC PROGRAM
LOVE SONGS W/GIGI**

Wednesday, February 14, 11:00 am

Happy 94th Birthday Joyce!!!

Tuesday, February 20, 3:00 pm

Happy 85th Birthday Jinkie!!!

Friday, February 23, 3:00 pm

Atria
SENIOR LIVING

Atria
SENIOR LIVING

FEBRUARY 2018

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE®

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4	5	6	7	8	9	10
<p>Super Bowl® Sunday</p> <p>10:00 HF Conductorcise® (LG) 10:15 IS Catholic Service Eucharistic Ministers (T) [V] 11:00 C Book Club Anyone! (LG) [LS] 11:30 HF Walking the Community (OC) [RL] 1:00 C Let's Chat & Color (LG) [RL] 1:30 PA Happy Birthday Rosa Parks! (LG) [LS] 2:00 CE LEGATO MUSIC PROGRAM- (LG) [LS] 2:30 EF Phoenix Performing Arts Chinese Dance (A) [OV] 2:30 CE Rosa Parks Movie (LG) [RSA] 3:30 HF Happy Feet (LG) [LS] 4:00 C Hot Topics w/ Bryan (LG) [RSA]</p>	<p>10:00 HF Movin N Groovin (LG) 10:30 CV The Daily Chronicles (LG) [LS] 11:00 Snacks & Bingo! 1:00 EF Make-Believe Monday! (LG) [LS] 1:30 Adult Coloring! (LG) [LS] 2:00 HF Stretch and Flex (GY) [RSA] 2:30 CE Horticulture w/ Cathy (LG) [OV] 3:00 EF Hollywood Squares Wii® Game (LG) [LS] 3:30 CE LEGATO MUSIC- (LG) [RSA] 4:00 EF Wheel of Fortune® (LG) 4:30 CE Give A Compliment! (LG) [LS] 6:30 C Evening Movie- (LG) [RSA]</p>	<p>10:00 HF Chair Aerobics (LG) [LS] 10:30 EF Trivia w/ Judy Swit"zer" (LG) [RL] 11:00 CE LEGATO MUSIC PROGRAM (LG) [LP] 1:00 CV The Daily Chronicles (LG) [RSA] 1:30 C Women Scientists Day (LG) [LS] 2:00 EF Pressed For Words (LG) [LS] 2:30 CE Scrapbooking w/ Lizanae (LG) [RSA] 3:00 C Snack & Chat (LG) [RL] 3:30 WHO AM I (LG) [RSA] 4:00 Arts N Crafts (LG) [RL] 4:15 HF Jeopardy!® Trivia (LG) [LS] 4:30 C What's New Today w/ "Alexa" [LS]</p>	<p>10:00 Community Trip- TBA (LG) [RSA] 10:30 HF Conductorcise® (LG) 11:00 LL Guitar Sing Along w/ Lou (LG) [LP] 11:30 Spread Your Wings Craft (LG) [LS] 1:00 EF Let's Have a Twister Fun Day! (LG) [RSA] 1:30 C Let's Connect 4 (LG) [RSA] 2:00 HF Get In Shape- iPad aerobics (LG) [RSA] 2:30 CV News & Views (LG) [RSA] 3:00 PA Celebrating February Birthdays (A) [GA] 3:30 CE LEGATO MUSIC PROGRAM- (LG) [LS] 4:00 EF Ted Talk w/ Lizanae (LG) [LS] 4:30 Let's Play the Wii® (LG) [RSA]</p>	<p>10:00 HF Flex and Stretch (LG) 11:00 CE LEGATO MUSIC PROGRAM- (LG) [LS] 11:30 Adult Coloring! (LG) [RSA] 12:00 CV Chef's Table Luncheon (LGP) [JL] 1:00 LL Learning Something New & Unusual (LG) [LS] 1:30 C