

ENGAGE LIFE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

Valentine's Happy Hour
Friday, February 12, 3:00 PM

Mardi Gras Happy Hour
Tuesday, February 16, 3:00 PM

Taco 'Bout a Guac Party
Wednesday, February 24, 2:00 PM



FEBRUARY 2021

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE

<p>10:00 HF Arthritis Exercise (APT) 10:30 LL Balloon Volleyball (FC) 1:30 HF Chair Yoga (APT) 3:00 Engage Your Brain (IR) 5:30 IS Rosary 6:00 Password Game (FC) 7:00 Clark Gable's Birthday (IR)</p>	<p>1 10:00 HF Move to the Beat (APT) 10:45 LL Happy Groundhog Day (IR) 1:30 HF Strength Training Class (APT) 2:00 Bingo (IR) 5:00 EF Traveling Word Scrambles (IR) 6:00 Barbra Streisand Tops the Charts (APT)</p>	<p>2 10:00 HF Move to the Beat (APT) 10:45 LL Happy Groundhog Day (IR) 1:30 HF Strength Training Class (APT) 2:00 Bingo (IR) 5:00 EF Traveling Word Scrambles (IR) 6:00 Barbra Streisand Tops the Charts (APT)</p>	<p>3 10:00 HF Arthritis Exercise (APT) 10:45 CE Norman Rockwell Day (APT) 2:00 HF Chair Exercises with Curtis (APT) 2:00 Afternoon Ice Cream (MS) 3:30 LL Downton Abbey (TV) 7:00 Happy Birthday Nathan Lane (APT)</p>	<p>4 10:00 HF Movin' and Groovin' (APT) 10:30 LL "Celebrate the Past" (TV) 1:30 HF Thursday Tai Chi (APT) 2:00 Happy Birthday, USO Happy Hour (FC) 3:00 EF Sing-A-long Hour (FC) 4:00 IS Rosary Group (FC) 6:00 CE StoryWise™ & Cookies (CK)</p>	<p>5 10:00 HF Move to the Beat (APT) 10:45 Froggy Friday (TV) 1:15 HF Armchair Pilates (APT) 3:15 C Traveling Wine & Cheese (FC) 7:00 Movie: Midway (APT)</p>	<p>6 10:00 HF Commit To Be Fit (APT) 10:45 Second Floor Volleyball (FC) 2:00 HF Chair Yoga (APT) 2:30 Movie: Midway (APT) 2:30 C Traveling Saturday Ice Cream (IR) 3:00 Third Floor Volleyball (FC) 7:00 Movie: Armageddon (APT)</p>
<p>7 10:00 HF Get Fit! (APT) 10:30 Third Floor Bocce (FC) 12:45 HF Strength Training Class (APT) 2:00 The Winding Stream (APT) 2:00 Traveling Trivia (IR) 3:00 Super Bowl® Happy Hour (TV) 7:00 Super Bowl® Fifty Five</p>	<p>8 10:00 HF Arthritis Exercise (APT) 10:45 LL Potato Lovers Day (TV) 2:00 HF Chair Yoga (APT) 2:00 HF Engage Your Brain (EYB) (TV) 3:30 EF Putting Green Contest 5:30 IS Rosary 6:00 Nickels Game (FC)</p>	<p>9 10:00 HF Move to the Beat (APT) 10:45 EF Balloon Volleyball (FC) 1:30 HF Strength Training Class (TV) 2:00 Happy Birthday, Carole King (TV) 3:00 HF Engage Your Brain (TV) 5:30 PA Rosary 6:00 EF LCR Game (FC)</p>	<p>10 10:00 HF Arthritis Exercise (FC) 10:45 HF Mind Games on the iPad® (TV) 2:00 HF Chair Exercises with Curtis (APT) 3:15 C Traveling Sweets and Treats (IR) 3:30 LL Downton Abbey (TV) 7:00 Movie: Walk the Line (APT)</p>	<p>11 10:00 HF Movin' and Groovin' (APT) 10:45 French Chef Day: Julia Child (CK) 2:00 HF Thursday Tai Chi (APT) 3:00 What's in a Word (FC) 4:00 HF Traveling Valentine Cards (IR) 4:30 IS Rosary Group (FC) 6:00 Password Game (FC)</p>	<p>12 10:00 HF Move to the Beat (APT) 10:45 CE The Life of Abe Lincoln (TV) 1:30 HF Armchair Pilates (APT) 2:00 Bingo (IR) 3:00 Valentine's Happy Hour (FC) 7:00 Movie: Green Book (APT)</p>	<p>13 10:00 HF Commit To Be Fit (APT) 10:45 Third Floor Volleyball Game 1:30 HF Chair Yoga (APT) 2:00 Movie: Green Book (APT) 2:30 C Traveling Saturday Sundaes (IR) 3:00 Second Floor Balloon Volleyball 7:00 Mr. Church (APT)</p>
