

ENGAGE LIFE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

Chef Showdown 2018
Tuesday, July 17, 3:00 PM

**Lecture: "Butterflies
of the Rainforest"**
Wednesday, July 18, 3:00 PM


**Westchester Broadway
Theater Performance**
Saturday, July 28, 2:00 PM

Atria
SENIOR LIVING

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JULY 2018

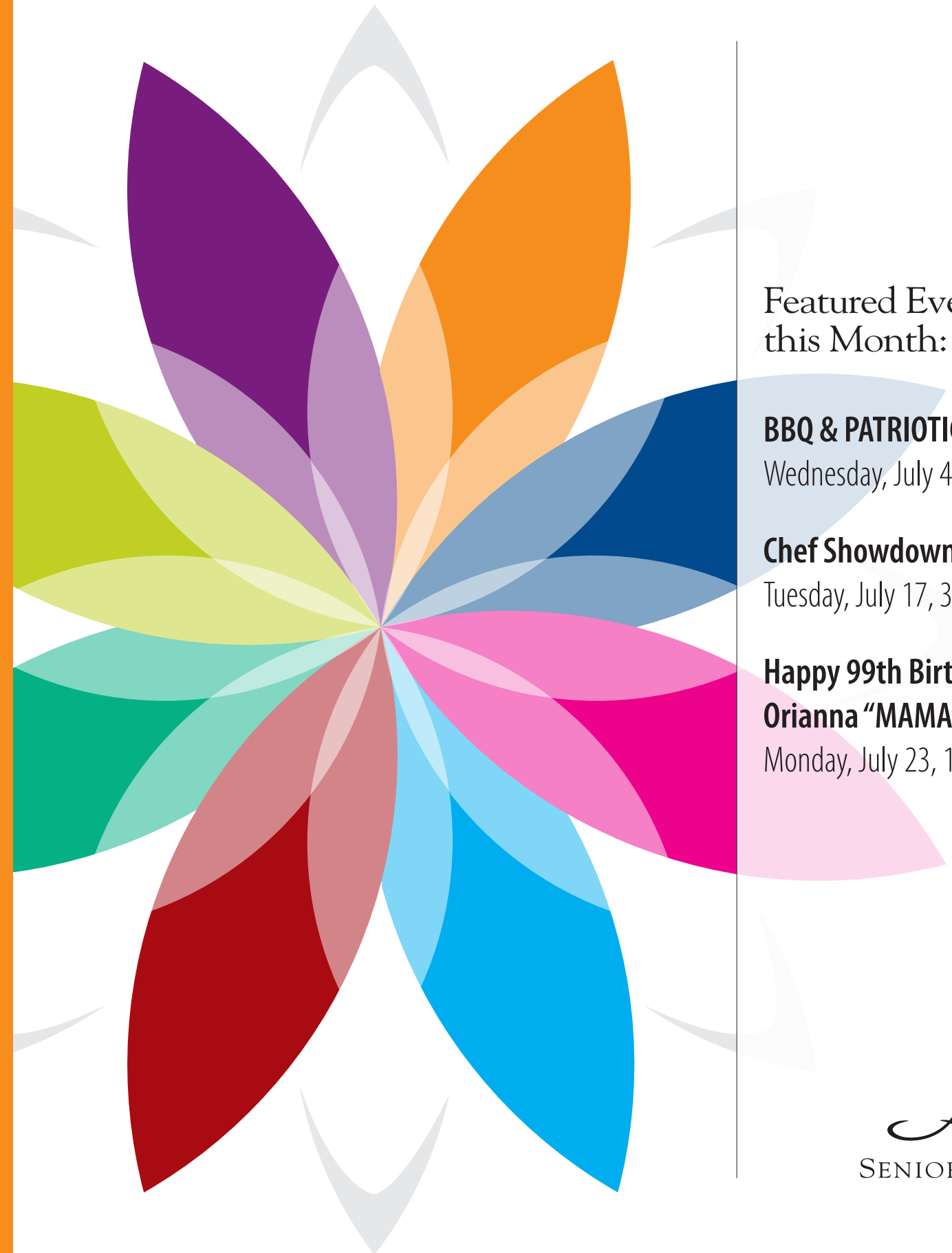
ATRIA ON THE HUDSON engage life®

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1 9:30 St. Augustine's Mass Trip (L) (GA) 10:15 IS Catholic Service Eucharistic Ministers (T) (V) 10:30 HF Morning Wake-Up Exercise w/ Mia (A) (MD) 11:00 EF Can You Name the Music? (A) (MD) 12:00 Board Game: Word Tiles (C) (MD) 2:00 Popcorn Movie Matinee (T) 2:15 C Gentleman's Club: Sports Greats (GR) (GA) 2:30 HF Low-Impact Aerobic Exercise (A) (GA) 3:00 EF Summer Sundays Concert Series (A) (GA) 4:00 CV Supporting Armed Forces (C) (GA) 4:30 LL Appreciation of History, Music, Art (A) (MD) 7:30 Sunday Popcorn Cinema (A)	2 10:00 Coffee, Tea and the Morning News (AS) (KC) 10:30 HF Pool is Open (P) (JW) 10:30 HF Strength and Balance w/ Weights (A) (GA) 11:00 LL The World Almanac: Popular Culture (A) (GA) 12:00 EF Ping Pong by the Pool (P) (MD) 1:00 PA Mahjong Games (GR) (RL) 2:00 IS Inspiring Rhythms Group Drumming (T) (OV) 2:30 HF Balance Focused Exercise Class (A) 3:00 LL Documentary and Discussion (A) (GA) 4:00 PA Green Thumb Horticulture Workshop (A) (OV) 6:00 Game Night: Your Choice! (GR) (RL) 7:30 Romance Movie (T)	3 10:00 LL Headlines and News Discussion (A) (KC) 10:30 HF Easy Yoga for Easing Pain (A) (OV) 11:00 HF Engage Your Brain: Mini Group Crossword 12:00 EF Pocket Billiards (P) (GA) 1:30 Bus Outing or Local Shopping Trip (L) 2:00 PA Resident-Led Bridge Tournament (GR) (RL) 2:00 Bingo at the Grille (HG) (GA) 2:00 Matinee Movie w/ Popcorn (T) 3:00 HF Yomenco Dance w/ Therapy Dog Rockwell (L) (OV) 4:00 CE Horticulture w/ Cathy (A) (NC) 6:30 CE Sing Along to Music of the 40's (A) (MD) 7:30 Comedy Movie Night (T)	4 Independence Day 10:30 HF Seated Dancing Routines to Music (A) (MD) 11:00 HF The Pool is Open (P) (OV) 11:00 Boggle™ Word Search Game (A) (KC) 12:00 C July 4th BBQ and Patriotic Concert (HG) (JL) 2:00 Popcorn Matinee Movie (T) 2:00 PA Resident-Led Bridge Games (GR) (RL) 2:00 CV Knitting/Crocheting for a Cause (LB) (NC) 3:00 EF Patriotic Concert (A) (NC) 4:00 LL "Categories" Word Game (A) (MD) 6:30 C S'Mores Around the Firepit (T) (GA) 7:30 Wednesday Wild Card Movie (T)	5 10:00 LL Tech Time w/ Mia (C) (MD) 10:30 HF Senior Fitness Exercise Class w/ Sara (A) (OV) 11:00 HF Word Wheel Challenge (A) (MD) 12:00 Ping Pong/Billiards Tournament (P) (KC) 2:00 Movie Candy Matinee (T) 2:30 LL "The Greatest Mysteries Ever" Discussion (A) (GA) 3:00 CV Animal Advocacy: Making Dog Biscuits (C) (NC) 3:30 LL Opera in the Afternoon (A) (OV) 4:15 HF Stretch and Straighten (A) (NC) 6:30 EF Bingo for Prizes (T) (KC) 7:30 Classic Movie Night (T)	6 10:00 C Coffee Chat in the Café (C) (KC) 10:15 HF Mind Boosters (A) (KC) 10:45 HF Strengthen and Balance Using Weights (A) (OV) 11:30 CE Short Story Reading and Appreciation (A) 12:00 Card Games: Gin Rummy (GR) (KC) 2:00 Afternoon Movie Matinee (T) 2:00 CE Theater Arts for the Young at Heart (A) (OV) 2:00 HF Gentle Stretching and Relaxation (A) (KC) 3:00 CE Art Project w/ Instructor Anne (AS) (KC) 4:00 PA Ambassador Program Meeting (C) (NC) 7:15 IS Shabbat Services (A) (V) 7:30 Your Friday Favorite Flick (T)	7 10:00 Coffee Chat (C) (KC) 10:30 HF Pool's Open for a Swim! (P) (JW) 10:30 HF Strengthen w/ Therabands (A) (KC) 11:00 LL World Culture Presentation (A) (NC) 1:00 PA Scrabble® Game (C) (RL) 2:00 Saturday Matinee Movie (T) 2:00 CE Baking Goodies in the Café (C) (NC) 2:15 HF Low-Impact Aerobics (A) (KC) 3:30 CE Poetry Appreciation: Free Verse (A) (KC) 4:00 LL A Look back in History (A) (MD) 6:45 CE Creative Drawing for Relaxation and Fun (GR) (RL) 7:30 Saturday Feature Movie Cinema (T)	
