

ENGAGE LIFE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

Honoring First Responders
Friday, September 10, 2:00 PM

**Oktoberfest Traditions
Around the Globe**
Sunday, September 19, 1:00 PM

**Creating Art from the
Scents We Smell**
Saturday, September 25, 1:00 PM



SEPTEMBER 2021

ATRIA MAPLEWOOD PLACE

engage life®

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE

- HEALTH AND PHYSICAL FITNESS
- LIFELONG LEARNING AND INTELLECTUAL STIMULATION
- CREATIVE EXPRESSION AND THE ARTS
- SOCIAL CONNECTION AND ENTERTAINMENT
- CIVIC AND PROFESSIONAL INVOLVEMENT
- RELIGIOUS AND SPIRITUAL FELLOWSHIP

<p>9:30 SCE Word Teasers (CF)</p> <p>10:00 HPF Tai Chi: Balance & Posture (CRM)</p> <p>1:00 RSF Traditions of Rosh Hashanah: Honey (CRM)</p> <p>2:00 CPI Work Wisdom Part III (CRM)</p> <p>2:00 SCE Jazzy Nails with Jenn (CF)</p> <p>4:00 HPF Strength Training Bingo: Session II (CRM)</p> <p>6:30 Movie Time! (1)</p> <p>8:00 SCE Labor Day Brain Challenge Handout</p>	<p>5</p>	<p>6</p> <p>LABOR DAY</p> <p>ROSH HASHANAH</p> <p>10:00 HPF Walking Challenge Launch (MIL)</p> <p>11:00 HPF Trivia (CF)</p> <p>1:00 RSF History & Celebration of Rosh Hashanah (CRM)</p> <p>1:00 SCE Reminiscing: A Day at Work (CRM)</p> <p>4:00 HPF Lower Body Conditioning (CRM)</p> <p>6:15 SCE Movie Time! (1)</p>	<p>7</p> <p>10:00 HPF Flow Yoga (CRM)</p> <p>11:00 LIS Jumbo Crossword (CRM)</p> <p>1:00 CPI Ambassador Club Meeting (CRM)</p> <p>2:00 SCE Bingo (CF)</p> <p>3:00 CPI First Responder Project (CRM)</p> <p>4:00 HPF Dance & Movement: Cowboy Charleston (CRM)</p> <p>6:15 Movie Time! (1)</p>	<p>8</p> <p>INTERNATIONAL LITERACY DAY</p> <p>10:00 HPF Upper Body Conditioning (CRM)</p> <p>11:15 SCE Stop & Shop (MIL)</p> <p>1:00 LIS Book Club Launch (CRM)</p> <p>2:00 CEA Painting with Raquel (CF)</p> <p>2:00 SCE Sips and Dips Happy Hour (CRM)</p> <p>4:00 HPF Tai Chi: Balance & Posture (CRM)</p> <p>5:30 LIS ODU: Reinventing English (CRM)</p> <p>6:00 SCE Scenic Drive (MIL)</p>	<p>9</p> <p>10:00 HPF Total Body Conditioning - Beginner (CRM)</p> <p>11:00 Jumbo Crossword (CRM)</p> <p>1:00 CEA Music History: Country (CRM)</p> <p>2:00 SCE Bingo (CF)</p> <p>3:00 HPF Working on Well-being (CRM)</p> <p>4:00 HPF Dance & Movement: Cupid Shuffle (CRM)</p> <p>6:30 Movie Time! (1)</p>	<p>10</p> <p>10:00 HPF Walking Challenge: Moving For Memory (MIL)</p> <p>10:30 RSF Bible Study Series: Part II (CRM)</p> <p>11:15 SCE Walmart (MIL)</p> <p>2:00 CPI Honoring First Responders (CRM)</p> <p>3:30 SCE Happy Hour (CF)</p> <p>4:00 HPF Total Body Conditioning - Advanced (CRM)</p> <p>6:30 CPI Bingo with David</p>
