

# ENGAGE LIFE<sup>®</sup>

## Monthly Calendar of Events and Programming



Featured Events  
this Month:

**BASEBALL CULINARY  
CLASSICS HAPPY HOUR**  
Thursday, April 1, 2:00 PM

**APRIL BIRTHDAY LUNCH**  
Thursday, April 8, 12:30 PM

**RESTORE OUR EARTH**  
Thursday, April 22, 1:30 PM



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE

- PA Personal Achievement
- HF Health & Fitness
- EF Entertainment & Fun
- CV Civic Engagement
- LL Lifelong Learning
- CE Creative Expression
- IS Inspiration & Spirituality
- C Connection
- A Atria StoryWise

**ROOM LOCATION KEY:**

- Media Center MC
- Lobby LOB
- 1st Floor Sitting Area TSA
- Card Room CR
- Beantown Bistro BB
- Dining Room DR
- Outdoor Patio ODP
- Library LIB
- In-Room IR

<p><b>EASTER</b> <span style="float: right;"><b>4</b></span></p> <p>9:00 <span style="color: #e91e63;">IS</span> Church on TV (IR)</p> <p>9:00 <span style="color: #e91e63;">C</span> FaceTime, Zoom and lib apt Visits (IR)</p> <p>10:30 <span style="color: #e91e63;">HF</span> Dynamic Warm-Up (MC)</p> <p>11:30 <span style="color: #e91e63;">HF</span> Walking Club (LOB)</p> <p>2:00 BINGO (MC)</p> <p>3:00 <span style="color: #e91e63;">PA</span> Longmeadow Shoppe</p> <p>3:30 BRAIN GAMES (MC)</p>	<p><span style="float: right;"><b>5</b></span></p> <p>9:00 <span style="color: #e91e63;">C</span> FaceTime Zoom and lib apt Visits</p> <p>10:30 <span style="color: #e91e63;">HF</span> Dynamic Warm-Up (MC)</p> <p>11:30 <span style="color: #e91e63;">HF</span> Walking Club (LOB)</p> <p>1:30 <span style="color: #e91e63;">C</span> Knitting Together (BB)</p> <p>2:00 TRIVIA (MC)</p> <p>3:15 <span style="color: #e91e63;">PA</span> What's on your Mind? (MC)</p>	<p><span style="float: right;"><b>6</b></span></p> <p>9:00 <span style="color: #e91e63;">C</span> FaceTime Zoom AND lib apt Visits</p> <p>10:30 <span style="color: #e91e63;">HF</span> Dynamic Warm-Up (MC)</p> <p>11:30 <span style="color: #e91e63;">HF</span> Walking Club (LOB)</p> <p>2:00 Bingo (MC)</p> <p>2:00 <span style="color: #e91e63;">LL</span> TRIVIA CHALLENGE (BB)</p> <p>3:00 <span style="color: #e91e63;">PA</span> Longmeadow Shoppe</p> <p>3:30 <span style="color: #e91e63;">CV</span> KNITTING FOR THE VETS! (BB)</p>	<p><b>NATIONAL BEER DAY</b> <span style="float: right;"><b>7</b></span></p> <p>9:00 <span style="color: #e91e63;">C</span> FaceTime, Zoom and lib apt Visits</p> <p>10:30 <span style="color: #e91e63;">HF</span> Dynamic Warm-Up (MC)</p> <p>11:30 <span style="color: #e91e63;">HF</span> Walking Club (LOB)</p> <p>1:30 <span style="color: #e91e63;">PA</span> BRAIN GAMES (MC)</p> <p>2:00 Happy Hour/BOTTLES AND BOARDS</p> <p>3:30 <span style="color: #e91e63;">HF</span> DYNAMIC WARM UP (MC)</p> <p>6:30 <span style="color: #e91e63;">IS</span> MEN'S CHAT (MC)</p>	<p><b>APRIL FOOLS' DAY</b> <span style="float: right;"><b>1</b></span></p> <p><b>OPENING DAY!</b></p> <p>9:00 <span style="color: #e91e63;">C</span> FaceTime, Zoom and lib apt Visits</p> <p>10:30 <span style="color: #e91e63;">HF</span> Dynamic Warm-Up (MC)</p> <p>11:30 <span style="color: #e91e63;">HF</span> Walking Club (LOB)</p> <p>2:00 BASEBALL CULINARY CLASSICS HAPPY HOUR (IR)</p> <p>3:30 <span style="color: #e91e63;">HF</span> BRAIN GAMES (MC)</p>	<p><b>GOOD FRIDAY</b> <span style="float: right;"><b>2</b></span></p> <p><b>NATIONAL PB&amp;J DAY</b></p> <p>9:00 <span style="color: #e91e63;">C</span> FaceTime, Zoom and Lib Apt Visits</p> <p>10:30 <span style="color: #e91e63;">HF</span> Dynamic Warm-Up (MC)</p> <p>11:30 <span style="color: #e91e63;">HF</span> Walking Club (LOB)</p> <p>1:30 <span style="color: #e91e63;">C</span> Knitting