8 9:30 St. Augustine's Mass Trip (L) (GA) 10:15 IS Catholic Service Eucharistic Ministers (T) (V) 10:30 HF Morning Wake-Up Exercise w/ Mia (A) (MD) 11:00 EF Can You Name the Music? (A) (MD) 12:00 EF Pocket Billiards (P) (GA) 2:00 Popcorn Movie Matinee (T) 2:00 C Gentlemen's Club: Poker (A) (GA) 3:00 EF Summer Sundays Soiree (A) (MD) 3:30 HF Low-Impact Aerobic (A) (GA) 6:45 PA Meeting of the Members of The Voice (PD) (RL) 7:30 Classic Movie of the 1940's (A)	9 10:00 CE Art Studio Open for Personal Projects (AS) (RL) 10:15 LL The World Almanac: Sports (A) (GA) 10:30 HF Pool is Open (P) 11:00 HF Healing Therapeutics Exercise Group p (A) (V) 12:00 Chess Demonstration and Games (C) (MD) 1:00 PA Mahjong Games (GR) (RL) 2:00 Popcorn Movie Matinee (T) 2:30 HF Low-Impact Aerobics (A) 3:00 HF Engage Your Brain (EYB) (A) (MD) 4:00 HF Group Crossword on the Large Screen (A) (GA) 7:30 Monday Mystery Movie Night (T)	10 9:30 EF Boulders Baseball Game Outing (OC) (OV) 10:30 LL Headlines and News Discussion (A) (MD) 11:00 HF Yoga and Movement (A) (OV) 1:30 Bus Outing or Local Shopping Trip (L) 2:00 Popcorn Movie Matinee (T) 2:00 PA Resident-Led Bridge Tournament (GR) (V) 2:00 Bingo at the Grille (HG) (GA) 3:00 HF Yomenco Dance w/ Therapy Dog Rockwell (A) (OV) 4:00 HF Afternoon Stretch and Meditation (MD) 4:30 CE Crafting Group (C) (NC) 6:30 Sing Along to Music of the 50's! (A) (MD) 7:30 Action Movie Night (T)	11 10:00 EF Coffee and Cards Games in the Café (C) (KC) 10:30 HF Seated Dancing w/ Music (T) (MD) 11:00 Boggle™ Word Search Game (A) (KC) 12:15 HF Movement w/ Mia (A) (MD) 2:00 Popcorn Movie Matinee (T) 2:00 PA Bridge Games (GR) (RL) 2:00 CV Knitting/ Crocheting for a Cause (LB) (NC) 2:00 C New Resident Welcome and Social Hour (A) (KC) 2:15 HF Seated Aerobic Exercise (A) (GA) 3:00 PA Celebrating July Birthdays w/ Music (HG) (GA) 4:00 LL Great Courses Lecture and Discussion (A) (NC) 7:30 Wacky Wednesday Movie (T)	12 10:00 LL Tech Time (C) (MD) 10:30 HF Senior Fitness Exercise w/ Sara (A) (OV) 11:00 Engage Life® Monthly Resident Meeting (A) (NC) Bus Outing or Local Shopping Trip (L) (RL) 1:30 Bus Outing or Local Shopping Trip (L) (RL) 2:00 Popcorn Movie Matinee (T) 2:00 EF Ping Pong Tournament (P) (MD) 2:15 CE Creative Jewelry Design (A) (NC) 3:00 Bingo for Prizes (HG) (KC) 4:00 HF Afternoon Stretch (A) (KC) 7:00 Marie's Circle of Singers (PO) (KC) 7:30 All-Time Greatest Movie Night (T)	13 10:15 IS Gentle Stretch and Relaxation (A) 10:45 HF In-House Personal Training w/ GymGuyz (A) (OV) 11:00 CE Short Story Reading and Appreciation (A) 12:00 Board Games: Monopoly (GR) (KC) 2:00 Popcorn Matinee Movie (T) 2:15 HF Afternoon Exercise (A) 3:00 CE Art Studio Workshop w/ Ann (AS) (OV) 3:30 HF Nutrition Class (A) (OV) 4:00 C Social Media Demonstration (A) (NC) 7:15 IS Shabbat Services (A) (V) 7:30 Friday Evening Flick (T)	14 10:00 Coffee Chat (C) (KC) 10:30 HF Pool's Open for a Swim! (P) (JW) 10:30 HF Strengthen w/ Therabands (A) 11:00 PA Scrabble® Games (HG) (RL) 11:00 LL Debate of Ethical Dilemmas (A) (NC) 12:00 Card Games: Crazy 8's (GR) (KC) 2:00 HF Aqua Aerobics (P) (OV) 2:00 Matinee Movie Musical (T) 3:00 IS Positive Feeling: "Choosing Happiness" (A) (KC) 4:00 LL A Look back in History (A) (MD) 6:30 Color Your Way to Calm (GR) (RL) 7:30 Saturday Movie Candy Cinema (T)	
