

ENGAGE LIFE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

**Cinema Historian:
American in Paris**
Friday, October 15, 2:00 PM

**Excursion to the
Fullerton Arboretum**
Wednesday, October 27, 9:15 AM

**Monster Mash Dinner,
Costumes & Dance!**
Thursday, October 28, 5:30 PM



OCTOBER 2021

ATRIA NEWPORT BEACH engage life®

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

31

10:00 **RSF** Catholic Mass Livestream (TH)

10:30 **HPF** Fitness Center Circuit & Orientation (FC)

11:30 **RSF** Mariner's Church Service (TH)

1:30 Coastal Drive (L)

1:30 Palace Match (GR)

3:00 **CEA** Halloween Costume Contest (AVL)

4:00 **HPF** Walking Club (L)

6:00 **LIS** Short Story to Film Discussion (TH)

6:30 Short Story to Film: Loving (TH)



- HEALTH AND PHYSICAL FITNESS
- LIFELONG LEARNING AND INTELLECTUAL STIMULATION
- CREATIVE EXPRESSION AND THE ARTS
- SOCIAL CONNECTION AND ENTERTAINMENT
- CIVIC AND PROFESSIONAL INVOLVEMENT
- RELIGIOUS AND SPIRITUAL FELLOWSHIP

- ROOM LOCATION KEY:**
- Lobby L
 - Private Dining Room PDR
 - Engage Life® Center ELC
 - Theater TH
 - Game Room GR
 - Living Room LR
 - Yoga Studio YS
 - Avalon Lounge AVL
 - Fitness Center FC
 - Library LB
 - Wellness Station WS
 - 1888 Bistro BIS

STAFF KEY:
Resident Engagement Program Specialist RPS

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9:30 **HPF** Zumba® (ELC)

11:15 Yahtzee™ Challenge (GR)

1:30 **HPF** Pilates Sculpt & Tone (YS)

2:00 Popcorn, Candy & Movie (TH)

3:00 **CEA** Open Studio: Create, Make, Inspire (ELC)

6:30 **SCE** Vocal and Piano Performance (LR)

2

9:30 **LIS** Discussion Group (GR)

10:30 **HPF** Tai Chi (YS)

11:45 Card Club (GR)

1:30 **HPF** Strength & Tone (FC)

2:30 **SCE** Ice Cream at the Avalon (AVL)

6:30 Movie Night: (TH)

3

10:00 **RSF** Catholic Mass Livestream (TH)

10:30 **HPF** Fitness Center Circuit & Orientation (FC)

11:30 **RSF** Mariner's Church Service (TH)

1:30 Coastal Drive (L)

1:30 Palace Match (GR)

4:00 **HPF** Walking Club (L)

6:00 **LIS** Short Story to Film Discussion (TH)

6:30 Short Story to Film: Loving (TH)

4

10:00 **HPF** Balance & Flexibility Class (YS)

10:30 Mahjong (GR)

11:00 **HPF** The Health Benefits of Golf (TH)

1:00 **LIS** The Economics of Golf (TH)

3:30 **HPF** Restorative Yoga (YS)

4:00 **LIS** French Lessons (ELC) (RPS)

6:30 Popcorn, Candy & Movie (TH)

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9:15 **RSF** Catholic Communion (TH)

10:00 **HPF** Cardio Drumming Fitness Class (ELC)

11:00 **SCE** Bridge Club (GR)

1:30 **CPI** Townhall Meeting (GR)

1:30 **HPF** Strength & Tone (YS)

3:30 **LIS** Book Club: The Woman in Cabin 10 (TH) (RPS)

6:30 **SCE** Dealer's Choice Game: Blackjack (GR)

6

10:00 **HPF** Zumba® (ELC)

11:00 **CPI** Film Selection Committee (TH)

11:00 Brain Games

1:15 **LIS** Smithsonian Museum (TH) (RPS)

1:30 **HPF** Posture & Stretching (YS)

2:30 **SCE** Don't Worry Be Frappe Gourmet Coffee (BIS)

6:00 **LIS** Discussion & Documentary (TH)

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10:00 **HPF** Posture, Stretch and Balance (YS)

11:00 Rummikub® (GR)

1:00 **LIS** ODU: The Chemistry of Coffee (TH)

2:00 **LIS** TED Talks (GR)

2:30 **SCE** High Tea Social Hour (AVL)

4:00 **SCE** Downtown Disney & Dinner (L)

4:00 **HPF** Walking Club (L)

6:30 **SCE** Men's Club (LR)

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9:30 **HPF** Zumba® (ELC)

11:15 Yahtzee™ (GR)

1:30 **HPF** Pilates Sculpt & Tone (YS)

2:00 Popcorn, Candy & Movie: Freedom Writers (TH)

3:00 **CEA** Creative Art Workshop (ELC)

6:30 **SCE** Country Music Concert (LR)

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9:30 **LIS** Discussion Group (GR)