Together (BB)</p> <p>2:00 Happy Hour Cart</p> <p>3:00 <span style="color: #e91e63;">PA</span> LONGMEADOW SHOPPE</p> <p>6:30 <span style="color: #e91e63;">EF</span> DOCUMENTARY NIGHT (MC)</p> <p>6:30 <span style="color: #e91e63;">LL</span> TRIVIA CHALLENGE (BB)</p>	<p><b>NATIONAL LOVE OUR CHILDREN DAY</b> <span style="float: right;"><b>3</b></span></p> <p>9:00 <span style="color: #e91e63;">C</span> FaceTime, Zoom and lib apt Visits</p> <p>10:30 <span style="color: #e91e63;">HF</span> Dynamic Warm-Up (MC)</p> <p>11:30 <span style="color: #e91e63;">HF</span> Walking Club (LOB)</p> <p>2:00 BINGO (MC)</p> <p>3:15 <span style="color: #e91e63;">CE</span> CRAFTS! WATER BOTTLES (BB)</p> <p>3:30 <span style="color: #e91e63;">C</span> Knitting for Veterans (TSA)</p>
<p><span style="float: right;"><b>11</b></span></p> <p>9:00 <span style="color: #e91e63;">IS</span> Church on TV (IR)</p> <p>9:00 <span style="color: #e91e63;">C</span> FaceTime Zoom and lib apt Visits</p> <p>10:30 <span style="color: #e91e63;">HF</span> Dynamic Warm-Up (MC)</p> <p>11:30 <span style="color: #e91e63;">HF</span> Walk with David (MC)</p> <p>12:00 <span style="color: #e91e63;">C</span> BROWSE OUR LIBRARY (LIB)</p> <p>3:00 <span style="color: #e91e63;">PA</span> Longmeadow Shoppe</p> <p>3:30 <span style="color: #e91e63;">CE</span> Craft Get Together (BB)</p>	<p><span style="float: right;"><b>12</b></span></p> <p>9:00 <span style="color: #e91e63;">C</span> FaceTime Zoom and lib apt Visits</p> <p>10:30 <span style="color: #e91e63;">HF</span> Dynamic Warm-Up (MC)</p> <p>11:30 <span style="color: #e91e63;">HF</span> Walking Club (LOB)</p> <p>1:30 <span style="color: #e91e63;">C</span> Knitting together (BB)</p> <p>2:00 <span style="color: #e91e63;">EF</span> MOVIE (MC)</p> <p>4:00 <span style="color: #e91e63;">HF</span> EXERCISE WITH "ALEXA" (MC)</p>	<p><span style="float: right;"><b>13</b></span></p> <p>9:00 <span style="color: #e91e63;">C</span> FaceTime Zoom lib and apt visits (IR)</p> <p>10:30 <span style="color: #e91e63;">HF</span> Dynamic Warm Up (MC)</p> <p>11:30 <span style="color: #e91e63;">HF</span> Walking Club (LOB)</p> <p>2:00 Bingo (MC)</p> <p>2:00 <span style="color: #e91e63;">PA</span> BRAIN GAMES/ HISTORY TRIVIA (BB)</p> <p>3:00 <span style="color: #e91e63;">PA</span> Longmeadow Shoppe</p> <p>3:15 <span style="color: #e91e63;">HF</span> Stroll the halls (LOB)</p>	<p><span style="float: right;"><b>14</b></span></p> <p>9:00 <span style="color: #e91e63;">C</span> FaceTime Zoom lib and apt Visits</p> <p>10:30 <span style="color: #e91e63;">HF</span> Dynamic Warm-Up (MC)</p> <p>11:30 <span style="color: #e91e63;">HF</span> Walking Club (LOB)</p> <p>1:30 <span style="color: #e91e63;">LL</span> Trivia Challenge (MC)</p> <p>2:00 NOVEL COCKTAILS HAPPY HOUR CART (IR)</p> <p>3:30 <span style="color: #e91e63;">LL</span> Current Events (MC)</p> <p>6:30 <span style="color: #e91e63;">IS</span> MEN'S CHAT (MC)</p>	<p><span style="float: right;"><b>15</b></span></p> <p>9:00 <span style="color: #e91e63;">C</span> FaceTime Zoom Apt and Lib Visits</p> <p>10:30 <span style="color: #e91e63;">HF</span> Dynamic Warm-Up (MC)</p> <p>11:30 <span style="color: #e91e63;">HF</span> Walking Club (LOB)</p> <p>2:00 BINGO (MC)</p> <p>2:00 <span style="color: #e91e63;">IS</span> RELAX AND LAUGH (BB)</p> <p>3:00 <span style="color: #e91e63;">IS</span> VIRTUAL HUGS (BB)</p> <p>3:30 <span style="color: #e91e63;">HF</span> CHAIR EXERCISE (MC)</p>	<p><span style="float: right;"><b>16</b></span></p> <p>9:00 <span style="color: #e91e63;">C</span> FaceTime Zoom Apt and Lib Visits</p> <p>10:30 <span style="color: #e91e63;">HF</span> Dynamic