<p>14 10:00 HF Stretch & Tone (APT) 10:30 Second Floor Bocce 12:45 HF Strength Training Class (APT) 2:00 EF Love Song Sing-A-Long (TV) 2:00 Movie: Valentine's Day (APT) 5:00 Trivia 6:00 EF Third Floor Bocce</p>	<p>15 10:00 HF Arthritis Exercise (APT) 10:45 Wheel of Fortune® (TV) 1:30 HF Chair Yoga (APT) 2:00 HF Engage Your Brain on the iPad® (TV) 2:00 CV Ambassador Meeting 3:00 EF JELL-O® Day 5:30 IS Rosary 6:00 Nickels Game (FC)</p>	<p>16 10:00 HF Move to the Beat (APT) 10:45 Third Floor Balloon Volleyball (FC) 1:00 HF Strength Training (FC) 2:00 Second Floor Balloon Volleyball (FC) 3:00 EF Mardi Gras Happy Hour (FC) 6:00 Family Feud™ Tournament (FC)</p>	<p>17 9:30 The Foot Dr. Is In (MS) 10:00 HF Arthritis Exercise (APT) 10:30 PA Engage Life® Programming Meeting 2:00 HF Ash Wednesday Mass (FC) 3:30 Downton Abbey (TV) 6:00 Almond Treats Day (TV)</p>	<p>18 10:00 HF Movin' and Groovin' (APT) 10:45 PA Second Floor Blackjack (FC) 1:30 HF Thursday Tai Chi (APT) 2:00 CE Third Floor Blackjack (FC) 4:00 LL Navigating your iPad® or iPhone (FC) 5:00 EF Pool Tournament (PT) 6:00 EF Word Scramble (FC)</p>	<p>19 10:00 HF Move to the Beat (APT) 10:30 LL Third Floor Bingo (FC) 1:30 HF Armchair Pilates (APT) 2:00 Second Floor Bingo (FC) 3:15 C Traveling Wine & Cheese (IR) 7:00 Movie: A Hidden Life (APT)</p>	<p>20 10:00 HF Commit To Be Fit (APT) 10:45 Second Floor Balloon Volleyball 1:30 HF Chair Yoga (APT) 2:00 Movie: A Hidden Life (APT) 2:30 Traveling Saturday Sundaes 3:00 Mind Games on the iPad® (TV) 6:00 C Third Floor Balloon Volleyball 7:00 God Bless the Broken Road (APT)</p>
<p>21 10:00 HF Stretch and Tone (APT) 10:45 Third Floor Bocce (FC) 12:45 HF Strength Training Class (APT) 1:00 LL Concert Music Hour (TV) 2:00 American Experience: The Kennedys (APT) 5:00 EF Trivia 6:00 Second Floor Bocce</p>	<p>22 10:00 HF Arthritis Exercise (APT) 10:45 CE America's First Ladies (TV) 1:30 HF Chair Yoga (APT) 2:00 LL Third Floor Bingo (FC) 3:30 Manicure Monday (FC) 5:30 IS Rosary 6:00 Second Floor Bingo (FC)</p>	<p>23 10:00 HF Move to the Beat (APT) 10:30 EF Second Floor Volleyball 1:30 HF Strength Training Class (APT) 2:00 C February Birthday Cupcake Cart 3:00 Tea and Trivia Tuesday (FC) 5:30 IS Rosary Group (FC) 6:00 Third Floor Volleyball (FC)</p>	<p>24 10:00 HF Arthritis Exercise (APT) 10:45 CE Wintertime Memories (FC) 1:30 CV Food For Thought with Chris 1:30 LL Rummikub® Game 2:00 EF Taco 'Bout a Guac Party (FC) 2:00 HF Chair Exercises with Curtis (APT) 3:30 LL Downton Abbey (TV) 6:00 EF "That'll Be the Day" Anniversary (TV)</p>	<p>25 10:00 HF Movin' and Groovin' (APT) 10:30 Third Floor Blackjack (FC) 1:30 HF Thursday Tai Chi (APT) 2:00 Second Floor Blackjack (FC) 3:00 Chocolate Covered Nuts (MS) 4:00 IS Rosary Group (FC) 6:00 What's in a Word? (FC)</p>	<p>26 10:00 HF Move to the Beat (APT) 10:45 C Fairytale Friday (CK) 1:30 HF Armchair Pilates (APT) 2:00 C Wine & Cheese (FC) 7:00 The Theory of Everything (APT)</p>	<p>27 10:00 HF Commit to be Fit (APT) 10:30 Third Floor Balloon Volleyball 1:30 HF Chair Yoga (APT) 2:00 The Theory of Everything (APT) 2:30 C Traveling Saturday Sundaes 3:00 Putting Green Contest (FC) 6:00 C Second Floor Balloon Volleyball 7:00 John Lewis: Good Trouble (APT)</p>