10:00 **CEA** Timeless Melodies Presents: Gershwin (TH)

10:30 **HPF** Tai Chi (YS)

11:45 Card Club (GR)

1:15 **LIS** TED Talks (TH)

1:30 **LIS** Tech Talk and Explore with Dori (ELC)

2:30 **SCE** Appetizers at the Avalon (AVL)

4:00 **HPF** Walking Club (L)

6:30 Movie Night: (TH)

10

10:00 **RSF** Catholic Mass Livestream (TH)

10:30 **HPF** Fitness Center Circuit & Orientation (FC)

11:30 **RSF** Mariner's Church Service (TH)

1:30 Coastal Drive (L)

1:30 Palace Match (GR)

4:00 **HPF** Walking Club (L)

6:00 **LIS** Short Story to Film Discussion (TH)

6:30 Short Story to Film: The Trader (TH)

11

10:00 **HPF** Balance & Flexibility Class (ELC)

10:30 Mahjong (GR)

11:00 **LIS** Current Events Global News Today (ELC)

1:30 Community Games (GR)

3:30 **HPF** Restorative Yoga (YS)

4:00 **LIS** French Lessons (ELC) (RPS)

6:30 Popcorn, Candy & Movie (TH)

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9:15 **RSF** Catholic Communion (TH)

10:00 **HPF** Cardio Drumming Fitness Class (ELC)

10:30 **CPI** Engage Life® Program Planning Meeting (TH)

1:30 Shopping Excursion: (L)

1:30 **HPF** Strength & Tone (YS) (RPS)

3:30 **LIS** Book Club: The Woman in Cabin 10 (TH) (RPS)

4:30 **LIS** Private Tech Class (GR)

6:30 **SCE** Dealer's Choice Game: Blackjack (GR)

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10:00 **HPF** Zumba® (ELC)

11:00 Brain Games

1:15 **LIS** Smithsonian Aerial America: Arizona (TH) (RPS)

1:30 **CEA** Silk Scarf Painting (ELC)

2:30 **SCE** Harvest Happy Hour (LR)

4:00 **HPF** Walking Club (L)

5:00 **CPI** Signature Meet & Greet Welcome Dinner (PDR)

6:00 **LIS** Back to the Future Documentary (TH)

7:00 Trivia Night:

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10:00 **HPF** Strength and Balance Program (YS)

11:00 Rummikub® (GR)

11:15 **SCE** Lunch Outing: The Crab Cooker (L)

1:30 **HPF** Mindfulness Stretch (YS)

2:00 **CPI** Food For Thought - Culinary Led (GR)

2:30 **SCE** High Tea Social Hour (AVL)

3:30 Card Club

4:00 **HPF** Walking Club (L)

6:30 Let's Play Jeopardy!®

15

9:30 **HPF** Zumba® (ELC)

11:15 Yahtzee™ Challenge (GR)

1:30 **HPF** Pilates Sculpt & Tone (YS)

2:00 **LIS** Cinema Historian: American in Paris (TH)

4:00 **CEA** Beading & Jewelry Making (ELC)

6:30 **SCE** Guitar and Vocal Performance (LR)

16

9:30 **LIS** Discussion Group (GR)

10:30 **HPF** Tai Chi (YS)

11:45 Card Club (GR)

1:30 **HPF** Walking Club (L)

2:30 **SCE** Ice Cream Social at the Avalon (AVL)

6:30 Popcorn, Candy & Movie (TH)

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10:00 **RSF** Catholic Mass Livestream (TH)

10:30 **HPF** Fitness Center Circuit & Orientation (FC)

11:30 **RSF** Mariner's Church Service (TH)

1:30 Coastal Drive (L)

1:30 Palace Match (GR)

4:00 **HPF** Walking Club (L)

6:00 **LIS** Short Story to Film Discussion (TH)

6:30 Short Story to Film: (TH)

18

10:00 **HPF** Balance & Flexibility Class (ELC)

10:30 Mahjong (GR)

11:00 **LIS** Current Events Global News Today (ELC)

1:30 Community Games (ELC)

3:30 **HPF** Restorative Yoga (YS)

4:00 **LIS** French Lessons (ELC) (RPS)

6:30 Popcorn, Candy & Movie (TH)

6:30 **CEA** Timeless Melodies Presents Gene Kelly (TH)

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9:15 **RSF** Catholic Communion (TH)

10:00 **HPF** Cardio Drumming Fitness Class (ELC)

11:00 **SCE** Bridge Club (GR)

1:30 **HPF** Strength & Tone (YS) (RPS)

1:30 **CPI** Ambassador Club Meeting

2:30 **SCE** Appetizers at the Avalon (AVL)

3:30 **LIS** Book Club: The Woman in Cabin 10 (TH) (RPS)

4:30 **LIS** Private Tech Class (ELC)