Warm-Up (MC)</p> <p>11:30 <span style="color: #e91e63;">HF</span> WALKING CLUB (MC)</p> <p>1:30 <span style="color: #e91e63;">C</span> CRAFT GET TOGETHER (BB)</p> <p>2:00 Happy Hour Cart</p> <p>6:30 <span style="color: #e91e63;">EF</span> DOCUMENTARY! (MC)</p> <p>6:30 <span style="color: #e91e63;">PA</span> Trivia Challenge (BB)</p>	<p><span style="float: right;"><b>17</b></span></p> <p>9:00 <span style="color: #e91e63;">C</span> FaceTime Zoom Apt and Lib Visits</p> <p>10:30 <span style="color: #e91e63;">HF</span> Dynamic Warm-Up (MC)</p> <p>11:30 <span style="color: #e91e63;">HF</span> Walking Club (LOB)</p> <p>2:00 BINGO (MC)</p> <p>3:00 <span style="color: #e91e63;">LL</span> CRAFT PROJECT (BB)</p> <p>3:30 <span style="color: #e91e63;">C</span> KNITTING (TSA)</p>
<p><span style="float: right;"><b>18</b></span></p> <p>9:00 <span style="color: #e91e63;">IS</span> CHURCH ON TV (IR)</p> <p>9:00 <span style="color: #e91e63;">C</span> FaceTime Zoom and lib Apt Visits</p> <p>10:30 <span style="color: #e91e63;">HF</span> Dynamic Warm-Up (MC)</p> <p>11:30 <span style="color: #e91e63;">HF</span> Walking Club WITH DAVID (LOB)</p> <p>2:00 BINGO (MC)</p> <p>3:00 <span style="color: #e91e63;">PA</span> Longmeadow Shoppe</p> <p>3:30 <span style="color: #e91e63;">C</span> ADULT COLORING (MC)</p>	<p><b>PATRIOTS DAY!</b> <span style="float: right;"><b>19</b></span></p> <p>9:00 <span style="color: #e91e63;">C</span> FaceTime Zoom Apt &amp; lib Visits</p> <p>10:30 <span style="color: #e91e63;">HF</span> Dynamic Warm-Up (MC)</p> <p>11:30 <span style="color: #e91e63;">HF</span> Walking Club (LOB)</p> <p>1:30 <span style="color: #e91e63;">C</span> Knitting together (BB)</p> <p>2:00 Bingo (MC)</p> <p>3:00 <span style="color: #e91e63;">LL</span> Trivia Challenge (MC)</p> <p>4:00 <span style="color: #e91e63;">HF</span> CHAIR EXERCISE (MC)</p>	<p><span style="float: right;"><b>20</b></span></p> <p>9:00 <span style="color: #e91e63;">C</span> FaceTime Zoom lib and apt Visits</p> <p>10:30 <span style="color: #e91e63;">HF</span> Dynamic Warm-Up (MC)</p> <p>11:30 <span style="color: #e91e63;">HF</span> Walking Club (MC)</p> <p>2:00 Bingo (MC)</p> <p>2:00 <span style="color: #e91e63;">LL</span> WHAT'S IN A WORD (MC)</p> <p>3:00 <span style="color: #e91e63;">PA</span> LONGMEADOW SHOPPE</p> <p>3:30 <span style="color: #e91e63;">CE</span> ADULT COLORING (BB)</p>	<p><span style="float: right;"><b>21</b></span></p> <p>9:00 <span style="color: #e91e63;">C</span> FaceTime Zoom Apt &amp; lib Visits</p> <p>10:30 <span style="color: #e91e63;">HF</span> Dynamic Warm-Up (MC)</p> <p>11:30 <span style="color: #e91e63;">HF</span> Walking Club (LOB)</p> <p>1:30 <span style="color: #e91e63;">LL</span> BRAIN GAMES (MC)</p> <p>2:00 EARTH GARDEN PARTY HAPPY HOUR CART (IR)</p> <p>6:30 <span style="color: #e91e63;">IS</span> MEN'S CHAT (MC)</p>	<p><b>EARTH DAY</b> <span style="float: right;"><b>22</b></span></p> <p>9:00 <span style="color: #e91e63;">C</span> FaceTime Zoom Apt and Lib Visits</p> <p>10:30 <span style="color: #e91e63;">HF</span> Dynamic Warm-Up (MC)</p> <p>11:30 <span style="color: #e91e63;">HF</span> Walking Club (LOB)</p> <p>1:30 <span style="color: #e91e63;">C</span> RESTORE OUR EARTH (ODP)</p> <p>2:00 BINGO (MC)</p> <p>3:30 <span style="color: #e91e63;">HF</span> EXERCISE WITH "ALEXA" (MC)</p>	<p><span style="float: right;"><b>23</b></span></p> <p>9:00 <span style="color: #e91e63;">C</span> FaceTime Zoom Apt and Lib Visits</p> <p>10:30 <span style="color: #e91e63;">HF</span> Dynamic Warm-Up (MC)</p> <p>11:30 <span style="color: #e91e63;">HF</span> Walking Club (LOB)</p> <p>2:00 Happy Hour Cart</p> <p>6:30 <span style="color: #e91e63;">PA</span> TRIVIA CHALLENGE (BB)</p> <p>6:30 <span style="color: #e91e63;">EF</span> MOVIE NIGHT (MC)</p>	<p><span style="float: right;"><b>24</b></span></p> <p>9:00 <span style="color: #e91e63;">C</span> FaceTime Zoom Apt and Lib Visits</p> <p>10:30 <span style="color: #e91e63;">HF</span> Dynamic Warm-Up (MC)</p> <p>11:30 <span style="color: #e91e63;">HF</span> Walking Club (LOB)</p> <p>2:00 BINGO (MC)</p> <p>3:00 <span style="color: #e91e63;">CE</span> CRAFT AFTERNOON (IR)</p> <p>3:30 <span style="color: #e91e63;">C</span> KNITTING GROUP (TSA)</p>
<p><span style="float: right;"><b>25</b></span></p> <p>9:00 <span style="color: #e91e63;">IS</span> CHURCH ON TV (IR)</p> <p>9:00 <span style="color: #e91e63;">C</span> FaceTime Zoom lib and Apt Visits</p> <p>10:30 <span style="color: #e91e63;">HF</span> Dynamic Warm-Up (MC)</p> <p>11:30 <span style="color: #e91e63;">HF</span> Walking Club w/ David (LOB)</p> <p>2:00 BINGO (MC)</p> <p>3:00 <span style="color: #e91e63;">PA</span> LONGMEADOW SHOPPE (CR)</p> <p>3:30 <span style="color: #e91e63;">LL</span> BRAIN GAME CHALLENGE (MC)</p>	<p><b>PRETZEL DAY</b> <span style="float: right;"><b>26</b></span></p> <p>9:00 <span style="color: #e91e63;">C</span> FaceTime Zoom Apt and Lib Visits</p> <p>10:30 <span style="color: #e91e63;">HF</span> Dynamic Warm-Up (MC)</p> <p>11:30 <span style="color: #e91e63;">HF</span> Walking Club (LOB)</p> <p>2:00 BINGO (MC)</p> <p>3:30 <span style="color: #e91e63;">C</span> Knitting together (BB)</p> <p>3:30 <span style="color: #e91e63;">HF</span> STRETCHING AND MOVING TO ALEXA (MC)</p>	<p><span style="float: right;"><b>27</b></span></p> <p>9:00 <span style="color: #e91e63;">C</span> FaceTime Zoom lib and Apt Visits</p> <p>10:30 <span style="color: #e91e63;">HF</span> Dynamic Warm-Up (MC)</p> <p>11:30 <span style="color: #e91e63;">HF</span> Walking Club (LOB)</p> <p>2:00 BINGO (MC)</p> <p>2:00 <span style="color: #e91e63;">LL</span> FUN FACTS (BB)</p> <p>3:00 <span style="color: #e91e63;">PA</span> LONGMEADOW SHOPPE</p> <p>3:30 <span style="color: #e91e63;">HF</span> Chair Exercise (MC)</p>	<p><span style="float: right;"><b>28</b></span></p> <p>9:00 <span style="color: #e91e63;">C</span> FaceTime Zoom Apt and Lib Visits</p> <p>10:30 <span style="color: #e91e63;">HF</span> Dynamic Warm-Up (MC)</p> <p>1:30 <span style="color: #e91e63;">CV</span> Knitting/Sewing for a Cause (TSA)</p> <p>1:30 <span style="color: #e91e63;">HF</span> Walking Club (LOB)</p> <p>2:00 SPY VS SPY HAPPY HOUR CART</p> <p>3:30 <span style="color: #e91e63;">LL</span> Current Events (MC)</p> <p>6:30 <span style="color: #e91e63;">IS</span> MEN'S CHAT (MC)</p>	<p><b>INTERNATIONAL DANCE DAY</b> <span style="float: right;"><b>29</b></span></p> <p>9:00 <span style="color: #e91e63;">C</span> FACETIME ZOOM APT LIB PATIO VISITS</p> <p>10:30 <span style="color: #e91e63;">HF</span> DYNAMIC WARM UP (MC)</p> <p>11:30 <span style="color: #e91e63;">HF</span> Walking Club (LOB)</p> <p>1:30 <span style="color: #e91e63;">PA</span> HANGMAN (BB)</p> <p>2:00 Bingo (MC)</p> <p>3:30 <span style="color: #e91e63;">HF</span> STRETCHING TO "ALEXA"</p>	<p><span style="float: right;"><b>30</b></span></p> <p>9:00 <span style="color: #e91e63;">C</span> FACETIME ZOOM APT LIB PATIO VISITS (IR)</p> <p>10:30 <span style="color: #e91e63;">HF</span> DYNAMIC WARM UP (MC)</p> <p>11:30 <span style="color: #e91e63;">HF</span> Walking Club (MC)</p> <p>2:00 Happy Hour Cart (IR)</p> <p>6:30 <span style="color: #e91e63;">LL</span> BRAIN GAMES Challenge (BB)</p> <p>6:30 <span style="color: #e91e63;">EF</span> Documentary/ Political (MC)</p>	

