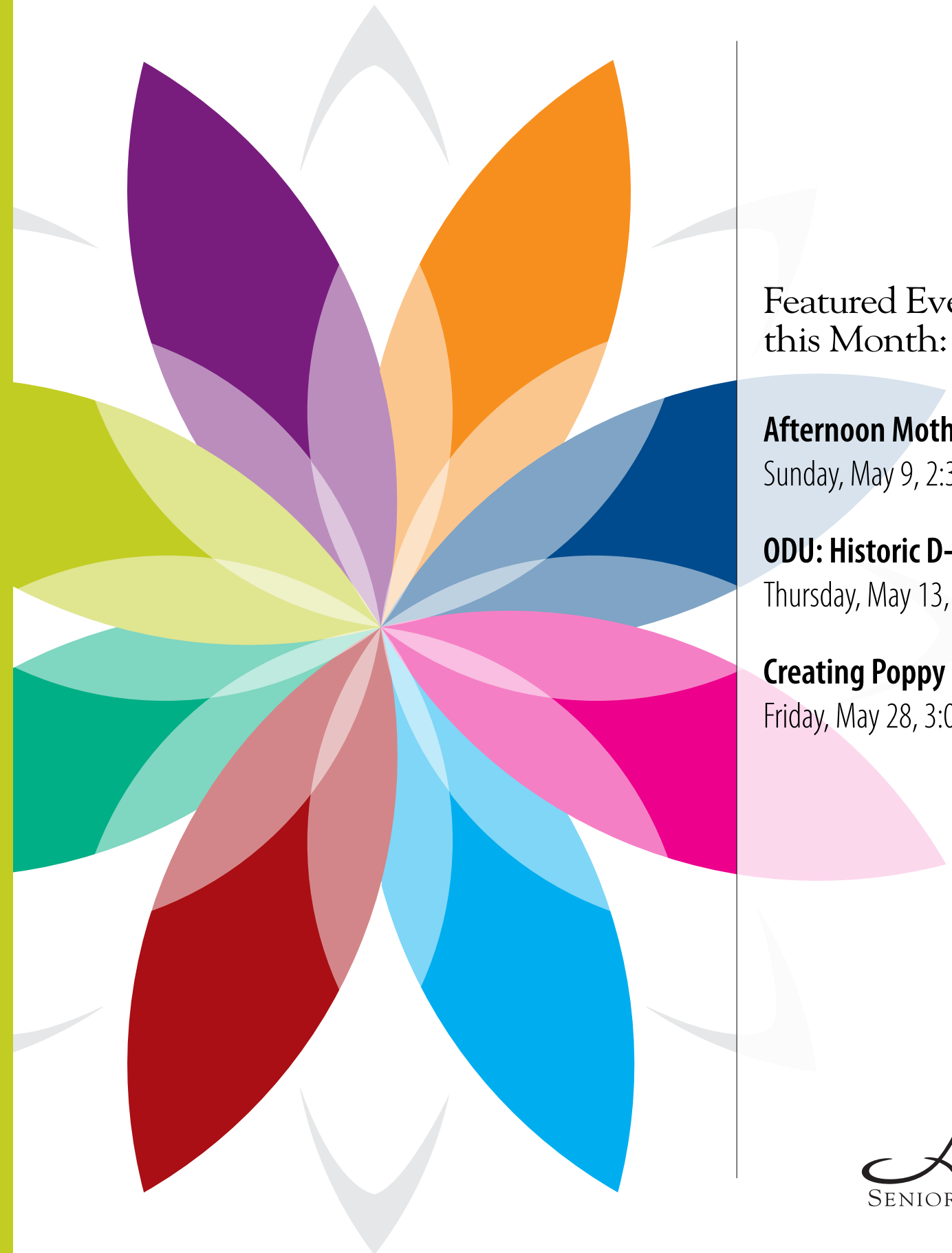


ENGAGE LIFE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

Afternoon Mother's Day Tea Party

Sunday, May 9, 2:30 PM

ODU: Historic D-Day

Thursday, May 13, 4:30 PM

Creating Poppy Day Pins

Friday, May 28, 3:00 PM



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

30

10:00 **HF** Posture & Stretch Fitness Class (GR) (DD)

10:30 Poker (GR) (DD)

1:30 Horseracing (GR) (DD)