Tech Talk & More (LG) [LS] 2:00 HF Stretch and Flex (LG) [LS] 2:30 Better Together Story Sharing (LG) [LS] 3:15 IS Give a Compliment! (LG) [RL] 3:30 EF Let's Learn Spanish (LGP) [RSA] 4:30 Card Games & More (LG) [RL] 6:30 C Evening Movie- (LG) [RSA]</p>	<p>10:00 C Movie In the Theater- (T) [AA] 10:00 HF Sit and Be Fit (LG) [RSA] 11:00 CE LEGATO MUSIC PROGRAM- (LG) [RSA] 1:00 IS Random Acts of Kindness- (LG) [AA] 1:30 CE Let's make Pizza! (LGP) [AA] 2:00 LL Let's make a Treat! (LGP) [AA] 2:30 HF STRENGTH TRAINING (LG) [RSA] 3:00 CV Daily Chronicles (LG) [AA] 4:00 LL Tech talk w/ Anieta (LG) [AA] 4:30 EF Let's Take A Sports Toss (LG) [AA] 6:30 C Evening Movie (LG) [RSA] 7:15 IS Shabbat Service and Conversation (A) [V]</p>	<p>10:00 HF SOCA Fitness (LG) [AA] 11:00 CE Classic Poetry (LG) [AA] 11:30 C Hand Massage (LG) [RSA] 1:00 IS Relax and Read a Story (LG) [AA] 1:30 CE Short Play Readings (LG) [AA] 2:00 C Painting Fun! (LG) [AA] 2:30 C Cocktails w/ Anieta (LG) [AA] 3:00 HF Dance Around The World (LG) [RSA] 3:30 EF Karaoke w/ Nieta (LG) [AA] 4:00 LL Let's Make a Chocolate Candy! (A) [AA] 4:15 CE LEGATO MUSIC PROGRAM- Roberta Flack (LG) [RSA] 6:30 C Evening Movie (LG) [RSA]</p>
<p>10:00 HF Conductorcise® (LG) 10:15 IS Catholic Service Eucharistic Ministers (T) [V] 10:30 CV Sunday Paper (LG) [RSA] 11:00 EF Let's Sing A Song (A) [LS] 1:00 CE LEGATO MUSIC PROGRAM- (LG) [RSA] 1:30 Let's Write A Story (LG) [LS] 2:00 C Social Chat & Tea! (LG) [LS] 2:30 HF MOOVIN' & GROOVIN' (LG) 3:00 Sundae's on a Sunday (OC) [RSA] 3:30 PA Let's Ask "Alexa" (LG) [LS] 4:15 C Hot Topics w/ Bryan (LG) [RSA] 6:30 C Evening Movie (LG) [RSA]</p>	<p>10:00 HF Sit & Fit (LG) [LS] 10:30 C Open Discussion Time (GY) [RSA] 11:00 CE LEGATO MUSIC PROGRAM- (LG) [LS] 11:15 Bingo Fun (LG) [RSA] 11:30 CV The Daily Chronicles (LG) [RSA] 1:00 Spread Your Kindness (LG) [LS] 1:30 PA Armchair Travel (LG) [RSA] 2:00 CE Creative Crafts (LG) [LS] 2:30 IS Jazz Meditation (LG) [LS] 3:00 EF Snacks & Chat! (LG) [LS] 3:30 C Give a Compliment! 4:00 LL Abe "Lincoln" Day! (LG) [LS]</p>	<p>10:00 HF COLORFUL WEIGHTS (LG) 10:30 LL News and Views (LG) 11:15 EF Trivia "Board" Fun (LG) [LS] 12:00 CE Pancake Tuesday! (LGP) [LS] 1:00 LL Reading for the Club (LGP) [LS] 1:30 HF Fun Fitness (LG) [LS] 2:00 CE LEGATO MUSIC PROGRAM GUITARIST NANCY (LG) [NS] 2:30 EF Let's Play Bingo! (LG) [RSA] 3:30 Card Games & Coffee (LG) [RSA] 4:15 Jeopardy!