# LIFE GUIDANCE<sup>®</sup>

## Monthly Calendar of Events and Programming



### Featured Events this Month:

**Easter Sunday/Jewish Passover**

Sunday, April 4, 9:00 AM

**Earth Day**

Thursday, April 22, 11:00 AM

**Boston Architecture Show**

Tuesday, April 27, 1:30 PM



# APRIL 2021

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE

- PA Personal Achievement
- HF Health & Fitness
- EF Entertainment & Fun
- CV Civic Engagement
- LL Lifelong Learning
- CE Creative Expression
- IS Inspiration & Spirituality
- C Connection
- Atria StoryWise
- M Music

**STAFF KEY:**  
Life Guidance Director LGD

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**Jazz Appreciation Month 1**  
10:00 HF Thursday Try  
11:00 PA Learn, do, or try something new  
1:00 LL Mind Joggers  
2:00 M Music Experience  
2:30 Baseball Opening Day Happy Hour  
3:00 HF Hiking in Place - YouTube®  
4:00 CE Artist Spotlight  
6:30 EF Classic Movie Night

**2**  
10:00 HF Friday Fitness Fun!  
11:00 LL Mind Aerobics - How Many Words?  
1:00 CE All Around Art  
2:30 What's in a Word?  
3:00 HF Stepping to the Music  
4:00 CE SingFit  
6:30 EF Modern Movie Night