6:30 **SCE** Dealer's Choice Game: Blackjack

20

9:30 **LIS** Irvine Museum Outing: IMCA (L)

10:00 **HPF** Zumba® (ELC)

10:45 **SCE** The History Halloween (TH)

11:00 Brain Games

1:00 Halloween Craft: Pumpkin Carving (AVL)

1:15 **LIS** Smithsonian Museum Tour (TH) (RPS)

2:30 **SCE** Pumpkin Spice Happy Hour

4:00 **HPF** Walking Club

6:00 **LIS** Discussion & Documentary (TH)

7:00 Trivia Night

21

10:00 **HPF** Total Body Conditioning (RPS)

11:00 **SCE** Oktoberfest Biergarten Huntington Beach (L)

11:00 Rummikub® (GR)

1:30 **HPF** Mindfulness Stretch (YS)

1:30 **LIS** TED Talks (TH)

2:30 **SCE** High Tea Social Hour (AVL)

3:00 **SCE** Veterans Group (GR)

4:00 **HPF** Walking Club (L)

6:30 Let's Play Jeopardy!® (GR)

22

9:30 **HPF** Zumba® (ELC)

11:15 Yahtzee™ Challenge (GR)

12:30 **CPI** Ambassador Appreciation Luncheon (AVL)

1:30 **HPF** Pilates Sculpt & Tone (YS)

2:00 Popcorn, Candy & Movie (TH)

3:00 **CEA** Pour Art: Fall Colors (ELC)

6:30 **SCE** Vocal Performance Concert (LR)

23

9:30 **LIS** Discussion Group (GR)

10:30 **HPF** Tai Chi (YS)

11:45 Card Club (GR)

1:30 **LIS** Tech Talk and Explore with Dori (ELC)

1:30 **HPF** Walking Club (L)

2:30 **SCE** Appetizers at the Avalon (AVL)

6:30 Popcorn, Candy & Movie (TH)

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10:00 **RSF** Catholic Mass Livestream (TH)

10:30 **HPF** Fitness Center Circuit & Orientation (FC)

11:30 **RSF** Mariner's Church Service (TH)

1:30 Coastal Drive (L)

1:30 Palace Match (GR)

4:00 **HPF** Walking Club (L)

6:00 **LIS** Short Story to Film Discussion (TH) (RPS)

6:30 Short Story to Film: (TH)

25

10:00 **HPF** Balance & Flexibility Class (ELC)

10:30 Clear Choice Hearing Checks (WS)

10:30 Mahjong (GR)

11:00 **LIS** Current Events Global News Today (ELC)

1:30 Community Games (ELC)

2:00 **LIS** ODU: 5 Important Paintings

3:30 **HPF** Restorative Yoga (YS)

4:00 **LIS** French Movie (ELC) (RPS)

6:30 Popcorn, Candy & Movie (TH)

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9:15 **RSF** Catholic Communion (TH)

10:00 **HPF** Cardio Drumming Fitness Class (ELC)

11:00 **SCE** Bridge Club (LB)

1:30 **CPI** Resident Council Meeting (GR)

1:30 **HPF** Strength & Tone (YS) (RPS)

3:30 **LIS** Book Club Wrap Party! (TH)

4:30 **LIS** Private Tech Class (GR)

6:30 **SCE** Dealer's Choice Game (GR)

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9:15 Excursion to the Fullerton Arboretum (L)

10:00 **HPF** Zumba® (ELC)

11:00 Brain Games

1:15 **LIS** Smithsonian Aerial America (TH) (RPS)

2:30 **SCE** Next Chapter Journal Launch & Happy Hour (LR)

4:00 **HPF** Walking Club (L)

5:00 **CPI** Signature Meet & Greet Welcome Dinner (PDR)

6:00 **LIS** Discussion & Documentary (TH)

7:00 Trivia Night

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10:00 **HPF** Posture, Stretch & Balance (YS)

11:00 Rummikub® (GR)

1:00 Shopping Excursion: Ross, Hobby Lobby

1:15 **LIS** TED Talks (TH)

4:00 **HPF** Walking Club (L)

4:30 **SCE** Spooktacular Happy Hour (LR)

5:30 **SCE** Monster Mash Dinner, Costumes & Dance! (LR)

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9:30 **HPF** Zumba® (ELC)

11:15 Yahtzee™ Challenge (GR)

1:30 **HPF** Pilates Sculpt & Tone (YS)

2:00 Popcorn, Candy & Movie (TH)

3:00 **CEA** Holiday Craft: Thanksgiving (ELC)

6:30 **SCE** Vocal and Piano Performance (LR)

30

9:30 **LIS** Discussion Group (GR)

10:30 **HPF** Tai Chi (YS)

11:45 Card Club (GR)

1:00 **LIS** Halloween Origins & Traditions

1:15 **HPF** Walk & Stretch (L)

2:30 **SCE** Appetizers at the Avalon (AVL)

6:30 Movie Night: (TH)