2:00 Movie and Popcorn (GR) (ELD)

2:30 Happy Hour Cart (DEL) (DD)

4:00 **HF** Moving for Memory Walking Challenge (LOB) (DD)

6:00 **CE** Ribbon Memorial Remembrance Chandelier (GR) (ELD)

2

10:00 **HF** Moving for Memory Walking Challenge (GR) (DD)

10:30 Poker (GR) (DD)

1:30 Lay 'Em Down (GR) (DD)

2:30 Happy Hour Cart (DEL) (DD)

4:30 **HF** Cupid Shuffle Dance Class (GR) (DD)

9

10:00 **HF** Balance & Mobility Board Game (GR) (DD)

10:30 **C** Hats Off to Mom: The Hat's She Wears (GR) (DD)

1:30 **CE** Pamper Mom Sugar Scrub (BLR) (ELD)

2:30 **EF** Afternoon Mother's Day Tea Party (MDR) (ELD)

3:30 **C** Gifting These Hands Project: Part II

4:00 **HF** Posture and Stretch Fitness Class (GR) (DD)

16

9:00 **IS** Newsletter: Solemnity of Ascension (DEL) (DD)

10:00 **HF** Upper Body Fitness Program (GR) (DD)

10:30 Poker (GR) (DD)

1:30 Horseracing (GR) (DD)

2:30 **HF** Posture & Stretch Fitness Class (GR) (DD)

3:00 Happy Hour Cart (DEL) (DD)

4:00 Trivia (GR) (DD)

23

10:00 **HF** Lower Body Conditioning (GR) (DD)

10:30 Poker (GR) (DD)

1:30 **C** Scavenger Hunt: Photo Edition (LOB) (ELD)

2:00 Movie and Popcorn (BLR) (ELD)

3:00 **HF** Posture & Stretch Fitness Class (GR) (DD)

4:00 **LL** ODU: Pearl Harbor (GR) (DD)

31

10:00 **HF** Moving for Memory Walking Challenge (LOB) (LP)

10:30 Po-Ke-No (GR) (LP)

1:30 Music and Singing (BLR) (ELD)

2:30 **LL** History of Star Spangled Banner (GR) (LP)

3:30 **HF** Lower Body Strength Challenge (GR) (LP)

4:00 **EF** Memorial Day Trivia (GR) (LP)

3

10:00 **HF** Strength Training Bingo: Launch (GR)

10:30 Po-Ke-No (GR) (LP)

1:30 **C** Creating Art from the Scents We Smell (GR) (LP)

2:30 Happy Hour Cart (DEL)

3:00 **CV** Mother to Mother Recipe Share: Part I (GR) (DD)

4:00 **HF** Lower Body Conditioning (GR) (LP)

10

10:00 **HF** Strength Training Bingo: Session 1 (GR) (LP)

10:30 Po-Ke-No (GR) (LP)

2:00 **CV** Mother to Mother Recipe Share: Part II (GR)

2:30 Happy Hour Cart (DEL)

3:00 **HF** Moving for Memory Walking Challenge (LOB)

5:30 Music and Singing (BLR) (ELD)

17

10:00 **HF** Strength Training Bingo: Session 2 (GR) (LP)

10:30 Po-Ke-No (GR) (LP)

1:30 Music and Singing (BLR) (ELD)

2:30 **HF** The Macarena Dance Class (GR) (LP)

3:00 Happy Hour Cart (DEL) (LP)

3:00 **C** Reminiscing Road Trips: Travel by Car (GR) (ELD)

4:00 Boggle™ (GR) (LP)

24

10:00 **PA** Strength Training Bingo: Recognition (GR) (LP)

10:30 Po-Ke-No (GR) (LP)

1:30 **HF** Papa Loves Mambo Dance Class (GR) (LP)

2:00 Music and Singing (BLR) (LP)

3:00 **C** Scavenger Hunt: Know Your Neighbors (LOB) (LP)

4:00 **HF** Yoga (GR) (LP)



- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- AS** Atria StoryWise

ROOM LOCATION KEY:

Lobby LOB

3rd Floor G. Room GR

Bay Level Rec. Room BLR

Main Dining Room MDR

Bay Level Fit. Room BLE

Delivery Service DEL

STAFF KEY:

Debra Daniels DD

Linda Pineault LP

Instructor INS

Hope Warrick ELD

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4

10:00 **HF** Posture and Stretch Fitness Class (GR)

