

ENGAGE LIFE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

**Grandparents Day
Ice Cream Social**

Monday, September 9, 3:00 PM

Music with Kalifornia Karl

Thursday, September 12, 6:30 PM

**Delivering Gratitude
Grams Around Town**

Thursday, September 19, 10:30 AM

Atria
SENIOR LIVING

Atria
SENIOR LIVING

SEPTEMBER 2019

ATRIA LINCOLN PLACE engage life®

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1
9:30 **IS** Communion (FC)
10:00 **HF** Get Fit! (FC)
10:30 Sunday Morning Bocce (FC)
12:45 **HF** Atria Walks (MS)
1:00 **LL** Concert Music Hour (TV)
2:00 Bingo (FC)
2:00 Rent: Filmed Live on Broadway (TV)
2:30 **C** Sunday Sundaes (MS)
3:45 **CE** Resident Chorus Practice (FC)
5:00 Trivia (LR)
6:00 Bocce (FC)

2
10:00 **HF** Arthritis Exercise (FC)
10:30 Volleyball Game (FC)
11:30 **EF** Labor Day Cookout (DR)
2:00 **HF** Chair Yoga (FC)
2:00 **HF** Engage Your Brain (TV)
3:30 **LL** The Life of Meryl Strep (TV)
5:00 **C** Mind Joggers (LR)
6:00 **IS** Rosary with Michelle (CK)
6:30 Bingo (FC)

3
10:00 **LL** All About Picasso (TV)
11:00 **HF** Move to the Beat (FC)
12:30 Trip to Target (V)
1:30 Blackjack (CK)
2:00 **HF** Strength Training (FC)
2:30 Bingo (FC)
4:00 Scrabble® Game (CK)
4:00 **PA** Rosary Group (CK)
6:00 **EF** Bocce Tournament with Brielle (FC)

4
9:30 Van Trip to Stop & Shop (V)
10:00 **HF** Arthritis Exercise (FC)
10:30 **CE** Eat an Extra Dessert Day (CK)
1:30 **LL** Book Club (EL)
1:30 **PA** Rummikub® (CK)
2:30 **HF** Tai Chi (FC)
2:30 Scenic Drive (V)
3:30 **LL** Empire of the Tsars (TV)
6:00 **EF** Volleyball Tournament (FC)

5
10:00 **HF** Movin' and Groovin' (FC)
10:30 **LL** Outlaw Day (TV)
12:45 **HF** Resident Open Pool (P)
2:00 Let's Learn Backgammon (CK)
3:00 **EF** Music with Connie Giso (FC)
4:15 **IS** Rosary (FC)
5:00 Trivia (LR)
6:00 Wheel of Fortune® (FC)

6
10:00 **HF** Move to the Beat (FC)
10:30 **HF** Line Dance Class with Karen (FC)
12:30 Trip to RISD Museum: Gorham Silver (V)
12:45 **PA** Rummikub® (CK)
1:15 **HF** Atria Walks (MS)
2:00 Bingo (FC)
3:15 **C** Wine & Cheese (FC)
6:00 LCR Game (FC)
7:30 Movie: Mamma Mia! Here We Go Again (APT)

7
10:00 **HF** Commit To Be Fit (FC)
10:45 Volleyball (FC)
1:15 **HF** Atria Walks (MS)
2:00 Bingo (FC)
2:00 Movie: Mamma Mia! Here We Go Again (APT)
3:30 **IS** Van to St. Jude's Church (V)
5:00 **LL** Trivia Challenge (LR)
6:00 Bocce (FC)
7:00 The Broadway Melody of 1929 (APT)

8
9:30 Communion (FC)
10:00 **HF** Stretch & Tone (FC)
10:30 Bocce (FC)
12:45 **HF** Atria Walks (MS)
1:00 **LL** Concert Music Hour (TV)
2:00 Bingo (FC)
2:00 Movie: Indecent Proposal (APT)
3:30 **C** Sunday Sundaes (MS)
3:45 **CE** Resident Chorus Practice (FC)
5:00 Trivia (LR)
6:00 **EF** Bocce (FC)