<p>GRANDPARENTS DAY</p> <p>10:00 HPF Tai Chi: Balance & Posture (CRM)</p> <p>10:30 SCE Wii® Jeopardy!® (CRM)</p> <p>2:00 SCE Jazzy Nails with Jenn (CF)</p> <p>2:00 LIS ODU: The Universe & You (CRM)</p> <p>3:00 Word Teasers (CF)</p> <p>4:00 HPF Strength Training Bingo: Session IV (CRM)</p> <p>6:30 Movie Time! (1)</p>	<p>12</p>	<p>13</p> <p>10:00 HPF Walking Challenge: Moving For Memory (MIL)</p> <p>11:00 What's in a Word? (CRM)</p> <p>1:00 LIS Zodiac & Horoscope of September (CRM)</p> <p>2:00 Word Teasers (CF)</p> <p>4:00 HPF Lower Body Conditioning (CRM)</p> <p>6:30 CPI Movie Time! (1)</p>	<p>14</p> <p>9:30 LIS Word Of The Day (CF)</p> <p>10:00 HPF Flow Yoga (CRM)</p> <p>11:00 SCE Jumbo Crossword (CRM)</p> <p>1:00 CPI Engage Life® Planning Meeting (CRM)</p> <p>2:00 CPI Animal World Experience (CRM)</p> <p>3:00 HPF Dance & Movement: Cupid Shuffle (CRM)</p> <p>3:15 SCE Scrabble® (CF)</p> <p>4:00 CEA Creating Water Globes (CRM)</p> <p>6:30 CPI Movie Time! (1)</p>	<p>15</p> <p>YOM KIPPUR</p> <p>10:00 HPF Upper Body Conditioning (CRM)</p> <p>11:15 SCE Market Basket (MIL)</p> <p>1:00 RSF Observing Yom Kippur (CRM)</p> <p>2:00 SCE Oktoberfest Happy Hour (CRM)</p> <p>4:00 HPF Tai Chi: Balance & Posture (CRM)</p> <p>6:00 SCE Scenic Drive (MIL)</p>	<p>16</p> <p>10:00 HPF Total Body Conditioning - Beginner (CRM)</p> <p>11:15 Jumbo Crossword (CRM)</p> <p>2:00 SCE Bingo (CF)</p> <p>2:00 CPI Food For Thought - Culinary Led (CRM)</p> <p>3:00 HPF Working on Well-being</p> <p>4:00 HPF Dance & Movement: Papa Loves Mambo (CRM)</p> <p>6:30 Movie Time! (1)</p>	<p>17</p> <p>CONSTITUTION DAY</p> <p>10:00 HPF Walking Challenge: Moving For Memory (CRM)</p> <p>10:30 RSF Bible Study Series: Part III (CRM)</p> <p>11:15 SCE CVS (MIL)</p> <p>3:30 SCE Happy Hour (CF)</p> <p>4:00 HPF Total Body Conditioning - Advanced (CRM)</p> <p>6:30 CPI Bingo with David (CRM)</p>
<p>10:00 HPF Tai Chi: Balance & Posture (CRM)</p> <p>10:30 Wii® Wheel of Fortune® (CRM)</p> <p>1:00 SCE Oktoberfest Traditions Around the Globe (CRM)</p> <p>2:00 SCE Jazzy Nails with Jenn (CF)</p> <p>4:00 HPF Strength Training Bingo: Session VI (CRM)</p> <p>6:30 Movie Time! (1)</p>	<p>19</p>	<p>20</p> <p>9:30 SCE Current Events (CF)</p> <p>10:00 HPF Walking Challenge: Moving For Memory (MIL)</p> <p>11:15 Wii® Jeopardy!