10:30 **PA** These Hands Project: Part I (GR)

1:30 Fill in the Blank (GR) (DD)

2:30 Happy Hour Cart (DEL)

3:00 **CE** Making Mariachi Instruments: Part I (GR)

4:30 **HF** Upper Body Conditioning (GR)

11

10:00 **HF** Upper Body Conditioning (GR)

10:30 **PA** Engage Life® Planning Meeting (GR)

1:30 Love Gameshow: Jeopardy!® (GR)

2:00 **EF** American Film Series-War: Part I (BLR) (ELD)

2:30 Happy Hour Cart (DEL) (DD)

4:00 **HF** Yoga (GR)

18

10:00 **HF** Strength Training Bingo (GR) (DD)

10:30 Poker (GR) (DD)

1:30 **EF** Comic Strip Creation & Sharing (GR) (DD)

2:30 **HF** Lower Body Fitness Class (GR) (DD)

3:30 **CE** Patriotic Door Wreath Making (GR) (DD)

6:00 **PA** Moving for Memory Walking Challenge

25

9:00 **CV** Wisdom in Action: Patriotism (DEL) (DD)

10:00 **HF** Total Body Conditioning - Advanced (GR) (DD)

10:30 Poker (GR) (DD)

1:30 Live Gameshow: Jeopardy (GR) (DD)

2:30 **LL** Wine Tasting: A Varietal Experience (GR) (ELD)

3:00 Happy Hour Cart (DEL) (DD)

4:00 **HF** Moving for Memory Walking Challenge (LOB) (DD)

5

9:00 **LL** Newsletter: Origins of Cinco de Mayo (DEL) (DD)

10:00 **HF** Total Body Conditioning - Beginner (GR) (DD)

10:30 Poker (GR)

1:30 News Currents (GR) (DD)

2:30 **EF** Cinco de Mayo Happy Hour Cart (DEL)

4:00 **CE** Mariachi Music Making Part II (GR)

5:00 **HF** Moving for Memory Walking Challenge

12

9:00 **LL** Newsletter Highlight: Nurses Day (DEL)

10:00 **HF** Total Body Conditioning - Beginner (GR) (DD)

10:30 Poker (GR) (DD)

1:30 News Currents (GR)

2:30 **EF** Culinary Partnership: Bottles & Boards (DEL)

4:00 **HF** Total Body Conditioning - Advanced (GR) (DD)

19

9:00 **CV** Wisdom in Action: Hope (DEL) (DD)

10:00 **HF** Total Body Conditioning - Advanced (GR) (DD)

10:30 Poker (GR) (DD)

1:30 **IS** The Language of Flowers: Spring & Summer (GR) (DD)

2:30 **HF** Posture & Stretch Fitness Class (GR) (DD)

3:00 Happy Hour Cart (DEL)

3:00 **PA** Food for Thought - Culinary Led (MDR)

4:00 Trivia (GR) (DD)

26

10:00 **HF** Upper Body Conditioning (GR) (DD)

10:30 Poker (GR) (DD)

1:30 **IS** PositivTEA: Love (GR) (DD)

2:00 **EF** Luau Happy Hour Cart (DEL) (DD)

3:00 NewsCurrents (GR) (DD)

4:00 **HF** The Macarena Dance Class (GR) (DD)

6

9:00 **IS** Newsletter: Day of Prayer in Practice

10:00 **HF** Lower Body Conditioning (GR) (ELD)

1:30 Movie and Popcorn (BLR) (ELD)

2:30 Happy Hour Cart (DEL)

4:00 **HF** Moving for Memory Walking Challenge

13

10:00 **HF** Lower Body Conditioning (GR) (ELD)

10:30 **PA** Resident Council Meeting (GR) (ELD)

2:00 **C** American Film Discussion: Part II (BLR) (ELD)

3:00 Happy Hour Cart (DEL) (ELD)

4:00 **HF** Posture and Stretching Fitness Class (GR) (ELD)

4:30 **LL** ODU: Historic D-Day (GR) (ELD)

20

10:00 **HF** Strength Training Bingo (GR) (ELD)

10:30 **PA** Ambassador Meeting (GR) (ELD)

1:30 **LL** Songs Across America I (West) (GR) (ELD)