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10:00 **HF** Stretch and Tone (APT)
10:30 Second Floor Bocce
1:15 **HF** Strength Training Class (APT)
2:00 Steve Jobs: The Lost Interview (APT)
5:00 Floral Design Day (FC)
6:00 Third Floor Bocce (FC)

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- CE** Atria StoryWise

- ROOM LOCATION KEY:**
- Main Street MS
 - Country Kitchen CK
 - Pool Table PT
 - TV Room TV
 - Channel 1960 APT
 - Fitness Center FC
 - In-Room IR

LIFE GUIDANCE[®]

Monthly Calendar of Events and Programming



Featured Events this Month:

Valentine's Day Celebration

Sunday, February 14, 3:00 PM

Red Carpet Sunday

Sunday, February 21, 1:30 PM

Once Upon a Time Happy Hour

Wednesday, February 24, 6:15 PM



FEBRUARY 2021

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE

<p>7</p> <p>9:00 IS Mass & Communion (LR) 10:00 HF Low-Impact Aerobic 11:45 EF Volley for Serve 1:30 LL Neuschwanstein Castle Secrets 2:30 C Sunday Sundaes 3:00 CE Silver Spoons Club (Pam) 4:30 J Music Karaoke 6:00 HF Walking Club 7:00 EF Movie The Butler</p>	<p>1</p> <p>Clark Gable's Birthday 10:00 IS Meditation & Appreciation 10:30 HF Strength and Balance 11:15 EF Soccer Tournament (LR) 1:30 J Chorus Practice with Maria 2:30 EF An Interview With Clark Gable 4:00 CE Craft Corner 6:00 LL Arm Chair Travel (Pam) 7:00 EF Bocce Tournament (LR)</p>	<p>2</p> <p>Groundhog Day 10:00 HF Arthritis Exercise Class 10:30 C Punxsutawney Phil (RP) 1:30 EF Bowling 3:00 IS Rosary 3:30 CV Daily Chronicle & World News 4:15 EF Volley for Serve With Sophia 6:00 HF Evening Exercise 6:30 J Bingo 7:30 J Music Name That Tune (LR)</p>	<p>3</p> <p>Norman Rockwell Day 10:00 IS Meditation & Appreciation 10:30 HF Move & Groove 11:00 EF Soccer Tournament 1:30 J Chorus Practice with Maria 2:30 HF Yoga 3:30 LL Norman Rockwell's Art show 4:15 CE Flower Arranging 6:15 EF Evening Bocce 7:15 EF Movie PS I Love You (TV)</p>	<p>4</p> <p>10:00 HF SIT & FIT 11:00 LL Cross Word Challenge 11:30 C Virtual Tours Around The World 12:00 CV Daily Chronical & This Day In History 1:30 EF Ladder Toss 2:30 HF Walking Club 3:00 J So You Think You Can Sing 4:15 IS Bible Study 6:00 EF Volley For Serve (RP) 7:00 PA Puzzle Wars</p>	<p>5</p> <p>10:00 HF Move To The Beat 11:30 EF Golf On The Putting Green 1:30 HF Afternoon Exercise 3:00 C Wine & Cheese 4:15 EF Bocce With Sophia 6:15 J Bingo 7:00 J Broadway WICKED</p>	<p>6</p> <p>Queen's Day 10:00 HF Stretch & Tone 10:30 LL Crossword on the Whiteboard 12:00 C Weekly Events (PT) 1:30 EF Famous Faces 3:00 EF Date With The Queen 3:30 EF Volley for Serve 4:00 HF Walking Club 4:30 J Musical Jeopardy 7:00 EF Movie Resident Choice</p>