® (CRM)</p> <p>1:00 LIS ODU: The Musical Genius of Mozart (1)</p> <p>2:00 What in a Word? (CRM)</p> <p>4:00 HPF Lower Body Conditioning (CRM)</p> <p>6:30 Movie Time! (1)</p>	<p>21</p> <p>WORLD GRATITUDE DAY</p> <p>9:30 LIS Word Of The Day (CF)</p> <p>10:00 HPF Flow Yoga (CRM)</p> <p>11:15 Jumbo Crossword (CRM)</p> <p>1:00 SCE Positivitea: Gratitude (CRM)</p> <p>2:00 SCE Bingo (CF)</p> <p>3:00 HPF Dance & Movement: Papa Loves Mambo (CRM)</p> <p>3:15 SCE TENZI Dice Game (CF)</p> <p>6:30 Movie Time! (1)</p>	<p>22</p> <p>AUTUMN EQUINOX (FALL BEGINS)</p> <p>10:00 HPF Upper Body Conditioning (CRM)</p> <p>11:15 SCE Stop & Shop (MIL)</p> <p>2:00 SCE Bingo (CF)</p> <p>2:00 SCE Positivitea: Happy Hour (CRM)</p> <p>4:00 HPF Tai Chi: Balance & Posture (CRM)</p> <p>6:00 SCE Scenic Drive (MIL)</p>	<p>23</p> <p>10:00 HPF Total Body Conditioning - Beginner (CRM)</p> <p>11:15 Jumbo Crossword (CRM)</p> <p>1:00 CPI Refinishing Furniture (CRM)</p> <p>3:00 HPF Working on Well-being (CRM)</p> <p>4:00 HPF Dance & Movement: The Git Up Line Dance (CRM)</p> <p>6:30 Movie Time! (1)</p>	<p>18</p> <p>Oktoberfest Begins in Germany</p> <p>10:00 HPF Strength Training Bingo: Session V (CRM)</p> <p>11:15 SCE Scenic Ride (MIL)</p> <p>2:00 SCE Bingo (CF)</p> <p>3:00 LIS History & Origins of Oktoberfest (CRM)</p> <p>4:00 HPF Posture and Stretch Fitness Class (CRM)</p>
<p>10:00 HPF Tai Chi: Balance & Posture (CRM)</p> <p>10:30 Wii® Wheel of Fortune® (CRM)</p> <p>1:30 CEA UV-Sun Paper Project (CRM)</p> <p>2:00 SCE Jazzy Nails with Jenn (CF)</p> <p>3:00 Word Teasers (CRM)</p> <p>4:00 HPF Strength Training Bingo: Session VIII (CRM)</p> <p>6:30 Movie Time! (1)</p>	<p>26</p>	<p>27</p> <p>9:30 SCE Current Events (CF)</p> <p>10:00 HPF Walking Challenge: Moving For Memory (MIL)</p> <p>11:15 Wii® Jeopardy!® (CRM)</p> <p>2:00 SCE Bingo (CF)</p> <p>2:00 SCE Coming Together Project Presentation (CRM)</p> <p>4:00 HPF Lower Body Conditioning (CRM)</p> <p>6:30 Movie Time! (1)</p>	<p>28</p> <p>9:30 LIS Word Of The Day (CF)</p> <p>10:00 HPF Flow Yoga (CRM)</p> <p>11:15 Jumbo Crossword (CRM)</p> <p>2:00 CPI Resident Council Meeting (CRM)</p> <p>3:00 HPF Dance & Movement: The Git Up Line Dance (CRM)</p> <p>3:15 SCE TENZI Dice Game (CRM)</p> <p>6:30 Movie Time! (1)</p>	<p>29</p> <p>10:00 HPF Upper Body Conditioning (CRM)</p> <p>11:00 SCE What's in a Word? (CRM)</p> <p>11:15 SCE Market Basket (MIL)</p> <p>2:00 LIS Wii® Jeopardy!