2:30 **HF** Yoga (GR) (ELD)

3:00 Happy Hour Cart (DEL) (ELD)

27

9:00 **HF** Newsletter Highlight: Summer Skincare (DEL) (ELD)

10:30 Learn to Play Poker (GR) (ELD)

2:00 Movie and Popcorn (BLR) (ELD)

2:30 **HF** Lower Body Conditioning (GR) (INS)

3:00 Happy Hour Cart (DEL) (ELD)

4:00 **PA** Walking Challenge Recognition

7

10:00 **HF** Upper Body Conditioning (GR) (LP)

10:30 Poker (GR) (LP)

1:30 **C** Invisible Ink Project (GR) (LP)

2:30 Bingo (GR) (LP)

4:00 **HF** Posture and Stretch Fitness Class (GR) (LP)

14

10:00 **HF** Upper Body Conditioning (GR) (DD)

10:30 Poker (GR) (LP)

1:30 Bingo (GR) (LP)

2:30 **HF** Cupid Shuffle Dance Class (GR) (LP)

3:00 Ice Cream Happy Hour (DEL)

4:00 **IS** The Meaning of the Month of May (GR) (DD)

21

10:00 **HF** Balance & Mobility Board Game (GR) (LP)

10:30 Poker (GR) (LP)

1:30 **LL** Songs Across America II (Central) (GR) (LP)

2:30 **HF** Total Body Conditioning - Advanced (GR) (LP)

3:00 Bingo (GR) (LP)

4:00 **EF** National Pizza Party Day (MDR) (LP)

28

10:00 **HF** Upper Body Fitness Program (GR) (DD)

10:30 Poker (GR) (LP)

1:30 **EF** Memorial Day Brain Challenges (GR) (LP)

2:30 **LL** A History of Poppies (GR) (LP)

3:00 **CE** Creating Poppy Day Pins (GR) (LP)

4:00 **HF** Yoga (GR) (LP)

1

9:00 **LL** Newsletter: The History of the Derby (DEL) (DD)

10:00 **HF** Moving for Memory Walking Challenge (LOB) (DD)

10:30 **CE** Creating Fascinators (GR) (DD)

1:30 **LL** ODU: The Women Who Ruled the World (GR) (DD)

4:00 **HF** Yoga (GR) (DD)

8

9:00 **IS** Bird Watching & Tracking (BLE) (DD)

10:00 **HF** Moving for Memory Walking Challenge (LOB) (DD)

10:30 Poker (GR) (DD)

1:30 Music Box Appreciation (GR) (DD)

2:30 **HF** Total Body Conditioning - Advanced (GR) (DD)

3:00 **LL** ODU: Powerful First Ladies (GR) (DD)

4:00 Trivia (GR)

15

9:00 **IS** Newsletter: Honoring Police & Military (GR) (DD)

10:00 **HF** Papa Loves Mambo Dance Class (GR) (DD)

10:30 Poker (GR) (DD)

1:30 Lay 'Em Down (GR) (DD)

2:30 **HF** Lower Body Conditioning (GR) (DD)

3:30 Timelines (GR) (DD)

4:30 **PA** Moving for Memory: Walking Challenge (LOB) (DD)

22

10:00 **HF** Total Body Conditioning - Beginner (GR) (DD)

10:30 Poker (GR) (DD)

1:30 **LL** Songs Across America III (East) (GR) (DD)

2:30 **HF** Upper Body Conditioning (GR) (DD)

3:00 News Currents (GR) (DD)

4:00 Lay 'Em Down (GR) (DD)

29

10:00 **HF** Moving for Memory Walking Challenge (GR) (DD)

10:30 Poker (GR) (DD)

1:30 **CE** Defining Music Genres: Jazz (GR) (DD)