15 9:30 St. Augustine's Mass Trip (L) (GA) 10:15 IS Catholic Service Eucharistic Ministers (T) (V) 10:30 HF Morning Wake Up Exercise w/ Mia (A) (MD) 11:00 EF Can You Name the Music? (A) (MD) 12:00 Bananagrams® (R) (C) (MD) 2:00 Popcorn Movie Matinee (T) 2:15 C Gentleman's Club: Sports Greats (GR) (GA) 3:00 HF Charity Miles (A) (GA) 4:00 CE Drama Club (A) (GA) 7:30 Classic Movie of the 1950's (A)	16 10:00 C Coffee, Tea and the Morning News (AS) (GA) 10:30 HF Pool is Open (P) 10:30 HF Strength and Balance Using Weights (A) (GA) 11:00 LL The World Almanac: History (A) (GA) 12:00 EF Vinyl Record Club (A) (MD) 1:00 PA Mahjong Games (GR) (RL) 2:00 IS Inspiring Rhythms Group Drumming (T) (OV) 3:00 EF Scarborough Singers Performance 4:00 PA Green Thumb Horticulture Workshop (A) (OV) 7:30 Western Cinema Classic (T)	17 10:30 LL Headlines and News and Discussion (A) (KC) 11:00 HF Yoga w/ Laura (A) (OV) 12:00 Pocket Billiards (P) (GA) 1:30 Bus Outing or Local Shopping Trip (L) (NC) 2:00 PA Resident-Led Bridge Tournament (GR) (V) 2:00 Afternoon Movie Time (T) 2:00 Bingo at the Grille (HG) (GA) 2:30 EF Words W/in Words (A) (GA) 3:00 EF Chef Showdown 2018 (A) (NC) 6:30 CE Sing Along to Music of the 60's! (A) (MD) 7:30 Romance Movie Night (T)	18 10:00 EF Coffee and Card Games in the Café (C) (KC) 10:30 HF Seated Dancing Routines to Music (A) (MD) 11:00 Food for Thought Meeting (A) (JL) 12:30 PA Resident Council Meeting w/ ED (PD) (RL) 2:00 Popcorn Movie Matinee (T) 2:00 PA Bridge Games (GR) (RL) 2:00 CV Knitting/Sewing for a Cause (LB) (NC) 3:00 LL Lecture: "Butterflies of the Rainforest" (A) (OV) 6:30 C S'Mores Around the Firepit (A) (GA) 7:30 Wild Card Movie (T)	19 10:00 LL Tech Time (C) (MD) 10:30 HF Senior Fitness Exercise Class w/ Sara (A) (OV) 11:00 HF Word Wheel Challenge (A) (MD) 1:30 EF Bus Outing or Local Shopping Trip (L) (RL) 1:30 CE Creative Writing Workshop (PD) 2:00 Movie Matinee (T) 2:00 HF Low-Impact Aerobics (A) (GA) 2:15 LL Hollywood Spotlight: Betty Gable (A) (OV) 3:30 LL Opera in the Afternoon (A) (OV) 3:45 Town Hall Meeting (A) 6:30 EF Charades Using Pictures (A) (KC) 7:30 Foreign Film Movie Night (T)	20 10:30 IS Spiritual Retreat and Relaxation (A) 10:30 HF Strengthen and Balance Using Weights (A) 11:00 C "Laughter Is the Best Medicine" (C) (NC) 11:00 CE Short Story Reading and Appreciation (A) 12:00 Card Games: Hearts (GR) (KC) 2:00 CE Theater Arts for the Young at Heart (A) (OV) 2:00 Movie Matinee (T) 2:15 HF Nature Walk (L) 3:00 CE Art Workshop w/ Ann (AS) (NC) 4:00 HF Nutrition Q's: Vitamins/Fact or Fiction (A) (NC) 7:15 IS Shabbat Services (A) (V) 7:30 Fabulous Friday Flick (T)	21 10:00 PA Sundries "Store" Open for Business (HG) (RL) 10:30 HF Pool's Open for a Swim! (P) 10:30 HF Strengthen w/ Therabands (A) 11:00 LL Debate of Ethical Dilemmas (A) (NC) 12:00 Board Games: Scrabble® (GR) (KC) 2:00 Afternoon Cinema (T) 2:00 HF Water Aerobics (P) (OV) 2:15 HF Engage Your Brain: Spelling Bee Contest (A) (GA) 3:00 CE Poetry Discussion (A) (KC) 4:00 LL A Look Back in History (A) (MD) 7:30 Saturday Showtime (T)	
22 9:30 St. Augustine's Mass (L) (GA) 10:15 IS Catholic Service Eucharistic Ministers (T) (V) 10:30 HF Morning Wake-Up Exercise w/ Mia (A) (MD) 11:00 EF Can You Name the Music? (A) (MD) 12:00 EF Table Tennis (P) (GA) 1:30 Creative Crafts (HG) (V) 2:00 Popcorn Matinee Movie (T) 2:15 C Gentleman's Club: Billiards and Buddies (GR) (GA) 2:30 HF Low-Impact Aerobics (A) (GA) 3:00 EF Summer Sundays Soiree (A) (GA) 4:00 CE Drama Club: Mystery Play Reading (A) (GA) 7:30 Best Picture of the 1940's (A)	23 10:00 CE Art Studio Open (AS) (RL) 10:15 LL The World Almanac: Geography (A) (GA) 11:00 HF Healing Therapeutics Exercise Class (A) (V) 12:00 Jigsaw Puzzle Team (LB) (MD) 1:00 PA Mahjong Games (GR) (RL) 2:00 IS Inspiring Rhythms Group Drumming (T) (OV) 3:00 LL Appreciation of History, Music, Art (A) (MD) 4:00 HF Words W/in Words Challenge (A) (KC) 4:30 HF Strength and Balance Program (A) (MD) 7:30 The Best Romance Movie of All Time (T)	24 10:30 LL Headlines and News Discussion (A) (MD) 11:00 HF Yoga w/ Laura (A) (OV) 1:30 Bus Trip/Outing or Local Shopping Trip (L) (RL) 2:00 Popcorn Movie Matinee (T) 2:00 Bingo at the Grille (HG) (GA) 2:00 PA Bridge Tournament (HG) (RL) 2:15 HF Movement w/ Mia (A) (MD) 3:00 Classical Piano Performance (PO) (OV) 4:00 EF Think Fast Challenge (A) (KC) 6:30 CE Sing Along to the Music of the '70's! (A) (MD) 7:30 Comedy Movie Night (T)	25 10:00 EF Coffee and Card Games in the Café (AS) (OV) 10:30 HF Seated Dancing w/ Music (A) (MD) 11:00 Boggle™ Word Search (A) (KC) 12:30 Billiards Tournament (P) (GA) 1:30 LL Monthly Book Discussion Group (GR) (OV) 2:00 Popcorn Matinee Movie (T) 2:00 PA Bridge Games (GR) (RL) 2:00 CV Knitting/Sewing for a Cause (LB) (NC) 2:00 LL Music Fundamentals w/Rob (A) (OV) 3:00 EF Operatic Musical Performance (A) (OV) 6:30 C S'Mores Around the Firepit (A) (GA) 7:30 Wednesday Wild Card Movie (T)	26 10:00 LL Tech Time w/ Mia (C) (MD) 10:30 HF Senior Fitness Exercise Class w/ Sara (A) (OV) 11:00 HF Word Wheel Challenge (A) (MD) 12:30 Ping Pong Tournament (P) (GA) 1:30 Bus Outing or Local Shopping Trip (OC) (RL) 2:00 Popcorn Movie Matinee (T) 2:00 CE Art Class: Fabric Painting (AS) (MD) 2:00 HF Low-Impact Aerobics Class (A) (GA) 4:30 CE Color Your Way to Calm (GR) (NC) 6:15 HF Bingo for Prizes (A) (KC) 7:30 Classic Movie Night (T)	27 10:00 C Coffee Klatch (C) (MD) 10:45 HF In-House Personal Training w/ GymGuyz (A) (OV) 11:00 CE Short Story Reading and Appreciation (A) 12:00 Board Games: Checkers 1:30 EF Ping Pong Game (P) (RL) 2:00 Popcorn Afternoon at the Movies (T) 2:00 PA Monthly Book Club Meeting (A) (NC) 3:00 CE Art Studio Workshop (AS) (OV) 3:00 IS Support Group Discussion (A) (RSA) 4:00 HF Before Dinner Stroll and Stretch (L) (KC) 7:15 IS Shabbat Services (A) (OV) 7:30 Fun Friday Flick	28 10:30 HF Pool's Open for a Swim! (P) (OV) 10:30 HF Strengthen w/ Therabands (A) (KC) 11:00 LL Debate of Ethical Dilemmas (A) (NC) 12:00 Jig Saw Puzzle Team (C) (NC) 2:00 Westchester Broadway Theater Performance (A) (NC) 2:00 HF Aqua Aerobics (P) (OV) 2:15 HF Walking Club for Miles (OC) (NC) 2:30 C Chat Room (A) (NC) 3:00 CE Shakespearean Sonnets (A) (KC) 4:00 LL "A Look Back in History" w/ Art (A) (OV) 6:30 CE Creative Drawing for Relaxation (GR) (RL) 7:30 Saturday Slice of Life Cinema (T)	
29 9:30 St. Augustine's Mass (L) (GA) 10:15 IS Catholic Service Eucharistic Ministers (T) (V) 10:30 HF Morning Wake-Up Exercise w/ Mia (A) (MD) 11:00 EF Can You Name the Music? (A) (MD) 12:00 EF Pocket Billiards (P) (GA) 1:30 Creative Crafts (HG) (V) 2:00 Popcorn Matinee Movie (T) 2:15 C Gentleman's Club (GR) (GA) 2:30 HF Low-Impact Aerobics (A) (GA) 3:00 EF Summer Sundays Concert Series (A) (GA) 4:00 CE Drama Club: Mystery Play Reading (A) (GA) 7:30 Best Picture of the 1940's (A)	30 10:00 C Coffee Chat (AS) (GA) 10:15 LL The World Almanac: U.S. Presidents (A) (GA) 11:00 HF Healing Therapeutics Exercise Class (A) (V) 12:00 Jigsaw Puzzle Team (LB) (MD) 1:00 PA Mahjong Games (GR) (RL) 2:00 IS Inspiring Rhythms Group Drumming (T) (OV) 3:00 LL Appreciation of History, Music, Art (A) (MD) 4:00 HF Words W/in Words Challenge (A) (KC) 4:30 HF Strength and Balance Program (A) (MD) 7:15 Piano Man: Dr. Alan Mohl (PO) (OV) 7:30 The Best Romance Movie of All Time (T)	31 10:30 LL Headlines and News Discussion (A) (MD) 11:00 HF Yoga w/ Laura (A) (OV) 1:30 Bus Trip/Outing or Local Shopping Trip (L) (RL) 2:00 Popcorn Movie Matinee (T) 2:00 Bingo at the Grille (HG) (GA) 2:00 PA Bridge Tournament (HG) (RL) 2:15 HF Movement w/ Mia (A) (MD) 3:00 LL Let's Travel to the Maritimes! (OT) (GA) 4:00 EF Think Fast Challenge (A) (KC) 6:30 CE Sing Along to the Music of the '80's! (A) (MD) 7:30 Comedy Movie Night (T)				ROOM LOCATION KEY: Theater T Outside community OC Outside Terrace OT Pool P Highlands Grille HG Catskills Cafe C Lobby L Piano Area PO Private Dining Room PD Art Studio AS Game Room GR Library LB	STAFF KEY: RSA Outside Vendor OV Kelsey Crooks KC Mia DeMuro MD Grace Arenholz GA Nancy Chaikin NC Jenna Whalen JW