® (CRM)</p> <p>2:00 SCE Ice Cream "Bar" Happy Hour (CRM)</p> <p>4:00 HPF Tai Chi: Balance & Posture (CRM)</p> <p>6:00 SCE Scenic Drive (MIL)</p>	<p>24</p> <p>10:00 HPF Walking Challenge: Moving For Memory (MIL)</p> <p>10:30 RSF Bible Study Series: Part IV</p> <p>11:15 SCE Walmart (MIL)</p> <p>3:30 SCE Happy Hour (CF)</p> <p>4:00 HPF Total Body Conditioning - Advanced (CRM)</p> <p>6:30 CPI Bingo with David (CF)</p>	<p>25</p> <p>10:00 HPF Strength Training Bingo: Session VII (CRM)</p> <p>11:15 SCE Scenic Ride (MIL)</p> <p>1:00 CEA Creating Art from the Scents We Smell (CRM)</p> <p>2:00 SCE Bingo (CF)</p> <p>3:45 RSF St. Joseph's Church (MIL)</p> <p>4:00 HPF Posture and Stretch Fitness Class (CRM)</p>
<p>10:00 HPF Tai Chi: Balance & Posture (CRM)</p> <p>10:30 Wii® Wheel of Fortune® (CRM)</p> <p>1:30 CEA UV-Sun Paper Project (CRM)</p> <p>2:00 SCE Jazzy Nails with Jenn (CF)</p> <p>3:00 Word Teasers (CRM)</p> <p>4:00 HPF Strength Training Bingo: Session VIII (CRM)</p> <p>6:30 Movie Time! (1)</p>	<p>26</p>	<p>27</p> <p>9:30 SCE Current Events (CF)</p> <p>10:00 HPF Walking Challenge: Moving For Memory (MIL)</p> <p>11:15 Wii® Jeopardy!® (CRM)</p> <p>2:00 SCE Bingo (CF)</p> <p>2:00 SCE Coming Together Project Presentation (CRM)</p> <p>4:00 HPF Lower Body Conditioning (CRM)</p> <p>6:30 Movie Time! (1)</p>	<p>28</p> <p>9:30 LIS Word Of The Day (CF)</p> <p>10:00 HPF Flow Yoga (CRM)</p> <p>11:15 Jumbo Crossword (CRM)</p> <p>2:00 CPI Resident Council Meeting (CRM)</p> <p>3:00 HPF Dance & Movement: The Git Up Line Dance (CRM)</p> <p>3:15 SCE TENZI Dice Game (CRM)</p> <p>6:30 Movie Time! (1)</p>	<p>29</p> <p>10:00 HPF Upper Body Conditioning (CRM)</p> <p>11:00 SCE What's in a Word? (CRM)</p> <p>11:15 SCE Market Basket (MIL)</p> <p>2:00 LIS Wii® Jeopardy!® (CRM)</p> <p>2:00 SCE Ice Cream "Bar" Happy Hour (CRM)</p> <p>4:00 HPF Tai Chi: Balance & Posture (CRM)</p> <p>6:00 SCE Scenic Drive (MIL)</p>	<p>30</p> <p>10:00 HPF Total Body Conditioning - Beginner (CRM)</p> <p>11:00 Jumbo Crossword (CRM)</p> <p>2:00 SCE Bingo (CF)</p> <p>3:00 HPF Working on Well-being (CRM)</p> <p>4:00 HPF Dance & Movement: Cowboy Charleston (CRM)</p> <p>5:30 LIS ODU: The Delicious History of Ice Cream (CRM)</p> <p>6:15 Movie Time!</p>	<p>ROOM LOCATION KEY:</p> <p>Meet In Lobby MIL</p> <p>Cafe CF</p> <p>TV Room 1st Fl 1</p> <p>Community Room CRM</p>