9
10:00 **HF** Arthritis Exercise (FC)
10:30 Volleyball Game (FC)
11:30 **PA** September Birthday Luncheon (PDR)
2:00 **CE** Ceramics with Diana (CK)
2:00 **HF** Chair Yoga (FC)
3:00 **EF** Grandparents Day Ice Cream Social (MS)
3:30 Scrabble® Game (CK)
5:00 **EF** Mind Joggers (LR)
6:00 **IS** Rosary Group (CK)
6:30 Bingo (FC)

10
10:00 **HF** Move to the Beat (FC)
10:30 **LL** The Accountant of Auschwitz (TV)
12:00 **EF** Apple Picking at Jaswell's Farm (V)
1:30 Blackjack (CK)
2:00 **HF** Strength Training Class (TV)
2:30 Bingo (FC)
3:45 **EF** Putting Green Contest (FC)
4:00 **PA** Rosary (CK)
5:00 Stump the Stars (LR)
6:00 **EF** Bocce Tournament with Brielle (FC)

11
9:30 Van Trip to Stop & Shop (V)
10:00 **HF** Arthritis Exercise (FC)
10:30 **LL** A Sad Remembrance Day (TV)
11:15 **C** Lincoln Moms Visit (MS)
1:30 **LL** Book Club Discussion (EL)
2:30 **HF** Tai Chi (FC)
2:30 Scenic Drive (V)
3:30 **LL** Empire of the Tsars (TV)
6:00 **CV** World Gratitude Gifts (CK)

12
10:00 **HF** Movin' and Groovin' (FC)
10:30 **CE** Apple Crisp with Our Picked Apples (CK)
12:45 **HF** Aqua Exercise (P)
2:00 **CV** Ambassador Meeting (PDR)
2:00 Dealers Choice (CK)
3:00 **EF** Piano Sing Along with Rod Luther (FC)
4:00 **IS** Rosary (FC)
5:00 Trivia (LR)
6:30 **EF** Music with Kalifornia Karl (FC)

13
10:00 **HF** Move to the Beat (FC)
10:30 **EF** Trip to The Green Animals Topiary Garden (V)
10:30 **CE** Doreen the Craft Lady (FC)
12:30 **PA** Rummikub® (CK)
1:30 **HF** Atria Walks (FC)
2:30 Late Bingo (FC)
3:30 **C** Wine & Cheese (FC)
5:00 Stump the Stars (LR)
6:00 Nickels (FC)
7:30 Movie: Nine to Five (APT)

14
10:00 **HF** Commit To Be Fit (FC)
10:45 Volleyball (FC)
1:30 **HF** Atria Walks (MS)
2:00 Bingo (FC)
2:00 Movie: Nine to Five (TV)
3:30 **IS** Van to St. Jude's Church (V)
4:45 **EF** Pops in the Park (V)
6:00 Bocce (FC)
7:00 Movie: The Hate U Give (APT)

15
9:30 **IS** Communion (FC)
10:00 **HF** Stretch and Tone (FC)
10:30 Bocce Game (FC)
12:45 **HF** Atria Walks (MS)
1:00 **LL** Concert Music Hour (TV)
2:00 Bingo (FC)
2:00 Movie: Dark Passage (APT)
2:30 **C** Sunday Sundaes (MS)
5:00 **EF** Trivia (LR)
6:00 **EF** Bocce (FC)

16
10:00 **HF** Arthritis Exercise (FC)
10:45 **EF** Volleyball Game (FC)
1:30 Lemonade on the Porch (FP)
2:00 **HF** Chair Yoga (FC)
2:00 **HF** Engage Your Brain on the iPad® (TV)
3:30 **LL** Let's Explore Boston Massachusetts (TV)
5:00 Mind Joggers (LR)
6:00 **IS** Rosary with Michelle (FC)
6:30 Bingo (FC)

17
9:30 **HF** Onsite Hearing Care (CK)
10:00 **HF** Move to the Beat (FC)
10:30 **EF** Trip to the Cinema (V)
10:30 **LL** History Talks with Chris (TV)
1:00 **IS** Episcopal Mass with Father Richard (FC)
1:30 Blackjack (CK)
2:00 **HF** Strength Training Class (FC)
2:30 Bingo (FC)
4:00 **IS** Rosary Group (CK)
5:00 **EF** Stump the Stars (LR)
6:00 **EF** Bocce Tournament with Brielle (FC)