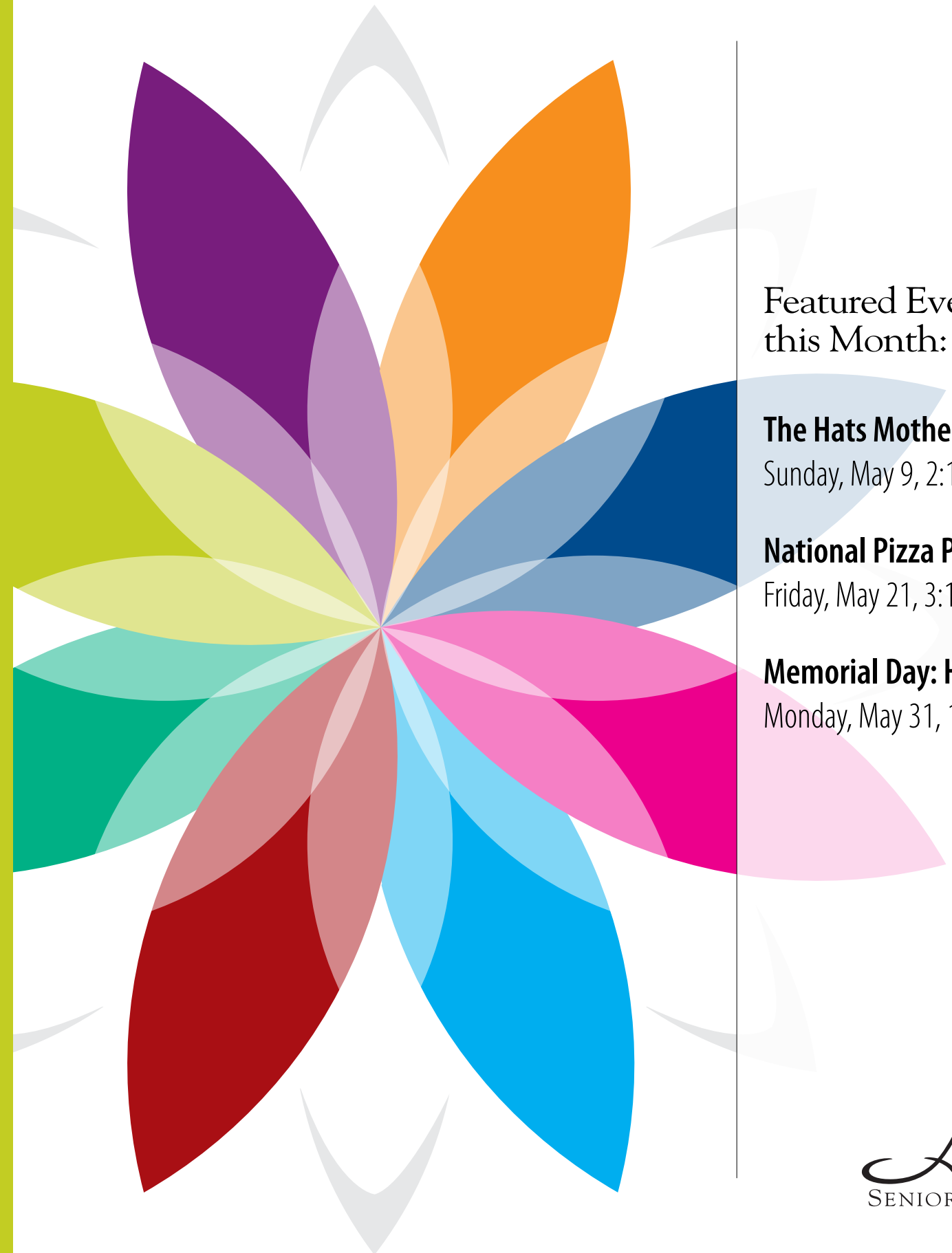
2:30 **HF** Total Body Conditioning (GR) (DD)

3:00 Lay 'Em Down (GR) (DD)

4:00 Trivia (GR) (DD)

LIFE GUIDANCE[®]

Monthly Calendar of Events and Programming



Featured Events this Month:

The Hats Mothers Wear and Tea

Sunday, May 9, 2:15 PM

National Pizza Party Day

Friday, May 21, 3:15 PM

Memorial Day: History of Poppies

Monday, May 31, 1:30 PM



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

30
10:00 **HF** Movement to Music (LP)
10:30 **CV** Pen Pals
11:00 **LL** Quick and Easy trivia (LP)
1:30 **EF** Water Pong (LP)
2:15 **CE** Tell Me Something (LP)
3:15 **J** Country Music: Ray Stevens (LP)
3:30 **C** Let's Get to Know Your Neighbor! (DL)
4:15 **HF** Kick it to Me (LP)
7:00 **EF** Evening Movie (RSA)