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 Wii® is a trademark of Nintendo of America, Inc.

LIFE GUIDANCE[®]

Monthly Calendar of Events and Programming



Featured Events this Month:

Labor Day BBQ: Josef Nocera

Friday, September 3, 11:30 AM

Making Instruments: David

Wednesday, September 8, 3:00 PM

PositiviTEA Happy Hour Cart

Wednesday, September 22, 2:00 PM



SEPTEMBER 2021

ATRIA MAPLEWOOD PLACE Life guidance®

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE®

- HEALTH AND PHYSICAL FITNESS
- LIFELONG LEARNING AND INTELLECTUAL STIMULATION
- CREATIVE EXPRESSION AND THE ARTS
- SOCIAL CONNECTION AND ENTERTAINMENT
- CIVIC AND PROFESSIONAL INVOLVEMENT
- RELIGIOUS AND SPIRITUAL FELLOWSHIP

<p>9:30 ■ LIS Daily Inspirations 10:00 ■ HPF Health Warriors 11:00 ■ RSF Inspiration & Spirituality 11:30 ■ CEA Craft Corner 1:30 ■ SCE Brain Games 2:00 ■ LIS Learn an Italian Recipe! 2:30 ■ SCE Discussing Famous Sisters 3:30 ■ CEA Beach Blanket Music - Annette Funicello 4:30 ■ HPF Walking Club 7:00 ■ SCE Evening Movie</p>	<p>LABOR DAY 9:30 ■ LIS Daily Inspirations 10:00 ■ HPF Strength & Balance 11:00 ■ LIS Book Club 1:30 ■ SCE Pen Pals 2:00 Arts and Crafts 2:30 ■ SCE Conversation and Trivia 3:30 ■ CEA Reminiscing - A Day at Work 4:30 ■ HPF Rhythm and Movement Exercise 7:00 ■ SCE Evening Movie</p>	<p>9:30 ■ LIS Daily Inspirations 10:00 ■ HPF Arthritis Exercise Class 11:00 ■ LIS Traveling Under the Sea 1:30 ■ SCE Games 2:30 ■ SCE Watermelon: Seeds vs Seedless 3:30 ■ CEA 1964 Music- Dancing in the Street 4:30 ■ HPF Upper Body Strengthening 7:00 ■ SCE Evening Movie</p>	<p>LETTER WRITING DAY 9:30 ■ LIS Daily Inspirations 10:00 ■ HPF Muscles in Motion 11:00 ■ LIS Conversation and Trivia 1:30 ■ CEA Art Class 2:00 ■ SCE Gin and Jazz Happy Hour Cart 3:00 ■ LIS History of the Coast Guard 3:30 ■ CEA Music History: Piano 4:30 ■ HPF Fitness Matters 7:00 ■ SCE Evening Movie</p>	<p>9:30 ■ LIS Daily Inspirations 10:00 ■ HPF Move to the Beat 11:00 ■ LIS You Be the Judge 1:30 ■ SCE Getting to Know You 2:30 ■ SCE Social Club 3:30 ■ CEA Reminiscing - The Power of Love 4:30 ■ HPF Light & Lively 7:00 ■ SCE Evening Movie</p>	<p>9:30 ■ LIS Daily Inspirations 10:00 ■ HPF Posture & Stretch 11:00 ■ CEA Creative Writing 11:30 ■ CEA Labor Day BBQ: Josef Nocera 1:30 ■ SCE Trivia Challenge 1:30 Around Town 2:30 ■ SCE Hobby Workshop 3:30 ■ CEA Musical Debate: Hit Songs 4:30 ■ HPF Strength and Balance Program 7:00 ■ SCE Evening Movie</p>	<p>9:30 ■ LIS Daily Inspirations 10:00 ■ HPF Let's Get Moving! 11:00 ■ LIS Let's Learn About Modern Technology 1:30 ■ SCE Are You Up to the Challenge? 2:30 ■ LIS Famous Lighthouses 3:30 ■ CEA We Should Be Dancing - The Hustle 4:30 ■ HPF Walking Club 7:00 ■ SCE Popcorn & Movie Night</p>