18
9:30 Van Trip to Stop & Shop (V)
10:00 **HF** Arthritis Exercise (FC)
10:30 **PA** Engage Life® Programming Meeting (FC)
12:45 **LL** Book Club Discussion (EL)
1:30 **CV** Food For Thought with Chris (FC)
2:30 **HF** Tai Chi with Bob (FC)
2:30 **EF** Scenic Drive (V)
3:30 **LL** Empire of the Tsars (TV)
6:00 **C** Movie Night: Still Alice (TV)

19
10:00 **HF** Movin' and Groovin' (FC)
10:30 **CV** Delivering Gratitude Grams Around Town (V)
12:45 **HF** Resident Open Pool (P)
2:00 **CE** Cooking with Chris (CK)
3:00 **EF** Music with Candida Rose (FC)
4:00 **PA** Rosary Group (CK)
5:00 **EF** Trivia (LR)
6:00 Family Feud™ Tournament (FC)
6:15 **LL** Ted Talks Hour (TV)

20
10:00 **HF** Move to the Beat (FC)
10:30 Holocaust Escape Tunnel (TV)
11:00 **EF** Lunch at Angelo's (V)
1:00 **PA** Rummikub® Game (CK)
1:30 **HF** Atria Walks (FC)
2:00 Bingo (FC)
3:30 **C** Wine & Cheese (FC)
5:00 Trivia (LR)
6:00 Casino Night (FC)
7:30 Movie: The Bodyguard (APT)

21
10:00 **HF** Commit To Be Fit (FC)
10:45 Volleyball (FC)
2:00 Bingo (FC)
2:00 Movie: The Bodyguard (TV)
3:00 **HF** Atria Walks Independent (MS)
3:30 **IS** Van to St. Jude's Church (V)
5:00 **LL** Trivia Challenge (LR)
6:00 **C** Saturday Evening Bocce (FC)
7:00 Movie: The Four Seasons (APT)

22
9:30 **IS** Communion (FC)
10:00 **HF** Stretch and Tone (FC)
10:30 Bocce (FC)
1:00 **LL** Concert Music Hour (TV)
1:15 **HF** Atria Walks (MS)
2:00 Bingo (FC)
2:00 Movie: The Maltese Falcon (APT)
2:30 **C** Sunday Sundaes (MS)
3:45 **CE** Resident Chorus Practice (FC)
3:45 **EF** Pool Tournament (PT)
5:00 Trivia (LR)
6:00 Bocce (FC)

23
10:00 **HF** Arthritis Exercise (FC)
10:30 **EF** Volleyball Challenge (FC)
2:00 **HF** Chair Yoga (FC)
2:00 **LL** Engage Your Brain on the iPad® (TV)
2:00 **C** Hope Hospice Support Group (PDR)
3:30 **LL** Happy Birthday, Ray Charles (TV)
5:00 Mind Joggers (LR)
6:00 **IS** Rosary with Michelle (CK)
6:30 Bingo (FC)

24
10:00 **HF** Move to the Beat (FC)
10:30 **CE** Start of Fall Door Crafts (CK)
1:00 **HF** Strength Training Class (FC)
2:00 Booster Buck Auction (FC)
3:30 Blackjack (TV)
3:30 **IS** Rosary Group (FC)
6:00 **EF** Bocce Tournament with Brielle (FC)

25
9:30 Van to Stop & Shop (V)
10:00 **HF** Arthritis Exercise (FC)
10:30 **LL** Art Appreciation Hour (TV)
12:45 **LL** Book Club Discussion (EL)
1:30 **PA** Monthly Resident Meeting (FC)
2:30 **HF** Tai Chi with Bob McManus (FC)
2:30 Scenic Drive (V)
3:30 **LL** Secrets of the Shining Knight (TV)
6:00 **C** Tea, Cookies, and StoryWise™ (CK)

26
10:00 **HF** Movin' and Groovin' (FC)
10:30 **CE** A Taste of Honey (CK)
10:30 **C** Wisdom for Living with Gwen (PDR)
11:30 **C** Monthly Men's Luncheon (CK)
12:45 **HF** Aqua Exercise (P)
2:00 **PA** HiLow Jack (CK)
3:00 **EF** Music with Bobby Bourassa (FC)
4:00 **LL** Navigating your iPad® or iPhone (CK)
4:00 **IS** Rosary Group (FC)
5:00 Trivia (LR)
6:00 What's In a Word? (FC)