MEMORIAL DAY 31
10:00 **HF** Muscles in Motion (DD)
10:30 **C** Take 5 (DD)
11:00 **LL** Inspirational Short Stories (DD)
1:30 **LL** Memorial Day: History of Poppies (DD)
2:00 **J** Patriotic Playlist
3:15 **PA** Make your own Scrapbook page
3:15 **C** Tea and Conversation (DD)
4:15 **HF** Kick Up Your Heels (DD)
7:00 **EF** Evening Movie (RSA)



- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- AS** Atria StoryWise
- J** Music

ROOM LOCATION KEY:
Life Guidance North LGN

STAFF KEY:
Debra Daniels DD
RSA RSA
Faith Smith FS
Linda Pineault LP
Diana Leroi DL

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MAY DAY 1
10:00 **HF** Muscles in Motion
10:30 **C** Daily Inspirations (DL)
11:00 **CV** Animal Advocacy: Toy Making for Pets (DL)
1:30 **J** Kentucky Derby - Sing Across America
2:15 **CE** Get Crafty (DL)
3:15 **IS** The Month of May Celebration (DL)
4:15 **HF** A Beautiful Day in the Neighborhood! (DL)
7:00 **EF** Movie Time! (RSA)

2
10:00 **HF** Movement to Music (LP)
10:30 **CE** Spring Wreath Design (LP)
11:00 **LL** Quick and Easy Trivia (LP)
1:30 **J** Kenny Rogers - Music Journaling Club (LP)
2:15 **PA** Make a May Basket (LP)
3:30 **C** Let's Get to Know Your Neighbor! (DL)
4:15 **HF** Kick it to Me (LP)
7:00 **EF** Evening Movie (RSA)

3
10:00 **HF** Muscles in Motion (DD)
10:30 **C** Take 5 (DD)
11:00 **LL** Inspirational Short Stories (DD)
1:30 **CE** Beach Sensations: Sand Art
2:00 **J** Polka: The Andrews Sisters
3:15 **C** Tea and Conversation (DD)
4:15 **HF** Kick Up Your Heels (DD)
7:00 **EF** Evening Movie (RSA)

NATIONAL TEACHER'S DAY 4
10:00 **HF** Deep Breathing and Stretches (DL)
10:30 **CE** Painting a Tableau (DL)
11:00 **J** Music Reminiscing: Nicknames
1:15 **LL** Famous Faces
1:30 **N** Nails and Mocktails (DL)
3:15 **C** Funny News
4:15 **HF** Afternoon Stretch
7:00 **EF** Evening Movie (RSA)

CINCO DE MAYO 5
10:00 **HF** Wellness Wednesday
10:30 **C** Daily Inspirations
11:00 **CE** Basket Weaving
11:30 **CV** Thank You Cards for Nurses Week (DL)
1:30 **EF** Boggle™
2:15 **LL** TV Show Trivia
3:15 **J** Cinco De Mayo Playlist (DL)
4:15 **HF** Stretch & Strength
7:00 **EF** Evening Movie (RSA)

NATIONAL NURSES DAY 6
10:00 **HF** Fit Zone
10:30 **B** BINGO (DL)
11:00 **CE** Color it up! (DL)
11:00 **J** Music Journaling Club: Joseph Bracket
1:30 **LL** Word Games (DL)
1:30 **LL** News Currents (DL)
2:15 **CE** Gardening
3:15 **IS** Simple Gifts-Music Journaling Club
4:15 **HF** Neighborhood Walk
7:00 **EF** Evening Movie (RSA)

7
10:00 **HF** Chair Yoga (DL)
10:30 **C** Book Club (DL)
1:00 **IS** Bible Study
2:15 **LL** Crossword Puzzles
2:15 **CE** Music Adventures: Railroad
3:30 **IS** Reminiscing: Railroad Adventures
3:45 **EF** Mini-Golf (DL)
4:15 **HF** Stretching It Out (DL)
7:00 **EF** Evening Movie (RSA)

8
10:00 **HF** Upbeat Exercise Class
10:30 **C** Afternoon Delights
11:00 **CE** Music Expression: Laughter We're After
1:30 **LL** Word Trivia
2:15 **EF** Boggle™
3:00 **EF** Find the Pairs- Music and Sports
4:15 **HF** Chair Yoga
7:00 **EF** Evening Movie (RSA)