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LIFE GUIDANCE[®]

Monthly Calendar of Events and Programming



Featured Events this Month:

BBQ & PATRIOTIC CONCERT

Wednesday, July 4, 12:00 PM

Chef Showdown 2018!

Tuesday, July 17, 3:00 PM

Happy 99th Birthday

Orianna "MAMA"

Monday, July 23, 12:00 PM

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JULY 2018

ATRIA ON THE HUDSON life guidance®

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
1 10:00 CV Sunday paper (GY) (RSA) 10:00 HF Conductorcise® (LG) 10:15 IS Catholic Service Eucharistic Ministers (T) (V) 11:15 CE Creative Writing & More! (LS) 1:00 CV Let's Learn Something New! (LG) (LS) 1:30 EF Documentary of Might Casey (LG) (LS) 2:00 CE LEGATO MUSIC PROGRAM- (LG) (LS) 2:30 C Let's Chat & Socialize (LG) (LS) 3:15 EF Games & More (LG) (LS) 4:00 CE Creative Crafts (LG) (LS) 4:30 EF Scattergories®... Anyone?! (LG) (LS) 6:30 C Evening Movie (LG) (RSA)	2 10:30 CV The Daily Chronicles (LG) (LS) 11:00 HF Movin N Groovin w/ Evelyn (LG) 1:00 CV News & Views (LG) (LS) 1:00 PA Compliment Someone! (LG) (LS) 1:30 PA Let's make something New! (LG) (RSA) 2:00 HF Stretch and Flex (GY) (RSA) 2:30 CE Horticulture/ Cathy (LG) (CF) 3:00 EF Crumpets' & Sweet Tea! (LG) (LS) 3:30 CE LEGATO MUSIC PROGRAM (LG) (RSA) 4:00 EF Wheel of Fortune® (LG) 4:30 CE Let's Explore The Old and The New! (LG) (LS) 6:30 C Evening Movie- (LG) (RSA)	3 10:00 HF Chair Aerobics (LG) (LS) 10:30 EF Trivia Fun w/ Our friends (LG) (RL) 11:00 CE LEGATO MUSIC PROGRAM (LG) (LP) 11:30 CV Daily Chronicles (LG) (LS) 1:00 PA Learning New Things! (LG) (RSA) 1:15 EF Celebrating Transformers the Movie (LG) (LS) 1:30 CE Crafts & Chat! (LG) (LS) 2:00 EF Games & More! (LG) (LS) 2:15 LL Let's Read Some News Articles! (LG) (LS) 3:00 HF Yomeco w/ Bruce (LG) (OV) 4:15 HF Tour the Community (LG) (RSA) 6:30 C Evening Movie (LG) (RSA)	4 10:00 HF Conductorcise® (LG) 10:00 Community Trip- TBA (LG) (RSA) 11:00 LL Fun With Words! (LG) (RSA) 12:00 EF BBQ & PATRIOTIC CONCERT (OC) (LS) 1:00 EF Let's Write Poetry (LG) (RSA) 1:30 PA For The Love Of Pets! (LG) (RSA) 2:00 HF Get In Shape- iPad® aerobics (LG) (RSA) 2:30 CV News & Views (LG) (RSA) 3:00 CE LEGATO MUSIC PROGRAM- (LG) (LS) 3:30 IS Give A Compliment! (LG) (LS) 4:00 CE Adult Coloring! (LG) (LS) 6:30 C Evening Movie (LG) (RSA)	5 10:00 HF Flex and Stretch (LG) 10:30 CV News-stand (LG) (RSA) 11:00 CE LEGATO MUSIC PROGRAM- (LG) (RSA) 11:30 HF Shall We Dance?! (LG) (LS) 1:30 Share A Wise Story! (LG) (LS) 2:00 HF Fun Fitness (LG) 2:30 PA Short Stories (LG) (RL) 3:00 Lets Strengthen Our BRAINS! (LG) (RSA) 3:30 C Let's Chat over tea (LG) (RSA) 4:00 Adult Coloring (LG) (RL) 4:30 IS Ted Talks w/ Lizanae (LG) (LS) 6:30 C Evening Movie- (LG) (RSA)	6 10:00 HF Sit and Be Fit (LG) (RSA) 10:30 C Movie in the Theater (T) (AA) 10:45 EF Table Game Challenges! (A) (RSA) 11:30 C Brain Exercises (LG) (AA) 1:30 LL All News Day-New Flashes & History (LG) (AA) 2:00 HF Soca Zumba®-w/ Anieta (LGP) (AA) 2:30 CE Creative Thinking - (LG) (AA) 3:00 CE LEGATO MUSIC PROGRAM (LG) (RSA) 3:30 C Share A Thought Jar (LG) (AA) 4:00 LL Tech talk w/ Anieta (LG) (RSA) 6:30 C Evening Movie (LG) (RSA) 7:15 IS Shabbat Service and Conversation (A) (V)	7 10:00 HF Parachute Pop Up (LG) (RSA) 10:30 LL News And Views (LG) (RSA) 11:00 CE LEGATO MUSIC PROGRAM- (LG) (AA) 11:45 Let's Play A "Board Game" (LGP) (RSA) 12:00 PA Let's Visit Mexico for Lunch! (LGK) (JL) 1:15 EF Let's Relax And Get Pampered (LG) (AA) 2:00 Happy Hour Fitness w/ Elizabeth (LG) (RL) 2:30 Topics & Discussions- (LG) (AA) 3:30 Free Style Arts (LG) (AA) 4:00 LL Current Events with Art (A) (OV) 4:30 HF How Important Is Your Brain? (AA) 6:00 C Evening Movie (LG) (RSA)		