27
10:00 **HF** Move to the Beat (FC)
10:30 **LL** Day the Dinosaurs Died (TV)
11:00 **EF** Mystery Lunch Trip (V)
1:00 Rummikub® (CK)
1:30 **HF** Atria Walks (MS)
2:30 Late Bingo (FC)
3:15 **C** Autumn Happy Hour (FC)
5:00 Stump the Stars (LR)
6:00 Nickels (FC)
7:30 Movie: The Da Vinci Code (APT)

28
10:00 **HF** Commit to be Fit (FC)
10:45 Volleyball (FC)
2:00 Bingo (FC)
2:00 Movie: The Da Vinci Code (APT)
3:30 Van to St. Jude's Church (V)
3:30 **HF** Atria Walks (MS)
5:00 Trivia (LR)
6:00 **C** Saturday Night Bocce (FC)
7:00 Movie: Gilda (APT)

29
9:30 **IS** Communion (FC)
10:00 **HF** Stretch and Tone (FC)
10:30 Bocce (FC)
1:00 **LL** Concert Music Hour (TV)
1:15 **HF** Atria Walks (MS)
2:00 Bingo (FC)
2:00 Movie: Meeting Gorbachev (APT)
2:30 **C** Sunday Sundaes (MS)
3:45 **EF** Pool Tournament (PT)
3:45 **CE** Resident Chorus Practice (FC)
5:00 Trivia (LR)
6:00 Bocce (FC)

30
10:00 **HF** Arthritis Exercise (FC)
10:30 **EF** Volleyball Challenge (FC)
2:00 **HF** Chair Yoga (FC)
2:00 **LL** Engage Your Brain on the iPad® (TV)
3:30 **CE** Homemade Pumpkin Bread (CK)
5:00 Mind Joggers (LR)
6:00 **IS** Rosary with Michelle (CK)
6:30 Bingo (FC)



- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- C** Atria StoryWise

ROOM LOCATION KEY:

Dining Room	DR	Front Porch	FP
Main Street	MS	Fitness Center	FC
Country Kitchen	CK	Engage Life Office	EL
Van Outing	V		
Pool Table	PT		
TV Room	TV		
Channel 1960	APT		
Living Room	LR		
Private Dining Room	PDR		
The Pool	P		

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LIFE GUIDANCE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

Grandparents Day Celebration

Monday, September 9, 3:00 PM

Painting With Angela Rondeau !

Monday, September 16, 10:30 AM

Dementia Support Group Meeting

Wednesday, September 18, 6:00 PM

Atria
SENIOR LIVING

Atria
SENIOR LIVING

SEPTEMBER 2019

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Rocky Marciano Day **1**
 9:00 **IS** Mass & Communion (LR)
 10:00 **HF** Low-Impact Aerobic
 11:00 **LL** Funny Short Stories
 11:30 **EF** Bocce Tournament
 1:30 **EF** Life Story of Rocky Marciano
 2:30 **C** Sunday Sundaes
 3:00 **CE** Fall Wreath Making (Pam)
 4:30 **J** LEGATO Say it With Music
 6:00 **HF** Walking Club

Happy Labor Day **2**
 10:00 **HF** Strength and Balance
 11:00 **CV** It Happened In The Year?
 11:30 **EF** Bowling
 1:30 **LL** Lets learn Italian! (LR) (Pam)
 2:00 **HF** Walking Club
 3:00 **CE** Silver Spoons Club (Pam)
 3:00 **J** Legato Guy Lombardo Concert (LR)
 4:15 **EF** Volley for Serve (ELD)
 4:15 **LL** Arm Chair Travel (Pam)
 6:00 **PA** Book Club (Pam)

Arthritis Exercise Class **3**
 10:00 **HF** Arthritis Exercise Class
 10:30 **LL** Chronology
 11:00 **EF** Labor day Documentary
 11:45 **C** Gentleman's Only Blackjack (Pam)
 1:30 **EF** Outdoor Cornhole Tournament
 3:00 **IS** Rosary
 3:30 **CV** Labor Day Trivia
 4:00 **J** LEGATO Sing Along
 6:00 **HF** Conductorcise®
 6:30 **StoryWise™**