HAPPY MOTHER'S DAY 9
10:00 **HF** Morning Stretch with Linda (LP)
10:30 **C** Let's Chat: Share Your Mother Recipe (LP)
11:00 **J** Mother's Day Playlist (LP)
1:30 **EF** Corn Hole (LP)
2:15 **C** The Hats Mothers Wear and Tea
4:15 **HF** Kick It to Me (LP)
7:00 **EF** Movie (RSA)

10
10:00 **HF** Muscles in Motion (DD)
10:30 **C** Take 5 (DD)
11:00 **J** Fred Astaire Dance Class (DD)
1:30 **LL** News Currents (DD)
2:15 **J** Lay em' Down Card Game (DD)
3:15 **C** Tea and Conversation
4:15 **HF** Kick up Your Heels
7:00 **EF** Evening Movie (RSA)

11
10:00 **HF** Yoga (DL)
10:30 **CE** Gardening (DL)
10:30 **C** Nature Documentary
11:00 **LL** Name That Tune (DD)
1:15 **J** Patriotic Music: Irvin Berlin
2:00 **LL** Travel to Russia
3:15 **C** Riddle with Me Social Hour
4:15 **HF** Afternoon Stretch
7:00 **EF** Movie: Driving Miss Daisy (RSA)

12
10:00 **HF** Wellness Wednesday
10:30 **LL** Daily Inspirations
11:00 **B** BINGO
1:30 **CE** Canvas Crafting
2:15 **EF** Match up
3:15 **J** Express Yourself: A Time For Love (LP)
4:15 **HF** Stretch & Strength
7:00 **EF** Evening Movie (RSA)

APPLE PIE DAY 13
10:00 **HF** Fit Zone
10:30 **LL** Fill-In-The-Blank
10:30 **C** Social Club
11:00 **J** Music Appreciation: Lionel Ritchie
1:45 **CE** Jewelry Making
2:30 **PA** May Birthdays (LGN)
3:15 **C** Coffee Social
4:15 **HF** Neighborhood Walk
7:00 **EF** Evening Movie (RSA)

14
10:00 **HF** Total Balance
10:30 **IS** Positive Quotations of the Day (DL)
11:00 **LL** Quiet Corner Puzzles
1:00 **IS** Bible Study
1:30 **EF** Pokeno®
3:15 **J** Dance Music: Chicken Dance
4:15 **HF** Laughter Yoga
7:00 **EF** Evening Movie (RSA)

ARMED FORCES DAY 15
10:00 **HF** Upbeat Exercise Class
10:30 **C** Afternoon Delights
11:00 **J** Super Bingo Saturday
1:30 **LL** Name 10
2:15 **EF** Twister Exercise
2:15 **CV** Thank You Notes for Our Military
3:15 **J** Armed Forces Music Playlist
4:15 **HF** Chair Yoga
7:00 **EF** Evening Movie (RSA)

16
10:00 **HF** Morning Moves (LP)
10:30 **C** Social Club (LP)
11:00 **LL** Quick and Easy Trivia (LP)
1:30 **EF** Water Pong (LP)
2:15 **J** Music Journaling Club: Mary Wells (LP)
3:15 **C** Afternoon Conversation (LP)
4:15 **HF** Kick It to Me (LP)
7:00 **EF** Evening Movie (RSA)

17
10:00 **HF** Muscles In Motion (DD)
10:30 **C** Take 5 (DD)
11:00 **CE** Poetry
2:15 **LL** Fill In The Blank
3:15 **J** International Music: Drums
3:15 **C** Tea and Conversation
4:15 **HF** Kick Up Your Heels (DD)
7:00 **EF** Evening Movie (RSA)

18
10:00 **HF** Moving and Grooving
10:30 **C** Conversation and Chat
11:00 **B** BINGO
1:30 **IS** What Makes You Happy?
2:15 **LL** Guess that State
2:30 **CE** Decorating Walkers/Canes
3:15 **J** Songs of Happiness and Laughter (LGN) (DL)
4:15 **HF** Afternoon Stretch
7:00 **EF** Evening Movie (RSA)

19
10:00 **HF** Wellness Wednesday
10:30 **LL** Let's Write a Letter
11:00 **B** BINGO
11:00 **CV** Grateful Giving
1:30 **LL** Rippleys Funny Laws
2:45 **PA** Discover Greece
3:00 **J** Music Appreciation: Stevie Wonder
4:15 **HF** Stretch & Strength
7:00 **EF** Evening Movie and Popcorn (RSA)