8 10:00 HF Conductorcise® (LG) 10:15 IS Catholic Service Eucharistic Ministers (T) (V) 10:30 CV Sunday Paper (LG) (RSA) 11:00 EF Game Fun Challenge! (LGP) (RSA) 11:15 EF Let's Have A Warm Snack (A) (LS) 1:00 CE LEGATO MUSIC PROGRAM- (LG) (RSA) 2:00 EF Afternoon Cinema (LG) (LS) 2:30 HF MOVIN' & GROOVIN' (LG) 3:00 Sundaes on a Sunday (OC) (RSA) 3:30 Bingo MADNESS! (LS) 4:15 C Hot Topics w/ Bryan (LG) (RSA) 6:30 C Evening Movie (LG) (RSA)	9 10:00 HF Sit & Fit (LG) (LS) 10:30 C Open Discussion Time (GY) (RSA) 11:00 CE LEGATO MUSIC PROGRAM- (LG) (LS) 11:30 CV The Daily Chronicles (LG) (RSA) 1:00 Spread Your Kindness (LG) (LS) 2:00 CE Adult Coloring (LG) (LS) 2:30 IS Jazz Meditation (LG) (LS) 3:00 EF Let's Talk About the Seasons of Life (LG) (LS) 3:30 IS Positive Thinking Time! (LS) 4:00 CV News & Views (LG) (RSA) 4:15 HF Let's Take a Walk-LG Courtyard (LG) (RSA) 6:30 C Evening Movie (LG) (RSA)	10 10:00 HF COLORFUL WEIGHTS (LG) 10:30 LL News and Views (LG) 11:00 CE LEGATO MUSIC PROGRAM- (LG) (G) 11:00 CV The Daily Chronicles (LG) (LS) 1:00 LL Reading for the Club (LGP) (LS) 1:30 HF Fun Fitness (LG) (LS) 2:30 Let's Play Bingo! (LG) (RSA) 3:00 CE Let's Plant Something (LGP) (RSA) 3:30 Take A Look Back To The 50's (LGP) (LS) 4:15 Jeopardy!® Trivia (LG) (LS) 4:30 HF Let's Take a Walk (LGP) (RSA) 6:30 C Evening Movie- (LG) (RSA)	11 10:00 Community Trip- TBA (OC) (LS) 10:00 HF Conductorcise® (LG) 11:00 Coffee Chat Anyone? 11:30 CV Daily Chronicle (LG) (RSA) 1:00 HF Let's Take a Walk (OC) (LS) 1:30 CE LEGATO MUSIC PROGRAM (LG) (RSA) 2:00 CE Let's Create Something Unique (LG) (LS) 2:30 EF Premier of Singin' In the Rain (LG) (LS) 3:00 Jeopardy!® Challenge Over Snacks (LG) (LS) 4:30 C News & Views (LG) (LS) 4:30 LL Beautiful Poetry (A) (RL) 6:30 C Evening Movie- (LG) (RSA)	12 10:00 HF Flex and Stretch (LG) 11:00 CE LEGATO MUSIC PROGRAM- (LG) (LS) 11:30 C Social Chat w/ Tamora (LG) (TM) 12:00 CV Chef's Table Luncheon w/ Chef Julie (LGK) (JL) 1:30 CV The Daily Chronicles (LG) (RSA) 2:00 HF Stretch and Flex (LG) (LS) 2:30 What's in a Word? (LG) (LS) 3:00 CV BBC World News & Views (OC) (LS) 3:30 HF Let's Visit AL Community (OC) (LS) 4:00 C Pressed for Words! (LG) (RSA) 4:30 Card Games & More (LG) (RL) 6:30 C Evening Movie- (LG) (RSA)	13 10:00 C Movie In the Theater- (T) (AA) 10:00 HF Sit and Be Fit (LG) (RSA) 11:00 CE LEGATO MUSIC PROGRAM w/LOU (LG) (LP) 1:15 C Let's Read a Short Story Together! (LG) (RL) 1:30 C What's Social Media & Tech? (LG) (LS) 2:00 LL Let's make a Treat! (LGK) (AA) 2:30 HF Let's Get Fit w/ Elizabeth (LG) (RSA) 3:30 Share A Life Story! (LG) (AA) 4:00 LL Life talk w/ Anieta (LG) (AA) 4:30 Bingo Fun! 6:30 C Evening Movie (LG) (RSA) 7:15 IS Shabbat Service and Conversation (A) (V)	14 10:00 HF Let's Get Fit w/ Elizabeth (LG) (RL) 10:30 LL News and Views (LG) (RSA) 11:00 CE Classic Poetry (LG) (AA) 11:30 C Hand Massage (LG) (RSA) 1:00 IS Relax and Read a Story (LG) (AA) 2:00 C Craft Fun! (LG) (AA) 2:30 CV Cole Porter Trivia & Facts! (LG) (AA) 3:00 HF Dance Around The World (LG) (RSA) 3:30 Cheese, Wine, And Chat! (LG) (AA) 4:15 CE LEGATO MUSIC PROGRAM (LG) (RSA) 4:30 CE Arts & Craft (LG) (AA) 6:30 C Evening Movie (LG) (RSA)		