® Trivia (LG) [LS] 6:30 C Evening Movie- (LG) [RSA] 7:30 C Yomenco w/ Bruce (LG) [OV]</p>	<p>10:00 HF Conductorcise® (LG) 10:30 CE Poetry & Short Stories (LG) [LS] 11:00 CE LEGATO MUSIC PROGRAM LOVE SONGS w/ GIGI (LG) [G] 1:00 C Share A Story (LG) [RL] 1:30 IS Ash Wednesday! (LG) [LS] 2:00 EF Toss A Thought! (LG) [LS] 2:30 PA History of Fredrick Douglas! (LG) [LS] 3:00 C Atria's Love Connection & Celebration (A) [NC] 3:30 LL History of Valentines Day (A) [LS] 4:00 HF Let's Take a Walk (OC) [LS] 4:30 LL Lent Begins [RSA] 6:30 C Evening Movie- (LG) [RSA]</p>	<p>10:00 Community Trip- TBA (OC) [LS] 10:00 HF Flex and Stretch (LG) 10:30 C Bah Humbug! (LG) [RSA] 11:00 Coffee w/ Doughnuts (LG) [LS] 11:30 HF Engage Your Brain (LG) [LS] 1:00 CV News & Views (LG) [LS] 1:30 C Let's Have A Chat! (OC) [RSA] 2:00 EF Trivia w/ Judy (LG) [RL] 2:30 EF Connect 4 & More (LG) [RSA] 3:00 Lets Toss Balloons (LG) [RSA] 3:30 CE LEGATO MUSIC PROGRAM (LG) [RSA] 4:00 Pictionary™ (LG) [RSA]</p>	<p>10:00 C Movie in the Theater (T) [AA] 10:00 HF Sit and Be Fit (LG) [RSA] 10:45 HF In-House Personal Training with GymGuyz (A) [OV] 11:00 LL View & Discuss- USA TODAY! (LG) [RSA] 1:00 LL Heart 2 Heart day! (LG) [AA] 1:30 EF Challenge Me In Jeopardy!® (LG) [AA] 2:00 HF Can You Keep "UP" Dance w/ Anieta (LG) [AA] 2:30 CE LEGATO MUSIC PROGRAM- (LG) [RSA] 3:00 HF Stretch and Flex (LG) [RSA] 4:00 LL Tech talk w/ Anieta (LG) [AA] 6:30 C Evening Movie (LG) [RSA] 7:15 IS Shabbat Service and Conversation (A) [V]</p>	<p>10:00 HF Dance To The "SOCA" Beat! (LG) [AA] 10:30 CV USA Today (LG) [RSA] 11:00 LL Bake Cookies! (LGP) [AA] 1:00 LL Daily Chronicles (LG) [AA] 1:30 PA Spelling-Bee & Tea! (LG) [AA] 2:00 EF Jeopardy!® (LG) [RSA] 2:30 C Cocktails w. Anieta (LG) [AA] 3:00 HF Dance Party w/ Anieta (LG) [AA] 3:30 EF Trivia Games & More [RL] 4:00 LL Current Events with Art (A) [OV] 4:30 CE LEGATO MUSIC PROGRAM- 40's (LG) [RSA] 6:30 C Evening Movie (LG) [RSA]</p>
<p>10:00 HF Sit & Fit (LG) [RSA] 10:15 IS Catholic Service Eucharistic Ministers (T) [OV] 10:30 CV Daily Chronicles (LG) 11:00 LL Let's Look at History (LG) [LS] 11:30 Board Games [LS] 1:00 CE LEGATO MUSIC PROGRAM- Elvis Presley (LG) [RSA] 1:30 CE Art Creation (LG) [LS] 2:00 HF Low-Impact Aerobic (LG) [RSA] 3:00 C Hot Chocolate Anyone!? [RSA] 3:30 LL Animal Embassy Visit w/ Live Animals (A) [OV] 4:00 C Hot Topics w/ Bryan (LG) [RSA] 6:30 C Evening Movie (LG) [RSA]</p>	<p>10:00 HF Movin N Groovin (LG) 10:30 LL Jeopardy!