20
10:00 **HF** Fit Zone
10:30 **C** Afternoon Delights
11:00 **LL** iPad® Games
11:30 **LL** Fill In The Blank (DL)
1:30 **J** Jazz: Ralph Peterson, Jr.
2:15 **EF** Family Feud™
3:15 **C** Coffee Social
4:15 **HF** Neighborhood Walk
7:00 **EF** Evening Movie (RSA)

ENDANGERED SPECIES 21
10:00 **HF** Total Balance
10:30 **J** Wonder Wonders: Radio Terms
10:30 **IS** Positive Quotations of the Day (DL)
11:00 **LL** Quiet Corner Puzzles
1:30 **J** Express Yourself: Family Music
3:15 **EF** National Pizza Party Day
4:15 **HF** Laughter Yoga (FS)
7:00 **EF** Evening Movie (RSA)

NATIONAL MARITIME DAY 22
10:00 **HF** Upbeat Exercise Class
10:30 **LL** Name 10! (DL)
11:00 **C** Is it Soup Yet?
2:15 **LL** iPad® Learning
3:15 **C** Social Hour
3:30 **J** Classical Music: Felix Mendelssohn
4:15 **HF** Chair Yoga
7:00 **EF** Evening Movie (RSA)

23
10:00 **HF** Morning Stretch with Linda (LP)
10:30 **C** Daily Inspirations (RSA)
11:00 **LL** Quick and Easy Trivia (LP)
1:30 **J** Aretha Franklin Appreciation Day (LP)
2:15 **LL** Book Club
3:15 **C** Afternoon Conversation (LP)
4:15 **HF** Kick It To Me (LP)
7:00 **EF** Evening Movie (RSA)

BROTHER'S DAY 24
10:00 **J** Water Pong (DD)
10:00 **HF** Muscles in Motion (DD)
10:30 **C** Take 5 (DD)
11:00 **CE** Quiet Corner Puzzles
1:30 **LL** News Currents (DD)
2:15 **C** Match Ups
3:15 **J** Victoria Day : Canada Patriotic Songs
4:15 **HF** Kick Up Your Heels (DD)
7:00 **EF** Evening Movie (RSA)

25
10:00 **HF** Moving and Grooving
10:45 **C** Take 5
11:00 **EF** BINGO
1:15 **EF** Jeopardy!®
1:30 **J** Country Music: Tom T. Hall
2:00 **LL** Let's Get Baking (DL)
3:15 **C** Social Club (DD)
4:15 **HF** Afternoon Stretch
7:00 **EF** Evening Movie (RSA)

26
10:00 **HF** Wellness Wednesday
10:30 **LL** Daily Inspirations
10:30 **PA** Cranium® Crunches
1:30 **LL** Quick and Easy Trivia
2:15 **N** Nail Art
3:30 **J** Culinary Partnership :Luau Happy Hour
4:15 **HF** Stretch & Strength
7:00 **EF** Evening Movie and Popcorn (RSA)

27
10:00 **HF** Fit Zone
10:30 **C** You Be the Judge!
10:30 **LL** Fill In The Blank
1:30 **LL** Crossword Puzzle
2:15 **EF** Shuffle Board
3:00 **J** Gospel Music: Elvis Presley (DL)
3:15 **C** Coffee Social
4:15 **HF** Neighborhood Walk
7:00 **EF** Evening Movie (RSA)

28
10:00 **HF** Total Balance
10:30 **IS** Positive Quotations of the Day (DL)
1:30 **EF** Mini Golf
2:15 **LL** Crossword Puzzle
3:15 **J** Rhythm and Blues: Gladys Knight
4:15 **HF** Laughter Yoga
7:00 **EF** Evening Movie (RSA)

INTERNATIONAL JAZZ DAY 29
10:00 **HF** Upbeat Exercise Class
10:30 **C** Daily Inspirations (DL)
11:00 **CV** Helpful Hands! (DL)
2:15 **J** Defining Music Genres : Jazz (DL)
2:15 **LL** Jeopardy!®
3:15 **EF** Lawn Games (DL)
4:15 **HF** A Beautiful Day in the Neighborhood! (DL)
7:00 **EF** Movie Time (RSA)