**3**  
10:00 HF Saturday Stretches  
10:30 C Hobbies  
11:30 CE Time Slips Storytelling (LGD)  
1:00 LL Remembering the Good Old Days  
2:00 HF Walking Club  
3:00 StoryWise™  
4:00 CE Saturday Serenades  
6:30 EF Family Movie Classics

**4**  
9:00 IS Easter Sunday/Jewish Passover  
10:00 HF Sunday Strength and Balance  
11:00 IS Positive Feeling  
11:30 CV Engagement  
1:00 EF BINGO  
3:00 HF Afternoon Aerobics  
4:00 CE Sunday SINGers  
6:30 EF Drama Movie Night

**5**  
10:00 HF Monday Morning Moves!  
11:00 CE Karaoke King!  
11:30 CE Poet's Corner  
1:15 EF Games  
2:00 LL Name 10  
3:00 HF Monday March in Place  
4:00 LL World Culture  
6:30 EF Comedy Movie Night

**6**  
10:00 HF Tuesday Tension  
11:00 IS Inspirational Stories  
11:45 EF Challenges and Tournaments  
1:15 PA April Birthdays  
3:00 HF Yes! It's Yoga  
4:00 CE The Song Reminds Me Of...  
6:30 EF Action Night Movies!

**7 World Health/Intl Walking Day**  
10:00 HF Wacky Wednesday Workout  
11:00 EF Armchair Travel  
1:00 LL Card Game  
2:30 Bottles and Boards Happy Hour  
3:00 HF Walking Club  
4:00 CE Our Favorite Artists in Concert  
6:30 EF Romance Movie Night

**8**  
10:00 HF Thursday Try  
11:00 PA Learn, do, or try something new  
1:00 LL Science and Technology Class  
2:00 M Musical Instruments  
2:45 EF US Trivia  
3:00 HF Hiking in Place - YouTube®  
4:00 CE Artist Spotlight  
6:30 EF Classic Movie Night

**9**  
10:00 HF Friday Fitness Fun!  
11:00 LL Mind Aerobics: How Many Words?  
1:00 CE All Around Art  
2:30 Puzzles  
3:00 HF Stepping to the Music  
4:00 LL Tales and Travels  
6:30 EF Modern Movie Night

**10**  
10:00 HF Saturday Stretches  
10:45 C Family CONNECTIONs  
11:00 CE SingFit  
1:00 LL Pictures Speak a 1000 Words  
2:00 HF Walking Club  
3:00 StoryWise™  
4:00 CE Saturday Serenades  
6:30 EF Family Movie Classics

**11**  
8:30 IS Religious Programs  
10:00 HF Sunday Strength and Balance  
11:00 IS Meditation  
11:30 CV Engagement  
1:00 EF BINGO  
3:00 HF Afternoon Aerobics  
4:00 CE Sunday SINGers  
6:30 EF Drama Movie Night

**12**  
10:00 HF Monday Morning Moves!  
11:00 CE Karaoke King!  
11:30 CE Make 'Em Smile  
1:15 EF Games  
2:00 LL Finish The Phrase  
3:00 HF Monday March in Place  
6:30 EF Comedy Movie Night

**13**  
10:00 HF Tuesday Tension  
11:00 IS Inspirational Stories  
11:45 EF Restaurant Trips  
2:00 EF This & That Trivia  
3:00 HF Yes! It's Yoga  
4:00 CE Musically Engaged  
6:30 EF Action Night Movies!

**14**  
10:00 HF Wacky Wednesday Workout  
11:00 EF Museum Trips  
1:00 EF BINGO  
2:00 LL Down Memory Lane  
2:30 Novel Cocktails Happy Hour  
3:00 HF Walking Club  
4:00 CE Our Favorite Artists in Concert  
6:30 EF Romance Movie Night

**15**  
10:00 HF Thursday Try  
11:00 PA Learn, do, or try something new  
1:00 LL Mind Joggers  
2:00 M Music Appreciation  
3:00 HF Hiking in Place - YouTube®  
4:00 CE Artist Spotlight  
6:30 EF Classic Movie Night

**16**  
10:00 HF Friday Fitness Fun!  
11:00 LL Mind Aerobics: How Many Words?  
1:00 CE All Around Art  
2:30 Scenic Drive Virtually  
3:00 HF Stepping to the Music  
6:30 EF Modern Movie Night