<p>14</p> <p>Valentine's Day 9:00 IS Mass & Communion (LR) 10:00 HF Low-Impact Aerobic 11:45 EF Volley for Serve 1:30 LL National Park Adventure 2:30 C Sunday Sundaes 3:00 EF Valentine's Day Celebration (Pam) 4:30 J Music Karaoke 6:00 HF Walking Club 7:00 EF Movie The Proposal</p>	<p>8</p> <p>10:00 IS Meditation & Appreciation 10:30 HF Strength and Balance Program 11:15 EF Soccer Tournament (LR) 11:30 C February Birthday Lunch 1:30 J Chorus Practice with Maria 2:30 HF Walking Club 4:00 CE Craft Corner (Pam) 6:00 LL Arm Chair Travel (Pam) 7:00 EF Bocce Tournament (LR)</p>	<p>9</p> <p>Dog Show Day 10:00 HF Arthritis Exercise Class 10:30 LL Coffee Around the World & Trivia (FP) 1:30 EF World's Most Famous Dogs 3:00 IS Rosary 3:30 CV Daily Chronicle & World News 4:15 EF Volley for Serve With Sophia 6:00 HF Evening Exercise 6:30 J Bingo 7:30 J Music Name that Tune (LR)</p>	<p>10</p> <p>10:00 IS Meditation & Appreciation 10:30 HF Move & Groove 11:00 EF Soccer Tournament 1:30 J Chorus Practice with Maria 2:30 HF Yoga 3:30 LL Name Ten 4:15 CE Jewelry Making 6:15 EF Evening Bocce 7:15 EF Movie An Affair to Remember (TV)</p>	<p>11</p> <p>10:00 HF Sit & Fit 11:00 LL Crossword Challenge 11:30 C Virtual Tours Around The World 12:00 CV Daily Chronicle & This Day In History 1:30 EF Golf On The Putting Green 2:30 HF Walking Club 3:00 J So You Think You Can Sing 4:15 IS Bible Study 6:00 EF Volley For Serve (RP) 7:00 PA Apple To Apple</p>	<p>12</p> <p>10:00 HF Move To the Beat 10:30 EF Elvis Music & Life 11:30 EF Corn hole Tournament 1:30 HF Afternoon Exercise 3:00 C Wine & Cheese 4:15 EF Bocce With Sophia 6:15 J Bingo 7:00 J Broadway The Lion King</p>	<p>13</p> <p>10:00 HF Stretch & Tone 10:30 LL Crossword On The Whiteboard 11:15 EF Pool Tournament (PT) 12:00 C Weekly Events 1:30 EF Famous Faces 3:00 LL Popcorn Saturday & Trivia 3:30 EF Volley for Serve 4:00 HF Walking Club 4:30 J Musical Jeopardy 7:00 EF Movie Resident Choice</p>
<p>21</p> <p>Red Carpet Sunday 9:00 IS Mass & Communion (LR) 10:00 HF Low-Impact Aerobic 11:45 EF Volley for Serve 1:30 EF Red Carpet Sunday 3:00 CE Silver Spoons Club (Pam) 4:30 J Music Karaoke 6:00 HF Walking Club 7:00 EF Movie Fried Green Tomatoes</p>	<p>15</p> <p>10:00 IS Meditation & Appreciation 10:30 HF Strength & Balance 11:15 EF Soccer Tournament (LR) 1:30 PA Ambassador's Meeting (Pam) 1:30 J Chorus Practice with Maria 2:00 HF Walking Club 4:00 CE Craft Corner 6:00 LL Arm Chair Travel (Pam) 7:00 EF Bocce Tournament (LR)</p>	<p>16</p> <p>10:00 HF Arthritis Exercise Class 10:30 LL Coffee Around the World & Trivia 1:30 EF Bowling 3:00 IS Rosary 3:30 CV Daily Chronicle and World News 3:30 HF Evening Exercise 4:00 EF Volley for Serve with Sophia 6:30 J Bingo 7:30 J Music Name that Tune (LR)</p>	<p>17</p> <p>10:00 IS Meditation & Appreciation 10:30 HF Move & Groove 11:00 EF Soccer Tournament 1:30 J Chorus Practice with Maria 2:30 HF Yoga 3:30 LL Word In A Word 4:15 CE Painting Class 6:15 EF