<p>GRANDPARENTS DAY 9:30 ■ LIS Daily Inspirations 10:00 ■ HPF Health Warriors 10:30 ■ CEA Painting 11:00 ■ RSF Inspiration & Spirituality 1:30 ■ SCE Brain Games 2:00 ■ LIS Learn a Hispanic Recipe! 3:30 ■ CEA Music Trivia - Frank Sinatra 4:30 ■ HPF Walking Club 7:00 ■ SCE Movie Night</p>	<p>9:30 ■ LIS Daily Inspirations 10:00 ■ HPF Strength & Balance 11:00 ■ LIS Book Club 1:30 ■ SCE Bingo! 2:00 Spa: Nails 2:30 ■ SCE Social Club 3:30 ■ CEA Music Composer - Gabriel Charpentier 4:30 ■ HPF Rhythm and Movement Exercise 7:00 ■ SCE Evening Movie</p>	<p>9:30 ■ LIS Daily Inspirations 10:00 ■ HPF Arthritis Exercise Class 11:00 ■ LIS Traveling to the Lion's Den 1:30 ■ SCE Bowling Challenge 2:30 ■ SCE Coffee and Conversation 3:00 ■ SCE Red Hat Saints 3:30 ■ CEA Patriotic Music - Star Spangled Banner 4:30 ■ HPF Upper Body Strengthening 7:00 ■ SCE Evening Movie</p>	<p>9:30 ■ LIS Daily Inspirations 10:00 ■ HPF Muscles in Motion 11:00 ■ LIS Let's Talk! 1:30 ■ SCE Games 2:00 ■ SCE Oktoberfest Happy Hour Day 3:30 ■ CEA Music Playlist - John Fogerty 4:30 ■ HPF Fitness Matters 7:00 ■ SCE Evening Movie</p>	<p>9:30 ■ LIS Daily Inspirations 10:00 ■ HPF Move to the Beat 11:00 ■ LIS You Be the Judge 1:30 ■ SCE Getting to Know You 2:30 ■ SCE Conversation and Trivia 3:30 ■ CEA The Blues - BB.King 4:30 ■ HPF Light & Lively Exercise 7:00 ■ SCE Evening Movie</p>	<p>INTERNACIONAL COUNTRY MUSIC DAY 9:30 ■ LIS Daily Inspirations 10:00 ■ HPF Posture & Stretch 11:00 ■ CEA Creative Writing 1:30 ■ SCE Trivia Challenge 1:30 Around Town 3:30 ■ CEA Internacional Country Music 4:30 ■ HPF Strength and Balance Program 7:00 ■ SCE Evening Movie</p>	<p>9:30 ■ LIS Daily Inspirations 10:00 ■ HPF Let's Get Moving! 11:00 ■ LIS Let's Learn About How It Works 1:30 ■ SCE Are You Up to the Challenge? 2:30 ■ SCE Coffee, Tea & Me 3:30 ■ CEA Move and Dance - Papa Loves Mambo 4:30 ■ HPF Walking Club 7:00 ■ SCE Evening Movie</p>
<p>9:30 ■ LIS Daily Inspirations 10:00 ■ HPF Health Warriors 11:00 ■ RSF Inspiration & Spirituality 11:30 ■ CEA Craft Corner 1:30 ■ SCE Brain Games 2:00 ■ LIS Learn a Dessert Recipe! 2:30 ■ SCE Lemon Meringue Pie Tasting 3:30 ■ CEA Music Reminiscing - School Days 4:30 ■ HPF Walking Club 7:00 ■ SCE Movie Night</p>	<p>9:30 ■ LIS Daily Inspirations 10:00 ■ HPF Strength & Balance 11:00 ■ LIS Book Club 1:30 ■ SCE Bingo! 