Move & Groove **4**
 10:00 **HF** Move & Groove
 11:00 **PA** Have You Ever? (Pam)
 11:30 **EF** Trip Picnic Colt State Park
 11:30 **BINGO**
 1:30 **CV** You Be The Judge
 2:30 **HF** Tai Chi
 3:30 **LL** Civilizations
 4:30 **EF** Basketball
 6:00 **J** Legato Dean Martins Best Hits
 6:30 **C** Movie Night Mary Poppins Returns

SIT & FIT **5**
 10:00 **HF** SIT & FIT
 11:00 **LL** Word In A Word
 12:00 **C** Daily Chronicle & This Day In History
 1:30 **PA** Jam Out For Alzheimer's (Pam)
 2:30 **HF** Walking Club
 3:00 **EF** Music With Connie Giso
 4:15 **EF** Volley for Serve
 6:00 **Rummikub**

Kennedy Dynasty Day **6**
 10:00 **HF** Move To The Beat
 10:30 **EF** Country Line Dancing with Karen
 11:00 **EF** The Kennedy Dynasty
 11:30 **EF** Golf On The Putting Green
 1:30 **HF** Walking Club
 2:00 **Scenic Drive**
 3:30 **C** Wine & Cheese
 4:30 **EF** Bingo
 6:00 **C** Family Night Alex Bianco Returns

Stretch & Tone **7**
 10:00 **HF** Stretch & Tone
 11:00 **EF** Pool Tournament (PT) (RP)
 12:00 **LL** Weekly Events
 1:30 **EF** Volley for Serve
 3:00 **LL** Popcorn Saturday & Trivia
 3:30 **Bingo**
 4:30 **J** LEGATO Musical Jeopardy!
 6:00 **C** Movie It Takes Two

Happy Birthday Pasty Cline! **8**
 9:00 **IS** Mass & Communion (LR)
 10:00 **HF** Low-Impact Aerobic
 11:00 **LL** Julius Caesar Once Kidnapped?
 11:30 **EF** Patsy Cline Live in Concert!
 1:30 **EF** Volley for Serve
 2:30 **C** Sunday Sundaes
 3:00 **CE** Flowerpot Scarecrow (Pam)
 4:30 **J** LEGATO Say It With Music
 6:00 **HF** Walking Club

Happy Grandparents Day **9**
 10:00 **HF** Strength and Balance Program
 11:00 **CV** Far Away Places
 11:30 **C** Septemr Birthday Lunch
 11:30 **EF** Horseshoe Tournament
 2:00 **HF** Walking Club
 2:15 **IS** Mass With Father Feland
 3:00 **C** Grandparents Day Celebration (Pam)
 3:00 **J** Benny Goodman Concert
 4:15 **LL** Arm Chair Travel (Pam)
 6:00 **PA** Book Club

Arthritis Exercise Class **10**
 10:00 **HF** Arthritis Exercise Class
 10:30 **LL** Chronology
 11:00 **EF** Woman At War 1914-1918
 11:45 **C** Gentlemen's Only Blackjack (Pam)
 1:30 **EF** Outdoor Ladder Toss
 3:00 **IS** Rosary
 3:30 **LL** Match The Song To The Movie
 4:00 **J** LEGATO Sing Along
 6:00 **HF** Conductorcise®
 6:30 **StoryWise™**

Patriot Day **11**
 10:00 **HF** Move & Groove
 11:00 **LL** American History Quiz
 11:30 **EF** Trip Asia
 11:30 **BINGO**
 1:30 **CV** Remembering 911
 2:30 **HF** Tai Chi
 3:30 **LL** Name Ten
 4:30 **EF** Volley for Serve
 6:00 **J** LEGATO music Chicago Symphony
 6:30 **C** Movie Night Doc. Hollywood

Chocolate Milkshake Day **12**
 10:00 **HF** Sit & Fit
 11:00 **LL** Word In A Word
 12:00 **C** Daily Chronicle & This Day In History
 1:30 **PA** Jam Out For Alzheimer's (P) (Pam)
 2:30 **HF** Walking Club
 3:00 **EF** Music with Rod Luther
 4:15 **EF** Volley for Serve
 6:00 **PA** Crafting For Alzheimers (RP)
 6:30 **J** Music With Kailforina Karl