Evening Bocce 7:15 EF Movie The Vow (TV)</p>	<p>18</p> <p>John Travolta's Birthday 10:00 HF Sit & Fit 11:30 C Men's Lunch 12:00 CV Daily Chronicle & This Day In History 1:30 EF Washer Toss 2:30 HF Walking Club 3:00 J So You Think You Can Sing 4:15 IS Bible Study 6:00 EF Volley For Serve (RP) 7:00 PA Table Shuffle Board</p>	<p>19</p> <p>Prize In A Box day 10:00 HF Move To The Beat 10:30 LL Word In A Word 11:30 EF Bowling Tournament 1:30 HF Afternoon Exercise 3:00 EF Prize in a Box 4:15 EF Bocce with Sophia 6:15 J Bingo With Sophia 7:00 J Broadway Hairspray</p>	<p>20</p> <p>10:00 HF Stretch & Tone 10:30 LL Crossword On The Whiteboard 11:15 EF Pool Tournament (PT) 12:00 C Weekly Events 1:30 EF Famous Faces 3:00 LL Popcorn Saturday + Trivia 3:30 EF Volley for Serve 4:00 HF Walking Club 4:30 J Musical Jeopardy 7:00 EF Movie Resident Choice</p>
<p>28</p> <p>Tooth Fairy Day 9:00 IS Mass & Communion (LR) 10:00 HF Low-Impact Aerobic 11:45 EF Volley for Serve 1:30 LL Ancient Underground Tunnels 2:30 C Sunday Sundaes 3:00 CE Silver Spoons Club (Pam) 4:30 J Music Karaoke 6:00 HF Walking Club 7:00 EF Movie The Tooth Fairy</p>	<p>22</p> <p>10:00 IS Meditation & Appreciation 10:30 HF Strength & Balance 11:15 EF Soccer Tournament (LR) 1:30 J Chorus Practice with Maria 2:30 HF Walking Club 4:00 CE Craft Corner 6:00 LL Arm Chair Travel (LR) (Pam) 7:00 EF Bocce Tournament (LR)</p>	<p>23</p> <p>10:00 HF Arthritis Exercise Class 11:00 C Dollar Tree Auction (LR) (Pam) 1:30 EF Bowling 3:00 IS Rosary (Pam) 3:30 CV Daily Chronicle & World News 4:15 EF Volley For Serve With Sophia 6:00 HF Evening Exercise 6:30 J Bingo 7:30 J Music Name That Tune</p>	<p>24</p> <p>"Once Upon A Time Day" 10:00 IS Meditation & Appreciation 10:30 HF Move & Groove 11:00 EF Soccer Tournament 1:30 J Chorus Practice with Maria 2:30 HF Yoga 4:15 CE Flower Arranging 6:15 EF Once Upon a Time Happy Hour 7:15 EF Movie Ever After (TV)</p>	<p>25</p> <p>10:00 HF Sit & Fit 11:00 LL Word In A Word 11:30 EF Volley for Serve 12:00 CV Daily Chronicle & This Day In History 1:30 EF Cornhole 2:30 HF Walking Club 4:15 IS Bible Study 7:00 PA Rummikub</p>	<p>26</p> <p>10:00 HF Move To The Beat 10:30 LL Word In A Word 11:30 EF Washer Toss 1:30 HF Afternoon Exercise 3:00 C Wine & Cheese 4:15 EF Bocce With Sophia 6:15 J Bingo 7:30 J Broadway Greece</p>	<p>27</p> <p>10:00 HF Stretch & Tone 10:30 LL Crossword On The Whiteboard 11:15 EF Pool Tournament (PT) (RP) 12:00 C Weekly Events 1:30 EF Famous Faces 3:00 LL Popcorn Saturday + Trivia 3:30 EF Volley for Serve 4:00 HF Walking Club 4:30 J Musical Jeopardy 7:00 EF Movie Resident Choice</p>

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- J** Music

- ROOM LOCATION KEY:**
- Front Porch FP
 - Living Room LR
 - Pool Table PT
 - TV Room TV

- STAFF KEY:**
- Pam Pam
 - Rachel Parent RP