2:00 Spa: Nails 2:30 ■ SCE Conversation and Trivia 3:30 ■ CEA Cartoon Music History - The Archies 4:30 ■ HPF Rhythm and Movement Exercise 7:00 ■ SCE Evening Movie</p>	<p>WORLD GRATITUDE DAY 9:30 ■ LIS Daily Inspirations 10:00 ■ HPF Arthritis Exercise Class 11:00 ■ LIS Traveling to Italy 1:30 ■ SCE Bowling Challenge 2:30 ■ SCE Social Club 3:30 ■ CEA Country - Jimmie Rodgers Day 4:00 ■ SCE The Gentlemen's Club 4:30 ■ HPF Upper Body Strengthening 7:00 ■ SCE Evening Movie</p>	<p>AUTUMN EQUINOX (FALL BEGINS) 9:30 ■ LIS Daily Inspirations 10:00 ■ HPF Muscles in Motion 11:00 ■ LIS Let's Talk! 1:30 ■ SCE Games 2:00 ■ SCE PositivITEA Happy Hour Cart 3:30 ■ CEA Music Playlist - Autumn Begins 4:30 ■ HPF Fitness Matters 7:00 ■ SCE Evening Movie</p>	<p>9:30 ■ LIS Daily Inspirations 10:00 ■ HPF Move to the Beat 11:00 ■ LIS You Be the Judge 1:30 ■ SCE Getting to Know You 2:30 ■ LIS Discussion: Women's Rights in History 3:30 ■ CEA Music Genres - Classical Music Month 4:30 ■ HPF Light & Lively Exercise 7:00 ■ SCE Evening Movie</p>	<p>9:30 ■ LIS Daily Inspirations 10:00 ■ HPF Posture & Stretch 11:00 ■ CEA Karaoke 1:30 ■ SCE Trivia Challenge 1:30 Around Town 3:30 ■ CEA Sing Across Canada - Gordon Lightfoot 4:30 ■ HPF Strength and Balance Exercise 7:00 ■ SCE Evening Movie</p>	<p>9:30 ■ LIS Daily Inspirations 10:00 ■ HPF Let's Get Moving! 11:00 ■ LIS Let's Learn A New Language 1:30 ■ SCE Discussion: Radio Commercials 2:30 ■ SCE Coffee, Tea & Me 3:30 ■ CEA Music - The Porter Wagoner Show 4:30 ■ HPF Walking Club 7:00 ■ SCE Evening Movie</p>
<p>9:30 ■ LIS Daily Inspirations 10:00 ■ HPF Health Warriors 11:00 ■ RSF Inspiration & Spirituality 11:30 ■ CEA Craft Corner 1:30 ■ SCE Brain Games 2:00 ■ LIS Learn a Greek Recipe! 2:30 ■ SCE Social Hour 3:30 ■ CEA Music Advertisement 4:30 ■ HPF Walking Club 7:00 ■ SCE Evening Movie</p>	<p>9:30 ■ LIS Daily Inspirations 10:00 ■ HPF Strength & Balance 11:00 ■ LIS Book Club 1:30 ■ SCE Bingo! 2:00 Spa: Nails 2:30 ■ SCE Social Hour 3:30 ■ CEA Music Journaling Program - John Danver 4:30 ■ HPF Rhythm and Balance Exercise 7:00 ■ SCE Evening Movie</p>	<p>9:30 ■ LIS Daily Inspirations 10:00 ■ HPF Arthritis Exercise Class 11:00 ■ LIS Traveling to France 1:30 ■ SCE Bowling 2:30 ■ SCE Musical Instruments Around the World 3:30 ■ CEA Defining Music Genres - The Beatles 4:30 ■ HPF Upper Body Strengthening 7:00 ■ SCE Evening Movie</p>	<p>NATIONAL COFFEE DAY 9:30 ■ LIS Daily Inspirations 10:00 ■ HPF Muscles in Motion 11:00 ■ LIS Conversation and Trivia 1:30 ■ CEA Art Class 2:00 ■ SCE Ice Cream "Bar" Happy Hour Cart 3:00 ■ LIS History of the Coast Guard 3:30 ■ CEA Reminiscing - Bing Crosby & Dixie Lee 4:30 ■ HPF Fitness Matters 7:00 ■ SCE Evening Movies</p>	<p>HOT CIDER DAY 9:30 ■ LIS Daily Inspirations 10:00 ■ HPF Move to the Beat 11:00 ■ LIS You Be the Judge 1:30 ■ SCE Getting to Know You 2:30 ■ SCE Social Club 3:30 ■ CEA Broadway Music - Julie Andrews 4:30 ■ HPF Light & Lively 7:00 ■ SCE Evening Movie</p>		