**17**  
10:00 HF Saturday Stretches  
10:30 C Family Social  
11:00 CE Improv  
1:00 LL Remembering the Good Old Days  
2:00 HF Walking Club  
3:00 StoryWise™  
4:00 CE Saturday Serenades  
6:30 EF Family Movie Classics

**18**  
8:30 IS Religious Programs  
10:00 HF Sunday Strength and Balance  
11:00 IS 15 minute CALM app  
11:30 CV Engagement  
1:00 EF BINGO  
3:00 HF Afternoon Aerobics  
4:00 CE Sunday SINGers  
6:30 EF Drama Movie Night

**19**  
10:00 HF Monday Morning Moves!  
11:00 CE Karaoke King!  
11:30 CE Poet's Corner  
1:15 EF Games  
2:00 LL Name 10  
3:00 HF Monday March in Place  
4:00 LL Appreciation of History, Music, Art  
6:30 EF Comedy Movie Night

**20**  
10:00 HF Tuesday Tai Chi  
11:00 IS Inspirational Stories  
11:45 EF Sports and Sporting Events  
1:15 PA Call to Action: Resident Spotlight  
3:00 HF Yes! It's Yoga  
4:00 CE The Song Reminds Me Of...  
6:30 EF Action Night Movies!

**21**  
10:00 HF Wacky Wednesday Workout  
11:00 EF Wii® Games  
1:00 EF BINGO  
2:00 LL Everyday Fashions  
2:30 Earth Garden Party Happy Hour  
3:00 HF Walking Club  
4:00 CE Our Favorite Artists in Concert  
6:30 EF Romance Movie Night

**22**  
10:00 HF Thursday Try  
11:00 EF Earth Day  
1:00 LL Name 3 Toss  
2:00 M Music in the House  
2:45 EF Famous Folks Trivia  
3:00 HF Hiking in Place - YouTube®  
4:00 CE Artist Spotlight  
6:30 EF Classic Movie Night

**23**  
10:00 HF Friday Fitness Fun!  
11:00 LL Mind Aerobics: How Many Words?  
1:00 CE All Around Art  
2:30 Arts and Crafts  
3:00 HF Stepping to the Music  
4:00 C Instrumental Karaoke  
6:30 EF Modern Movie Night

**24**  
10:00 HF Saturday Stretches  
10:45 C Family CONNECTIONs  
11:30 CE Gardening  
1:00 LL Pictures Speak a 1000 Words  
2:00 HF Walking Club  
3:00 StoryWise™  
4:00 CE Saturday Serenades  
6:30 EF Family Movie Classics

**25**  
8:30 IS Religious Programs  
10:00 HF Sunday Strength and Balance  
11:00 IS Relaxation Tips  
11:30 CV Engagement  
1:00 EF BINGO  
3:00 HF Afternoon Aerobics  
4:00 CE Sunday SINGers  
6:30 EF Drama Movie Night

**26**  
10:00 HF Monday Morning Moves!  
11:00 CE Karaoke King!  
11:30 CE Make 'Em Smile  
1:15 EF Games  
2:00 LL Finish The Phrase  
3:00 HF Monday March in Place  
6:30 EF Comedy Movie Night

**27**  
10:00 HF Tuesday Tai Chi  
11:00 IS Inspirational Stories  
11:45 EF Broadway Shows  
1:30 CE Boston Architecture Show  
4:45 HF Yes! It's Yoga  
6:30 EF Action Night Movies!

**28**  
10:00 HF Wacky Wednesday Workout  
11:00 EF Door Chair Travel  
1:00 EF BINGO  
2:00 LL Down Memory Lane  
2:30 Spy vs Spy Happy Hour  
3:00 HF Walking Club  
4:00 CE Our Favorite Artists in Concert  
6:30 EF Romance Movie Night

**29**  
10:00 HF Thursday Try  
11:00 PA Learn, do, or try something new  
1:00 LL Mind Joggers  
2:00 M Music Experience  
3:00 HF Hiking in Place - YouTube®  
4:00 CE Artist Spotlight  
6:30 EF Classic Movie Night

**30**  
10:00 HF Friday Fitness Fun!  
11:00 LL Mind Aerobics - How Many Words?  
1:00 CE All Around Art  
1:45 HF Conductorise®  
2:30 What's in a Word?  
3:00 HF Stepping to the Music  
4:00 CE SingFit  
6:30 EF Modern Movie Night