Move To the Beat **13**
 10:00 **HF** Move To the Beat
 10:30 **CV** You Be The Judge
 11:00 **LL** Cranium® Crunches
 11:30 **J** Outdoor Games
 1:30 **HF** Walking Club
 2:00 **Scenic Drive**
 3:30 **C** Wine & Cheese
 4:30 **EF** Bingo
 6:00 **EF** Movie Night Bedtime Stories

Stretch & Tone **14**
 10:00 **HF** Stretch & Tone
 11:00 **EF** Pool Tournament (PT) (RP)
 12:00 **LL** Weekly Events
 1:30 **HF** Cornhole Contest
 3:00 **LL** Popcorn Saturday + Trivia
 3:30 **Bingo**
 4:30 **J** LEGATO Musical Jeopardy!
 6:00 **C** Night At The Museum 2

Mass & Communion (LR) **15**
 9:00 **IS** Mass & Communion (LR)
 10:00 **HF** Low-Impact Aerobic
 11:00 **LL** Alex Dumas First Duel
 11:30 **EF** Planet Earth Ice Worlds (LR)
 1:30 **EF** Golf On The Putting Green
 2:30 **C** Sunday Sundaes
 3:00 **CE** Calk Board Frame (Pam)
 4:30 **J** LEGATO Say It With Music
 6:00 **HF** Walking Club

Happy Birthday B.B King! **16**
 10:00 **HF** Strength & Balance
 10:30 **CE** Painting With Angela Rondeau!
 11:30 **EF** Bocce Tournament (Pam)
 1:30 **CV** Ambassador's Meeting
 2:00 **HF** Walking Club
 3:00 **CE** Siler Spoons Club (Pam)
 3:00 **J** B.B King Concert Concert
 4:15 **LL** Arm Chair Travel (Pam)
 6:00 **PA** Book Club

Arthritis Exercise Class **17**
 10:00 **HF** Arthritis Exercise Class
 10:30 **LL** Finish The Phrase
 11:00 **EF** Broadway Show West Side Story
 11:45 **C** Gentlemen's Only Blackjack (Pam)
 1:00 **IS** Episcopal Mass With Father Richard
 1:30 **EF** Volleyball
 3:00 **IS** Rosary
 3:30 **C** Funny One-Liners By Famous People
 4:00 **J** LEGATO Sing Along
 6:00 **HF** Conductorcise®
 6:30 **StoryWise™**

Move & Groove **18**
 10:00 **HF** Move & Groove
 11:00 **LL** Fads Of The 1940s and 1950s
 11:30 **EF** Trip Rome Restaurant
 11:30 **BINGO**
 1:30 **C** Puzzle Wars!!
 2:30 **HF** Tai Chi
 3:30 **LL** Funny One Liners By Famous People
 4:30 **EF** Ladder Toss
 6:00 **C** Dementia Support Group Meeting
 6:00 **J** LEGATO music w/ Glen Miller
 6:30 **EF** Movie Night Secretariat

Sit & Fit **19**
 10:00 **HF** Sit & Fit
 11:00 **LL** Word In A Word
 12:00 **C** Daily Chronicle & This Day In History
 1:30 **PA** Crafting For Alzheimer's
 2:30 **HF** Walking Club
 3:00 **EF** Music with Candida Rose
 4:15 **EF** Volleyball
 6:00 **Rummikub® (RP)**

National Pepperoni Pizza Day **20**
 10:00 **HF** Move To The Beat
 11:00 **EF** Cornhole
 11:30 **LL** Trivia Challenge
 1:30 **HF** Walking Club
 2:00 **Scenic Ride**
 3:30 **C** Wine & Cheese
 4:00 **EF** Bingo
 6:00 **EF** Movie Night Kindergarten Cop

Stretch & Tone **21**
 10:00 **HF** Stretch & Tone
 11:00 **LL** The Best Of Mea West
 12:00 **LL** Weekly Events
 1:30 **HF** Golf On The Putting Green
 3:00 **LL** Popcorn Saturday + Trivia
 3:30 **Bingo**
 4:30 **J** LEGATO Musical Jeopardy!
 6:00 **EF** She Done Him Wrong