15 10:00 HF Sit & Fit (LG) (RSA) 10:15 IS Catholic Service Eucharistic Ministers (T) (OV) 10:30 CV Daily Chronicles (LG) 11:30 Board Games (LS) 1:00 CE LEGATO MUSIC PROGRAM (LG) (RSA) 1:30 CE Jazz & Crafts! (LG) (LS) 2:00 HF Low-Impact Aerobic (LG) (RSA) 3:00 EF Bingo ANYONE?! (LG) (LS) 4:00 C Hot Topics w/ Bryan (LG) (RSA) 4:15 HF Let's Take A Walk (LG) (RSA) 6:30 C Evening Movie (LG) (RSA)	16 10:00 HF Movin N Groovin (LG) 10:30 LL Jeopardy!® (LG) (LS) 11:15 EF Exploring The Great Poets! (LG) (RSA) 11:30 Karaoke Anyone?! (LG) (RSA) 1:00 CE Let's make Something! (LG) (LS) 1:30 CE Decorate Our Cupcakes (LGP) (LS) 2:00 HF Stretch and Flex (LG) 2:30 CE Horticulture/ Cathy (LG) (CF) 3:30 LL Scattergories® (LG) (RSA) 4:00 CE LEGATO MUSIC PROGRAM- (LG) (LS) 4:15 Let's Search For Words (LG) (RL) 6:30 C Evening Movie (LG) (RSA)	17 10:00 HF COLORFUL WEIGHTS (LG) 11:00 EF Words within Words (LG) 11:15 CE Snack And Chat! (LG) (RSA) 11:30 Bingo & More (LG) (LS) 1:00 World Storyteller Day! (LG) (LS) 1:15 CE Funny Sign Day! (LG) (RSA) 2:00 CE LEGATO MUSIC PROGRAM w/ Guitar Nancy (LG) (NS) 2:30 LL Arts & Craft (LG) (LS) 3:00 PA Chef Showdown 2018! (A) (LS) 3:30 CV News & Views (LG) (RSA) 4:00 HF Sittercise (LG) (RSA) 6:30 C Evening Movie (LG) (RSA)	18 10:00 Community Trip- TBA (OC) (RSA) 10:00 HF Conductorcise® (GY) (RSA) 11:00 LL News & Views (LG) (RSA) 1:00 EF Pressed For Words! (LG) (LS) 1:15 HF Get in Shape (LG) (LS) 2:00 CE LEGATO MUSIC PROGRAM (LG) (NS) 2:30 HF Let's Take A Walk (LG) (LS) 3:30 IS Relaxation over Classical Sounds (LG) (RSA) 4:00 EF Fill in the Blank- (LG) (RSA) 4:30 Give a Compliment! (LG) (LS) 6:30 C Evening Movie (LG) (RSA)	19 10:00 HF Flex and Stretch (LG) 11:00 CE Art Creation (LG) (RSA) 11:30 HF Engage Your Brain (LG) (LS) 1:00 CV News & Views (LG) (LS) 1:30 C Let's Have A Chat! (OC) (RSA) 2:00 EF Trivia Games & More! (LG) (RL) 2:30 EF It's Bingo Time! (LG) (RSA) 3:00 Lets Toss Balloons (LG) (RSA) 3:30 CE LEGATO MUSIC PROGRAM (LG) (RSA) 4:00 Pictionary™ (LG) (RSA) 4:00 HF Conductorcise® (LG) (RSA) 6:30 C Evening Movie (LG) (RSA)	20 10:00 C Movie in the Theater (T) (AA) 10:00 HF Sit and Be Fit (LG) (RSA) 10:45 HF In-House Personal Training with GymGuyz (A) (OV) 11:00 LL View & Discuss- USA TODAY! (LG) (RSA) 1:00 LL Let's Bake! (LG) (AA) 1:30 EF Challenge Me In JEPORADY! (LG) (AA) 2:00 HF Can You Keep "UP" Dance w/ Anieta (LG) (AA) 2:30 CE LEGATO MUSIC PROGRAM- (LG) (RSA) 3:00 HF Stretch and Flex (LG) (RSA) 4:00 LL Tech talk w/ Anieta (LG) (AA) 6:30 C Evening Movie (LG) (RSA) 7:15 IS Shabbat Service and Conversation (A) (V)	21 10:00 HF Strength and Balance (AA) 10:30 CV USA Today (LG) (RSA) 11:30 CV News & Views (LG) (RL) 1:00 LL Daily Chronicles (LG) (AA) 1:30 Caribbean Soca Fun w/ Nieta (LGP) (AA) 2:00 EF Jeopardy® (LG) (RSA) 2:30 HF Cocktails w/ Anieta (LG) (AA) 3:00 HF Dance Party w/ Anieta (LG) (AA) 3:30 EF Trivia Games & More (RL) 4:00 LL Current Events with Art (A) (OV) 4:30 CE LEGATO MUSIC PROGRAM- (LG) (RSA) 6:30 C Evening Movie (LG) (RSA)		
22 10:00 HF Dance Around The World (LG) 10:15 IS Catholic Service Eucharistic Ministers (T) (V) 10:30 CV Sunday Paper (LG) 11:30 CV News & Views (LG) (RSA) 1:00 EF Theater Trivia & More (LG) (LS) 1:30 It's Bingo Time (LG) (LS) 2:00 HF COLORFUL WEIGHTS (LG) 2:30 EF Earth Day Gardening (LG) (LS) 3:00 Ice Cream Treats! (LG) (LS) 4:00 C Hot Topics w/ Bryan (LG) (RSA) 4:30 CE LEGATO MUSIC PROGRAM- 6:30 C Evening Movie (LG) (RSA)	23 10:00 CE Artistic Round Of Applause w/ Donna (LG) (DD) 10:15 CV News & Views (LG) (LS) 11:00 HF Movin N Groovin w/ Evelyn (LG) (OV) 12:00 PA Happy 99th Birthday Orianna "MAMA" (LGK) (RSA) 1:15 Arts & Crafts & More (LG) (RSA) 1:30 PA WHO AM I (LG) (RSA) 2:00 HF Happy Feet (LG) (LS) 2:30 C Give A Compliment! (LG) (LS) 3:30 IS A Walk Down Memory Lane (LG) 4:00 CE LEGATO MUSIC PROGRAM (LG) (RSA) 4:15 LL Buzz Words (LG) (RSA) 6:30 C Evening Movie (LG) (RSA)	24 10:00 HF COLORFUL WEIGHTS (LG) 10:30 LL iPad®- News and Views (LG) 11:00 C Social & Chat in "AL" (A) (LS) 11:30 LL Thank You Notes! (RSA) 1:00 CV Bingo Challenge (LG) (LS) 1:30 Let's have