® (LG) 11:00 LL Snack & Chat (LG) [LS] 11:30 CE Adult Painting (LG) [LS] 1:00 CE LEGATO MUSIC PROGRAM- (LG) [LS] 1:30 CE Singfit w/ Lizanae® (LGP) [LS] 2:00 HF Stretch and Flex (LG) 2:30 CE Horticulture w/ Cathy (LG) [OV] 3:00 Board Games & More (LG) [LS] 3:30 LL Scattergories® (LG) [RSA] 4:00 EF Exploring The Great Poets! (LG) [RSA] 6:30 C Evening Movie (LG) [RSA]</p>	<p>10:00 HF COLORFUL WEIGHTS (LG) 10:15 LL History Recap Anyone! (LG) [LS] 11:00 EF Words within Words (LG) 11:15 CE Snack And Chat! (LG) [RSA] 1:00 EF Board Games & More (LG) [LS] 1:15 CE Funny Sign Day! (LG) [RSA] 2:00 CE LEGATO MUSIC PROGRAM w/ Nancy (LG) [LS] 2:30 LL Arts & Craft (LG) [LS] 3:00 PA Happy 94th Birthday Joyce! (LG) [LS] 3:30 HF Sittercise (LG) [RSA] 3:30 EF Jeopardy!® Trivia (LG) [LS] 6:30 C -Evening Movie (LG) [RSA]</p>	<p>10:00 Community Trip- TBA (OC) [RSA] 10:00 HF Conductorcise® (GY) [RSA] 11:00 LL News & Views (LG) [RSA] 11:15 CE Poem A Day w/ Judy (LG) [TM] 1:00 EF Pressed For Words! (LG) [LS] 1:15 HF Get in Shape (LG) [LS] 2:00 CE LEGATO MUSIC PROGRAM (LG) [NS] 2:15 Virgin Sangria w/ Sweet Fruit 3:00 CE Freestyle Painting (LG) [AA] 4:00 EF Fill in the Blank- (A) [RSA] 4:30 LL The Daily Chronicles 6:30 C -Evening Movie (LG) [RSA]</p>	<p>10:00 HF Flex and Stretch (LG) 10:30 LL Fill in the Blank... (LG) [RSA] 11:30 EF Pressed For Words On The iPad (LG) [LS] 1:00 CE Poem A Day! (LG) [RSA] 1:30 Play A Full Deck! (LG) [LS] 2:00 HF Get in Shape- iPad aerobics (LG) [RSA] 2:30 CE Karaoke & Dance (LG) [RSA] 3:00 C Welcome to the Neighborhood Party (LG) [LS] 3:30 Lets Bowl (LG) [RSA] 4:00 Sharing our Stories (LG) [RSA] 4:30 CE LEGATO MUSIC PROGRAM (LG) [RSA] 6:30 C Evening Movie (LG) [RSA]</p>	<p>10:00 C Movie in the Theater (T) [AA] 10:00 HF Sit and Be Fit (LG) [RSA] 11:00 CE LEGATO MUSIC PROGRAM (LG) [G] 1:00 LL Let's Take a Tour (LG) [AA] 2:00 HF Fun Fitness (LG) [RSA] 2:30 CV The Daily Chronicles (LG) [AA] 3:00 PA Happy 85th Birthday Jinkie! (LG) [AA] 4:00 LL Tech talk w/ Anieta (LG) [AA] 4:30 PA Tell Me Something New About You! (LG) [AA] 6:30 C Evening Movie (LG) [RSA] 7:15 IS Shabbat Service and Conversation (A) [V]</p>	<p>10:00 HF Dance Around the World (LG) [RSA] 10:30 LL USA Today (LG) [RSA] 11:30 CE Creative Fun! (LG) [AA] 1:00 CE LEGATO MUSIC PROGRAM (LG) [RSA] 1:30 EF Family Feud™ Fun (LG) [AA] 2:00 HF Lets Walk (LGP) [AA] 2:30 C Cocktails w/ Anieta (LG) [AA] 3:00 LL Stories and Hot Cocoa... (LG) [AA] 3:30 Balloon Toss (LG) [RL] 4:00 LL Current Events with Art (A) [OV] 4:30 Scrabble® (LG) [RSA] 6:30 C Evening Movie (LG) [RSA]</p>