Mass & Communion (LR) **22**
 9:00 **IS** Mass & Communion (LR)
 10:00 **HF** Low-Impact Aerobic
 11:00 **LL** Word in a Word
 11:30 **EF** Planet Earth Ocean Deep
 1:30 **HF** Bocce with Friends
 2:30 **C** Sunday Sundaes
 3:00 **CE** Lazy Susan Giant Round (Pam)
 4:30 **J** LEGATO Say it with Music
 6:00 **HF** Walking Club

Strength & Balance **23**
 10:00 **HF** Strength & Balance
 11:00 **LL** Guinness Book Of World Records
 11:30 **EF** Horseshoe Tournament
 1:30 **CV** You Be The Judge
 2:00 **HF** Walking Club
 3:00 **CE** Silver Spoons Club (Pam)
 3:00 **J** Connie Francis Concert
 4:15 **LL** Arm Chair Travel (Pam)
 6:00 **PA** Book Club

Arthritis Exercise Class **24**
 10:00 **HF** Arthritis Exercise Class
 10:30 **PA** Fact Or Fiction
 11:00 **EF** Our Planet... One Planet
 11:45 **C** Gentlemen's Only Blackjack! (Pam)
 1:30 **EF** Volley for Serve
 3:00 **IS** Rosary (Pam)
 3:30 **LL** What Am I? Challenge
 4:00 **J** LEGATO Sing Along
 6:00 **HF** Conductorcise®
 6:30 **StoryWise™**

Move & Groove **25**
 10:00 **HF** Move & Groove
 11:00 **LL** Old Wives Tales True Or False
 11:30 **EF** Trip Farm
 11:30 **Bingo**
 1:30 **LL** Baby Boomers Music Quiz
 2:30 **HF** Tai Chi
 4:30 **EF** Bowling Tournament
 6:00 **J** LEGATO music w/ Gene Cooper
 6:30 **EF** Movie Good Will Hunting

Sit & Fit **26**
 10:00 **HF** Sit & Fit
 11:00 **LL** Word In A Word
 11:30 **C** Men's Luncheon
 12:00 **C** Daily Chronicle & This Day In History
 1:30 **PA** Jam Out For Alzheimer's
 2:30 **HF** Walking Club
 3:00 **EF** Music With Bobby Bourassa
 4:15 **EF** Upper Body Strengthening
 6:00 **PA** Crafting For Alzheimer's (RP)

Move To The Beat **27**
 10:00 **HF** Move To The Beat
 11:00 **Word In A Word Challenge**
 11:30 **CE** Flower Arranging
 1:30 **HF** Walking Club
 2:00 **Scenic Drive**
 3:30 **C** Wine & Cheese
 4:30 **EF** Bingo
 6:00 **EF** Movie Night Footloose

Stretch & Tone **28**
 10:00 **HF** Stretch & Tone
 11:00 **EF** Pool Tournament (PT) (RP)
 12:00 **LL** Weekly Events
 1:30 **HF** Horseshoe Tournament
 3:00 **LL** Popcorn Saturday + Trivia
 3:30 **Bingo**
 4:30 **J** LEGATO Musical Jeopardy!
 6:00 **C** Movie Night Back Tow the Future

Mass & Communion **29**
 9:00 **IS** Mass & Communion
 10:00 **HF** Low-Impact Aerobic
 10:30 **LL** Funny Short Stories
 11:00 **EF** Under The Sea
 11:30 **EF** Volley for Serve
 1:30 **HF** Walking Club
 2:30 **C** Sunday Sundaes
 3:00 **CE** Fall Decorations
 4:30 **J** Legato Say It With Music
 6:00 **C** Hot Chocolate & S'mores On The Patio

Strength and Balance Program **30**
 10:00 **HF** Strength and Balance Program
 11:00 **LL** What Happened Miss Simone?
 11:30 **EF** Ladder Golf
 1:30 **StoryWise™**
 2:00 **HF** Walking Club
 3:00 **CE** Silver Spoons Club (Pam)
 3:00 **J** The Beatles Concert
 4:15 **LL** Arm Chair Travel (Pam)
 6:00 **LL** Book Club



- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- StoryWise™** Atria StoryWise
- J** Legato

ROOM LOCATION KEY:
 Living Room LR
 Pool Table PT
 The Pool P

STAFF KEY:
 Kaitlyn L ELD
 Pam Pam
 Rachel Parent RP

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