Craft fun! (LG) (RSA) 2:00 HF MOVIN' and GROOVIN' (LG) 2:15 Words within Words (LG) (RSA) 3:00 CE LEGATO MUSIC PROGRAM (LG) 3:30 IS GIVE ME A COMPLIMENT (LG) 4:00 LL Trivia Challenge (LG) 6:30 C Evening Movie (LG) (RSA)	25 10:00 Community Trip (OC) (RSA) 10:00 HF Conductorcise® (LG) (LS) 10:30 CE Poem Of The Day (LG) (TM) 11:00 C Welcome to the Neighborhood Party w/ Gigi (RSA) 1:00 Bingo Time! (LG) (LS) 1:30 CV News & Views (LG) (LS) 2:00 HF Fun Fitness (LG) (RSA) 2:30 C Let's Have A Laugh (LG) (RSA) 3:00 CE LEGATO MUSIC PROGRAM w/ Gigi (LG) (G) 3:15 IS SPA TIME (LG) (RSA) 4:00 LL Word to the WISE (LG) (RSA) 4:30 Share A Story! (LG) (LS)	26 10:30 LL Fill in the Blank... (LG) (RSA) 11:30 EF Pressed For Words On The iPad® (LG) (LS) 1:00 CE Poem A Day! (LG) (RSA) 1:30 Play A Full Deck! (LG) (LS) 2:00 HF Get in Shape- iPad® aerobics (LG) (RSA) 2:30 CE Karaoke & Dance (LG) (RSA) 3:00 CV Daily Chronicles (LG) (LS) 3:30 Let's Bowl (LG) (RSA) 4:00 LL History Of Our Pledge of Allegiance (LG) (RSA) 4:30 CE LEGATO MUSIC PROGRAM (LG) (RSA) 6:30 C Evening Movie (LG) (RSA)	27 10:00 C Movie in the Theater (T) (AA) 10:00 HF Sit and Be Fit (LG) (RSA) 11:00 C Snack & Chat! (LG) (AA) 11:30 CE LEGATO MUSIC PROGRAM (LG) (G) 1:30 EF Connect 4 Anyone! (LG) (AA) 2:00 HF Fun Fitness (LG) (RSA) 2:30 CV The Daily Chronicles (LG) (AA) 3:00 CE Freestyle Painting (LG) (AA) 3:30 EF Bingo Tournament (LG) (AA) 4:00 LL Tech Talk w/ Anieta (LG) (AA) 6:30 C Evening Movie (LG) (RSA) 7:15 IS Shabbat Service and Conversation (A) (V)	28 10:00 HF Dance Around the World (LG) (RSA) 10:30 LL USA Today (LG) (RSA) 11:30 CE Creative Thinking Project! (LG) (AA) 1:00 CE LEGATO MUSIC PROGRAM (LG) (RSA) 1:30 EF Family Feud™ Fun (LG) (AA) 2:00 HF Lets Walk (LGP) (AA) 2:30 Happy Hour w/Alexa (LG) (AA) 3:00 LL Story Time... (LG) (AA) 3:30 Bean Bag Fun w/ a Twist of Soca (LG) (RL) 4:00 LL Current Events with Art (A) (OV) 4:30 Scrabble® (LG) (RSA) 6:30 C Evening Movie (LG) (RSA)		
29 10:00 HF Strength and Balance (LG) (RSA) 10:15 IS Catholic Service Eucharistic Ministers (T) (V) 10:30 CV News & Views (LG) (RSA) 11:00 C Social Club & Morning Snacks (LG) (LS) 12:00 PA PICNIC- On-THE PATIO (LGP) (RSA) 1:00 CE Adult Crafts & More (LG) (LS) 1:30 CE LEGATO MUSIC PROGRAM (LGP) (LS) 2:00 HF Let's Stretch Our Limbs (OC) (LS) 3:00 PA Happy 86th Birthday Nancy! (LG) (RSA) 4:00 CV NASA DAY! Documentary (LG) (LS) 5:00 EF National Chicken Wing Day! (LGP) (RSA) 6:30 C Evening Movie (RSA)	30 10:15 HF Early Morning Stroll (LGP) (RSA) 11:00 CV News & Views (LG) (LS) 11:30 LL Appreciation of History & Arts (LG) (LS) 1:00 EF Grooving w/ Elizabeth (LGP) (RL) 1:30 Do We Have Something In Common? (LG) (LS) 2:00 CE LEGATO MUSIC PROGRAM- (LG) (RSA) 2:15 Share a Compliment! (LG) (LS) 2:45 HF Engage Your Brain (EYB) (LG) (LS) 3:00 Snacks & Chat! (LG) (LS) 3:30 C Short Stories & Discussion (LG) (LS) 4:00 Card Game Fun! (LGP) (LS) 6:30 C Evening Movie (LG) (RSA)	31 10:00 HF Conductorcise® (LG) (LS) 11:00 EF Morning Bingo Anyone?! (LG) (LS) 11:15 CE Morning Poetry Reading & Snacks (LS) 1:00 PA Learning Something Unusual (LG) (LS) 1:30 EF Art's & Crafts (LG) (LS) 2:00 IS Meditation and Smooth Jazz (LG) (LS) 2:30 EF Connect 4 Challenge & More (LG) (LS) 3:00 CE LEGATO MUSIC PROGRAM (LG) (LS) 3:30 CV News & Views (LG) (LS) 4:00 LL Brain Challenge (LG) (LS) 4:30 Time To Share a Story! (LG) (RSA) 6:30 C Evening Movie (LG) (RSA)				ROOM LOCATION KEY: LG Activity Room LG Patio LG Kitchen Gym Activity Room A	STAFF KEY: Anieta Ashley Lizanae Stinson Resident Led Tamora Mills Nancy Scoria Volunteer Lou Patrick Julie Lavelle Cathy Fellows Georgeanne Donna Diamond	AA LS RL TM NS V LP JL CF G DD