<p>10:00 HF Dance Around The World (LG) 10:15 IS Catholic Service Eucharistic Ministers (T) [V] 10:30 CV Sunday Paper (LG) 11:30 CV News & Views (LG) [RSA] 1:00 C Hand Massage (LG) [LS] 1:30 Its Bingo Time (LG) [LS] 2:00 HF COLORFUL WEIGHTS (LG) 2:30 EF Make A Difference Today (LG) [LS] 3:00 Treats Over a Cup of Egg Nog (LG) [LS] 4:00 C Hot Topics w/ Bryan (LG) [RSA] 4:30 CE LEGATO MUSIC PROGRAM- 6:30 C Evening Movie (LG) [RSA]</p>	<p>10:15 HF Sit & Fit (OC) [LS] 10:30 LL News and Views (LG) [RSA] 11:00 HF Movin' N Groovin w/ Evelyn (LG) [OV] 11:30 EF Salsa Groove & Bingo (LG) [LS] 1:15 PA WHO AM I (LG) [RSA] 2:30 C Give A Compliment! (LG) [LS] 3:00 C Christmas Pudding Celebration! [LS] 3:30 IS A Walk Down Memory Lane (LG) 4:00 CE LEGATO MUSIC PROGRAM (LG) [RSA] 4:15 LL Buzz Words (LG) [RSA] 6:30 C Evening Movie (LG) [RSA]</p>	<p>10:00 HF COLORFUL WEIGHTS (LG) 10:30 LL iPad- News and Views (LG) 11:00 C Social & Chat in "AL" (A) [LS] 11:30 LL Let's Learn Something New! (LG) [RSA] 1:00 CV Bingo Challenge (LG) [LS] 1:30 Its A Junkanoo Day! (LG) [RSA] 2:00 HF MOVIN' and GROOVIN' (LG) 3:00 CE LEGATO MUSIC PROGRAM (LG) 3:30 IS GIVE ME A COMPLIMENT (LG) 4:00 Arts N Crafts (LG) [RL] 4:30 LL Trivia Challenge (LG) 6:30 C Evening Movie (LG) [RSA]</p>	<p>10:00 Community Trip (OC) [RSA] 10:00 HF Conductorcise® (LG) [LS] 10:30 CE Poem A Day (LG) [TM] 11:00 CE LEGATO MUSIC PROGRAM- (LG) [G] 1:00 CE Let's Create Art (LG) [LS] 1:30 LL The Shortest Day! (LG) [LS] 2:00 HF Fun Fitness (LG) [RSA] 3:15 IS SPA TIME (LG) [RSA] 4:00 LL Word to the WISE (LG) [RSA] 4:30 EF Karaoke w/ Frank Sinatra (LG) [LS] 6:30 C Evening Movie (LG) [RSA]</p>	<p>ROOM LOCATION KEY: LG Activity Room OC Outside community Theater T Activity Room A LG Patio LGP Gym GY LG Kitchen LGK</p> <p>STAFF KEY: RSA Lou Patrick Lizanae Stinson Resident Led Anieta Ashley Volunteer V Outside Vendor OV Grace Arenholz GA Julie Lavelle JL Nancy Scordia NS</p> <p>Georgeanne RSA Nancy Chaikin LP Tamora Mills LS Resident Led RL Anieta Ashley AA Volunteer V Outside Vendor OV Grace Arenholz GA Julie Lavelle JL Nancy Scordia NS</p>		

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